

Name : Mr. RITESH ASHOK KHAIRE (40 /M)

Date : 23/09/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by: Dr .RAJASHRI DHONGADE

UHID : MHN1.0000133414

Package : MediWheel Full Body Health Checkup Male Below 40 Package

AHC No : NSKAH35385



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



### Past medical history

Do you have any - No  
allergies?



### Surgical history

Surgical history - Nil

### Immunization history

- Covid Dose1, Covid Dose2



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Mixed Diet  
Alcohol - consumes alcohol  
occasionally  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



### Family history

Father - alive  
Aged - 67

Mother - alive  
Aged - 62  
Sisters - 1  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Height - 174  
Weight - 75.5  
BMI - 24.94  
Pallor - No  
Oedema - no  
Temperature - 97  
SpO2 - 96



### Cardiovascular system

Heart rate (Per minute) - 63  
Rhythm - Regular  
Systolic(mm of Hg) - 130  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds



### Abdomen

Organomegaly - No  
Tenderness - No

Printed By : Ajay Murlidhar Bachhav

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**C B C WITH ESR (AUTOMATION + STANDARD METHOD)**

Test Name	Result	Unit	Level	Range
Hemoglobin	15.4	g/dl	●	13.0-18.0
Haematocrit	45.8	%	●	39.0-54.0
RBC COUNT	5.08	Million/ ul	●	4.2-6.5
MCV	84.2	fl	●	75.0-95.0
MCH	30.3	pg	●	26.0-32.0
MCHC	36	g/dl	●	31.0-36.0
RDW	16.6 *	%	●	11-16
Platelet Count(Optical/Impedance)	202	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	6.95	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	62	%	●	45-75
Lymphocytes	30	%	●	20-45
Eosinophils	02	%	●	1-6
Monocytes	06	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	5	mm/1st hr	●	0-10

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	21 *	U/L	●	30-65
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	4.0 *	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.1		●	1.1-1.8

ALKALINE PHOSPHATASE - SERUM/PLASMA 80 U/L ● 0-100

AST (SGOT) - SERUM 28 U/L ● 15-37

BILIRUBIN, TOTAL - SERUM 1.0 mg/dL ● 0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	191	mg/dL	●	0-200

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.8	mg/dL	●	0.8-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	35	U/L	●	0-50

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	105 *	mg/dL	●	70-100

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	120	mg/dL	●	70-140

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	31 *	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	6.2 *		●	0.0-4.5
LDL Cholesterol (Direct LDL)	114.9	mg/dL		

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.5 *	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	8.5 *	g/dL	●	6.4-8.2

Grade I fatty infiltration of liver.

No other significant abnormality is detected.

Suggest : Clinical correlation.

### X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	135	ng/dL	●	Healthy Adults: 69 - 215
TOTAL T4: THYROXINE - SERUM	7.6	µg/dL	●	Healthy Adults:5.2-12.7

### Haematology

STOOL ROUTINE

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	349 *	mg/dL	●	0-150

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.5	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.6	mg/dL	●	3.5-7.2

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.8 *	mg/dL	●	0.0-0.7

### CARDIAC STRESS TEST - (TMT)

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

### ECG

### ULTRASOUND - WHOLE ABDOMEN

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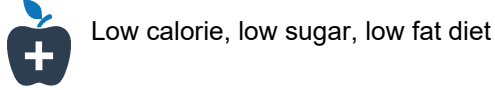
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## Executive Summary

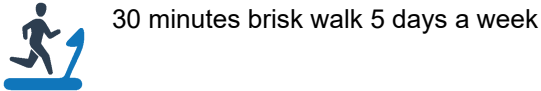


## Wellness Prescription

### Advice On Diet :-



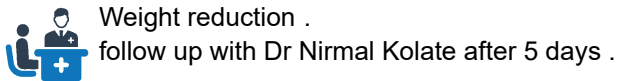
### Advice On Physical Activity :-



## Recommended Follow-up Consultations

Speciality Name	Doctor Name	Schedule WithIn	Remarks
CARDIOLOGY	NIRMAL KOLTE	5 Day(s)	

## Follow-up and Review Plan



Scan the QR code  
in AskApollo App  
to book your  
follow-up  
appointments and  
investigations

Printed By : Shweta Sharad Shardul

**Dr.RAJASHRI DHONGADE**  
AHC Physician / Consultant Internal Medicine

**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

2

### ACCEPTABLE SCORE

5

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**