

30

**Subject: Health Check up Booking Confirmed Request(bobE48212),Package Code-PKG10000236, Beneficiary Code-73816**

Mediwheel <wellness@mediwheel.in>

Sent: Thu, 12 Oct 2023 14:48:37 GMT+0530

To: You

Cc: customercare@mediwheel.in

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MedSave

011-41195959

Email:wellness@mediwheel.in

Hi Metro Hospital & Heart Institute,  
Diagnostic/Hospital Location :Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,City:Haridwar

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000236  
 Beneficiary Name : MR. SINGH KULDEEP  
 Member Age : 46  
 Member Gender : Male  
 Member Relation : Employee  
 Package Name : Medi-Wheel Full Body Health Checkup Male Above 40  
 Location : RISHIKESH,Uttarakhand-249201  
 Contact Details : 9999801578  
 Booking Date : 12-10-2023  
 Appointment Date : 14-10-2023

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

**Subject: Health Check up Booking Request(bobE48212), Beneficiary Code-73816**

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Dear **Metro Hospital & Heart Institute,**

**City :** Haridwar . **Address :** Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,

We have received the confirmation for the following booking .

**Name** : MR. SINGH KULDEEP

**Age** : 46

**Gender** : Male

**Package Name** : Medi-Wheel Full Body Health Checkup Male Above 40

**Contact Details** : 9999801578

**Booking Date** : 12-10-2023

**Appointment Date** : 14-10-2023

Member information			
Booked Member Name	Age	Gender	Cost(In INR)
MR. SINGH KULDEEP	46	Male	Cashless
Total amount to be paid		Cashless	

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

**Package Name** : Medi-Wheel Full Body Health Checkup Male Above 40 - Includes (40)Tests

**Tests included in this Package**

Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar .Postprandial, Psa(for Male), Dental Consultation, Creatinine, Serum, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin



Patient Name Kuldeep Singh Age/Sex ..... Reg.No.....  
Doctor Dr. Manan Agarwal  
Date ..... Time.....

DENTAL EXAMINATION

➤ TEETH STATUS = Average

• MISSING - 

4	1	6
6		

• DECAYED - NIL

➤ ORAL HYGIENE STATUS = Poor

• STAINS - +

• CALCULUS - Absent





# METRO

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we treat...HE CURES

## Metro Hospital & Heart Institute

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Patient Name Kuldeep Singh Age/Sex 46/M Reg. No. ....

Doctor's Name Dr. Sushil Kumar

Date 14/10/23

Time .....

### OPHTHALMIC EXAMINATION

#### VISION

##### DISTANCE VISION-

Rt 6/6

Lt 6/9

##### NEAR VISION-

Rt N/6

Lt N/6

##### COLOUR VISION

Normal

#### EYE EXAMINATION

Cornea

Ant Chamber

Pupil

Fundus Examination

#### ADVICE-

Dr. Sushil Kumar, MBS, MS (ophtho)  
Consultant Ophthalmologist  
Metro Hospital & Heart Institute  
Sidcul, Haridwar  
Signature [Signature] 14/10/23 (UF)

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

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Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

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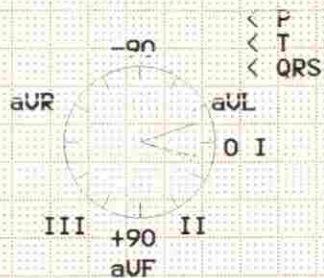


Mr Kuldeep Singh  
46y/M  
14-10-23

HR 58bpm

Measurement Results:

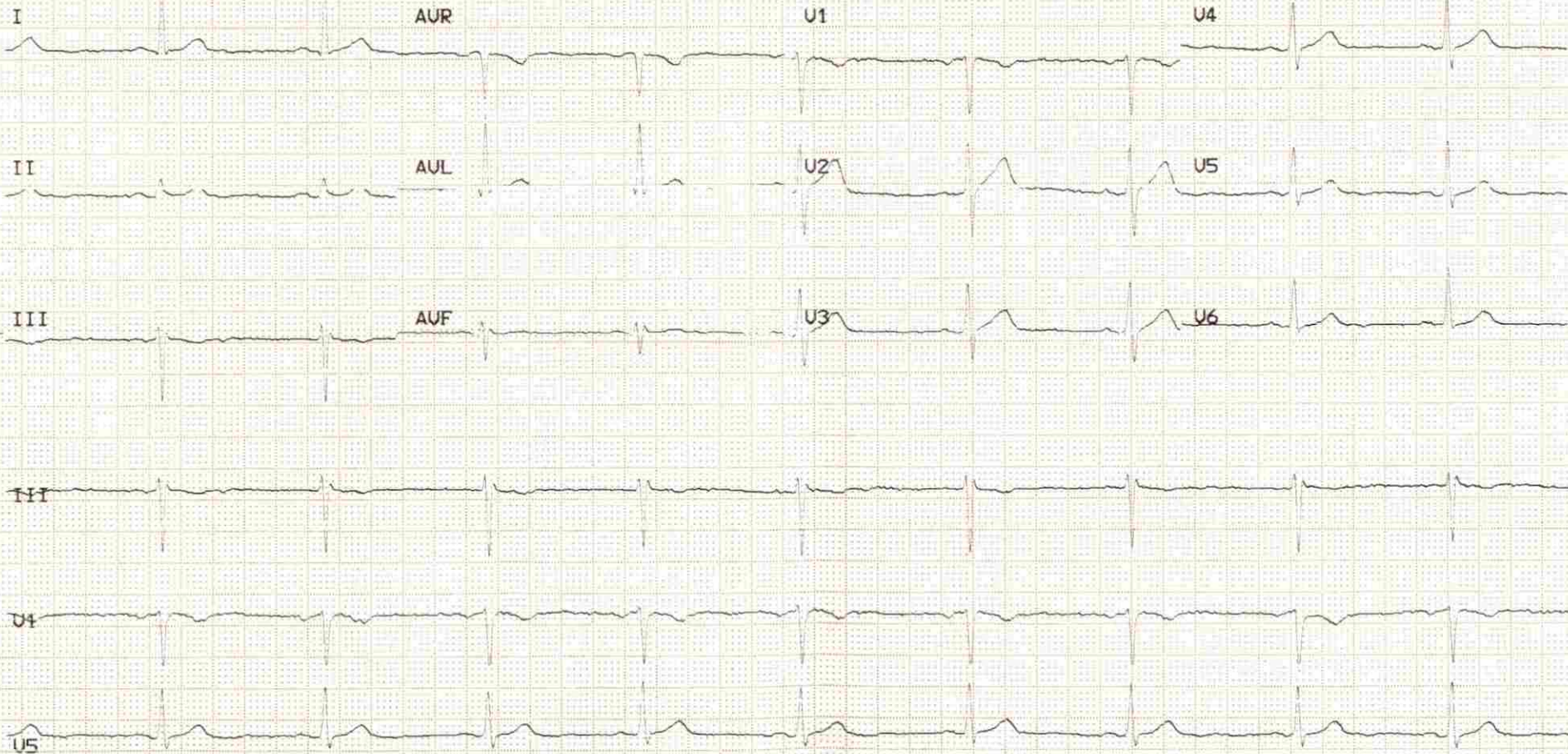
QRS	:	96 ms
QT/QTcB	:	370 / 364 ms
PR	:	152 ms
P	:	112 ms
RR/PP	:	1032 / 1030 ms
P/QRS/T	:	20/ -20/ 15 degrees
QTD/QTcBD	:	30 / 30 ms
Sokolow	:	1.7 mU
NK	:	7



Interpretation:

minor left axis deviation  
R/S inversion area between V1 and V2  
probably normal ECG

Unconfirmed report.





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**Radiology Investigation Report ( Provisional )**

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**Name** : Mr. Kuldeep Singh  
**Ref. By** : Dr. ANIL SINGH  
**IP/OP** : OP/202311309  
**Date** : 14/10/2023

**Age/Sex** : 46 Y/M  
**UHID NO** : 2023018005  
**Request No** : 70240491

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**USG WHOLE ABDOMEN**

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & echotexture. No focal area of abnormal echogenecity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.

Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. **There is right renal concretion**

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

**IMPRESSION :**

**Right renal concretion.**

  
**DR. PRAKASH CHANDRA PANDEY**  
**MBBS, DMRD**  
**CONSULTANT RADIOLOGIST**

---

**Note:**

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

**Radiology Investigation Report**

**Name** : Mr. Kuldeep Singh  
**Ref. By** : Dr. ANIL SINGH  
**IP/OP** : OP/202311309  
**Date** : 14/10/2023

**Age/Sex** : 46 Y/M  
**UHID NO** : 2023018005  
**Request No** : 70240491

**X-RAY CHEST PA View**

Cardiac contour & size are normal.  
Trachea is central.  
Lung fields are clear.  
Hilar shadows are normal.  
Costophrenic angles are clear.  
Bony rib cage is normal.

**IMPRESSION: NORMAL CHEST.**

**DR. PRAKASH CHANDRA PANDEY**  
MBBS, DMRD  
CONSULTANT RADIOLOGIST

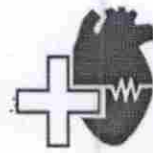
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## 2D ECHOCARDIOGRAPHY

Name:	Mr. Kuldeep Singh	UHID No:	2023018005
Age/Sex:	46Y/M	Ward:	OPD
Referred by:	Dr. Anil Singh	Date:	14.10.2023

ACOUSTIC WINDOW: Normal

### MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.0	(0.6 – 1.1 cm)
LVPW (ED)	1.1	(0.6 – 1.1 cm)
LVID (ED)	4.7	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.8	(2.0 – 3.7 cm)
LA dimension	3.4	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	60%	(55 – 75%)

### MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

### DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 70, A – 81, E/A<1	
Aortic	Nil	Vel – 120	
Tricuspid	Mild	Vel – 266	PASP – 28
Pulmonary	Nil	Vel – 108	

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## FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~60%
- Grade I LVDD
- Trace MR, Mild TR, PASP 28 mmHg
- No pericardial effusion
- No Intracardiac clot

### Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)  
Consultant Interventional Cardiology  
UKMC Reg. No: 12883

### Dr. Ajit Kumar

MBBS, PGDCC  
Associate Consultant, Cardiology  
UKMC Reg. No: 7569

(Note: This document is not for medico-legal purpose)

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## Pathology Report

Name : Mr. Kuldeep Singh  
 Ref. By : Dr. ANIL SINGH  
 IP/OP : OP/202311309  
 Sample Date : 14/10/2023  
 Reporting Date: 15/10/2023

Age/Sex : 46 Y/M  
 UHID : 2023018005  
 Request No. : 10374725  
 Sample Time : 10:07  
 Reporting Time: 00:37

Test	Result	Unit	Bio. Ref. Inter. Test Method
<b>Biochemistry</b>			
HB1AC	6.0	%	4.5-6.3
BLOOD SUGAR -PP	101.0	mg/dl	70.0-140.0
BLOOD SUGAR -FASTING	73.0	mg/dl	70.0-110.0
<b>LIPID PROFILE</b>			
TOTAL CHOLESTEROL	161.0	mg/dl	00-250.0
HDL-CHOLESTEROL	29.0	mg/dl	00-50.0
LDL	103.0	mg/dl	00-150.0
TRIGLYCERIDES	146.0	md/dl	30-150
VLDL	29.0	mg/dl	0-50
CHOL/HDL Ratio	5.5		<4.5
<b>LFT (LIVER FUNCTION TEST)</b>			
BILIRUBIN INDIRECT	0.31	mg/dl	0.2-0.8
SGOT	50.0	U/L	10-42
SGPT	29.0	U/L	10-42
BIILIRUBIN TOTAL	1.31	mg/dl	0.2-1.0
ALKALINE PHOSPHATASE	154.0	IU/L	28-111
BILIRUBIN DIRECT	1.0	mg/dl	0.1-0.4
TOTAL PROTEIN	7.5	gm/dl	6.4-8.2
ALBUMIN	4.0	g/dl	3.5-5.0
GLOBULIN	3.5	gm/dl	2.0-4.0
AG RATIO	1.1		-
<b>KFT (KIDNEY FUNCTION TEST)</b>			
UREA	18.9	mg/dl	15-45
SODIUM	143.0	mmol/L	135-155
CREATININE	0.76	mg/dl	0.6-1.3
URIC ACID	6.8	mg/dl	3.0-7.6
BUN	9.0	mg/dl	05-20
POTTASSIUM	4.4	mmol/L	3.5-5.5
CALCIUM	8.5	mg/dl	8.5-10.5

\*\*\* End of Reports \*\*\*

Dr. Vishal Arora  
 MBBS, DCP  
 (Consultant Pathologist)

Checked By

**Note:**

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
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10/15/2023 1:48 AM



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 Request No. : 10374725  
 Sample Time : 10:07  
 Reporting Time : 00:37

Test	Result	Unit	Bio. Ref. Inter. Test Method
<b>Hematology</b>			
BLOOD GROUP	O	-	-
ABO	POSITIVE	-	-
Rh			
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)			
HB	13.2	gm/dl	M - 13-18
TLC	4590	/cumm	4000-11000
DLC (WBC DIFFERENTIAL)			
NEUTROPHILS	65	%	45-75
LYMPHOCYTES	25	%	25-45
EOSINOPHILS	04	%	1-6
MONOCYTES	06	%	2-8
BASOPHILS	00	%	--<2
RBC	4.50	million	3.5-5.5
PCV	44.2	%	36-52
MCV	98.2	fL	80-100
MCH	29.3	PG	27-32
MCHC	29.9	gm/dl	31-37
PLATELET COUNT	1.15	lakh/cumm	1.5-4.5
RDW	13.0	%	11.5-15
ESR	17	mm/hr	20
<b>Serology &amp; Immunology</b>			
THYROID PROFILE			
T3	1.98	nmol/L	1.70-3.10
T4	10.0	µg/dl	5.95-15.4
TSH	2.46	µIU/L	0.46-4.68

\*\*\* End of Reports \*\*\*

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 MBBS, DCP  
 (Consultant Pathologist)

*Acc*  
 Checked By

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 Sample Time : 10:07  
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Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Urine Examination</b>				
URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	PALE			
	YELLOW			
TRANSPARENCY	CLEAR			
S. GRAVITY	1.015			
CHEMICAL EXAMINATION				
ALBUMIN	NIL			
SUGAR	NIL			
pH	6.5			
BLOOD	NIL			
KETONE	NIL			
MICROSCOPIC EXAMINATION				
PUS CELLS	2-3			
EPITHELIAL CELLS	1-2			
RBC	NIL			
CRYSTALS	NIL			
CAST	NIL			
BACTERIA	NIL			
AMORPHOUS PHOSPHATE	NIL			
AMORPHOUS URATES	NIL			

\*\*\* End of Reports \*\*\*

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