



NABL & ISO 9001 : 2008 Certified  
Wellness . Diagnostics  
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar  
(In Front of L.L.R. Hospital), Kanpur  
Mob. : 8808051576  
E-mail : reportsgpx@gmail.com  
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012301140026	Reg No/BarcodeNo	: 514057/01472585
Patient Name	: Mrs..SHIKHA GUPTA	Reg. Date	: 14/Jan/2023 09:56AM
Age/Sex	: 29 Y / Female	Sample Taken Date	: 14/Jan/2023 10:30AM
Client Code/Name	: <b>MEDIWHEEL FULL</b> <b>BODY CHECKUP</b>	Report Date	: 14/Jan/2023 11:35AM
Referred By Doctor	: Dr. B O B		

**BIOCHEMISTRY**

**MEDIWHEEL FEMALE BELOW 40**

**Blood Sugar (Fasting)**

Blood Sugar Fasting 86 mg/dl 70 - 100  
Glucose Oxidase Peroxidase

Sample Type:Plasma

**Blood Sugar (PP)**

Blood Sugar PP (2 Hr.) 97 mg/dL 70 - 140  
Glucose Oxidase Peroxidase

Sample Type:Plasma

**GAMMA GT/GGT**

GAMMA GT / GGT 15 IU/l 12 - 43

\*Not in NABL Scope\*

Sample Type:Serum

**BUN / BLOOD UREA NITROGEN**

BLOOD UREA NITROGEN 10 mg/dl 7.0 - 18.7  
Urease

Sample Type:Serum

**CREATININE SERUM**

CREATININE, Serum 0.57 mg/dl 0.52 - 1.04  
Aminohydrolyase

Sample Type:Serum

**URIC ACID**

URIC ACID, Serum 2.7 mg/dl 2.5 - 6.2  
Uricase Peroxidase

Sample Type:Serum



*A Gupta*

**Dr. Arun Kumar Gupta**  
M.D. Chief Pathologist  
(Reg No. 34930)



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**BIOCHEMISTRY**

**MEDIWHEEL FEMALE BELOW 40**

**LFT/LIVER FUNCTION TESTS**

BILIRUBIN TOTAL Reflectance spectrophotometry	0.40	mg/dl	0.10 - 1.00
BILIRUBIN DIRECT Reflectance Spectrophotometry	0.19	mg/dl	0.0 - 0.3
BILIRUBIN INDIRECT Reflectance Spectrophotometry	0.21	mg/dl	0.10 - 1.1
SGOT /AST Mutipoint Rate with P-5-P	20	U/L	14 - 36
SGPT /ALT UV with P5P	22	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP BUFFER	101	U/L	38 - 126
PROTEIN TOTAL Biuret	7.8	g/dl	6.4 - 8.3
ALBUMIN BCP	4.6	g/dl	3.5 - 5.0
GLOBULIN Calculated	3.2	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.44	Ratio	1.5 - 2.5

**Sample Type:Serum**



*Arun Kumar Gupta*

**Dr. Arun Kumar Gupta**  
M.D. Chief Pathologist  
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BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

Lipid Profile

CHOLESTEROL TOTAL Cholesterol Oxidase	160	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES Lip/Gluceron Kinase	63	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Non HDL Precopitation	48	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	99.4	mg/dl	100 - 130
VLDL CALCULATED Calculated	12.6	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	3.33	Ratio	Less than 4.0
LDL / HDL RATIO	2.07		3.3 - 4.4 (Low Risk) 4.4-7.1 (Average Risk) 7.1-11.0 (Moderate Risk)

Ratio of LDL to HDL

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

HDL levels have an inverse relationship with coronary heart disease. The ability of HDL to predict the development of coronary atherosclerosis has been estimated to be four times greater than LDL and eight times greater than TC. Treatment is recommended for those with a HDL level below 40 mg/dL. An HDL of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

Sample Type:Serum



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**BIOCHEMISTRY**

**MEDIWHEEL FEMALE BELOW 40**

**BUN/CREATININE RATIO**

BLOOD UREA NITROGEN Urease	10	mg/dl	7.0 - 18.7
CREATININE, Serum Aminohydrolaase	0.57	mg/dl	0.52 - 1.04
Ratio	17.54	mg/dl	5 - 20

Sample Type:Serum



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Age/Sex	: 29 Y / Female	Sample Taken Date	: 14/Jan/2023 01:26PM
Client Code/Name	: <b>MEDIWHEEL FULL</b> <b>BODY CHECKUP</b>	Report Date	: 14/Jan/2023 02:15PM
Referred By Doctor	: Dr. B O B		

**CLINICAL PATHOLOGY**

**MEDIWHEEL FEMALE BELOW 40**

**MEDIWHEEL FEMALE BELOW 40**

**URINE SUGAR (F)**

URINE SUGAR (F) NIL

(\*Not in NABL Scope\*)



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CLINICAL PATHOLOGY

MEDIWHEEL FEMALE BELOW 40

**URINE ROUTINE EXAMINATION**

**Method -Dipstick And Microscopy**

**PHYSICAL EXAMINATION**

COLOUR	STRAW	
SPECIFIC GRAVITY (Based on pka change)	1.030	1.001 - 1.030
pH ( methylred/Bromothymol blue method )	<b>6.0</b>	7.50 - 8.0
TURBIDITY	ABSENT	
Deposit (UR)	ABSENT	

**Chemical**

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria )	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

**After Centrifugation at 2500 R.P.M. For 5 Minutes**

**MICROSCOPIC EXAMINATION**

RBC (Microscopic)	NIL	per HPF	
PUS CELLS (Microscopic)	0-1	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	0-1	Per HPF	
CASTS (Microscopic)	NIL	Per LPF	
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil		Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0

**URINE SUGAR (PP)**

URINE SUGAR (PP) NIL

(\*Not in NABL Scope\*)



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

CBC / COMPLETE BLOOD COUNT

HEMOGLOBIN (Hb) Photometry Cyanide Free	12.7	g/dl	12.0 - 15.0
TLC Impedence	5100	/cumm	4000-10000
<b>DLC (%)</b>			
NEUTROPHIL DHSS/Microscopic	40	%	40-80
LYMPHOCYTE DHSS/Microscopic	52	%	24-44
EOSINOPHIL DHSS/Microscopic	2	%	01-06
MONOCYTE DHSS/Microscopic	6	%	3-6
Platelet Impedance/Microscopic	185	10 <sup>3</sup> /μL	150 - 410
RBC COUNT Impedance	4.1	10 <sup>6</sup> /μL	3.8 - 4.8
PCV (HCT) Numeric Integration	38.9	%	36-46
MCV Calculated	94	fL	83-91
MCH Calculated	30.8	pg	27-32
MCHC Calculated	32.7	g/dL	31.5-34.5
RDW-CV Calculated	13.6	%	11.6 - 14.0
MPV	11.4	fL	8 - 12
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	2	10 <sup>3</sup> /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	2.7	10 <sup>3</sup> /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.3	10 <sup>3</sup> /μL	0.02-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.1	10 <sup>3</sup> /μL	0.02 - 0.50

Sample Type Whole Blood EDTA



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Client Code/Name	: <b>MEDIWHEEL FULL</b> <b>BODY CHECKUP</b>	Report Date	: 14/Jan/2023 11:51AM
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**HAEMATOLOGY**

**MEDIWHEEL FEMALE BELOW 40**

**MEDIWHEEL FEMALE BELOW 40**

**ESR WESTERGREN (Automated)**

ESR WESTERGREN ( Automated ) WESTERGREN	14	mm	0 - 14
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**\*Not in NABL Scope\***

**Sample Type:EDTA Blood**

**ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)**

**BLOOD GROUP / ABO-RH**

ABO	B	-
Reverse & Forward		
Rh	POSITIVE	-
Reverse & Forward		

**Sample Type:EDTA Blood**



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HAEMATOTOLOGY

MEDIWHEEL FEMALE BELOW 40

**HbA1C/GLYCATED HEMOGLOBIN/GHB**

HBA1C/GLYCATED HEMOGLOBIN 5.4 %  
Average of Glucose Level 108 mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:  
 $eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$

\*Not in NABL Scope\*

Sample Type:EDTA Blood



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Client Code/Name	: <b>MEDIWHEEL FULL</b> <b>BODY CHECKUP</b>	Report Date	: 14/Jan/2023 11:50AM
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**IMMUNOASSAY**

**MEDIWHEEL FEMALE BELOW 40**

**MEDIWHEEL FEMALE BELOW 40**

**T3 / TRIDOTHYRONINE TOTAL**

T3 TOTAL	1.14	ng/mL	0.35 - 1.93
CLIA			

*Increased levels are seen in hyperthyroidism and decreased levels are seen in hypothyroidism.*

**Sample Type:Serum**

**T4 / THYROXIN TOTAL**

T4 TOTAL	7.17	µg/dl	4.50 - 10.9
CLIA			

*Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders*



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IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

**TSH (Thyroid Stimulating Hormone)**

TSH (ECLIA) CLIA	3.02	µIU/ml	0.35 - 5.50
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NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal	Normal	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal	Normal	Mild (subclinical) Hypertthyroidism.
Low	High/Normal	High/Normal	Hypertthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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Client Code/Name	: <b>MEDIWHEEL FULL</b> <b>BODY CHECKUP</b>	Report Date	: 14/Jan/2023 03:16PM
Referred By Doctor	: Dr. B O B		

**X-RAY**

**MEDIWHEEL FEMALE BELOW 40**

**MEDIWHEEL FEMALE BELOW 40**

**X RAY CHEST PA VIEW**

Trachea is in midline  
 Both lung fields appear normal.  
 Both Costophrenic and the cardiophrenic angles are clear.  
 Cardiac size is within normal limits.  
 Bony thorax appears normal.  
 No evidence of free gas under right dome of diaphragm.  
 Both axillae appear normal.

Impression: ***Normal Radiograph.***

Advise: Correlate clinically & further investigate.

**DR. S. KHURANA**  
**M.B.B.S.,D.M.R.E.**

\*\*\* End Of Report \*\*\*



Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:29	0:01	00.0	00.0	01.0	98	124/88	121	00	
Standing	00:37	0:01	00.0	00.0	01.0	101	124/88	125	00	
HV	00:46	0:01	00.0	00.0	01.0	102	124/88	126	00	
ExStart	00:54	0:01	00.0	00.0	01.0	105	124/88	130	00	
BRUCE Stage 1	03:54	3:00	01.7	10.0	04.7	157	134/92	210	11	
PeakEx	05:30	1:36	02.5	12.0	06.0	173	144/96	249	09	
Recovery	06:29	1:00	00.0	00.0	01.0	124	140/94	242	01	
Recovery	07:29	2:00	00.0	00.0	01.0	114	136/92	168	00	
Recovery	08:45	3:15	00.0	00.0	01.0	116	132/90	153	00	

**Findings :**

Exercise Time : 04:37  
Max HR Attained : 173 bpm 91% of Target 191  
Max BP Attained : 144/96  
Max WorkLoad Attained : 6 Fair response to induced stress  
Max ST Dep Lead & Value : II & -2.3 mm  
Duke Treadmill Score : 08.7  
Test Objective : For Testing  
History : Nil  
Test End Reasons : Fatigue

**Doctor : DR. KUSH KUMAR TYAGI D.M.**



**Report :**

Sample Name: Stress Test Graded Exercise Treadmill  
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

NORMAL FUNCTIONAL CAPASITY, ADEQUATE B.P. RESPONSE, THR 91% ACHIEVED,  
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE  
AND RECOVERY. NO ARRHYTHAEMIA.

\*\*\*\*\*

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

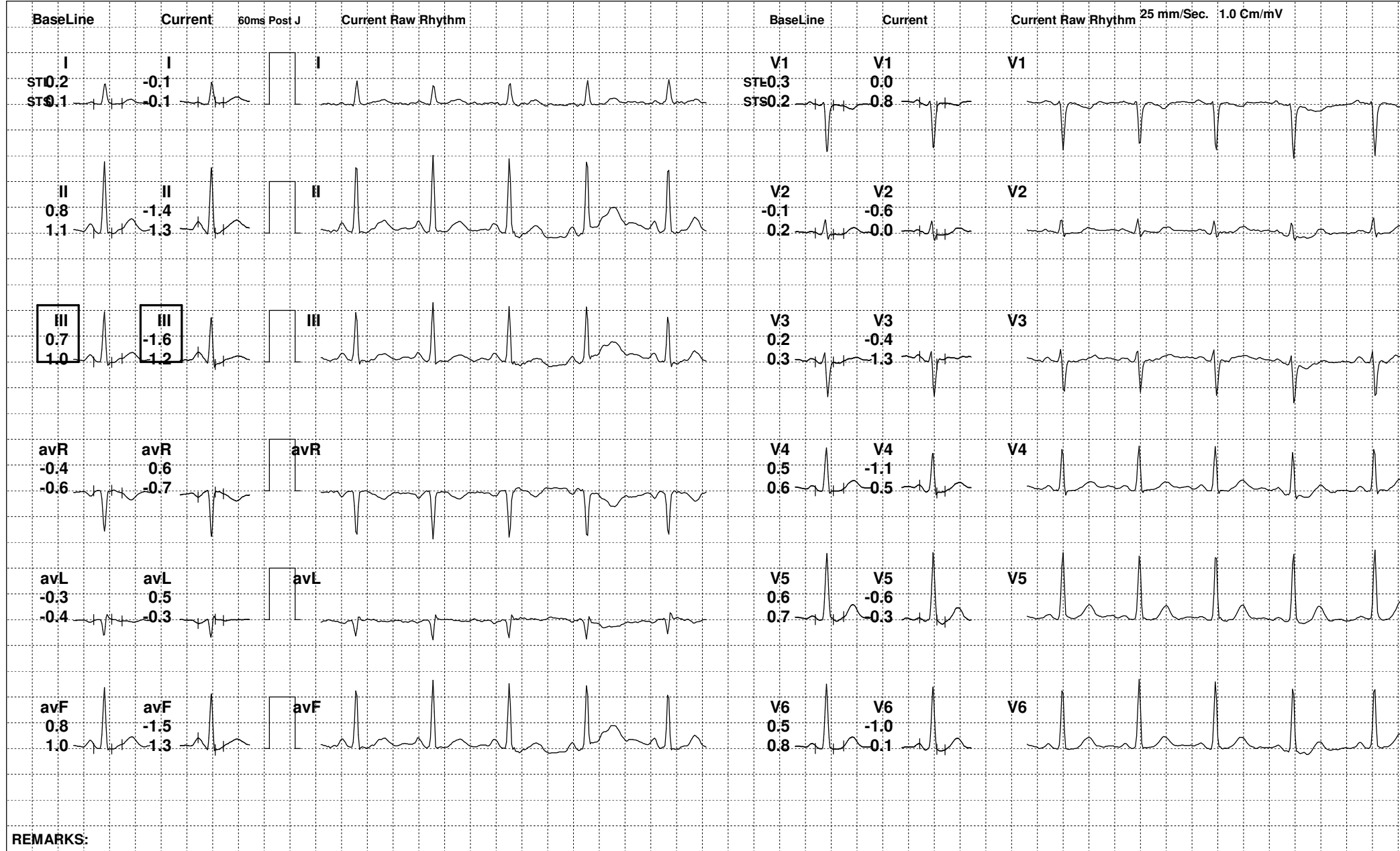
**Doctor : DR. KUSH KUMAR TYAGI D.M.**



141 (514057) / SHIKHA GUPTA / 29 Yrs / F

Date: 14-Jan-2023 01:29:51 PM METS: 1.0/ 98 bpm 51% of THR BP: 124/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:27 0.0 mph, 0.0%



REMARKS:

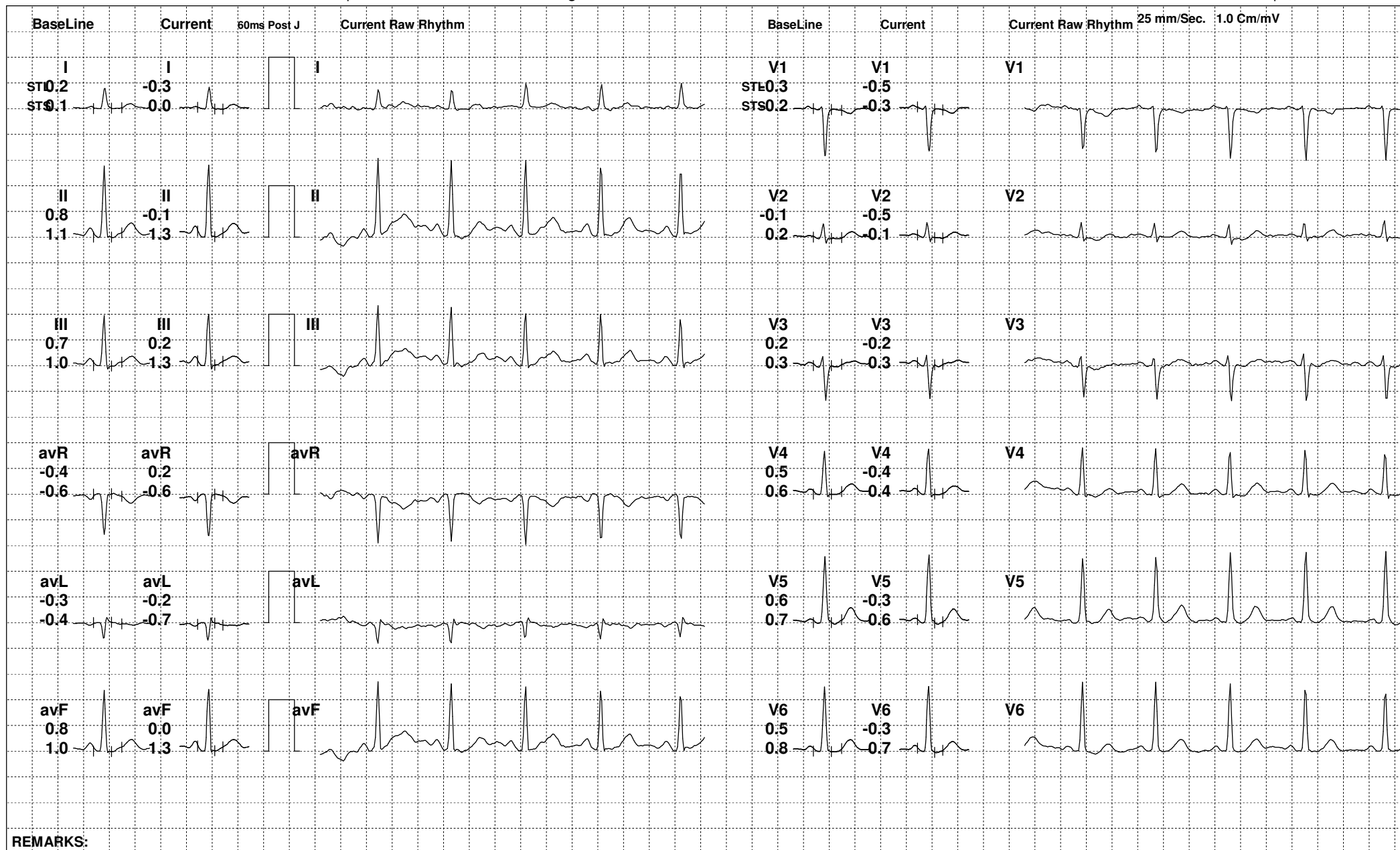




141 (514057) / SHIKHA GUPTA / 29 Yrs / F

Date: 14-Jan-2023 01:29:51 PM METS: 1.0/ 101 bpm 52% of THR BP: 124/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:35 0.0 mph, 0.0%



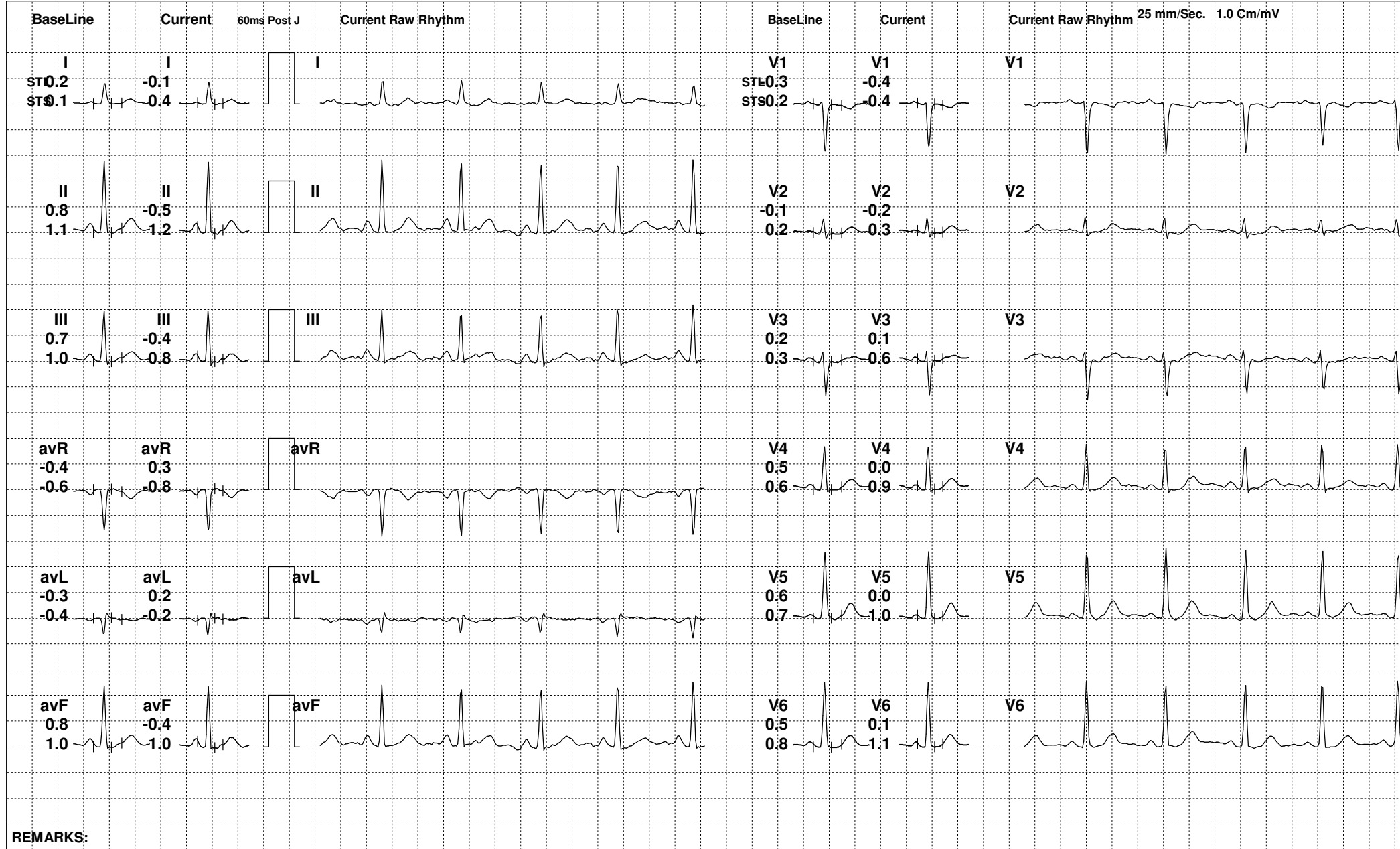
REMARKS:



141 (514057) / SHIKHA GUPTA / 29 Yrs / F

Date: 14-Jan-2023 01:29:51 PM METS: 1.0/ 99 bpm 51% of THR BP: 124/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:44 0.0 mph, 0.0%



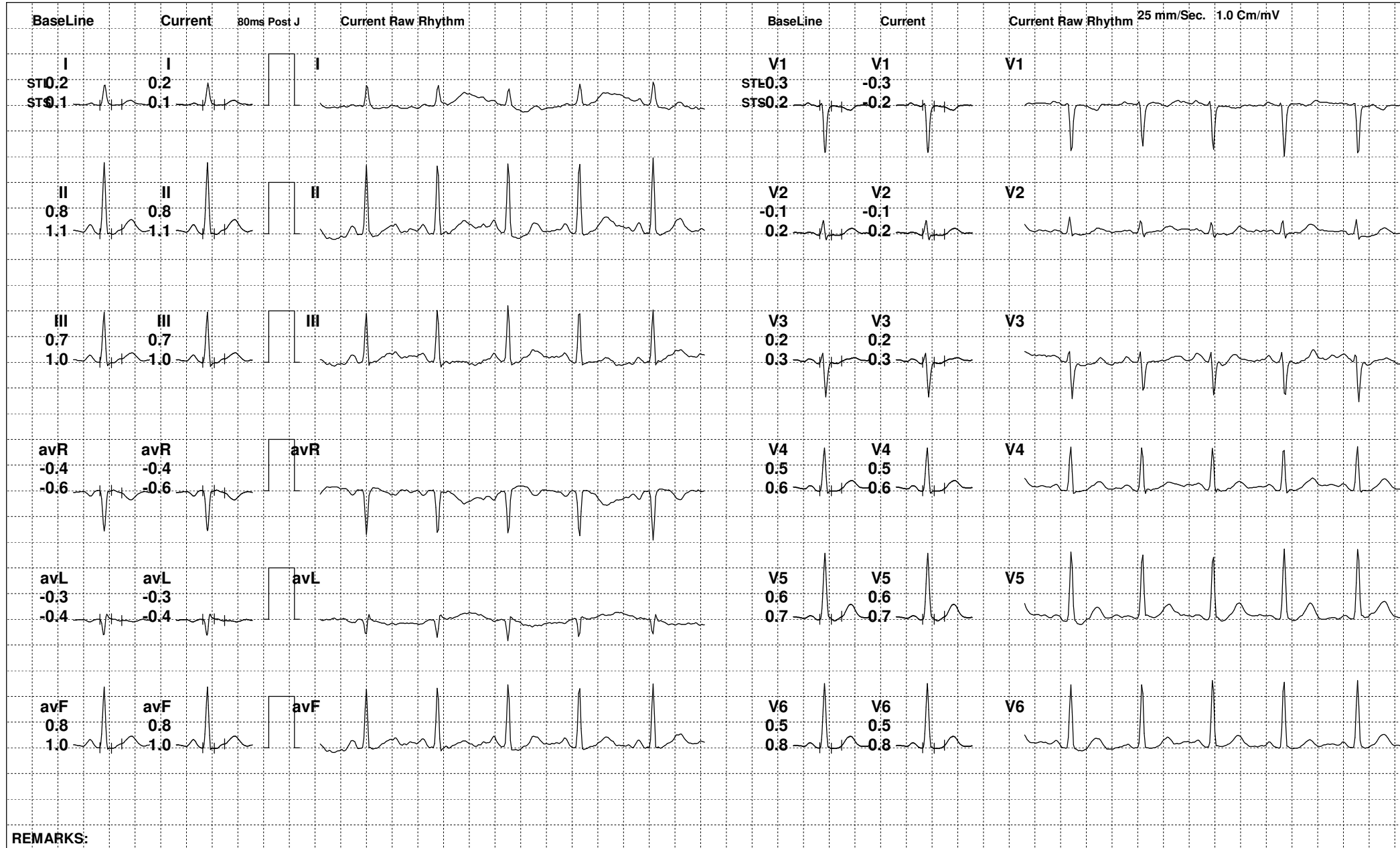
REMARKS:



141 (514057) / SHIKHA GUPTA / 29 Yrs / F

Date: 14-Jan-2023 01:29:51 PM METS: 1.0/ 105 bpm 54% of THR BP: 124/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:52 0.0 mph, 0.0%



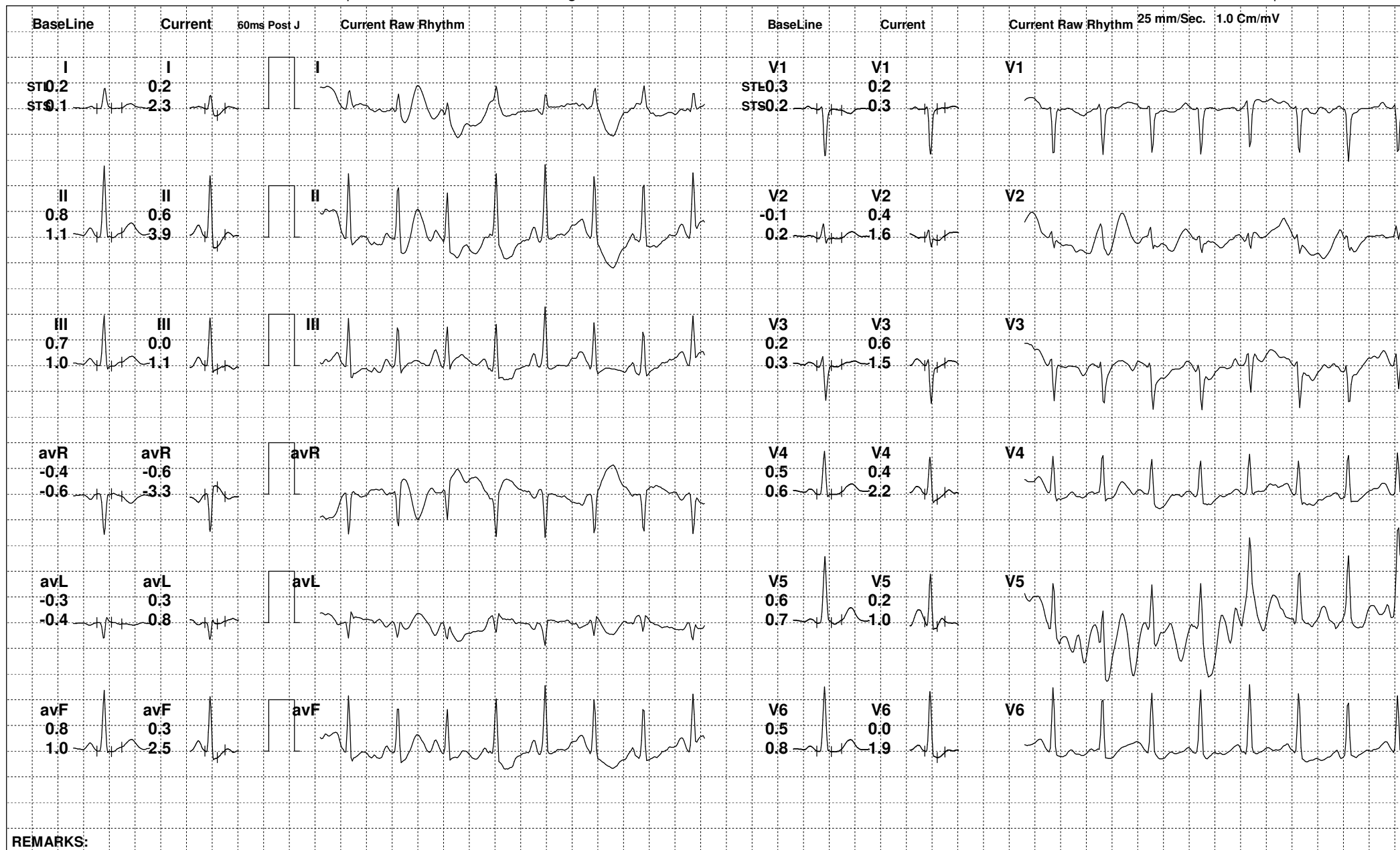
REMARKS:



141 (514057) / SHIKHA GUPTA / 29 Yrs / F

Date: 14-Jan-2023 01:29:51 PM METS: 4.7/ 157 bpm 82% of THR BP: 134/92 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



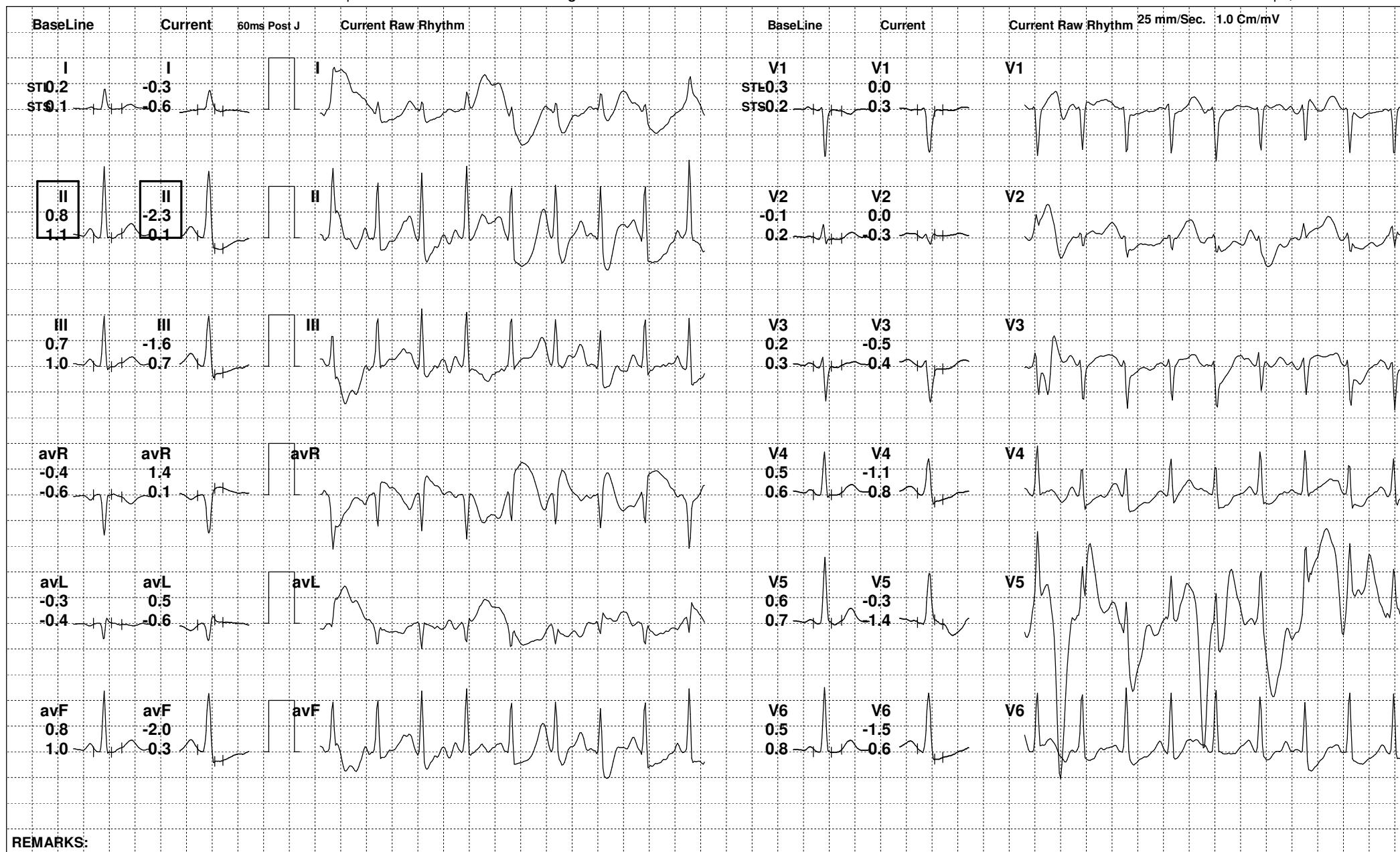
REMARKS:



141 (514057) / SHIKHA GUPTA / 29 Yrs / F

Date: 14-Jan-2023 01:29:51 PM METS: 6.0/ 173 bpm 90% of THR BP: 144/96 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 04:36 2.5 mph, 12.0%



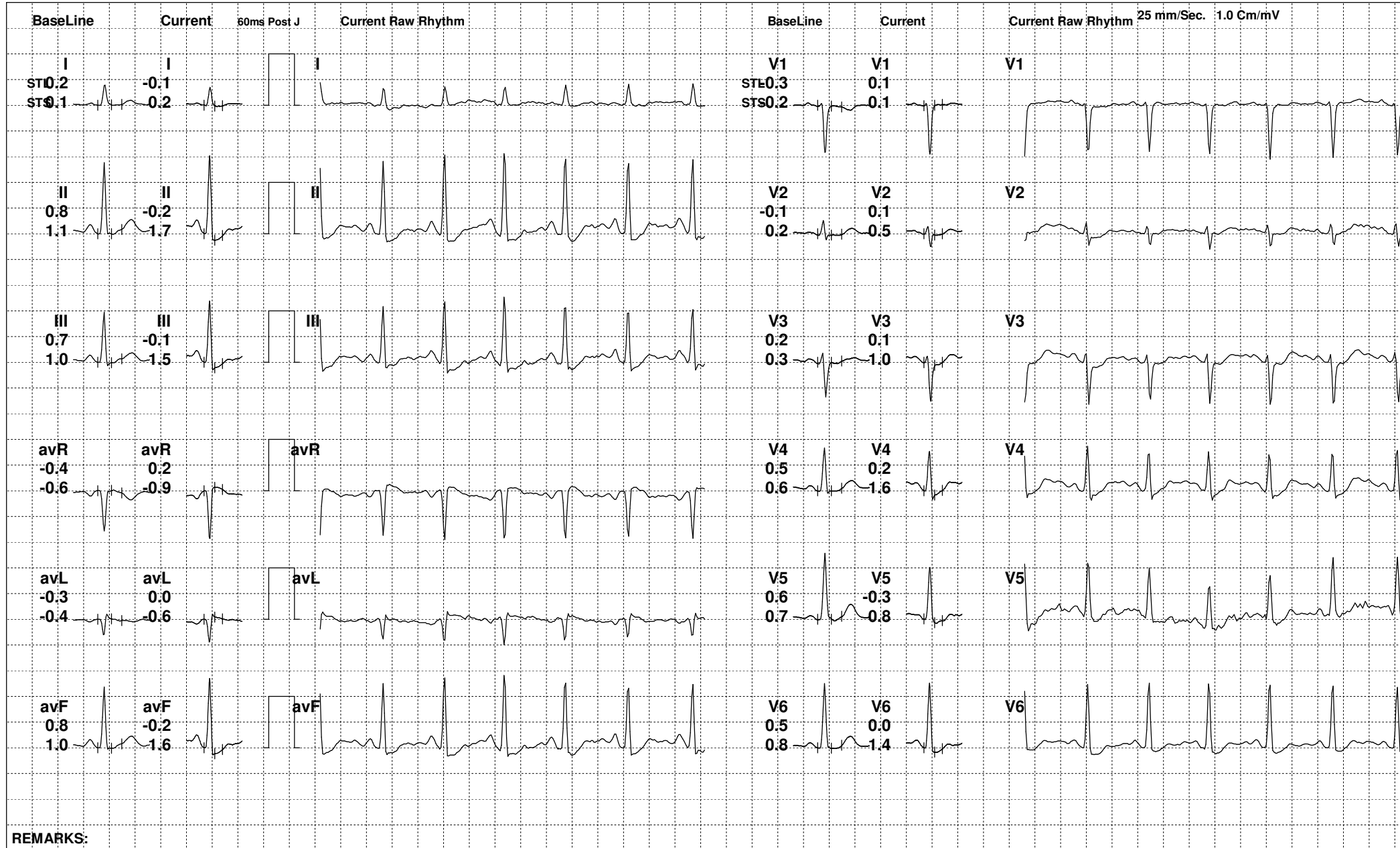
REMARKS:



141 (514057) / SHIKHA GUPTA / 29 Yrs / F

Date: 14-Jan-2023 01:29:51 PM METS: 1.0/ 124 bpm 64% of THR BP: 140/94 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 04:37 0.0 mph, 0.0%



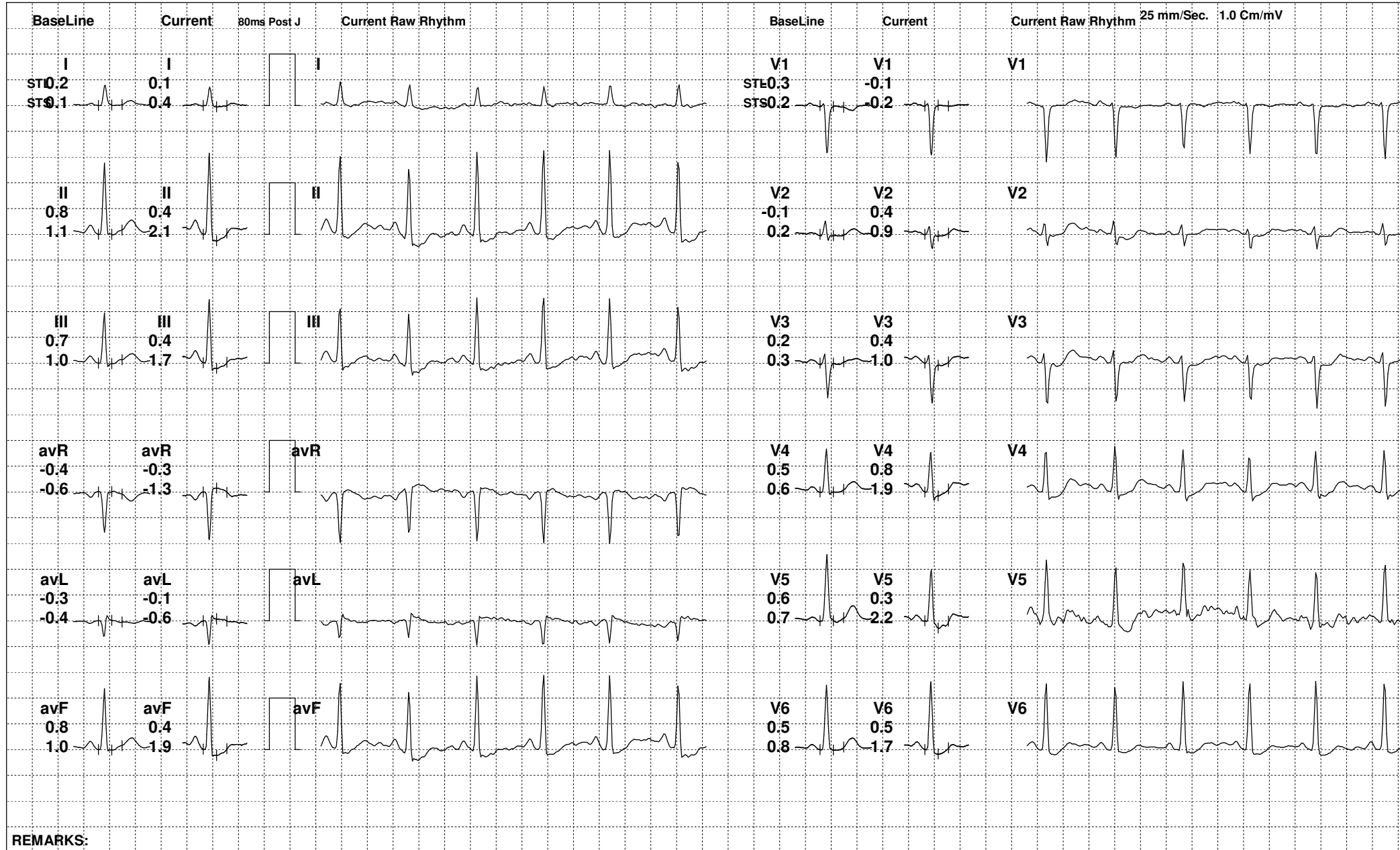
REMARKS:



141 (514057) / SHIKHA GUPTA / 29 Yrs / F

Date: 14-Jan-2023 01:29:51 PM METS: 1.0/ 114 bpm 59% of THR BP: 136/92 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 04:37 0.0 mph, 0.0%



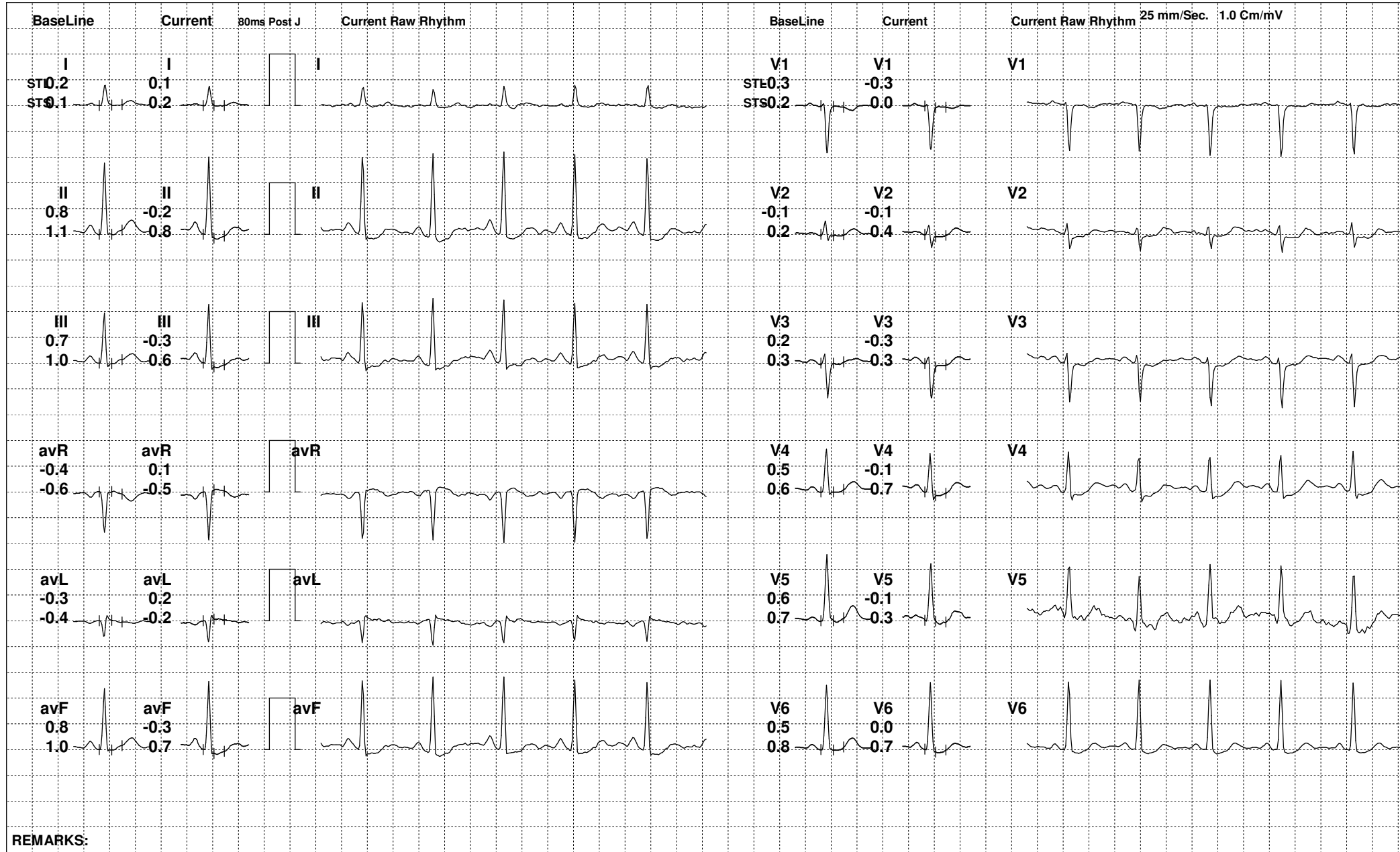
REMARKS:



141 (514057) / SHIKHA GUPTA / 29 Yrs / F

Date: 14-Jan-2023 01:29:51 PM METS: 1.0/ 108 bpm 56% of THR BP: 132/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 04:37 0.0 mph, 0.0%



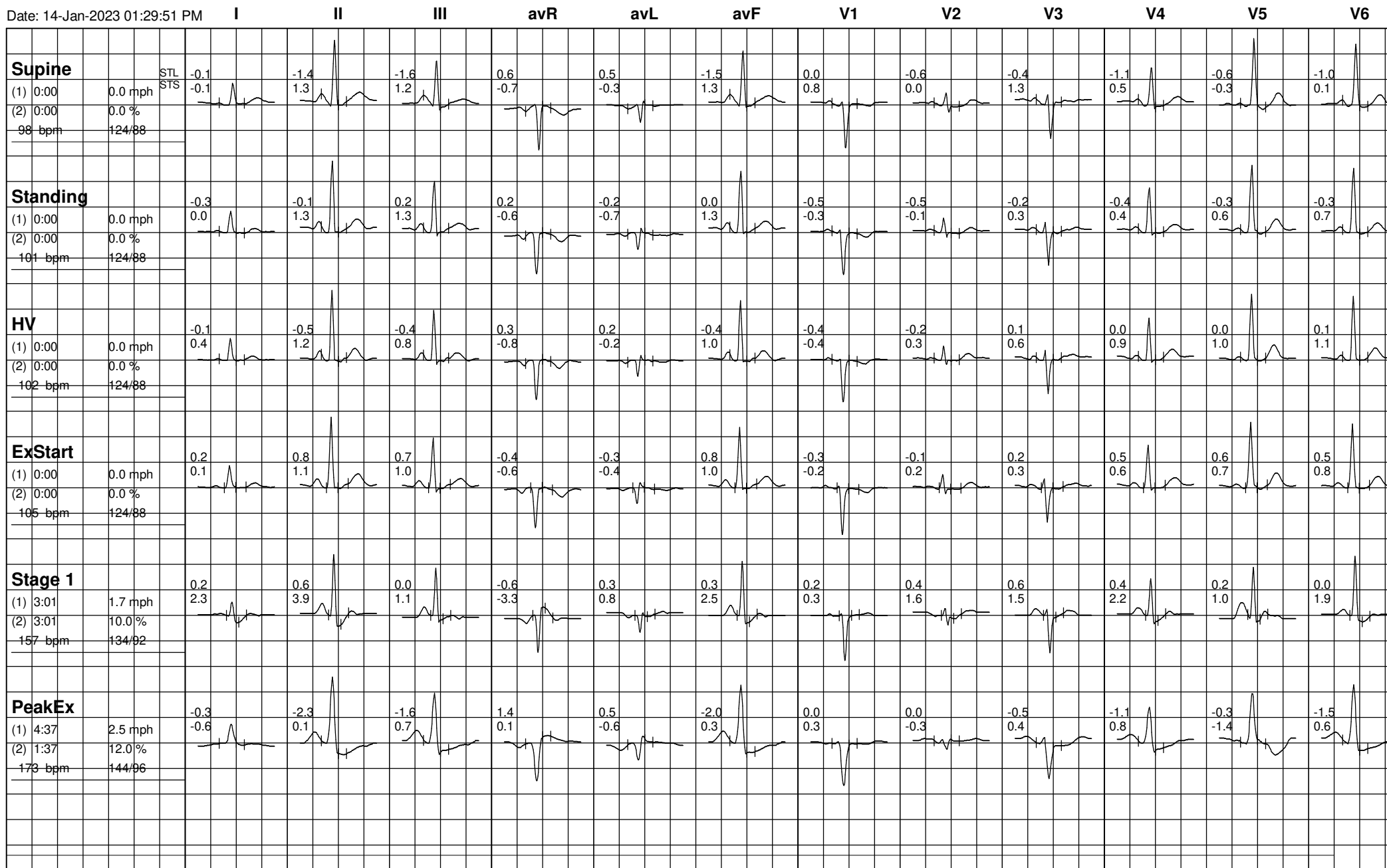
REMARKS:





141 (514057) / SHIKHA GUPTA / 29 Yrs / F

Date: 14-Jan-2023 01:29:51 PM





141 (514057) / SHIKHA GUPTA / 29 Yrs / F

Date: 14-Jan-2023 01:29:51 PM

