



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Rohit Sharma** aged, **29yrs.** Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: **Mumbai**

Date: **30/04/2024**

Dr. Nitesh Kumar

MBBS
MR 47093

Name & Signature of

Medical officer



UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



Name : MR. ROHIT SHARMA

LABID : 8388

Sample Collection : 30/04/2024 13:50

Age : 29 Yrs. **Sex :** M

Sample Received : 30/04/2024 13:50

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 30/04/2024 20:43

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

FASTING AND POSTPRANDIAL PLASMA GLUCOSE

| Test | Result | Unit | Biological Ref. Range |
|---|-------------|-------|-----------------------|
| Fasting Plasma Glucose Method: Hexokinase | : 89.29 | mg/dl | 70-110 mg/dl |
| Fasting Urine Glucose | : Absent | | Absent |
| Fasting Urine Ketone | : Absent | | Absent |
| Post Prandial Plasma Glucose (2 Hrs.after lunch) | : 106.25 | mg/dl | 70 to 140 mg/dl |
| PP Urine Glucose | : Not given | | |
| PP Urine Ketone | : Not Given | | |
| Method : Glucose Oxidase Peroxidase (GOD/POD) | | | |

AS PER AMERICAN DIABETES ASSOCIATION 2010 UPDATE

FASTING GLUCOSE LEVEL-

- Normal glucose tolerance : 70-110 mg/dl
- Impaired Fasting glucose (IFG) : 110-125 mg/dl
- Diabetes mellitus : ≥ 126 mg/dl POSTPRANDIAL/POST GLUCOSE (75 grams)
- Normal glucose tolerance : 70-139 mg/dl - Impaired glucose tolerance : 140-199 mg/dl
- Diabetes mellitus : ≥ 200 mg/dl CRITERIA FOR DIAGNOSIS OF DIABETES MELLITUS - Fasting plasma glucose ≥ 126 mg/dl - Classical symptoms +Random plasma glucose ≥ 200 mg/dl
- Plasma glucose ≥ 200 mg/dl (2 hrs after 75 grams of glucose)
- Glycosylated haemoglobin $> 6.5\%$ ***Any positive criteria should be tested on subsequent day with same or other criteria.

BIOCHEMISRTY TEST DONE ON MERILYZER CLINIQUANT BIOCHEMISRTY ANALYZER

(Collected At: 30/04/2024 13:50:08, Received At: 30/04/2024 13:50:08, Reported At: 30/04/2024 20:43:50)



Checked By -

Preeti Jaiswar
Senior Technician
ADMLT

Dr. Shobha Shetty
M.D. (PATH.)
Reg No : MMC89971

**Sample has been collected outside the laboratory. The results pertain to the sample received.



UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



8388 300424

Name : MR. ROHIT SHARMA

LABID : 8388

Sample Collection : 30/04/2024 13:50

Age : 29 Yrs. Sex : M

Sample Received : 30/04/2024 13:50

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 30/04/2024 20:43

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

UREA CREAT RATIO (UCR)

| Test | Result | Unit | Biological Ref. Range |
|---|---------|-------|-----------------------|
| Blood Urea Method: Urease UV/GLDH | : 35.23 | mg/dl | 10-50 mg/dl |
| Blood Urea Nitrogen | : 16.46 | mg/dl | 6-21 mg/dl |
| S. Creatinine Method: Modified Jaffe's | : 0.79 | mg/dl | 0.7-1.3 mg/dl |
| UREA / CREATININE RATIO | : 44.59 | | 8.56 to 50.10 |

INTERPRETATION:

The principle behind this ratio is the fact that both urea (BUN) and creatinine are freely filtered by the glomerulus; however, urea reabsorbed by the tubules can be regulated (increased or decreased) whereas creatinine reabsorption remains the same (minimal reabsorption).

> 50.10 (Pre renal causes) : BUN reabsorption is increased. Urea is disproportionately elevated relative to creatinine in serum. This may be indicative of hypoperfusion of the kidneys due to heart failure or dehydration. Gastrointestinal bleeding or increased dietary protein can also increase the ratio.

8.56 - 50.10 (Post Renal causes or Normal) : Normal range. Can also be postrenal disease. BUN reabsorption is within normal limits.

< 8.56 (Intra Renal) : Renal damage causes reduced reabsorption of BUN, therefore lowering the Urea:Cr ratio. Decreased ratio indicates liver disease (due to decreased urea formation) or malnutrition.

(Collected At: 30/04/2024 13:50:08, Received At: 30/04/2024 13:50:08, Reported At: 30/04/2024 20:43:27)



Checked By -

Preeti Jaiswar
Senior Technician
ADMLT

Dr. Shobha Shetty
M.D. (PATH.)
Reg No : MMC89971

**Sample has been collected outside the laboratory. The results pertain to the sample received.



UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



Name : MR. ROHIT SHARMA

LABID : 8388

Sample Collection : 30/04/2024 13:50

Age : 29 Yrs. Sex : M

Sample Received : 30/04/2024 13:50

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 30/04/2024 20:43

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

COMPLETE BLOOD COUNT

| Test | Result | Unit | Reference Range |
|-----------------------------------|--------|------------|----------------------------|
| Haemoglobin | 14.6 | gm/dl | 14.0-18.0 gm/dl |
| <u>RBC PARAMETERS</u> | | | |
| Total R.B.C. Count | 5.07 | mill/cumm | 4.5-6.5 mill/cumm |
| PCV | 41.4 | % | 40-54 % |
| MCV | 81.7 | fl | 76-90 fl |
| MCH | 28.8 | Pg | 27-32 Pg |
| MCHC | 35.3 | gm/dl | 30-35 gm/dl |
| RDW | 12.2 | % | 11-14.5 % |
| <u>WBC PARAMETERS</u> | | | |
| Total W.B.C. Count | 8700 | per cumm | 4000-11000 per cumm |
| Neutrophils | 52 | % | 40-75 % |
| Lymphocytes | 43 | % | 20-40 % |
| Monocytes | 03 | % | 0 - 10 % |
| Eosoniphils | 02 | % | 0 - 6 % |
| Basophils | 00 | % | 0-1 % |
| Band Forms | 00 | % | 0 - 0 % |
| <u>PLATELET PARAMETERS</u> | | | |
| Platelet Count | 295000 | per cu.mm. | 150000 - 450000 per cu.mm. |
| MPV | 9.3 | fL | 3-12 fL |

PERIPHERIAL SMEAR FINDINGS:


| | | |
|--------------------|---|--------------------------|
| WBC Morphology | : | Normal |
| RBC Morphology | : | Normocytic, Normochromic |
| Platelets on Smear | : | Adequate on smear. |

EDTA Sample Procesed On a Fully Automated 3-Part Analyzer H-360

(Collected At: 30/04/2024 13:50:08, Received At: 30/04/2024 13:50:08, Reported At: 30/04/2024 20:43:28)



Checked By -


Preeti Jaiswar
Senior Technician
ADMLT



Dr. Shobha Shetty
M.D. (PATH.)
Reg No : MMC89971

**Sample has been collected outside the laboratory. The results pertain to the sample received.



UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



8388 300424

Name : MR. ROHIT SHARMA

LABID : 8388

Sample Collection : 30/04/2024 13:50

Age : 29 Yrs. Sex : M

Sample Received : 30/04/2024 13:50

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 30/04/2024 20:43

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

SERUM BILIRUBIN

| <u>Test</u> | <u>Result</u> | <u>Unit</u> | <u>Biological Ref. Range</u> |
|-------------------------|---------------|-------------|------------------------------|
| S. Bilirubin (Total) | : 0.78 | mg/dl | 0-1.2 mg/dl |
| S. Bilirubin (Direct) | : 0.25 | mg/dl | 0-0.40 mg/dl |
| S. Bilirubin (Indirect) | : 0.53 | mg/dl | 0-0.55 mg/dl |

(Collected At: 30/04/2024 13:50:08, Received At: 30/04/2024 13:50:08, Reported At: 30/04/2024 20:43:30)

----- End Of Report -----



Checked By -

Preeti Jaiswar
Senior Technician
ADMLT

Dr. Shobha Shetty
M.D. (PATH.)
Reg No : MMC89971

**Sample has been collected outside the laboratory. The results pertain to the sample received.



UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



Name : MR. ROHIT SHARMA

LABID : 8388

Sample Collection : 30/04/2024 13:50

Age : 29 Yrs. Sex : M

Sample Received : 30/04/2024 13:50

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 30/04/2024 20:43

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

EXAMINATION OF URINE

| Test | Result | Biological Ref. Range |
|--------------------------------|--------------|-----------------------|
| PHYSICAL EXAMINATION | | |
| QUANTITY (URINE) | 30 ML | |
| Colour | Pale Yellow | |
| Appearance | Clear | |
| Reaction (pH) | 6.0 | 4.5 - 8.0 |
| Specific Gravity | 1.025 | 1.010 - 1.030 |
| CHEMICAL EXAMINATION | | |
| Protein | Absent | Absent |
| Glucose | Absent | Absent |
| Ketone | Absent | Absent |
| Occult Blood | Absent | Absent |
| Bilirubin | Absent | Absent |
| Urobilinogen | Absent | Normal |
| MICROSCOPIC EXAMINATION | | |
| Epithelial Cells | 0 - 1 / hpf | |
| Pus cells | 1-2 / hpf | |
| Red Blood Cells | Absent / hpf | |
| Casts | Absent / lpf | Absent / lpf |
| Crystals | Absent | Absent |
| OTHER FINDINGS | | |
| Amorphous Deposits | Absent | Absent |
| Yeast Cells | Absent | Absent |
| Bacteria | Absent | Absent |
| Mucus Threads | Absent | |
| Spermatozoa | Absent | |

(Collected At: 30/04/2024 13:50:08, Received At: 30/04/2024 13:50:08, Reported At: 30/04/2024 20:43:32)

----- End Of Report -----



Checked By -

Preeti Jaiswar
Senior Technician
ADMLT

Dr. Shobha Shetty
M.D. (PATH.)
Reg No : MMC89971

**Sample has been collected outside the laboratory. The results pertain to the sample received.



UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



8388 300424

Name : MR. ROHIT SHARMA

LABID : 8388

Age : 29 Yrs. Sex : M

Sample Collection : 30/04/2024 13:50

Sample Received : 30/04/2024 13:50

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 30/04/2024 20:51

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

BLOOD GROUP

| <u>Test</u> | <u>Result</u> | <u>Unit</u> | <u>Biological Ref. Range</u> |
|-------------|---------------|-------------|------------------------------|
| ABO Group | : AB | | |
| RH Factor | : POSITIVE | | |

Slide agglutination test

Slide Agglutination Test

(Collected At: 30/04/2024 13:50:08, Received At: 30/04/2024 13:50:08, Reported At: 30/04/2024 20:51:18)

SERUM CREATININE

| <u>Test</u> | <u>Result</u> | <u>Unit</u> | <u>Biological Ref. Range</u> |
|--------------------------|---------------|-------------|------------------------------|
| S. Creatinine | : 0.78 | mg/dl | 0.7-1.3 mg/dl |
| Method: Modified Jaffe's | | | |

(Collected At: 30/04/2024 13:50:08, Received At: 30/04/2024 13:50:08, Reported At: 30/04/2024 20:43:36)

----- End Of Report -----



Checked By -

Preeti Jaiswar
Senior Technician
ADMLT

Dr. Shobha Shetty
M.D. (PATH.)
Reg No : MMC89971

**Sample has been collected outside the laboratory. The results pertain to the sample received.



UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



8388 300424

Name : MR. ROHIT SHARMA

LABID : 8388

Sample Collection : 30/04/2024 13:50

Age : 29 Yrs. Sex : M

Sample Received : 30/04/2024 13:50

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 30/04/2024 20:43

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

ERYTHROCYTE SEDIMENTATION RATE (WESTERGREN'S)

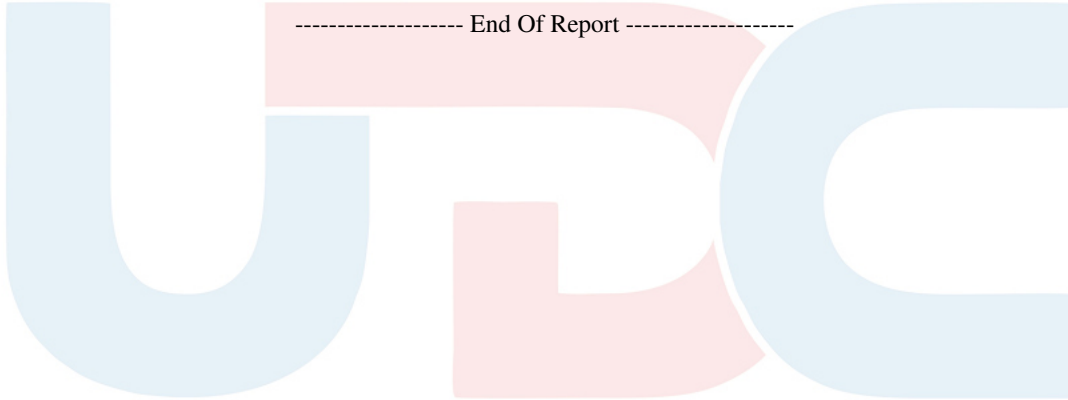
| Test | Result | Unit | Biological Ref. Range |
|--------------------|--------|-----------|-----------------------|
| E.S.R (Westergren) | : 16 | mm at 1hr | 0-20 mm at 1hr |

Method : Westergren`s

Done with: ErySed Random Access ESR analyzer

(Collected At: 30/04/2024 13:50:08, Received At: 30/04/2024 13:50:08, Reported At: 30/04/2024 20:43:41)

----- End Of Report -----



Checked By -

Preeti Jaiswar
Senior Technician
ADMLT

Dr. Shobha Shetty
M.D. (PATH.)
Reg No : MMC89971

**Sample has been collected outside the laboratory. The results pertain to the sample received.



UNIVERSAL DIAGNOSTIC CENTRE

S3/57, Vedant Complex, Pokharan Road No. 1, Vartak Nagar, Thane (W) 400 606.
Contact No: 022 47488444 / +91 9930081525. Email: udcpath@gmail.com



8388 300424

Name : MR. ROHIT SHARMA

LABID : 8388

Sample Collection : 30/04/2024 13:50

Age : 29 Yrs. Sex : M

Sample Received : 30/04/2024 13:50

Ref. By : SIDDHIVINAYAK HOSPITAL (APOLLO)

Report Released : 30/04/2024 20:43

Sent By : UNIVERSAL DIAGNOSTIC CENTRE

SGPT

| Test | Result | Unit | Biological Ref. Range |
|------------|---------|------|-----------------------|
| S. G. P. T | : 26.32 | IU/L | 0-42 IU/L |

(Collected At: 30/04/2024 13:50:08, Received At: 30/04/2024 13:50:08, Reported At: 30/04/2024 20:43:42)

----- End Of Report -----



Checked By -

Preeti Jaiswar
Senior Technician
ADMLT

Dr. Shobha Shetty
M.D. (PATH.)
Reg No : MMC89971

**Sample has been collected outside the laboratory. The results pertain to the sample received.

| | |
|----------|----------|
| Reg. No. | AP |
| Date: | 30/04/24 |

Blood
 Urine
 Stool
 Vaccine
 ECG
 2D Echo
 TMT
 X-Ray
 PFT
 Audio
 USG
 OPT
 Dr.

Employee's Name : Robit Sharma
 Blood Group : B+
 Age/Sex : 29/M
 Contact No. : 9967321114

With Glass / Without Glasses

| | Rt. | Lt. |
|---------------|--------|-----|
| NEAR | W/G | N/G |
| DISTANT | 6/6 | 6/6 |
| COLOUR VISION | Normal | |

PHYSIOLOGIC PARAMETERS :

| | | |
|------------|------------|------------------------------------|
| Ht. (Cms.) | Wt. (Kgs.) | BMI |
| 176 | 70.90 | 22.9 kg/m ² (Normal) |

GENERAL EXAMINATION

Pulse (Min) : 86/min BP (mm Hg) : 120/80 mmHg
 R.R. (Min) : 18/min Temp. : Afeb
 Pallor : NAD Icterus : NAD
 Clubbing : NAD

COMPLAINTS : (Specify if any)

No fresh complaints

ENT EXAMINATION (Specify if Abnormal)

| | | |
|-------|---------|--------|
| Ear | Nose | Tongue |
| Teeth | Tonsils | Gums |

(N)

PAST HISTORY : NAD

SYSTEMIC EXAMINATION

LOCOMOTOR SYSTEM : NAD
 RESPIRATORY SYSTEM : A/B E clear
 CARDIOVASCULAR SYSTEM : S1S2 ⊕
 CENTRAL NERVOUS SYSTEM : Cons, oriented
 ABDOMEN : Soft
 GENITAL SYSTEM : NAD
 MUSCULOSKELETAL SYSTEM : NAD

FAMILY HISTORY : NAD

SURGICAL HISTORY : NAD

PERSONAL HISTORY (Addiction if any)

Chronic / Frequent / Occasional : No
 Smoker / Tobacco Chewer / Alcoholic : No

| PFT | MEANS | PRED | % PRED |
|------------|-------|------|--------|
| SVC | | | |
| FVC | | | |
| FEV1 / FVC | | | |
| Remark | | | |

| Audiometry | Frequency in Hz | | | | | |
|------------|-----------------|------|------|------|------|------|
| | 500 | 1000 | 2000 | 4000 | 6000 | 8000 |
| Right Ear | | | | | | |
| Left Ear | | | | | | |
| Remark | | | | | | |

pt is fit and can resume his normal duties.

DOCTOR SIGNATURE
DR. VISHAL DALVI
 MBBS, MD (Medicine)
 Consultant Physician
 Reg. No. 2011/09/3121

ID: 1438

Rohit Sharma

Female
Years 29/M

SpO₂ - 96%
pulse - 86/min

BP - 120/80 mmHg

30-04-2024 11:21:10 AM

| | | |
|----------|---------------|-----|
| HR | : 73 | bpm |
| P | : 102 | ms |
| PR | : 149 | ms |
| QRS | : 86 | ms |
| QT/QTcBz | : 352/389 | ms |
| P/QRS/T | : 7/68/49 | ° |
| RV5/SV1 | : 1.617/0.666 | mV |

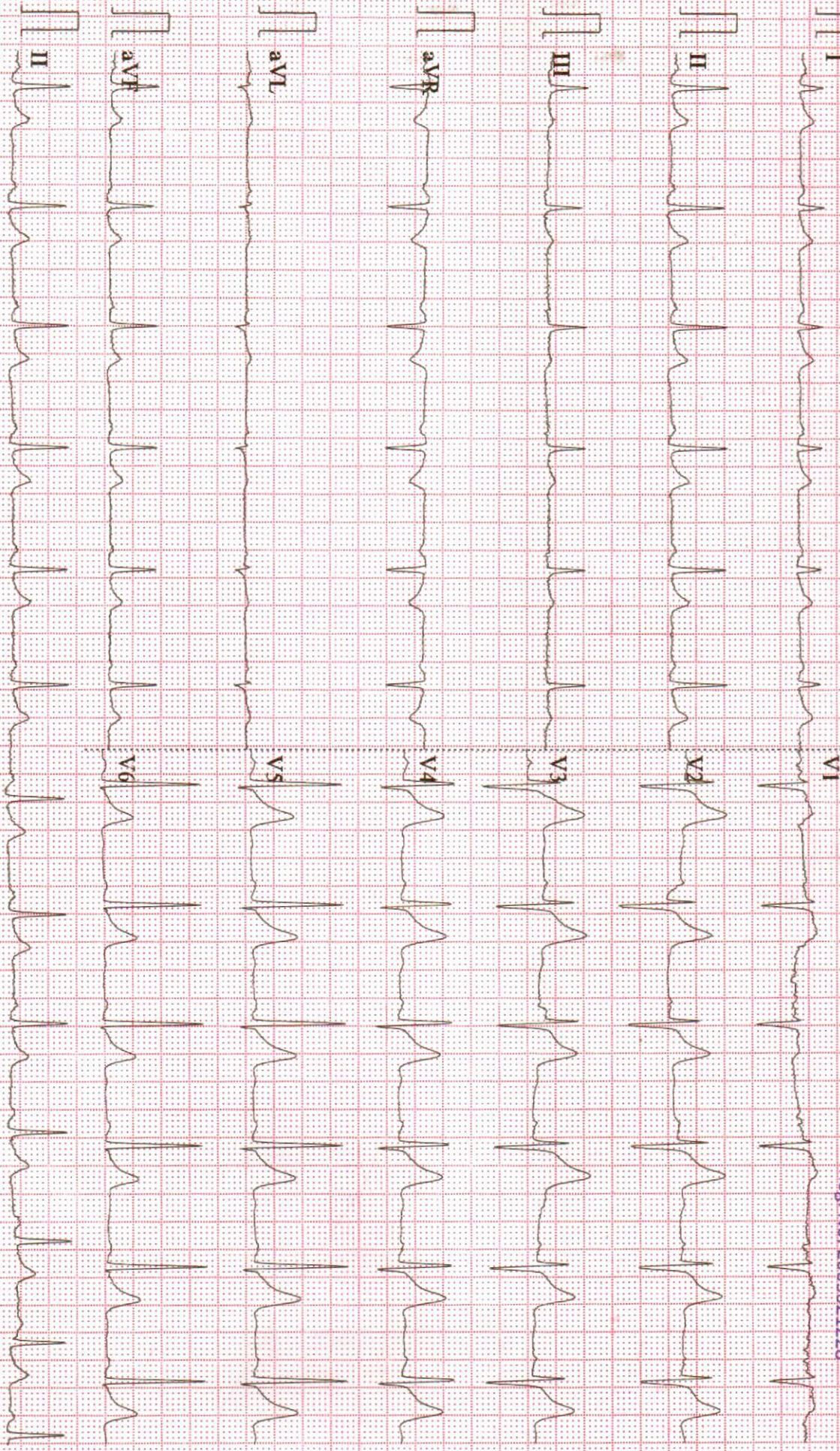
Diagnosis Information:

Sinus Arrhythmia
Slight ST Elevation(V3,V4)

(Signature)
Dr. Anant Ramkishanrao Munde

Report Confirmed by:

Dr. Anant Ramkishanrao Munde
MBBS, DNB, DM (Cardiology)
Reg. No. 2005021228



0.15~45Hz AC50 25mm/s 10mm/mV 2*5.0s+1r V2.21 SEMIP V1.92 Siddhivimayak Hospital

OPHTHAL CHECK UP SCREENING

NAME OF EMPLOYEE Rohit Sharma

AGE 29

DATE - 30.04.2024

Specs : Without Glasses

| | RT Eye | Lt Eye |
|------------------|--------|--------|
| NEAR | N/6 | N/6 |
| DISTANT | 6/6 | 6/6 |
| Color Blind Test | NORMAL | |



SIDDHIVINAYAK HOSPITALS



| | |
|------------------------------------|------------------|
| Name - Mr. ROHIT SHARMA | Age - 29 Y/M |
| Ref by Dr:- Siddhivinayak Hospital | Date- 30/04/2024 |

X- Ray chest (PA VIEW)

No obvious active parenchymal lesion seen in both lungs.

Cardiac and aortic shadows appear normal

No evidence of pleural of effusion is seen.

Both domes of diaphragm appear normal.

No obvious bony lesion is seen.

IMPRESSION:

- No significant abnormality seen.

Adv.: Clinical and lab correlation.

DR. AMOL BENDRE
MBBS; DMRE
CONSULTANT RADIOLOGIST

Note: The above report represents interpretation of various radiographic / sonographic shadows, and hence has its own limitations. This report has to be co-related clinic-pathologically by the referring / physician and it does NOT represent the sole diagnosis.

Dr. AMOL BENDRE
MBBS DMRE
Reg. No. 2015/08/4412

