



HEALTH CHECK-UP SUMMARY

Race Course Road, Vadodara

Name: JALPA A PANDYA	
SH No: 183228	Date: 28/09/2024
Age: 42	Gender: FEMALE

ASSESSMENT:

- ALLERGY : DUST(RUNNY NOSE , THROAT INFECTION)
- K/C/O: PCOD
- C/O:DRYNESS OF EYE , IRREGULAR PERIODS BY 3-4 DAYS LATE
- P/H/O OPERATION: LSCS(2018) , B/L CATARACT SURGERY(2022)
- DENTAL ASSESSMENT:CHRONIC GENERALISED GINGIVITIS , MODERATE TO SEVERE DENTINAL HYPERSENSITIVITY WRT 33,34,35 REGION
- BORDERLINE HIGH RDW CV(14.10)
- BORDERLINE HIGH FBS(102)
- BORDERLINE HIGH CHOLESTEROL(211), BORDERLINE HIGH TRIGLYCERIDE(173), BORDERLINE HIGH DIRECT LDL(135),
- LOW A/G RATIO(1.28)
- HIGH TSH(4.2440)
- 2D ECHO : MILD TR , MILD PAH (RVSP-39 MMHG)
- USG ABDOMEN AND PELVIS :GRADE 1 / 2 GENERALISED FATTY INFILTRATION OF LIVER, GALL BLADDER POLYP , BULKY MULTI CYSTIC RIGHT OVARY AS MENTIONED . ADV: FURTHER EVALUATION WITH TVS PELVIS / MRI PELVIS / COMPARE WITH PREVIOUS STUDY

ADVISED:

- PLENTY OF LIQUIDS
- LOW FAT DIET
- AVOID OUT SIDE FOOD AND WATER
- REGULAR EXERCISE.
- REPEAT LIPID PROFILE AFTER 3 MONTH
- OPHTHALMOLOGIST ADVICE : FOLLOW ADVICE
- DENTAL ADVICE : POLISHING, SCALING AND FOLLOW ADVICE
- SURGEON CONSULTATION
- GYNAC CONSULTATION
- CARDIOLOGIST CONSULTATION
- PHYSICIAN CONSULTATION

Sterling Addlife India Limited
Sterling Hospital Vadodara
Race Course Circle, (West)
VADODARA - 390 007.

DR.JAY S PANDIT

Prevention & Rehabilitation Dept

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India





HEALTH CHECK UP
MEDICAL EXAMINATION

Name: Talpa A. Pandya. Employee ID : _____
Company Name : _____ Age: 42 Sex: M/E
Height: 156 cms. Weight: 60.5 Kgs BMI: 24.86 Blood Group : _____
Name of HO / Registrar taking History : Dr - Jay S. Parikh

Allergies : <input checked="" type="checkbox"/> None <input type="checkbox"/> Yes (If Yes, describe)	
Drugs/Food/Latex/Dyes/Contrast/Other	Reaction
1. <u>Dust</u>	<u>Runny Nose</u>
2.	<u>Throat infection</u>
3.	

Chief Complaints : 1. KICLO - PCOP

Physical Examination :

Vital Signs:
Temp : Afebrile F SPO₂ : 98 Pulse : 82 /min R/R : 18 /min B.P.: 110/70 mm Hg

Past History :

If Hypertension, since On Medication 1)..... 2)..... 3).....	If Diabetes, since On Medication 1)..... 2)..... 3).....
If Ischaemic Heart Disease since On Medication 1)..... 2)..... 3).....	Under Treatment Dr.
Under Treatment of Dr.	If Tuberculosis, When Any Other P/H
Any Intervention done	Any Other Medication
P/H of Operation Diagnosis : <u>Csection</u> Name of Operation : <u>(CABG)</u> Year of Operation : <u>(2018)</u>	P/H of Hospitalization Diagnosis : Year : Duration : Blood Transfusion History : Yes <input checked="" type="checkbox"/> / No <input type="checkbox"/> Year :
Others : <u>B/L Cataract - [2022]</u> <u>SX.</u>	

Family History : (Specify : F-Father, M-Mother, B-Brother, S-Sister)

(Pl. Circle whichever is applicable e.g. If Father has h/o 10 yrs then, Yes / No F/10 yrs)

Hypertension	Yes/No	Asthma	Yes/No
Heart Disease	Yes/No	Stroke	Yes/No
Diabetes	Yes/No	Arthritis/Gout	Yes/No
Tuberculosis	Yes/No	Cancer	Yes/No
Epilepsy	Yes/No	Other Chronic disease	Yes/No

Personal History :

Diet	<i>veg.</i>	Smoking	Yes/No	since / per day
Appetite	<i>regular</i>	Alcohol	Yes/No	since / (freq.)
Sleep	<i>Regular</i>	Drugs	Yes/No	since / (freq.)
Micturition	<i>Regular</i>	Tobacco	Yes/No	since / (freq.)
Bowel Habits	<i>regular</i>	Any other habit		

FOR FEMALES :

 Obstetric History 1 L.D. *L.M.P*
 Abortion : *9.11.11, 4.10.12, 5.11.13*
 Others :

General Examination :
 Anemia Cyanosis Jaundice Generalized Lymphadenopathy Pedal oedema

General Examination :
Head : NSF

Injuries (Specify if any) :

Eyes : NSF

- Vision : Normal Blurred Double Colour Blind
- Pupils : Normal Abnormal
- Other : Inflammation Pain Itching Discharge No complaint

Dryness of eye.

Remarks (if any) :

Ears : NSF

- Deaf Yes No • Pain Yes No • Discharge Yes No
- Dizziness Yes No

Nose : NSF

- Nosebleed Yes No • Congestion Yes No • Sinus problem Yes No

Mouth : NSF

- Lesion Yes No
- Dental Hygiene Good Poor Bleeding gums Yes No
- Sense of taste Yes No

Throat/Neck : NSF

- Swollen glands Yes No Stiffness Yes No Dysphagia Yes No

SYSTEMIC EXAMINATION
Neurological : NSF

- Headache Yes No • Memory changes Yes No • Dizziness Yes No
- Syncope Yes No • Seizures Yes No • Paralysis Yes No if yes R L
- Cooperative Yes No • Anxiety Yes No • Depression Yes No
- Suicidal attempt Yes No Any psychiatric illness NO
- Oriented Yes No if disoriented, to Person Place Time
- Reaction: Brisk Sluggish No response
- LOC: Alert Confused Sedated
- Speech: Clear Slurred

Respiratory : NSF

- Lung sounds: AEB clear
- Dyspnoea: None With activity At rest Lying down Retractions
- Cough: None Non-productive Productive - colour
- Hemoptysis: Yes No
- Night Sweats: Yes No
- Cyanosis: Yes No Where

Cardiovascular : NSF

- Chest discomfort Yes No
- Oedema Yes No Location: Pitting Non-pitting

Extremities-Musculoskeletal : NSF

- Skin: Warm Cool Dry Firm Flaccid Colour
- Extremities: Tingling Yes No • Weakness Yes No Deformity Yes No
- Joints: Pain Yes No • Stiffness Yes No
- Uses: Walker Wheelchair None

Gastrointestinal : NSF

- Appetite Good Poor • Nausea Yes No • Vomiting Yes No
- Distension Yes No • Heartburn Yes No • Flatus Yes No
- Pain Yes No • Rectal Bleeding Yes No
- Colostomy Yes No • Ileostomy Yes No

Bowel

- Diarrhoea Constipation Incontinence Blood in stool None
- Pain Yes No Place Hemorrhoids Yes No
- Frequency of stool 2-3 times/day
- Interventions: None • Laxatives Yes No Type Frequency

Genitorurinary : NSF

Colour of Urine Dark yellow Frequency 3-4 times / day
 Pain Yes No Burning Yes No Itching Yes No
 Urgency Yes No Incontinence Yes No
 Nocturia Yes No Urostomy Yes No
 History of calculi Yes No History of UTI Yes No
 Foleys Catheter Yes No Date of Insertion _____

Reproductive: NA NSF

LMP 25/9/24 Regular / Irregular: 3-4 days late
 Dysmenorrhea Yes No Amenorrhea Yes No if yes, Duration _____
 Menopausal Yes No if yes, Duration _____
 Vaginal discharge Yes No Itching Yes No

Breasts NA NSF

Breast Feeding Yes No Lumps Yes No

Positive Finding & Advice

.....

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 Rythu Bourse Circle, (West)
 VADODARA - 390 007

Sign and Stamp of Medical Officer

Sterling Hospital
Racecourse Road

EMERGENCY HELPLINE

992 444 9972
0265 - 61 44 111

Sterling Hospital
Bhayli

EMERGENCY HELPLINE

908 1000 557
0265 - 61 23 333



OPHTHALMIC CHECK-UP

SIGNIFICANT HISTORY:

PAST HISTORY:

Refractive Error:

Any Surgery:

Color Blind:

Diabetes:

Hypertension:

Any Treatment:

EXAMINATION OF EYES:

	<u>Right Eye:</u>	<u>Left Eye:</u>
Distant Vision without Glasses:	6/12	6/12
Distant Vision with Glasses:	1	1
Near Vision without Glasses:	1	1
Near Vision with Glasses:	20/20	20/20
Intraocular Pressure:	22/22	22/22
Anterior Segment:	PPHNS	PPHNS
Fundus:	20/20	20/20

PRESCRIPTION OF GLASSES:

	RIGHT			LEFT		
	Sphere	Cylinder	Axis	Sphere	Cylinder	Axis
Distant	-	-	-	-	-	-
Near	+2.00	-	-	+2.00	-	-

Type of glass:

ADVICE:

Hand on only
Hypertension se le xhd.

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VADODARA-390 007.

DR MAYA PATEL
(OPHTHALMOLOGIST)



Dr. Sonica Peshin

Senior Cosmetic dentist and Implantologist

A-6966

Email: thespeakingtooth@gmail.com

Phone: 9586867301



Race Course Road, Vadodara
28/09/2024

Dental Assessment Form

Name: Jalpa A Pandya

Age/Sex: 42/Female

UHID No: 183228

Patient has come for a regular check up.

On examination:

- Metal ceramic cap wrt. 33,34,35
- Calculus+

Provisional diagnosis:

- Chronic generalized gingivitis
- Moderate to severe dentinal hypersensitivity wrt. 33,34,35 region

Treatment plan:

- Scaling and polishing

Advise:

- Follow vertical brushing technique.
- Salt water rinses atleast once a day.
- Brush your teeth twice daily.
- Clean your tongue twice daily.

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LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Jalpa Aakash Pandya	Lab Id : 092407503079	Pt. Type : Sterling Hospital Vadodara Health Checkup Main
Sex/Age : Female / 42 Y 25-Mar-1982	Registration on : 28-Sep-2024 09:16	Location : BNo./
Ref. Id : 183228 / 2811897	Collected at : SAWPL	Approved on : 28-Sep-2024 12:08 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 09:32	Printed On : 30-Sep-2024 09:58
	Sample Type : EDTA blood	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Hemoglobin Colorimetric	12.7	g/dL	12.0 - 16.0
RBC Count Electrical impedance	4.50	million/cmm	3.8 - 4.8
Hematocrit Calculated	38.8	%	36 - 48
MCV Derived	86.0	fL	83 - 101
MCH Calculated	28.1	pg	26.4 - 33.2
MCHC Calculated	32.7	g/dL	31.8 - 35.9
RDW CV Calculated	H 14.10	%	11.6 - 14

Total WBC and Differential Count

WBC count	Result	Unit	Biological Ref. Interval
WBC count SF Cube cell analysis	6210	/cmm	4000 - 10000

Differential Count	Result	Unit	Biological Ref. Interval	Absolute Count
Neutrophils Microscopic	61	%	40 - 80	3788 /cmm 2000 - 6700
Lymphocytes Microscopic	30	%	20 - 40	1863 /cmm 1000 - 3000
Eosinophils Microscopic	03	%	1 - 6	186 /cmm 20 - 500
Monocytes Microscopic	06	%	2 - 10	373 /cmm 200 - 1000
Basophils Microscopic	0	%	0 - 2	0 /cmm 0 - 100

Platelet Count

Platelet Count	Result	Unit	Biological Ref. Interval
Platelet Count Electrical impedance	394000	/cmm	150000 - 410000
MPV Calculated	9.10	fL	7.5 - 10.3
Platelets Morphology	Platelets are adequate on Smear		


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Patient Information		Sample Information		Location Information	
Name	: Mrs. Jalpa Aakash Pandya	Lab Id	: 092407503079	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Female / 42 Y 25-Mar-1982	Registration on	: 28-Sep-2024 09:16	Location	: Main BNo./
Ref. Id	: 183228 / 2811897	Collected at	: SAWPL	Approved on	: 28-Sep-2024 12:08 Status : Interim
Ref. By	: Dr. RMO . STERLING...	Collected on	: 28-Sep-2024 09:32	Printed On	: 30-Sep-2024 09:58
		Sample Type	: EDTA blood	Process At	: 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Erythrocytes Sedimentation Rate			
ESR	12	mm/1hr	0 - 21
<small>Capillary photometry</small>			

Differential Count
Absolute Count

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Sex/Age : Female / 42 Y 25-Mar-1982	Registration on : 28-Sep-2024 09:16	Location : BNo./
Ref. Id : 183228 / 2811897	Collected at : SAWPL	Approved on : 28-Sep-2024 12:35 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 09:32	Printed On : 30-Sep-2024 09:58
	Sample Type : EDTA blood	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Blood Group

Test	Result	Unit	Biological Ref. Interval
ABO Type <i>Tube Agglutination</i>	"O"		
Rh (D) Type	Positive		


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Name : Mrs. Jalpa Aakash Pandya	Lab Id : 092407503079	Pt. Type : Sterling Hospital Vadodara Health Checkup Main
Sex/Age : Female / 42 Y 25-Mar-1982	Registration on : 28-Sep-2024 09:16	Location : BNo./
Ref. Id : 183228 / 2811897	Collected at : SAWPL	Approved on : 28-Sep-2024 11:40 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 09:32	Printed On : 30-Sep-2024 09:58
	Sample Type : Serum, Urine	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Test	Result	Unit	Biological Ref. Interval
Fasting Blood Glucose <i>GOD-POD</i>	H 102.0	mg/dL	74 - 100
Fasting Urine Glucose <i>GOD-POD</i>	SNR		Absent
Fasting Urine Ketone <i>Nitroprusside</i>	SNR		Absent

	Fasting Blood Glucose*	Postprandial Blood Glucose #	Random Blood Glucose
Normal	< 100 mg/dL	< 140 mg/dL	< 140 mg/dL
Prediabetic	100 – 125 mg/dL	140 – 199 mg/dL	140 – 199 mg/dL
Diabetic	>/=126 mg/dL	>/= 200 mg/dl	>/= 200 mg/dl

* Fasting is defined as no caloric intake for more than 8 hours

The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.

Criteria for Diagnosis of Diabetes:

1. Fasting blood glucose (FPG) \geq 126 mg/dL
2. Two-hour blood glucose (2-h OGTT) = 200 mg/dL
3. HbA1c values (A1c) \geq 6.5%
4. Random plasma glucose \geq 200 mg/dL

(With symptoms of hyperglycemia or hyperglycemic crisis)

In the absence of unequivocal hyperglycemia, diagnosis of DM using A1C, FPG or 2-h OGTT requires two abnormal test results from the same sample or in two separate samples.

References:

1. American diabetes association. Standards of medical care in diabetes 2024
2. National Library of Medicine – National Institute of Health (USA) – Diabetes Mellitus
3. World Health Organization – Factsheet on Diabetes – Prevention and treatment


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Sex/Age : Female / 42 Y 25-Mar-1982	Registration on : 28-Sep-2024 09:16	Location : BNo./
Ref. Id : 183228 / 2811897	Collected at : SAWPL	Approved on : 28-Sep-2024 16:06 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 13:08	Printed On : 30-Sep-2024 09:58
	Sample Type : Fluoride	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Test	Result	Unit	Biological Ref. Interval
Post-breakfast Blood Glucose <i>GOD-POD</i>	115	mg/dL	70 - 140
Post-breakfast Urine Glucose <i>GOD-POD</i>	SNR		Absent
Post Breakfast Urine Ketone <i>Nitroprusside</i>	SNR		Absent


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Name	: Mrs. Jalpa Aakash Pandya	Lab Id	: 092407503079	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Female / 42 Y 25-Mar-1982	Registration on	: 28-Sep-2024 09:16	Location	: Main BNo./
Ref. Id	: 183228 / 2811897	Collected at	: SAWPL	Approved on	: 28-Sep-2024 13:51 Status : Interim
Ref. By	: Dr. RMO . STERLING...	Collected on	: 28-Sep-2024 09:32	Printed On	: 30-Sep-2024 09:58
		Sample Type	: EDTA blood	Process At	: 75 – Sterling Hospital, Race course (Vadodara)

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
HbA1c (Glycosylated Hemoglobin) by HPLC

Test	Result	Unit	Biological Ref. Interval
HbA1c	5.30	%	For Screening: Diabetes: $\geq 6.5\%$; Pre-Diabetes: 5.7 - 6.4%; Non-Diabetes: $< 5.7\%$
Mean Blood Glucose	105.41	mg/dL	For Diabetic Patient: Poor Control : $> 7.0\%$; Good Control : 6.0-7.0%

Description:

- Total haemoglobin A1c is continuously synthesized in the red blood cell throughout its 120 days life span. The concentration of HbA1c in the cell reflects the average blood glucose concentration it encounters.
- The level of HbA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.
- The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.
- It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

HbA1c assay Interferences:

Erroneous values might be obtained from samples with abnormally elevated quantities of other Haemoglobins as a result of either their simultaneous elution with HbA1c (HbF) or differences in their glycation from that of HbA (HbS).

Reference: American diabetes association. Standards of medical care in diabetes 2024


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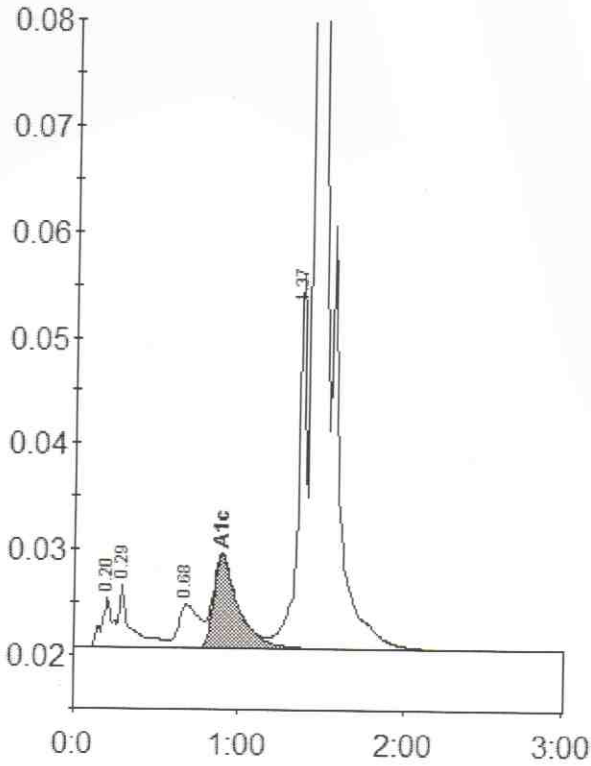


Patient report

Sterling HOSPITALS

Bio-Rad DATE: 28/09/2024
 D-10 TIME: 01:45 PM
 S/N: #DJ8G550303 Software version: 4.30-2
 Sample ID: 092407503079
 Injection date: 28/09/2024 01:42 PM
 Injection #: 10 Method: HbA1c
 Rack #: --- Rack position: 10

sterling
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Peak table - ID: 092407503079

Peak	R.time	Height	Area	Area %
A1a	0.20	4783	21885	0.9
A1b	0.29	6008	30598	1.3
LA1c/CHb-1	0.68	4083	36168	1.5
A1c	0.90	8737	91873	5.3
P3	1.37	35299	123146	5.2
A0	1.44	759110	2047076	87.1
Total Area:			2350746	

Concentration:	%
A1c	5.3





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Ref. Id	: 183228 / 2811897	Collected at	: SAWPL		: BNo./
Ref. By	: Dr. RMO . STERLING...	Collected on	: 28-Sep-2024 09:32	Approved on	: 28-Sep-2024 11:40 Status : Interim
		Sample Type	: Serum	Printed On	: 30-Sep-2024 09:58
				Process At	: 75 - Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Lipid Profile

Test	Result	Unit	Biological Ref. Interval
Cholesterol <i>Cholesterol oxidase - Peroxidase</i>	H 211.0	mg/dL	Desirable : <200 Borderline High : 200-239 High : >240
Triglyceride <i>Ezymatic (Lipase/GK/GPo/POD)</i>	H 173.0	mg/dL	Normal : <150 Borderline : 150-199 High : 200-499 Very High : >500
HDL Cholesterol <i>PTA/MgCl2</i>	57.0	mg/dL	Low: <40.0 High: >60.0
Direct LDL <i>Direct measured</i>	H 135.00	mg/dL	Optimal: <100 Near to above Optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: =190
VLDL <i>Calculated</i>	34.60	mg/dL	15 - 35
CHOL/HDL Ratio <i>Calculated</i>	3.7		Up to 5.0
dLDL/HDL Ratio <i>Calculated</i>	2.4		Up to 3.5


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Name	: Mrs. Jalpa Aakash Pandya	Lab Id	: 092407503079	Pt. Type	: Sterling Hospital Vadodara Health Checkup Main
Sex/Age	: Female / 42 Y 25-Mar-1982	Registration on	: 28-Sep-2024 09:16	Location	: BNo./
Ref. Id	: 183228 / 2811897	Collected at	: SAWPL	Approved on	: 28-Sep-2024 11:40 Status : Interim
Ref. By	: Dr. RMO . STERLING...	Collected on	: 28-Sep-2024 09:32	Printed On	: 30-Sep-2024 09:58
		Sample Type	: Serum	Process At	: 75 - Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Test	Result	Unit	Biological Ref. Interval
Uric Acid <i>Uricase</i>	5.10	mg/dL	2.5 - 6.2
Blood Urea Nitrogen <i>Calculated</i>	7.01	mg/dL	7.0 - 17.0
Urea <i>Urease, Colorimetric</i>	15.0	mg/dL	15.0 - 36.4
Creatinine, serum <i>Creatinine Amidohydrolase</i>	0.70	mg/dL	0.52 - 1.04
BUN Creatinine Ratio <i>Calculated</i>	10.01		
Urea Creatinine Ratio <i>Calculated</i>	21.43		


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Consultant Pathologist

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LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Jalpa Aakash Pandya	Lab Id : 092407503079	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 42 Y 25-Mar-1982	Registration on : 28-Sep-2024 09:16	Location : Main
Ref. Id : 183228 / 2811897	Collected at : SAWPL	Location : BNo./
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 09:32	Approved on : 28-Sep-2024 11:41 Status : Interim
	Sample Type : Serum	Printed On : 30-Sep-2024 09:58
		Process At : 75 - Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Liver Function Test

Test	Result	Unit	Biological Ref. Interval
ALT (SGPT) <i>UV with P5P, IFCC</i>	27.0	U/L	0 - 35
AST (SGOT) <i>UV with P5P</i>	28.0	U/L	14 - 36
GGT (Gamma Glutamyl Transferase) <i>L-γ-Glytamyl-p-nitroanilide</i>	14.0	U/L	12 - 43
Alkaline Phosphatase <i>PNPP, AMP Buffer, IFCC</i>	67.0	U/L	38 - 126
Total Bilirubin <i>Azobilirubin chromophores</i>	0.50	mg/dL	0.2 - 1.3
Conjugated Bilirubin <i>Cationic Mordant Binding</i>	0.10	mg/dL	0.0 - 0.3
Unconjugated Bilirubin <i>Cationic Mordant Binding</i>	0.20	mg/dL	0.0 - 1.1
Delta Bilirubin <i>Calculated</i>	0.20	mg/dL	0.0 - 0.2
Total Protein <i>Copper tartrate to colour complex</i>	7.30	g/dL	6.3 - 8.2
Albumin <i>Bromocresol Green Method</i>	4.10	g/dL	3.5 - 5.0
Globulin <i>Calculated</i>	3.20	g/dL	2.3 - 3.5
A/G Ratio <i>Calculated</i>	L 1.28		1.3 - 1.7


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Patient Information	Sample Information	Location Information
Name : Mrs. Jalpa Aakash Pandya	Lab Id : 092407503079	Pt. Type : Sterling Hospital Vadodara Health Checkup Main
Sex/Age : Female / 42 Y 25-Mar-1982	Registration on : 28-Sep-2024 09:16	Location : BNo./
Ref. Id : 183228 / 2811897	Collected at : SAWPL	Approved on : 28-Sep-2024 11:40 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 09:32	Printed On : 30-Sep-2024 09:58
	Sample Type : Serum	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE
Thyroid Function Tests

Test	Result	Unit	Biological Ref. Interval
T3, total (Triiodothyronine) <small>CLIA</small>	1.24	ng/mL	0.58 - 1.59
T4, total (Thyroxine) <small>CLIA</small>	8.56	µg/dl	4.87 - 11.72
TSH (3rd Gen.) <small>Chemiluminescence</small>	H 4.2440	µIU/mL	Non-Pregnant Woman: 0.4001 -4.049; Pregnant Woman: 1st Trimester: 0.1298-3.120; 2nd Trimester: 0.2749-2.652; 3rd Trimester : 0.3127-2.947


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LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mrs. Jalpa Aakash Pandya	Lab Id : 092407503079	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Female / 42 Y 25-Mar-1982	Registration on : 28-Sep-2024 09:16	Location : Main BNo./
Ref. Id : 183228 / 2811897	Collected at : SAWPL	Approved on : 28-Sep-2024 11:40 Status : Interim
Ref. By : Dr. RMO . STERLING...	Collected on : 28-Sep-2024 09:32	Printed On : 30-Sep-2024 09:58
	Sample Type : Serum	Process At : 75 – Sterling Hospital, Race course (Vadodar

MEDIWHEEL FULL BODY ANNUAL PLUS CHECK/ ADVANCE

Levels of TSH in pregnancy (µIU/mL): First Trimester 0.1 - 2.5; Second Trimester 0.2 – 3.0; Third Trimester 0.3 – 3.0.

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.

TSH	T3/FT3	T4/FT4	Suggested interpretation of Thyroid function tests pattern
Within range	Decreased	Within range	Isolated low T3 often seen in elderly & associated Non-Thyroid illness. In elderly the drop in T3 level can be up to 25%.
Raised	Within Range	Within Range	Isolated High TSH Especially in the range of 4.7 to 15 mIU/ml is commonly associated with physiological & Biological TSH Variability; Subclinical Autoimmune Hypothyroidism; Intermediate T4 therapy for hypothyroidism; Recovery phase after Non-Thyroidal illness.
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis; Post thyroidectomy, post radioiodine; Hypothyroid phase of transient thyroiditis.
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies); Intermediate T4 therapy of T4 overdose; Drug Interference-Amiodarone, Heparin, Beta blocker, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH – Especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness; Subclinical Hyperthyroidism; Thyroxine ingestion.
Decreased	Decreased	Decreased	Central Hypothyroidism; Non-Thyroidal illness; Recent treatment for Hypothyroidism (TSH remains suppressed).
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre Toxic nodule; Transient thyroiditis: postpartum, Silent (lymphocytic), Post viral (granulomatous, subacute, DeQuervain'a) Gestational thyrotoxicosis hyperemesis gravidarum.
Decreased or within range	Raised	Within range	T3 toxicosis; Non-Thyroidal illness.

Reference: Wallach's Interpretation of Diagnostic by Mary Williamson, 10th edition, 2015.

----- End Of Report -----


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Dr. Manoj Patel,

o

- Hypertension
Dr. Manoj Patel

SH

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Presently at Ahmedabad, Vadodara, Rajkot, Gandhidham
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Dr. Sonica Peshin

Senior Cosmetic dentist and Implantologist

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CIN# U85110GJ2000PTC039121



Report Date: 28 Sep 2024 - 09:38 AM

Patient Id	: RCR-183228	Patient Name	: PANDYA JALPA AAKASH
Age	: 42Y 6M 3D	Sex	: Female
Ref. Doctor	: DR. RMO . STERLING	Study Date	: 28 Sep 2024 - 09:21 AM

X-RAY CHEST PA VIEW

Both lung fields show prominent broncho-vascular markings.
Cardiac size appears within normal limit.
Trachea and mediastinal soft tissue shadow appear unremarkable.
Bilateral C.P. angles and both domes of diaphragm appear normal.
bony thorax under vision appears normal.

CONCLUSION:

No significant chest abnormality detected.

Dr. Shilpi Gupta MD
Sr. Consultant Radiologist

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Report Date: 28 Sep 2024 - 12:40 PM

Patient Id	: RCR-183228	Patient Name	: PANDYA JALPA AAKASH
Age	: 42Y 6M 3D	Sex	: Female
Ref. Doctor	: DR. RMO . STERLING	Study Date	: 28 Sep 2024 - 11:44 AM

BILATERAL MAMMOGRAM: -

Technique: Dedicated low dose film screen mammography with cranio-caudal and Medio lateral view was performed.
Clinical profile: Routine checkup, no complaints

REPORT

Both breasts demonstrate scattered areas of fibro glandular parenchyma (ACR category B).

No evidence of any distortion noted.

No evidence of any suspicious hyperdense nodular lesions noted on either side.

No evidence of any abnormal micro calcification is seen.

No evidence of skin thickening or nipple retraction noted on either side.

Soft opacities seen in axilla on either side are suggestive of axillary nodes. No evidence of enlarged pathological lymph nodes seen on either side.

CONCLUSION: -

No significant abnormality detected (BIRADS 1).

Adv: Clinical correlation & routine annual mammogram.

The false negative mammography is approximately 10%. Management of a palpable abnormality must be based upon clinical grounds. **Sensitivity of mammography is limited without sonography. Sonography is recommended if strong clinical suspicion is there.**


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Sr. Consultant Radiologist

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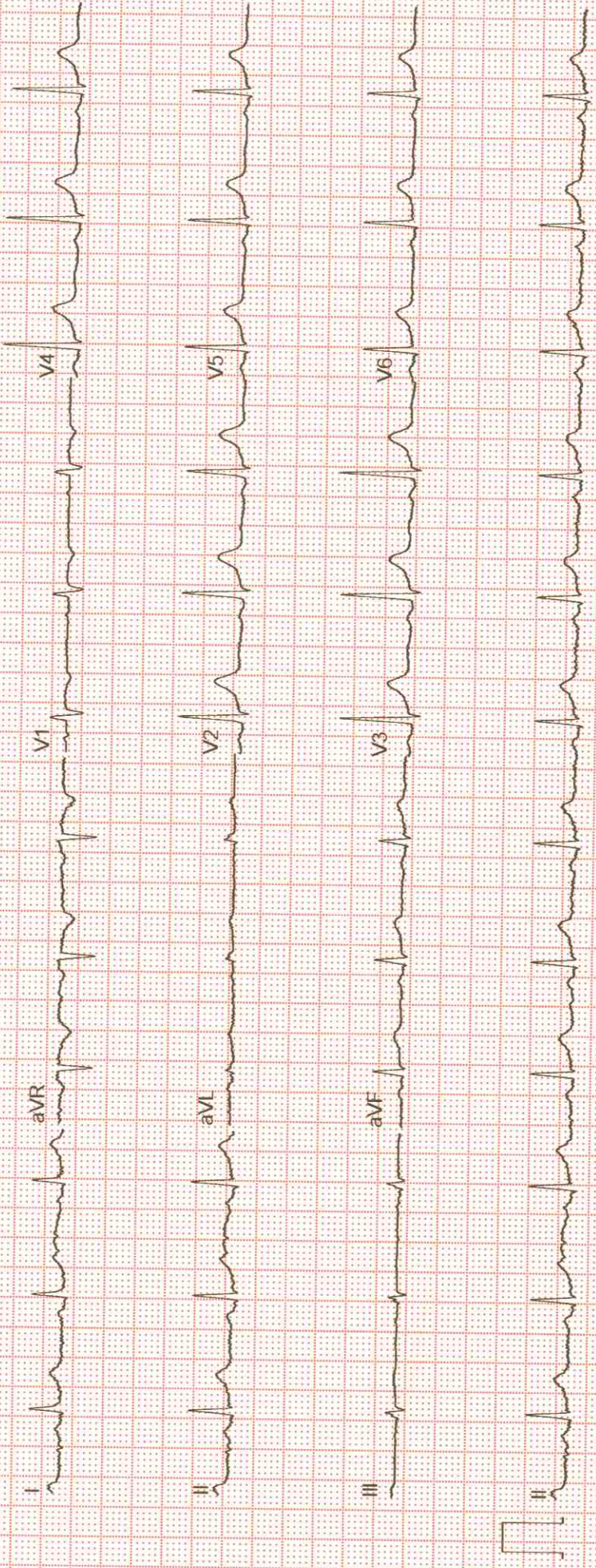


Female

42 Years

QRS 74 ms
 QT / QTcBaz 380 / 424 ms
 PR 144 ms
 P 94 ms
 RR / PP 802 / 800 ms
 P / QRS / T 49 / 43 / 48 degrees

WNL





2D ECHOCARDIOGRAPHY REPORT



Race Course Road, Vadodara

Name: Mrs. JALPA A PANDYA
Age: 42 Years
Sex: F
Date: 28-Sep-2024

Ref By: HCP
Study: 2D Echo

M-MODE:

IVS	10mm	LVDD	42mm
PW	11mm	LVDS	32mm
LA	37mm	LV EF	60 %

DOPPLER STUDY:

MITRAL	E 0.81 A 0.68
AORTIC	1.67
TRICUSPID	N
PULMONARY	N

CONCLUSION :

- NORMAL SIZED CHAMBERS
- NORMAL LV SYSTOLIC FUNCTION LVEF 60 %
- NO RWMA AT REST
- NO DIASTOLIC DYSFUNCTION
- NORMAL RA / RV SIZE AND FUNCTION
- MILD TR , MILD PAH (RVSP - 39 MMHG)
- OTHER VALVES ARE NORMAL
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION
- NORMAL IVC

Dr. RANJEETKUMAR SHUKLA MD,DM
Consultant interventional Cardiologist

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Sterling Doc 91-20-25443913





Patient Id	: RCR-183228	Patient Name	: PANDYA JALPA AAKASH
Age	: 42Y 6M 3D	Sex	: Female
Ref. Doctor	: DR.RMO.STERLING	Study Date	: 28 Sep 2024 - 12:38 PM

SONOGRAPHY OF WHOLE ABDOMEN: -

LIVER: Liver appears normal in size and shows bright parenchymal echoes, grade I/II. No evidence of focal lesion is seen. No evidence of dilated IHBR is seen. Intrahepatic portal radicals appear normal. Portal vein is normal in caliber measuring 11.5 mm at porta & shows hepatopetal blood flow.

GALL BLADDER: Gall bladder is distended and shows a non-mobile echogenic polyp along non dependent wall of gall bladder measuring 6.0 x 5.4 mm. No evidence of calculus or changes of cholecystitis are seen. CBD appears normal (3.9 mm).

PANCREAS: Pancreas is partially visualized and visualized portion is normal in size & shows normal parenchymal echoes.

SPLEEN: Spleen is normal in size (9.7 cm) & shows normal parenchymal echoes. No evidence of focal or diffuse lesion is seen.

BOTH KIDNEYS: Both kidneys are normal in size, shape, position and contour. Cortical thickness & echo appear normal. No evidence of renal calculus, hydronephrosis or mass lesion is seen on either side.

Right kidney measures 9.9 x 4.3 cm

Left kidney measures 9.9 x 4.1 cm

No evidence of suprarenal mass lesion is seen on either side.

URINARY BLADDER: Bladder is normally distended and appears unremarkable.

UTERUS: Uterus is anteverted & appears normal in size (7.3 x 4.6 x 3.3 cm), shape and position. Endometrial and myometrial echoes appear normal. Endometrial thickness measures about 4.6 mm. No evidence of intrauterine pregnancy or uterine mass lesion is seen.

OVARIES: Right ovary is bulky in size measuring approx. 5.1 x 4.3 x 3.5 cm (volume approx. 40.0 cc). Multiple cystic masses are seen in it larger measuring 2.8 x 1.6 cm & 2.3 x 1.4 cm.

Left ovary appears appear normal in size, shape and position. No evidence of solid or cystic ovarian mass lesion is seen on left side.

No evidence of ascites, lymphadenopathy is seen.

Mild gaseous distention of bowel loops is seen.

CONCLUSION:

- Grade I/II generalized fatty infiltration of liver.
- Gall bladder polyp.
- Bulky multi-cystic right ovary as mentioned. Adv: Further evaluation with TVS pelvis/MRI pelvis/compare with previous study.

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Race Course Road, Vadodara

Report Date: 28 Sep 2024 - 01:07 PM

Patient Id : RCR-183228

Patient Name : PANDYA JALPA AAKASH

Age : 42Y 6M 3D

Sex : Female

Ref. Doctor : DR.RMO.STERLING

Study Date : 28 Sep 2024 - 12:38 PM

Dr. Shilpi Gupta MD
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