

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR RAM
EC NO.	123832
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	KADIPUR
BIRTHDATE	06-01-1989
PROPOSED DATE OF HEALTH CHECKUP	08-03-2024
BOOKING REFERENCE NO.	23M123832100098336E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **07-03-2024** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda


Dr. J.P. SINGH
M.D.(Medicine) FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.Ltd.)

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



Ram



Dr.J.P.SINGH
M.D.(Medicine) FACP (USA)
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt.Ltd.)

 बैंक ऑफ बड़ोदा
Bank of Baroda

नाम- राम कुमार
Name - RAM KUMAR
कार्यकारी बूट नं- 123832
E.C.No. - 123832


जारीकर्ता प्राधिकारी
Issuing Authority



धरम सिंह गुप्ता
Signature of Holder

(Ram)


Dr. J.P. SINGH
M.D. (Medicine) FACP (USA)
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt.Ltd.)

MA RAM KUMAR
Age 35/M

10.03.2024 11:42:21
JPK CLINIC AND DIAGNOSTICS
NORMAL COMPOUND SUPER MARKET
SULTANPUR

Location
Room
Order Number
Indication
Medication 1
Medication 2
Medication 3

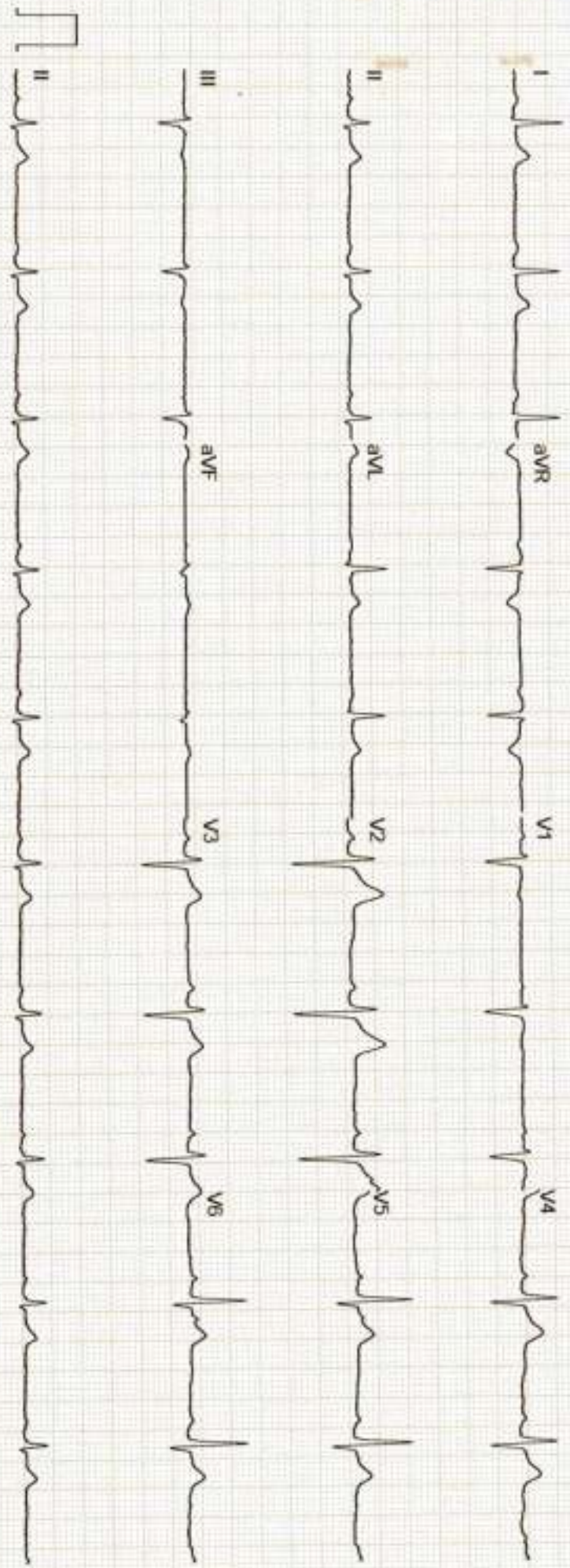
61 bpm
- / - mmHg

QRS : 94 ms
QT / QTcBaz : 378 / 380 ms
PR : 146 ms
P : 96 ms
RR / PP : 982 / 983 ms
P / QRS / T : 18 / 5 / 23 degrees

Normal sinus rhythm
Normal ECG

Dr. J.P. SINGH
MD (Medical) FRCP (USA)
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Center Pvt Ltd)

Technician
Ordering Ph. DR. J.P. SINGH
Referring Ph.
Attending Ph.



GE MAC2000 1.1 12SL™ V241

25 mm/s 10 mm/mV

ADS 0.56-20 Hz 50 Hz 4x2.5x3 25_R1

Unconfirmed

1/1



सर्वे सन्तु निरामया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट NY मॉल, गल्ला मण्डी मोड़, जिला अस्पताल रोड- सुलतानपुर

Report No : 38,454
 Patient Name : Mr. RAM KUMAR
 Age (Y-M-D) : 36 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.: 10-Mar-2024
 Receiving Date : 10-Mar-2024
 Reporting Date :

X-RAY CHEST P.A.

TRACHEA- : Trachea is central,
 CARDIAC SHADOW- : The cardiac size and silhouette is normal,
 ANGLES- : Both costophrenic angles are clear.
 PARRENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.
 C / T RATIO- : Normal
 MEDIASTINUM- : no mediastinal shift is seen.
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.
 IMPRESSION- : NORMAL FINDING

सर्वे सन्तु निरामया

Dr. J.P. SINGH
 M.D.(Medicine) FRCP (USA)
 Director & Consultant Physician
 (JPK Hospitals & Trauma Center Pvt.Ltd.)

Dr. Amit Kumar
 M.B.B.S. MS
 Ren No. 29176
 Dr. Amit Kumar
 (Sonologist.)



Timings: 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.
 if there is any doubt please repeat test free of cost. { NOT FOR MEDICO LEGAL PURPOSE}



सर्वे भद्रं कर्तुं नायकाय

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट सिटी मार्ट मॉल, गल्ला मण्डी मोड़ जिला अस्पताल रोड- सुलतानपुर

Report No : 38,451
 Patient Name : Mr. RAM KUMAR
 Age (Y-M-D) : 36 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.: 10-Mar-24 12
 Receiving Date : 10-Mar-24 12
 Reporting Date :

ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

LIVER	: Liver is normal in size and echogenicity . No focal or diffuse mass lesion seen.No IHBD dilatation seen.
GALL BLADDER	: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
PV/CBD	: Portal vein and CBD are normal in their course and calibre.
PANCREAS	: Pancreas is normal in size, contour & echotexture.
SPLEEN.	: Spleen is normal in size mm and echogenicity. No focal or diffuse mass lesion seen.
KIDNEYS	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.
URETER	: B/L ureters are normally visualized.
U.BLADDER	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
PROSTATE	: Prostate is normal in size, shape & echo-texture. No mass lesion is seen .
POST VOID	: Not done.
BOWEL	: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity. No obvious lymphadenopathy noted.
IMPRESSION	: NORMAL FINDINGS

Dr.J.P.SINGH
 M.D.(Medicine) / ACP (USA)
 Director & Consultant Physician
 (JPK Hospitals & Trauma Center Pvt.Ltd.)

Dr. Amit Kumar
 M.B.B.S.MS
 Reg.No.-29176
 Dr. Amit Kumar
 (Sonologist:)



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(NOT FOR MEDICO LEGAL PURPOSE)

JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
Super Market, Sultanpur -228 001 (U.P.)
Ph. : 05382-241192, 9196008963
www.jpkhospitals.com



Patient ID : JPKH-MRN-48696
Name : Mr. RAM KUMAR
Age/Gender : 35Y/M
Date/Time : 10-03-2024/14:36
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
BIO-CHEMISTRY		
LRN-004184 Blood Urea Nitrogen (BUN)	Blood Urea Nitrogen (BUN) 15.1 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection 10 Mar 2024 / 14:42 Result Approval 10 Mar 2024 / 17:37		
LRN-004185 Serum Creatinine	Serum Creatinine 0.9 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Observation		
Sample Collection 10 Mar 2024 / 14:42 Result Approval 10 Mar 2024 / 17:37		
LRN-004184 Total Cholesterol	Lipid Profile 187.2 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
Triglycerides	193.4 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
HDL	37.4 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	86.2 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	38.6 mg/dL	15-30 mg/dL

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, D.P. (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt Ltd)

This is an Electronically Generated Report. This report is based on the specimens supplied. The report may need to be correlated clinically in laboratory.

Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
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- Ultrasound

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Name : Mr. RAM KUMAR
Age/Gender : 35Y/M
Date/Time : 10-03-2024/14:36
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
TC/HDL Ratio	5.00	Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL (Less than 5.0)
LDL/HDL	2.30	UPTO 3.5
Sample Collection 10 Mar 2024 / 14:42 Result Approval 10 Mar 2024 / 17:37		
LRN-004186	HbA1C	
Glycosylated Haemoglobin	5.2 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection 10 Mar 2024 / 14:42 Result Approval 10 Mar 2024 / 17:37		
LRN-004185	Fasting blood sugar	
Fasting Blood Sugar	77.0 mg/dL	70-110 mg/dl
Observation		
Sample Collection 10 Mar 2024 / 14:42 Result Approval 10 Mar 2024 / 17:37		
LRN-004185	Uric Acid	
Uric Acid	4.52 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Observation		
Sample Collection 10 Mar 2024 / 14:42 Result Approval 10 Mar 2024 / 17:37		
LRN-004184	Liver Function Test (LFT)	
Bilirubin Total	0.46 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature)

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, DCP (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Patient ID : JPKH-MRN-48696
Name : Mr. RAM KUMAR
Age/Gender : 35Y/M
Date/Time : 10-03-2024/14:36
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
		4.0 - 8.0 mg/dL
		3-5 Days (Full Term)
		0.0 - 1.0 mg/dL (Adult)
Billirubin Direct	0.22 mg/dL	0.0 - 0.2 mg/dL
Billirubin Indirect	0.24 mg/dL	0.0 - 0.8 mg/dL
SGOT	18.0 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	26.4 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	85.0 U/L	UPTO 125 U/L
Total Protein	7.55 g/dL	6.0 - 8.0 g/dL
Albumin	4.65 g/dL	3.5 - 5.2 g/dL
Globulin	2.90 g/dL	1.5 - 3.0 g/dL
A/G	1.60	1 - 2
Sample Collection 10 Mar 2024 / 14:42 Result Approval 10 Mar 2024 / 17:37		
LRN-004185	Gamma Glutamyl transferase (GGT)	
GGT	32.1 U/L	5-36 U/L (Female) 8-61 U/L (Male)
Observation		
Sample Collection 10 Mar 2024 / 14:42 Result Approval 10 Mar 2024 / 17:37		
LRN-004185	PSA Total	
PSA TOTAL	2.10 ng/mL	<4.00 ng/mL
Observation		
Sample Collection 10 Mar 2024 / 14:42 Result Approval 10 Mar 2024 / 17:37		


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Lab Technician


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Name : Mr. RAM KUMAR
Age/Gender : 35Y/M
Date/Time : 10-03-2024/14:36
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
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INVESTIGATION	RESULT	REFERENCE RANGE
HAEMATOLOGY		
Complete Blood Count		
Haemoglobin	12.7 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
WBC Count	7520	4000-11,000/cumm
Differential Count		
Neutrophils	64 %	40-75 %
Lymphocytes	25 %	20-45 %
Eosinophils	04 %	01-08 %
Monocytes	07 %	02-10 %
Basophils	00 %	00-01 %
RBC Count	5.77 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
PCV	40.4 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
MCV	70.0 fl	75-95 fl
MCH	22.1 pg	26-32 pg
MCHC	31.6 %	30-35%
Platelet Count	200000 cells/cumm	150000 - 400000 cells/cumm
Mean Platelet Volume(MPV)	11.1 fL	7.5-11.5 fL
RDW-CV	14.9 %	11-16 %
RDW-SD	39.9 %	35-56 %
Observation		

Sample Collection 10 Mar 2024 / 14:42
Result Approval 10 Mar 2024 / 17:37



INVESTIGATION	RESULT	REFERENCE RANGE
Erythrocyte sedimentation Rate (ESR)		
Erythrocyte sedimentation Rate (ESR)	05 mm/hr	Male : 0 - 10 mm/hr Female : 0 - 20 mm/hr
Observation		

Sample Collection 10 Mar 2024 / 14:42

Rakesh Sharma
Lab Technician

DR. SHIWANGI
MBBS, DCP (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the specimens received. The report may need to be correlated clinically as laboratory facilities are available.

- Facilities Available**
- ECG
 - PFT
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Age/Gender : 35Y/M
Date/Time : 10-03-2024/14:36
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

Result Approval 10 Mar 2024 / 17:37

LRN-004183

Blood Group

RH Typing

Observation

Blood grouping and Rh typing

O

POSITIVE (+)

Sample Collection 10 Mar 2024 / 14:42
Result Approval 10 Mar 2024 / 17:37



Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, DCP (DNB)

Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Facilities Available

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Ph. : 05362-241192, 9198008963
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Patient ID : JPKH-MRN-48698
Name : Mr. RAM KUMAR
Age/Gender : 35Y/M
Date/Time : 10-03-2024/14:36
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-204187

Clinical Pathology URINE-ROUTINE/MICROSCOPY

PHYSICAL EXAMINATION

Quantity in ml : 20 ML
Urine Color : PALE YELLOW
Reaction : ACIDIC

CHEMICAL EXAMINATION

Leukocytes : NEGATIVE
Nitrite : NEGATIVE
Urobilinogen : NEGATIVE
pH : 6.0
Blood : NEGATIVE
Sp.Gravity : 1.020
Ketone : NEGATIVE
Bilirubin : NEGATIVE
Glucose : NEGATIVE
Protein : NEGATIVE

MICROSCOPIC EXAMINATION

Epithelial Cells : 2-3/HPF
RBC : NIL
Pus Cells : 1-2/HPF
Casts : NOT SEEN
Crystals : NOT SEEN
Observation

Sample Collection 10 Mar 2024 / 14:42
Result Approval 10 Mar 2024 / 17:37

JPK HOSPITAL
॥ सर्वे सन्तु निरोग्यः ॥

Rakesh

Rakesh Sharma
Lab Technician

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Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Patient ID : JPKH-MRN-48698
Name : Mr. RAM KUMAR
Age/Gender : 35Y/M
Date/Time : 10-03-2024/14:36
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE


INVESTIGATION	RESULT	REFERENCE RANGE
LRN-004188	CHEMILUMINESCENCE IMMUNOASSAY	
	Thyroid Function Test (T3, T4, TSH)	
T3	0.62 ng/mL	0.69-2.15
T4	89.2 ng/mL	52-127
TSH	1.86 µIU/mL	21 weeks- 20 years: 0.7-8.4 µIU/mL 21-54 years: 0.4 - 4.2 µIU/mL 55- 87 years: 0.5 – 8.9 µIU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 µIU/mL 2nd Trimester: 0.46 – 2.95 µIU/mL 3rd Trimester: 0.43 – 2.78 µIU/mL

Observation

Sample Collection 10 Mar 2024 / 14:42
Result Approval 10 Mar 2024 / 17:37

— End of Report —

JPK HOSPITAL
॥ सर्वे सन्तु निरामयः ॥


Rakesh Sharma
Lab Technician

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JPK HOSPITAL AND TRAUMA CENTER

MR. RAM KUMAR / 36 Yrs / M / 158 Cms / 67 Kg / HR : 65

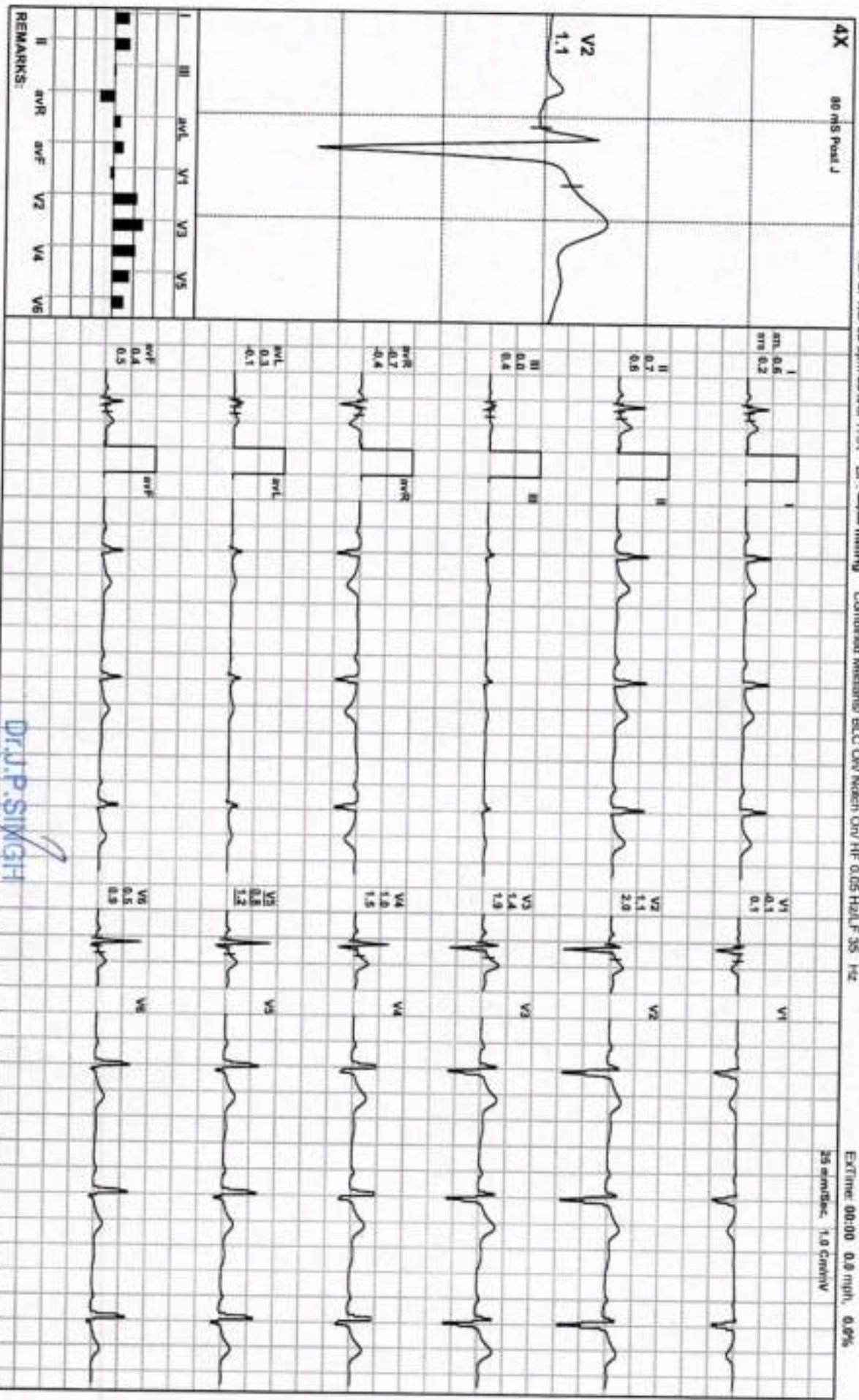
BRUCE:Supine(0:12)



Date: 10 - 03 - 2024 01:33:21 PM METS: 1.0/ 65 bpm 35% of THR BP: 110/70 mmHg Combined Meds: B/C Ov Natch Ov/ HF 0.05 H2LF 3S 142

4X 90 mS Post J

EXTime: 00:00 0.8 msp, 0.0%
25 elms/sec, 1.0 Cm/mV



REMARKS:

DR. P. SINGH

M.D.(Medicine) /ACP (USA)

Director & Consultant Physician
(JPK Hospital & Trauma Center Pvt.Ltd.)

(ADX_GEM217220330)RJA/engns

JPK HOSPITAL AND TRAUMA CENTER

MR. RAM KUMAR / 35 YRS / M / 158 Cms / 67 Kg / HR : 68

BRUCE: Standing(0:14)

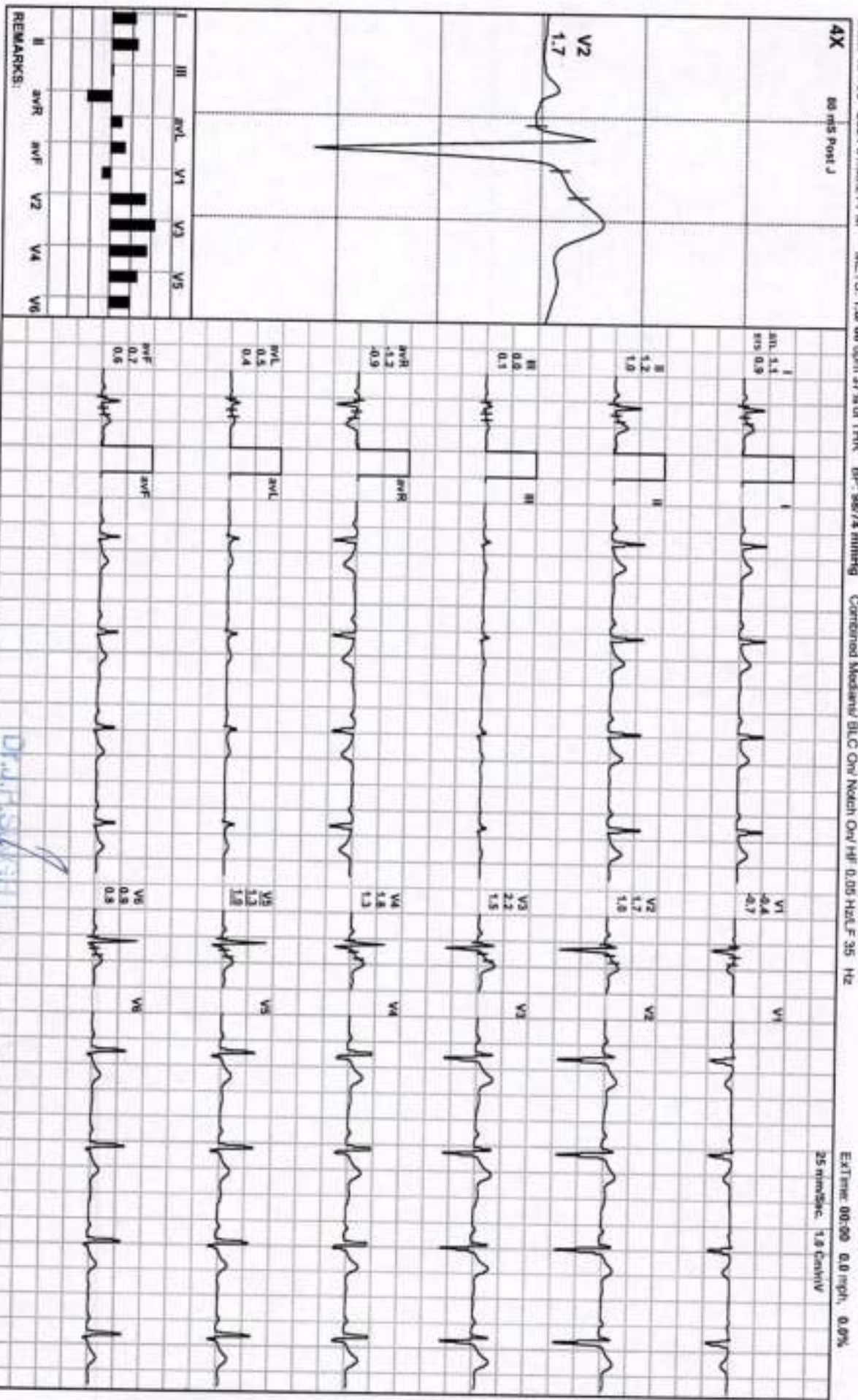


Date: 10 - 03 - 2024 01:33:21 PM NETS: 1.0/ 68 bpm 37% of THR BP: 88/74 mmHg Confirmed Medians/ BLC On/ Natch On/ HR 0.05 HALF 35 Hz

4X

60 mS Post J

EXTime: 00:50 0.0 mph, 0.0%
25 mm/Sec. 1.8 Cm/IV



DR. J. S. SETHI

MD (Medicine) / ACP (USA)
Director & Consultant Physician
(JPK Hospital & Trauma Center Pvt.Ltd.)

JADX_GEM217220330JRYMhngms

JPK HOSPITAL AND TRAUMA CENTER

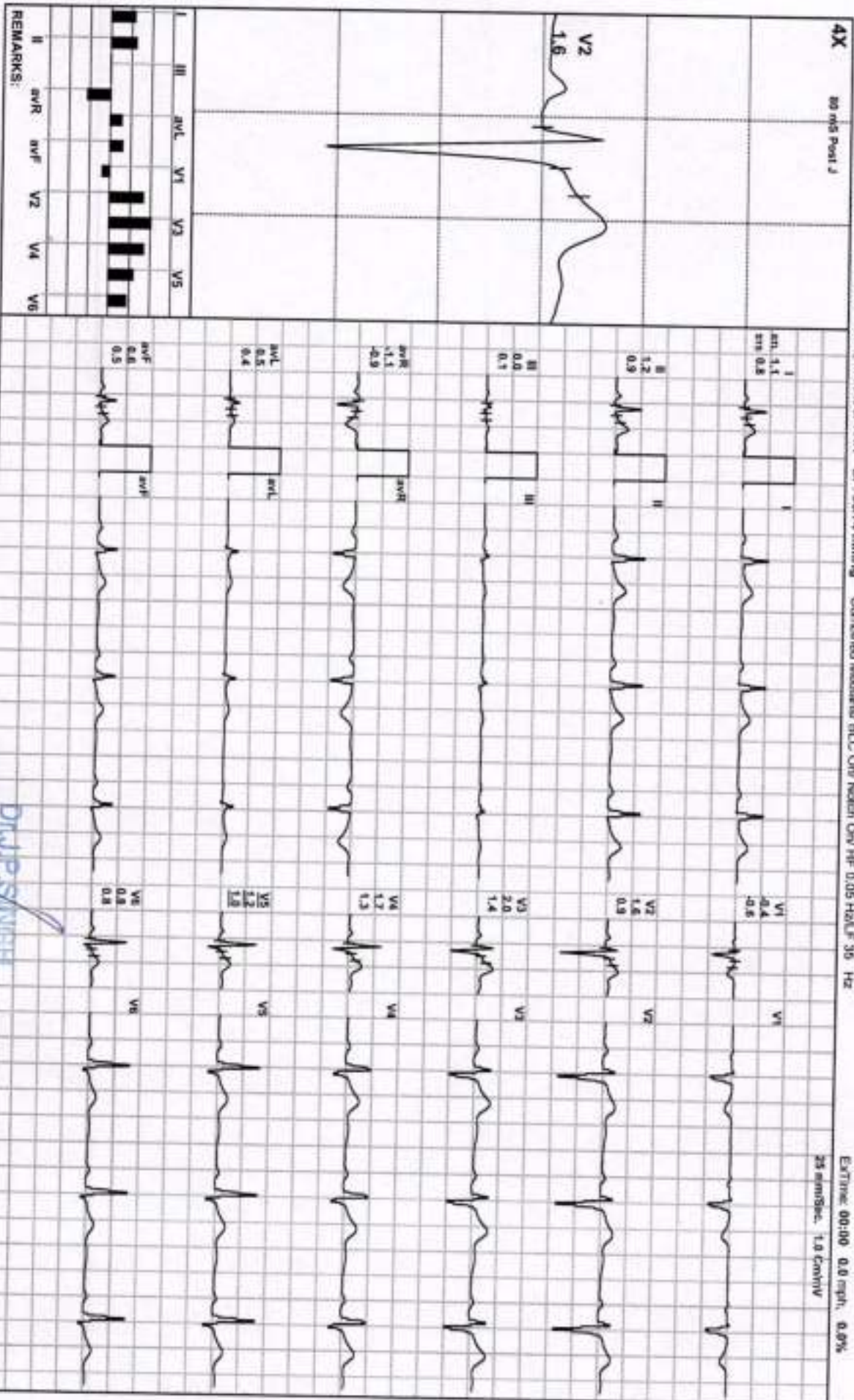
MR. RAM KUMAR / 35 Yrs / M / 158 Cms / 67 Kg / HR : 65

BRUCE:HV(0:17)



Date: 10 - 03 - 2024 01:33:21 PM METS: 1.00 65 bpm 35% of THR BP: 98/74 mmHg Combined Medianw/ BLC Cav Natch Cav HF 0.05 HALF 36 Hz

EXTIME: 00:00 0.0 mpr/s, 0.0%
25 mm/Sec, 1.0 Cm/IV



REMARKS:

DR. P. S. NIGH

M.D. Medicine - ACP (USA)
Director & Consultant Physician
(JPK Hospital & Trauma Center Pvt.Ltd.)

(ADX_GEM217220300)RJA/engr

JPK HOSPITAL AND TRAUMA CENTER

MR. RAM KUMAR / 35 Yrs / M / 158 Cms / 67 Kg / HR : 67

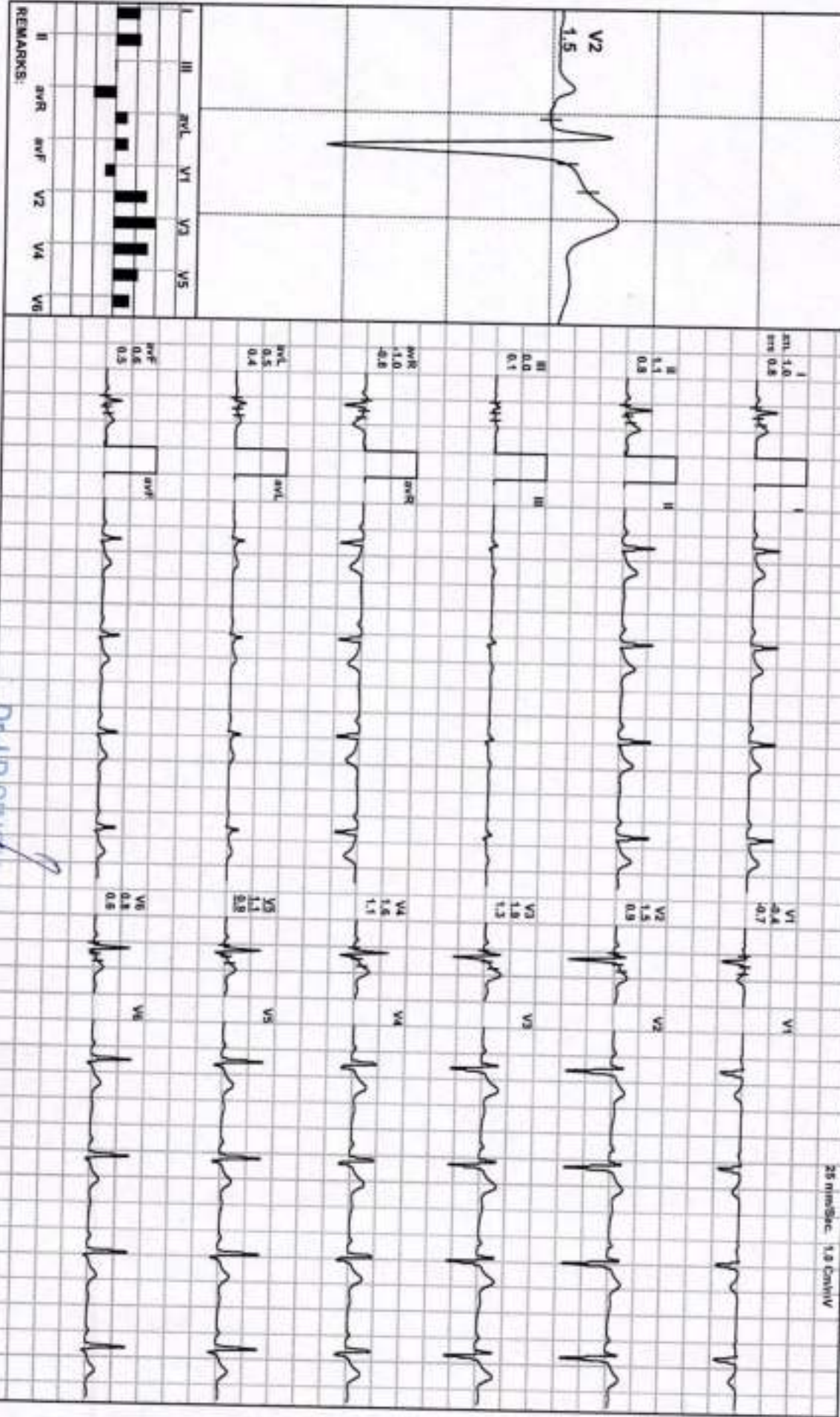
BRUCE: Warm Up(0:17)



Date: 10 - 03 - 2024 01:33:21 PM METS: 1.0/ 67 bpm 36% of THIR BP: 98/74 mmHg Combined Medicine/ BLC On Nach On HF 0.05 HZEL F 35 Hz

4X 80 ms Post J

EXTIME: 00:00 0.0 mV 0.0%



Dr. J.P. Sivaji

**M.D. (Medicine) FACC (USA)
Director & Consultant Physician
(JPK Hospital & Trauma Center Pvt.Ltd.)**

(ADX_GEM217200300)RCM@jpk.org

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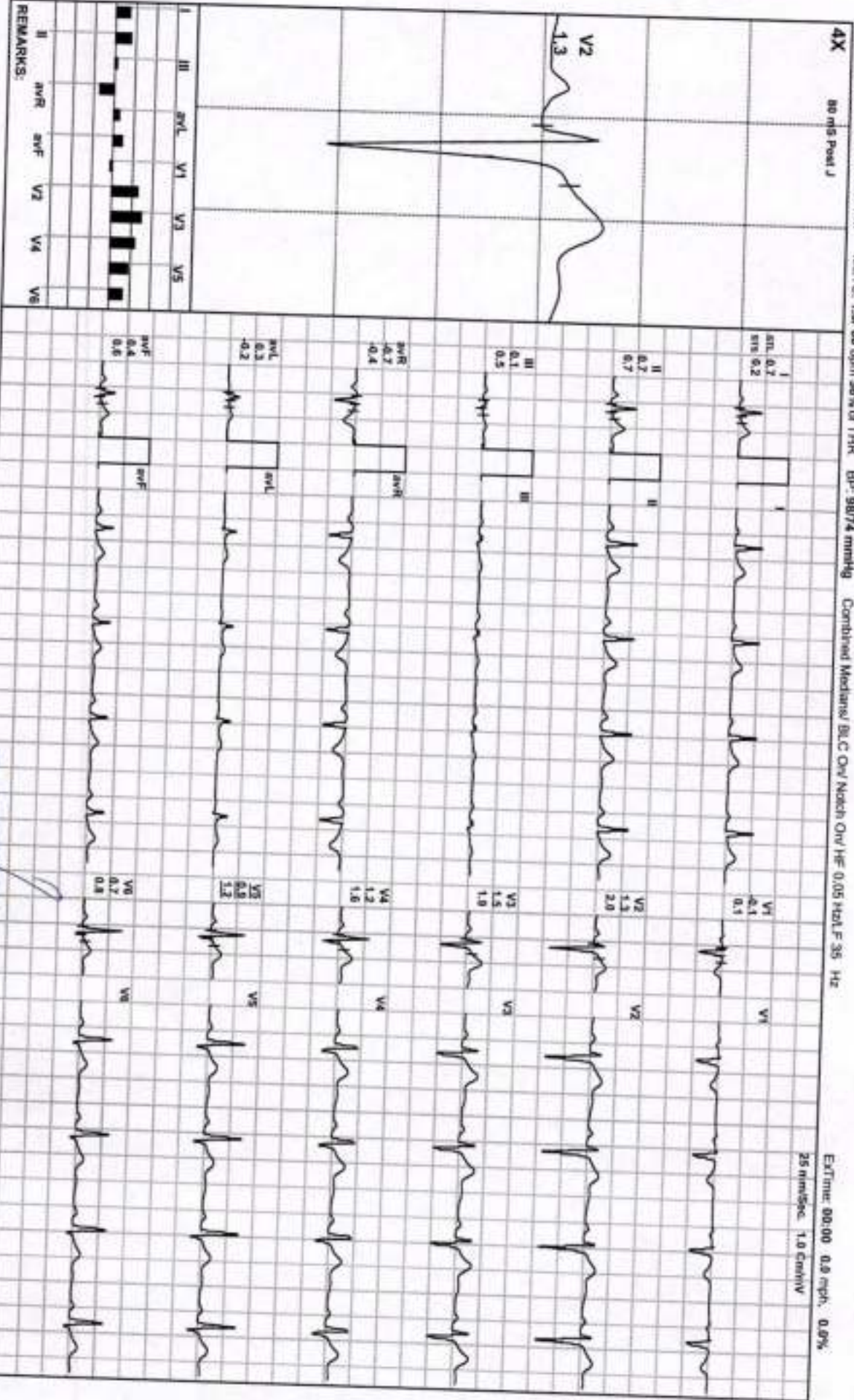
MR. RAM KUMAR / 35 Yrs / M / 158 Cms / 67 Kg / HR : 66

ExStart



Date: 10 - 03 - 2024 01:33:21 PM METS: 1.89 66 bpm 36% of THR BP: 98/74 mmHg Combined Meds/BLC Ovr Noch Ovr HF 0.05 HctL F 35 Hz

ExTime: 00:00 0.9 mph, 0.9%
35 min/sec, 1.8 cm/IV



REMARKS:

Dr. J. P. Singh

M.D. (Medicine) FRCP (USA)
Director & Consultant Physician
(JPK Hospital & Trauma Center Pvt.Ltd.)

(ADX GEN217220330)PR/Adm/egs

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MR. RAM KUMAR / 35 Yrs / M / 158 Cms / 67 Kg / HR : 110

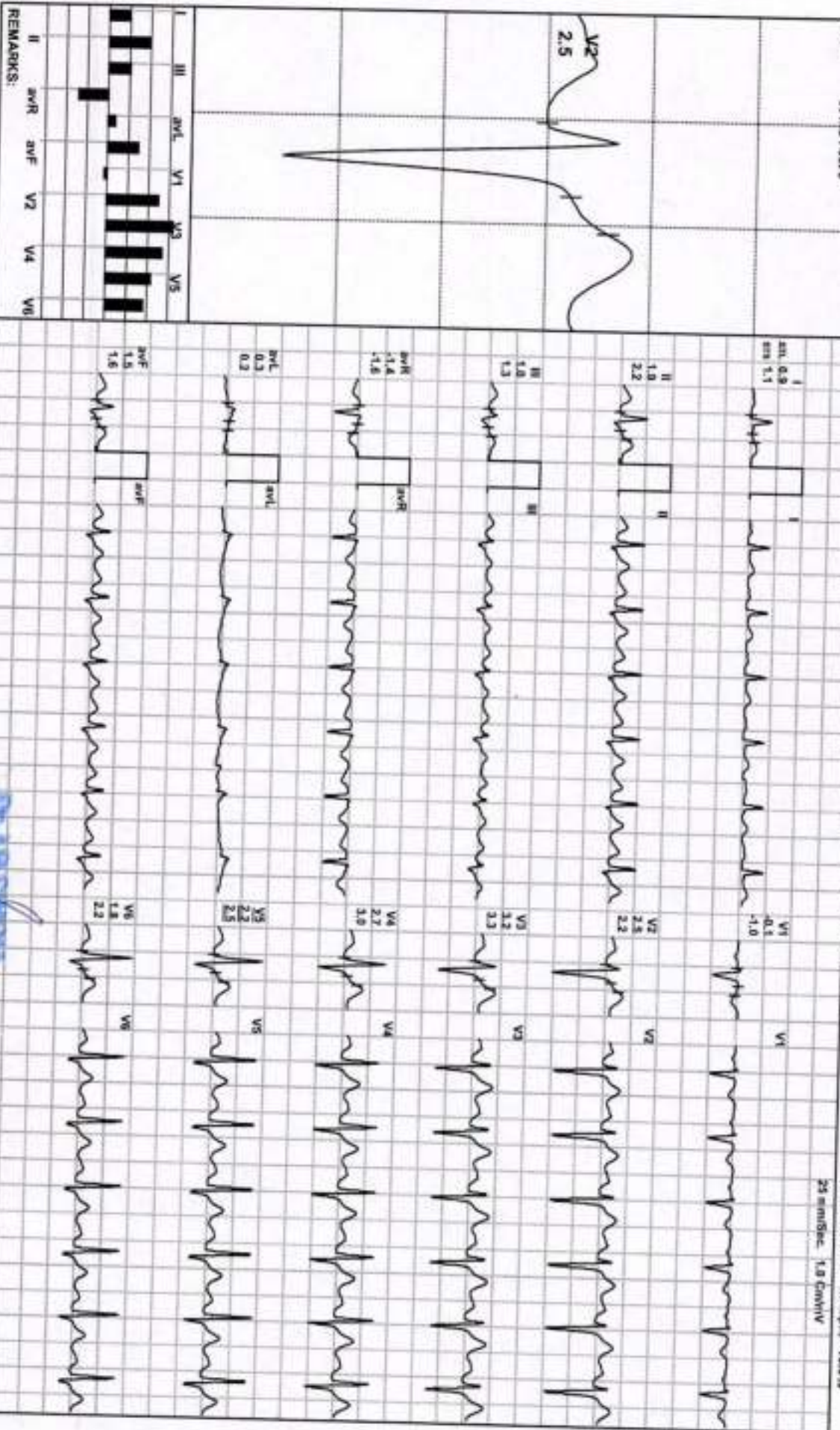
BRUCE: Stage 1(3:00)



Date: 10 - 03 - 2024 01:33:21 PM METS: 4.7/ 110 bpm 59% of THR BP: 99/75 mmHg Combined Modemul BLC On/ Natch On/ HF 0.05 Hz/L F 36 Hz

4X 60 ms Post J

Extreme: 03:00 1.7 mph, 10.0%



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MR. RAM KUMAR / 35 Yrs / M / 158 Cms / 67 Kg / HR : 123

BRUCE: Stage 2(3:00)



Date: 10 - 03 - 2024 01:33:21 PM

METS: 7.4 / 123 bpm 66% of THR

BP: 104/77 mmHg

Combined Meds: B/C OLV Nocth OLV HF 0.05 HALL 35 Hz

4X 80 ms Post J

EXTIME: 06:00 2.5 mph 12.0%



REMARKS:

MD (Medicine) ACP (USA)
 Director & Consultant Physician
 (JPK Hospital & Trauma Center Pvt.Ltd.)

(ADX_GEM21722030)R:\Mangam

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MR. RAM KUMAR / 35 Yrs / M / 158 Cms / 67 Kg / HR : 90

PeakEX



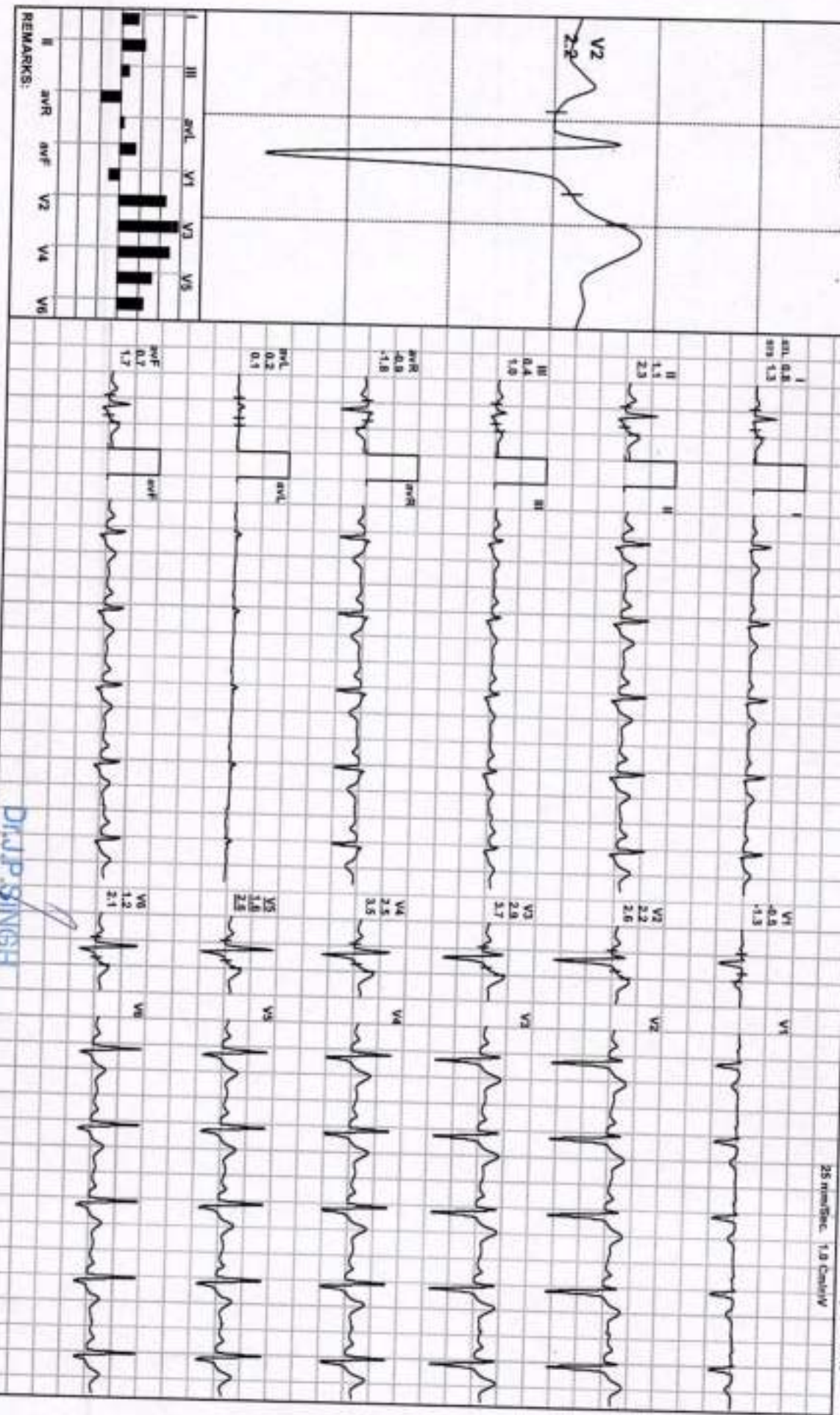
Date: 10 - 03 - 2024 01:33:21 PM

METS: 10.0/ 90 bpm 49% of THR

BP: 105/79 mmHg Combined Meds: B/C Oxy Natch Oxy HF 0.05 Hz/LF 3S Hz

4X 60 ms Post J

ExtProc: 08:50 3.4 mpt, 14.0%
25 mm/sec, 1.8 Cm/mV



REMARKS:

Dr. J.P. SINGH

M.D. Medicine / FACP (USA)
Director & Consultant Physician
(JPK Hospital & Trauma Center, PILLAI)

(ADX_GEM217Z0330)RJA/bngm

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MR. RAM KUMAR / 35 Yrs / M / 158 Cms / 67 Kg / HR : 106

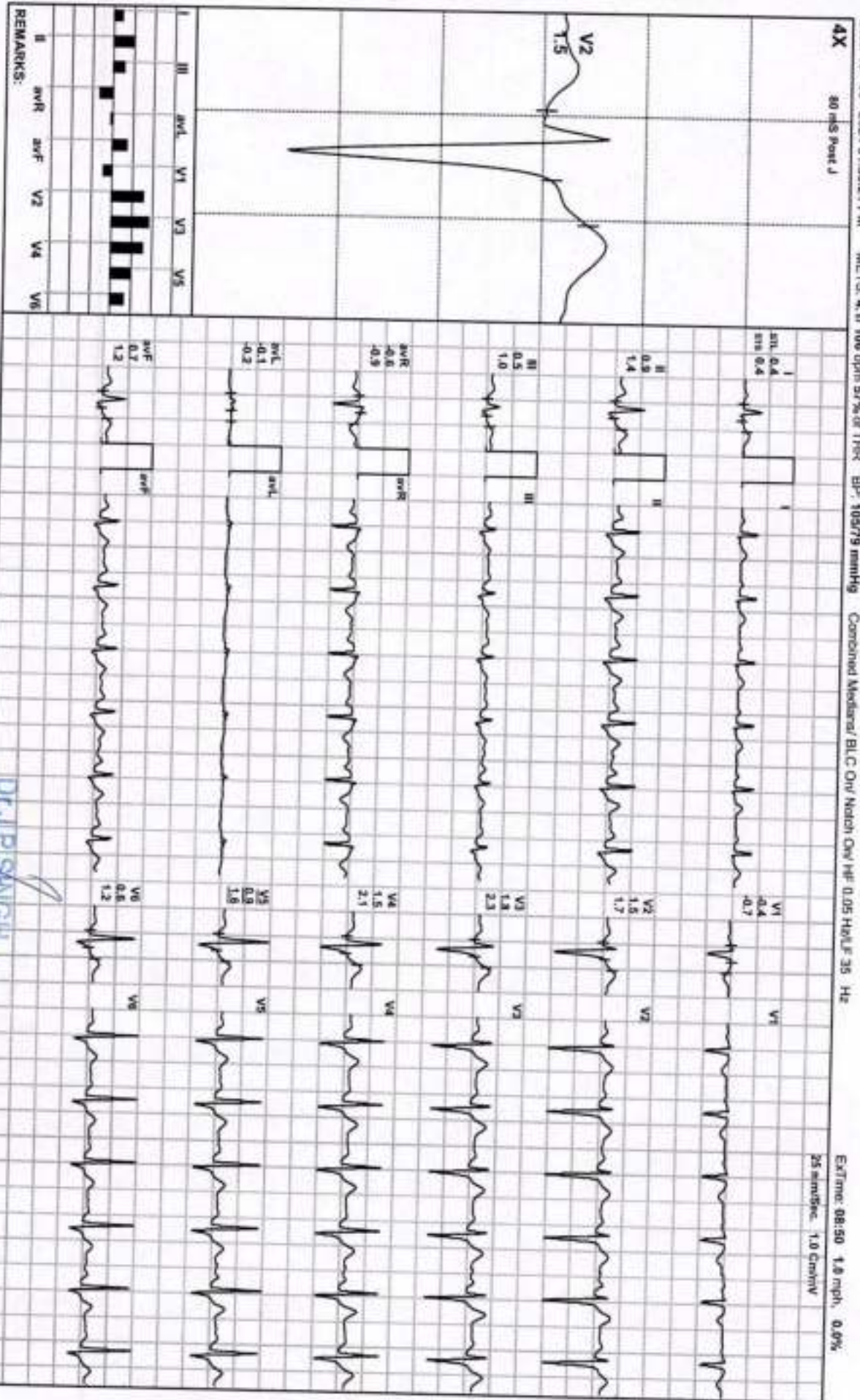
Recovery(0:30)



Date: 10-03-2024 01:33:21 PM METS: 4.1 / 106 bpm 57% of THR BP: 105/79 mmHg Combined Meds/BL C Oiv Natch Oiv HF 0.05 HALL 35 Hz

EXTIME: 08:50 1.8 mph, 0.0%

25 mm/sec, 1.0 Cm/mV



REMARKS:

Dr. J. P. SINGH

M.D./Medicine /ACP (USA)
 Director & Consultant Physician
 (JPK Hospital & Trauma Center Pvt.Ltd.)

(ADX_GEN217220330/P/Albenara)

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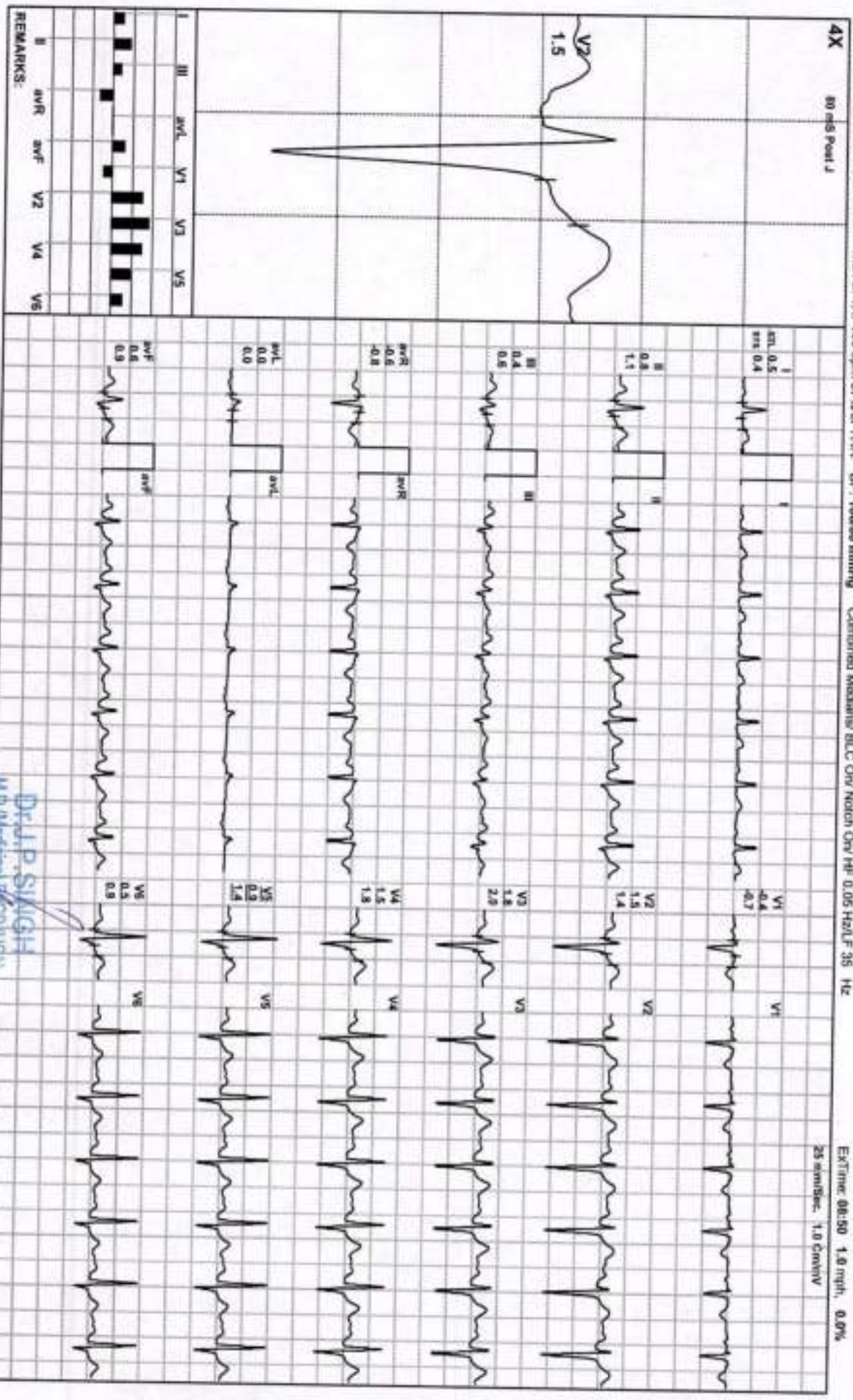
MR. RAM KUMAR / 35 Yrs / M / 158 Cms / 67 Kg / HR : 105

Recovery(1:00)



Date: 10 - 03 - 2024 01:33:21 PM METS: 1.4/ 105 open 57% of THIR BP- 106/60 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 HzOLF 35 Hz

EXTIME: 06:50 1.0 mgh, 0.0%
25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. P. SINGH
(Medical Officer)

Director & Consultant Physician
(JPK Hospital & Trauma Center Pvt.Ltd.)

IADX_GEMZ17220330XRJPKHimgms

JPK HOSPITAL AND TRAUMA CENTER
SULTANPUR Email:

Report



MR. RAM KUMAR / 35 Yrs / M / 158 Cms / 67 Kg
Date: 10 - 03 - 2024 01:33:21 PM Refd By : SELF Examined By: DR.PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:11	0:11	00.0	00.0	01.0	065	35 %	---	000	00	
Standing	00:25	0:14	00.0	00.0	01.0	068	37 %	98/74	066	00	
HV	00:42	0:17	00.0	00.0	01.0	065	35 %	98/74	063	00	
Warm Up	00:59	0:17	00.0	00.0	01.0	067	36 %	98/74	065	00	
ExStart	01:20	0:21	00.0	00.0	01.0	066	36 %	98/74	064	00	
BRUCE Stage 1	04:20	3:00	01.7	10.0	04.7	110	59 %	99/75	108	00	
BRUCE Stage 2	07:20	3:00	02.5	12.0	07.1	123	66 %	101/77	124	00	
PeakEx	10:10	2:50	03.4	14.0	10.0	090	49 %	105/79	094	00	
Recovery	10:40	0:30	01.0	00.0	04.1	106	57 %	105/79	111	00	
Recovery	11:10	1:00	01.0	00.0	01.1	105	57 %	106/80	111	00	
Recovery	11:21	1:10	00.0	00.0	01.0	104	56 %	106/80	110	00	

FINDINGS :

Exercise Time : 08:50
 Initial HR (ExStrt) : 66 bpm 36% of Target 185
 Initial BP (ExStrt) : 98/74 (mm/Hg)
 Max Workload Attained : 10 Good response to induced stress
 Max ST Dep Lead & Avg ST Value : V1 & -0.4 mm in Warm Up
 Duke Treadmill Score : 06.4
 Test End Reasons : Test Complete

Max HR Attained 123 bpm 66% of Target 185
 Max BP Attained 106/80 (mm/Hg)
 VO2Max : 35.0 ml/Kg/min (Poor)

REPORT :

TEST OBJECTIVE : ROUTINE CHECK UP
 ACTIVITY : VERY ACTIVE
 OTHER INVESTIGATION : NO

Dr. J.P. SINGH
 M.D. Director & Consultant Physician
 (JPK Hospital & Trauma Center Pvt. Ltd.)

REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE


Dr. J.P. SINGH
M.D. (Medicine) / FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Centre Pvt.Ltd.)