

Form No : 05

PERIODIC MEDICAL EXAMINATION REPORT

Name	: Joaquim A Rapose	Test Code	: AHC-5
Emp Code	: PR153253	Test Date	: 25-09-2021
Age	: 62 Years	Sex	: Male
Contact No	: 9820658225	Dep. Name	: --
Company Name	: Arcofemi Health Care Ltd.	Job Nature	: --

PHYSIOLOGICAL DATA

Height	: 170 Cms	Weight	: 111 Kgs	Expected Weight	: 64 Kgs
B.P	: 130/70 mmHg	PULSE	: 84 /min	Body Mass Index	: 38.41



MEDICAL HISTORY

<input checked="" type="checkbox"/> NO Frequent Cold	<input checked="" type="checkbox"/> NO Frequent Sneezing	<input checked="" type="checkbox"/> NO Joint Pain
<input checked="" type="checkbox"/> NO Shortness of breath	<input checked="" type="checkbox"/> NO Frequent Headache	<input checked="" type="checkbox"/> NO Chronic Cough
<input checked="" type="checkbox"/> NO Backache	<input checked="" type="checkbox"/> NO Intestinal trouble	<input checked="" type="checkbox"/> NO Ear Discharge
<input checked="" type="checkbox"/> NO Impaired Hearing	<input checked="" type="checkbox"/> NO Chest Pain Or Pressure	<input checked="" type="checkbox"/> NO Diabetes
<input checked="" type="checkbox"/> NO Recent Loss Of Weight	<input checked="" type="checkbox"/> NO Allergy To Drugs / Chemical	<input checked="" type="checkbox"/> YES High BP



PAST OPERATIVE HISTORY

<input checked="" type="checkbox"/> NO Hydrocele	<input checked="" type="checkbox"/> NO Renal Calculus	<input checked="" type="checkbox"/> NO Duodeneal Ulcer
<input checked="" type="checkbox"/> NO Hernia	<input checked="" type="checkbox"/> NO Tonsillitis	<input checked="" type="checkbox"/> NO Appendicitis
<input checked="" type="checkbox"/> NO Cataract	<input checked="" type="checkbox"/> NO DNS	<input checked="" type="checkbox"/> NO Piles



OTHER PAST OPERATIVE HISTORY : No

OTHER COMPLAINTS : No

PAST HISTORY : No

FAMILY HISTORY : No

ADDICTIONS : Smoke : No | Drinks : No | Diet : Veg | Pan : No | Tobacco : No | Gutka : No

VISION

WITHOUT GLASSES		WITH GLASSES		COLOUR BLINDNESS
NEAR	R <input checked="" type="checkbox"/> L <input checked="" type="checkbox"/>	NEAR	R <input checked="" type="checkbox"/> L <input checked="" type="checkbox"/>	<input type="checkbox"/> NO
FAR	R <input checked="" type="checkbox"/> L <input checked="" type="checkbox"/>	FAR	R <input checked="" type="checkbox"/> L <input checked="" type="checkbox"/>	



VISION REMARK : BLIND*

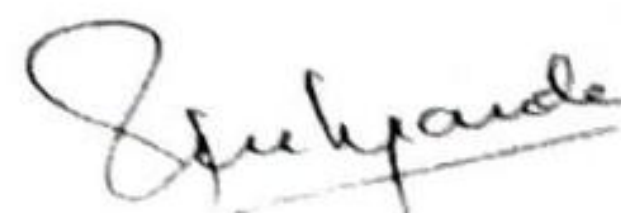
Medical Test Date : 25-09-2021
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CLINICAL EXAMINATION

GENERAL & DERMATOLOGY EXAMINATION	
General Condition : Good	Nails : NAD
Oedema Feet : Absent	Skin : Normal
Temperature : Normal	Deformities : None
CARDIOVASCULAR	
	Heart Sound : Normal
ABDOMEN	
Liver : Not Palpable	Spleen : Not Palpable
	Other Masses : NAD
GENITO URINARY	
Ext. Genitalia : Normal	Discharge : No
	Hydrocele : Normal
LYMPHATIC AND ENDOCRINE	
Lymph Nodes : Not Palpable	Thyroid : Not Palpable
MUSCULO SKETAL	
Bones : NAD	Joints : NAD
	Posture Spine : Normal
NERVOUS SYSTEM	
Sensory System : Normal	Reflexes : Normal
	Motor System : Normal
EYE CHECKUP	
Conjunctiva : Normal	Cornea : Normal
Pupil : Normal	Fundus : NAD
SPO2 : 97 %	
E.C.G : Within Normal Limits	
PFT : NA	
ADVICE : Normal Health.	
RESULT : This is to certify that the employee is free from contagious and obnoxious disease including skin & Tuberculosis. Hence found to be fit for the respective job.	

*NAD - No Abnormality Ditected
 NA - Not Applicable



Dr. Rahul Deshpande
 M.B.B.S., ORTHO, A.F.I.H. (C.L.I)
 Industrial Health Consultant

Dr. Rahul S Deshpande
 M.B.B.S. D. Ortho A.F.I.H (Mumbai)
 Regd. No. 081019

Medical Test Date : 25-09-2021
 Name : Joaquim A Rapose

Test Code : AHC-5
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BLOOD GROUP & RH FACTOR

Blood Group : 'A' Rh Typing : 'Positive'

EXAMINATION OF HEMATOLOGY

NAME	RESULT	UNITS	NORMAL RANGE
Haemoglobin	15.2	mg/dl	13 - 17
RBC	5.43	mill/cumm	4.5 - 5.5
PCV / HCT	43.6	%	40 - 50
MCV	86.3	fl	83 - 101
MCH	28.6	pj	27 - 32
MCHC	34.9*	g/dl	31.5 - 34.5
RDW	13.0	%	11.6 - 14
Total WBC Count	6600	mill/cumm	4000 - 10000
Neutrophils	64	%	40 - 80
Lymphocytes	31	%	20 - 40
Monocytes	03	%	2 - 10
Eosinophils	02	%	1 - 6
Basophils	00	%	0 - 1
Platelet Count	271000	per cu. mm.	150000 - 410000
ESR	12	mm	0 - 20
DIABETIC PROFILE			
HbA1c	4.90	mg/dl	4 - 6.5
Blood sugar fasting	90.4	mg/dl	70 - 120
Blood sugar post lunch	125.9	mg/dl	80 - 160
KIDNEY FUNCTION TEST			
S. creatinine	1.92*	mg/dl	0.5 - 1.5
Uric acid	4.9	mg/dl	4.5 - 6.7
Urea	28.1	mg/dl	14 - 40
Blood urea nitrogen	13.123	mg/dl	6 - 21
Bun/Creatinine Ratio	13.13	--NA--	10 - 30

EXAMINATION OF URINE

PHYSICAL EXAMINATION		CHEMICAL EXAMINATION		MICROSCOPIC EXAMINATION	
Quantity	: 20ml	Proteins	: Absent	Erythrocytes	: Absent
Color	: Pale Yellow	Glucose	: Absent	Epithelial Cell	: 3-4 hpf
Appearance	: Clear	Specific Gravity	: 1.015	Pus Cell	: 5-6 hpf
Deposite	: Absent	Ketones	: Absent	Bacteria	: Not seen
Urobilinogen	: Absent	Occult Blood	: Negative	Casts	: Not seen
		Nitrite	: Absent	Crystals	: Not seen
				A. Material	: Not seen

N.B. : Above investigation have their limitations and should be interpreted by referring physician accordingly. Solitary Radiological/Pathological and other investigations do not confirm the final diagnosis of disease.

Test Code AHC-5
Emp Code : PR153253
Patient Name : Joaquim A Rapose
Age : 62 Years Gender : Male

Collected On : 25 September 2021
Received in Lab : 26 September 2021
Reported On : 27 September 2021

STOOL EXAMINATION

Investigation

Observed Value

PHYSICAL EXAMINATION

Colour	Yellow
Form And Consistency	Semi Solid
Mucus	Absent
Frank Blood	Absent
Adult Worms	Absent

CHEMICAL EXAMINATION

Reaction	Acidic
Occult Blood	Negative

MICROSCOPIC EXAMINATION

Pus cells	1-2 /hpf
Red Blood Cell	Absent
Epithelial Cell	2-3 /hpf
Ova	Absent
Cyst	Absent
Trophozoites	Absent
Fat Bodies	Absent
Starch	Absent
Undigested Material	Absent
Budding Yeast	Absent
Others	Absent

—End Of Report—

Result relate only to the sample as recieved. Kindly correlate with clinical conditions.

REGN.NO.	: 06369	REGN. DATE	: 27-Sep-2021
PATIENT NAME	: Mr. Joaquim Rapose	CENTER	: Hardev Health Care
AGE/SEX	: 62 Years /Male	BARCODE	
REFERRED BY	: Hardev Hospital		

BIOCHEMISTRY

PARAMETER	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
BLOOD GLUCOSE FASTING			
GLUCOSE- FASTING	: 94.40	mg/dL	60-100
URINE SUGAR	: Absent		
URINE KETONE	: Absent		
BLOOD GLUCOSE POST MEAL			
BLOOD GLUCOSE PP	: 125.90	mg/dL	65-140
URINE GLUCOSE	: Absent		
URINE KETONE	: Absent		

INTERPRETATION

AS PER AMERICAN DIABETES ASSOCIATION 2015 UPDATE FASTING GLUCOSE LEVEL-

Normal glucose tolerance : 70-110 mg/dl

Impaired Fasting glucose (IFG) : 110-125 mg/dl

Diabetes mellitus : ≥ 126 mg/dl

POSTPRANDIAL/POST GLUCOSE (75 grams)

Normal glucose tolerance : 70-139 mg/dl

Impaired glucose tolerance : 140-199 mg/dl

Diabetes mellitus : ≥ 200 mg/dl

CRITERIA FOR DIAGNOSIS OF DIABETES MELLITUS

Fasting plasma glucose ≥ 126 mg/dl

Classical symptoms + Random plasma glucose ≥ 200 mg/dl

Plasma glucose ≥ 200 mg/dl (2 hrs after 75 grams of glucose)

Glycosylated haemoglobin $> 6.5\%$

***Any positive criteria should be tested on subsequent day with same or other criteria.

Test Done On Fully Automated ERBA EM200 Biochemistry Analyser

----- END OF REPORT -----

S. N. Tripathi

Dr Surya N. Tripathi
Reg No- 2000/04/1994

Medical Test Date : 25-09-2021

Test Code : AHC-5

Name : Joaquim A Rapose

Emp No : PR153253

BIOCHEMICAL EXAMINATION

LIPID PROFILE	RESULT	UNITS	NORMAL RANGE
Total cholesterol	188.0	mg/dl	130 - 200
Hdl cholestrol	44	mg/dl	40 - 60
Ldl cholestrol	122.50	mg/dl	95 - 145
VLDL	21.5	mg/dL	2 - 30
LDL/HDL RATIO	2.78	-NA-	0.5 - 3.5
Triglycerides	107.5	mg/dl	70 - 140
Cholesterol/HDL Ratio	2.44	mg/dl	0 - 4.5
LIVER FUNCTIN TEST			
Total bilirubin	0.6	mg/dl	0.2 - 1.2
Direct bilirubin	0.4	mg/dl	0 - 0.5
Indirect bilirubin	0.2	mg/dl	0 - 0.3
SGOT	31.5	/ml	0 - 40
SGPT	28.9	/ml	0 - 40
Protein	6.9	g/dl	6 - 8
Albumin	4.1	g/dl	3.5 - 5.5
S. Globulin	2.8	g/dl	2.5 - 3.5
Alkaline phosphatase	102.1	u/l	50 - 150
GGT	10.9	u/l	10 - 50
A/G Ratio	1.5	-NA-	1 - 2.3
OTHER			
PSA	1.89	-NA-	0 - 4.5

S. N. Tripathi

Dr. Surya N. Tripathi
 Consulting Pathologist
 Reg No - 2000/04/1994

TEST DATE : 25-09-2021
REF. BY : HARDEV HEALTH CARE
EMP CODE : PR153253
NAME : Joaquim A Rapose
TEST ASKED: TSH

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
T3	C.L.I.A.	119.5	ng/dl	60 - 200
T4	C.L.I.A.	8.0	µg/dl	4.5 - 12
Thyroid Stimulating Hormone (TSH)	C.L.I.A.	2.79	µIU/mL	0.3 - 5.5

Comments : ***

Please correlate with clinical conditions.

Method :

TSH - ULTRA SENSITIVE SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

~~End Of Report~~

Sample Collected on (SCT) : 25-09-2021
Sample Received on (SRT) : 26.09.2021
Report Released on (RRT) : 27 September 2021
Sample Type : SERUM
Labcode : 110741711/AND45
Test Code : AHC-5

Dr. Durgaprasad N Agrawal MD Dr. Caesar Sengupta MD

Medical Test Date : 25-09-2021
Name : Joaquim A Rapose

Test Code : AHC-5
Emp Code : PR153253

X-RAY OF THE CHEST P.A. VIEW

There is no mediastinal shift.

The heart and aorta appears to be normal.

No pleural abnormality is noted.

The bony thorax is normal.

IMPRESSION : Normal Study

SUGGEST : Clinico pathological correlation & sos f/u.

Please note that imaging conclusion need to be correlated with clinical findings & other investigations for final diagnosis.



Dr. N.P. CHHALLANI,
MBBS., DMRE, AFIH
TMC/MOH/PNDT/234

Medical Test Date : 25-09-2021
 Name : Joaquim A Rapose

Test Code : AHC-5
 Emp Code : PR153253

3ch x 4 + (1ch)

Name

ID: 20210925111629

Sex:

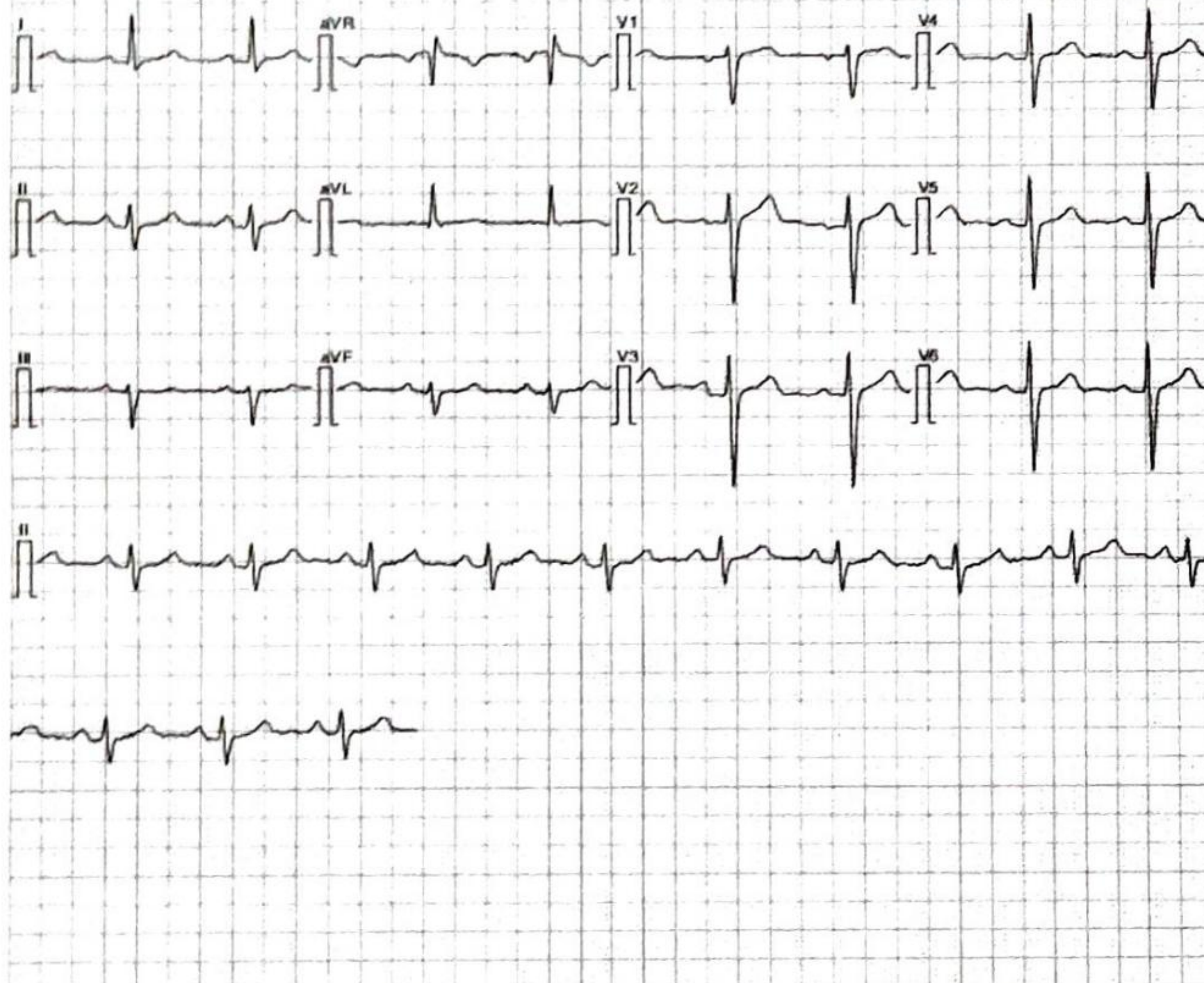
Hospital:

Date of Birth: 2021/09/25

Department:

Check Time: 2021-09-25 11:16:44

0.5Hz - 40Hz AC 50Hz 25mm/s 10mm/mV



[Measurement]						
HR:	80 bpm	P	Width:	114 ms	RVS/SV1:	0.006-0.067 mV
P Axis:	128 deg.	PR	Interval:	136 ms	RVS+SV1:	0.067 mV
QRS Axis:	20 deg.	QRS	Duration:	88 ms		
T Axis:	69 deg.	QT/QTc	Interval:	252/290 ms		
[Analysis Result]						
** abnormal ECG **						
Atrial tachycardia						
With occasional supraventricular premature complexes						
Cannot rule out septal myocardial infarction, probably old						
Lateral myocardial infarction, probably old						
T wave abnormality, consistent with anterior ischemia						

within Normal Limits

Reporter:

Notice: All the parameters and conclusions should be confirmed by doctor

Khang

Dr. Kailash Changani
 M.D.(Med)
 Reg No - 58574

2D ECHOCARDIOGRAPHY AND COLOUR DOPPLER STUDY

DATE: 25/09/2021

NAME: Mr. Joaquim Rapose

AGE / SEX : 62 / Male

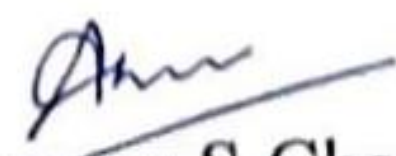
INDICATION OF STUDY: uneasiness

COMMENTS

- Normal chamber dimensions, mild concentric LVH
- The LV dimensions and contractility are normal.
- There is no Regional Wall Motion Abnormality at rest.
- The LV systolic function is normal. LVEF = 60%
- There is evidence of type I diastolic dysfunction.
- Normal valves
- No Pulmonary Arterial hypertension, PASP = 24 mm of Hg
- The RV function is normal, TAPSE = 16mm
- There is no evidence of pericardial effusion, clots or vegetations.
- The IAS and IVS are intact.
- IVC = 10 mm (>50% collapsing)

SUMMARY

- Normal LV systolic function, LVEF = 60%
- Type I LV diastolic dysfunction
- Mild concentric LVH
- No Regional Wall Motion Abnormality at rest.
- Normal valves
- No Pulmonary Arterial hypertension
- No Pericardial effusion, clot or vegetation


Dr. Ameya S Chavan
MD(Med), DM(Card)

DR. RAJAT BALIGA

MBBS, M. D. (Radiology), D. N. B.

CONSULTANT RADIOLOGIST & SONOLOGIST

RADIANCE SONOGRAPHY CENTRE



RADIANCE DIAGNOSTIC CENTRE

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Opp. Shree Nagar Vidya Mandir, Shree Nagar,
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3, Durvankur, Near Panch Parmeshwar Mandir,
Kishan Nagar I, Wagle Estate, Thane - 400 604.
Tel.: 7208542237

NAME : JOAQUIM RAPOSE	AGE/SEX : 62 Y/M
REF BY : HARDEV HEALTH CARE	DATE: 25/09/2021

REAL TIME ABDOMINAL ULTRASOUND REPORT

LIVER :

Normal size liver with mildly raised parenchymal echo pattern. No evidence of any solid or cystic intra-hepatic lesion is noted. The portal and hepatic veins appear normal. No evidence of any dilated intra or extra hepatic biliary radicals noted. CBD is not dilated.

GALL-BLADDER:

The physiologically dilated gall bladder is visualized and appears normal. No evidence of any gall stones noted. No e/o wall thickening or peri-cholecystic free fluid.

PANCREAS :

It is normal in size and reflectivity. No evidence of peripancreatic collection. MPD is not dilated.

SPLEEN :

The spleen is normal in size and shows normal parenchymal echo pattern.

KIDNEYS :

No evidence of any renal mass, hydronephrosis or renal calculi noted. Cortico-medullary differentiation is maintained on both sides. Bilateral renal parenchymal thickness appears normal. The right kidney measures 9.1 x 4.5 cms. The left kidney measures 9.4 x 4.6 cms.

No evidence of ascites or significant para aortic lymphadenopathy. Bowel loops are not dilated.

Mild bowel gas seen in lower abdomen.


Defect of size 8mm seen over midline in supra- umbilical region with herniation of fat through defect represents non- obstructed non- strangulated anterior abdominal wall hernia . No e/o herniation of bowel loops . No e/o proximal bowel obstruction

Anatomically normal urinary bladder. No e/o calculus or wall thickening or debris seen.
Prevoid volume - 123cc Postvoid volume -19cc (insignificant)

Prostate gland is enlarged in size, measures 3.6 x 3.5 x 4.6 cms corresponding to 31 gms.

CONCLUSION :

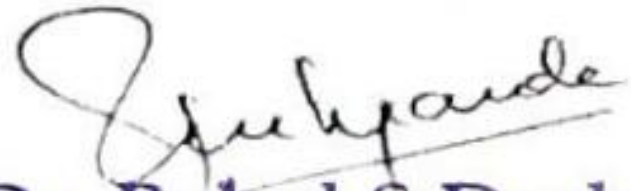
- Fatty liver grade 3
- Non- obstructed, non- strangulated reducible umbilical hernia with fat as its contents
- Mildly enlarged prostate gland


DR. RAJAT BALIGA
MBBS, MD (Radiology), DNB
FMF (Fetal Medical Foundation) ID- 176269

Date : 25-09-2021

FITNESS CERTIFICATE

This is to certify that **Mr. Joaquim A Rapose** Emp. No. **PR153253** age **62** Yrs. has undergone the medical examination with us on **25-09-2021**. based on examination and investigation results he is free from infection / Contagious disease including skin & Tuberculosis for which diagnostic tests has been carried out and He is medically fit to continue his duties.



Dr. Rahul S Deshpande

M.B.B.S. D. Ortho A.F.I.H (Mumbai)

Regd. No. 081019

Authorised Medical Practitioner