

ID 1289

CASE

MADHUMITA DAS  
MALE

09/12/2023 09:24:25

ZENA HEALTHCARE

PLOT-119, SAHIDNAGAR, BHUBANESWAR

K0

DATE 71 bps SINUS ARRHYTHMIA

P-R 841 ms

P-R 128 ms

QRS 68 ms

QT 388 ms

QTc 407 ms

--AXIS--

P 75°

QRS 83°

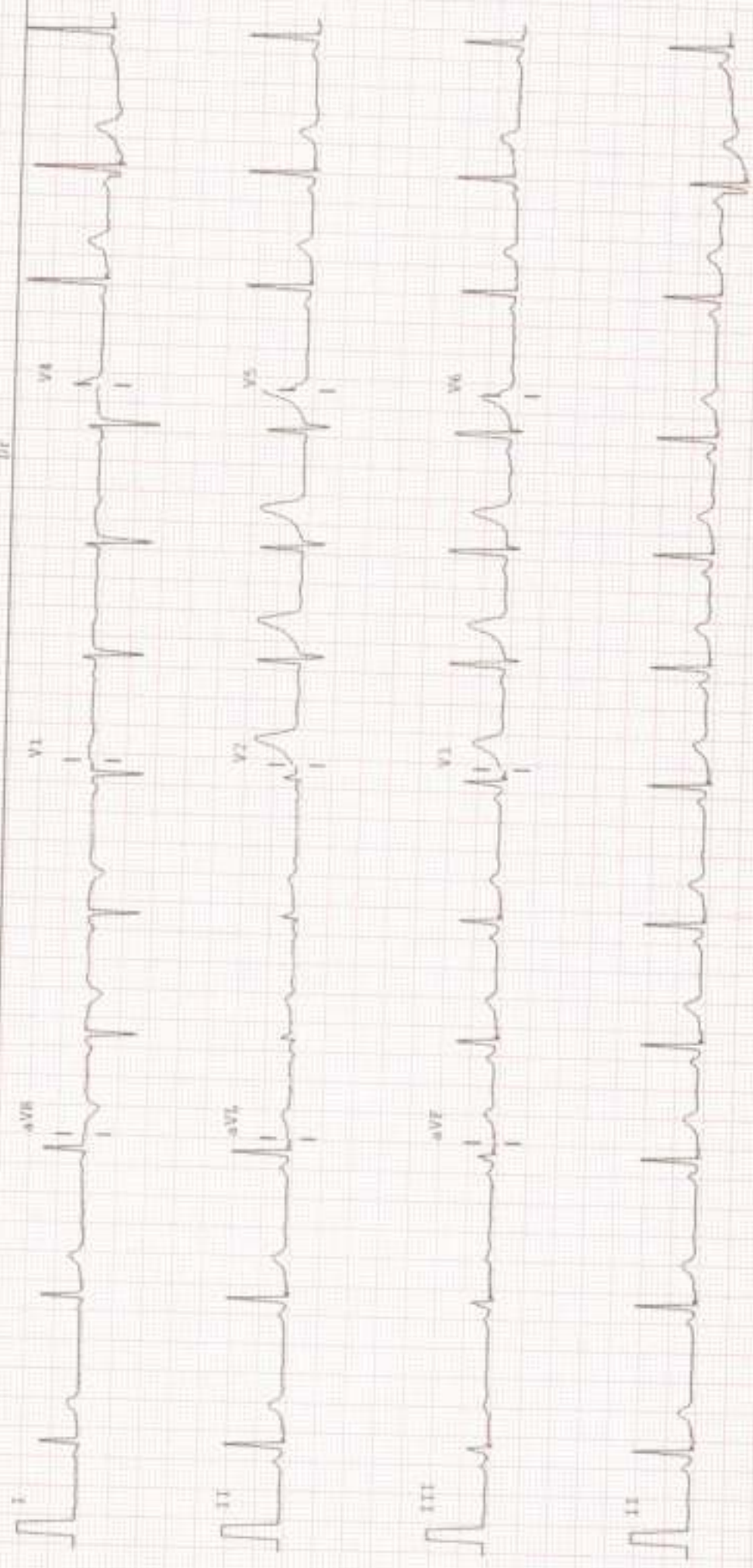
T 86°

NORMAL ECG

12 LE REPORT FORMAT 3x4+1E\_SQ

REP

Dr





NAME:- MADHUMITA DAS  
AGE:- 34YRS

REFERRAL:-MEDI-WHEEL

Patient ID:- 04

DATE :-09.12.2023  
SEX :-FEMALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

Dr.Bhagaban Pradhan  
M.D.(Radio diagnosis)

ConsultantRadiologist

Patient Name : MRS. MADHUMITA DAS

Age / Gender : 34 years / Female

Patient ID : 19255

Referral : MEDI WHEEL

Collection Time : 09/12/2023, 11:12 AM

Reporting Time : 09/12/2023, 03:41 PM

Sample ID :




22139

Test Description	Value(s)	Reference Range	Unit
<b>Complete Blood Count</b>			
Hemoglobin (Hb)	12.6	12.0 - 15.0	g/dL
Erythrocyte (RBC) Count	4.16	3.8 - 4.8	mil/cu.mm
Packed Cell Volume (PCV)	39.2	36 - 46	%
Mean Cell Volume (MCV)	94.23	83 - 101	fL
Mean Cell Haemoglobin (MCH)	30.29	27 - 32	pg
Mean Corpuscular Hb Concn. (MCHC)	32.14	31.5 - 34.5	g/dL
Red Cell Distribution Width (RDW)	13.5	11.6 - 14.0	%
Total Leucocytes (WBC) Count	6100	4000-10000	cell/cu.mm
Neutrophils	65	40 - 80	%
Lymphocytes	29	20 - 40	%
Monocytes	04	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	00	1-2	%
Platelet Count	279	150 - 410	10 <sup>3</sup> /ul
Mean Platelet Volume (MPV)	11.6	7.2 - 11.7	fL
PCT	0.32	0.2 - 0.5	%
PDW	16.8	9.0 - 17.0	%

\*\*END OF REPORT\*\*

Lab technician

  
Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Wishing Good Health

**Patient Name :** MRS. MADHUMITA DAS

**Age / Gender :** 34 years / Female

**Patient ID :** 19255

**Referral :** MEDI WHEEL

**Collection Time :** 09/12/2023, 11:12 AM

**Reporting Time :** 09/12/2023, 03:43 PM

**Sample ID :**



22139

Test Description	Value(s)	Reference Range	Unit
<b><u>LFT, Liver Function Test</u></b>			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.79	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diansitination	0.16	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.63	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with PSP, IFCC 37 degree	21.36	8 - 33	U/L
SGPT Method : Serum, UV with PSP, IFCC 37 degree	24.57	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	3.21	< 38	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	78.32	42-141	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	7.21	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.26	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	2.95	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.44	1.2 - 2.2	

**\*\*END OF REPORT\*\***

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22139

Test Description	Value(s)	Reference Range	Unit
<b>Glucose, Fasting (FBS)</b>			
Glucose fasting <small>Method : Fluoride Plasma-F, Hexokinase</small>	92.51	75 - 115	mg/dL
<b>Glucose, Post Prandial (PP)</b>			
Blood Glucose-Post Prandial <small>Method : Hexokinase</small>	121.36	70 - 140	mg/dL
<b>HbA1c, Glycosylated Hemoglobin</b>			
<b>HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD</b> <small>Method : (HPLC, NGSP certified)</small>	5.21		%
Estimated Average Glucose :	102.83	-	mg/dL

**Interpretation**

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

**Note:**

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments**

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

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Test Description	Value(s)	Reference Range	Unit
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**ADA criteria for correlation between HbA1c & Mean plasma glucose levels.**

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

**ESR, Erythrocyte Sedimentation Rate**

ESR - Erythrocyte Sedimentation Rate 15 0 - 20 mm/hr

Method : EDTA Whole Blood, Manual Westergren

**Interpretation:**

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

\*\*END OF REPORT\*\*

Lab technician

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Age / Gender : 34 years / Female

Patient ID : 19255

Referral : MEDI WHEEL

Collection Time : 09/12/2023, 11:12 AM

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Sample ID :



22139

Test Description	Value(s)	Reference Range	Unit
<b><u>Creatinine</u></b>			
Creatinine Method : Serum, Jaffe	0.87	0.60 - 1.30	mg/dL
<b><u>Uric acid, Serum</u></b>			
Uric Acid Method : Uracase, Colorimetric	5.29	3.4 - 7.0	mg/dL
<b><u>BUN, Serum</u></b>			
BUN-Blood Urea Nitroge Method : Serum, Uracase	15	10 - 50	mg/dL
<b><u>Blood Group ABO &amp; Rh Typing, Blood</u></b>			
Blood Group (ABO typing) Method : Manual-Hemagglutination	O*		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		

\*\*END OF REPORT\*\*

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Reporting Time : 09/12/2023, 03:41 PM

Sample ID :



22139

Test Description	Value(s)	Reference Range	Unit
<b>Thyroid Profile ( T3, T4, TSH )</b>			
T3-Total Method : CLIA	1.32	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	9.62	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	2.61	0.45 - 4.5 First Trimester : 0.1-2.5 Second Trimester : 0.2-3.0 Third trimester : 0.3-3.0	uIU/mL

**Interpretation**

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH(especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism .Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness'
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy .Post radiiodine Hypothyroid phase of transient thyroiditis'
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies)intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin,Beta blockers,steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)'
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease).Multinodular goitre, Toxic nodule •Transient thyroiditis:Postpartum, Silent (lymphocytic), Postviral (granulomatous,subacute, DeQuervain's),Gestational thyrotoxicosis with hyperemesis gravidarum'
Decreased Within Range	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

\*\*END OF REPORT\*\*

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Age / Gender : 34 years / Female

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Referral : MEDI WHEEL

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Referral : MEDI WHEEL

Collection Time : 09/12/2023, 11:12 AM

Reporting Time : 09/12/2023, 03:42 PM

Sample ID :



22139

Test Description	Value(s)	Reference Range	Unit
<b>Lipid Profile</b>			
Cholesterol-Total Method : Spectrophotometry	185.32	Desirable level   < 200 Borderline High   200-239 High   >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint.	112.71	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	46.33	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	116.45	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	22.54	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.51	2.5 - 3.5	

**Note:**

8-10 hours fasting sample is required.

**\*\*END OF REPORT\*\***

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**Wishing Good Health**

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Age / Gender : 34 years / Female

Patient ID : 19255

Referral : MEDI WHEEL

Collection Time : 09/12/2023, 11:12 AM

Reporting Time : 09/12/2023, 03:45 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
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Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 5.5	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
Wbc cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	3 - 5 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

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Wishing Good Health



**ZENA**  
Healthcare Services  
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

# ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

## EYE REPORT

NAME : Mrs.MADHUMITA DAS      DATE : 09.12.2023  
AGE : 34YRS      SEX : FEMALE

## WITHOUT GLASSES

	RT EYE	LT EYE
COLOUR	NORMAL	NORMAL
NEAR	6/6	6/6
FAR	6/6	6/6

Dr.M.KHOTA  
M.B.B.S.  
REGD No.699  
SIGNATURE

For Home Collection Please Call at Number :

**Zena Healthcare Services**

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Website : [www.zenahealthcare.com](http://www.zenahealthcare.com)

Wishing Good Health



759 / MADHUMITA DAS / 34 Yrs / F / 159 Cms / 62 Kg Date: 09-Dec-2023 Refd By : MEDIWHEEL Examined By:

Stage	Time	Duration	Speed(jmp/h)	Elevation	METS	Rate	%THR	BP	Rep	PVC	Comments
Supine	00:26	0:26	00.0	00.0	01.0	102	55%	110/74	112	00	
Standing	00:41	0:15	00.0	00.0	01.0	113	61%	110/74	124	00	
HV	00:57	0:16	00.0	00.0	01.0	112	60%	110/74	123	00	
ExStart	01:13	0:16	00.0	00.0	01.0	106	57%	110/74	116	00	
BRUCE Stage 1	04:13	3:00	01.7	10.0	04.7	145	78%	112/76	162	00	
BRUCE Stage 2	07:13	3:00	02.5	12.0	07.1	158	85%	114/78	180	00	
PeakEx	09:18	2:05	03.4	14.0	09.3	172	92%	116/78	199	00	
Recovery	09:48	0:30	01.1	00.0	04.2	173	83%	116/78	200	00	
Recovery	10:18	1:00	01.1	00.0	01.2	169	91%	119/77	194	00	
Recovery	12:18	3:00	00.0	00.0	01.0	134	72%	113/77	161	00	
Recovery	14:25	5:07	00.0	00.0	01.0	133	72%	112/75	148	00	

FINDINGS :

Exercise Time : 06:05  
 Max HR Attained : 173 bpm 93% of Target 186  
 Max BP Attained : 116/78  
 Max Workload Attained : 9.3 Good response to induced stress  
 Test End Reasons : Test Complete

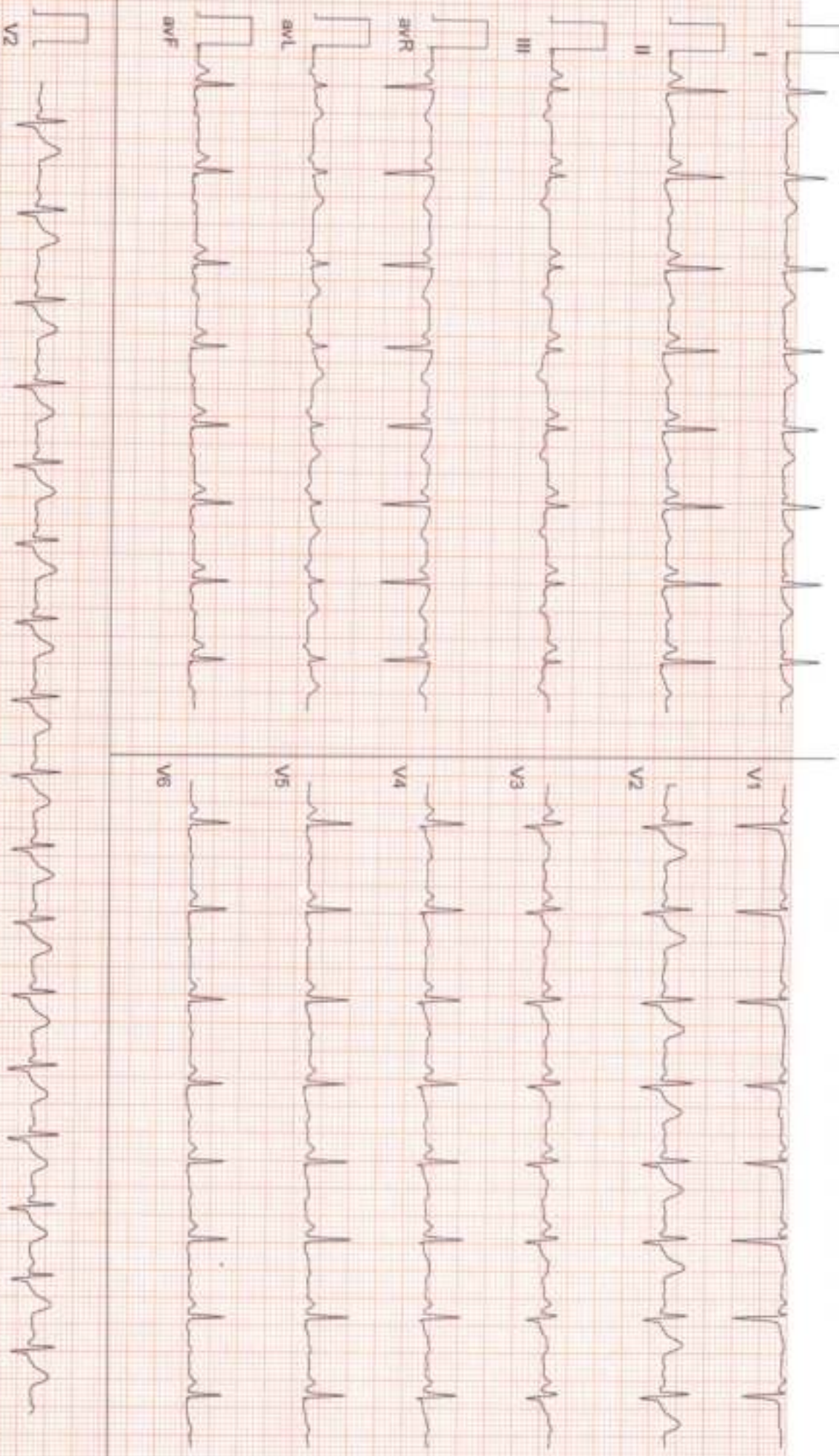
TMT is Negative

D.M.S.  
 14.12.23  
 116/78  
 113/77  
 112/75  
 133

REPORT :



Date: 09 - 12 - 2023 09:55:41 AM METs: 1.0 HR: 102 Target HR: 50% of 166 BP: 110/74  
EC Time: 00:00 0.0 mps @ 25 mm/Sec. 1.0 Cm/IV ECG Ov/ Natch Ov/ HF 0.05 Hz @ 35 Hz

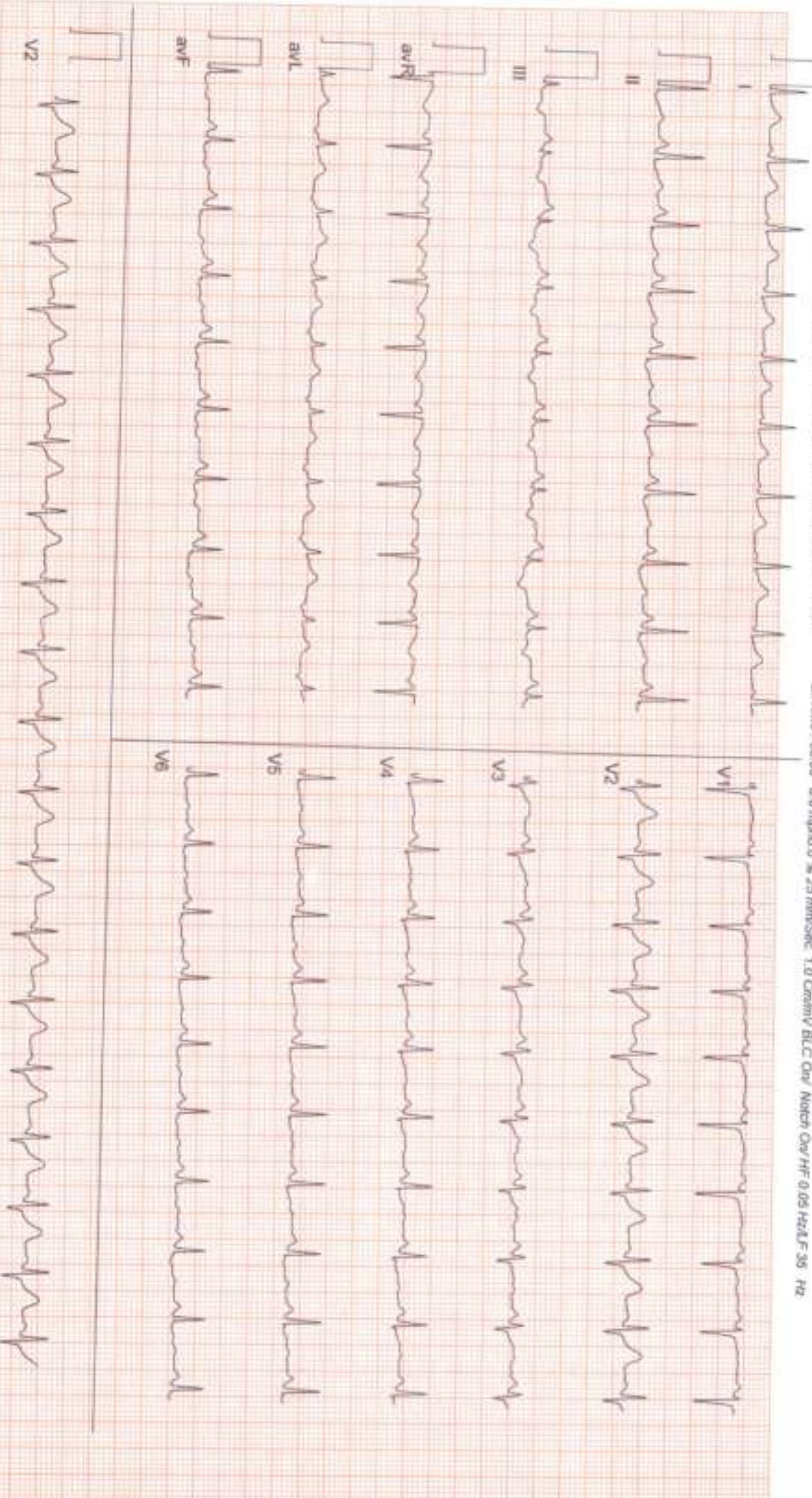


6 x 2 + Rhythm  
BRUCE: Standing(0-15)



Date: 09-12-2023 09:55:41 AM METS: 1.0 HR: 113 Target HR: 61% of 166 BP: 110/74

Ex Time: 00:00 0.0 mg/dl 0 % 25 mm/Sec 1.0 Cm/mV BLC On Notch On HF 0.05 Hz LF 35 Hz

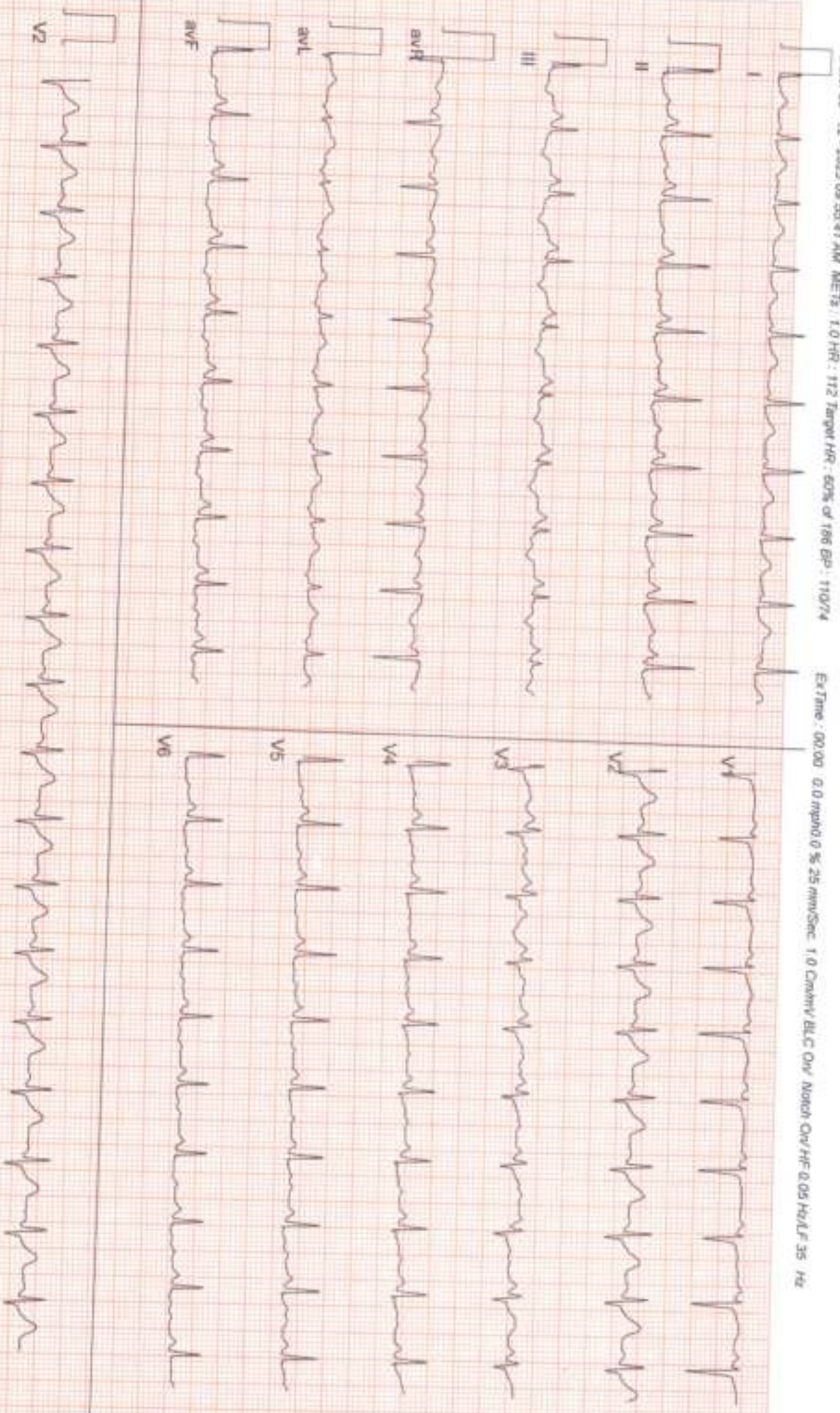


Date: 09-12-2023 09:55:41 AM METs : 1.0 HR : 112 Target HR : 60% of 166 Bp : 110/74

Ex Time : 00:00 0.0 mpm 0 % 25 mmVSec 1.0 Cm/mV ELC On/ Nunch On/ HF 0.05 Hz/LF 35 Hz

6 x 2 + Rhythm

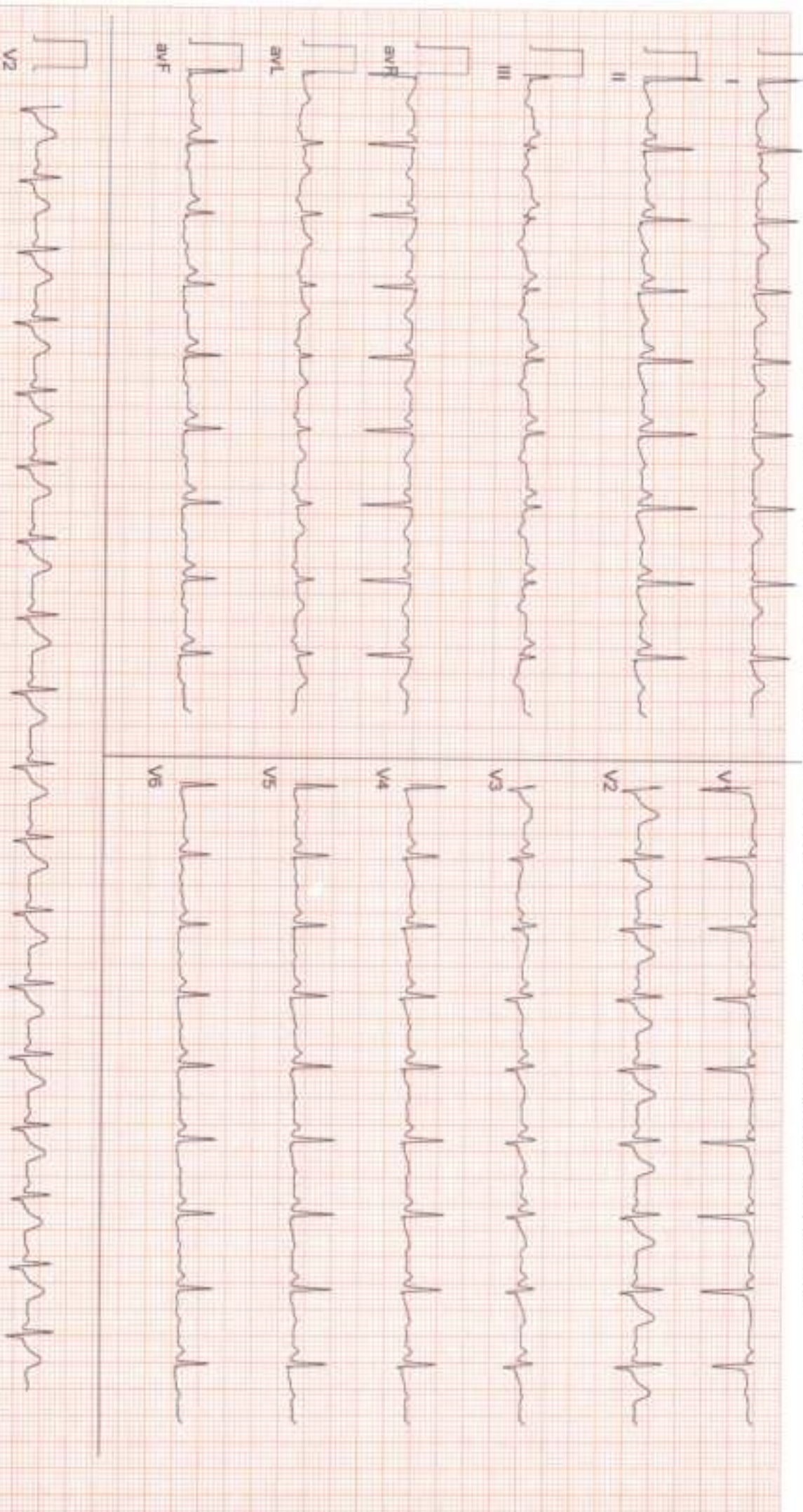
BRUCE:HV(0-16)







Date: 09-12-2023 09:55:41 AM METs: 1.0 HR: 106 Target HR: 57% of 186 Bp: 110/74 Ex Time: 00:00 0.0 mph/0.0 % 25 mm/Sec: 1.0 Cm/mV BLC On/ Moch On/ HF 0.05 Hz/LF 35 Hz

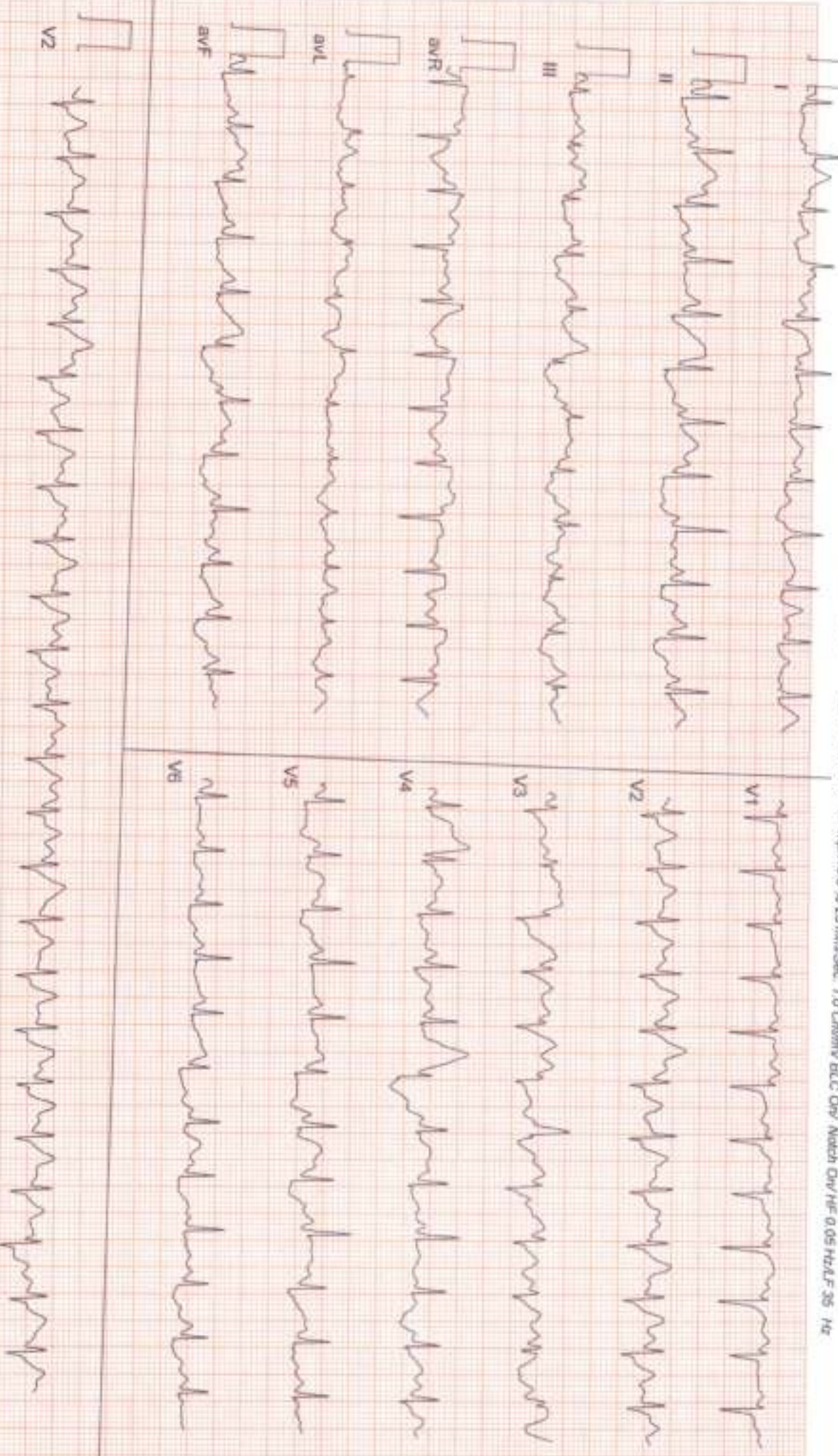


6 x 2 + Rhythm  
BRUCE Stage 1 (3:00)



Date: 09-12-2023 09:55:41 AM METS : 4.7 HR : 145 Target HR : 78% of 186 BP : 112/76

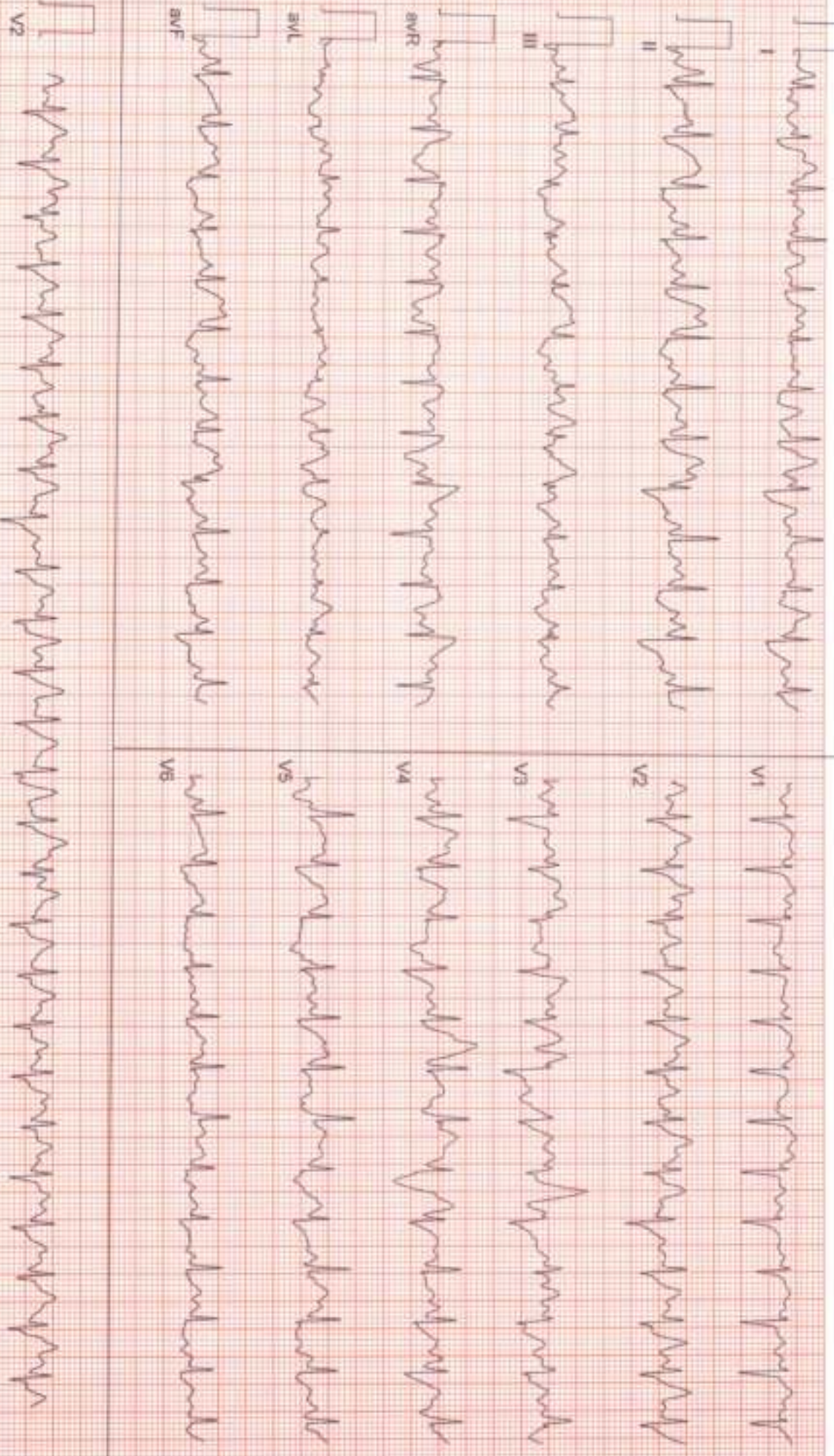
Ex Time : 03:00 1.7 mph/10.0 % 29 mmw/sec 1.0 Cm/mV ELC Op/ Notch On/HF 0.05 Hz/AF 3S 1Hz





Date: 09 - 12 - 2023 09:55:41 AM METs : 7.1 HR : 158 Target HR : 85% of 166 BP : 114/78

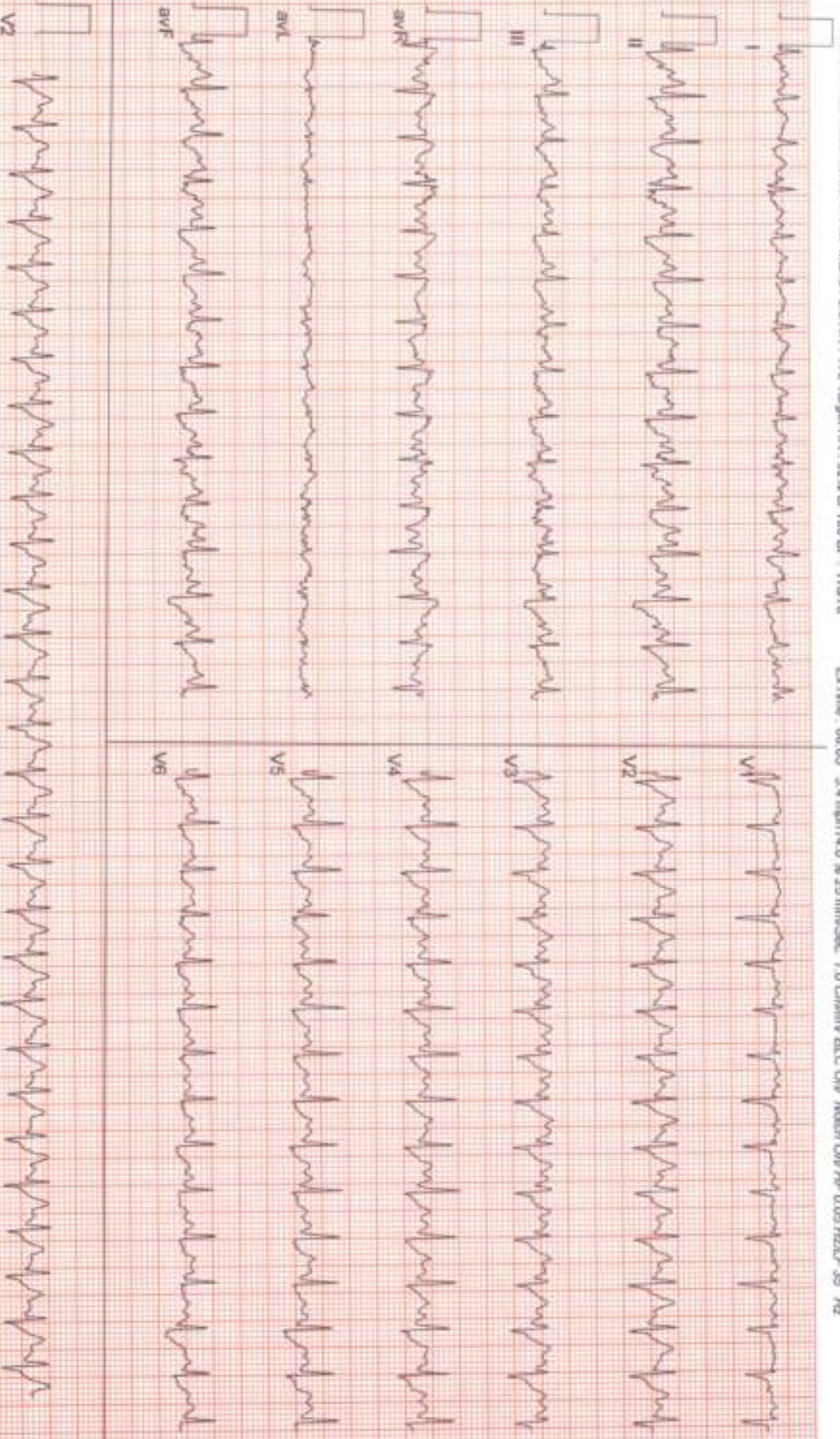
Ex Time : 06:00 2.5 mph/12.0 % 25 mm/Sec 1.0 Cm/IV BLC CW Nocti CW HF 0.05 Hz/LF 35 Hz





Date: 09 - 12 - 2023 09:55:41 AM METs : 9.3 HR : 172 Target HR : 92% of 160 BP : 116/78

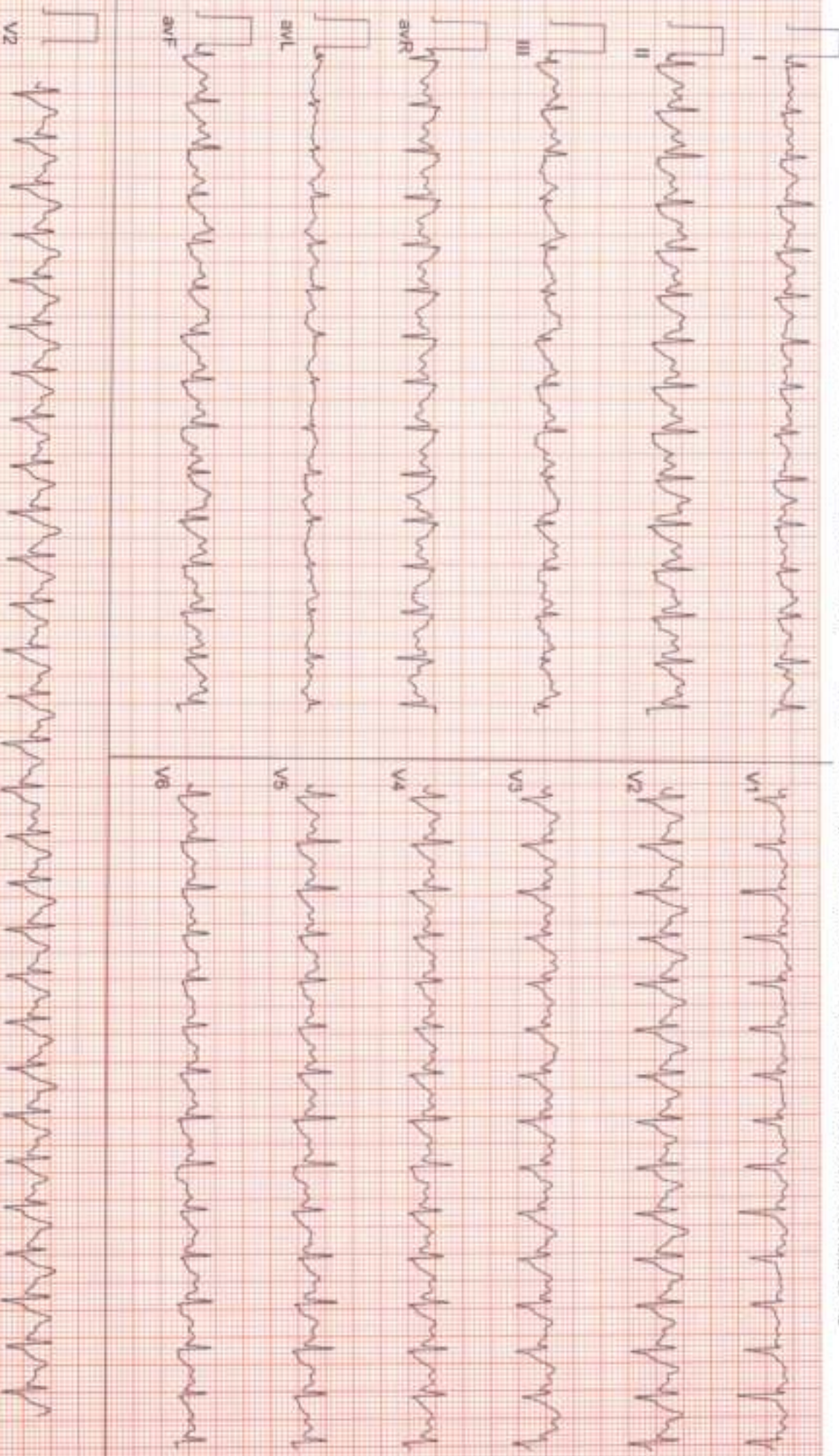
ExTime : 08:05 3.4 mph 14.0 % 25 mm/Sec 1.0 Cm/IV BLC CMV Motion CMV HF 0.05 Hz/LF 35 Hz





Date: 09 - 12 - 2023 09:50:41 AM METS : 4.2 HR : 173 Target HR : 90% of 166 BP : 116/76

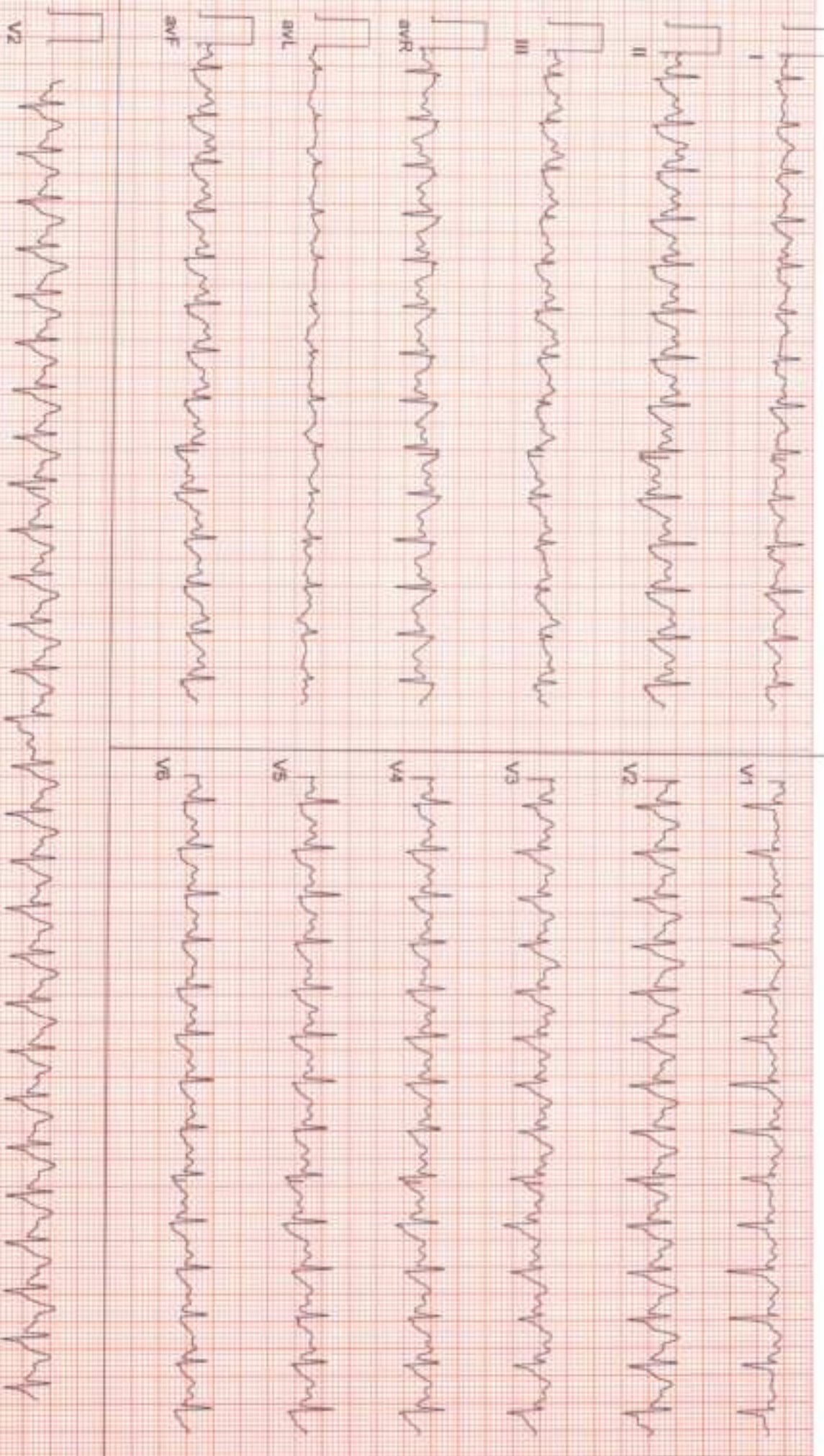
Ex Time : 00:05 1.1 mph @ 0 % 25 mmSec. 1.0 Cm/IV BLC On/ Watch On/ HF 0.09 Hz/LF 35 Hz





Date: 09 - 12 - 2023 09:55:41 AM METS : 1.2 HR : 169 Target HR : 91% of 186 BP : 115/77

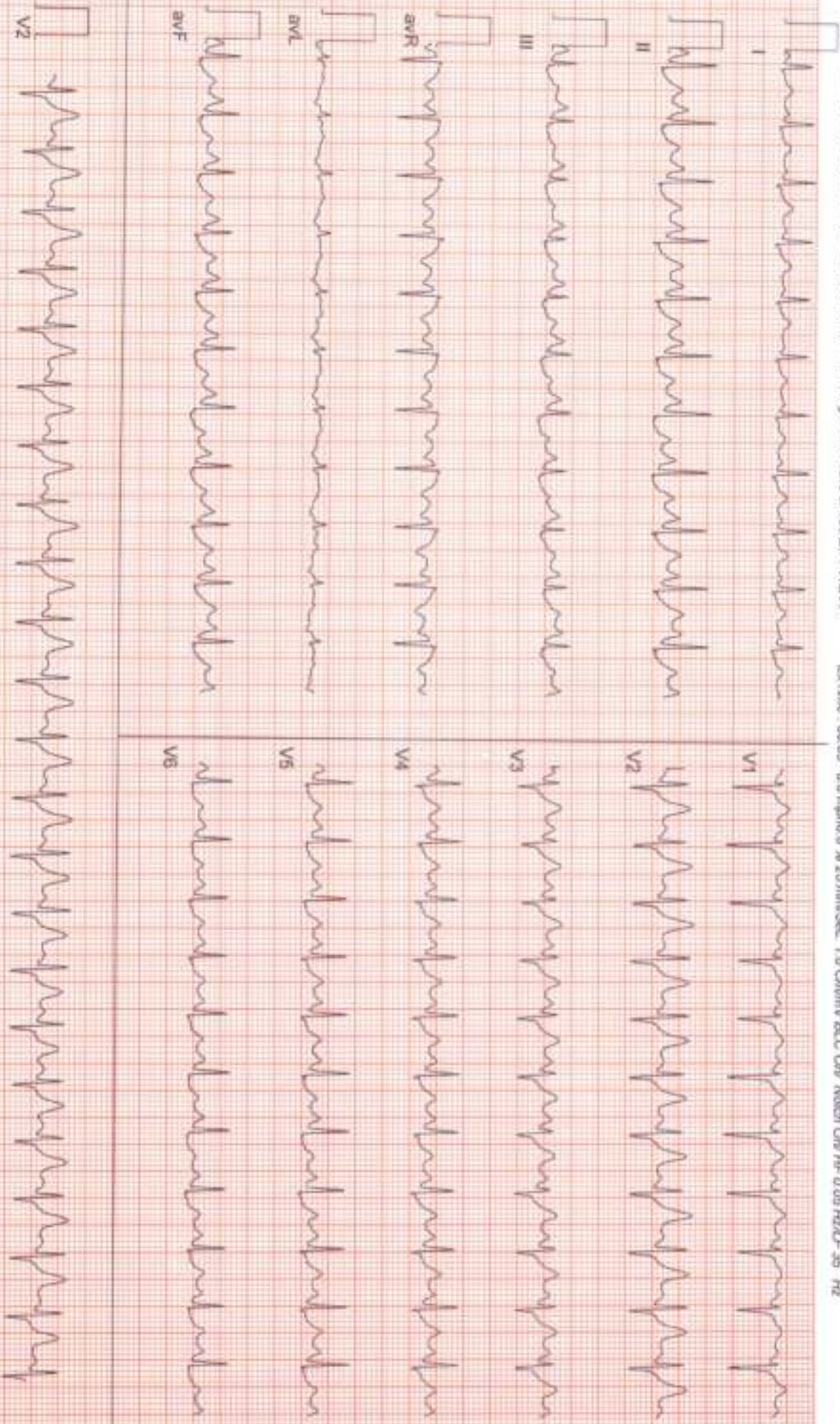
Ex Time : 08:05 1.1 mph, 0 % 25 mm/Sec, 1.0 Cal/mV BLC ON/ MACH ON/HF 0.08 Hz, LF 35 Hz





Date: 09 - 12 - 2023 09:55:41 AM METs : 1.0 HR : 134 Target HR : 72% of 166 BP : 113/77

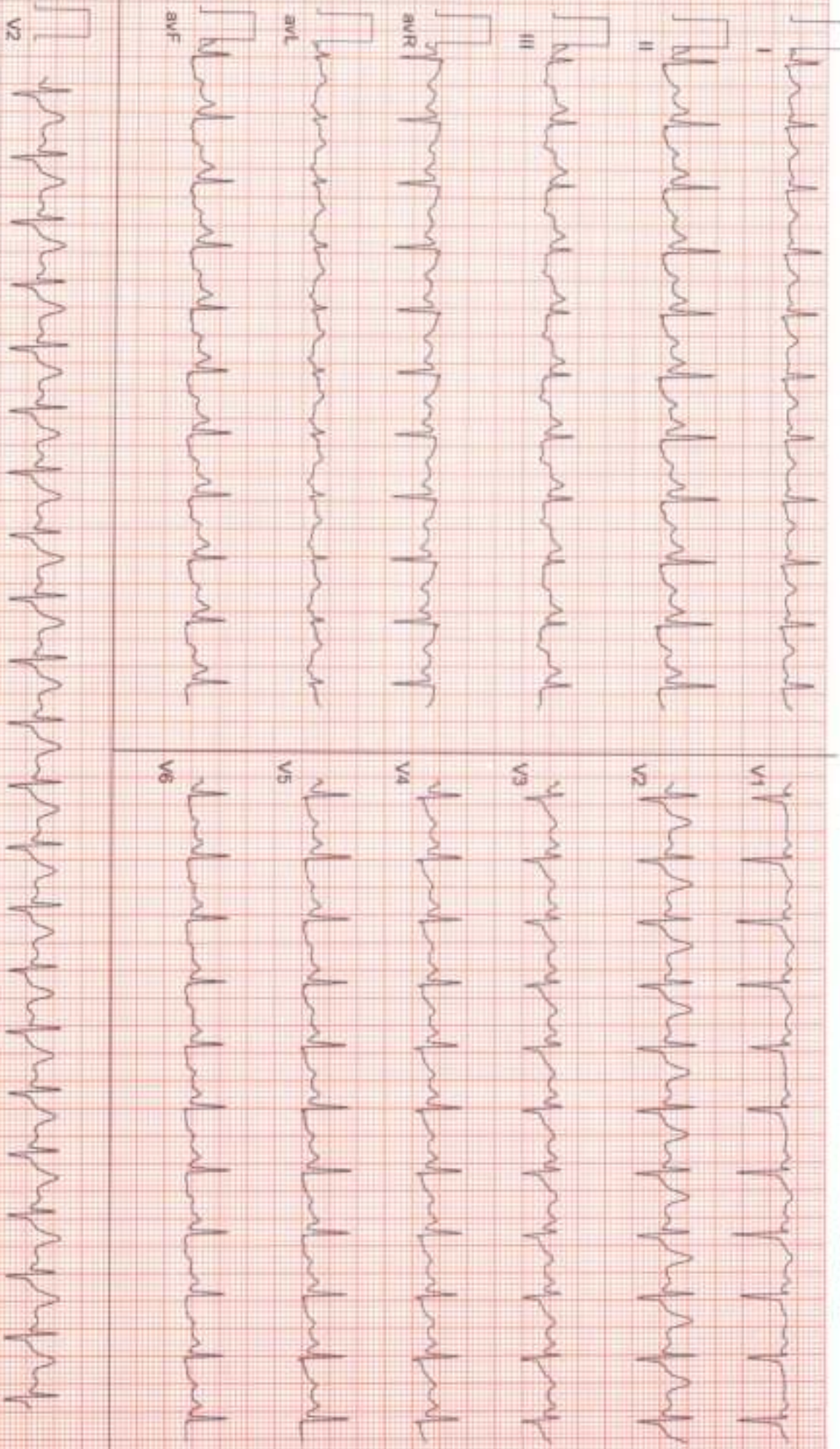
ExTime : 00:05 0.0 mpm 0.0 % 25 mm/Sec 1.0 Cm/mV BLC On Watch On/HR 0.05 Hz ALF 35 Hz





Date: 09-12-2023 09:55:41 AM METs : 1.0 HR : 133 Target HR : 72% of 186 BP : 112/75

Ex Time : 09:05 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV SLC On/ Watch On/ HF 0.05 Hz/AF 35 Hz





# MATERNITY CARE HOSPITAL

NAME: MADHUSMITA DAS

SONOGRAPHER : DR. PARUL PATI

AGE-34Y/F

DATE-09/12/2023

## USG OF WHOLE ABDOMEN

**LIVER:** normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic biliary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 7.0mm.

**Gall bladder-** Normal seen

**SPLEEN :** Normal in size, shape and parenchymal echotexture. Spleen measures 11.4cm.

**PANCREAS:** Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

**KIDNEYS:** Both the kidneys normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of any calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen,

- Left kidney measures: 9.7x 4.3cms.
- Right kidney measures: 9.6 x 4.4cms.

**URETERS:** Both ureters not visualized (normal).

Appendix- not visualized.

**uterus :** *uterus is normal in size shape 65.61 X47.38X42.18MM size, and normal endometrium in cavity.*

**Ovary-** Both ovary normal *in echopattern*

**Cervix-** *cervical canal normal , cervix normal*

**POD-** *is free of fluid or col*

**Impression:** *Normal Study of abdomen.*

*Parul Pati*  
DR. PARUL PATI (O&G MD)  
Regd. No: 5569  
MATERNITY CARE HOSPITAL & IVF CENTRE  
A-142/A-143, Sahid Nagar, Bhubaneswar