

**PATIENT NAME : SUVASRIKANT NAYAK****REF. DOCTOR : SELF****CODE/NAME & ADDRESS : C000138363**

ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )  
F-703, LADO SARAI, MEHRAULISOUTH WEST  
DELHI  
NEW DELHI 110030  
8800465156

**ACCESSION NO : 0031WD022780**

PATIENT ID : SUVAM15089131

CLIENT PATIENT ID:

ABHA NO :

AGE/SEX : 31 Years Male

DRAWN : 29/04/2023 08:50:00

RECEIVED : 29/04/2023 09:00:37

REPORTED : 02/05/2023 15:05:26

Test Report Status	Final	Results	Biological Reference Interval	Units
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**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE****XRAY-CHEST**

IMPRESSION

NO ABNORMALITY DETECTED

**TMT OR ECHO**

TMT OR ECHO

Echo Done - Normal

**ECG**

ECG

WITHIN NORMAL LIMITS

**MEDICAL HISTORY**

RELEVANT PRESENT HISTORY

NOT SIGNIFICANT

RELEVANT PAST HISTORY

NOT SIGNIFICANT

RELEVANT PERSONAL HISTORY

NOT SIGNIFICANT

RELEVANT FAMILY HISTORY

NOT SIGNIFICANT

OCCUPATIONAL HISTORY

NOT SIGNIFICANT

HISTORY OF MEDICATIONS

NOT SIGNIFICANT

**ANTHROPOMETRIC DATA & BMI**

HEIGHT IN METERS

1.71

mts

WEIGHT IN KGS.

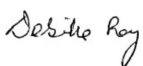
80

Kgs

BMI

27

BMI & Weight Status as follows  
Below 18.5: Underweight  
18.5 - 24.9: Normal  
25.0 - 29.9: Overweight  
30.0 and Above: Obese



**Dr. Debika Roy**  
MBBS Consultant Physician

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Kolkata, 700091  
West Bengal, India  
Tel : 9111591115,  
CIN - U74899PB1995PLC045956  
Email : customercare.saltlake@srl.in

**Patient Ref. No. 3100004686016**

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**GENERAL EXAMINATION**

MENTAL / EMOTIONAL STATE	NORMAL
PHYSICAL ATTITUDE	NORMAL
GENERAL APPEARANCE / NUTRITIONAL STATUS	OVERWEIGHT
BUILT / SKELETAL FRAMEWORK	AVERAGE
FACIAL APPEARANCE	NORMAL
SKIN	NORMAL
UPPER LIMB	NORMAL
LOWER LIMB	NORMAL
NECK	NORMAL
NECK LYMPHATICS / SALIVARY GLANDS	NOT ENLARGED OR TENDER
THYROID GLAND	NOT ENLARGED
CAROTID PULSATION	NORMAL
TEMPERATURE	NORMAL
PULSE	78/min-REGULAR, ALL PERIPHERAL PULSES WELL FELT
RESPIRATORY RATE	NORMAL

**CARDIOVASCULAR SYSTEM**

BP	120/84 mm Hg	mm/Hg
PERICARDIUM	NORMAL	
APEX BEAT	NORMAL	
HEART SOUNDS	S1, S2 HEARD NORMALLY	
MURMURS	ABSENT	

**RESPIRATORY SYSTEM**

SIZE AND SHAPE OF CHEST	NORMAL
MOVEMENTS OF CHEST	SYMMETRICAL


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BREATH SOUNDS INTENSITY	NORMAL
BREATH SOUNDS QUALITY	VESICULAR (NORMAL)
ADDED SOUNDS	ABSENT

**PER ABDOMEN**

APPEARANCE	NORMAL
VENOUS PROMINENCE	ABSENT
LIVER	NOT PALPABLE
SPLEEN	NOT PALPABLE
HERNIA	ABSENT

**CENTRAL NERVOUS SYSTEM**

HIGHER FUNCTIONS	NORMAL
CRANIAL NERVES	NORMAL
CEREBELLAR FUNCTIONS	NORMAL
SENSORY SYSTEM	NORMAL
MOTOR SYSTEM	NORMAL
REFLEXES	NORMAL

**MUSCULOSKELETAL SYSTEM**

SPINE	NORMAL
JOINTS	NORMAL

**BASIC EYE EXAMINATION**

CONJUNCTIVA	NORMAL
EYELIDS	NORMAL
EYE MOVEMENTS	NORMAL



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DISTANT VISION RIGHT EYE WITHOUT GLASSES	6/6			
DISTANT VISION LEFT EYE WITHOUT GLASSES	6/6			
NEAR VISION RIGHT EYE WITHOUT GLASSES	N6			
NEAR VISION LEFT EYE WITHOUT GLASSES	N6			
COLOUR VISION	NORMAL			

**BASIC ENT EXAMINATION**

EXTERNAL EAR CANAL	NORMAL
TYMPANIC MEMBRANE	NORMAL
NOSE	NO ABNORMALITY DETECTED
SINUSES	NORMAL
THROAT	NO ABNORMALITY DETECTED
TONSILS	NOT ENLARGED

**BASIC DENTAL EXAMINATION**

TEETH	NORMAL
GUMS	HEALTHY

**SUMMARY**

RELEVANT HISTORY	NOT SIGNIFICANT
RELEVANT GP EXAMINATION FINDINGS	Overweight (80 kg)
RELEVANT LAB INVESTIGATIONS	Raised HbA1C(5.9),BIL(1.57),U/A(7.9)
RELEVANT NON PATHOLOGY DIAGNOSTICS	Grade I fatty liver in USG


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Test Report Status **Final**

Results

Biological Reference Interval

Units

## REMARKS / RECOMMENDATIONS

On examination and investigations the candidate is found to be overweight and has raised HbA1C(5.9),BIL(1.57),U/A(7.9) Grade I fatty liver in USG

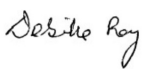
Should follow the given advice:

1. Diabetic diet
2. Reduce body weight
3. Estimated body weight should be : 73 kg
4. Regular physical exercise and walking
5. Avoid fat, oil and high protein in diet
6. Physician opinion

## Comments

MEDICAL EXAMINATION DONE BY:

 DR. DEBIKA ROY, MBBS  
 REG NO: 51651 (WBMC)  
 CONSULTANT PHYSICIAN  
 WELLNESS CLINIC  
 SALT LAKE REF LAB, KOLKATA



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**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**ULTRASOUND ABDOMEN**

**ULTRASOUND ABDOMEN**

**Grade I fatty liver**

**Interpretation(s)**

MEDICAL  
 HISTORY \*\*\*\*\*  
 THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

\*\*\*\*\*

**Dr. Debika Roy**  
**MBBS Consultant Physician**



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MC-2396

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Test Report Status **Final**

Results

Biological Reference Interval Units

## HAEMATOLOGY - CBC

## MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

## BLOOD COUNTS, EDTA WHOLE BLOOD

HEMOGLOBIN (HB)	14.2	13.0 - 17.0	g/dL
METHOD : SPECTROPHOTOMETRY			
RED BLOOD CELL (RBC) COUNT	5.26	4.5 - 5.5	mil/ $\mu$ L
METHOD : ELECTRICAL IMPEDANCE			
WHITE BLOOD CELL (WBC) COUNT	8.19	4.0 - 10.0	thou/ $\mu$ L
METHOD : ELECTRICAL IMPEDANCE			
PLATELET COUNT	275	150 - 410	thou/ $\mu$ L
METHOD : ELECTRONIC IMPEDANCE & MICROSCOPY			

## RBC AND PLATELET INDICES

HEMATOCRIT (PCV)	41.7	40 - 50	%
METHOD : CALCULATED			
MEAN CORPUSCULAR VOLUME (MCV)	<b>79.4 Low</b>	83 - 101	fL
METHOD : ELECTRICAL IMPEDANCE			
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	<b>26.9 Low</b>	27.0 - 32.0	pg
METHOD : CALCULATED			
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC)	33.9	31.5 - 34.5	g/dL
METHOD : CALCULATED			
RED CELL DISTRIBUTION WIDTH (RDW)	<b>15.1 High</b>	11.6 - 14.0	%
METHOD : ELECTRICAL IMPEDANCE			
MENTZER INDEX	15.1		
MEAN PLATELET VOLUME (MPV)	9.2	6.8 - 10.9	fL
METHOD : CALCULATED			

## WBC DIFFERENTIAL COUNT

NEUTROPHILS	46	40 - 80	%
METHOD : FLOWCYTOMETRY, ELECTRONIC IMPEDANCE & MICROSCOPY.			
LYMPHOCYTES	<b>41 High</b>	20 - 40	%
METHOD : FLOWCYTOMETRY, ELECTRONIC IMPEDANCE & MICROSCOPY.			
MONOCYTES	9	2 - 10	%

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Pathologist

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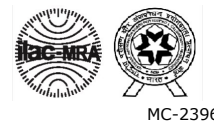
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METHOD : FLOWCYTOMETRY, ELECTRONIC IMPEDANCE & MICROSCOPY.

EOSINOPHILS	4	1 - 6	%
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BASOPHILS	0	0 - 2	%
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METHOD : FLOWCYTOMETRY, ELECTRONIC IMPEDANCE & MICROSCOPY.

ABSOLUTE NEUTROPHIL COUNT	3.77	2.0 - 7.0	thou/μL
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METHOD : FLOWCYTOMETRY & CALCULATED

ABSOLUTE LYMPHOCYTE COUNT	<b>3.36 High</b>	1 - 3	thou/μL
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METHOD : FLOWCYTOMETRY & CALCULATED

ABSOLUTE MONOCYTE COUNT	0.74	0.20 - 1.00	thou/μL
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METHOD : FLOWCYTOMETRY & CALCULATED

ABSOLUTE EOSINOPHIL COUNT	0.33	0.02 - 0.50	thou/μL
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METHOD : FLOWCYTOMETRY & CALCULATED

ABSOLUTE BASOPHIL COUNT	<b>0.00 Low</b>	0.02 - 0.10	thou/μL
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METHOD : FLOWCYTOMETRY & CALCULATED

**MORPHOLOGY**

**RBC** PREDOMINANTLY NORMOCYTIC NORMOCHROMIC

METHOD : MICROSCOPIC EXAMINATION

**WBC** NORMAL MORPHOLOGY

METHOD : MICROSCOPIC EXAMINATION

**PLATELETS** ADEQUATE & NORMAL

METHOD : MICROSCOPIC EXAMINATION

**Interpretation(s)**

BLOOD COUNTS,EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

*AChatterjee*

**Dr.Anwesa Chatterjee,MD**  
**Pathologist**



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MC-2396

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## HAEMATOLOGY

## MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

## ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD

E.S.R 3 0 - 14 mm at 1 hr

METHOD : AUTOMATED (PHOTOMETRICAL CAPILLARY STOPPED FLOW KINETIC ANALYSIS)"

## Interpretation(s)

## ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD-TEST DESCRIPTION :-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition. CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

## TEST INTERPRETATION

**Increase** in: Infections, Vasculitides, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

**Decreased** in: Polycythemia vera, Sickle cell anemia

## LIMITATIONS

**False elevated** ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

**False Decreased** : Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine, salicylates)

## REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition;2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin;3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.

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ABO GROUP

TYPE O

METHOD : GEL CARD METHOD

RH TYPE

POSITIVE

METHOD : GEL CARD METHOD

**Interpretation(s)**

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

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Pathologist

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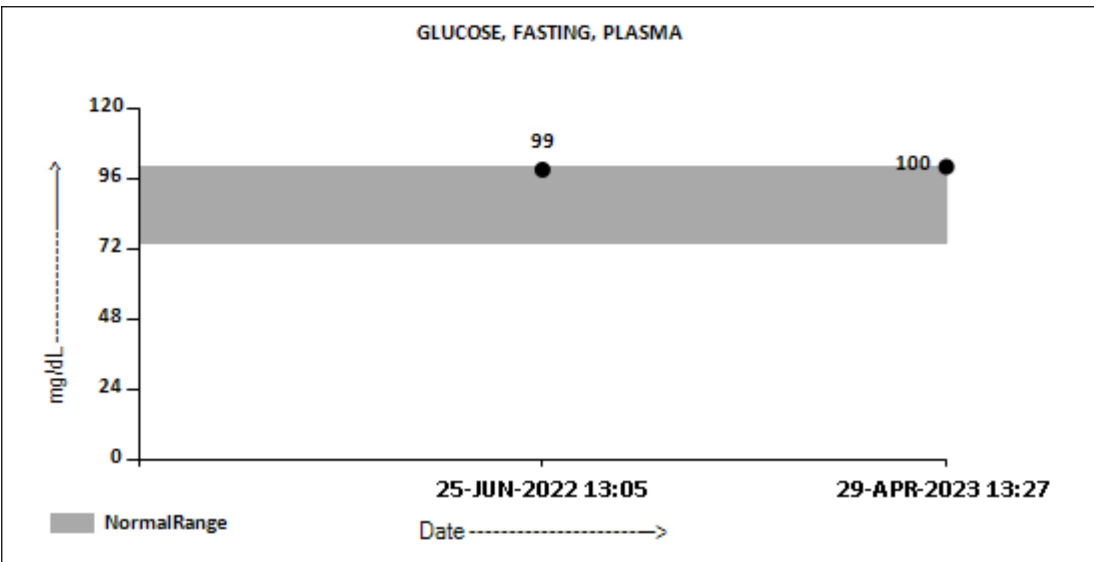
Test Report Status	Final	Results	Biological Reference Interval	Units
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**BIOCHEMISTRY**

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**GLUCOSE FASTING, FLUORIDE PLASMA**

FBS (FASTING BLOOD SUGAR)	100	74 - 100	mg/dL
METHOD : ENZYMATIC (HEXOKINASE/G-6-PDH)			



**GLYCOSYLATED HEMOGLOBIN (HBA1C), EDTA WHOLE BLOOD**

HBA1C	<b>5.9 High</b>	Non-diabetic Adult < 5.7 % Pre-diabetes 5.7 - 6.4 Diabetes diagnosis: > or = 6.5 Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021)
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ESTIMATED AVERAGE GLUCOSE (EAG)	<b>122.6 High</b>	< 116.0	mg/dL
METHOD : HPLC			

*AChatterjee*  
**Dr. Anwesa Chatterjee, MD**  
Pathologist

*chaitalika*  
**Dr. Chaitali Ray, PhD**  
Chief Biochemist cum MRQA



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West Bengal, India  
Tel : 9111591115,  
CIN - U74899PB1995PLC045956  
Email : customercare.saltlake@srl.in



**Patient Ref. No. 3100004686016**



MC-2396

<b>PATIENT NAME : SUVASRIKANT NAYAK</b>		<b>REF. DOCTOR : SELF</b>	
<b>CODE/NAME &amp; ADDRESS : C000138363</b>		<b>ACCESSION NO : 0031WD022780</b>	
ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )		AGE/SEX : 31 Years Male	
F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI		DRAWN : 29/04/2023 08:50:00	
NEW DELHI 110030		RECEIVED : 29/04/2023 09:00:37	
8800465156		REPORTED : 02/05/2023 15:05:26	
PATIENT ID : SUVAM15089131		CLIENT PATIENT ID :	
ABHA NO :			

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**SRL LIMITED - KOLKATA REF. LAB**  
**Bio-Rad Variant II Turbo CDM 5.4 S/N : 13466**

**PATIENT REP**  
**V2TURBO\_A1c**

**Patient Data**

Sample ID: 3106906019  
 Patient ID: 0031WD022780  
 Name: SUVASRIKANTNAYAK  
 Physician:  
 Sex:  
 DOB:

**Analysis Data**

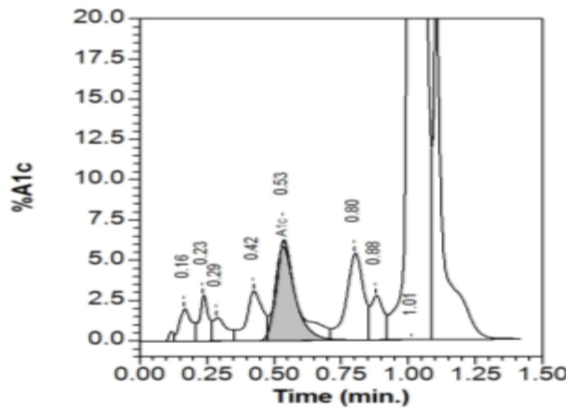
Analysis Performed: 29/04/2023 12:26:33  
 Injection Number: 2865  
 Run Number: 172  
 Rack ID:  
 Tube Number: 1  
 Report Generated: 29/04/2023 14:21:08  
 Operator ID:

Comments:

Peak Name	NGSP %	Area %	Retention Time (min)	Peak Area
A1a	---	1.0	0.164	11945
A1b	---	1.0	0.234	11885
F	---	0.8	0.287	9649
LA1c	---	1.8	0.425	21315
A1c	5.9	---	0.534	55761
P3	---	3.7	0.799	43633
P4	---	1.4	0.877	16388
Ao	---	85.6	1.014	1012084

Total Area: 1,182,662

**HbA1c (NGSP) = 5.9 %**



*AChatterjee*

*Chaitali*

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Pathologist

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MC-2396

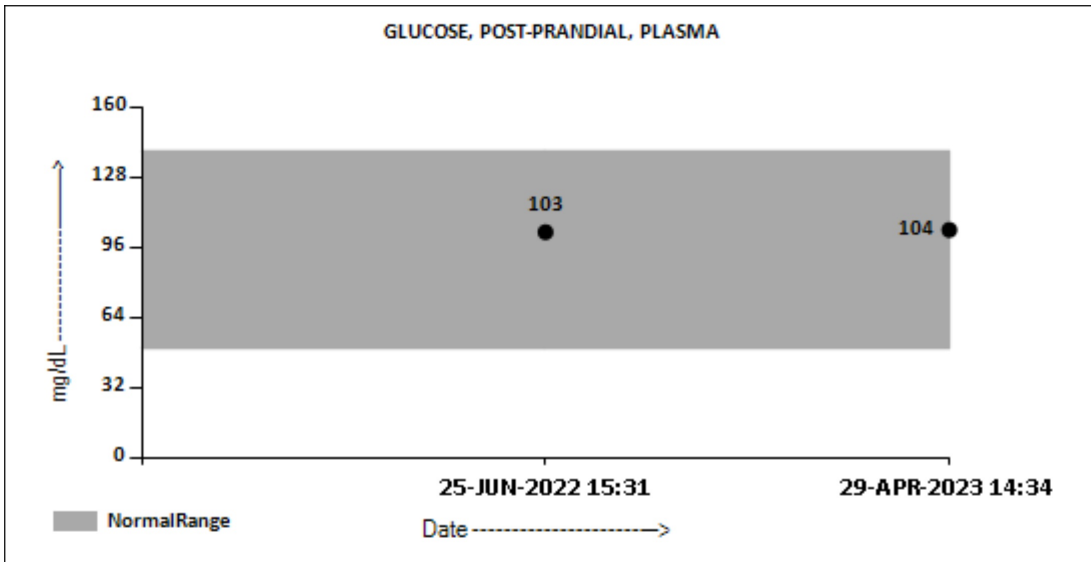
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**GLUCOSE, POST-PRANDIAL, PLASMA**

PPBS(POST PRANDIAL BLOOD SUGAR)	104	140 Normal 140 - 199 Pre-diabetic > or = 200 Diabetic	mg/dL
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METHOD : ENZYMATIC (HEXOKINASE/G-6-PDH)



**LIPID PROFILE, SERUM**

CHOLESTEROL, TOTAL	186	< 200 Desirable 200 - 239 Borderline High >/= 240 High	mg/dL
--------------------	-----	--	-------

METHOD : ENZYMATIC ASSAY

TRIGLYCERIDES	107	< 150 Normal 150 - 199 Borderline High 200 - 499 High >/=500 Very High	mg/dL
---------------	-----	---	-------

METHOD : GLYCEROL PHOSPHATE OXIDASE

HDL CHOLESTEROL	56	Low : < 40 High : > / = 60	mg/dL
-----------------	----	-------------------------------	-------

METHOD : ACCELERATOR SELECTIVE DETERGENT METHODOLOGY

*AChatterjee*

*Chaitali*

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NEW DELHI 110030  
8800465156

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**ABHA NO :**

**AGE/SEX : 31 Years Male**

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CHOLESTEROL LDL	109			mg/dL
NON HDL CHOLESTEROL	130		Desirable: Less than 130 Above Desirable: 130-159 Borderline High: 160-189 High: 190 -219 Very High: >or = 220	mg/dL
METHOD : CALCULATED				
VERY LOW DENSITY LIPOPROTEIN	21.4			mg/dL
CHOL/HDL RATIO	3.3			
LDL/HDL RATIO	1.9			

**Interpretation(s)**

**LIVER FUNCTION PROFILE, SERUM**

BILIRUBIN, TOTAL	<b>1.57 High</b>	0.2 - 1.2		mg/dL
METHOD : DIAZONIUM SALT				
BILIRUBIN, DIRECT	0.45	0.0 - 0.5		mg/dL
METHOD : DIAZO REACTION				
BILIRUBIN, INDIRECT	<b>1.12 High</b>	0.1 - 1.0		mg/dL
METHOD : CALCULATED				
TOTAL PROTEIN	7.6	6.0 - 8.30		g/dL
METHOD : BIURET				
ALBUMIN	4.9	3.5 - 5.2		g/dL
METHOD : COLORIMETRIC (BROMCRESOL GREEN)				
GLOBULIN	2.7	2.0 - 3.5		g/dL
ALBUMIN/GLOBULIN RATIO	1.8	1 - 2.1		RATIO
METHOD : CALCULATED PARAMETER				
ASPARTATE AMINOTRANSFERASE(AST/SGOT)	25	5 - 34		U/L
METHOD : ENZYMATIC (NADH (WITHOUT P-5'-P)				
ALANINE AMINOTRANSFERASE (ALT/SGPT)	51	0 - 55		U/L
METHOD : ENZYMATIC (NADH (WITHOUT P-5'-P)				
ALKALINE PHOSPHATASE	50	40 - 150		U/L
METHOD : PARA-NITROPHENYL PHOSPHATE				
GAMMA GLUTAMYL TRANSFERASE (GGT)	31	11 - 59		U/L
METHOD : L-GAMMA-GLUTAMYL-4-NITROANALIDE /GLYCYLGLYCINE KINETIC METHOD				
LACTATE DEHYDROGENASE	144	125 - 220		U/L
METHOD : IFCC LACTATE TO PYRUVATE				

*AChatterjee*

*Chaitali*

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Pathologist

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Chief Biochemist cum MRQA



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**REF. DOCTOR : SELF**

**CODE/NAME & ADDRESS : C000138363**

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DELHI  
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8800465156

**ACCESSION NO : 0031WD022780**

**PATIENT ID : SUVAM15089131**

**CLIENT PATIENT ID:**

**ABHA NO :**

**AGE/SEX : 31 Years Male**

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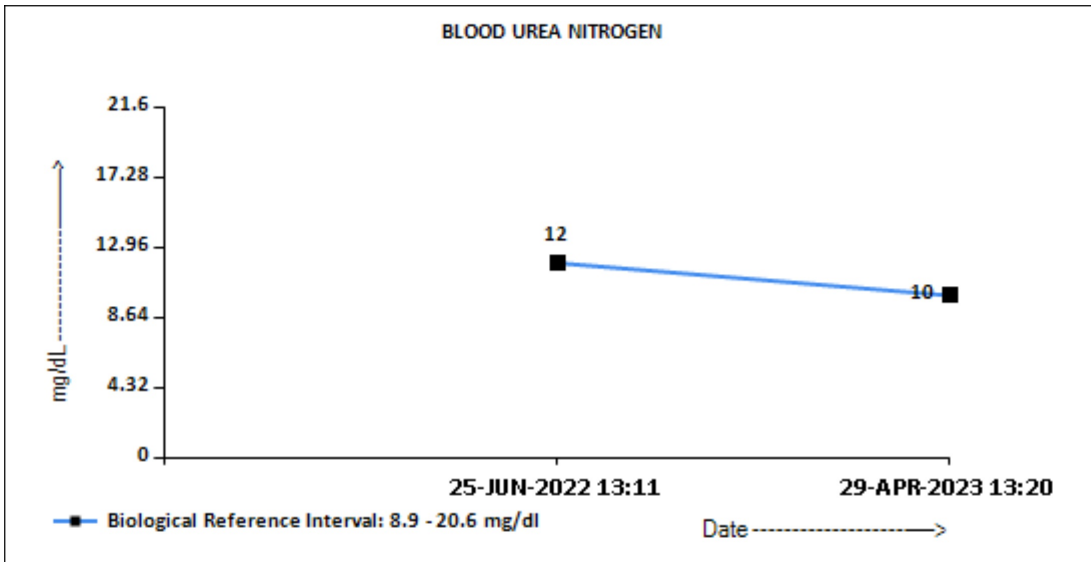
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**BLOOD UREA NITROGEN (BUN), SERUM**

**BLOOD UREA NITROGEN** 10 8.9 - 20.6 mg/dL  
METHOD : UREASE METHOD



**CREATININE, SERUM**

**CREATININE** 0.99 0.60 - 1.2 mg/dL  
METHOD : KINETIC ALKALINE PICRATE

*AChatterjee*

**Dr. Anwesa Chatterjee, MD**  
Pathologist

*chaitalika*

**Dr. Chaitali Ray, PhD**  
Chief Biochemist cum MRQA



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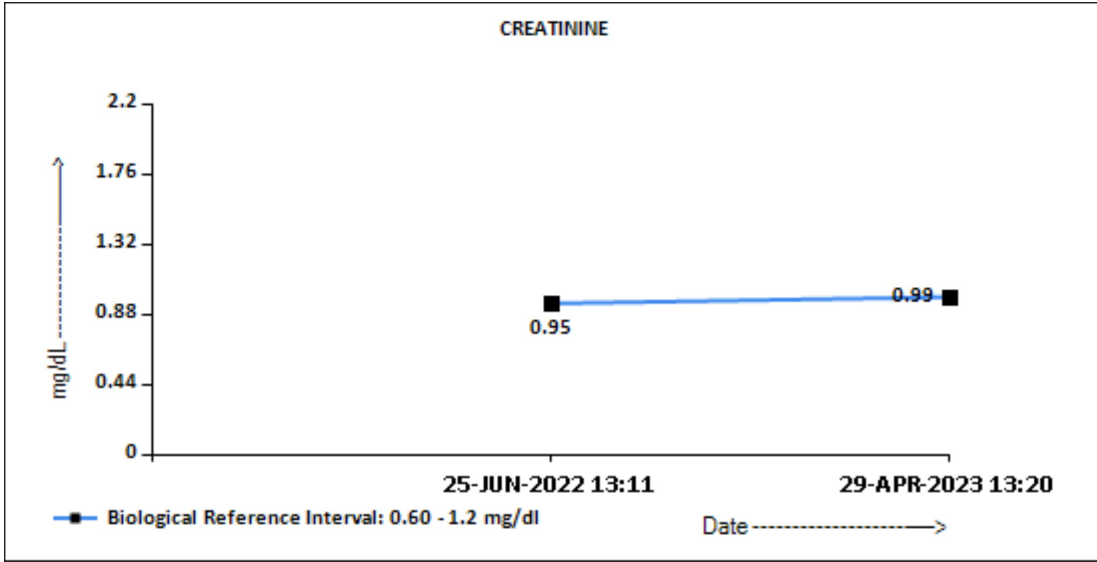
**Patient Ref. No. 3100004686016**



MC-2396

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<b>CODE/NAME &amp; ADDRESS : C000138363</b>		<b>ACCESSION NO : 0031WD022780</b>	
ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )		AGE/SEX : 31 Years Male	
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<b>BUN/CREAT RATIO</b>				
BUN/CREAT RATIO	10.10	5.0 - 15.0		
<b>URIC ACID, SERUM</b>				
URIC ACID	7.9 High	3.5 - 7.2	mg/dL	
METHOD : URICASE				
<b>TOTAL PROTEIN, SERUM</b>				
TOTAL PROTEIN	7.6	6.0 - 8.3	g/dL	
METHOD : BIURET				
<b>ALBUMIN, SERUM</b>				
ALBUMIN	4.9	3.5 - 5.2	g/dL	
METHOD : COLORIMETRIC (BROMCRESOL GREEN)				

**GLOBULIN**

*AChatterjee*  
**Dr. Anwesa Chatterjee, MD**  
Pathologist

*Chaitali*  
**Dr. Chaitali Ray, PhD**  
Chief Biochemist cum MRQA



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GLOBULIN 2.7 2.0 - 3.5 g/dL  
METHOD : CALCULATED PARAMETER

**ELECTROLYTES (NA/K/CL), SERUM**

SODIUM, SERUM 139 136 - 145 mmol/L  
METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY INDIRECT

POTASSIUM, SERUM 4.70 3.5 - 5.1 mmol/L  
METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY INDIRECT

CHLORIDE, SERUM 104 98 - 107 mmol/L  
METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY INDIRECT

**Interpretation(s)**

**Interpretation(s)**

**GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION**

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in the urine.

**Increased in:** Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs: corticosteroids, phenytoin, estrogen, thiazides.

**Decreased in:** Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases (e.g. galactosemia), Drugs- insulin, ethanol, propranolol; sulfonylureas, tolbutamide, and other oral hypoglycemic agents.

**NOTE:** While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin (HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

GLYCOSYLATED HEMOGLOBIN (HBA1C), EDTA WHOLE BLOOD-Used For:

- Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- Diagnosing diabetes.
- Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patient's metabolic control has remained continuously within the target range.

- eAG (Estimated average glucose) converts percentage HbA1c to mg/dl, to compare blood glucose levels.
- eAG gives an evaluation of blood glucose levels for the last couple of months.
- eAG is calculated as  $eAG (mg/dl) = 28.7 * HbA1c - 46.7$

**HbA1c Estimation can get affected due to :**

- Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.
- Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin).
- Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addition are reported to interfere with some assay methods, falsely increasing results.
- Interference of hemoglobinopathies in HbA1c estimation is seen in

a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.

b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c) HbF > 25% on alternate platform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c

*AChatterjee*

*Chaitali*

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Chief Biochemist cum MRQA



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**LIVER FUNCTION PROFILE, SERUM-**

**Bilirubin** is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. **Elevated levels** results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease. Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

**AST** is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

**ALP** is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

**GGT** is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.

**Total Protein** also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

**Albumin** is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc

**BLOOD UREA NITROGEN (BUN), SERUM - Causes of Increased levels** include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

**Causes of decreased level** include Liver disease, SIADH.

**CREATININE, SERUM - Higher than normal level may be due to:**

- Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

**Lower than normal level may be due to:** Myasthenia Gravis, Muscuophy

**URIC ACID, SERUM - Causes of Increased levels:** Dietary (High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome

**Causes of decreased levels:** Low Zinc intake, OCP, Multiple Sclerosis

**TOTAL PROTEIN, SERUM** - is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin.

**Higher-than-normal levels may be due to:** Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease.

**Lower-than-normal levels may be due to:** Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

**ALBUMIN, SERUM-**

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. **Low blood albumin levels (hypoalbuminemia) can be caused by:** Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

*AChatterjee*

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Email : customercare.saltlake@srl.in



**Patient Ref. No. 3100004686016**



<b>PATIENT NAME : SUVASRIKANT NAYAK</b>		<b>REF. DOCTOR : SELF</b>	
<b>CODE/NAME &amp; ADDRESS : C000138363</b>		<b>ACCESSION NO : 0031WD022780</b>	
ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )		AGE/SEX : 31 Years Male	
F-703, LADO SARAI, MEHRAULISOUTH WEST		DRAWN : 29/04/2023 08:50:00	
DELHI		RECEIVED : 29/04/2023 09:00:37	
NEW DELHI 110030		REPORTED : 02/05/2023 15:05:26	
8800465156			
PATIENT ID : SUVAM15089131		CLIENT PATIENT ID:	
ABHA NO :			

Test Report Status	Final	Results	Biological Reference Interval	Units
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**CLINICAL PATH - URINALYSIS**

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**PHYSICAL EXAMINATION, URINE**

COLOR	PALE YELLOW
APPEARANCE	CLEAR

**CHEMICAL EXAMINATION, URINE**

PH	6.0	4.7 - 7.5
SPECIFIC GRAVITY	1.020	1.003 - 1.035
METHOD : DIPSTICK		
PROTEIN	NOT DETECTED	NOT DETECTED
METHOD : DIPSTICK		
GLUCOSE	NOT DETECTED	NOT DETECTED
METHOD : DIPSTICK		
KETONES	NOT DETECTED	NOT DETECTED
METHOD : DIPSTICK		
BLOOD	NOT DETECTED	NOT DETECTED
METHOD : DIPSTICK		
BILIRUBIN	NOT DETECTED	NOT DETECTED
METHOD : DIPSTICK		
UROBILINOGEN	NORMAL	NORMAL
METHOD : DIPSTICK		
NITRITE	NOT DETECTED	NOT DETECTED
METHOD : DIPSTICK		
LEUKOCYTE ESTERASE	NEGATIVE	NOT DETECTED

**MICROSCOPIC EXAMINATION, URINE**

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
PUS CELL (WBC'S)	1-2	0-5	/HPF
EPITHELIAL CELLS	1-2	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		

*Himadri Mondal*

**Dr.Himadri Mondal, MD**  
**Consultant Microbiologist**



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Agilus Diagnostics Ltd (Formerly SRL Ltd)  
 P S Srijan Tech Park Building, Dn-52, Unit No. 2, Ground Floor, Sector V, Salt Lake,  
 Kolkata, 700091  
 West Bengal, India  
 Tel : 9111591115,  
 CIN - U74899PB1995PLC045956  
 Email : customercare.saltlake@srl.in



**Patient Ref. No. 3100004686016**



**PATIENT NAME : SUVASRIKANT NAYAK**

**REF. DOCTOR : SELF**

**CODE/NAME & ADDRESS : C000138363**

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DELHI  
NEW DELHI 110030  
8800465156

**ACCESSION NO : 0031WD022780**

**PATIENT ID : SUVAM15089131**

**CLIENT PATIENT ID:**

**ABHA NO :**

**AGE/SEX : 31 Years Male**

**DRAWN : 29/04/2023 08:50:00**

**RECEIVED : 29/04/2023 09:00:37**

**REPORTED : 02/05/2023 15:05:26**

Test Report Status	Final	Results	Biological Reference Interval	Units
BACTERIA		NOT DETECTED	NOT DETECTED	
YEAST		NOT DETECTED	NOT DETECTED	

**Comments**

URINALYSIS: MICROSCOPIC EXAMINATION IS CARRIED OUT ON CENTRIFUGED URINARY SEDIMENT.

**Interpretation(s)**

*Himadri Mondal*

**Dr.Himadri Mondal, MD**  
**Consultant Microbiologist**



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**Patient Ref. No. 3100004686016**



<b>PATIENT NAME : SUVASRIKANT NAYAK</b>		<b>REF. DOCTOR : SELF</b>	
<b>CODE/NAME &amp; ADDRESS : C000138363</b>		<b>ACCESSION NO : 0031WD022780</b>	
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**CLINICAL PATH - STOOL ANALYSIS**

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**PHYSICAL EXAMINATION,STOOL**

COLOUR	BROWN		
METHOD : VISUAL			
CONSISTENCY	SEMI FORMED		
METHOD : MANUAL			
MUCUS	<b>PRESENT</b>	NOT DETECTED	
METHOD : MANUAL			
VISIBLE BLOOD	ABSENT	ABSENT	
METHOD : VISUAL			
ADULT PARASITE	NOT DETECTED		
METHOD : VISUAL			

**CHEMICAL EXAMINATION,STOOL**

STOOL PH	6.0		
METHOD : PH INDICATOR			
OCCULT BLOOD	NOT DETECTED	NOT DETECTED	
METHOD : MANUAL			

**MICROSCOPIC EXAMINATION,STOOL**

PUS CELLS	1-2		/hpf
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
METHOD : MICROSCOPIC EXAMINATION			
CYSTS	NOT DETECTED	NOT DETECTED	
METHOD : MICROSCOPIC EXAMINATION			
OVA	NOT DETECTED		
METHOD : MICROSCOPIC EXAMINATION			
LARVAE	NOT DETECTED	NOT DETECTED	
METHOD : MICROSCOPIC EXAMINATION			
TROPHOZOITES	NOT DETECTED	NOT DETECTED	
METHOD : MICROSCOPIC EXAMINATION			
FAT	ABSENT		
VEGETABLE CELLS	ABSENT		

*Himadri Mondal*

**Dr.Himadri Mondal, MD**  
**Consultant Microbiologist**



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**Patient Ref. No. 3100004686016**



MC-2396

PATIENT NAME : SUVASRIKANT NAYAK

REF. DOCTOR : SELF

CODE/NAME &amp; ADDRESS : C000138363

ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )  
F-703, LADO SARAI, MEHRAULISOUTH WEST  
DELHI  
NEW DELHI 110030  
8800465156

ACCESSION NO : **0031WD022780**

PATIENT ID : SUVAM15089131

CLIENT PATIENT ID:

ABHA NO :

AGE/SEX : 31 Years Male

DRAWN : 29/04/2023 08:50:00

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CHARCOT LEYDEN CRYSTALS

ABSENT

**Interpretation(s)**

**Dr. Himadri Mondal, MD**  
Consultant Microbiologist

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Patient Ref. No. 3100004686016



MC-2396

PATIENT NAME : SUVASRIKANT NAYAK

REF. DOCTOR : SELF

CODE/NAME &amp; ADDRESS : C000138363

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DELHI  
NEW DELHI 110030  
8800465156

ACCESSION NO : **0031WD022780**

PATIENT ID : SUVAM15089131

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AGE/SEX : 31 Years Male

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## SPECIALISED CHEMISTRY - HORMONE

## MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

## THYROID PANEL, SERUM

T3	97.9	35 - 193	ng/dL
METHOD : TWO-STEP CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY			
T4	8.89	4.87 - 11.71	µg/dL
METHOD : TWO-STEP CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY			
TSH (ULTRASENSITIVE)	2.979	0.350 - 4.940	µIU/mL
METHOD : TWO-STEP CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY			

## Interpretation(s)

\*\*End Of Report\*\*

Please visit [www.srlworld.com](http://www.srlworld.com) for related Test Information for this accession

Dr. Chaitali Ray, PhD  
Chief Biochemist cum MRQA

Dr. Anwesha Chatterjee, MD  
Pathologist

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Patient Ref. No. 3100004686016



MC-2396

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1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
2. All tests are performed and reported as per the turnaround time stated in the AGILUS Directory of Services.
3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
4. A requested test might not be performed if:
  - i. Specimen received is insufficient or inappropriate
  - ii. Specimen quality is unsatisfactory
  - iii. Incorrect specimen type
  - iv. Discrepancy between identification on specimen container label and test requisition form

5. AGILUS Diagnostics confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.
6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.
7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.
8. Test results cannot be used for Medico legal purposes.
9. In case of queries please call customer care (91115 91115) within 48 hours of the report.

**Agilus Diagnostics Limited**

Fortis Hospital, Sector 62, Phase VIII,  
Mohali 160062

*Chaitali*  
**Dr. Chaitali Ray, PhD**  
Chief Biochemist cum MRQA

*AChatterjee*  
**Dr. Anwesha Chatterjee, MD**  
Pathologist



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