

Medi-wheel

R/o → Nagpur  
Dr. Vimmi Goel

Head - Non Invasive Cardiology  
Incharge - Preventive Health Care  
MBBS, MD (Internal Medicine)  
Reg. No: MMC-2014/01/0113

Date : 11-06-22

Name : Mr. Ganraj Laxne

Age : 30y Sex (M/F) Weight : 62.1 kg Height : 163.7 in BMI : 23.2

BP : 130/80 mmHg Pulse : 55 bpm RBS : \_\_\_\_\_ mg/dl

SpO<sub>2</sub> : 98%

30m

Non HT

Non DM

No addictions

No compl.

O/E

Imp°

Chru  
in  
P/A | N

Adv

Diet as advised  
Daily walking

Imp → noted

**Dr. VIMMI GOEL**  
MBBS, MD  
Sr. Consultant-Non Invasive Cardiology  
Reg. No.: 2014/01/0113



A unit of SPANV Medisearch Lifesciences Pvt. Ltd.  
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# InBody

[InBody270]

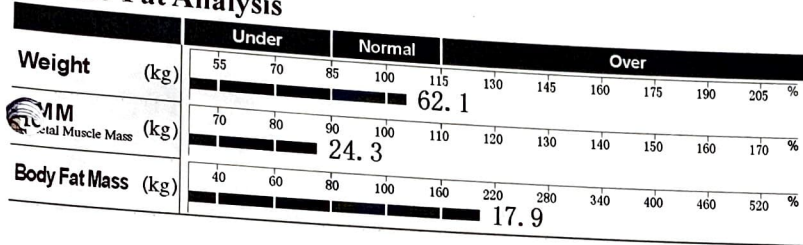
Kingsway Hospital

ID 101203	Height 163.7cm	Age 30	Gender Male	Test Date / Time 11.06.2022 09:10
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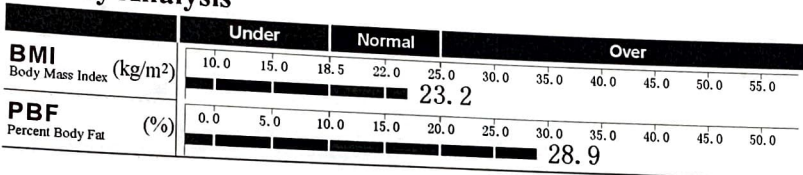
## Body Composition Analysis

Total amount of water in my body	<b>Total Body Water</b> (L)	32.5 (33.1~40.5)
What I need to build muscles	<b>Protein</b> (kg)	8.7 (8.9~10.9)
What I need for strong bones	<b>Mineral</b> (kg)	3.03 (3.07~3.75)
Where my excess energy is stored	<b>Body Fat Mass</b> (kg)	17.9 (7.1~14.2)
Sum of the above	<b>Weight</b> (kg)	62.1 (50.2~67.8)

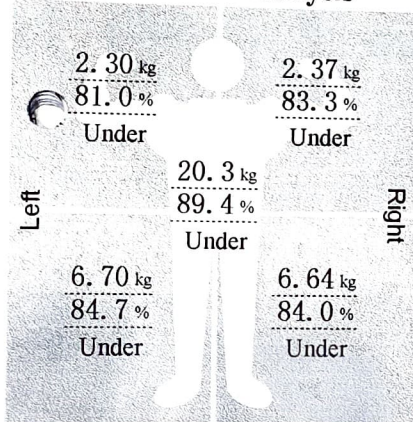
## Muscle-Fat Analysis



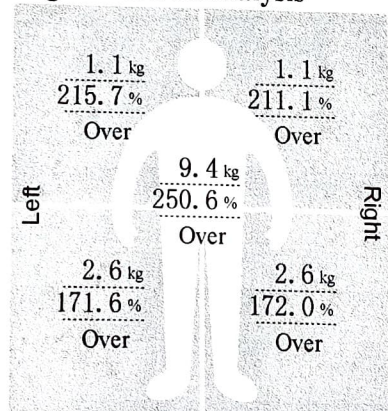
## Obesity Analysis



## Segmental Lean Analysis



## Segmental Fat Analysis



\* Segmental fat is estimated.

## Body Composition History

	11.06.22 09:10					
<b>Weight</b> (kg)	62.1					
<b>SMM</b> (kg)	24.3					
<b>PBF</b> (%)	28.9					

Recent  Total

## InBody Score

65/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight	58.9 kg
Weight Control	-3.2 kg
Fat Control	-9.1 kg
Muscle Control	+5.9 kg

## Obesity Evaluation

BMI	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Slightly Over	<input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal	<input type="checkbox"/> Slightly Over	<input checked="" type="checkbox"/> Over	

## Waist-Hip Ratio

0.92

0.80 0.90

## Visceral Fat Level

Level 7

Low 10 High

## Research Parameters

Fat Free Mass	44.2 kg
Basal Metabolic Rate	1324 kcal (1396~1624)
Obesity Degree	105% (90~110)
SMI	6.7 kg/m <sup>2</sup>
Recommended calorie intake	1953 kcal

## Calorie Expenditure of Exercise

Golf	109	Gateball	118
Walking	124	Yoga	124
Badminton	140	Table Tennis	140
Tennis	186	Bicycling	186
Boxing	186	Basketball	186
Mountain Climbing	202	Jumping Rope	217
Aerobics	217	Jogging	217
Soccer	217	Swimming	217
Japanese Fencing	311	Racketball	311
Squash	311	Taekwondo	311

\*Based on your current weight

\*Based on 30 minute duration

## Impedance

	RA	LA	TR	RL	LL
Z(Ω) 20 kHz	339.1	349.3	27.9	286.9	280.4
100 kHz	305.7	314.8	24.2	257.8	253.0

44 KINGSWAY, NEAR KASTURCHAND PARK, NAGPUR, NEAR  
KASTURCHAND PARK

Nagpur, Maharashtra

India,

\* Patient Name: Mr Ganraj Laxne

Doctor Name: Dr Ashish Kamble

UHID KH101203	Age 30 Y	Gender Male	Admission No. OPRI-16625
Speciality -	Certificate No. -		Created on 11-06-2022 11:27 AM

## OPHTHALMOLOGY - OPHTHALMOLOGY (REFRACTION)

### RIGHT EYE

Sph	Cyl	Axis	Visual Acuity
-3.50	-0.75	45	6/6

### LEFT EYE

Sph	Cyl	Axis	Visual Acuity
-3.75	-0.50	25	6/6

Near: Addition

RIGHT

N6

LEFT

N6

Remarks:

COLOUR VISION NORMAL

Created By

Ashish Kamble

Print Date & Time

11-06-2022 11:27 AM

UHID	KH101203	Patient Name	Mr Ganraj Laxne
Age	30 Y	Gender	Male
Payer Name	Self	Payer Type	cash
Order Date & time	11-06-2022 12:00 AM	Acknowledge Date	11-06-2022 09:29 AM
Refer By	Dr Vimmi Goel	Accession Number	OPRDAC-5682
DOB		Patient Type	OP
Order Id	ODRID-66906		

### X-Ray Chest AP

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

#### IMPRESSION -

**No pleuro-parenchymal abnormality seen.**



Dr. Rajkumar Khandelwal  
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Kingsway Hospitals  
44 Kingsway, Mohan Nagar,  
Near Kasturchand Park, Nagpur

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: Mr. Ganraj, Laxne  
Patient ID: 101203  
Height:  
Weight:  
Study Date: 11.06.2022  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

DOB: 22.04.1992  
Age: 30yrs  
Gender: Male  
Race: Indian  
Referring Physician: Medi Wheel HCU  
Attending Physician: Dr. Vimmi Goel  
Technician: --

### Medications:

Medical History:  
NIL

### Reason for Exercise Test:

Screening for CAD

### Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
RETEST	SUPINE	00:05	0.00	0.00	60	120/80	
	STANDING	00:01	0.00	0.00	60		
	WARM-UP	00:05	0.00	0.00	59		
EXERCISE	STAGE 1	03:00	1.70	10.00	125	120/80	
	STAGE 2	03:00	2.50	12.00	155	150/80	
	STAGE 3	02:55	3.40	14.00	187	150/80	
RECOVERY		01:00	0.00	0.00	139	130/80	
		02:00	0.00	0.00	109	130/80	
		00:14	0.00	0.00	103		

The patient exercised according to the BRUCE for 8:54 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 60 bpm rose to a maximal heart rate of 187 bpm. This value represents 98 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.


Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

### Conclusions:

TMT is negative for inducible ischemia.

  
Dr. VIMMI GOEL  
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Sr. Consultant-Non Invasive Cardiology  
Reg No.: 2014/01/0113

30 Years

Male

11-Jun-22 9:00:46 AM

Kingsway Hospital (Cardiology)

Rate 50 Sinus rhythm  
P 34 Baseline wander in lead(s) V3  
PR 127  
QRSD 85  
QT 392  
QTc 358

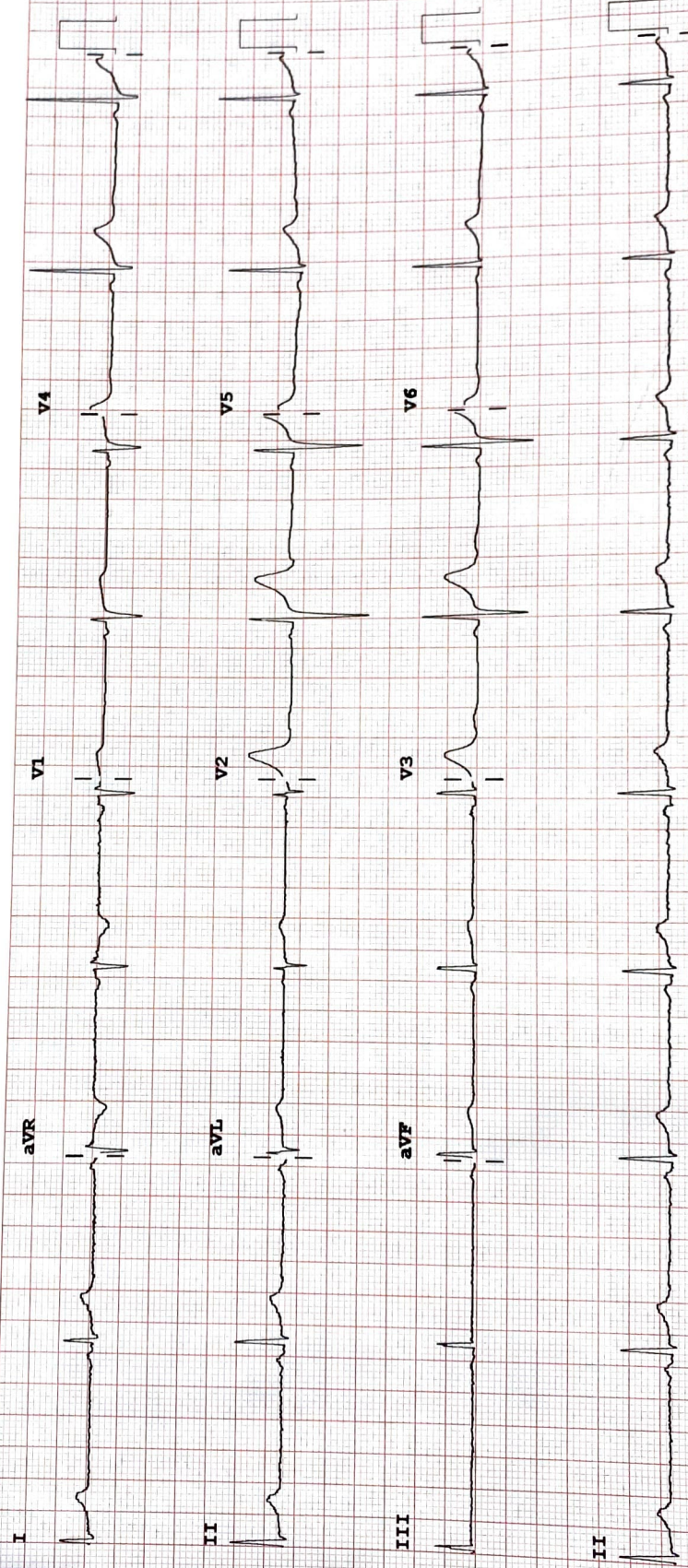
--AXIS--

P 34  
QRS 70  
T 36

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W 100B CL P?



REORDER # M2483A

UHID	KH101203	Order Date & time	11-06-2022
Patient Name	Mr Ganraj Laxne	Sample Collection Date	11-06-2022 08:46 AM
Age/Gender	30 Y/Male	Acknowledge Date	11-06-2022 09:26 AM
Patient Type	OP	Visit No	OP-32205
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-66906	Accession Number	0111741

## Haematology

Service Name	Result	Unit	Reference Range	Method
<b>Haemogram (CBC with ESR), Whole Blood</b>				
<b>Erythrocytes</b>				
* Haemoglobin	16.5	gm/dl	13-17	Photometric Measurement
* RBC count	5.12	millions/cumm	4.5-5.5	Photometric Measurement
* Packed Cell Volume (PCV/HCT)	48.5	%	40-50	Calculated
* MCV	95	fl	83-101	Calculated
* MCH	<b>32.3 H</b>	pg	27-32	Calculated
* MCHC	34.1	gm/dl	31.5-34.5	Calculated
* RDW	12.6	%	11.5-14.0	Calculated
<b>Leucocytes</b>				
* TLC (Total Leukocyte Count)	8000	/cumm	4000-10000	Flow cytometry
* Neutrophils	60.4	%	50-70	
* Lymphocytes	29.5	%	25-30	
* Eosinophils	2.2	%	1-5	
* Monocytes	7.9	%	5-10	
* Basophils	<b>0.0 L</b>	%	1-2	
* Large Immature Cells	0.0	%		
* Absolute Neutrophil Count	4832.00	/cumm	2000-7000	Calculated
* Absolute Lymphocyte Count	2360.00	/cumm	1000-4800	Calculated
* Absolute Eosinophil Count	176.00	/Cumm	20-500	Calculated
* Absolute Monocyte Count	632.00	/cumm	200-1000	Calculated
* Absolute Basophil Count	<b>0.00 L</b>	/cumm	20-100	Calculated
<b>Platelets</b>				
* Platelet Count	223	10 <sup>3</sup> /cumm	150-450	Impedance
* MPV	8.6	fl	6.0-9.5	Calculated
* PCT (Platelet Hematocrit)	<b>0.191 L</b>	%	0.2-0.5	
* PDW (Platelet Distribution Width)	15.0	%	9-17	
<b>Peripheral Smear Examination</b>				
<b>RBC Morphology</b>				
* Normochromic Normocytic	+			
* WBCs	As Above			
* Platelets	Adequate			
* ESR (Westergren)	07	mm/hr	<15	Westergren
* Blood Grouping & RH Factor, Whole Blood & Serum	"B" Rh POSITIVE			Gel Card Method

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Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-66906	Accession Number	0111741

* HbA1c (Glycosylated Haemoglobin), <b>Blood</b>	4.8	%	Non-Diabetic: <=5.6 % Pre-Diabetic: 5.7-6.4 % Diabetic >=6.5 %	HPLC
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### Clinical Biochemistry

Service Name	Result	Unit	Reference Range	Method
Fasting Blood Sugar	98.0	mg/dL	<100	GOD/POD, Colorimetric
* Post Prandial Blood Sugar, <b>Plasma</b>	82.0	mg%	<140	GOD/POD, Colorimetric
<b>Lipid Profile, Serum</b>				
Cholesterol	165.00	mg/dL	<200	Enzymatic Method
Triglyceride	<b>208.0 H</b>	mg/dL	Normal Less than 150 mg/dl Borderline High 150 - 199 mg/dl High 200 - 499 mg/dl Very High More than 499 mg/dl	Enzymatic(Lipase /GK/GPO/POD)
HDL Cholesterol Direct	<b>30.0 L</b>	mg/dL	Major risk factor for Heart disease <40 mg/dl (Males) Major risk factor for Heart disease<50 mg/dl (Female) Negative risk factor for Heart disease >60 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol (Direct)	<b>108.8 H</b>	mg/dL	Optimal <100 mg/dl Near optimal 100 - 129 mg/dl Borderline high 130 - 159 mg/dl High 60 - 189 mg/dl Very High >190 mg/dl	Enzyme method
VLDL	<b>42.00 H</b>	mg/dL	<30	Calculated
Cholesterol/HDL Ratio	5.00		3-5	Calculated
Non HDL	135.00	mg/dL		Calculated
<b>Kidney Function Test (KFT), Serum</b>				
Blood Urea	<b>18.00 L</b>	mg/dL	19-43	Urease with indicator dye
Creatinine	0.90	mg/dL	0.66-1.25	Enzymatic (creatinine amidohydrolase)
Sodium	145	mmol/L	136-145	Direct ion selective electrode
Potassium	<b>5.11 H</b>	mmol/L	3.5-5.1	Direct ion selective electrode
<b>Liver Function test, Serum</b>				
Total Bilirubin	0.74	mg/dL	0.2-1.3	Azobilirubin /Dyphylline
Bilirubin Direct	<b>0.35 H</b>	mg/dL	0.1-0.3	
Bilirubin Indirect	0.39	mg/dL	0.1-1.1	
SGOT (AST)	28	U/L	15-40	Kinetic with pyridoxal 5 phosphate
SGPT (ALT)	27	U/L	10-40	Kinetic with pyridoxal 5 phosphate
Alkaline Phosphatase	80.00	U/L	38-126	
Total Protein	7.95	gm/dl	6.3-8.2	Biuret(Alkaline cupric Sulfate)
Albumin	4.75	gm/dl	3.5-5.0	



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Order Id	ODRID-66906	Accession Number	0111741

Globulin	3.20	gm/dl	2-4	
Albumin/Globulin Ratio	1.50			
<b>Thyroid Function Test (T3,FT4,TSH), Serum</b>				
* T3	1.38	ng/mL	0.55-1.7	Enhanced chemiluminescence
* Free T4	1.60	ng/dL	0.8-1.7	
* Thyroid Stimulating Hormone (TSH)	1.50	uIU/mL	0.5-4.8	Enhanced chemiluminescence

### Clinical Pathology

Service Name	Result	Unit	Reference Range	Method
<b>Urine Routine and Microscopy, Urine</b>				
<b>Physical Examination</b>				
Volume	30 ml			
Appearance	Clear			
Colour	Dark Yellow			
PH	6.0	NA	4.6-8.0	
Specific Gravity	1.020	NA	1.016-1.022	Iodometric method
<b>Chemical Examination</b>				
Protein	Negative	mg/dL		
Glucose	Negative			
Ketone	Negative			
Bilirubin	Negative			
Urobilinogen	Normal			
Nitrate	Negative			
<b>Microscopic Examination</b>				
Pus Cells	0-1	/ hpf		
Epithelial Cells	0-1	/ hpf		
Red Blood Cells	Absent	/ hpf		
Crystal	Absent			
Cast	Absent	/hpf		
Bacteria	Absent			
Other	.			
Urine Sugar Fasting, Urine	Absent			GOD/POD
Urine Post Prandial Sugar, Urine	Absent			GOD/POD

( End of Report )

(\*\*\*\*\* Electronically Generated Report \*\*\*\*\*)



Dr Vaidehee Naik  
 Consultant Pathologist  
 2015/05/2163



Dr Purva Jaiswal  
 Consultant Pathologist  
 2018/10/5141

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UHID	KH101203	Order Date & time	11-06-2022
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