



LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009

Tel. : 0291-2752601, Fax : 2752603

E-mail : hospitalloksewa@gmail.com

Medical Fitness certificate

Name : Mahendra Singh Rathore

Date of Birth : 10.05.1983

Height : 170 cms.

Weight : 85 Kgs.

BMI : 29.4

Abdomen : 100 cms.

Chest : Exp. 100 Cms., Insp. 104 cms.


Pulse : 74 / Min.

Blood Pressure : 124 /76 mm. of Hg.

This is to certify that **Mahendra Singh** is Medically, Physically and Mentally fit.

Date : 31.12.2022

For Lok Sewa Hospital &
Medical Research Centre


(Dr. N.P. Mathur)
Medical Director
DR. N. P. MATHUR
M. B., B.S., F.I.C.A.
RMC-11238
Lok Sewa Hospital & M. R. C.
JODHPUR-09

Patient Name Mr. Mahendra Singh Rathore MRD No. Date 3/12/22 Age 39 Sex m

Routine checkup

सुविचार :

VA $\left\{ \begin{array}{l} \textcircled{R} \ 6/12P \\ \textcircled{L} \ 6/12 \end{array} \right.$

नेत्र रोग :

- सामान्य जाँच (Opticals)
- मोरिफाब्रिन्द सर्जरी (Phaco)
- काला पानी (Glaucoma)
- पर्दे के रोग (Retina)
- पुतली के रोग (Cornea)
- बच्चों के नेत्र रोग
- अन्य सभी नेत्र रोग

Bifocal glasses / Progressive

$\textcircled{R} - 0.50 \text{ DS} / - 0.75 \text{ @ } 60^\circ$

$\textcircled{L} - 0.50 \text{ @ } 95^\circ$

Add $\textcircled{R} + 1.0 - \text{DS}$

$\textcircled{L} + 1.25 - \text{DS}$

कान, नाक, गला रोग :

- दूरबीन द्वारा जाँच (Endoscopy)
- टॉन्सिल एवं एडिनोइड
- कान के पर्दे का प्रत्यारोपण
- शक को हड्डी का टैडोपन
- स्वर यंत्र (Larynx) का ऑपरेशन
- साइनस (Sinus) का ऑपरेशन
- थायरॉइड ग्रन्थी (Thyroid)
- लार ग्रन्थी (Salivary Glands)
- मुख एवं गले का कैंसर
- अन्य सभी ENT रोग

IOP $\left\{ \begin{array}{l} 12 \text{ mm Hg} \\ 14 \text{ mm Hg} \end{array} \right.$

Colour vision - \textcircled{N}

Ant. segment \textcircled{N} Both eyes

Central funds \textcircled{N} Both eyes

no evidence of Hypertensive Retinopathy

Bhishani

Weekday : 10:00 am to 1:30 pm | 5:30 pm to 7:30 pm

Sunday : 11:00 am to 1:30 pm (by prior appointment)

के.आर.पी.आर. प्लाजा, शुभम अस्पताल रोड़, कमला नेहरू नगर, प्रथम विस्तार, आखलिया विकास योजना, जोधपुर (राज.)

Phone : **73406-44779** | E-mail : robinbhandari@yahoo.co.in

Valid for 5 Days or one review only • Not Valid for Medico Legal Purpose

Dr. Robin Bhandari
 Ophthalmologist
 BMC No. - 12031



भारत सरकार

Government of India



महेन्द्र सिंह राठोर
Mahendra Singh Rathore
जन्म तिथि / DOB : 10/05/1983
पुरुष / Male



3266 5122 3546

मेरा आधार, मेरी पहचान

N. P. Mathur
D. N. P. MATHUR
M. B., B.S., F.I.C.A.
RMC-11238
Lok Sewa Hospita. & M. R.C.
JODHPUR-09

M. Singh



भारत सरकार द्वारा प्रारम्भित विश्वव्यापी पहचान प्रणाली

Unique Identification Authority of India

पता: C/O मोड सिंह, बिहाइंड शिव टंपल गली
न 3 सूथला, जोधपुर, जोधपुर, नंदनवन,
राजस्थान, 342008



Address: C/O Mod Singh, behind shiv
temple gali no 3 suthla, jodhpur, Jodhpur,
Nandanwan, Rajasthan, 342008

3266 5122 3546



1947



help@uidai.gov.in

www

www.uidai.gov.in



LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009
Tel.: 0291-2752601, Fax : 2752603
E-mail : hospitalloksewa@gmail.com

Pt Name : Mahendra Singh Rathore
Ref By. : Dr. N.P.Mathur
Serial No : 33773

Age : 39 Yrs.
Sex : Male
Date : 31/12/2022

HAEMOGRAM COMPLETE

TEST	RESULT	NORMAL VALUE
W.B.C (WHITE BLOOD CELL COUNT)	6,900	4000 - 11000 /CUMM
DLC (DIFFERENTIAL LEUCOCYTE COUNT)		
NEUTROPHILS	74	40 - 70 %
LYMPHOCYTES	20	20 - 40 %
EOSINOPHILS	02	00 - 06 %
MONOCYTES	04	00 - 10 %
BASOPHILS	00	1 %
HB (HEMOGLOBIN)	15.4	12-18 GM%
PLATELET COUNT	250000	1.5 - 4.5 LACS/CUMM
R.B.C (RED BLOOD CELL COUNT)	4.20	3.5-5.5 MILL./CUMM
H.C.T. (HEMATOCRIT)	45.3	34-48 %
M.C.V (MEAN CORPUSCULAR VOLUME)	107.9	80 - 100fl
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	36.67	27 - 32pg
MCHC (MEAN CORP.Hb CONCENTRATION)	34.00	32-36g/dl
ERYTHROCYTE SEDIMENTATION RATE	05	02-20 MM FALL 1ST HOUR.

THANKS FOR REFERING CASE.

[TECHNICIAN]

DR. S. K. LODHA MD. [Patho.]
[PATHOLOGIST]



NOT VALID FOR MLC

• 24 घण्टे आपात सुविधा • रविवार को अस्पताल खुला रहता है।



LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009
Tel.: 0291-2752601, Fax : 2752603
E-mail : hospitalloksewa@gmail.com

Pt Name : Mahendra Singh Rathore
Ref By. : Dr. N.P.Mathur
Serial No : 33773

Age : 39 Yrs.
Sex : Male
Date : 31/12/2022

BIO - CHEMISTRY EXAMINATION REPORT

Test	Result	Normal Value
BLOOD SUGAR - (F)	: 94.0	70-110 mg/dl
BLOOD SUGAR - (PP)	: 138.0	< 140 mg/dl
BLOOD UREA	: 23.0	12-50 mg/dl
S.CREATININE	: 0.89	0.6-1.60 mg/dl
S.URIC ACID	: 5.2	3.5-7.2 mg/dl
S.CHOLESTEROL	: 167.0	130-250 mg/dl
S.TRIGLYCERIDES.	: 128.0	60-170 mg/dl
S.HDL CHOLESTEROL [DIRECT]	: 43.0	35-65 mg/dl
S.LDL CHOLESTEROL [DIRECT]	: 99.00	65-160 mg/dl
S.VLDL CHOLESTEROL	: 25.00	up to 35 mg/dl
CHOLESTEROL\HDL RATIO	: 3.88 :1	LESS THEN 4.5
LDL/HDL RATIO	: 2.30 :1	1.5 - 3.5
S.BILIRUBIN TOTAL	: 0.67	0-1.2 mg/dl
S.BILIRUBIN DIRECT	: 0.32	0-0.4 mg/dl
S.BILIRUBIN INDIRECT	: 0.35	0-0.9 mg/dl
S.GOT	: 23.0	0-40 U/L
S.GPT	: 28.0	0-40 U/L
S.ALKALINE PHOSPHATASE	: 109.0	65-306 (adult) 37 c IU/L
S.TOTAL PROTEIN	: 7.8	6-8 gm/dl
S.ALBUMIN	: 4.6	3.7-5.3 gm/dl
S.GLOBULIN	: 3.20	2.5-3.5 gm/dl
S.A/G RATIO	: 1.44 :1	1-2.3

LIVER FUNCTION TEST

S.GGT 39.0 4-54 IU/L

THANKS FOR REFERING CASE.

[TECHNICIAN]

DR. S. K. LODHA MD. [Patho.]
[PATHOLOGIST]





LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009

Tel.: 0291-2752601, Fax : 2752603

E-mail : hospitaloksewa@gmail.com

Pt Name : Mahendra Singh Rathore
Ref By. : Dr. N.P.Mathur
Serial No : 33773

Age : 39 Yrs.
Sex : Male
Date : 31/12/2022

BUN / CREATININE RATIO

TEST	RESULT	NORMAL VALUE
Bun / Creatinine Ratio	26.9	12 - 28 mg/dl

THANKS FOR REFERING CASE.

[TECHNICIAN]


DR. S. K. LODHA MD. [Patho.]
[PATHOLOGIST]





LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009
Tel.: 0291-2752601, Fax : 2752603
E-mail : hospitalloksewa@gmail.com

Pt Name : Mahendra Singh Rathore
Ref By. : Dr. N.P.Mathur
Serial No : 33773


Age : 39 Yrs.
Sex : Male
Date : 31/12/2022

HAEMATOLOGY EXAMINATION REPORT

BLOOD GROUP (ABO) "O"
(RH) POSITIVE

THANKS FOR REFERING CASE.

[TECHNICIAN]


DR. S. K. LODHA MD. [Patho.]
[PATHOLOGIST]





LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009
Tel.: 0291-2752601, Fax : 2752603
E-mail : hospitalloksewa@gmail.com

Pt Name : Mahendra Singh Rathore
Ref By. : Dr. N.P.Mathur
Serial No : 33773

Age : 39 Yrs.
Sex : Male
Date : 31/12/2022

HbA1C EXAMINATION REPORT

TEST	RESULT
HbA1C	5.9 %
eAG	000.0 mg/dl

NORMAL REFERENCE VALUE

NORMAL	:- 4.8 %	- 5.9 %
PREDIABETIC	:- 6.0 %	- 6.4 %
GOOD CONTROL	:- 6.5 %	- 7.2 %
FAIR CONTROL	:- 7.3 %	- 7.8 %
POOR CONTROL	:- > 7.9 %	

THANKS FOR REFERING CASE.

[TECHNICIAN]


DR. S. K. LODHA MD. [Patho.]
[PATHOLOGIST]





LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009
Tel.: 0291-2752601, Fax : 2752603
E-mail : hospitalloksewa@gmail.com

Pt Name : Mahendra Singh Rathore
Ref By. : Dr. N.P.Mathur
Serial No : 33773

Age : 39 Yrs.
Sex : Male
Date : 31/12/2022

THYROID Function Test

Methodology & Other Information

Method : Chemiluminescence
Type of Specimen : Serum

Investigation	Result	Biological Reference
T3	1.87 ng/ml	0.5-2.0 ng/ml
T4	6.74 ug/dl	4.4-11.5 ug/dl
TSH	3.62 uIU/ml	0.35 - 5.50 uIU/ml

Biological reference range:


Children:	Pregnancy
1-2 days 3.20-34.6 uIU/ml	1 st Trimester : 0.30 -- 4.50
3-4 days 0.70-15.4 uIU/ml	2 nd Trimester : 0.50 -- 4.60
15 days-5month 1.70-9.10 uIU/ml	3 rd Trimester : 0.80 -- 5.20
5 months-20 years 0.70-6.40 uIU/ml	

Clinical Information:

Primary malfunction of the thyroid gland may result in excessive(hyper)or low (hypo) release of T3 or T4 . In additional, as TSH directly affect thyroid function, malfunction of the pituitary or the hypothalamus influences the thyroid gland activity . Disease in any portion of the thyroid-pituitary-hypothalamus system may influence thelevel of T3 or T4 in the blood, in Primary hypothyroidism , TSH levels are significantly elevated, while in secondary and tertiary Hypothyroidism , TSH levels may be low. In addition, In Euthyroid sick Syndrom, Multiple alterations in serum thyroid function test findings have been recognized.

THANKS FOR REFERING CASE.

[TECHNICIAN]


DR. S. K. LODHA MD. [Patho.]
[PATHOLOGIST]



NOT VALID FOR MLC

• 24 घण्टे आपात सुविधा • रविवार को अस्पताल खुला रहता है।



LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009
Tel.: 0291-2752601, Fax : 2752603
E-mail : hospitaloksewa@gmail.com

Pt Name : Mahendra Singh Rathore
Ref By. : Dr. N.P.Mathur
Serial No : 33773

Age : 39 Yrs.
Sex : Male
Date : 31/12/2022

URINE EXAMINATION REPORT

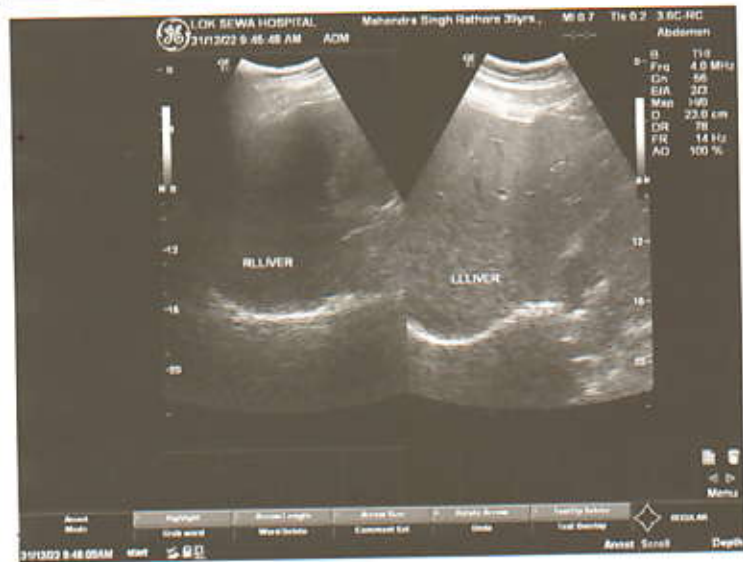
Test	Result(s)
PHYSICAL	
COLOUR	PALE
APPEARANCE	CLEAR
CHEMICAL	
REACTION pH	6.0
SPECIFIC GRAVITY	1.020
ALBUMIN	NIL
SUGAR - (F)	NIL
MICROSCOPIC	
PUS CELLS	0-2 /HPF
RED BLOOD CELLS	NIL
EPITHELIAL CELLS	0-1 /HPF
CASTS	Nil
CRYSTALS	Nil
BACTERIA	Nil

THANKS FOR REFERING CASE.

[TECHNICIAN]


DR. S. K. LODHA MD. [Patho.]
[PATHOLOGIST]







LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009
Tel. : 0291-2752601, Fax : 2752603
E-mail : hospitalloksewa@gmail.com

Rec. No. : 33773
Name : Mahendra Singh Rathore
Ref. by Dr. : N.P.Mathur

Date : 31.12.2022
Age : 39 Male

ABDOMINAL SONOGRAPHY (MALE)

LIVER –

LIVER IS NORMAL IN SHAPE AND SIZE WITH NORMAL IN ECHOTEXTURE. NO FOCAL DESTRUCTION OR MASS IS PRESENT. NO I.H.B.D. DILATATION IS PRESENT. HEPATIC AND PORTAL VEINS NORMAL. DIAPHRAGM SHOWS NORMAL.

GALL BLADDER –

GALL BLADDER IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. C.B.D. IS NORMAL.

PANCREAS –

PANCREAS IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN.

KIDNEYS –

RT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. CORTICOMEDULLARY DIFFRENTATION IS GOOD. NO STONE / MASS OR CALYCEAL DILATATION IS SEEN.
RT. KIDNEY SIZE IS 10.7 x 4.6 CMS.

LT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. CORTICOMEDULLARY DIFFRNTATION IS GOOD. NO STONE / MASS OR CALYCEAL DILATATION IS SEEN.
LT. KIDNEY SIZE IS 10.4 x 4.9 CMS.

SPLEEN –

SPLEEN IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN.



LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009
Tel. : 0291-2752601, Fax : 2752603
E-mail : hospitaloksewa@gmail.com

(2)

Pt. Name : Mahendra Singh Age : 39 Yrs. Date : 31.12.2022

NODES –

NO PARA AORTIC NODAL ENLARGMENT IS SEEN.
NO ASCITES.

URINARY BLADDER -

URINARY BLADDER IS WELL DISTENDED. WALL THICKNESS IS
NORMAL. NO STONE OR MASS IS PRESENT.

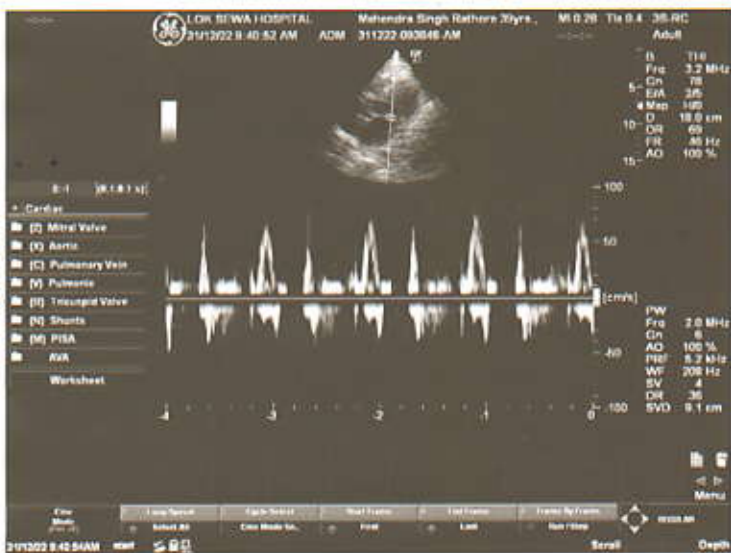
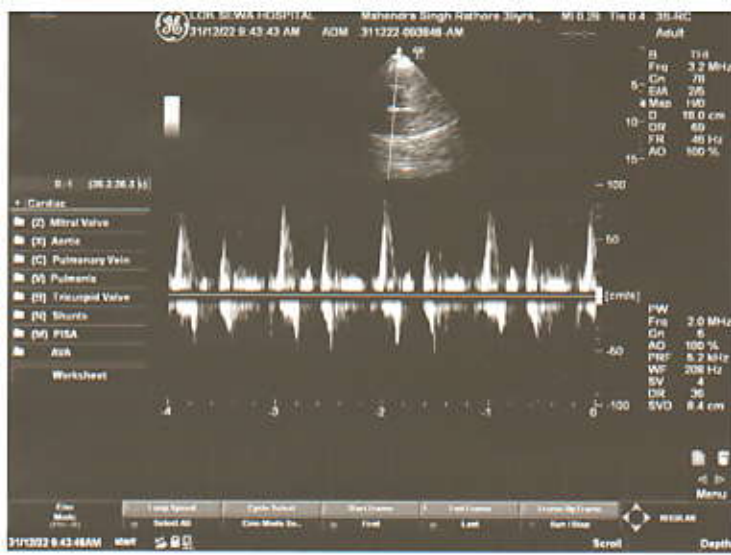
PROSTATE –

PROSTATE IS NORMAL IN SHAPE AND SIZE WITH NORMAL
ECHOTEXTURE.

IMPRESSION -

- LIVER, SPLEEN, PANCREAS, GALL BLADDER AND BOTH KIDNEYS ARE NORMAL.
- NO ASCITYES. NO PARA AORTIC LYMPHEDENOPATHY.
- URINARY BLADDER AND PROSTATE ARE NORMAL.

SONOLOGIST





LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009

Tel. : 0291-2752601, Fax : 2752603

E-mail : hospitalloksewa@gmail.com

Name : Mahendra Singh Rathore
Cons. Dr. : N.P.Mathur

Age: 39 yrs
Date : 31.12.2022

Echocardiography & Color Doppler Observation on M Mode and 2 D Echocardiography

	ED	ES		mm.
IVS (mm)	11	-	Aorta Root Diameter	30
LVID (mm)	44	25	LA Diameter	35
LVPWD	11	-	AV cusp sep.	20
LV Vol (ml)	-	-	LA / Ao	-
EF=	60-65 %		Fract Shortening(FS)	40.00 %

Right Atrium :

Right Ventricle :

2 - D Study of Left and Right ventricle :

Both Ventricles are of normal Dimensions.

No regional wall motion abnormality seen.

2 D EF = 60-65 %

No e / o pericardial effusion seen.

Pulmonary Artery Pressure :

RAP + Trans TR PG = < 25 mm Hg



LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009
Tel. : 0291-2752601, Fax : 2752603
E-mail : hospitalloksewa@gmail.com

Doppler Study Continuous and Pulse wave Doppler

Valve	Peak Velocity m m/ Sec.	Max P.G. mm Hg	Regurgitation	Appearance
Mitral	84	3.6	No	Normal Thickness
Aortic	112	5.2	No	Normal Thickness
Tricuspid	72	2.1	No	Normal Thickness
Pulmonary	102	4.4	No	Normal Thickness

No e / o Intra or extra cardiac shunt noted.

IMPRESSION :

Normal study.

Cardiac chambers and Valves are normal.

No RWMA at rest.

Normal biventricular contractility.

Normal LV systolic and diastolic function. 2D EF = 60-65 %

Intact septae.

No e / o PHT

No mass, clot or pericardial disease.

Signature



LOK SEWA HOSPITAL & Medical Research Centre

Phone : 2752601
Fax : 2752603

SECTOR - B, KAMLA NEHRU NAGAR EXTN.-I,
JODHPUR - 342 009

ELECTROCARDIOGRAM

Shri/Smt. Maheshwari Singh Rathore
Age _____ Sex _____ Const. Dr. _____
O.P.D./Bed No. _____ Dated 31/12/22

E.C.G. REPORT

1. Rate 101/min
2. Rhythm Sinus Rhythm
3. Mechanism (N)
4. Extrasystoles (N)
5. P. Wave (N)
6. PR-interval 262ms
7. QRS Complex 40ms
8. ST Segment (N)
9. T. Waves (N)
10. Others (N)
11. Remarks Normal Sinus Rhythm

(DR. _____)

LOK SEWA HOSPITAL
& MEDICAL RESEARCH CENTRE
KAMLA NEHRU NAGAR, JODHPUR - 342 009

Name: _____
_ yrs _ cm _ Kg BP _____

Malveston Singh Rakhawa



Ver 10mm/mV Time:
1.6 25mm/sec Date:

ARROW CE

