

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052



Name: Mrs. Veena Heray Date: 23/2/24

Age: 39y Sex: MF Weight: 89.7 kg Height: 163.3 inc BMI: 33.6

BP: 156/80 mmHg Pulse: 88/m bpm RBS: mg/dl
120/70 SpO2: 99% LMP - 20/2/24.

39/F
Obese
FH - HT +

JLP
C
L
P/A / N

Zm
Hb - 10.8
USG - GB sludge

R
Diet as advised
Exercise
Wt. loss
R/A 3mths CA c.
BP monitoring

DR. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/01/0113

Dr. Mugdha Jungari (Gill)
MBBS, MS, DNB (OBGY), FMAS
Sr. Consultant Obstetrics & Gynaecology
High Risk Pregnancy Expert & Laparoscopic Surgeon
Reg. No: 2020126915

Name: Veena Heranj Date: 23/2/24

Age: 39 yrs Sex: M/F Weight: 85 kg Height: _____ inc BMI: _____

- Bank Manager, ^{Pres} Pile ^{WGS} - 4 yrs ♀ **PIH**
- Day 4 of Menses - Pump can't be done

USG s/of GB s/hidge

LMP - 20/1/24

♀/30 Regular

- Past N/O - Not significant.

- hup after 7 days
for Pump

Jhekar

Name: Mrs Veena Hareny' Date: 23-02-24

Age: 37^{ys} Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

PMH - Nil. ~~+~~

OE Multiple Prostheses.
Calculus
Stain

Adv. Scaling ⊕
opa xRy to subent all Prostheses.

Vishu



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
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Maharashtra, India - 440001.

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DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

VEENA HERENJ 38Y(S) 11M(S) 29D(S)/F UMR2324038188 7261826967 MARRIED	CONSULT DATE : 23-02-2024 CONSULT ID : OPC2324116977 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA - /10 - cms

Weight : BMI :
- kgs -

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	SYSTANE ULTRA 10ML DROPS	Eye	1-1-1-1	Every Day	NA	2 months
Instructions : BOTH EYES						
Composition : POLYETHYLENE GLYCOL 400 0.4%W/W+PROPYLENE GLYCOL 0.3%W/W						

NOTES

GLASS PRESCRIPTION :-

DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	-0.50	-1.00	85	6/6
LEFT EYE	-0.50	-0.75	90	6/6

NEAR ADDITION

RIGHT EYE			00	N6
LEFT EYE			00	N6

REMARK- BLUE CUT GLASS

REVIEW

Follow up Date : 23-08-2024

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 23-02-2024 11:26:06



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. VEENA HERENJ **Age /Gender** : 39 Y(s)/Female
Bill No/ UMR No : BIL2324079428/UMR2324038188 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Feb-24 08:48 am **Report Date** : 23-Feb-24 10:33 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	10.8	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		33.9	36.0 - 46.0 %	Calculated
RBC Count		4.36	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		78	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		24.7	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		31.8	31.5 - 35.0 g/l	Calculated
RDW		16.8	11.5 - 14.0 %	Calculated
Platelet count		204	150 - 450 10^3 /cumm	Impedance
WBC Count		6500	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	65.6	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	28.6	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	2.4	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	3.4	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	4264	2000 - 7000 /cumm	Calculated



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DEPARTMENT OF PATHOLOGY

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Received Dt : 23-Feb-24 08:48 am	Report Date : 23-Feb-24 10:33 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		1859	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		156	20 - 500 /cumm	Calculated
Absolute Monocyte Count		221	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
WBC		As Above		
Platelets		Adequate		
ESR		37	0 - 20 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. VEENA HERENJ	Age / Gender : 39 Y(s)/Female
Bill No/ UMR No : BIL2324079428/UMR2324038188	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Feb-24 08:46 am	Report Date : 23-Feb-24 10:33 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	95	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		84	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		4.2	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. VEENA HERENJ	Age /Gender : 39 Y(s)/Female
Bill No/ UMR No : BIL2324079428/UMR2324038188	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Feb-24 08:48 am	Report Date : 23-Feb-24 10:33 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	153 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		98 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		43 > 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		79.61 < 100 mg/dl	Enzymatic
VLDL Cholesterol		20 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		4 3 - 5	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100 >130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk>20%		
Two or more additional major risk factors,10 yrs CHD risk <20%	>130 10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor	>160 10 yrs risk <10% >160	<160
	>190,optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. VEENA HERENJ	Age / Gender : 39 Y(s)/Female
Bill No/ UMR No : BIL2324079428/UMR2324038188	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Feb-24 08:48 am	Report Date : 23-Feb-24 10:33 am

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
RFT Blood Urea	Serum	8	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.6	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		117.0	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		143	136 - 145 mmol/L	Direct ion selective electrode
Potassium		3.86	3.5 - 5.1 mmol/L	Direct ion selective electrode
THYROID PROFILE				
T3		1.24	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.53	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.47	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD

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CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. VEENA HERENJ **Age / Gender** : 39 Y(s)/Female
Bill No/ UMR No : BIL2324079428/UMR2324038188 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Feb-24 08:48 am **Report Date** : 23-Feb-24 10:33 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.97	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.19	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.78	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		93	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		15	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		27	13 - 35 U/L	Biuret (Alkaline cupric sulphate)
Serum Total Protein		8.39	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.46	3.5 - 5.0 gm/dl	Calculated
Globulin		3.93	2.0 - 4.0 gm/dl	
A/G Ratio		1.1		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. VEENA HERENJ	Age / Gender : 39 Y(s)/Female
Bill No/ UMR No : BIL2324079428/UMR2324038188	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Feb-24 09:32 am	Report Date : 23-Feb-24 11:11 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
URINE MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	Urine	20 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
CHEMICAL EXAMINATION			
Reaction (pH)	Urine	7	4.6 - 8.0
Specific gravity		1.005	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		1+ (Approx 1mg/dl)	Normal
MICROSCOPIC EXAMINATION			
Epithelial Cells	Urine	0-1	0 - 4 /hpf
R.B.C.		2-3	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent
Crystals		Absent	Absent
USF(URINE SUGAR FASTING)			
Urine Glucose	Urine	Negative	STRIP
Comment		Fasting sample.	
		*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss
 Verified By : : 11100499
 Test results related only to the item tested.
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Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST

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 Phone: +91 0712 6789100
 CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mrs. VEENA HERENJ
Age / Gender : 39 Y(s)/Female
Bill No/ UMR No : BIL2324079428/UMR2324038188
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Feb-24 08:48 am
Report Date : 23-Feb-24 10:54 am

BLOOD GROUPING AND RH

Parameter
BLOOD GROUP.

Specimen **Results**

EDTA Whole " B "
Blood &
Plasma/
Serum

Gel Card Method

Rh (D) Typing.

" Positive "(+Ve)
*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	VEENA HERENJ	STUDY DATE	23-02-2024 10:28:35
AGE/SEX	39Y / F	HOSPITAL NO.	UMR2324038188
ACCESSION NO.	BIL2324079428-10	MODALITY	DX
REPORTED ON	23-02-2024 11:19	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.



R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations should be carried out to know true nature of illness. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510

NAME OF PATIENT:	MRS. VEENA HERENJ	AGE & SEX:	39Y/F
UMR NO	2324038188	BILL NO:	2324079428
REF BY:	DR. VIMMI GOEL	DATE:	23/02/2024

USG ABDOMEN AND PELVIS

LIVER is normal in size and echotexture. No evidence of any focal lesion seen.
Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is distended with sludge within.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is well distended. No calculus or mass lesion seen.

Uterus is anteverted and normal.
No focal myometrial lesion seen.
Endometrial echo-complex appear normal.
No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION: USG reveals,

- GB sludge.
- No other significant visceral abnormality seen.



DR. ANIKET KUSRAM
MBBS, MD, DNB (Radio-diagnosis)
Reg no: 2017094427

Dr. Bhupendra Yadav
Resident Doctor

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Veena Herenj
 Age : 38 years / Female
 UMR : UMR2324038188
 Date : 23/02/2024
 Done by : Dr. Vimmi Goel
 ECG : NSR, WNL
 Blood pressure: 156/80 mm Hg (Right arm, Supine position)
 BSA : 2.02 m²

Impression: Normal 2D Echocardiography Study

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 70%
Normal LV diastolic function
E/A is 1.9
E/E' is 7.4 (Normal filling pressure)
Valves are normal
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 104 cm/s, A Velocity is 54 cm/s. E/A is 1.9. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen. E' at medial mitral annulus is 13 cm/sec & at lateral mitral annulus is 15.1 cm/sec. E/E' is 7.4 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	36
Aortic root	20-37	7-28	27
LVIDd	35-55	8-47	49
LVIDs	23-39	6-28	35
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	10
LVEF %	~ 60%	~60%	70%
Fractional Shortening			40%



Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology

P.T.O

39 Years

MRS VEENA HERENJ
Female

23-Feb-24 9:45:51 AM

KIMS-KINGSWAY HOSPITALS

PHC DEPT.

Rate	80	Sinus rhythm	normal P axis, V-rate	50-99
PR	158	Abnormal R-wave progression, early transition	QRS area > 0 in V2	
QRSD	95	Borderline T abnormalities, anterior leads	T flat or neg, V2-V4	
QT	360				
QTc	416				

--AXIS--

P 75

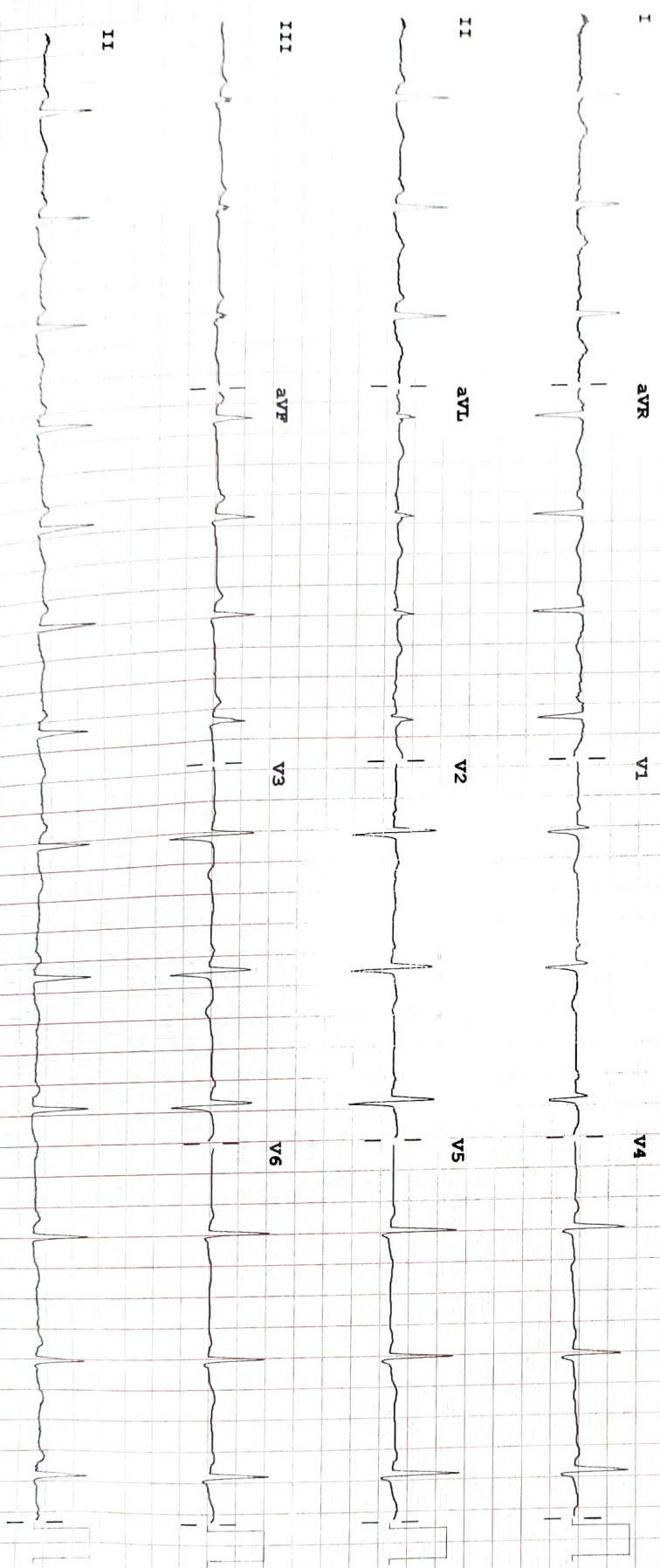
QRS 37

T 11

12 Lead: Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

1.0mb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~0.50-150 Hz W

100B CL

p2

2 p (11/15)

IN CHARGE: DR. VAM