

Health Check up Booking Confirmed Request(bobS43548),Package Code-  
PKG10000240, Beneficiary Code-27897

Mediwheel <wellness@mediwheel.in>

Thu 10/5/2023 2:53 PM

To:PHC [MH-Ghaziabad] <phc.ghaziabad@manipalhospitals.com>

Cc:customercare@mediwheel.in <customercare@mediwheel.in>



011-41195959

Email:wellness@mediwheel.in

Hi Manipal Hospitals,

Diagnostic/Hospital Location :NH-24 Hapur Road,Oppo. Bahmeta Village, Near Lancroft  
Golf Links Apartment,City:Ghaziabad

We have received the confirmation for the following booking .

**Beneficiary Name** : PKG10000240

**Beneficiary Name** : shailesh kumar srivastaV

**Member Age** : 32

**Member Gender** : Male

**Member Relation**: Spouse

**Package Name** : Medi-Wheel Metro Full Body Health Checkup Male Below 40

**Location** : PATNA,Bihar-800023

**Contact Details** : 7250634601

**Booking Date** : 05-08-2023

**Appointment Date** : 28-10-2023

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.



भारत सरकार  
GOVERNMENT OF INDIA

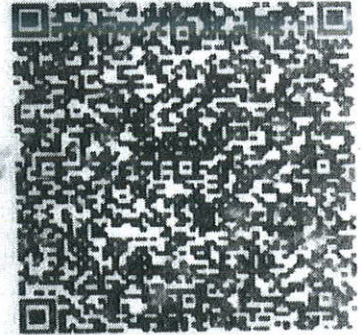


शैलेश कुमार श्रीवास्तव

Shailesh Kumar Shrivastava

जन्म तिथि/ DOB: 28/08/1990

पुरुष / MALE



9540 2822 3626

आधार - आम आदमी का अधिकार

*Signature*



पता:

आत्मज: एस.के. श्रीवास्तव, 11-एच  
हिमालाया लेगेंड, न्याय खंड - 1,  
इन्दिरापुरम पब्लिक विद्यालय के  
पास, इंदिरापुरम, गाजियाबाद,  
उत्तर प्रदेश - 201014

**भारतीय विशिष्ट पहचान प्राधिकरण**  
**UNIQUE IDENTIFICATION AUTHORITY OF INDIA**

**Address:**

S/O: S.K. Shrivastava, 11-H  
Himalaya Legend, Nyay Khand -  
1, Near Indirapuram Public  
School, Indirapuram,  
Ghaziabad,  
Uttar Pradesh - 201014



1947  
1800 300 1947



help@uidai.gov.in

WWW

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P.O. Box No. 1947,  
Bengaluru-560 001

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Manipal Hospital Ghaziabad

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad 201 002

0120 3535 353 / +91 88609 45566



URN : MH011442758

**OUTPATIENT RECORD**

Hospital No: MH011442758	Visit No: H18000001377
Name: MR SHAILESH SRIVASTAVA	Age/Sex: 33 Yrs/Male
Doctor Name: HEALTH CHECK MGD	Specialty: HC SERVICE MGD
Date: 28/10/2023 10:17AM	

BP Systolic: 118 mmHg	BP Diastolic: 76 mmHg	Pulse Rate: 78beats per minute
Saturation(Oxygen): 100%	Height: 181cm	Weight : 71.5kg
BMI: 21.82	Pain Score: 00	Fall Risk: 01
Vulnerable: 01		

**OPD Notes :**

PRESENT OPHTHALMIC COMPLAINS -HC  
SYSTEMIC/ OPHTHALMIC HISTORY -NIL

EXAMINATION DETAILS	RIGHT EYE	LEFT EYE
VISION	6/6	6/6
CONJ	NORMAL	NORMAL
CORNEA	CLEAR	CLEAR
LENS	CLEAR	CLEAR
OCULAR MOVEMENTS	FULL	FULL
NCT	18	18
FUNDUS EXAMINATION		
OPTIC DISC	C:D 0.5	C:D 0.6
MACULAR AREA	FOVEAL REFLEX PRESENT	FOVEAL REFLEX PRESENT

IMPRESSION : GLAUCOMA SUSPECT

ADVISE / TREATMENT  
E/D AQUALINA 4 TIMES DAILY BE  
GLAUCOMA SCREENING PROFILE  
REVIEW WITH REPORTS

**HEALTH CHECK MGD**

Name : MR SHAILESH SRIVASTAVA Age : 33 Yr(s) Sex : Male  
 Registration No : MH011442758 Lab No : 32231012034  
 Patient Episode : O03001206732 Collection Date : 28 Oct 2023 19:26  
 Referred By : REFERRAL DOCTOR Reporting Date : 30 Oct 2023 07:46  
 Receiving Date : 28 Oct 2023 19:44

**BIOCHEMISTRY****THYROID PROFILE, Serum**

Specimen Type : Serum

T3 - Triiodothyronine (ECLIA)	0.983	ng/ml	[0.800-2.040]
T4 - Thyroxine (ECLIA)	6.710	µg/dl	[4.600-10.500]
Thyroid Stimulating Hormone (ECLIA)	2.710	µIU/mL	[0.340-4.250]

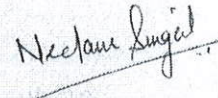
Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

\* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----



**Dr. Neelam Singal**  
**CONSULTANT BIOCHEMISTRY**



**LABORATORY REPORT**

Name : MR SHAILESH SRIVASTAVA  
Registration No : MH011442758  
Patient Episode : H18000001377  
Referred By : HEALTH CHECK MGD  
Receiving Date : 28 Oct 2023 11:52

Age : 33 Yr(s) Sex : Male  
Lab No : 202310005632  
Collection Date : 28 Oct 2023 11:00  
Reporting Date : 28 Oct 2023 15:58

**HAEMATOLOGY**

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>COMPLETE BLOOD COUNT (AUTOMATED)</b>		<b>SPECIMEN-EDTA Whole Blood</b>	
RBC COUNT (IMPEDENCE)	4.74	millions/cumm	[4.50-5.50]
HEMOGLOBIN	13.9	g/dl	[13.0-17.0]
Method: cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	43.1	%	[40.0-50.0]
MCV (DERIVED)	90.9	fL	[83.0-101.0]
MCH (CALCULATED)	29.3	pg	[25.0-32.0]
MCHC (CALCULATED) H18000001377	32.3	g/dl	[13.5-16.5]
RDW CV% (DERIVED)	13.6	%	[11.6-14.0]
Platelet count	166	x 10 <sup>3</sup> cells/cumm	[150-410]
Method: Electrical Impedance			
MPV (DERIVED)	13.3		
WBC COUNT (TC) (IMPEDENCE)	5.21	x 10 <sup>3</sup> cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	56.0	%	[40.0-80.0]
Lymphocytes	34.0	%	[20.0-40.0]
Monocytes	7.0	%	[2.0-10.0]
Eosinophils (IMPEDENCE)	4.0	billions/cumm	[1.0-6.0]
Basophils	0.0	%	[0.0-2.0]
ESR	8.0	mm/1sthour	[0.0-



**LABORATORY REPORT**

<b>Name</b>	: MR SHAILESH SRIVASTAVA	<b>Age</b>	: 33 Yr(s) Sex :Male
<b>Registration No</b>	: MH011442758	<b>Lab No</b>	: 202310005632
<b>Patient Episode</b>	: H18000001377	<b>Collection Date</b>	: 28 Oct 2023 11:00
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 28 Oct 2023 16:29
<b>Receiving Date</b>	: 28 Oct 2023 11:52		

**BIOCHEMISTRY**

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>Glycosylated Hemoglobin</b> Specimen: EDTA HbA1c (Glycosylated Hemoglobin) Method: HPLC	5.4	%	[0.0-5.6]
			As per American Diabetes Association (ADA) HbA1c in % Non diabetic adults >= 18years <5.7 Prediabetes (At Risk )5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG) 108 mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

**ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine**

**MACROSCOPIC DESCRIPTION**

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Refractive Index [pH]C	5.0	(4.6-8.0)
Specific Gravity	1.015	(1.003-1.035)

**CHEMICAL EXAMINATION**

Protein/Albumin	Negative	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	Negative	(NEGATIVE)
Urobilinogen	Normal	(NORMAL)



**LABORATORY REPORT**

<b>Name</b>	: MR SHAILESH SRIVASTAVA	<b>Age</b>	: 33 Yr(s) Sex :Male
<b>Registration No</b>	: MH011442758	<b>Lab No</b>	: 202310005632
<b>Patient Episode</b>	: H18000001377	<b>Collection Date</b>	: 28 Oct 2023 11:52
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 28 Oct 2023 15:18
<b>Receiving Date</b>	: 28 Oct 2023 11:52		

**CLINICAL PATHOLOGY**

**MICROSCOPIC EXAMINATION (Automated/Manual)**

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	0-1/hpf	(0-2/hpf)
Epithelial Cells	NIL /hpf	
CASTS	NIL	
Crystals	NIL	
Bacteria	NIL	
OTHERS	NIL	

**Serum LIPID PROFILE**

Serum TOTAL CHOLESTEROL	194	mg/dl	[<200] Moderate risk:200-239 High risk:>240
Method:Oxidase,esterase, peroxide			
TRIGLYCERIDES (GPO/POD)	97	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	56.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	19	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	119.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			
T.Chol/HDL.Chol ratio (Calculated)	3.5		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio (Calculated)	2.1		<3 Optimal 3-4 Borderline >6 High Risk







**LABORATORY REPORT**

Name	: MR SHAILESH SRIVASTAVA	Age	: 33 Yr(s) Sex :Male
Registration No	: MH011442758	Lab No	: 202310005632
Patient Episode	: H18000001377	Collection Date	: 28 Oct 2023 11:00
Referred By	: HEALTH CHECK MGD	Reporting Date	: 28 Oct 2023 15:08
Receiving Date	: 28 Oct 2023 11:52		

**BIOCHEMISTRY**

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>LIVER FUNCTION TEST</b>			
BILIRUBIN - TOTAL Method: D P D	1.06	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.18	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.88	mg/dl	[0.10-0.90]
TOTAL PROTEINS (SERUM) Method: BIURET	6.90	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.37	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	2.50	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.73		[1.00-2.50]
AST (SGOT) (SERUM) Method: IFCC W/O P5P	25.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) Method: IFCC W/O P5P	28.70	U/L	[17.00-63.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	85.0	IU/L	[32.0-91.0]
GGT	28.0	U/L	[7.0-50.0]







**LABORATORY REPORT**

Name : MR SHAILESH SRIVASTAVA      Age : 33 Yr(s) Sex :Male  
Registration No : MH011442758      Lab No : 202310005634  
Patient Episode : H18000001377      Collection Date : 28 Oct 2023 14:34  
Referred By : HEALTH CHECK MGD      Reporting Date : 28 Oct 2023 16:22  
Receiving Date : 28 Oct 2023 14:34

**BIOCHEMISTRY**

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>PLASMA GLUCOSE</b> Specimen: Plasma GLUCOSE, POST PRANDIAL (PP), 2 HOURS Method: Hexokinase	103.0	mg/dl	[80.0-140.0]

Note:  
Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption, post exercise

NOTE:  
# - Abnormal Values

-----END OF REPORT-----

**Dr. Alka Dixit Vats**  
Consultant Pathologist

## RADIOLOGY REPORT

NAME	MR Shailesh SRIVASTAVA	STUDY DATE	28/10/2023 11:12AM
AGE / SEX	33 y / M	HOSPITAL NO.	MH011442758
ACCESSION NO.	R6315865	MODALITY	CR
REPORTED ON	28/10/2023 2:14PM	REFERRED BY	HEALTH CHECK MGD

## XR- CHEST PA VIEW

## FINDINGS:

LUNGS: Normal.  
TRACHEA: Normal.  
CARINA: Normal.  
RIGHT AND LEFT MAIN BRONCHI: Normal.  
PLEURA: Normal.  
HEART: Normal.  
RIGHT HEART BORDER: Normal.  
LEFT HEART BORDER: Normal.  
PULMONARY BAY: Normal.  
PULMONARY HILA: Normal.  
AORTA: Normal.  
THORACIC SPINE: Normal.  
OTHER VISUALIZED BONES: Normal.  
VISUALIZED SOFT TISSUES: Normal.  
DIAPHRAGM: Normal.  
VISUALIZED ABDOMEN: Normal.  
VISUALIZED NECK: Normal.

## IMPRESSION:

XR- CHEST PA VIEW  
No significant abnormality seen.

*Please correlate clinically*



Dr. Prabhat Prakash Gupta MBBS, DNB, MNAMS  
CONSULTANT RADIOLOGIST

\*\*\*\*\*End Of Report\*\*\*\*\*

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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## RADIOLOGY REPORT

NAME	MR Shailesh SRIVASTAVA	STUDY DATE	28/10/2023 11:29AM
AGE / SEX	33 y / M	HOSPITAL NO.	MH011442758
ACCESSION NO.	R6315866	MODALITY	US
REPORTED ON	28/10/2023 1:53PM	REFERRED BY	HEALTH CHECK MGD

**USG ABDOMEN & PELVIS****FINDINGS**

LIVER: Liver is normal in size (measures 140 mm), shape and echotexture. Rest normal.  
SPLEEN: Spleen is normal in size (measures 100 mm), shape and echotexture. Rest normal.  
PORTAL VEIN: Appears normal in size and measures 10.7 mm.  
COMMON BILE DUCT: Appears normal in size and measures 4.2 mm.  
IVC, HEPATIC VEINS: Normal.  
BILIARY SYSTEM: Normal.  
GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.  
PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.  
KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.  
Right Kidney: measures 96 x 40 mm.  
Left Kidney: measures 102 x 49 mm.  
PELVI-CALYCEAL SYSTEMS: Compact.  
NODES: Not enlarged.  
FLUID: Nil significant.  
URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.  
PROSTATE: Prostate is normal in size, shape and echotexture. It measures 43 x 31 x 29 mm with volume 20 cc. Rest normal.  
SEMINAL VESICLES: Normal.  
BOWEL: Visualized bowel loops appear normal.

**IMPRESSION**

**-No significant abnormality noted.**

Recommend clinical correlation.



**Dr. Prabhat Prakash Gupta MBBS, DNB, MNAMS**  
**CONSULTANT RADIOLOGIST**

\*\*\*\*\*End Of Report\*\*\*\*\*

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**HEALTH CHECK RECORD**

Hospital No: MH011442758	Visit No: H18000001377																															
Name: MR SHAILESH SRIVASTAVA	Age/Sex: 33 Yrs/Male																															
Doctor Name: DR. ANANT VIR JAIN	Specialty: HC SERVICE MGD																															
Date: 28/10/2023 12:18PM																																
BP Systolic: 118 mmHg	BP Diastolic: 76 mmHg	Pulse Rate: 78beats per minute																														
Saturation(Oxygen): 100%	Height: 181cm	Weight : 71.5kg																														
BMI: 21.82	Pain Score: 00	Fall Risk: 01																														
Vulnerable: 01																																
<p>OPD Notes :</p> <p>PRESENT OPHTHALMIC COMPLAINS -HC SYSTEMIC/ OPHTHALMIC HISTORY -NIL</p> <table border="1"> <thead> <tr> <th>EXAMINATION DETAILS</th> <th>RIGHT EYE</th> <th>LEFT EYE</th> </tr> </thead> <tbody> <tr> <td>VISION</td> <td>6/6</td> <td>6/6</td> </tr> <tr> <td>CONJ</td> <td>NORMAL</td> <td>NORMAL</td> </tr> <tr> <td>CORNEA</td> <td>CLEAR</td> <td>CLEAR</td> </tr> <tr> <td>LENS</td> <td>CLEAR</td> <td>CLEAR</td> </tr> <tr> <td>OCULAR MOVEMENTS</td> <td>FULL</td> <td>FULL</td> </tr> <tr> <td>NCT</td> <td>18</td> <td>18</td> </tr> <tr> <td>FUNDUS EXAMINATION</td> <td></td> <td></td> </tr> <tr> <td>OPTIC DISC</td> <td>C:D 0.5</td> <td>C:D 0.6</td> </tr> <tr> <td>MACULAR AREA</td> <td>FOVEAL REFLEX PRESENT</td> <td>FOVEAL REFLEX PRESENT</td> </tr> </tbody> </table> <p>IMPRESSION : GLAUCOMA SUSPECT</p> <p>ADVISE / TREATMENT E/D AQUALINA 4 TIMES DAILY BE GLAUCOMA SCREENING PROFILE REVIEW WITH REPORTS</p>			EXAMINATION DETAILS	RIGHT EYE	LEFT EYE	VISION	6/6	6/6	CONJ	NORMAL	NORMAL	CORNEA	CLEAR	CLEAR	LENS	CLEAR	CLEAR	OCULAR MOVEMENTS	FULL	FULL	NCT	18	18	FUNDUS EXAMINATION			OPTIC DISC	C:D 0.5	C:D 0.6	MACULAR AREA	FOVEAL REFLEX PRESENT	FOVEAL REFLEX PRESENT
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*Anant Vir Jain*  
**DR. ANANT VIR JAIN**  
"MBBS,MS (Ophthalmology)"  
Reg. No.: 18126



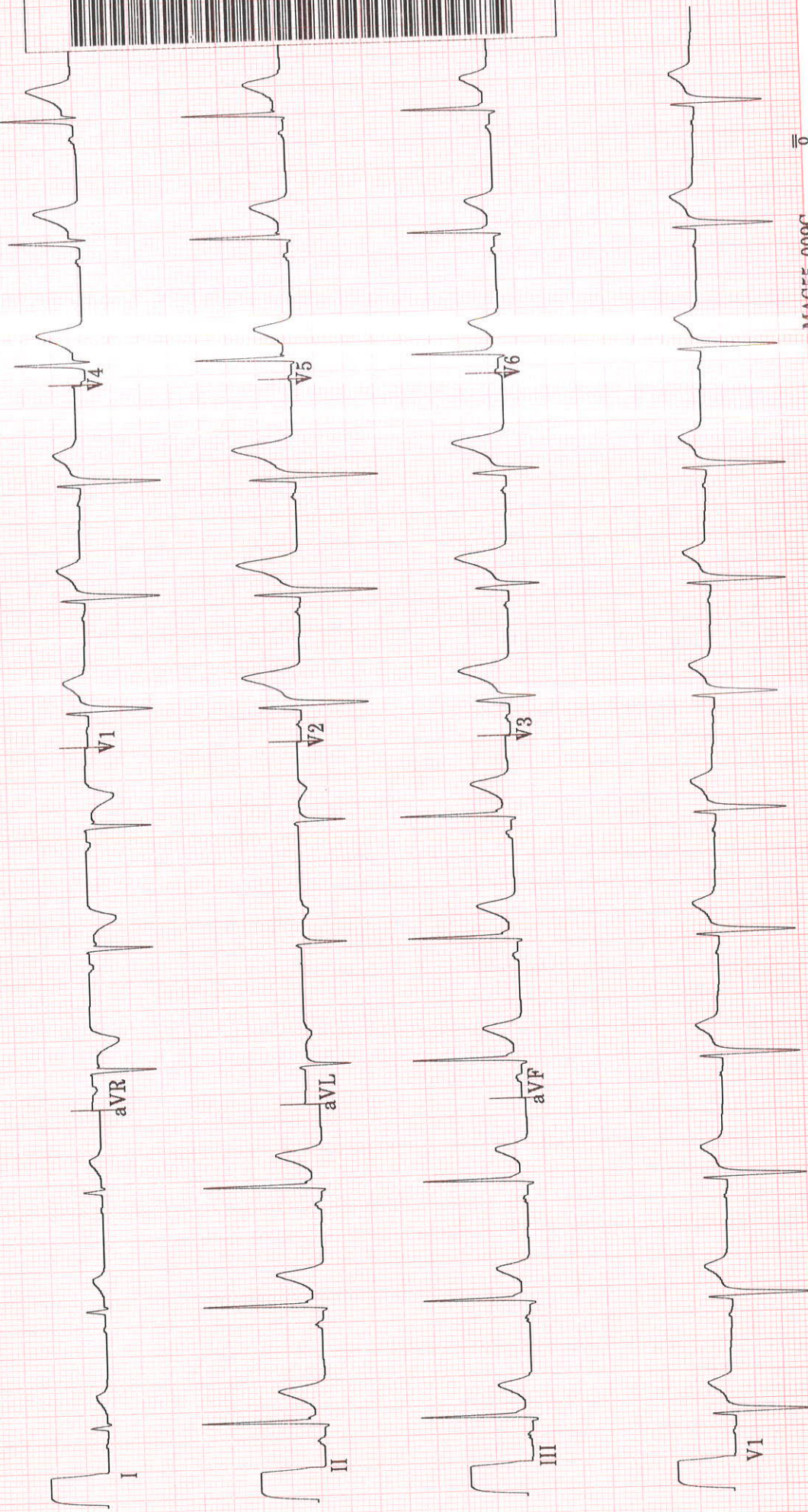


shailesh kumar, shrivastav  
ID: 011442758  
28-Oct-2023  
10:36:59

73bpm  
BP: 118/76

PRETEST  
SUPINE  
0:07

BRUCE  
\*\* \*mph  
\*\* \*%



MAC55 009C

4 by 2.5s + 1 rhythm ld

A- H- S- HR 46

10.0 mm/mV

25.0 mm/s

20 Hz

(A)



## TMT INVESTIGATION REPORT

Patient Name	Shailash SRTVASTAVA	Location	: Ghaziabad
Age/Sex	: 33Year(s)/male	Visit No	: V000000001-GHZZ
MRN No	11442758	Order Date	: 28/10/2023
Ref. Doctor	: HCP	Report Date	: 28/10/2023

<b>Protocol</b>	: Bruce	<b>MPHR</b>	: 187BPM
<b>Duration of exercise</b>	: 6min 33sec	<b>85% of MPHR</b>	: 158BPM
<b>Reason for termination</b>	: THR achieved	<b>Peak HR Achieved</b>	: 160BPM
<b>Blood Pressure (mmHg)</b>	: Baseline BP : 118/76mmHg Peak BP : 130/76mmHg	<b>% Target HR</b>	: 85%
		<b>METS</b>	: 7.8METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	81	118/76	Nil	No ST changes seen	Nil
STAGE 1	3:00	118	124/76	Nil	No ST changes seen	Nil
STAGE 2	3:00	145	130/76	Nil	No ST changes seen	Nil
STAGE 3	0:33	160	130/76	Nil	No ST changes seen	Nil
RECOVERY	3:02	83	120/76	Nil	No ST changes seen	Nil

**COMMENTS:**

- No ST changes in base line ECG.
- No ST changes during test and recovery.
- Normal chronotropic response.
- Normal blood pressure response.

**IMPRESSION:**

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

**Dr. Bhupendra Singh**MD, DM (CARDIOLOGY),FACC  
Sr. Consultant Cardiology**Dr. Abhishek Singh**MD, DNB (CARDIOLOGY),MNAMS  
Sr.Consultant Cardiology**Dr. Sudhanshu Mishra**MD  
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Ghaziabad,Uttar Pradesh - 201 002

P : 0120-3535353

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

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