

Customer Name	MR.AAKASH SRIVASTAVA	Customer ID	MED111209686
Age & Gender	33Y/MALE	Visit Date	23/07/2022
Ref Doctor	MediWheel		

Personal Health Report

General Examination:

Height : 167.0 cms
Weight : 71.7 kg
BMI : 25.7 kg/m²

BP: 110/70 mmhg
Pulse: 78/ min, regular

Systemic Examination:

CVS: S1 S2 heard;
RS : NVBS +.
Abd : Soft.
CNS : NAD

Blood report:

Liver function test – SGOT/AST- 55.7 U/L, SGPT/ALT-93.4 U/L – Slightly elevated

All other blood parameters are well within normal limits. (Report enclosed).

Urine analysis – Within normal limits.

X-Ray Chest – Normal study.

ECG – Normal ECG.

USG whole abdomen – Fatty liver.

Eye Test – Normal study.

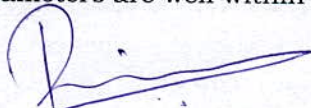
Vision	Right eye	Left eye
Distant Vision	6/6	6/6
Near Vision	N6	N6
Colour Vision	Normal	Normal

Impression & Advice:

Liver function test – SGOT/AST- 55.7 U/L, SGPT/ALT-93.4 U/L – Slightly elevated – To consult a gastroenterologist for further evaluation and management.

USG whole abdomen - Fatty liver. To take low fat diet, and high fiber diets. Regular brisk walking for 45 minutes daily, 5 days a week is essential.

All other health parameters are well within normal limits.



DR. NOOR MOHAMMED RIZWAN A. M.B.B.S, FDM
MHC Physician Consultant

Dr NOOR MOHAMMED RIZWAN A. M.B.B.S, FDM

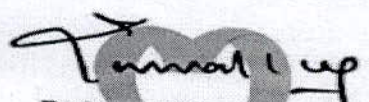



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Investigation	Observed Value	Unit	Biological Reference Interval
BLOOD GROUPING AND Rh TYPING (EDTA Blood/Agglutination)	'A' 'Positive'		
INTERPRETATION: Reconfirm the Blood group and Typing before blood transfusion			
<u>Complete Blood Count With - ESR</u>			
Haemoglobin (EDTA Blood/Spectrophotometry)	15.8	g/dL	13.5 - 18.0
Packed Cell Volume(PCV)/Haematocrit (EDTA Blood/Derived from Impedance)	44.9	%	42 - 52
RBC Count (EDTA Blood/Impedance Variation)	5.22	mill/cu.mm	4.7 - 6.0
Mean Corpuscular Volume(MCV) (EDTA Blood/Derived from Impedance)	86.0	fL	78 - 100
Mean Corpuscular Haemoglobin(MCH) (EDTA Blood/Derived from Impedance)	30.3	pg	27 - 32
Mean Corpuscular Haemoglobin concentration(MCHC) (EDTA Blood/Derived from Impedance)	35.2	g/dL	32 - 36
RDW-CV (EDTA Blood/Derived from Impedance)	13.7	%	11.5 - 16.0
RDW-SD (EDTA Blood/Derived from Impedance)	42.4	fL	39 - 46
Total Leukocyte Count (TC) (EDTA Blood/Impedance Variation)	6470	cells/cu.mm	4000 - 11000
Neutrophils (EDTA Blood/Impedance Variation & Flow Cytometry)	52.6	%	40 - 75
Lymphocytes (EDTA Blood/Impedance Variation & Flow Cytometry)	40.2	%	20 - 45
Eosinophils (EDTA Blood/Impedance Variation & Flow Cytometry)	2.6	%	01 - 06


Dr S SIVAKUMAR Ph.D
 Consultant Microbiologist
 VERIFIED BY


Dr. E Saravanan M.D(Path)
 Consultant Pathologist
 Reg No : 73347

APPROVED BY

The results pertain to sample tested.

Lab Address: MEDALL HEALTHCARE PRIVATE LIMITED, #17, RACE VIEW COLONY, 2ND STREET, RACE COURSE ROAD, GUINDY, CHENNAI, TAMIL NADU, INDIA.

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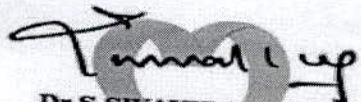
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Monocytes (EDTA Blood/Impedance Variation & Flow Cytometry)	3.9	%	01 - 10
Basophils (EDTA Blood/Impedance Variation & Flow Cytometry)	0.7	%	00 - 02
INTERPRETATION: Tests done on Automated Five Part cell counter. All abnormal results are reviewed and confirmed microscopically.			
Absolute Neutrophil count (EDTA Blood/Impedance Variation & Flow Cytometry)	3.41	10 ³ / μl	1.5 - 6.6
Absolute Lymphocyte Count (EDTA Blood/Impedance Variation & Flow Cytometry)	2.60	10 ³ / μl	1.5 - 3.5
Absolute Eosinophil Count (AEC) (EDTA Blood/Impedance Variation & Flow Cytometry)	0.17	10 ³ / μl	0.04 - 0.44
Absolute Monocyte Count (EDTA Blood/Impedance Variation & Flow Cytometry)	0.25	10 ³ / μl	< 1.0
Absolute Basophil count (EDTA Blood/Impedance Variation & Flow Cytometry)	0.04	10 ³ / μl	< 0.2
Platelet Count (EDTA Blood/Impedance Variation)	279	10 ³ / μl	150 - 450
MPV (EDTA Blood/Derived from Impedance)	10.8	fL	7.9 - 13.7
PCT (EDTA Blood/Automated Blood cell Counter)	0.302	%	0.18 - 0.28
ESR (Erythrocyte Sedimentation Rate) (Blood/Automated - Westergren method)	2	mm/hr	< 15
BUN / Creatinine Ratio	10.56		6.0 - 22.0
Glucose Fasting (FBS) (Plasma - F/GOD-PAP)	79.2	mg/dL	Normal: < 100 Pre Diabetic: 100 - 125 Diabetic: >= 126


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Investigation

INTERPRETATION: Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Glucose, Fasting (Urine) (Urine - F/GOD - POD)	Negative		Negative
Glucose Postprandial (PPBS) (Plasma - PP/GOD-PAP)	80.3	mg/dL	70 - 140

INTERPRETATION: Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti-diabetic medication during treatment for Diabetes.

Urine Glucose(PP-2 hours) (Urine - PP)	Negative		Negative
Blood Urea Nitrogen (BUN) (Serum/Urease UV / derived)	9.3	mg/dL	7.0 - 21
Creatinine (Serum/Modified Jaffe)	0.88	mg/dL	0.9 - 1.3

INTERPRETATION: Elevated Creatinine values are encountered in increased muscle mass, severe dehydration, Pre-eclampsia, increased ingestion of cooked meat, consuming Protein/ Creatine supplements, Diabetic Ketoacidosis, prolonged fasting, renal dysfunction and drugs such as cefoxitin, cefazolin, ACE inhibitors, angiotensin II receptor antagonists, N-acetylcysteine, chemotherapeutic agent such as flucytosine etc.

Uric Acid (Serum/Enzymatic)	6.0	mg/dL	3.5 - 7.2
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Liver Function Test

Bilirubin(Total) (Serum/DCA with ATCS)	0.82	mg/dL	0.1 - 1.2
Bilirubin(Direct) (Serum/Diazotized Sulfanilic Acid)	0.22	mg/dL	0.0 - 0.3
Bilirubin(Indirect) (Serum/Derived)	0.60	mg/dL	0.1 - 1.0
SGOT/AST (Aspartate Aminotransferase) (Serum/Modified IFCC)	55.7	U/L	5 - 40
SGPT/ALT (Alanine Aminotransferase) (Serum/Modified IFCC)	93.4	U/L	5 - 41

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<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
GGT(Gamma Glutamyl Transpeptidase) (Serum/IFCC / Kinetic)	17.8	U/L	< 55
Alkaline Phosphatase (SAP) (Serum/Modified IFCC)	88.0	U/L	53 - 128
Total Protein (Serum/Biuret)	7.30	gm/dl	6.0 - 8.0
Albumin (Serum/Bromocresol green)	4.54	gm/dl	3.5 - 5.2
Globulin (Serum/Derived)	2.76	gm/dL	2.3 - 3.6
A : G RATIO (Serum/Derived)	1.64		1.1 - 2.2
<u>Lipid Profile</u>			
Cholesterol Total (Serum/CHOD-PAP with ATCS)	187.0	mg/dL	Optimal: < 200 Borderline: 200 - 239 High Risk: >= 240
Triglycerides (Serum/GPO-PAP with ATCS)	91.7	mg/dL	Optimal: < 150 Borderline: 150 - 199 High: 200 - 499 Very High: >= 500

INTERPRETATION: The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the "usual" circulating level of triglycerides during most part of the day.

HDL Cholesterol (Serum/Immunoinhibition)	41.6	mg/dL	Optimal(Negative Risk Factor): >= 60 Borderline: 40 - 59 High Risk: < 40
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Investigation	Observed Value	Unit	Biological Reference Interval
LDL Cholesterol (Serum/Calculated)	127.1	mg/dL	Optimal: < 100 Above Optimal: 100 - 129 Borderline: 130 - 159 High: 160 - 189 Very High: >= 190
VLDL Cholesterol (Serum/Calculated)	18.3	mg/dL	< 30
Non HDL Cholesterol (Serum/Calculated)	145.4	mg/dL	Optimal: < 130 Above Optimal: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very High: >= 220

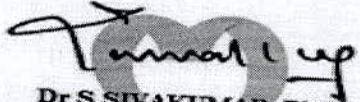
INTERPRETATION: 1.Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol.
2.It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.


Total Cholesterol/HDL Cholesterol Ratio (Serum/Calculated)	4.5		Optimal: < 3.3 Low Risk: 3.4 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0 High Risk: > 11.0
Triglyceride/HDL Cholesterol Ratio (TG/HDL) (Serum/Calculated)	2.2		Optimal: < 2.5 Mild to moderate risk: 2.5 - 5.0 High Risk: > 5.0
LDL/HDL Cholesterol Ratio (Serum/Calculated)	3.1		Optimal: 0.5 - 3.0 Borderline: 3.1 - 6.0 High Risk: > 6.0

Glycosylated Haemoglobin (HbA1c)

HbA1C (Whole Blood/HPLC)	5.2	%	Normal: 4.5 - 5.6 Prediabetes: 5.7 - 6.4 Diabetic: >= 6.5
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INTERPRETATION: If Diabetes - Good control : 6.1 - 7.0 % , Fair control : 7.1 - 8.0 % , Poor control >= 8.1 %


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Investigation

	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Estimated Average Glucose (Whole Blood)	102.54	mg/dL	

INTERPRETATION: Comments

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations. Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency, hypertriglyceridemia, hyperbilirubinemia, Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbA1C values. Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies, Splenomegaly, Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbA1c.

THYROID PROFILE / TFT

T3 (Triiodothyronine) - Total (Serum/Chemiluminescent Immunometric Assay (CLIA))	0.82	ng/ml	0.7 - 2.04
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INTERPRETATION:

Comment :
 Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

T4 (Tyroxine) - Total (Serum/Chemiluminescent Immunometric Assay (CLIA))	5.50	µg/dl	4.2 - 12.0
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INTERPRETATION:

Comment :
 Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.

TSH (Thyroid Stimulating Hormone) (Serum/Chemiluminescent Immunometric Assay (CLIA))	0.77	µIU/mL	0.35 - 5.50
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INTERPRETATION:

Reference range for cord blood - upto 20
 1 st trimester: 0.1-2.5
 2 nd trimester 0.2-3.0
 3 rd trimester : 0.3-3.0
 (Indian Thyroid Society Guidelines)
Comment :
 1. TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.
 2. TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM. The variation can be of the order of 50%, hence time of the day has influence on the measured serum TSH concentrations.
 3. Values $\leq 0.03 \mu\text{IU/mL}$ need to be clinically correlated due to presence of rare TSH variant in some individuals.

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<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
<u>Urine Analysis - Routine</u>			
COLOUR (Urine)	Pale yellow		Yellow to Amber
APPEARANCE (Urine)	Clear		Clear
Protein (Urine/Protein error of indicator)	Negative		Negative
Glucose (Urine/GOD - POD)	Negative		Negative
Pus Cells (Urine/Automated - Flow cytometry)	2 - 4	/hpf	NIL
Epithelial Cells (Urine/Automated - Flow cytometry)	2 - 4	/hpf	NIL
RBCs (Urine/Automated - Flow cytometry)	NIL	/hpf	NIL
Casts (Urine/Automated - Flow cytometry)	NIL	/hpf	NIL
Crystals (Urine/Automated - Flow cytometry)	NIL	/hpf	NIL
Others (Urine)	NIL		

INTERPRETATION: Note: Done with Automated Urine Analyser & Automated urine sedimentation analyser. All abnormal reports are reviewed and confirmed microscopically.


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-- End of Report --

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Age & Gender	33Y/MALE	Visit Date	23/07/2022
Ref Doctor	MediWheel		

SONOGRAM REPORT

WHOLE ABDOMEN

The liver is normal in size and shows diffuse fatty changes. No focal lesion is seen.

The gall bladder is normal sized, smooth walled and contains no calculus.

There is no intra or extra hepatic biliary ductal dilatation.

The pancreas shows a normal configuration and echotexture. The pancreatic duct is normal.

The portal vein and IVC are normal.

The spleen is normal.

There is no free or loculated peritoneal fluid.

No para aortic lymphadenopathy is seen.

No abnormality is seen in the region of the adrenal glands.

The right kidney measures 10.5 x 5.3 cm.

The left kidney measures 11.3 x 6.1 cm.

Both kidneys are normal in size, shape and position. Cortical echoes are normal bilaterally.

There is no calculus or calyceal dilatation.

The ureters are not dilated.

The bladder is smooth walled and uniformly transonic. There is no intravesical mass or calculus.

The prostate measures 3.2 x 2.6 x 3.4 cm (15.3 cc) and is normal sized.

The echotexture is homogeneous.



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The seminal vesicles are normal.

Iliac fossae are normal.

IMPRESSION:

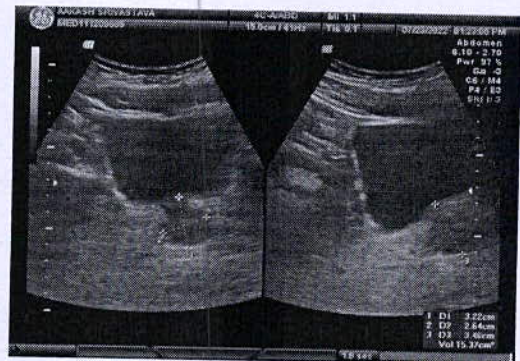
- **Fatty liver.**
- **Normal study of other abdominal organs.**


DR. UMALAKSHMI
SONOLOGIST



Precision Diagnostics-vadapalani
 58/6, Revathy street, Jawarlal nehru road, 100 feet Road, (Former State Election Commission Office),

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Name	AAKASH SRIVASTAVA	Customer ID	MED111209686
Age & Gender	33Y/M	Visit Date	Jul 23 2022 11:33AM
Ref Doctor	MediWheel		

X - RAY CHEST PA VIEW

Bilateral lung fields appear normal.

Cardiac size is within normal limits.

Bilateral hilar regions appear normal.

Bilateral domes of diaphragm and costophrenic angles are normal.

Visualised bones and soft tissues appear normal.

Impression: Essentially normal study.



**Dr. Rama Krishnan, MD, DNB.,
Consultant Radiologist,
Medall Healthcare Pvt Ltd.**



33years
Male

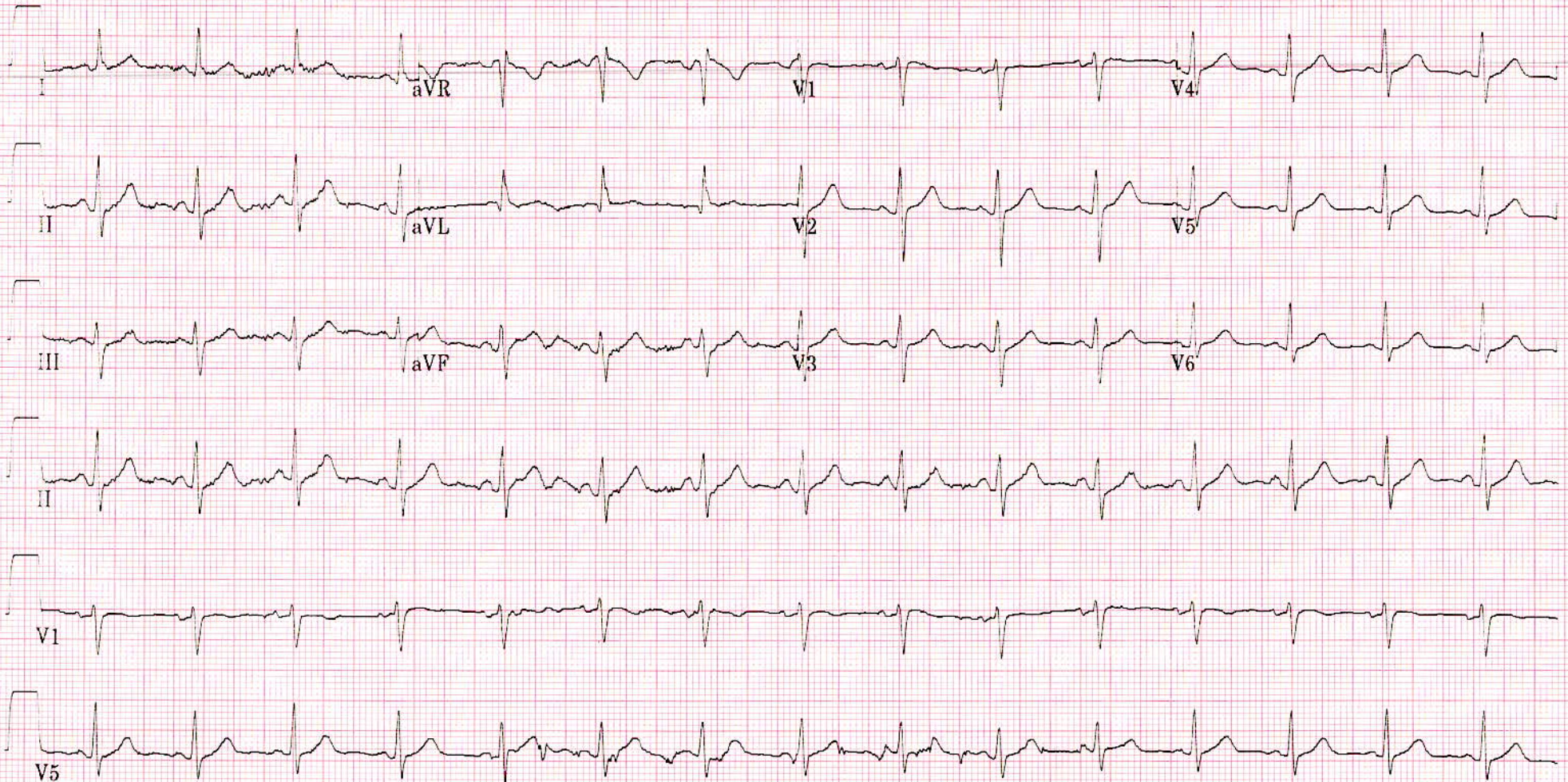
Vent. rate 92 bpm
PR interval 124 ms
QRS duration 74 ms
QT/QTc 338/417 ms
P-R-T axes 55 8 52

Normal sinus rhythm
Normal ECG



Test ind:

Unconfirmed



MR AAKASH
ID: 111209686
23-Jul-2022
11:13:04

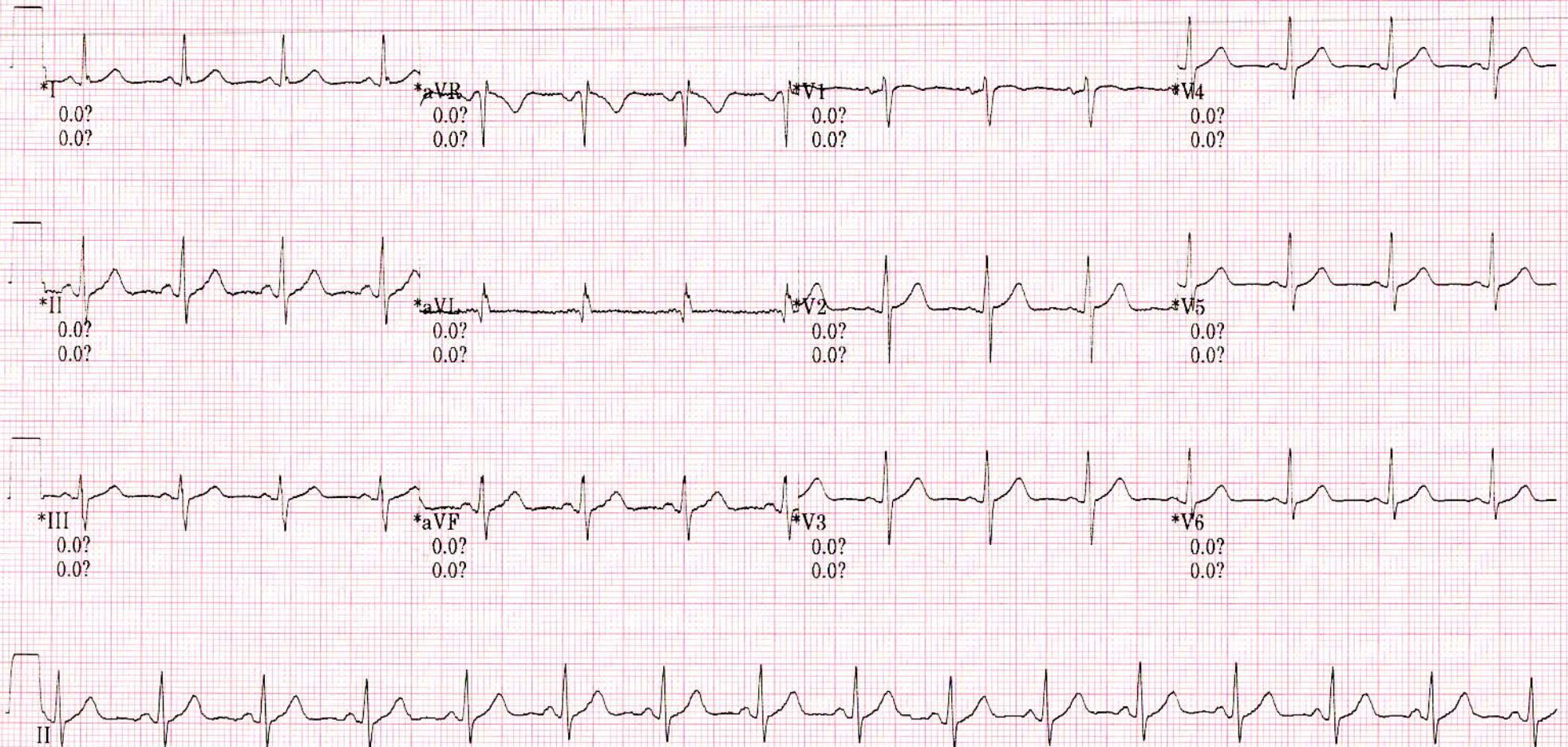
94bpm

PRETEST
SUPINE
0:21

BRUCE
** *mph
** *%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

40 Hz 25.0 mm/s 10.0 mm/mV

A- H- S- 50Hz HR 46

MAC55 009C

0

MR AAKASH
ID: 111209686
23-Jul-2022
11:13:36

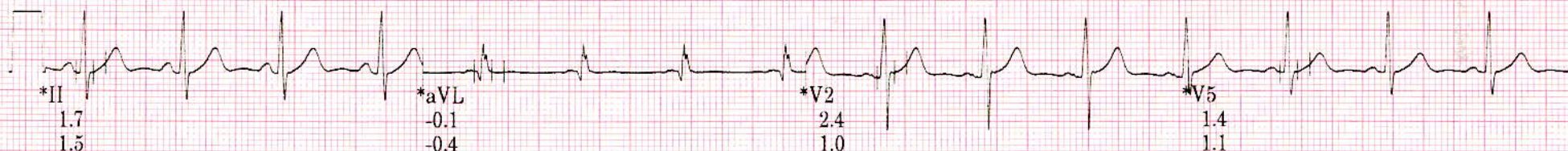
91bpm

PRETEST
STANDING
0:52

BRUCE
**.*mph
**.*%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

MR AAKASH
ID: 111209686
23-Jul-2022
11:13:52

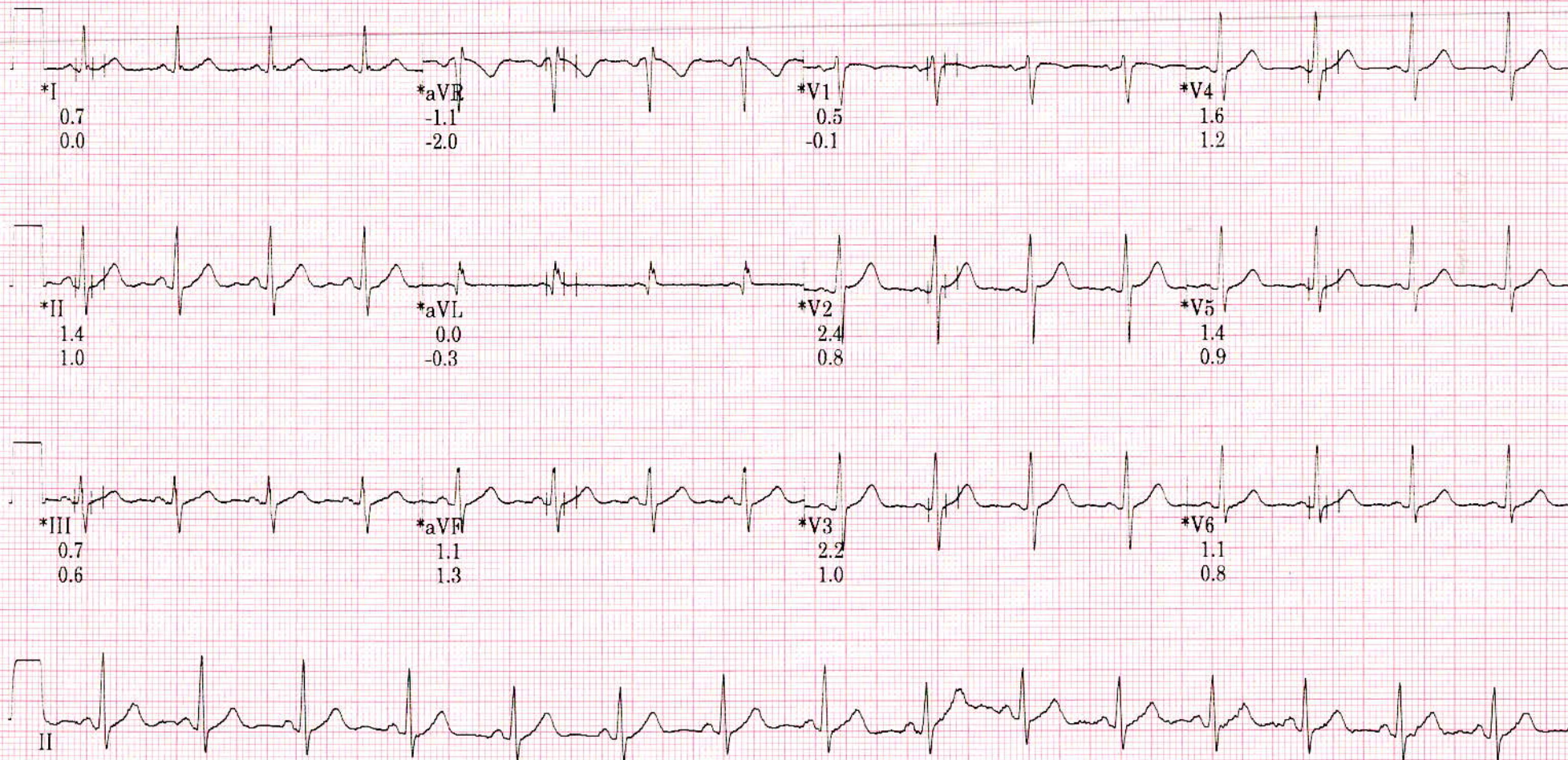
96bpm

PRETEST
HYPERVENT
1:08

BRUCE
**.*mph
**.*%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

MR AAKASH
ID: 111209686
23-Jul-2022
11:17:14

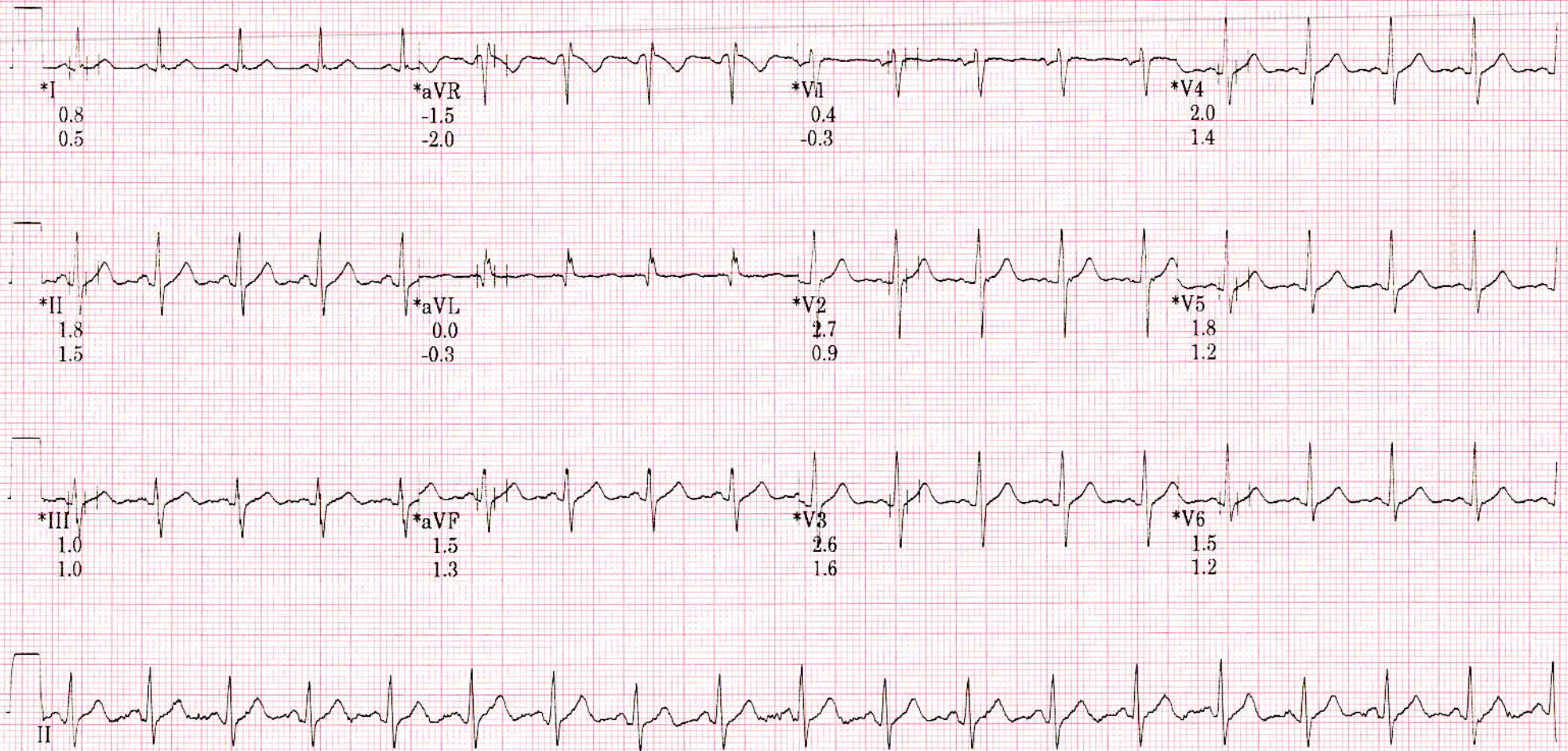
110bpm

EXERCISE
STAGE 1
2:50

BRUCE
1.7mph
10.0%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

MR AAKASH
ID: 111209686
23-Jul-2022
11:20:14

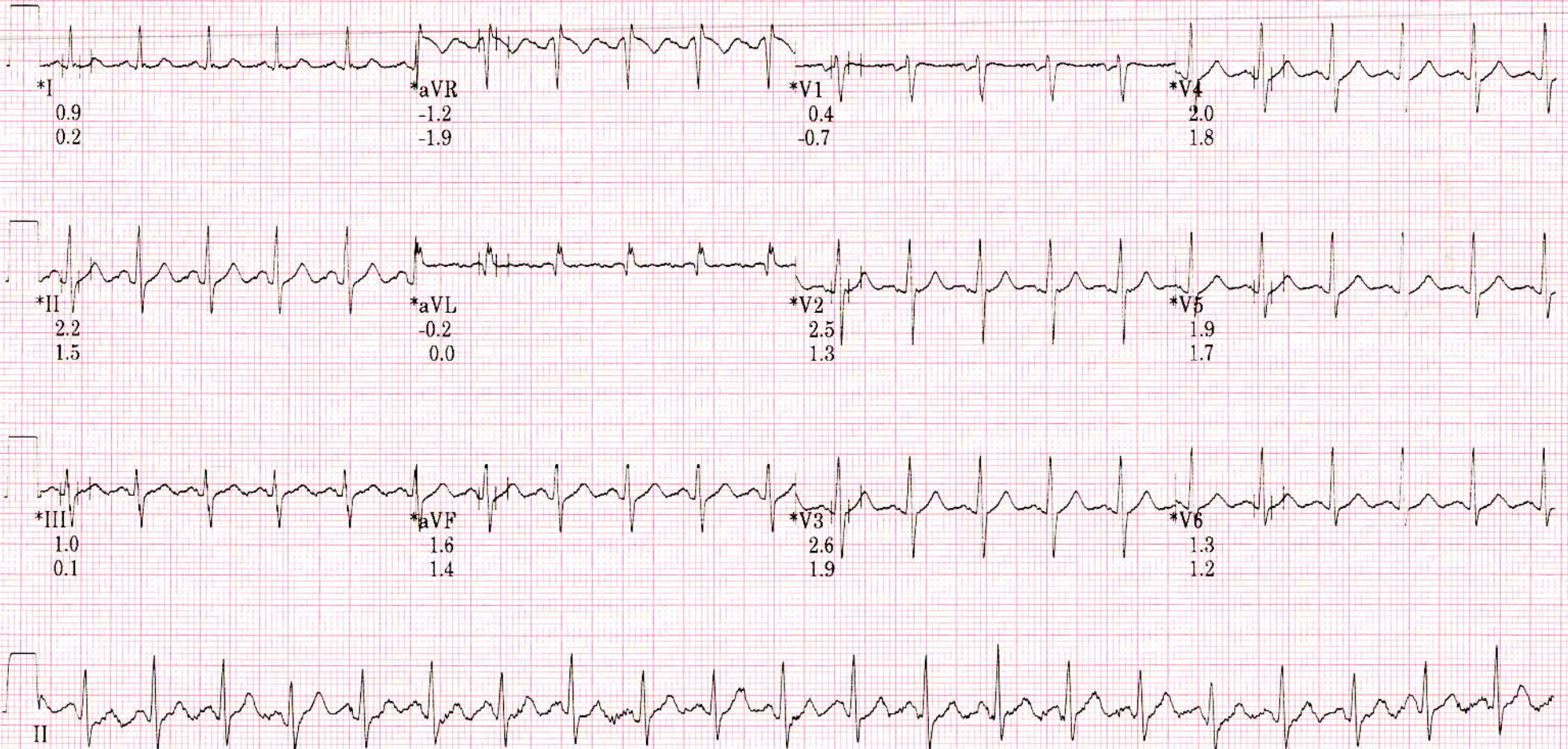
129bpm

EXERCISE
STAGE 2
5:50

BRUCE
2.5mph
12.0%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

MR AAKASH
ID: 111209686
23-Jul-2022
11:23:14

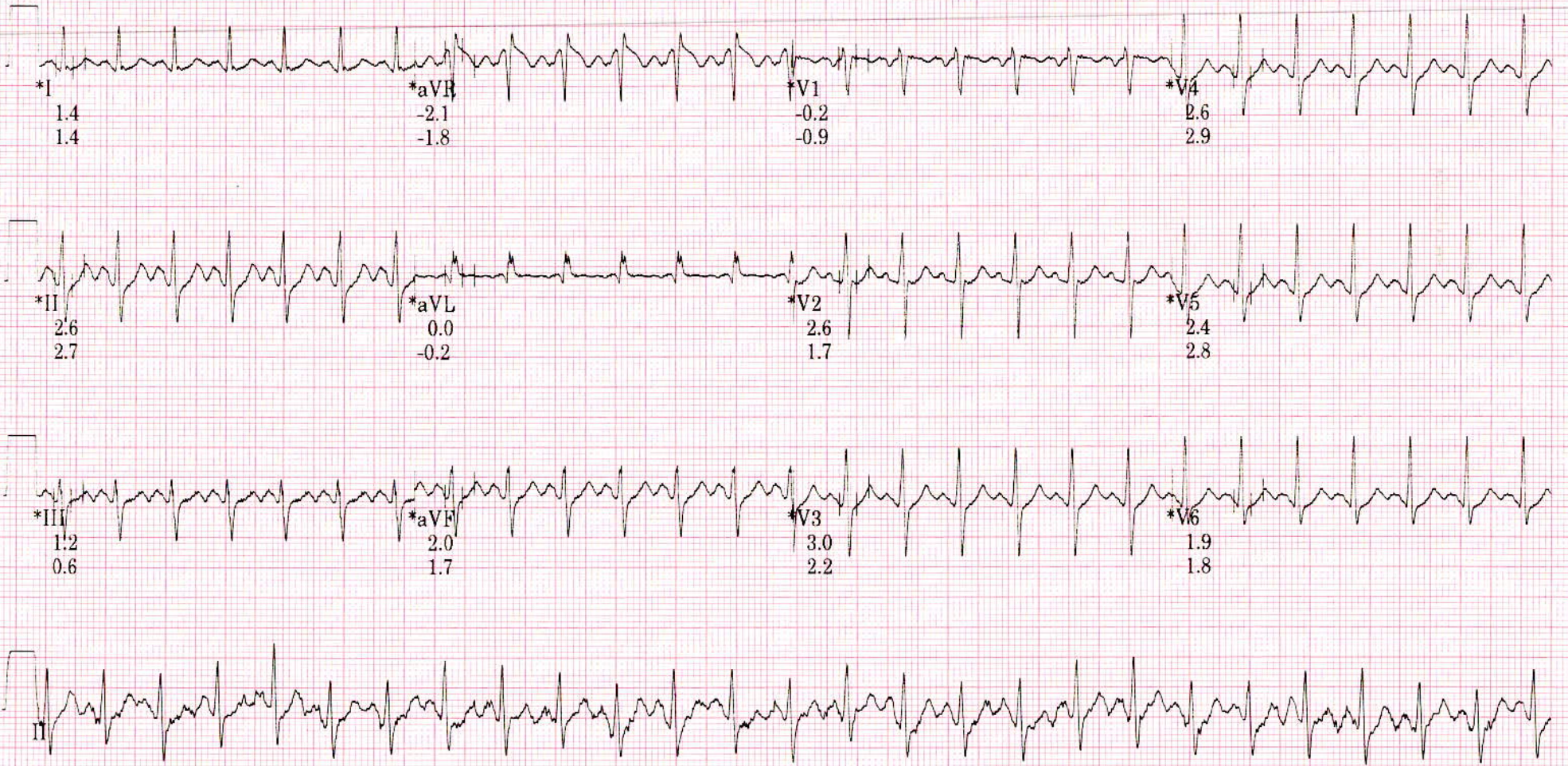
161bpm

EXERCISE
STAGE 3
8:50

BRUCE
3.4mph
14.0%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

MR AAKASH
ID: 111209686
23-Jul-2022
11:24:58

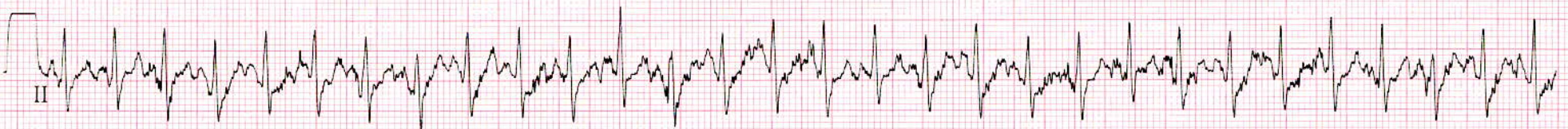
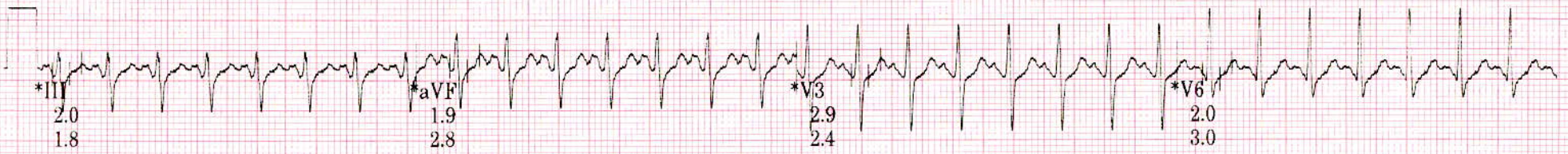
181bpm

EXERCISE
STAGE 4
10:34

BRUCE
4.2mph
16.0%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

MR AAKASH
ID: 111209686
23-Jul-2022
11:25:58

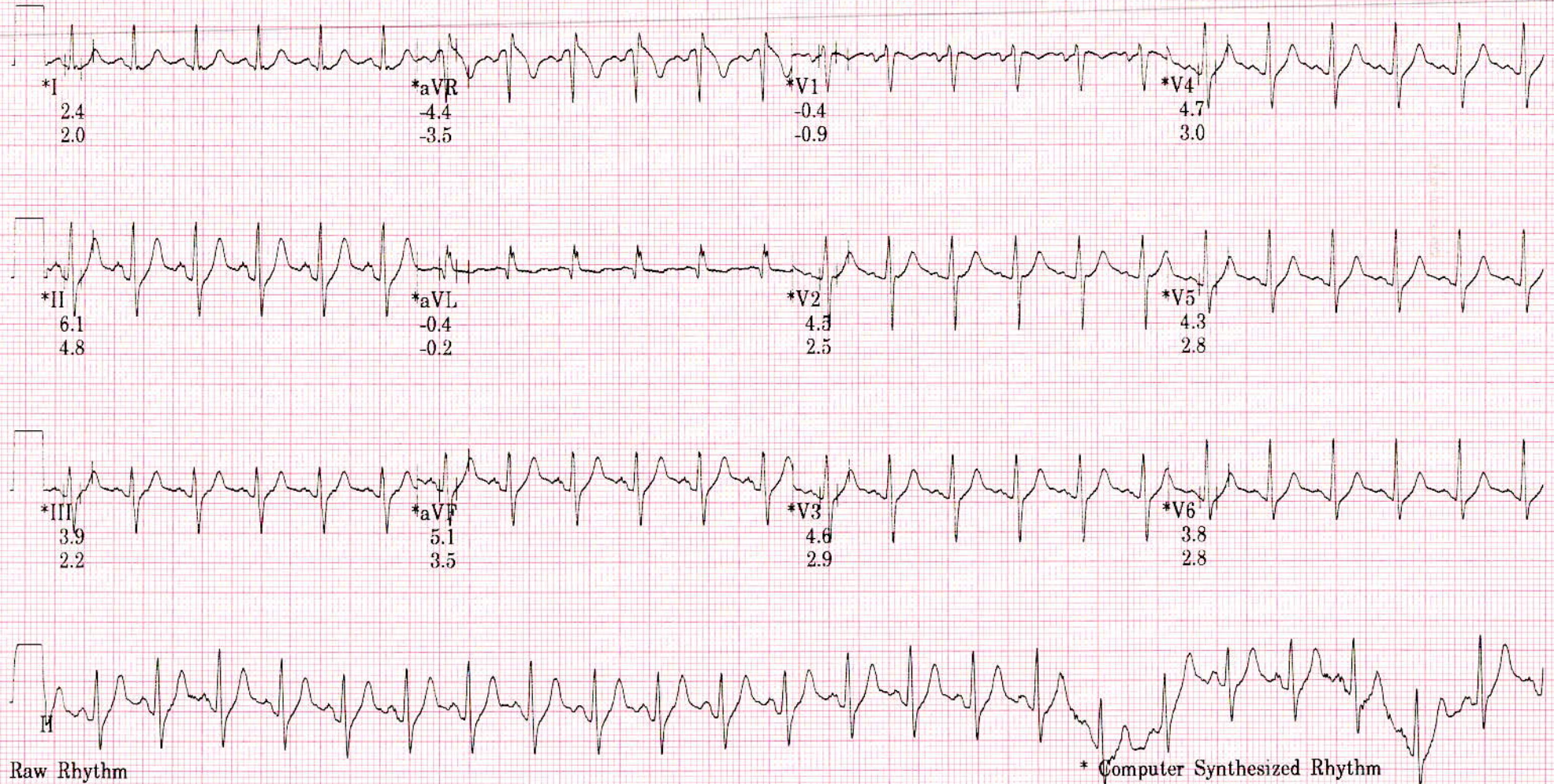
142bpm
BP: 120/80

RECOVERY
RECOVERY
1:00

BRUCE
**.*mph
**.*%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



MR AAKASH
ID: 111209686
23-Jul-2022
11:26:58

123bpm
BP: 190/100

RECOVERY
RECOVERY
2:00

BRUCE
**.*mph
**.*%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

MR AAKASH
ID: 111209686
23-Jul-2022
11:27:58

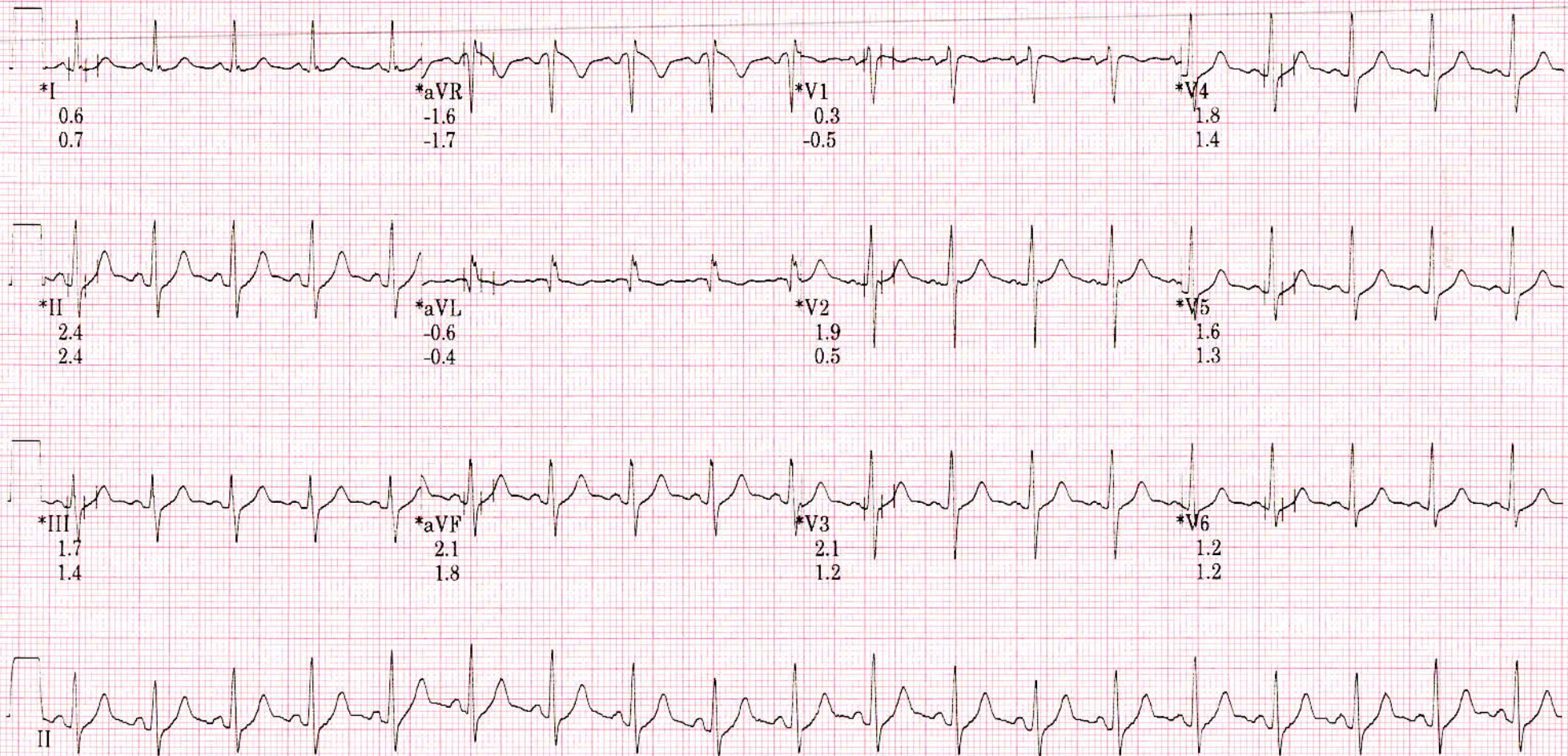
114bpm

RECOVERY
RECOVERY
3:00

BRUCE
**.*mph
**.*%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

40 Hz 25.0 mm/s 10.0 mm/mV

A- H- S- 50Hz HR 46

MAC55 009C

0

MR AAKASH
 ID: 111209686
 23-Jul-2022
 11:28:58

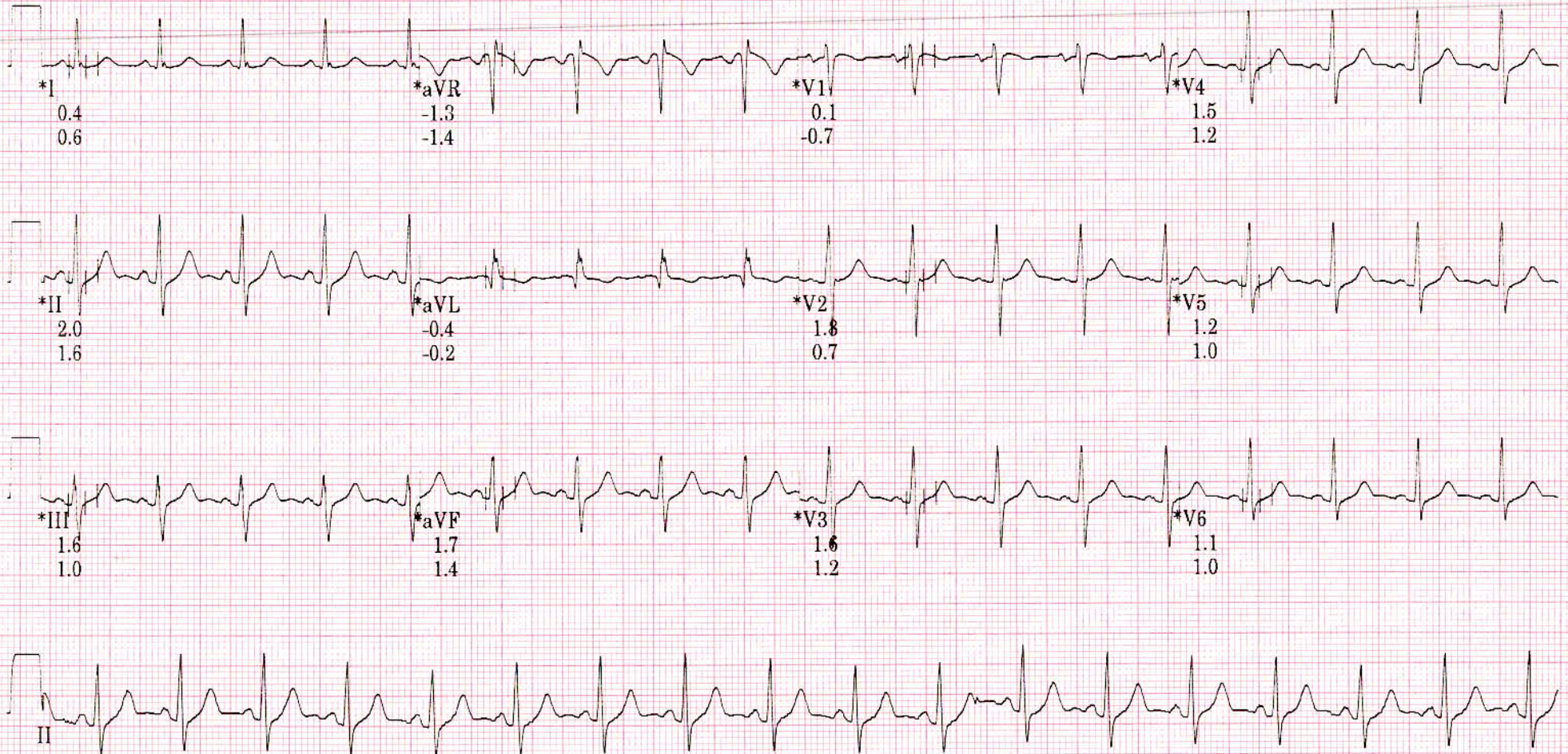
108bpm

RECOVERY
 RECOVERY
 4:00

BRUCE
 **.mph
 **.%

ST @ 10mm/mV
 80ms postJ

Lead
 ST(mm)
 Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

*MR AAKASH
ID: 111209686
23-Jul-2022
11:29:58

111bpm

RECOVERY
RECOVERY
5:00

BRUCE
** *mph
** *%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

SELECTED MEDIANS REPORT

MR AAKASH
ID: 111209686

33years

Male

BRUCE

Max HR: 181bpm 96% of max predicted 187bpm

Max BP: 190/100

Total Exercise time: 10:34

Maximum workload: 12.6METS

25.0 mm/s

10.0 mm/mV

100hz

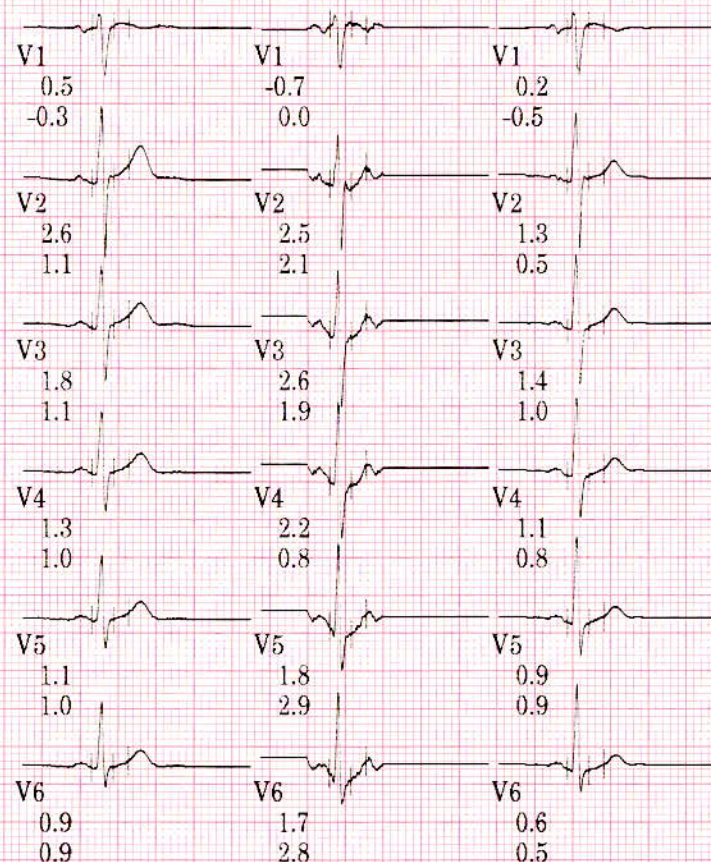
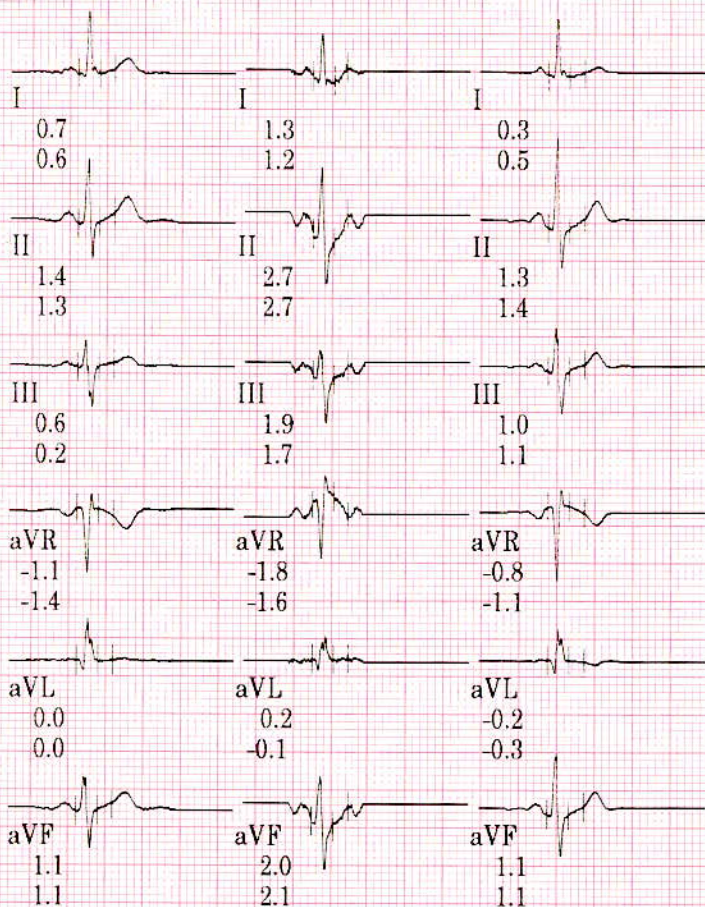
23-Jul-2022

11:12:45

Test ind:

BASELINE EXERCISE	PEAK EXERCISE	TEST END RECOVERY
0:00	10:34	5:23
91bpm	181bpm	113bpm

BASELINE EXERCISE	PEAK EXERCISE	TEST END RECOVERY
0:00	10:34	5:23
91bpm	181bpm	113bpm



Unconfirmed

GRADED EXERCISE SUMMARY

MR AAKASH
ID: 111209686
23-Jul-2022
11:12:45

33years

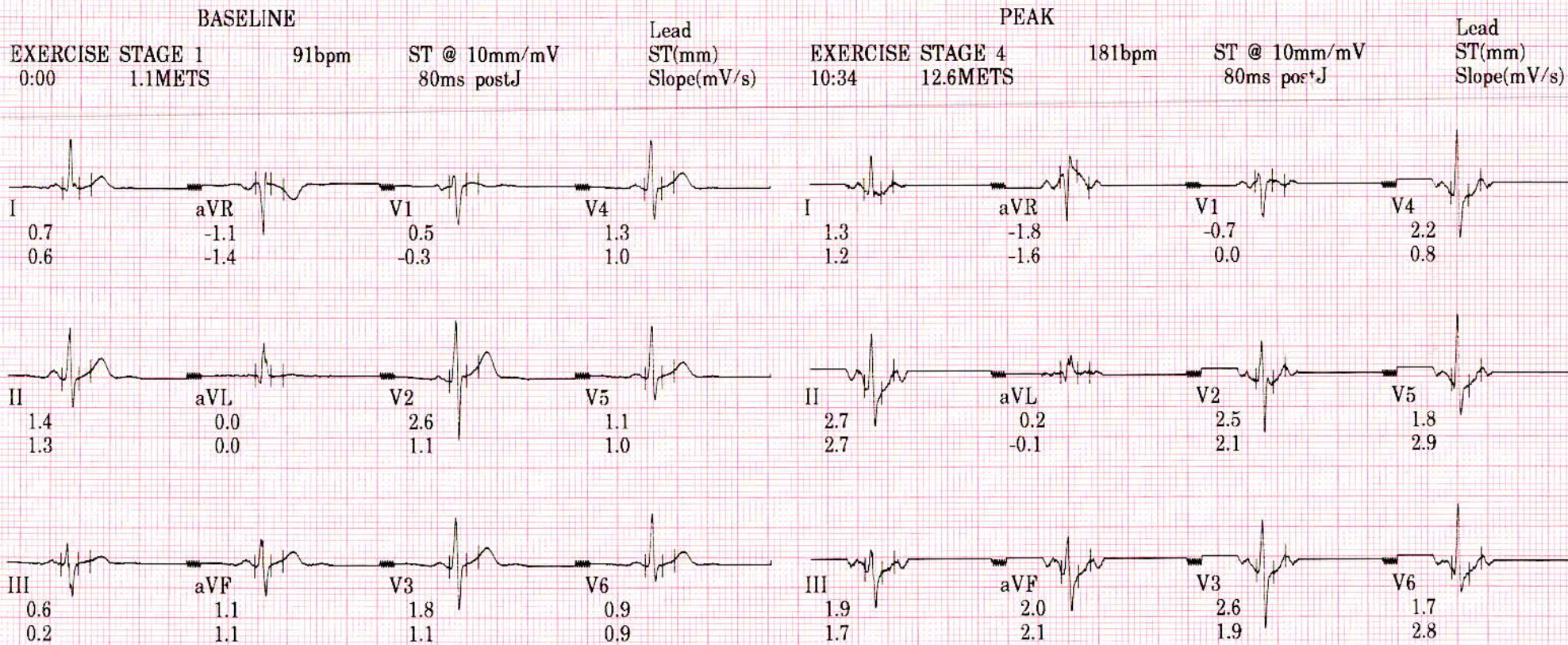
Male

BRUCE
Max HR: 181bpm 96% of max predicted 187bpm
Max BP: 190/100
Reason for Termination: Max HR attained
Comments:

Total Exercise time: 10:34

25.0 mm/s
10.0 mm/mV
100hz

Test ind:



Unconfirmed

TABULAR SUMMARY REPORT

MR AAKASH
ID: 111209686
23-Jul-2022
11:12:45

33years

Male

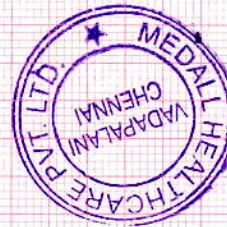
BRUCE
Max HR: 181bpm 96% of max predicted 187bpm
Max BP: 190/100
Reason for Termination: Max HR attained
Comments:

Total Exercise time: 10:34

25.0 mm/s
10.0 mm/mV
100hz

Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	0:49	***	***	1.0	89		
	STANDING	0:17	***	***	1.0	94		
	HYPERVENT	0:34	0.8	0.0	1.1	91		
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	112		
	STAGE 2	3:00	2.5	12.0	7.0	129		
	STAGE 3	3:00	3.4	14.0	10.1	163		
	STAGE 4	1:34	4.2	16.0	12.6	181		
RECOVERY	RECOVERY	5:23	***	***	1.0	113		



TMT negative
[Signature]

SELECTED MEDIANS REPORT

MR AAKASH
ID: 111209686

33years

Male

23-Jul-2022
11:12:45

BRUCE

Total Exercise time: 10:34

Max HR: 181bpm 96% of max predicted 187bpm

25.0 mm/s

Max BP: 190/100

Maximum workload: 12.6METS

10.0 mm/mV

Reason for Termination: Max HR attained

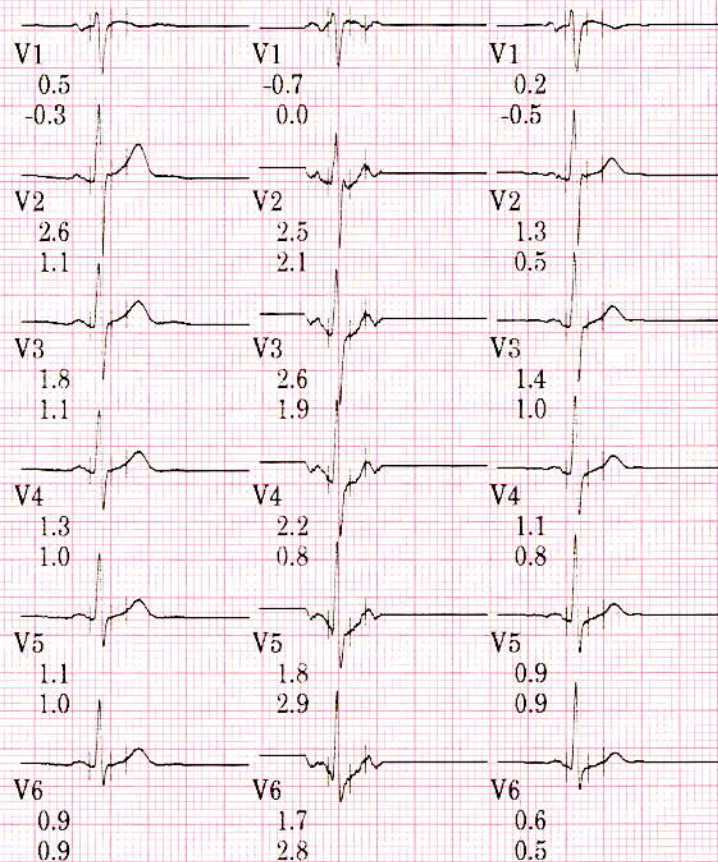
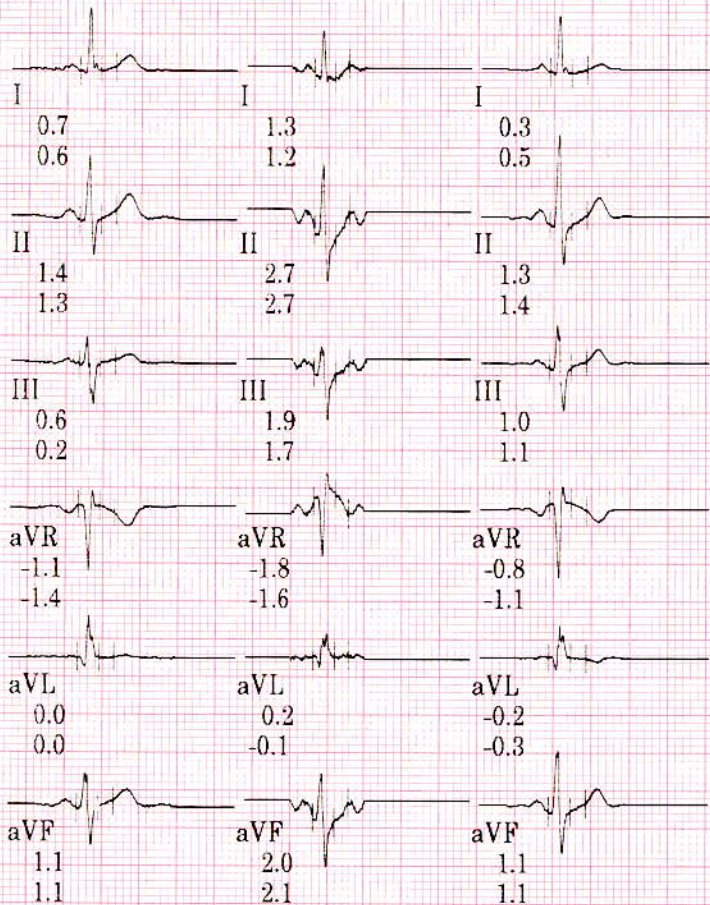
100hz

Comments:

Test ind:

BASELINE EXERCISE	PEAK EXERCISE	TEST END RECOVERY
0:00	10:34	5:23
91bpm	181bpm	113bpm

BASELINE EXERCISE	PEAK EXERCISE	TEST END RECOVERY
0:00	10:34	5:23
91bpm	181bpm	113bpm



Unconfirmed