

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. SHAKTAWAT JITENDRA SINGH
EC NO.	158869
DESIGNATION	BRANCH HEAD
PLACE OF WORK	AHMEDABAD,THALTEJ
BIRTHDATE	24-06-1978
PROPOSED DATE OF HEALTH	26-01-2022
CHECKUP	
BOOKING REFERENCE NO.	21M158869100009886E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 21-01-2022 till 31-03-2022 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

> मुख्य प्रशंधक/CHIEF MANAGER थलतेज शाखा, अहमदादाद. THALTEJ BR., AHMEDABAD.

ForBAN

2/1/22



Dr. Jiman M. Shah DNB (Paleixe) FGGS (USA) Red. 2.1833

Vilendes Sim





: SHAKTAWAT JITENDRA SINGH

Referred by Date

: Self

Patient's Id

: 26/01/2022 : SS478

Age/Sex Reg. No

Ref ID.

: 43 Years/Male

: 6873 Mobile

: 9879140299

Fitness Certificate

GENERAL EXAMINATION

Height (cms): 172

Weight (kgs): 75.1

Blood Pressure: 120/70 mmHg

Pulse: 72/Min

No Clubbing/Cynosis/Pallor/Pedel Oedem

Systemic Examination:

Cardio vascular System - S1,S2 Normal, No Murmur

Respiratory system - AEBE

Central Nervous System - No FND

Abdomen - Soft, Non Tender, No Organomegaly

This is an electronically authenticated report. Note:((LL-Very Low, L-Low, HH-Very High)

Approved On : 26/01/2022 3:40:00 PM

Generated On : 26/01/2022 16:05

Dr Jinen M Shah



Patient's name Referred by

: SHAKTAWAT JITENDRA SINGH

: Self

Date Patient's Id : 26/01/2022

: SS478

Age/Sex Reg. No Mobile

Ref ID.

: 43 Years/Male

: 6873

: 9879140299

HEMOGRAM REPORT

Performed on 5-Part Fully Auto Hematology Analyzer SIEMENS ADVIA 2120i)

Test	Result	Unit	Biological Reference Interval
Sample Type:	EDTA		
Haemoglobin: Total WBC Count: Platelets Count: Differential Count:	13.6 5300 211000	gm/dL /microlitre /microlitre	13.5 - 18.0 4000 - 10500 1,50,000 - 4,50,000
Neutrophils:	57	%	40-80
Lymphocytes:	39	%	20-40
Eosinophils:	02	%	Upto 6
Monocytes:	02	%	2-10
Basophils:	00	%	<1-2
RBC indicies:			
RBC Count:	4.97	*10^6 /microl.	4.5 - 5.5
HCT:	42.2	%	40 - 50
MCV:	84.9	fL.	83-101
MCH:	27.4	pg	27-32
MCHC:	32.2	%	31.5-34.5
RDW:	13.4	%	11.6 - 14.0
Erythrocytes Sedimentation Rate(ESR): (By AUTO ESR-10, USA)			
ESR 1st Hr:	09	mm	2 - 15 mm in 1Hr.
Thick Smear Preparation: Haemoparasite:	Malarial parasites	are not seen.	
Peripheral Smear Examination:			
RBCs:	Normocytic & No	rmochromic.	

Platelet:

Platelet adequate & normal on smear.

End of Report

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Dr. Jaimin Panchal

MBBS,MD(Pathology)



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Age/Sex

Reg. No

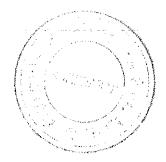
Mobile Ref ID. : 43 Years/Male

: 6873

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Approved On : 26/01/2022 4:57:00 PM

Generated On : 26/01/2022 17:14





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No : 6873

: 9879140299

Mobile Ref ID.

GLYCOSYLATED HAEMOGLOBIN (HbA1C) ESTIMATION

Test	Result	Unit	Biological Reference Interval
Sample Type: EDTA			
Glycosylated Haemoglobin (HbA1C)	5.7	%	Pre-Diabetic (Adult): 5.7 - 6.4 Diabetic (Adult): >6.5 Therapeutic goal for glycemic control: <7.0
Mean Blood Glucose Level	116.80		

Method: HPLC on D-10, Bio-Rad, USA

(An average of 2 -3 Months)

INTERPRETATION:

* Blood sample can be drawn at any time. Fasting is not required.

* Reflects average blood sugar levels for the 2 to 3 months period before the test.

* Provides information for evaluating diabetic treatment modalities and tracks control of blood glucose of particular value in diabetic children, diabetics in whom the renal threshold for glucose is abnormal, unstable insulin dependent diabetics where blood sugars vary markedly from day to day.

* High value in poorly controlled DM and moves towards normal in patients with optimal control.

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Ref ID. **BLOOD GROUP**

Sample Type:

EDTA

ABO Group:

"B"

Rh Type:

Positive

BLOOD GLUCOSE LEVEL

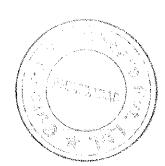
Test Sample Type:	Result Flouride	Unit	Biological Reference Interval
Fasting Blood Glucose (Hexokinase) Collection Time:	100.4	mg/dl	70-110
Collection Time: Post Prandial Blood Glucose (2 Hrs) (Hexokinase)	90.6	mg/dl	80-140

Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

Dr. Jaimin Panchal ----- End of Report -----MBBS,MD(Pathology)

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: SHAKTAWAT JITENDRA SINGH Patient's name

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Age/Sex Reg. No Mobile

: 43 Years/Male

: 6873

: 9879140299 Ref ID.

LIPID PROFILE

	(Performed on Semi Auto Che	mistry Analyzer Ben	neSphera)
Test Sample Type: Fasting Serum	Result	Unit	Biological Reference Interval
S.Cholesterol (Oxidase Peroxidase)	264	mg/dL	< 200 Desirable 200-239 Boderline High > 240 High
S.HDLC (Direct) (Phosphotungsstic Acid)	62.2	mg/dL	< 40 Low > 60 High
S.Triglyceride (GPO-POD)	292.0	mg/dl_	< 150 mg/dl Normat 150-199 Boderline High 200-499 High > 500 Very High
S.VLDL	58.4	mg/dL	10-40 Normal
(Calculated)		· ·	
S.LDLC	143.4	mg/dL	< 100 Optimal
(Calculated)			100-129 Near to above optimal 130-159 Boderline hlgh 160-189 High >190 Very High
S.Cholesterol / HDLC Ratio	4.24		< 4 Normal
(Calculated)			4-6 Borderline 6-8 Risklevel > 8 High Risk
S.LDLC / HDLC Ratio	2.31		< 3 Normal
(Calculated)			3-4 Borderline
			4-6 Risk Level
Chalastaval (UD) O Dutin	4.04		> 6 High Risk
Cholesterol / HDLC Ratio (Calculated)	4.24		< 3.5 Normal
Triglyceride / HDLC Ratio (Calculated)	4.69		< 2 Normal > 4 Risk Level
Non HDLC (Calculated)	201.8		> 6 High Risk < 130 Normal 130 - 159 Near Normal 160 - 189 Borderline 190 - 219 Risklevel > 220 High Risk

End of Report -

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LIVER FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Billirubin			
Total Bilirubin	1.31	mg/dl	0 - 1.2
(Azobillirubin)			
Conjugated Bilirubin	0.24	mg/dl	0 - 0.4
(Dual Wavelength spectrophotometric)			
Unconjugated Bilirubin	1.07	mg/dl	0.0 - 1.1
(Dual Wavelength spectrophotometric)			
S.G.P.T. (ALT)	28.2	IU/L	0 - 49
(Kinetic with Pyridoxal 5-Phosphate)			
S.G.O.T. (AST)	35.1	IU/L	Up to 46
(Kinetic with Pyridoxal 5-Phosphate)			00 000
S.ALP (Alkaline Phosphatase)	187.4	U/L	80 - 306
(4-Nitrophenyl phosphate)			
S.Protein			00.00
Total Protein	6.67	gm/dl	6.3 - 8.2
(Biuret)			25 52
Albumin	4.70	gm/dl	3.5 - 5.2
(BCG)			40.0"
Globulin	1.97	gm/dl	1.9 - 3.5
(Calculated)			
Albumin Globulin Ratio	2.39		
S.GammaGT	95.7	IU/L	15-73
(L-Gamma Glutamyl-4-Nitroanalide)			

	SERUM	LDH LEVEL	
Test	Result	Unit	Biological Reference Interval
Sample Type: LDH Activity(Lactate Dehydrogenase): Pyruvate to lactate Kinetic Method	Serum 117.27	U/L	120 - 246

#Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

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RENAL FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Urea (Urease with Indicator dye) S.Creatinine	22.8 0.96	mg/dl mg/dL	Male: 19.6-43.6 Female: 15.2-37.0 0.55 - 1.30
(Enzymatic) S.Uric Acid (Uricase)	4.66	mg/dL	Male: 3.5-8.5 Female: 2.5-6.2

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Ref ID.

THYROID FUNCTION TEST (by CLIA on SIEMENS ADVIA Centaur XP)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.T3 (Total Triidothyronine by CLIA)	1.17	ng/mL	1 - 23 Months: 1.17 - 2.39 2 - 12 Years: 1.05 - 2.07 13 - 20 Years: 0.86 - 1.92 Adult: 0.6 - 1.81
S.T4 (Total Thyroxine by CLIA)	7.1	mcg/dL	3.2 - 12.6
S.TSH (Thyrold Stimulating Hormone by CLIA)	1.012	microU/mL	0 -12 Yrs: 0.77 - 5.64 12-19 Yrs: 0.75-3.69 19-100 Yrs: 0.35 -5.50

Prostate Specific Antigen (Carried out on miniVIDAS, Biomerieux)

Test	Result	Unit	Reference Interval
S.PSA: (Prostate Specific Antigen)	0.250	ng/ml	M : Healthy Male upto 4.00

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URINE ROUTINE ANALYSIS

Sample Type: Fresh Urine Physical Examination	Result	Biological Ref. Value
(Naked Eye Observation) Amount Colour	20 ml Pale Yellow	>10 ml Pale Yellow
Appearance Chemical Examination pH	Clear 6.0	Clear 4.5-8.0

Pil	0.0	1.0 0.0
(Dip stick) Specific Gravity	1.005	1.002-1.030
(Bromothymol Blue) Albumin	Absent	Absent
(Tetrabromophenol) Glucose	Absent	Absent
(Specific Glucose Oxidase/Peroxidase) Bilirubin	Absent	Absent
(Azo-coupling reaction) Acetone	Absent	Absent
(Sodium MitroprussIda Pasetina)		

(Sodium Nitroprusside Reaction) Urobilinogen	Absent	Absent
(Modified Ehrlich Reaction) Nitrites	Absent	Absent

(Diazotization Reaction)

Microscopic Examination (After centrifugation at 1500 RPM for 10min /hnft

inagation at 1000 KPW for tollia./hpi)	
Pus Cells(WBCs)	Absent
Red Blood Cells(RBCs)	Absent
Epithelial cells	Absent
T.Vaginals	Absent
Spermatozoa	Absent
Casts	Absent
Crystals	Absent
Amorphous Material	Absent

Absent Absent

Absent Absent Absent Absent Absent

Dr. Jaimin Panchal **End of Report**

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Age/Sex

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: 43 Years/Male : 6873

Mobile Ref ID.

: 9879140299

Electrocardiogram

Findings

Normal Sinus Rhythm.

Within Normal Limit.

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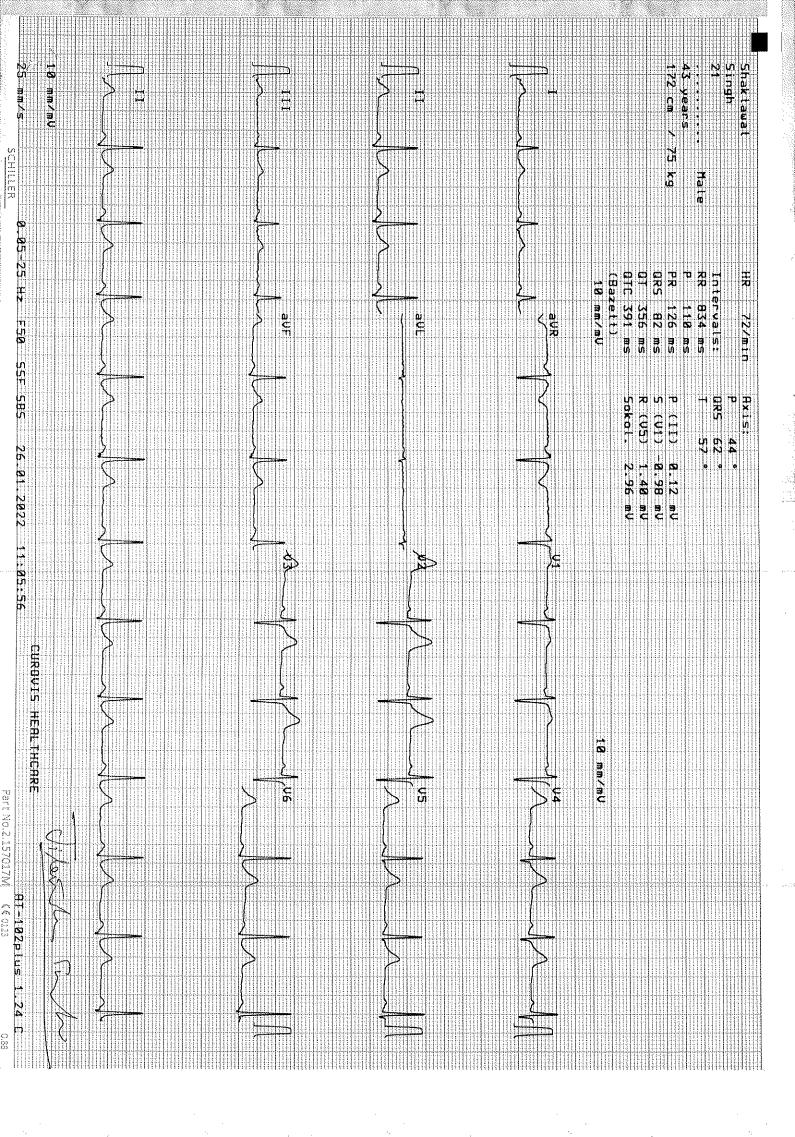
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End of Report -



Dr Jinen M Shah

DNB (Medicine)FCCS (USA)





: SHAKTAWAT JITENDRA SINGH

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: SS478

Age/Sex

: 43 Years/Male

Reg. No

Ref ID.

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Mobile

: 9879140299

2D Echo Colour Doppler

OBSERVATION:

- 2 D Echo and color flow studies were done in long and short axis, apical and Sub coastal views.
- 1. Normal LV size. No RWMA at rest.
- 2. Normal RV and RA. Mild Concentric LVH.
- 3. All Four valves are structurally normal.
- 4. Good LV systolic function. LVEF = 60%.
- 5. Reduced LV Compliance.
- 6. Trivial TR. Mild MR. No AR.
- 7. Mild PAH. RVSP = 40 mmHG.
- 8. Intact IAS and IVS.
- 9. No Clot, No Vegetation.
- 10. No pericardial effusion.

CONCLUSION

- 1. Normal LV size with Good LV systolic function.
- 2. Mild Concentric LVH . Reduced LV Compliance
- 3. Trivial TR with Mild PAH. Mild MR. No AR
- 4. No RWMA at rest.

This echo doesn't rule out any kind of congenital cardiac anomalies.

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Dr Jinen M Shah DNB (Medicine)FCCS (USA)



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X RAY CHEST PA

Both lung fields appear clear.

No evidence of any active infiltrations or consolidation.

Cardiac size appears within normal limits.

Both costo-phrenic angles appear free of fluid.

Both domes of diaphragm appear normal.

COMMENT: No significant abnormality is detected.

------ End of Report ------

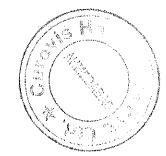
Dr. Atul Patel

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MD Radio-Dignosis

Approved On : 26/01/2022 4:56:00 PM

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Patient's Id

: 26/01/2022

: SS478

Age/Sex

Reg. No

🧓 : 43 Years/Male 6873

Mobile : 9879140299 Ref ID.

USG ABDOMEN

Liver appears normal in size, show homogenous parenchymal echo. No evidence of focal solid or cystic lesion seen. No evidence of dilatation of intra-hepatic billiary or portal radicals. PV is normal in caliber.

Gall bladder is normally distended. No evidence of calculus or mass seen. Gall bladder wall thickness appears normal.

Pancreas Visualized portion appears normal in size and echopattern. No evidence of focal lesions.

Spleen appears normal in size & normal in echopattern. No evidence of focal lesions.

Both kidneys are normal in size, shape and position. C.M. differentiation on both sides is maintained. No evidence of hydronephrosis, calculus or solid mass on either side.

Urinary bladder contour is normal, No evidence of calculus or mass.

Prostate is normal in size and show homogenous echo, outline is smooth.

No evidence of para-aortic lymph adenopathy.

No evidence of dilated small bowel loops.

No evidence of free fluid in peritoneal cavity.

COMMENTS:

NO SIGNIFICANT ABNORMALITY DETECTED.

Dr. Atul Patel

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MD Radio-Dignosis



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Reg. No Mobile

: 6873 : 9879140299

Ref ID.

Eye Check - Up

RIGHT EYE

SP:

-3.56

CY: AX:

-0.50 98

LEFT EYE

SP:

-3.25

CY: AX:

-0.7580

Without Glasses

With Glasses

Right Eye Left Eye

6/36 6/36

6/5 6/5

Near Vision:

Right Eye - N/6, Left Eye - N/6

Fundus Examination: Within Normal Limits.

Colour Vision:

Normal

Comments:

Normal

Dr.Kejal Patel MB,DO(Ophth)

Approved On

: 26/01/2022 3:23:00 PM

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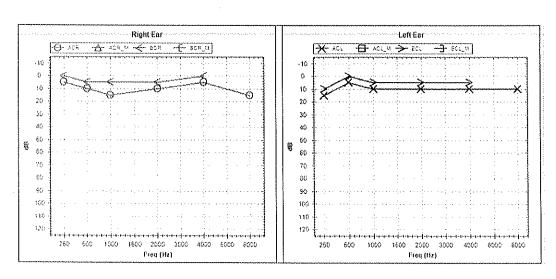


CLIENT NAME: JITENDRASINGH SHAKTAWAT.

AGE: 43Y / M

DATE: - 26/01/2022.

AUDIOGRAM



	MODE	Air Cor	daction	Bone Conduction		Colour	THE PUT A COMMAND REPORTED THE COMMENT AND AND AN ARCHITECTURE AND ARCHITE		
	EAR	Masked			UnMaskog		Threshold In dB	RIGHT	LEFT
-	iray		X		>	Blue	AIR CONDUCTION	11	11
********	KI(7H)	Δ	0		<	Rest	BONE CONDUCTION		
and the second	NO RESPONSE: Add & below the respective symbols						SPEECH	er an international results and the control of the	

Comments:-

Bilateral Hearing Sensitivity Within Normal Limits.

