

OP Slip

UHID No :- UD-232419043 **OP No** :- OP-232444770 **OP Date** :- 09 Mar 2024
12:30PM
Pt. Name :- Mrs Asha **Age/Sex** :- 33 Y/Female **Mob. No** :- 9992339838
Pay Type :- Emp. Credit **Token No** :- NOR. - 53 **Paid** :- 0.00
Deptt. :- GENERAL MEDICINE **Consultant** :- Dr ANURAG KAUSHAL (MD)
Address :- Ward No. 8, Near Post Office, Kalayat, Kaithal **Empanelment** :- Mediwheel

Present Complaints:

Go Dysphagia

Diagnosis:

Pre-Diabetes

Treatment/Preventive Care/Nutrition Advised:

g

*Diets as advised
Life style changes as advised
Cap Pantoc - D E/S 1 → ×
Cap Costrum plus OD × → 1 →*

7 days

Pankaj

Dr. Anurag Kaushal
MD(Medicine)INTENSIVIST
1504-HCMS

Dr. Neha Khareja
M.S.(Obst & Gynae)
HMC-5795

Past/Family History:

Drug Allergy (If any):

Examination (Vitals):

BP: _____ PR: _____ RR: _____

Temp: _____ SPO2: _____

Weight: *70kg*. Height: *158 CMS.*

Investigations:

Out Time:

Doctor Signatures:

Next Follow-up:

Nutritional Screening: Wt. Loss Loss of Appetite Muscle Wasting Delay Wound Healing Lethargy Decrease Mobility

Pain Scale



OPD Timing : 10:00 AM - 6:00 PM (Sunday Closed)

OP Slip

UHID No :- UD-232419043 OP No :- OP-232444771 OP Date :- 09 Mar 2024
Pt. Name :- Mrs Asha Age/Sex :- 33 Y/Female 12:30PM
Pay Type :- Emp. Credit Mob. No :- 9992339838
Deptt. :- GYNAECOLOGY Token No :- NOR. - 26 Paid :- 0.00
Address :- Ward No. 8, Near Post Office, Consultant :- Dr NEHA KHANEJA (MS)
Kalayat, Kaithal Empanelment :- Mediwheel

Present Complaints:

Go white discharging

Diagnosis:

Treatment/Preventive Care/Nutrition Advised:

Acta: Capbantiop 1000 mg 2x1
Jan 2021 - 23 day
Clingen Mmapress 27 day
Haradr
Lamcid 1000mg

Past/Family History:

Drug Allergy (If any):

Cap's Talus

Examination (Vitals):

BP: 126/88 mmHg PR: 91 BPM RR:
Temp: SPO2: 97%
Weight: 70 kg. Height: 158 cms.

Investigations:

Out Time:

Dr. Neha Khaneja
M.S. (Obstt & Gynae)
HMC-5795
Dr. RISHABH MARWAH
MD DM Cardiology
Consultant Interventional
Cardiology
Shri Balaji Aarogyam Hospital,
Reg. No. HNS/188
Doctor Signatures:

Next Follow-up:

Nutritional Screening: Wt. Loss Loss of Appetite Muscle Wasting Delay Wound Healing Lethargy Decrease Mobility

Pain Scale



OPD Timing : 10:00 AM - 6:00 PM (Sunday Closed)



SHRI BALAJI AROGYAM HOSPITAL

KURUKSHETRA

Patient Demographics

ASHA

Patient ID: 232419043

Gender: F

Performed By: DR RISHABH MARWAH

Comments

NORMAL CHAMBER DIMENSIONS
 IAS/IVS INTACT
 AORTIC ROOT/MPA NORMAL
 NORMAL VALVE MORPHOLOGY
 NO SIGNIFICANT REGURGITATION
 NO RWMA
 NORMAL SYSTOLIC FUNCTION
 NORMAL DIASTOLIC FUNCTION
 NO CLOT/VEG/PE
 IVC- NORMAL

Adult Echo: Measurements and Calculations

2D

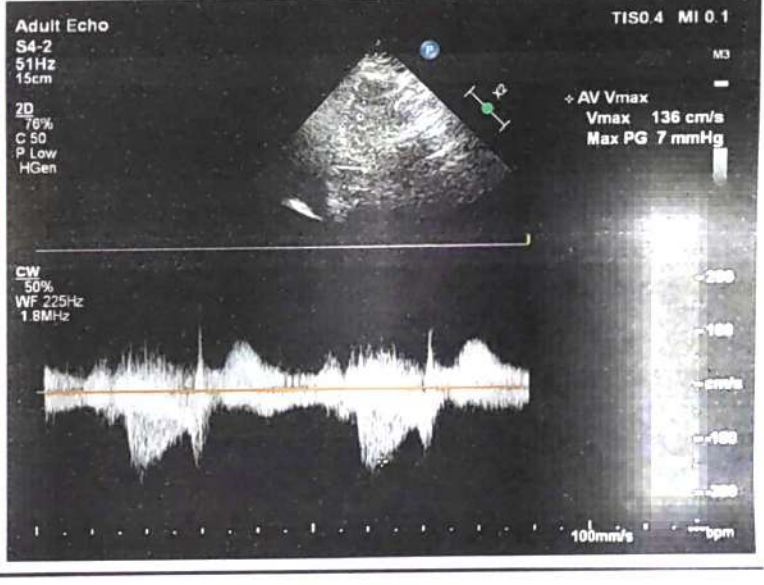
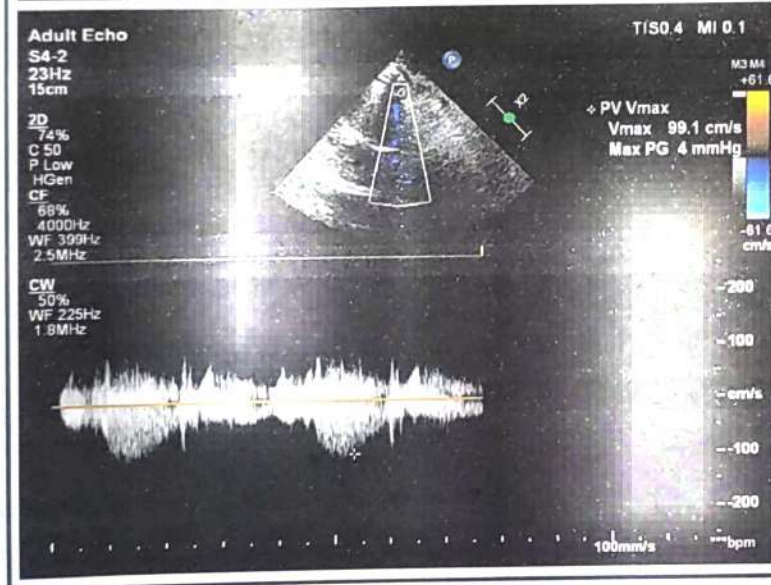
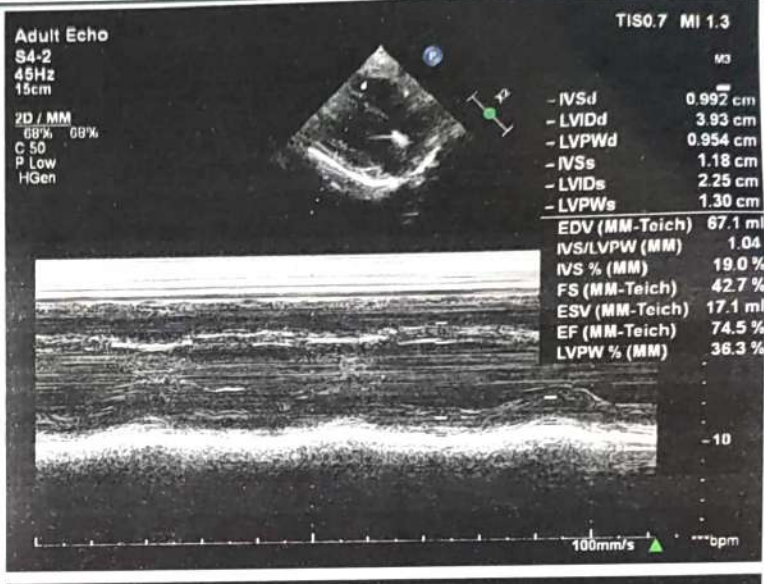
LV Mass (Cubed)	119 g	LA/Ao (2D)	1.14
LA Dimen (2D)	3.2 cm	AoR Diam (2D)	2.8 cm

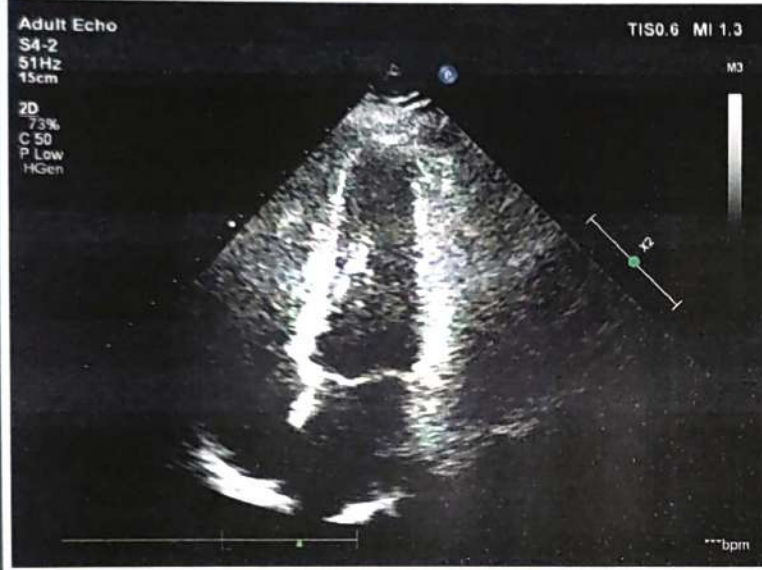
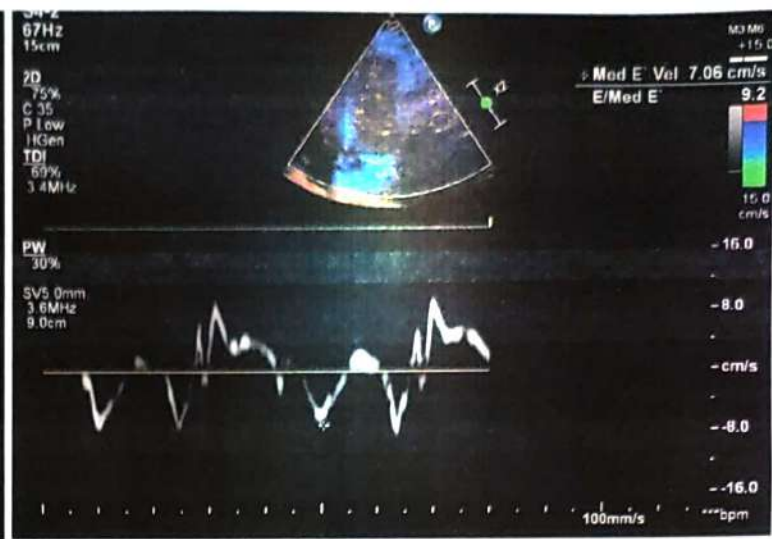
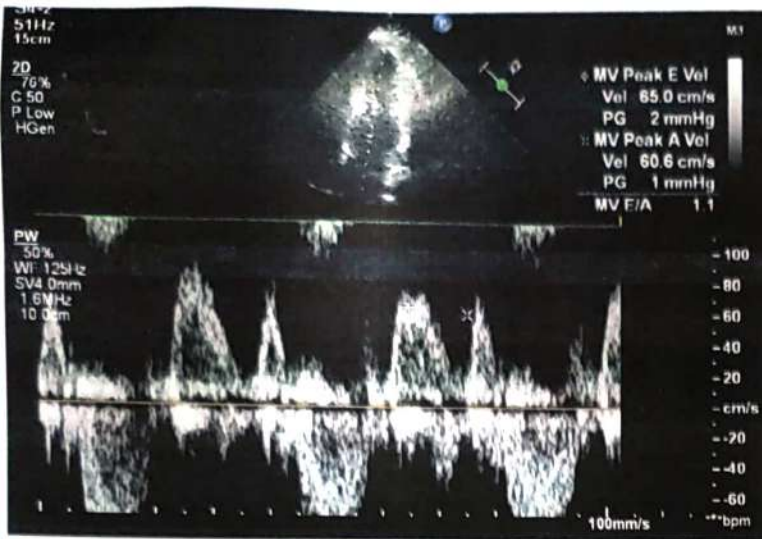
MMode

IVSd (MM)	0.992 cm	EDV (MM-Teich)	67.1 ml	SV (MM-Cubed)	49.3 ml
LVIDd (MM)	3.93 cm	ESV (MM-Teich)	17.1 ml	EF (MM-Cubed)	81.2 %
LVPWd (MM)	0.954 cm	SV (MM-Teich)	50.0 ml	FS (MM-Cubed)	42.7 %
IVSs (MM)	1.18 cm	FS (MM-Teich)	42.7 %	IVS % (MM)	19.0 %
LVIDs (MM)	2.25 cm	EF (MM-Teich)	74.5 %	LVPW % (MM)	36.3 %
LVPWs (MM)	1.30 cm	EDV (MM-Cubed)	60.7 ml		
IVS/LVPW (MM)	1.04	ESV (MM-Cubed)	11.4 ml		

AV Vmax		MV E/A	1.1	PV Vmax	
Max PG	7 mmHg			Max PG	4 mmHg
Vmax	136 cm/s			Vmax	99.1 cm/s
MV Peak E Vel		Med E` Vel	7.06 cm/s		
Vel	65.0 cm/s				
PG	2 mmHg				
MV Peak A Vel		E/Med E`	9.2		
Vel	60.6 cm/s				
PG	1 mmHg				

Images





Signature

Signature:
Name(Print):

Dr. RISHABH MARWAH
 MD DM Cardiology
 Consultant Interventional
 Cardiology
 Shri Bala Ji Aarogyam Hospital,
 Reg.No. HN8708

Date:



**SHRI BALAJI
AAROGYAM HOSPITAL
PVT. LTD**

01744-270255
99926-30762
99964-44762



Regd. off.: BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkk@gmail.com

CIN : U93000HR2018PTC074193

Typed by: Varsha

PATIENT NAME	MRS. ASHA	AGE/SEX	33 Y / FEMALE
REFERRED BY:	SELF	DATE	09.03.2024

USG WHOLE ABDOMEN

LIVER:-Is normal in size measuring 13.5 cm **with increased echogenicity s/o fatty liver.** No focal lesion is seen in the liver parenchyma. IHBR's are not dilated. The PV is normal.

GALL BLADDER: - normal in size and distensibility. The wall thickness is normal. No evidence of any peri-cholecystic collection is seen. No evidence of calculus is seen.

A well defined hypoechoic area measuring 18.0 x 16.5 mm is seen in the peri-cholecystic region – likely focal fatty sparing.

CBD is normal in course and caliber.

PANCREAS:-Head and proximal body of pancreas are normal in outline and echotexture. Rest of the pancreas obscured by bowel shadows.

SPLEEN: - is normal in size measuring 9.7 cm and echotexture. No focal lesion is seen.

RIGHT KIDNEY:-It is normal in size measuring 8.6 x 4.1 cm, normal in position and echotexture. CMD is maintained. The pelvi-calyceal system is compact. No evidence of calculus or hydronephrosis is seen.

LEFT KIDNEY:-It is normal in size measuring 9.5 x 4.0 cm, normal in position and echotexture. CMD is maintained. The pelvi-calyceal system is compact. No evidence of calculus or hydronephrosis is seen.

URINARY BLADDER:- is minimally distended.

VISUALIZED UTERUS: - is normal in size. Echotexture is normal. Both ovaries are normal in size & echotexture.

No free fluid is seen in abdomen and pelvis.
No evidence of any mesenteric lymphadenopathy noted.
Visualized bowel loops appear unremarkable.

IMPRESSION:

- > **FATTY LIVER GRADE II.**
- > **A WELL DEFINED HYPOECHOIC AREA IN THE PERI-CHOLECYSTIC REGION – LIKELY FOCAL FATTY SPARING.**

Please Correlate Clinically.

DR. ISHA GOYAL,
DMRD (CMC LUDHIANA)
Ex. Fortis Hospital Ludhiana
Consultant Radiologist





Name : Ms. ASHA
 Lab No. : 463997824
 Ref By : ANURAG KAUSHAL
 Collected : 09/03/2024 3:12:00PM
 A/c Status : P
 Collected at : SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD
 PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS
 STAND Kurukshetra 136118
 Age : 33 Years
 Gender : Female
 Reported : 11/3/2024 5:51:32PM
 Report Status : Final
 Processed at : LPL-NATIONAL REFERENCE LAB
 National Reference laboratory, Block E,
 Sector 18, Rohini, New Delhi -110085

CYTOPATHOLOGY REPORT

CYTOPATH NO : [18253]

SPECIMEN : Cervical/vaginal cytology (LBC - Ezi Prep)

CLINICAL HISTORY : No history or clinical findings received.

MICROSCOPY : By Bethesda system terminology, 2014
A) Statement of adequacy : Smear is satisfactory for evaluation.
B) Microscopy : The smear shows mainly superficial and intermediate squamous cells with occasional polymorphs. No Trichomonas or fungal organisms seen.
C) Endocervical cells : Absent
D) Koilocytotic cells : Absent
E) Dysplastic cells : Absent
F) Malignant cells : Absent

GENERAL CATEGORIZATION : Negative for intraepithelial lesion and malignancy.

IMPRESSION : **Negative for intraepithelial lesion and malignancy.**

ASCO/CAP GUIDELINES:

-	<u>HPV unknown</u>	<u>HPV positive</u>	<u>HPV Negative</u>
Unsatisfactory	Repeat cytology after 2-4 mths	Colposcopy	Repeat cytology after 2-4 mths
NILM with EC/TZ	Routine screening	HPV genotyping /repeat co-testing @ 1 year	Routine screening
NILM without EC/TZ	HPV testing	Repeat co-testing @ 1 year	Routine screening
ASCUS	HPV testing	Colposcopy	Repeat cotesting@3 year
LSIL	Colposcopy	Colposcopy	Cotesting @ 1 year
ASC - H	Colposcopy	Colposcopy	Colposcopy
HSIL	"Immediate LEEP"	"Immediate LEEP"	"Immediate LEEP"
AGC	<u>EB & Endocervical Bx</u>	<u>EB & Endocervical Bx</u>	<u>EB & Endocervical Bx</u>

SCREENING GUIDELINE: 21-29 years - Cytology only every 3 yrs ; 30-65 yrs - Cotesting every 5 years ; < 21 & > 65 yrs - Screening not recommended

DMC 104767

Dr. Mariam Siddiqui
 MD, DNB (Pathology)
 Senior Resident - NRL

DMC 5141

Dr Rajiv Tangri
 MD, Pathology
 Technical Director - Histopathology and
 Cytopathology - NRL

Note: 1. Slides / Blocks can be issued only on advise of the referring consultant after a minimum of 48 hours.
 2. Gross specimens will be retained only for a period of 1 month after the date of reporting.
 3. Contact histopathology department for any clarification.



Name : Ms. ASHA
Lab No. : 463997825
Ref By : Dr. DR ANURAG KAUSHAL
Collected : 9/3/2024 1:27:00PM
A/c Status : P
Collected at : SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD
 PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS
 STAND Kurukshetra 136118
Age : 33 Years
Gender : Female
Reported : 9/3/2024 3:59:10PM
Report Status : Final
Processed at : Dr. Lal PathLabs Ltd,
 Kurukshetra-136118,Haryana

Test Report

Test Name	Results	Units	Bio. Ref. Interval
BLOOD GROUP, ABO & RH TYPING (Tube & Slide Agglutination)			
ABO Group	O		
Rh Factor	Positive		

Note: 1. Both forward and reverse grouping performed
 2. Test conducted on EDTA whole blood



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 Gender : Female
 Reported : 9/3/2024 3:59:10PM
 Report Status : Final
 Processed at : Dr. Lal PathLabs Ltd.
 Kurukshetra-136118,Haryana

Test Report

Test Name	Results	Units	Bio. Ref. Interval
HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD (HPLC)			
HbA1c	6.3	%	4.00 - 5.60
Estimated average glucose (eAG)	134	mg/dL	

Interpretation

HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic

Interpretation as per American Diabetes Association (ADA) Guidelines

Reference Group	Non diabetic adults >=18 years	At risk (Prediabetes)	Diagnosing Diabetes	Therapeutic goals for glycemc control
HbA1c in %	4.0-5.6	5.7-6.4	>= 6.5	<7.0

Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C MEASUREMENT	FACTORS THAT AFFECT INTERPRETATION OF HbA1C RESULTS
Hemoglobin variants, elevated fetal hemoglobin (HbF) and chemically modified derivatives of hemoglobin (e.g. carbamylated Hb in patients with renal failure) can affect the accuracy of HbA1c measurements	Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g., recovery from acute blood loss, hemolytic anemia, HbSS, HbCC, and HbSC) will falsely lower HbA1c test results regardless of the assay method used. Iron deficiency anemia is associated with higher HbA1c



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 PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS
 STAND Kurukshetra 136118

Age : 33 Years
 Gender : Female
 Reported : 9/3/2024 3:59:10PM
 Report Status : Final
 Processed at : Dr. Lal PathLabs Ltd.
 Kurukshetra-136118,Haryana

Test Report

Test Name	Results	Units	Bio. Ref. Interval
THYROID PROFILE,TOTAL, SERUM (ECLIA)			
T3, Total	1.20	ng/mL	0.80 - 2.00
T4, Total	7.55	µg/dL	5.10 - 14.10
TSH	0.99	µIU/mL	0.27 - 4.20

Interpretation

PREGNANCY	REFERENCE RANGE FOR TSH IN µIU/mL (As per American Thyroid Association)
1st Trimester	0.100 - 2.500
2nd Trimester	0.200 - 3.000
3rd Trimester	0.300 - 3.000

Note

1. TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.
2. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.
3. Unbound fraction (Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration
4. Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals



Dr. Samriti Gupta
 MBBS, MD (Pathology)
 Chief of Lab





SBAH PATH LAB

INSIDE SHRI BALAJI AAROGYAM HOSPITAL Pvt. Ltd.
BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkr@gmail.com



463997824 PAP

463997825

UHID No :- UD-232419043 Reg No :- 232419043 Print Date : 09-Mar-2024 01:37 PM
 Receipt No :- 23240025316 Receipt Date :- 09 Mar 2024
 Patient Name :- Mrs Asha Husband :- Munish Dhiman Age/Sex :- 33 Y/F
 Mobile No :- 9992339838 Consultant :- Dr ANURAG KAUSHAL (MD)
 Address :- Ward No. 8, Near Post Office, Kalayat , Kaithal

Final Report

Investigations	Observations	Biological Reference Interval	Unit
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Sample No:232448912

Sample Gnt At: (9 Mar 2024 12:54 PM) ,Sample Rvd At (9 Mar 2024 12:54 PM) ,Report Gnt At : (9 Mar 2024 1:37 PM)

HAEMATOLOGY

CBC

WBC	12.07	4.00 - 11.00	10 ³ /mm ³
RBC <i>Methology / Carm</i>	4.89	3.50 - 4.50	million/cumm
HAEMOGLOBIN	14.8	12.50 - 15.00	gm/dl
HCT <i>DefaultMethodTwo / test Machine</i>	46.4	35.00 - 50.00	%
MCV(MEAN CELL VOLUME)	94.89	83.00 - 101.00	fl
MCH(MEAN CELL HAEMOGLOBIN)	30.27	27.00 - 32.00	pg
MCHC	31.90	31.50 - 35.00	gm%
RDW-CV <i>Method1 / test Machine</i>	13.2	12.00 - 18.00	%
RDW-SD	48.6	37.00 - 56.00	fl
MIC <i>Methology / test Machine</i>	0.3	0.00 - 20.00	%
MAC	7.0	2.00 - 10.00	%
PLATELETS	302	150.00 - 450.00	×10 ³ /μL
MPV	8.3	7.40 - 11.00	fl
PCT <i>Test Method</i>	0.25	0.15 - 0.40	%
PDW	9.4	11.00 - 20.00	fL
P-LCC	54	44.00 - 140.00	10 ³ /mm ³
P-LCR	17.90	18.00 - 50.00	%
DLC DIFFERENTIAL LEUCOCYTE COUNT			
NEUTROPHILS	72.9	40.00 - 75.00	%
LYMPHOCYTES	20.7	20.00 - 45.00	%
MONOCYTES	5.7	2.00 - 10.00	%
EOSINOPHILS	0.7	1.00 - 6.00	%
BASOPHILS	0.0	0.00 - 1.00	%

Remarks :-

Sample No:232448913

(Technologist)

Charu Sethi

Not valid for Medico Legal Purposes. Advised further clinical correlation

Dr. Charu Sethi Sharma
MD-Pathology
Reg. No. HN-19861



SBAH PATH LAB



INSIDE SHRI BALAJI AAROGYAM HOSPITAL Pvt. Ltd.
BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkr@gmail.com

UHID No :- UD-232419043 **Reg No** :- 232419043 **Print Date** : 09-Mar-2024 01:37 PM
Receipt No :- 23240025316 **Receipt Date** :- 09 Mar 2024
Patient Name :- Mrs Asha **Husband** :- Munish Dhiman **Age/Sex** :- 33 Y/F
Mobile No :- 9992339838 **Consultant** :- Dr ANURAG KAUSHAL (MD)
Address :- Ward No. 8, Near Post Office, Kalayat , Kaithal

Final Report

Investigations	Observations	Biological Reference Interval	Unit
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Sample Gnt At: (9 Mar 2024 12:54 PM) ,Sample Rvd At (9 Mar 2024 12:54 PM),Report Gnt At : (9 Mar 2024 1:37 PM)

HAEMATOLOGY

ESR 10 0.00 - 20.00 mm at 1 hr

Remarks :-

Sample No:232448914

Sample Gnt At: (9 Mar 2024 12:54 PM) ,Sample Rvd At (9 Mar 2024 12:54 PM),Report Gnt At : (9 Mar 2024 1:37 PM)

BIOCHEMISTRY

BLOOD SUGAR FASTING & PP

BLOOD SUGAR FASTING 128 70.00 - 110.00 mg/dl
 BLOOD SUGAR PP 180 70.00 - 150.00 mg/dl

COMPLETE LIPID PROFILE

TOTAL CHOLESTROL 175 mg/dl
 TRIGLYCERIDES 155 35.00 - 160.00 mg/dl
 HDL 45 mg/dl
 LDL 99.00 mg/dl
 VLDL CHOLESTEROL 31.00 0.00 - mg/dL

CREATININE

1.0 0.60 - 1.40 mg/dl

TOTAL PROTEIN (M.L-)

6.8 0

LFT

TOTAL BILIRUBIN 0.82 0.30 - 1.00 mg/dl
 DIRECT BILIRUBIN 0.16 0.00 - 0.30 mg/dl
 INDIRECT BILIRUBIN 0.66 0.20 - 0.80 mg/dl
 SGOT 78 0.00 - 40.00 U/L
 SGPT 70 0.00 - 40.00 U/L
 TOTAL PROTIENS 6.8 6.60 - 8.70 gm/dl
 ALBUMIN 3.9 3.50 - 5.00 mg/dl
 GLOBULIN 2.90 1.50 - 3.60 gms/dl
 ALKALINE PHOSPHATE 87 57.00 - 111.00 U/L

HAEMATOLOGY

SERUM URIC ACID 4.8 2.50 - 6.00 mg/dl

(Technologist)

Charu Sethi

Not valid for Medico Legal Purposes. Advised further clinical correlation

Dr. Charu Sethi Sharma
MD-Pathology
Reg. No. HN-19861



SBAH PATH LAB



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BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkr@gmail.com

UHID No :- UD-232419043 **Reg No** :- 232419043 **Print Date** : 09-Mar-2024 01:37 PM
Receipt No :- 23240025316 **Receipt Date** :- 09 Mar 2024
Patient Name :- Mrs Asha **Husband** :- Munish Dhiman **Age/Sex** :- 33 Y/F
Mobile No :- 9992339838 **Consultant** :- Dr ANURAG KAUSHAL (MD)
Address :- Ward No. 8, Near Post Office, Kalayat , Kaithal

Final Report

Investigations	Observations	Biological Reference Interval	Unit
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Remarks :-

Sample No:232448919

Sample Gnt At: (9 Mar 2024 1:16 PM) , Sample Rvd At (9 Mar 2024 1:16 PM) , Report Gnt At : (9 Mar 2024 1:37 PM)

URINE EXAMINATION

URINE ROUTINE

PHYSICAL EXAMINATION

COLOUR <i>Methology</i>	YELLOW	CLEAR YELLOW	
VOLUME	20		ML
SPECIFIC GRAVITY	1.025	1.00 - 1.03	

CHEMICAL EXAMINATION

PH	6.5	4.60 - 8.00	
PROTEIN.	Negative	NEGATIVE	
GLUCOSE	Negative	NEGATIVE	
KETONE	Negative	NEGATIVE	

MICROSCOPIC EXAMINATION

EPIITHELIAL CELLS	Negative		
PUS CELLS	3-4	2.00 - 3.00	/HPF
RBC <i>Methology / Carm</i>	Negative	3.50 - 4.50	million/cumm
CRYSTALS	ABSENT	ABSENT	
BACTERIA	ABSENT	ABSENT	
OTHERS	ABSENT		

MICROSCOPIC EXAMINATION

CASTS	ABSENT	ABSENT	
AMORPHOUS DEPOSITS	ABSENT		

Remarks :-

Type of Sample :- SERUM,WHOLE BLOOD,URINE SPOT,

* END OF REPORT *

(Technologist)

Charu Sethi

Not valid for Medico Legal Purposes. Advised further clinical correlation
Dr. Charu Sethi Sharma
MD-Pathology
Reg. No. HN-19861

Asha

33y1F

Height: 158cm

Weight: 70kg

BMI: 29kg/m²



SHRI BALAJI AAROGYAM HOSPITAL PVT LTD

DIET CHART FOR HIGH-FIBER DIET

6:00 AM: गिलास नींबू पानी + 1 glass [काली मिर्च]

6:30 AM: बादाम + अखरोट + काजू + किशमिश + अंजीर + 7:00 AM: 6 बादाम - रात के नींबू पानी

7:30 AM: 1 गिलास दूध + 1 BOWL ^{CUP} चपाती 1 Chapati + 1 bowl Chapati

या

सब्जी दलिया / सब्जी ओट्स / सब्जी पोहा / उबले अंडे का सफेद हिस्सा /

11:00 AM: सेब / पपीता / संतरा / नाशपाती / अमरूद / अनार - 200g + सलाद - 1 BOWL

12:00 AM: 1 प्लेट सलाद

1:30 PM: चपाती + दाल + दही / 1 BOWL NUTRI KEEMA / PANEER BHURJI - 1 glass

5:00 PM: 1 गिलास दूध - भुना हुआ मखाना [5-6]

7:00 PM: ~~होक्ला / भुने हुए चने / MIXED SEEDS(2 SPOON) / उबले हुए काले चने की चाट / BREAD PEANUT BUTTER~~

या

अंडे का सफेद हिस्सा / 100 ग्राम उबला हुआ चिकन / उबली हुई मछली

7-8:00 PM: चपाती + सब्जी [1 bowl]

या

सब्जी खिचड़ी / सब्जी दलिया / सब्जी ओट्स

DIET GUIDELINES

- बेकरी आइटम (बिस्कुट, नमकीन, रस्क, पेस्ट्री) से बचें
- ठंडे पेय, डिब्बाबंद जूस, अन्य पेय पदार्थों से बचें
- तले हुए भोजन (मक्खन, पकौड़ा, पूड़ी, परांठा) से बचें
- शराब, सिगरेट से बचें

* [अमू, चावल से परहेज रखें]

[* केला, आम, चीकू, लीची, अंगूर से परहेज रखें]

* आटा: रोट्टा का + बेसन आटा जो 1 दिन

MILK - 500 ML [मलाई उतार हुआ]

OIL - 3-4 SPOONS

WATER INTAKE - 3 liter

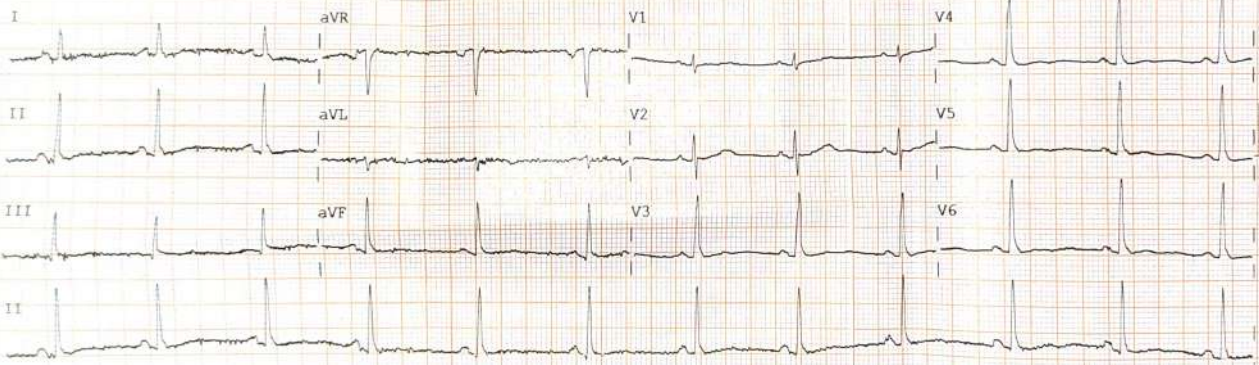
PHYSICAL ACTIVITY -

1/2 घंटा Walk

12 Lead; Standard Placement

MRS. ASHA

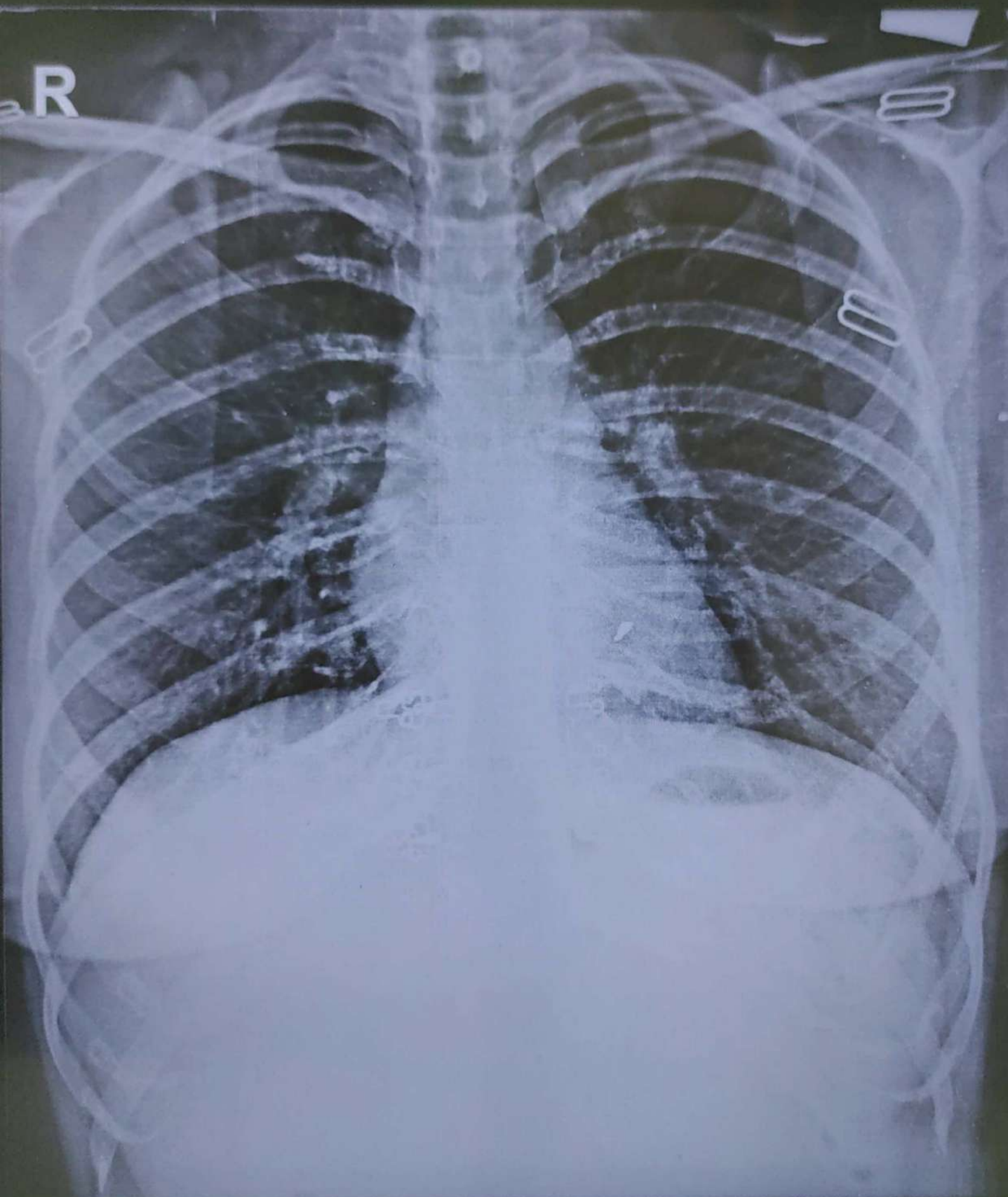
PR 131
QRSD 97



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10 mm/mV

F 60~ 0.15-100 Hz

PH10 CL P? PH10 CL P?
(-) CARDIOPRINT



ASHA 33/Y 25316 F CHEST PA 09-Mar-24 12:24 PM
SHRI BALAJI AAROGYAM HOSPITAL, KURUKSHETRA



Receipt

UHID No :- UD-232419043

Reg. No. :- 232419043

Patient Name :- Mrs Asha

Receipt No/Date :- 23240025316 / 09 Mar 2024

Age/Sex :- 33 Y/F

Mobile No :- 9992339838

Address :- Ward No. 8, Near Post Office, Kalaya

Payment Via :- Emp. Credit

Empanelment :- Mediwheel

Claim ID :-

Service Type	Service Name	Serial No	Price	Emr. Chrg.	Dis.	Unit	Net Amt.
Urine examination	URINE ROUTINE		80.00	0.00	0	1	71.00
Haematology	CBC		120.00	0.00	0	1	106.00
	ESR		80.00	0.00	0	1	71.00
	BLOOD GROUP		50.00	0.00	0	1	44.00
	HBA1C(GLYCOSYLATED HAEMOGLOBIN)		250.00	0.00	0	1	222.00
	SERUM URIC ACID		50.00	0.00	0	1	44.00
	PAP SMEAR		300.00	0.00	0	1	265.00
Biochemistry	BLOOD SUGAR FASTING & PP		50.00	0.00	0	1	44.00
	COMPLETE LIPID PROFILE		150.00	0.00	0	1	133.00
	CREATININE		50.00	0.00	0	1	44.00
	Total Protein (M.L-)		70.00	0.00	0	1	62.00
	LFT		150.00	0.00	0	1	133.00
Immunology	THYROID PROFILE (T3,T4,TSH)		150.00	0.00	0	1	133.00
Hospital Charge	ECG		100.00	0.00	0	1	89.00
Cardiology	ECHO		300.00	0.00	0	1	266.00
X-RAYS	Chest X-RAY		100.00	0.00	0	1	89.00
Ultrasound	Usg Whole Abdomen		250.00	0.00	0	1	222.00
Dietician	Dietitian Consultation		70.00	0.00	0	1	62.00
Total Amount							2370.00
Total Discount							270.00
Bill Credit Towards Mediwheel							2100.00

Remarks: MEDIWHEEL PACKAGE

Shri Balaji Aarogyam Hospital P. Ltd.
Behind Old Bus Stand
Kurukshetra-136118



SHRI BALAJI
AAROGYAM HOSPITAL PVT. LTD.
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अब हमारे पास है
ACCIDENT
TRAUMA
इलाज़!



DR. RAJUL GOEL (MS ORTHO)
REGISTRAR DM CLUDHIANA

SPECIALIST
IN JOINT
TRAUMA

10 AM TO 6 PM
MON TO SAT

24 X 7

W

ints



सेवाएं अब

हरियाणा

सरकार

के पैतृक पर!

01744-270255

GPS Map Camera

Kurukshetra, Haryana, India

Opd no 2, basement, shri balaji arogyam hospital Behind old Bus Stop, Jyoti Nagar, Kurukshetra, Haryana 136118, India

Lat 29.973521°

Long 76.838208°

09/03/24 12:26 PM GMT +05:30



Google