

PHYSICIAN CONSULTATION

DATE:- 11-02-2023

NAME:- Prateek Joshi

DOB: 08-02-1989

AGE:- 33yrs

SEX:- Male

HEIGHT:- 175 cms

WEIGHT:- 89 kgs

BP READING:- 122 / 80 mm Hg

PULSE :- 76/min

BMI :- 29.06 kg/m²

MEDICATION:- NO

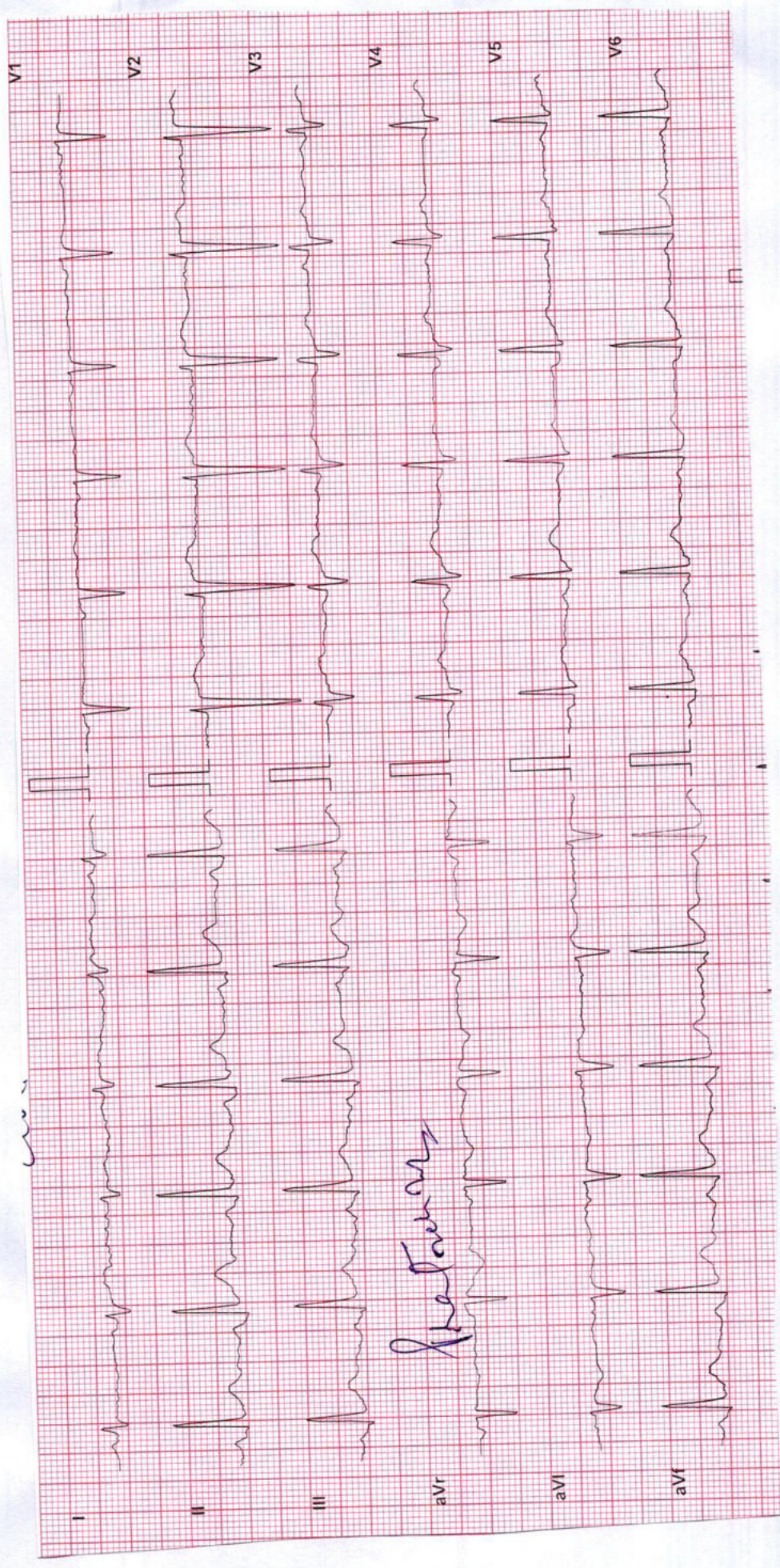
NIRUP
DR. N. R. SHAH
G-4383 - M.D.



11/2/03

Joshi Ruteek

M. 32



T. Ryne
 DR. N. R. SHAH
 G-4383 M.D.

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भारत सरकार

Government of India

प्रतीक जोशी

Prateek Joshi



Prateek

जन्म तिथि/DOB: 08/02/1989

पुरुष / Male



2065 0013 6137

आधार - आम आदमी का अधिकार

Patient Details

Name: PRATEEK JOSHI
 Clinical History: NONE

Age: 33 y Sex: M

Date: 2/11/2023

Time: 8:59:18 AM

Height: 175 cms

Weight: 89 Kgs

Medications: NONE

Test Details

Protocol: Bruce

Pr.MHR: 187 bpm

THR: 158 (85 % of Pr.MHR) bpm

Total Exec. Time: 8 m 48 s

Max. HR: 162 (87% of Pr.MHR) bpm

Max. Mets: 10.20

Max. BP: 154 / 88 mmHg

Max. BP x HR: 24948 mmHg/min

Min. BP x HR: 6240 mmHg/min

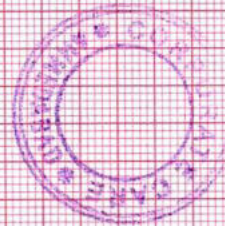
End Point Criteria: TARGET HEART RATE ACHIEVED.

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mm/s)
Supine	1 : 36	1.0	0	0	80	122 / 80	-5.73 V6	-5.31 V6
Standing	0 : 48	1.0	0	0	78	122 / 80	-3.18 V3	5.94 V4
Hyperventilation	0 : 12	1.0	0	0	80	122 / 80	-0.42 II	0.64 II
1	3 : 0	4.6	1.7	10	138	134 / 82	-5.94 III	-5.94 III
2	3 : 0	7.0	2.5	12	138	148 / 86	-5.94 I	-5.94 aVf
Peak Ex	2 : 48	10.2	3.4	14	162	154 / 88	-5.31 V6	-5.52 aVf
Recovery(1)	3 : 0	1.0	0	0	103	138 / 84	-2.55 aVr	3.61 II
Recovery(2)	3 : 0	1.0	0	0	113	128 / 80	-0.64 III	0.64 II
Recovery(3)	0 : 30	1.0	0	0	112	128 / 80	-0.64 III	0.42 II

Interpretation

Normal Haemodynamic Response.
 Normal Chronotropic Response.
 Good Exercise Tolerance.
 Normal HR and BP Response.
 No Angina. No Arrhythmias.
 No ST-T changes present in exercise & Recovery.
 Test Negative For Exercise Inducible Ischemia.



DR. N. R. SHAH
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 G-4383 M.D.

Prateek Joshi

Ref. Doctor: -----

(Summary Report edited by user)

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PRATEEK JOSHI (33 M) ID: 4585 Date: 2/11/2023 Exec Time : 0 m 0 s Stage Time : 1 m 30 s HR: 80 bpm

Protocol: Bruce Stage: Supine Speed: 0 mph Grade: 0 % (THR: 158 bpm) B.P: 122 / 80

ST Level (mm) ST Slope (mm / s) ST Level (mm) ST Slope (mm / s)

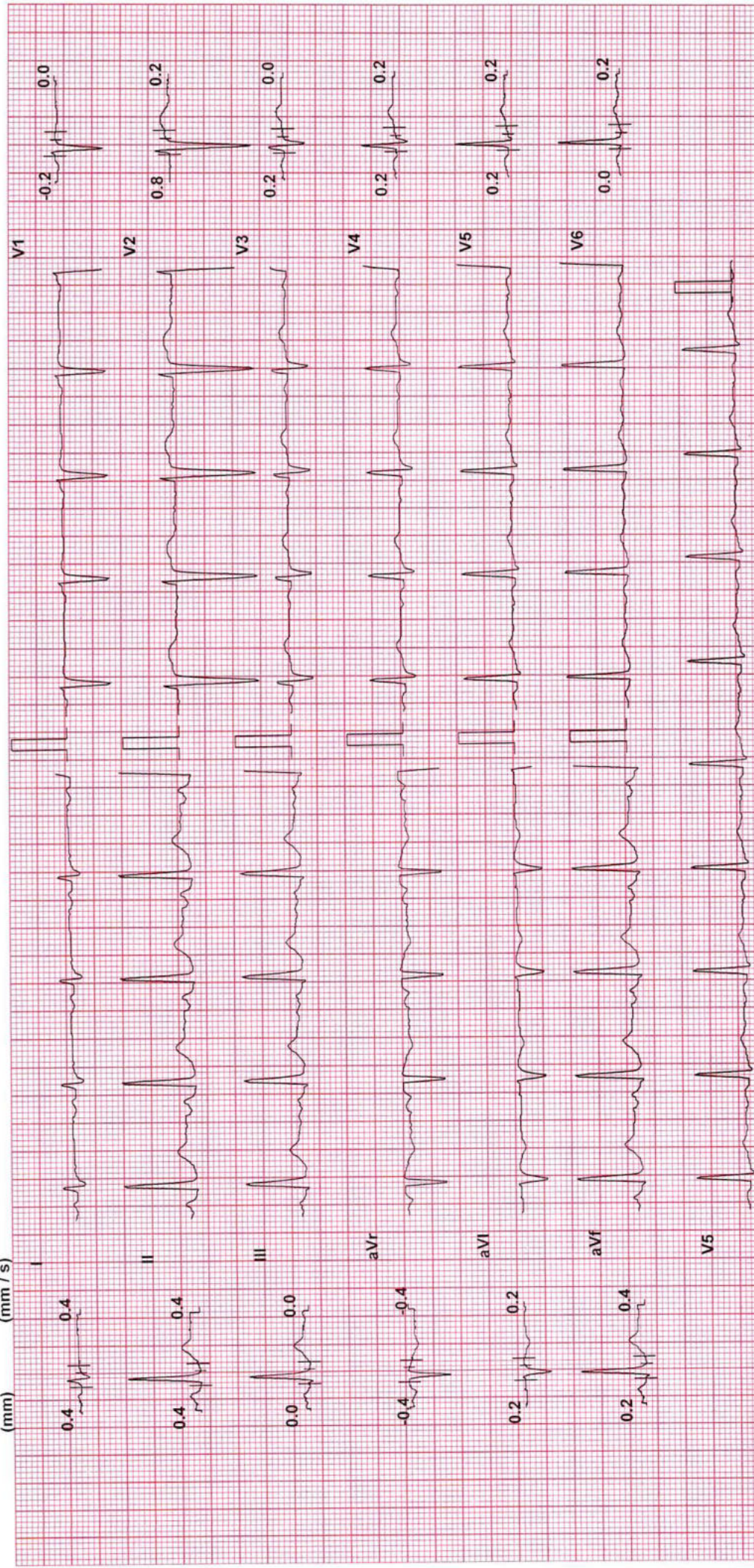


Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filtr: ON Amp: 10 mm Iso = R - 60 ms J = R + 60 ms Post J = J + 60 ms

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Prateek Joshi

PRATEEK JOSHI (33 M)

ID: 4585

Date: 2/11/2023

Exec Time : 0 m 0 s

Stage Time : 0 m 42 s **HR: 78 bpm**

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 122 / 80

ST Level (mm) ST Slope (mm / s)

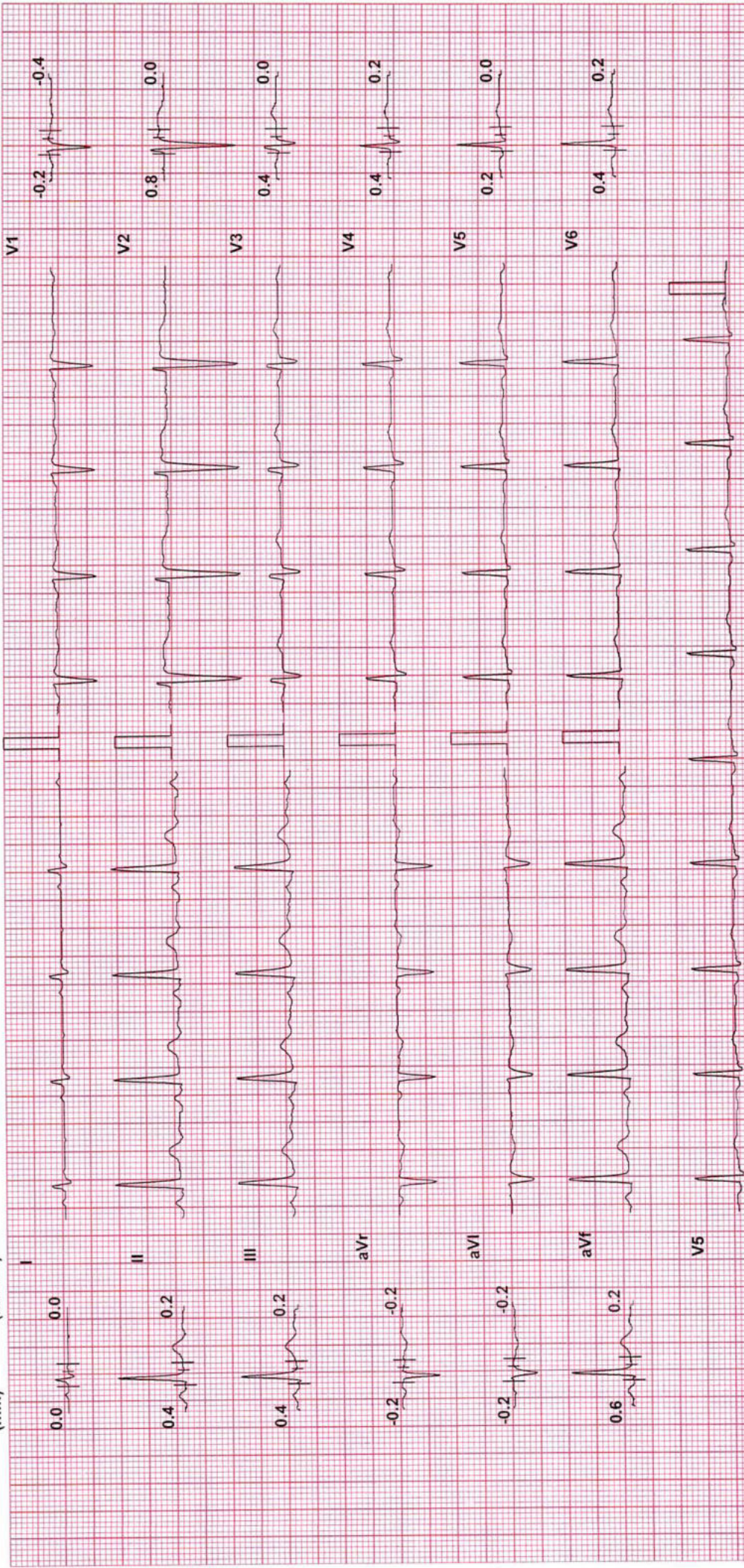


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post: J - J + 60 ms

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Signature

PRATEEK JOSHI (33 M)

ID: 4585

Date: 2/11/2023

Exec Time : 0 m 0 s

Stage Time : 0 m 6 s

HR: 80 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

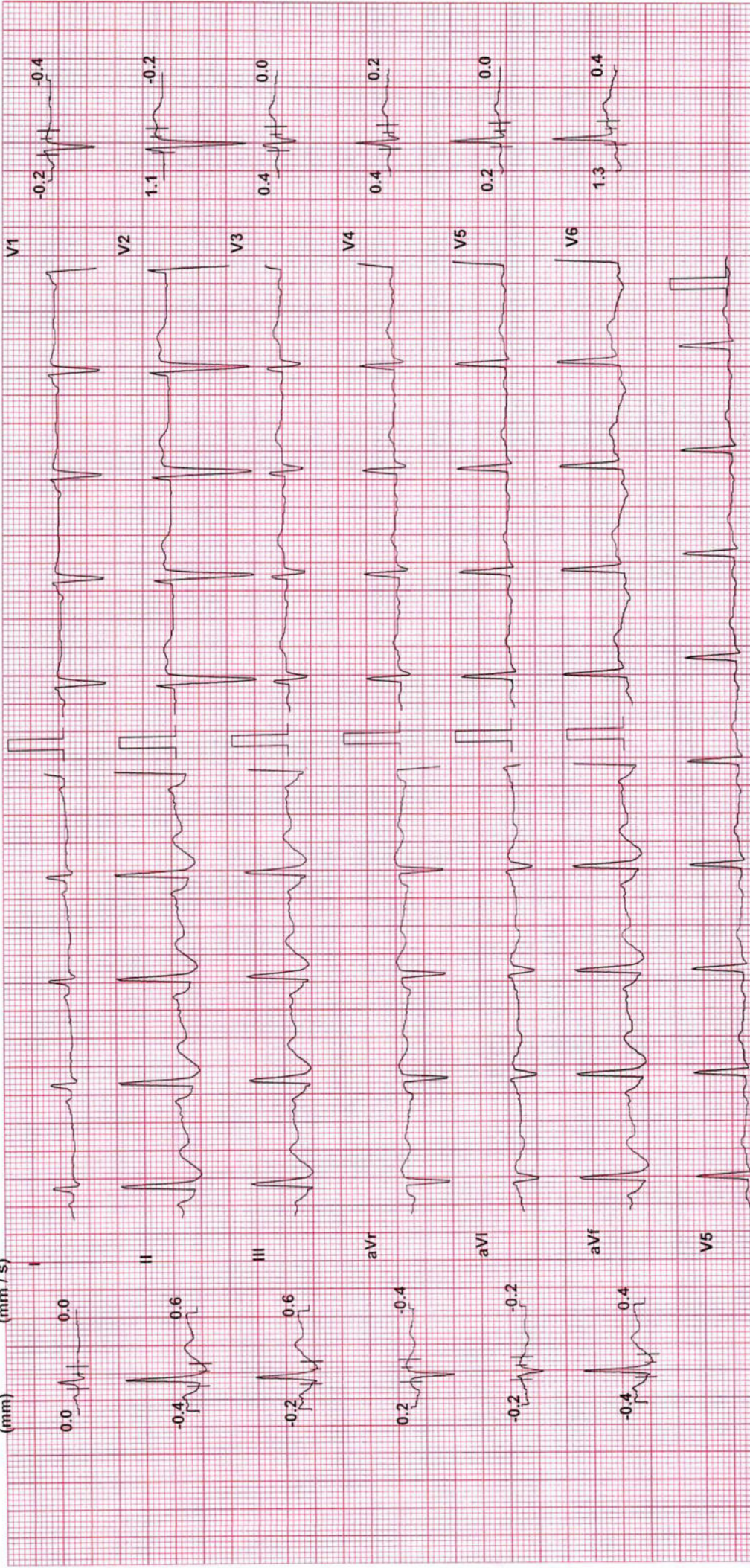
B.P: 122 / 80

ST Level (mm)

ST Slope (mm / s)

ST Level (mm)

ST Slope (mm / s)



ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Mains Filtr: ON

Amp: 10 mm

Filter: 35 Hz

Chart Speed: 25 mm/sec
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PRATEEK JOSHI (33 M)

ID: 4585

Date: 2/11/2023

Exec Time : 2 m 54 s Stage Time : 2 m 54 s **HR: 112 bpm**

Protocol: Bruce

Stage: 1

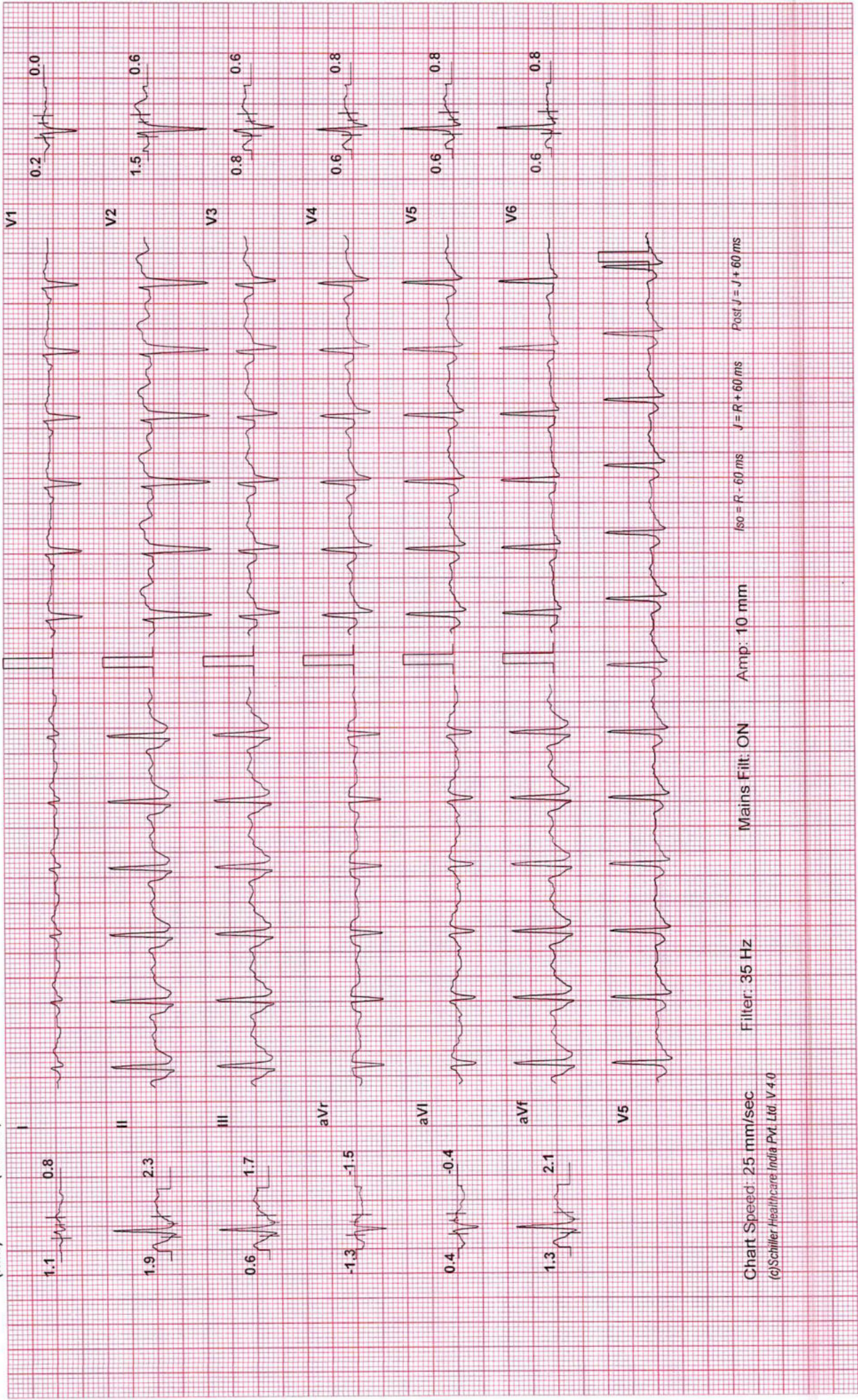
Speed: 1.7 mph Grade: 10 %

(THR: 158 bpm)

B.P: 134 / 82

ST Level (mm) ST Slope (mm / s)

ST Level (mm) ST Slope (mm / s)



Filter: 35 Hz

Mains Filt: ON Amp: 10 mm

ISO = R - 60 ms J = R + 60 ms Post J = J + 60 ms

Chart Speed: 25 mm/sec

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PRATEEK JOSHI (33 M)

ID: 4585

Date: 2/11/2023

Exec Time : 5 m 54 s Stage Time : 2 m 54 s **HR: 137 bpm**

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 % (THR: 158 bpm) B.P: 148 / 86

ST Level (mm) ST Slope (mm / s)

ST Level (mm) ST Slope (mm / s)

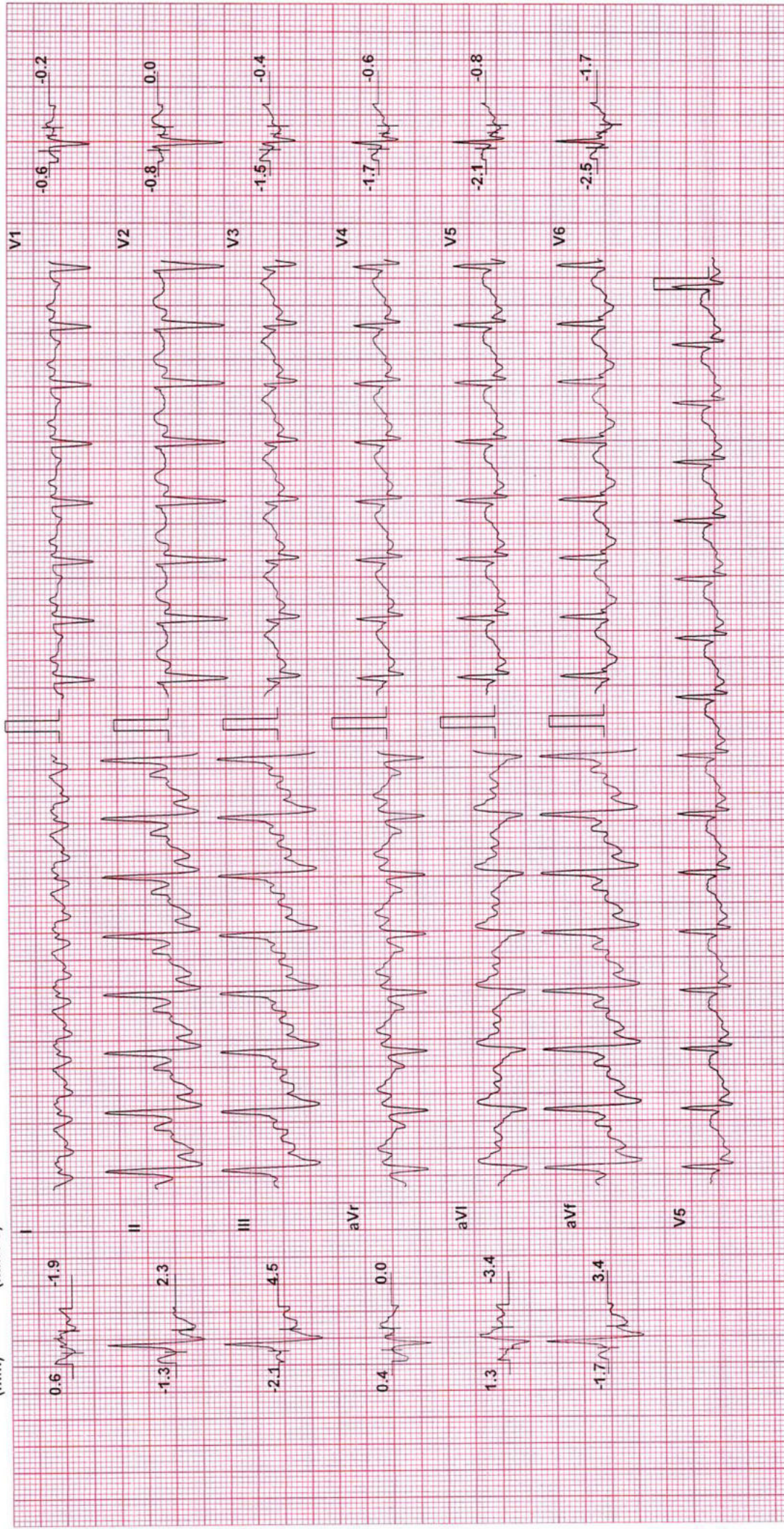


Chart Speed: 25 mm/sec Filter: 35 Hz Mains Fil: ON Amp: 10 mm Iso = R - 60 ms J = R + 60 ms Post J = J + 60 ms

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Prateek Joshi

PRATEEK JOSHI (33 M)

ID: 4585

Date: 2/11/2023

Exec Time : 8 m 42 s Stage Time : 2 m 42 s **HR: 163 bpm**

Stage: Peak Ex

Speed: 3.4 mph Grade: 14 %

B.P: 154 / 88

Protocol: Bruce

ST Level (mm) ST Slope (mm / s)

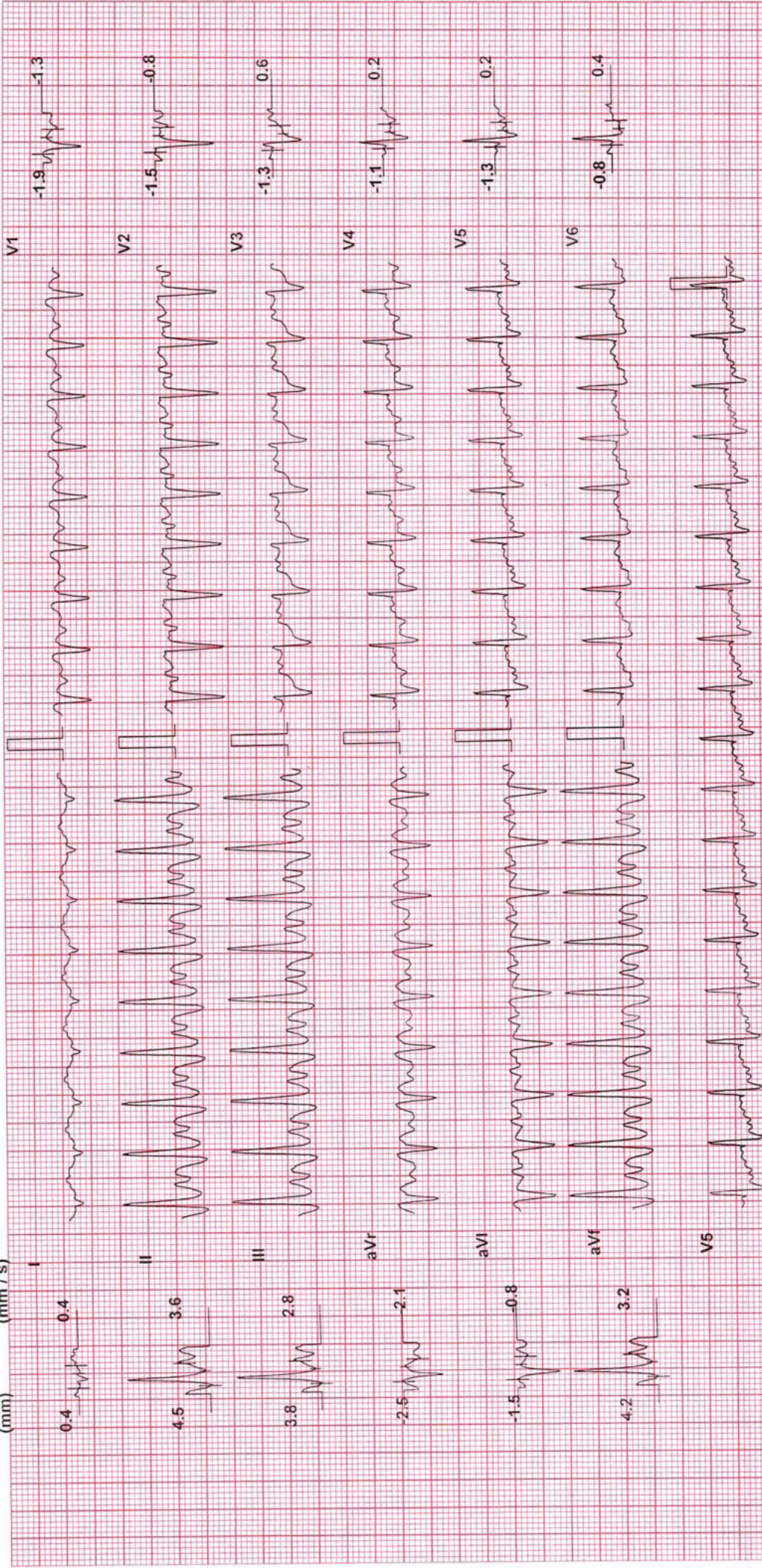


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON Amp: 10 mm

ISO = R - 60 ms J = R + 60 ms

Post J = J + 60 ms

PRATEEK JOSHI (33 M)

ID: 4585

Date: 2/11/2023

Exec Time : 8 m 48 s Stage Time : 2 m 54 s **HR: 103 bpm**

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 138 / 84

ST Level (mm) ST Slope (mm / s)

ST Level (mm) ST Slope (mm / s)

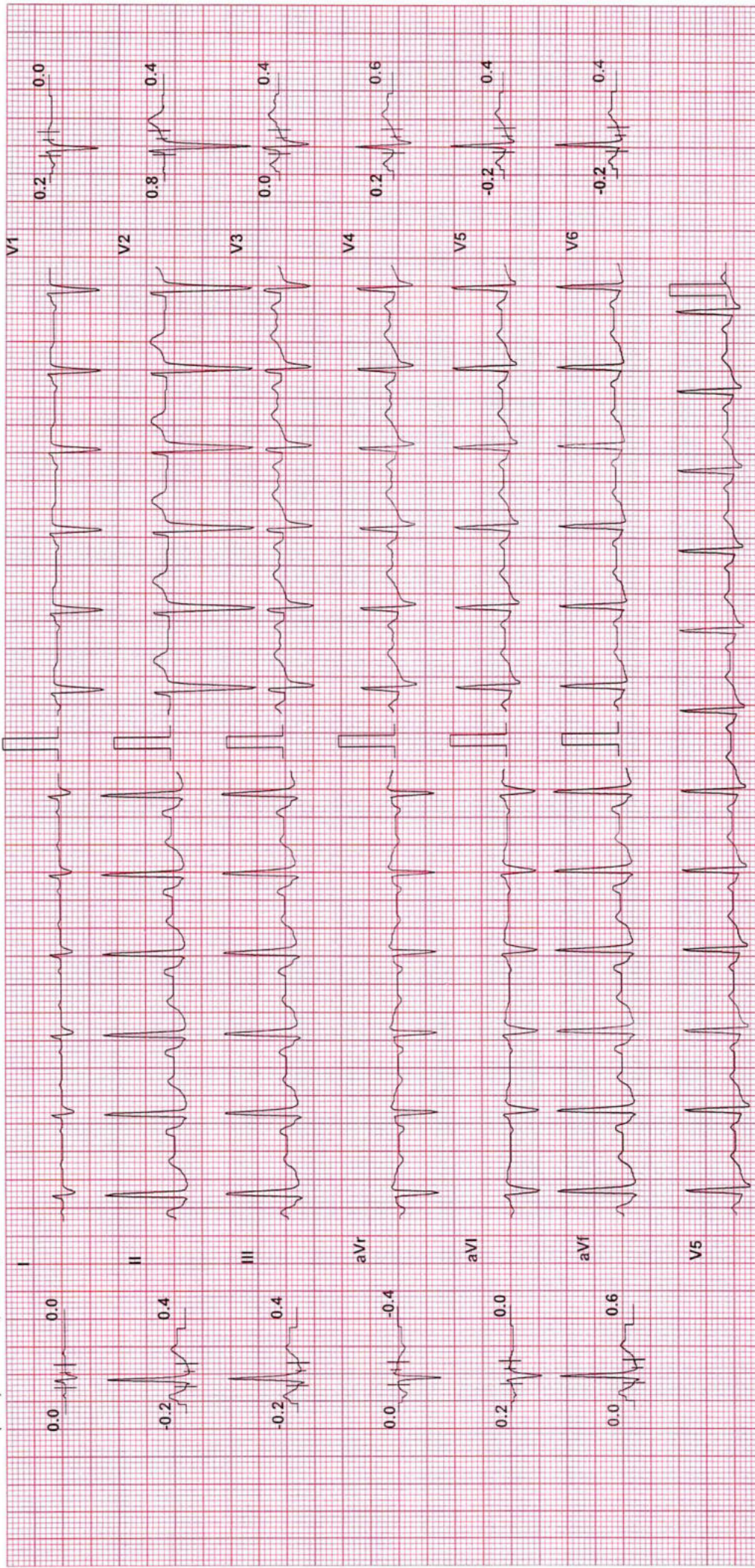


Chart Speed: 25 mm/sec

Mains Filt: ON

Filter: 35 Hz

Amp: 10 mm

60 = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

PRATEEK JOSHI (33 M)

ID: 4585

Date: 2/11/2023

Exec Time : 8 m 48 s Stage Time : 2 m 54 s **HR: 113 bpm**

Stage: Recovery(2)

Speed: 0 mph Grade: 0 %

B.P: 128 / 80

Protocol: Bruce

ST Level (mm) ST Slope (mm / s)

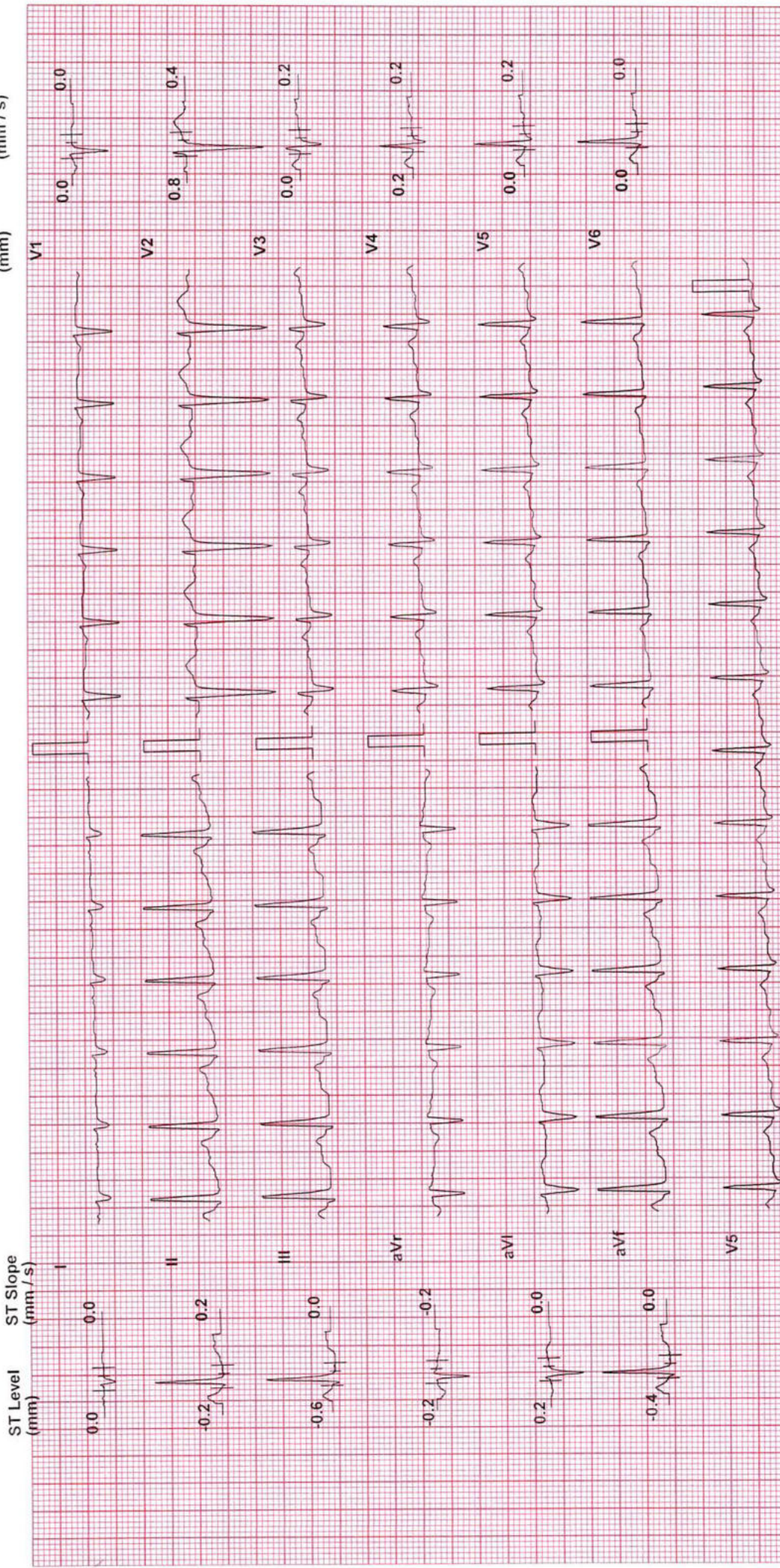


Chart Speed: 25 mm/sec
(C)Schiller Healthcare India Pvt. Ltd. V.4.0

Filter: 35 Hz Mains Filtr: ON Amp: 10 mm Iso = R - 60 ms J = R + 60 ms Post J = J + 60 ms

PRATEEK JOSHI (33 M)

ID: 4585

Date: 2/11/2023

Exec Time : 8 m 48 s Stage Time : 0 m 24 s **HR: 89 bpm**

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 128 / 80

ST Level (mm)

ST Slope (mm / s)

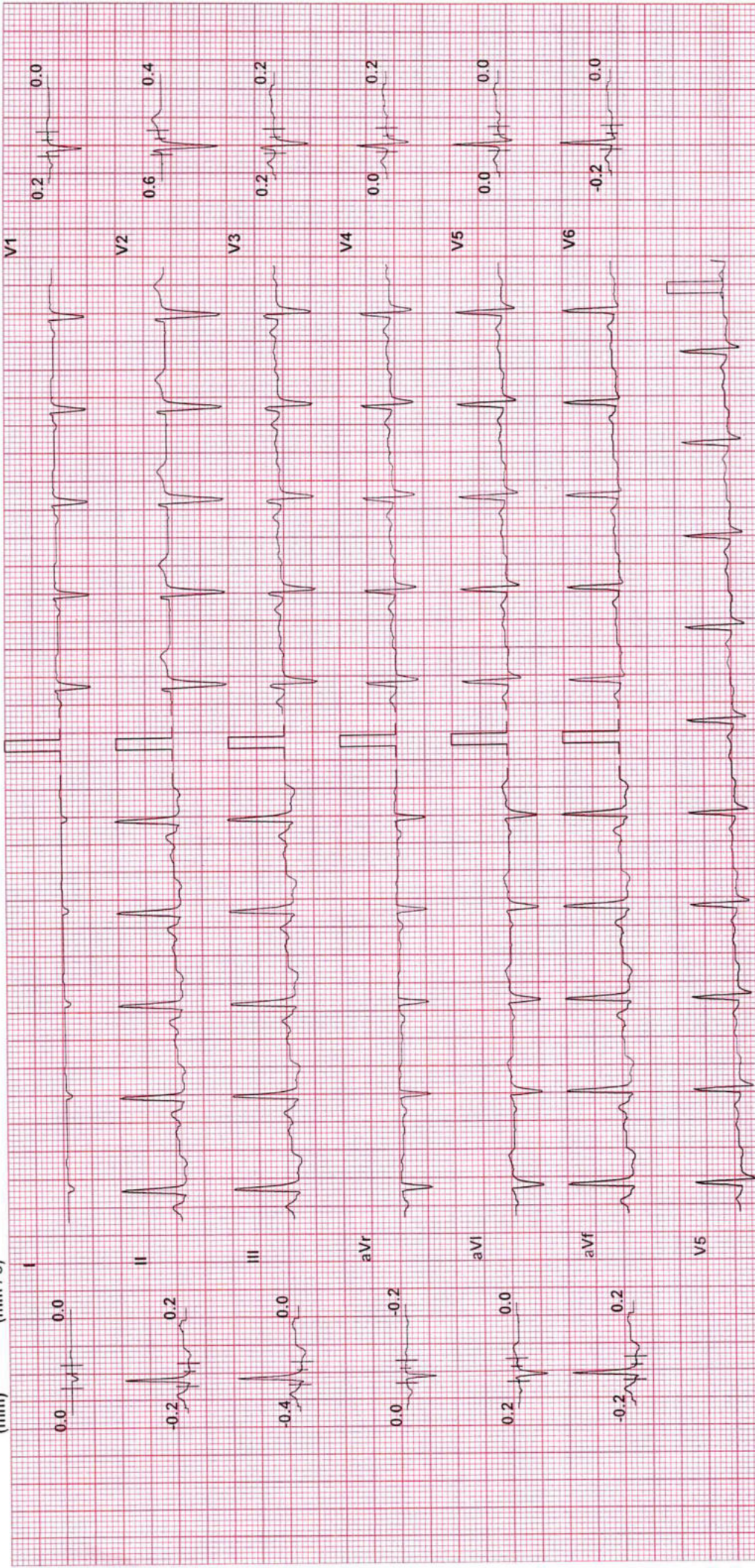


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mV/mm


ISO = R - 60 ms

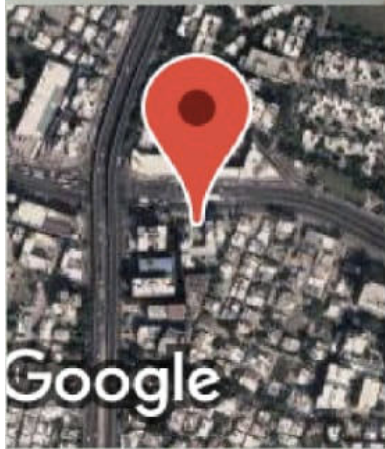
J = R + 60 ms

Post J = J + 60 ms

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 GPS Map Camera



Ahmedabad, Gujarat, India

1, Surendra Mangaldas Rd, Shivranjani,
Bimanagar, Ambawadi, Ahmedabad, Gujarat
380015, India

Lat 23.024018°

Long 72.531194°

11/02/23 08:32 AM GMT +05:30



भारत सरकार

Government of India



प्रतीक जोशी

Prateek Joshi

जन्म तिथि/DOB: 08/02/1989

पुरुष / Male

2065 0013 6137



आधार - आम आदमी का अधिकार



Patient Name : Prateek Joshi
Sample No.. : 2735
Referred : Mediwheel

Age/Sex : 33 Years/Male
Registration On:11/02/2023/08:24
Approved On : 11/02/2023 17:05

THYROID FUNCTIONS

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>NORMAL VALUE</u>
Serum T3 :	1.22	ng/dl	0.6 - 1.80 ng/dl
Serum T4 :	8.5	microgm/dl	4.5 - 10.9 microgm/dl
Serum T.S.H :	1.790	microU/ml	0.35 - 5.55 microU/ml

COMMENTS :

TSH levels may be affected by acute illness and drugs like doapamine and gluco corticoids.
Low or undetectable TSH is suggestive of Grave~s disease
TSH between 5.5 to 15.0 with normal T3 T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3 T4 with slightly low TSH suggests subclinical Hyperthyroidism.
TSH suppression does not reflect severity of hyperthyroidism therefore , measurement of FT3 ,FT4 is important.
FreeT3 is first hormone to increase in early Hyperthyroidism.
Only TSH level can prove to be misleading in patients on treatment. Therefore FreeT3 , FreeT4 along with TSH should be checked.
During pregnancy clinically T3 T4 can be high and TSH can be slightly low



Pathologist
Dr.Pravin Shah
(M.D.Path) G-15478



Patient Name : Prateek Joshi
Sample No.. : 2735
Referred : Mediwheel

Age/Sex : 33 Years/Male
Registration On:11/02/2023/08:24
Approved On : 11/02/2023 12:02

COMPLETE BLOOD COUNT

<u>Test</u>		<u>Sample :</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Ref. Interval</u>
<u>BLOOD COUNT</u>					
Hemoglobin	colorimetric		14.31	g/dL	13.0 - 17.0 g/dL
R.B.C Count	Electrical impedance		5.11	mill/cmm	4.2 - 5.3 mill/cmm
W.B.C Count	Electrical impedance		7.92	10 ³ /uL	4.0 - 10.0 10 ³ /uL
Platelet Count	Electrical impedance		215.4	10 ³ /uL	150 - 450 10 ³ /uL
<u>DIFFERENTIAL COUNT</u>					
Polymorphs	Microscopic		66	%	60 - 70 %
Lymphocytes	Microscopic		30	%	20 - 40 %
Eosinophils	Microscopic		02	%	1 - 4 %
Monocytes	Microscopic		02	%	2 - 6 %
Basophils	Microscopic		00	%	0 - 1 %
<u>BLOOD INDISES</u>					
HCT	Rbc Histogram		43.7	%	40 - 50 %
MCV	Calculated		85.5	fl	78 - 100 fl
MCH	Calculated		28.0	pg	27 - 31 pg
MCHC	Calculated		32.7	g/dl	32 - 36 g/dl
RDW-CV	Calculated		11.8	%	11.5 - 14.0 %

PERIPHERAL SMEAR EXAMINATION

SMEAR WBC LINE 1: Are within normal limits.

SMEAR Platelets: Adequate

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Erythrocyte sedimentation rate

ESR AT 1 hour westergren 08 mm/Hour 00 - 15



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* 2 7 3 5 *

Patient Name : Prateek Joshi
Sample No.. : 2735
Referred : Mediwheel

Age/Sex : 33 Years/Male
Registration On:11/02/2023/08:24
Approved On : 11/02/2023 12:06

BLOOD GROUP

Test

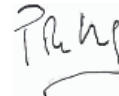
BLOOD GROUP

RH GROUP

Result

: "O"

: POSITIVE.



Pathologist

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Patient Name : Prateek Joshi
Sample No.. : 2735
Referred : Mediwheel

Age/Sex : 33 Years/Male
Registration On:11/02/2023/08:24
Approved On : 11/02/2023 14:03

RENAL FUNCTION

Specimen :

Test

Sr. Creatinine:

(mod-jaffes)

Urea:

(GLDH)

Blood Urea Nitrogen:

(Calculated)

Bun/Creat Ratio:

(Calculated)

Result

0.77

21.63

10.11

13.13

Unit

mg/dl

mg/dl

mg/dl

Normal Range

0.6 - 1.2 mg/dl

10 - 50 mg/dl

08 - 23 mg/dl



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Patient Name : Prateek Joshi
Sample No.. : 2735
Referred : Mediwheel

Age/Sex : 33 Years/Male
Registration On:11/02/2023/08:24
Approved On : 11/02/2023 14:05

COMPLETE BLOOD CHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Normal Range</u>
S. Cholesterol	: 142.46	mg/dl	Desirable : < 200 Borderline High : 200 - 239 High : > 240
Serum Triglycerides	: 112.05	mg/dl	Normal : Normal < 150 Borderline : 150 - 199 High : > 200
HDL Cholesterol	: <u>39.69</u>	mg/dl	40 - 60 mg/dl
Serum LDL Cholesterol (Calculated)	: 80.36	mg/dl	Up to 150
Cholesterol/HDLC Ratio (Calculated)	: 3.59	mg/dl	Up to 5.0
Serum VLDL Cholesterol (Calculated)	: 22.41	mg/dl	Up to 35
LDLC/HDLC Ratio (Calculated)	: 2.02	mg/dl	Up to 3.4
Total Lipid (Calculated)	: 524.56	mg/dl	400 - 1000 mg/dl
S. Bilirubin (Total)	: 0.46	mg/dl	0.1 - 1.2 mg/dl
S. Bilirubin (Direct)	: 0.20	mg/dl	up to 0.2
S. Bilirubin (Indirect)	: 0.26	mg/dl	up to 1.0
SGOT	: 29.36	U/L	up to 40
SGPT	: 28.23	U/L	up to 42
GGT	: 21.18	U/L	12 - 64
S. Alkaline Phosphatase	: 72.0	U/L	40 - 129
Total Proteins	: 6.51	g/dl	6.0 - 8.3
Albumin	: 4.10	g/dl	3.5 - 5.2
Globulins	: 2.41	g/dl	2.4 - 3.7
AGRATIO	: 1.701		

Prateek



EQAS
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E-mail : corporatecare0120@gmail.com



* 2 7 3 5 *

Patient Name : Prateek Joshi
Sample No.. : 2735
Referred : Mediwheel

Age/Sex : 33 Years/Male
Registration On:11/02/2023/08:24
Approved On : 11/02/2023 14:05

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Patient Name : Prateek Joshi
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Age/Sex : 33 Years/Male
Registration On:11/02/2023/08:24
Approved On : 11/02/2023 14:05

Glycosylated HB - (HBA1C)

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Ref Interval</u>
HBA1C: (Immunoturbidimetric)	4.96	%	Normal : ≤ 5.6 Prediabetes : 5.7 - 6.4 Diabetes : ≥ 6.5 <u>DIABETES CONTROL CRITERIA</u> 6 - 7 : Near Normal Glycemia < 7 : Goal 7 - 8 : Good Control > 8 : Action Suggested
Mean Blood Glucose:	95.65	mg/dl	

Criteria for the diagnosis of diabetes

- HbA1c ≥ 6.5 *
Or
- Fasting plasma glucose >126 gm/dL. Fasting is defined as no caloric intake at least for 8 hrs.
Or
- Two hour plasma glucose ≥ 200 mg/dL during an oral glucose tolerance test by using a glucose load containing equivalent of 75 gm anhydrous glucose dissolved in water.
Or.
- In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose ≥ 200 mg/dL. *In the absence of unequivocal hyperglycemia, criteria 1-3 should be confirmed by repeat testing. American diabetes association. Standards of medical care in diabetes 2011. Diabetes care 2011;34;S11.

Limitation of HbA1c

- In patients with Hb variants even analytically correct results do not reflect the same level of glycemic control that would be expected in patients with normal population. 2) Any cause of shortened erythrocyte survival or decreased mean erythrocyte survival or decreased mean erythrocyte age eg. hemolytic diseases, pregnancy, significant recent/chronic blood loss etc. will reduce exposure of RBC to glucose with consequent decrease in HbA1c values. 3) Glycated HbF is not detected by this assay and hence specimens containing high HbF ($>10\%$) may result in lower HbA1c values than expected.

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Sample No.. : 2735
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Age/Sex : 33 Years/Male
Registration On:11/02/2023/08:24
Approved On : 11/02/2023 17:24

BLOOD SUGAR LEVEL

Specimen :

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Ref. Interval</u>
Fasting Blood Sugar: (GOD-POD)	86.26	mg/dl	70-110
Post Prandial Blood Glucose: (GOD-POD)	101.2	mg/dl	100 - 150

American Diabetes Association Reference Range :
Normal : < 100 mg/dl
Impaired fasting glucose(Prediabetes) : 100 - 126 mg/dl
Diabetes : >= 126 mg/dl

Conditions that can result in an elevated blood glucose level include: Acromegaly, Acute stress (response to trauma, heart attack, and stroke for instance), Chronic kidney disease, Cushing syndrome, Excessive consumption of food, Hyperthyroidism, Pancreatitis A low level of glucose may indicate hypoglycemia, a condition characterized by a drop in blood glucose to a level where first it causes nervous system symptoms (sweating, palpitations, hunger, trembling, and anxiety), then begins to affect the brain (causing confusion, hallucinations, blurred vision, and sometimes even coma and death). A low blood glucose level (hypoglycemia) may be seen with: Adrenal insufficiency, Drinking excessive alcohol, Severe liver disease, Hypopituitarism, Hypothyroidism, Severe infections, Severe heart failure, Chronic kidney (renal) failure, Insulin overdose, Tumors that produce insulin (insulinomas), Starvation.



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Patient Name : Prateek Joshi
Sample No.. : 2735
Referred : Mediwheel

Age/Sex : 33 Years/Male
Registration On:11/02/2023/08:24
Approved On : 11/02/2023 12:03

URINE EXAMINATION

PHYSICAL :

Colour - **Pale Yellow**
Deposits - **Absent**
Transparency - **Clear**
Reaction - **Acidic**
Sp. Gravity - **1.002**

CHEMICAL :

Albumin - **Absent**
Sugar - **Absent**
Bile Salts - **Absent**
Bile Pigments - **Absent**

MICROSCOPIC: (After centrifugation at 2000 r.p.m. for 5 minutes)

Pus Cells - **0-1** /h.p.f.
Red Cells - **Not seen** /h.p.f.
Epithelial Cells - **2-4** /h.p.f.
Casts - **Not seen**/l.p.f.
Crystals - **Not seen**
Amorphous - **Not seen**


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* 2 7 3 5 *

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Age/Sex : 33 Years/Male
Registration On:11/02/2023/08:24
Approved On : 11/02/2023 14:05

kidney function test

Specimen:

Test

Result

Unit

Normal Range

S. Uric Acid:

(Uricase-pod)

Sr. Creatinine:

(mod-jaffes)

Urea:

(GLDH)

3.62

0.77

21.63

mg/dl

mg/dl

mg/dl

3.2 - 7.2 mg/dl

0.6 - 1.2 mg/dl

10 - 50 mg/dl

Intrinsic renal damage (< 40: 1)



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