

MER- MEDICAL EXAMINATION REPORT

Date of Examination	29/08/2024		
NAME	DEEPAK SHARMA		
AGE	25	Gender	Male
HEIGHT(cm)	171 cm	WEIGHT (kg)	50 kg.
B.P.	110/70 mmHg.		
ECG	Normal		
X Ray	NAD		
Vision Checkup	Color Vision : Normal.		
	Far Vision Ratio : 6/6		
	Near Vision Ratio : N5 } Unaided.		
Present Ailments	nil		
Details of Past ailments (If Any)	nil		
Comments / Advice :	She /He is Physically Fit		

Signature with Stamp of Medical Examiner

(Signature)

DR. MUKUL ARTE MBBS, DNB
 Reg. No. 44298 (MMA)
 Approved By DG Shipping, ISM
 Consultant in Marine Medicine & Aviation Medicine
 A-101-102, Hornsea Plaza, 1st Cross Lane,
 Andheri East, Mumbai-400 059
 SEA DND MEDICINE CENTRE

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of DEEPAK CHARMA on 29/08/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions <u>restrictions/recommendations</u> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1..... <u>Repeat CBC after 7 days</u></p> <p>2..... <u>(↓ move)</u></p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. [Signature]
Medical Officer
The Apollo Clinic, (Location)

Dr. MUSKUM ARTE MBBS, DNB
 Regn. No. 44298 (MBC)
 Approved By DG Shipping (RO)
 Consultant in Marine Medicine & Aviation Medicine
 A-102-102, Heritage Plaza, Telt Cross Lane,
 Andheri East, Mumbai-400 069
SRA BIRD MEDICINE CENTRE

This certificate is not meant for medico-legal purposes.



SEA BIRD MEDICARE CENTRE

Report ID : **DSM298115622** Reg. : **29-Aug-2024**
Patient Name : **Mr. DEEPAK SHARMA** Report Date : **29-Aug-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR. MUKUL ARTE** Age/Sex : **25 Year / Male**

CHEST X RAY REPORT

X-Ray No : 7283

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

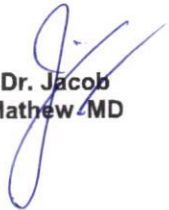
Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704
Powai: 022-25701053 / 25704157 Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



Sea Bird
Sea Bird Medicare Centre



PID NO. : CHA1328

Name : DEEPAK SHARMA

Sex / Age : Male / 25 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
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Reg. Date

29-Aug-2024 / 9:58 am

Coll Date

29-Aug-2024 / 10:03 am

Report Date

29-Aug-2024 / 2:44 pm

REPORT

BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum, Method- IFCC without/with PDP)	11.17	U/L	0 - 41
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.97	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.12	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.85	mg/dl	0.0 - 0.90
Serum Creatinine (Serum, Method- Kinetic Jaffe's)	0.63	mg/dl	0.62 - 1.17

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.200603168C

Page 1 of 10

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Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	7.9	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.63	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	12.5		10 - 20.1
Urea (Serum, Method-Urease)	16.97	mg/dl	16.6 - 48.5

----- End of Report -----

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REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	85.39	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	80.39	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade
Lab Technician

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REPORT

BLOOD GLUCOSE

Test

Result

Units

BIOLOGICAL REFERENCE INTERVAL

----- End of Report -----

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Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BLOOD GROUP			
ABO Group	"O"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

----- End of Report -----

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Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	14.7	gm/dl	13.0 - 17.0
RED BLOOD CELLS			
R.B.C. Count	4.89	million / cumm	4.5- 5.5
HCT	43.7	%	40- 50
MCV	89.3	fL	83 - 101
MCH	30.1	pg	27 - 32
MCHC	33.7	gm / dl	31.5 - 34.5
RDW (CV)	13.7	%	11.6- 14.0
Total W.B.C. Count	3260	/cu.mm.	4000 - 10000
DIFFERENTIAL COUNT			
Neutrophils	56	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	02	%	1 - 6

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Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	02	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	222000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Leucopenia

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

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Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	30	mm at 1hr	0 - 15

Method: Westergren.
Sample: Whole Blood (EDTA)

----- End of Report -----

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Pathologist
MMC Reg No.2006031680

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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.0		5.0 - 9.0
Specific Gravity	1.010		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Occult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

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भारत सरकार
Government of India

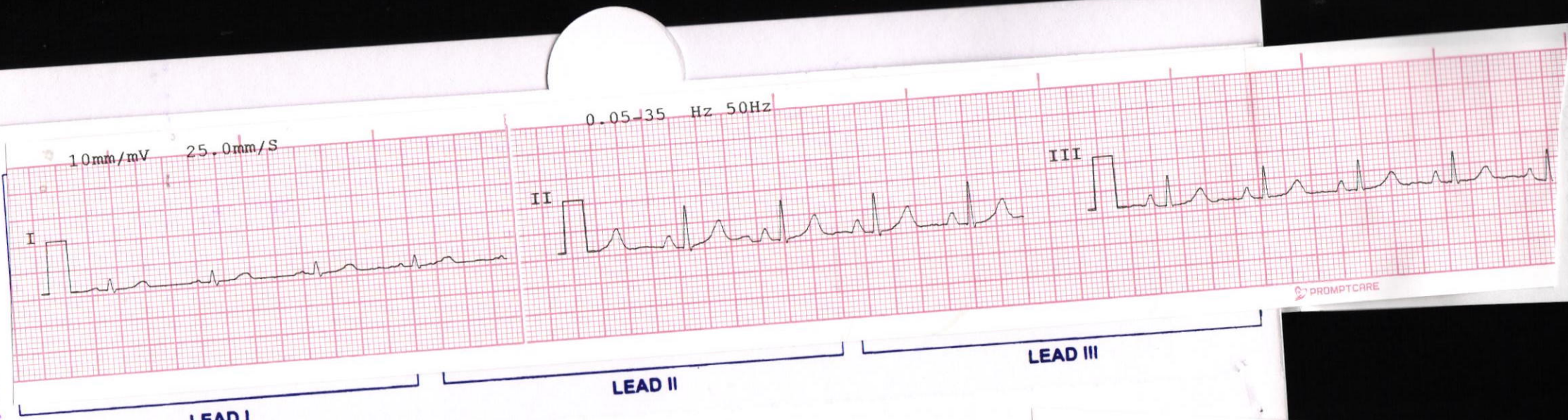
दीपक शर्मा
Deepak Sharma
जन्म तिथि / DOB : 18/05/1999
पुरुष / Male

5621 0500 6239

मेरा आधार, मेरी पहचान

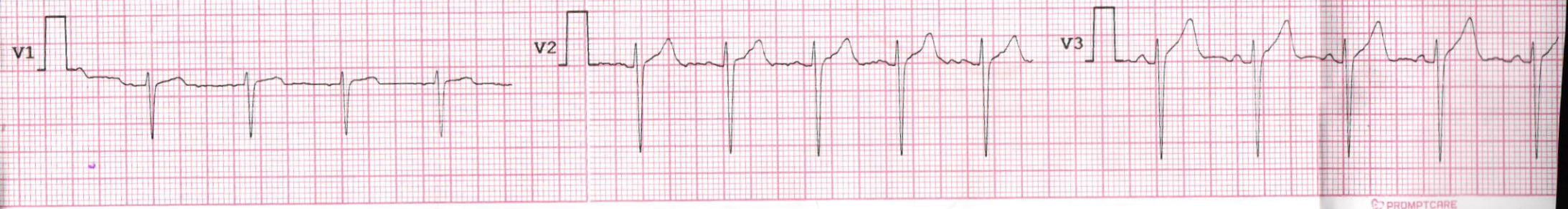


Deepak Sharma



10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



PROMPTCARE

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



HR	: 85	BI
QRS DUR	: 81	m
QT INT	: 350	
QTc INT	: 417	
PR INT	: 142	
RR INT	: 704	
QT/QTc	: 83	
QT/RR	: 49	
P/QRS/T	: 69	

PROMPTCARE

V4

V5

V6

NAME

Deepak Sharma

AGE

25y

DATE

29/8/24

Website: www.seabirdhf.com / Email: seabird@seabirdhf.com

102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076. Tel.: 2570 4157 / 2570 1053

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Sea Bird Medicare Centre
(ISO: 9001 - 2015)

Sea Bird



ELECTROCARDIOGRAPHIC REPORT

E. C. G. REPORT

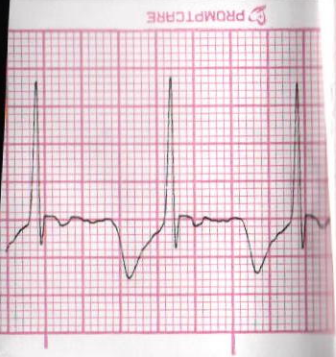
RATE 84/min RHYTHM Regular VOLTAGE N

P.WAVE N PR. INTERVAL NO Q. WAVE

QRS COMPLEX N ST. SEGMENT no ST-elev T. WAVE

REMARKS well

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PROMPTCARE