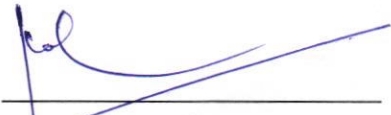


MER- MEDICAL EXAMINATION REPORT

Date of Examination	24/08/2024		
NAME	Arvind Dhanu Palaye		
AGE	37 yrs.	Gender	M
HEIGHT(cm)	162 cm	WEIGHT (kg)	48 kg.
B.P.	124/80 mm Hg		
ECG	normal		
X Ray	NAD		
Vision Checkup	Color Vision : Normal		
	Far Vision Ratio : 6/6 - Uncorrected		
	Near Vision Ratio : N5 - Uncorrected		
Present Ailments	nil		
Details of Past ailments (If Any)	nil		
Comments / Advice : She / He is Physically Fit			


 Signature with Stamp of Medical Examiner

Dr. MUKUL ARTE MBBS, DNB
 Regn. No: 44293 (MMC)
 Approved By DG Shipping (GOI)
 Consultant in Marine Medicine & Aviation Medicine
 A-101-102, Heritage Plaza, Telf Cross Lane,
 Andheri East, Mumbai-400 069
 SEA BIRD MEDICARE CENTRE


CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of MR. Arvind Dhany Palaye on 24/8/24

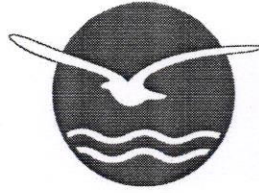
After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. 
Medical Officer
The Apollo Clinic, (Location)

Dr. MUKUL ARTE MBBS, DNB
 Regd. No: 44293 (MMC)
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 Andheri East, Mumbai-400 069
SEA BIRD MEDICARE CENTRE

This certificate is not meant for medico-legal purposes



SEA BIRD MEDICARE CENTRE

Report ID : ADPM2489540

Reg. : 24-Aug-2024

Patient Name : Mr. ARVIND DHANU PALAYE

Report Date : 26-Aug-2024

Rank :

Company Name : M/S. APOLLO HEALTH AND LIFESTYLE

Ref By : DR. MUKUL ARTE

Age/Sex : 36 Year / Male

CHEST X RAY REPORT

X-Ray No : 7081

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.

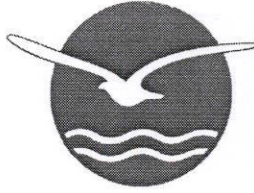

Dr. Jacob
Mathew MD

Proudly... Caring For You

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



SEA BIRD MEDICARE CENTRE

Report ID : **ADPM2489540**
Patient Name : **Mr. ARVIND DHANU PALAYE**
Rank :
Ref By : **DR. MUKUL ARTE**
Location : **SEA BIRD- ANDHERI**

Reg. : **24-Aug-2024**
Report Date : **24-Aug-2024**
Company Name : **M/S. APOLLO HEALTH AND**
Age/Sex : **36 Year / Male**

BIO-CHEMISTRY

INVESTIGATION

Liver Function Test

	<u>OBSERVED VALUE</u>	<u>UNITS</u>	<u>REFERENCE RANGE</u>
SGPT	16	IU/L	9-43 IU/L
Sr.Bilirubin (T)	0.7	mg/dl	0.2-1.2 mg/dl
Sr.Bilirubin (D)	0.1	mg/dl	0.0-0.3 mg/dl
Sr.Bilirubin (I)	0.6	mg/dl	

Renal Function Test

BUN	09	mg/dl	6-21 mg/dl
Sr.Creatinine	0.8	mg/dl	0.7-1.4 mg/dl


Blood Sugar Estimation

Fasting Blood Sugar	98	mg/dl	70-110 mg/dl
Fasting Urine Sugar	Absent		
Post Prandial Blood Sugar	90	mg/dl	70-140 mg/dl
Post Prandial Urine Sugar	Absent		
BUN/Creatinine Ratio	11.2		

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


DR.SANDIP MOHANRAO HUDDEDAR
MBBS, DCP
Pathologist


M O I C


SONALI VASANT ADELKAR
Lab Technician

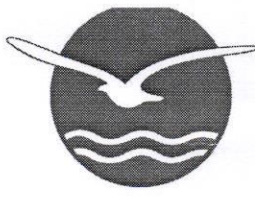
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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



SEA BIRD MEDICARE CENTRE

Report ID : **ADPM2489540**
Patient Name : **Mr. ARVIND DHANU PALAYE**
Rank :
Ref By : **DR. MUKUL ARTE**
Location : **SEA BIRD- ANDHERI**

Reg. : **24-Aug-2024**
Report Date : **24-Aug-2024**
Company Name : **M/S. APOLLO HEALTH AND**
Age/Sex : **36 Year / Male**

HEMATOLOGY

INVESTIGATION


Complete Blood Count

<u>INVESTIGATION</u>	<u>OBSERVED VALUE</u>	<u>UNITS</u>	<u>REFERENCE RANGE</u>
Haemoglobin	15.1	gm/dl	13-18 gm/dl
Total W.B.C	5200	/cu.mm	4000-11000 /cu.mm
Neutrophils	58	%	50-70 %
Lymphocytes	40	%	20-40 %
Eosinophils	02	%	0-7 %
Monocytes	00	%	0-8 %
Basophils	00	%	0-2 %
R.B.C Total	4.51	millions/cu .mm	4.5-5.5 millions/cu.mm
P.C.V	42.8	%	42-55 %
MCV	94.7	femolitre	80-96 femolitre
MCH	33.4	picogram	27-33 picogram
MCHC	35.3	%	32-36 %
W.B.C Morphology	Normal		
R.B.C Morphology	Normal		
Platelet Count	250000	/cu.mm	150000-450000 /cu.mm
Blood Group			
Blood Group	B Positive		
ESR			
ESR	21	mm/hr	0-15 mm/hr

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


DR.SANDIP MOHANRAO HUDDEDAR
MBBS, DCP
Pathologist


M O C


SONALI VASANT ADELKAR
Lab Technician

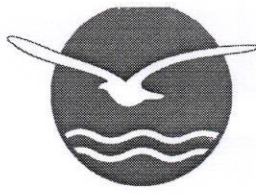
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Patient Name : **Mr. ARVIND DHANU PALAYE**

Report Date : **24-Aug-2024**

Rank :

Company Name : **M/S. APOLLO HEALTH AND**

Ref By : **DR. MUKUL ARTE**

Age/Sex : **36 Year / Male**

Location : **SEA BIRD- ANDHERI**

URINE ROUTINE

INVESTIGATION

OBSERVED VALUE

UNITS

REFERENCE RANGE

Colour	PALE YELLOW		PALE YELLOW
Appearance	CLEAR		CLEAR
Specific Gravity	1.020		1.030
pH	ACIDIC		ACIDIC
Odour	AROMATIC		AROMATIC
Proteins (UR)	ABSENT		ABSENT
Sugar	ABSENT		ABSENT
Bile Salts	ABSENT		ABSENT
Bile Pigments	ABSENT		ABSENT
Ketones (UR)	ABSENT		ABSENT
Occult Blood	ABSENT		ABSENT
Urobilinogen(UR)	ABSENT		ABSENT
Pus Cells (UR)	2-3	/hpf	2-3/hpf
RBC cells	ABSENT	/hpf	2-3/hpf
Epithelial Cells	1-2	/hpf	1-2/hpf
Casts (UR)	ABSENT	/hpf	
Crystals	ABSENT	/hpf	
Bacteria (UR)	ABSENT		ABSENT
Others (UR)	ABSENT		

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


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MBBS, DCP
Pathologist


M O I C


SONALI VASANT ADELKAR
Lab Technician

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Powai: 022-25701053 / 25704157

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सत्यमेव जयते
भारत सरकार



आधार

भारत सरकार
Unique Identification Authority of India

Enrollment No.: 0647/01964/70944

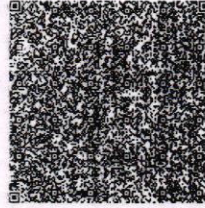
To,
Arvind Dhanu Palaye
S/O Dhanu Palaye
room no 120 Jaldhara Chawl Committee Hanuman tekdi
gate No 2 6th Road Golibar Santacruz(East) S.O
Mumbai
Maharashtra 400055
9969724967

31/10/2011

Ref: 870 / 04N / 91719 / 91846 / P



SB864402689FH



आपका आधार क्रमांक / Your Aadhaar No. :

5540 6612 4709

मेरा आधार, मेरी पहचान



भारत सरकार

Government of India



Arvind Dhanu Palaye
DOB : 23/11/1987
Male



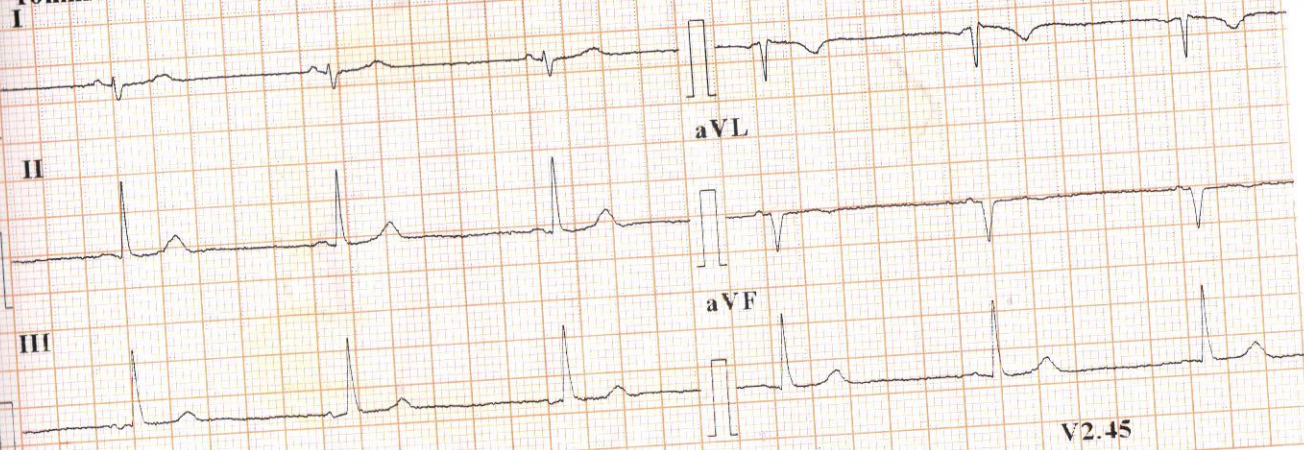
5540 6612 4709

मेरा आधार, मेरी पहचान

Arvind

08-06-2005 09:19:09

10mm/mV 0.67~25Hz AC50

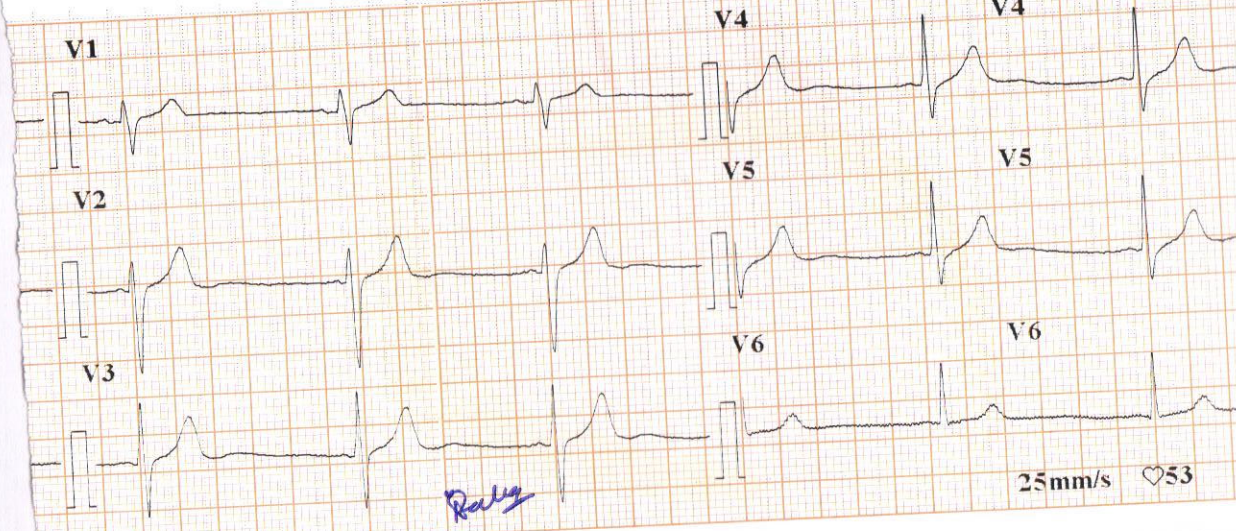


25mm/s ♡54

PROMPTCARE

V2.45

10mm/mV 0.67~25Hz



25mm/s ♡53

Ruby

E. C. G. REPORT

RATE 54/min Q. WAVE _____

RHYTHM Regular QRS COMPLEX N

VOLTAGE N ST. SEGMENT ist. electric

P. WAVE N T. WAVE _____

PR. INTERVAL N

REMARKS well

(sinus bradycardia)

Dr. MUKUL ARTE MBBS, DNB
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A-101-102, Heritage Plaza, Telli Cross Lane,
Andheri East, Mumbai-400 069
SEA BIRD MEDICARE CENTRE

ELECTROCARDIOGRAPHIC REPORT



NAME Arvind

AGE 37 DATE 24/8/2011

- A-101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station), Mumbai - 400069. Tel.: 022-4603 2704 / 81046 06813
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076. Tel.: 2570 4157 / 2570 1053