NAME	Rakesh SAH	STUDY DATE	30-03-2023 09:22:02
AGE / SEX	030Yrs / M	HOSPITAL NO.	MH010882386
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	30-03-2023 17:27:49	REFERRED BY	Dr. Health Check MHD

# X-RAY CHEST - PA VIEW

# Findings:

Visualised lung fields are clear.

Cardiac silhouette is unremarkable.

Bilateral hila, CP angles and hemidiaphragm are normal.

Bony cage is unremarkable.

Impression: No salient abnormality seen.

.

Kindly correlate clinically.

mson

Dr.Simran Singh DNB, FRCR(UK) DMC Reg. no. 36404 Consultant Radiologist

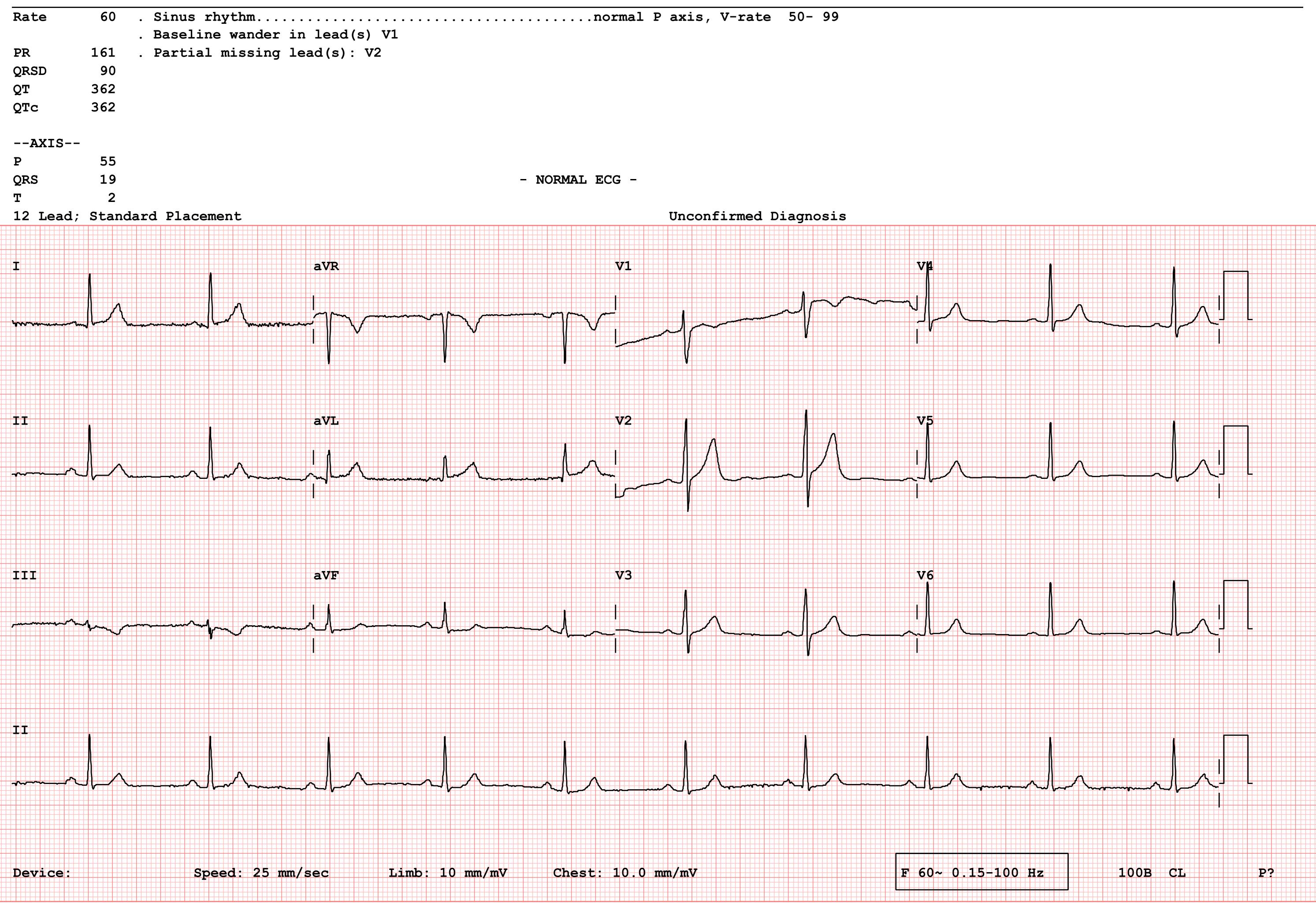
NAME	Rakesh SAH	STUDY DATE	30-03-2023 09:22:02
AGE / SEX	030Yrs / M	HOSPITAL NO.	MH010882386
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	30-03-2023 17:27:49	REFERRED BY	Dr. Health Check MHD

# 10882386

30 Years

```
MR RAKESH
```

Male







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Name	: MR RAKESH SAH	Age :	30 Yr(s) Sex :Male
<b>Registration No</b>	: MH010882386	Lab No :	31230301427
Patient Episode	: H03000053493	<b>Collection Date :</b>	30 Mar 2023 09:00
Referred By Receiving Date	<ul><li>HEALTH CHECK MHD</li><li>30 Mar 2023 10:25</li></ul>	<b>Reporting Date :</b>	30 Mar 2023 13:13

#### Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN) Specimen-Blood

Blood Group & Rh Typing (Agglutinaton by gel/tube technique)

B Rh(D) Positive Blood Group & Rh typing

Antibody Screening (Microtyping in gel cards using reagent red cells) Cell Panel I NEGATIVE Cell Panel II NEGATIVE Cell Panel III NEGATIVE Autocontrol NEGATIVE

Final Antibody Screen Result

Negative

Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xg antigens using gel technique.

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Dr Himanshu Lamba





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Name	: MR RAKESH SAH		A go	: 30 Yr(s) Sex :Male		
			Age	.,		
<b>Registration No</b>	: MH010882386		Lab No	: 32230311593		
Patient Episode	: H03000053493		Collection Da	ate: 30 Mar 2023 09:00		
Referred By Receiving Date	<ul><li>HEALTH CHECK MHD</li><li>30 Mar 2023 09:49</li></ul>		Reporting Da	ate: 30 Mar 2023 12:05		
		BIOCHEMIST	ſRY			
Glycosylated Hem	loglobin		Specimen: EDTA W	Nhole blood		
HbA1c (Glycosylated Hemoglobin) 5.0			As per American Diabetes Association(ADA) % [4.0-6.5]HbAlc in % Non diabetic adults >= 18years <5.7 Prediabetes (At Risk )5.7-6.4 Diagnosing Diabetes >= 6.5			
Methodology	(HPLC)					
Estimated Avera	ge Glucose (eAG)	97	mg/dl			
Comments : HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.						
Specimen Type :	Serum					
THYROID PROFILE,	Serum					
T3 - Triiodothyr T4 - Thyroxine (1 <b>Thyroid Stimulat</b>		1.22 9.45 <b>4.820 #</b>	ng/ml micg/dl µIU/mL	[0.70-2.04] [4.60-12.00] [0.340-4.250]		
Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results. * References ranges recommended by the American Thyroid Association						

\* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) http://www.thyroid-info.com/articles/tsh-fluctuating.html



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Name	:	MR RAKESH SAH	Age	:	30 Yr(s) Sex :Male
<b>Registration No</b>	:	MH010882386	Lab No	:	32230311593
Patient Episode	:	H03000053493	Collection Dat	te :	30 Mar 2023 09:00
Referred By Receiving Date	: :	HEALTH CHECK MHD 30 Mar 2023 09:42	Reporting Da	te :	30 Mar 2023 10:39

# BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
<b>Lipid Profile (Serum)</b> TOTAL CHOLESTEROL (CHOD/POD)	159	mg/dl	[<200]
			Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	118	mg/dl	[<150] Borderline high:151-199 High: 200 - 499
			Very high:>500
HDL - CHOLESTEROL (Direct)	44	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	24	mg/dl	[10-40]
LDL- CHOLESTEROL	91	mg/dl	[<100]
			Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	3.6		<4.0 Optimal
			4.0-5.0 Borderline
			>6 High Risk
LDL.CHOL/HDL.CHOL Ratio	2.1		<3 Optimal
			3-4 Borderline
			>6 High Risk

Note:

Reference ranges based on ATP III Classifications. Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

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Name	:	MR RAKESH SAH	Age	:	30 Yr(s) Sex :Male
<b>Registration No</b>	:	MH010882386	Lab No	:	32230311593
Patient Episode	:	H03000053493	Collection Dat	te:	30 Mar 2023 09:00
Referred By Receiving Date	:	HEALTH CHECK MHD 30 Mar 2023 09:42	Reporting Dat	te :	30 Mar 2023 10:39

# BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (mod.J Groff)**	0.75	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (mod.J Groff)	0.26 #	mg/dl	[<0.2]
BILIRUBIN - INDIRECT (mod.J Groff)	0.49	mg/dl	[0.20-1.00]
SGOT/ AST (P5P,IFCC)	25.90	IU/L	[5.00-37.00]
SGPT/ ALT (P5P,IFCC)	29.50	IU/L	[10.00-50.00]
ALP (p-NPP,kinetic) *	104	IU/L	[45-135]
TOTAL PROTEIN (mod.Biuret)	7.4	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	4.5	g/dl	[3.5-5.0]
SERUM GLOBULIN (Calculated)	2.9	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio	1.55		[1.10-1.80]

#### Note:

\*\*NEW BORN:Vary according to age (days), body wt & gestation of baby \*New born: 4 times the adult value

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Name	: MR RAKESH SAH	Age : 30 Yr(s) Sex :Male
<b>Registration No</b>	: MH010882386	Lab No : 32230311593
Patient Episode	: H03000053493	<b>Collection Date :</b> 30 Mar 2023 09:00
Referred By Receiving Date	<ul><li>: HEALTH CHECK MHD</li><li>: 30 Mar 2023 09:42</li></ul>	<b>Reporting Date :</b> 30 Mar 2023 10:38

#### BIOCHEMISTRY

Test Name	Result	Unit E	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	10.00	mg/dl	[8.00-23.00]
SERUM CREATININE (mod.Jaffe)	0.97	mg/dl	[0.80-1.60]
SERUM URIC ACID (mod.Uricase)	6.9	mg/dl	[3.5-7.2]
SERUM CALCIUM (NM-BAPTA)	9.4	mg/dl	[8.6-10.0]
SERUM PHOSPHORUS (Molybdate, UV)	2.6	mg/dl	[2.3-4.7]
SERUM SODIUM (ISE)	141.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	3.93	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE / IMT)	104.6	mmol/l	[95.0-105.0]
eGFR	104.3	ml/min/1.73sc	[.m [>60.0]
Technical Note			

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

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Neefam Singe

Dr. Neelam Singal CONSULTANT BIOCHEMISTRY





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Name	MR RAKESH SAH	Age :	30 Yr(s) Sex :Male
<b>Registration No</b>	: MH010882386	Lab No :	32230311594
Patient Episode	H03000053493	Collection Date :	30 Mar 2023 13:07
Referred By Receiving Date	HEALTH CHECK MHD 30 Mar 2023 13:50	<b>Reporting Date :</b>	30 Mar 2023 15:44

### BIOCHEMISTRY

Specimen Type : Plasma PLASMA GLUCOSE - PP

Plasma	GLUCOSE - PP	(Hexokinase)	99	mg/dl	[70-140]
--------	--------------	--------------	----	-------	----------

Note : Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

Specimen Type : Serum/Plasma

Plasma	GLUCOSE-Fasting	(Hexokinase)	91	mg/dl	[70-100]

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Neefam \$

Dr. Neelam Singal CONSULTANT BIOCHEMISTRY





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Name	: MR RAKESH SAH	Age :	30 Yr(s) Sex :Male
<b>Registration No</b>	: MH010882386	Lab No :	33230306892
Patient Episode	: H03000053493	<b>Collection Date :</b>	30 Mar 2023 09:00
Referred By Receiving Date	: HEALTH CHECK MHD : 30 Mar 2023 09:49	<b>Reporting Date :</b>	30 Mar 2023 13:00

#### HAEMATOLOGY

#### ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR	10.0	/1sthour	

#### Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit Bi	ological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood) WBC Count (Flow cytometry)	3260 #	/cu.mm	[4000-10000]
RBC Count (Impedence)	4.43 #	million/cu.mm	[4.50-5.50]
Haemoglobin (SLS Method)	14.3	g/dL	[13.0-17.0]
Haematocrit (PCV)	42.9	00	[40.0-50.0]
(RBC Pulse Height Detector Method)			
MCV (Calculated)	96.8	fL	[83.0-101.0]
MCH (Calculated)	32.3 #	pg	[25.0-32.0]
MCHC (Calculated)	33.3	g/dL	[31.5-34.5]
Platelet Count (Impedence)	96000 <b>#</b>	/cu.mm	[150000-410000]
RDW-CV (Calculated)	13.9	8	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	58.6	00	[40.0-80.0]
Lymphocytes (Flowcytometry)	27.0	90	[20.0-40.0]



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[0.0-10.0]

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Name	: MR RAKESH SAH	<b>Age :</b> 30	Yr(s) Sex :Male
<b>Registration No</b>	: MH010882386	<b>Lab No</b> : 33	230306892
Patient Episode	: H03000053493	<b>Collection Date :</b> 30	Mar 2023 09:00
Referred By Receiving Date	<ul><li>: HEALTH CHECK MHD</li><li>: 30 Mar 2023 09:49</li></ul>	<b>Reporting Date :</b> 30	Mar 2023 12:33

HAEMATOLOGY	ľ
-------------	---

Monocytes (Flowcytometry)	11.3 #	8		[2.0-10.0]
Eosinophils (Flowcytometry)	2.5	90		[1.0-6.0]
Basophils (Flowcytometry)	0.6 #	8		[1.0-2.0]
IG	0.30	90		
Neutrophil Absolute (Flouroscence f	low cytometry)	1.9 #	/cu mm	[2.0-7.0] <b>x</b> 10 <sup>3</sup>
Lymphocyte Absolute (Flouroscence f	low cytometry)	0.9 #	/cu mm	[1.0-3.0]x10 <sup>3</sup>
Monocyte Absolute(Flouroscence flo	ow cytometry)	0.4	/cu mm	[0.2-1.2]x10 <sup>3</sup>
Eosinophil Absolute(Flouroscence f	low cytometry)	0.1	/cu mm	[0.0-0.5]x10 <sup>3</sup>
Basophil Absolute(Flouroscence flo	ow cytometry)	0.0	/cu mm	[0.0-0.1]x10 <sup>3</sup>

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

----END OF REPORT------

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Soma Pradhan

Dr. Soma Pradhan





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Name	:	MR RAKESH SAH	Age	:	30 Yr(s) Sex :Male
<b>Registration No</b>	:	MH010882386	Lab No	:	38230302346
Patient Episode	:	H03000053493	Collection Dat	e:	30 Mar 2023 09:00
Referred By Receiving Date	: :	HEALTH CHECK MHD 30 Mar 2023 11:26	Reporting Dat	te :	30 Mar 2023 16:19

### CLINICAL PATHOLOGY

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	PALE YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	CLEAR	
CHEMICAL EXAMINATION		
Reaction[pH]	7.0	(5.0-9.0)
(Reflectancephotometry(Indicator Metho		
Specific Gravity	1.010	(1.003-1.035)
(Reflectancephotometry(Indicator Metho	od))	
Bilirubin	Negative	NEGATIVE
Protein/Albumin	Negative	(NEGATIVE-TRACE)
(Reflectance photometry(Indicator Met)	hod)/Manual SSA)	
Glucose	NOT DETECTED	(NEGATIVE)
(Reflectance photometry (GOD-POD/Bened	dict Method))	
Ketone Bodies	NOT DETECTED	(NEGATIVE)
(Reflectance photometry(Legal's Test),	/Manual Rotheras)	
Urobilinogen	NORMAL	(NORMAL)
Reflactance photometry/Diazonium salt	reaction	
Nitrite	NEGATIVE	NEGATIVE
Reflactance photometry/Griess test		
Leukocytes	NIL	NEGATIVE
Reflactance photometry/Action of Este:	rase	
BLOOD	NIL	NEGATIVE
(Reflectance photometry(peroxidase))		
MICROSCOPIC EXAMINATION (Manual) Me	ethod: Light microscopy on	centrifuged urine
WBC/Pus Cells	1-2 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	1-2 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	
Yeast cells	NIL	
Interpretation:		
-		



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Name	:	MR RAKESH SAH	Age	:	30 Yr(s) Sex :Male
<b>Registration No</b>	:	MH010882386	Lab No	:	38230302346
Patient Episode	:	H03000053493	Collection Date	e :	30 Mar 2023 09:00
Referred By Receiving Date	:	HEALTH CHECK MHD 30 Mar 2023 11:26	Reporting Date	e :	30 Mar 2023 16:19

#### CLINICAL PATHOLOGY

URINALYSIS-Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urina tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise. Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration duri infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decrease Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus. Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in case of hemolytic anemia.

-----END OF REPORT-----

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Soma Pradhan

#### Dr. Soma Pradhan





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NAME	Rakesh SAH	STUDY DATE	30-03-2023 10:29:19
AGE / SEX	030Yrs / M	HOSPITAL NO.	MH010882386
REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
REPORTED ON	30-03-2023 12:35:04	REFERRED BY	Dr. Health Check MHD

# USG WHOLE ABDOMEN

# Findings:

Liver is normal in size and shows grade II fatty changes. No focal intra-hepatic lesion is detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

Gall bladder appears echofree with normal wall thickness. Common bile duct is normal in calibre.

Pancreas is normal in size and echopattern.

Spleen is enlarged in size (11.4cm) and normal in echopattern.

Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Left kidney shows midpole echogenic calculus (6mm) with focal caliectasis. Bilateral pelvicalyceal systems are not dilated.

Urinary bladder is normal in wall thickness with clear contents. No significant intra or extraluminal mass is seen.

Prostate is normal in size, shape and echopattern. It measures 18.5cc in volume.

No significant free fluid is detected.

# Impression:

- Grade II fatty liver.
- Splenomegaly.
- Left renal calculus.

Kindly correlate clinically.

# Dr.Pankaj Saini MD,DHA

NAME	Rakesh SAH	STUDY DATE	30-03-2023 10:29:19
AGE / SEX	030Yrs / M	HOSPITAL NO.	MH010882386
REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
REPORTED ON	30-03-2023 12:35:04	REFERRED BY	Dr. Health Check MHD

DMC reg. no. 15796 Consultant Radiologist