

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. FERNANDES ROSARIO DOMINIC
EC NO.	160233
DESIGNATION	TREASURY BACK OFFICE
PLACE OF WORK	MUMBAI, SPECIAL TREASURY
BIRTHDATE	21-10-1984
PROPOSED DATE OF HEALTH CHECKUP	30-03-2023
BOOKING REFERENCE NO.	22M160233100052378E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **23-03-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))




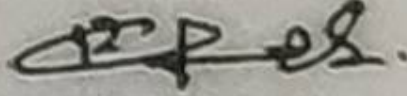


बैंक ऑफ़ बड़ौदा  
Bank of Baroda



नाम रोसारियो डोमिनिक फर्नांडीस  
Name Rosario Dominic Fernandes  
कर्मचारी कूट क्र.  
E.C. No. 160233

  
जारीकर्ता प्राधिकारी  
Issuing Authority

  
धारक के हस्ताक्षर  
Signature of Holder





NABH PRE ACCREDITATION  
ENTRY LEVEL HOSPITAL  
PEH-2018-0537



**SURANA SETHIA HOSPITAL  
AND RESEARCH CENTRE  
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MR. FERNANDES ROSARIO .  
Ordered Loc : Hospital clinic  
Referred By : Dr.BOB  
Class : OPD  
Current Loc :  
Accession No : 23005883

IP / OP No : 1128764  
Gender : Male Age : 38 Y 0 M 1 D  
Vch No : 1372310  
Received Dt : 30-Mar-2023 15:39  
Reported On : 30-Mar-2023 16:13  
Sample No : 23015289

**COMPLETE HEAMOGRAM (C.B.C.)**

TEST DESCRIPTION	OBSERVED VALUE	REFERENCE RANGE	UNITS
Haemoglobin	14.30	11.50 - 16.00	gm/dL
R.B.C.	5.03	4.00 - 6.00	Mill/C.mm.
P.C.V.	42.10	37.00 - 47.00	%
M.C.V.	83.70	78.00 - 100.00	fL
M.C.H.	28.43	27.00 - 31.00	pg
M.C.H.C.	33.97	32.00 - 36.00	%
RDW	12.6	11.0 - 15.0	%
Total W.B.C. Count	5500	4000 - 11000	/C.mm
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	37	40 - 75	%
Eosinophils	7	1 - 6	%
Basophils	0	0 - 1	%
Lymphocytes	53	20 - 45	%
Monocytes	3	1 - 10	%
WBC MORPHOLOGY	Lymphocytosis		
RBC MORPHOLOGY	Normal		
PLATELET COUNT	243	150 - 450	10 <sup>3</sup> /ul
PLATELETS	Adequate		

\*\* END OF REPORT \*\*

*[Signature]*  
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Provisional

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*[Signature]*  
Dr. Pragati Pote  
MB, DPB,  
(Path & Bact)

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**SURANA CHARITABLE TRUST**

Regd. No. E 15635 With Charity Commissioner Mumbai

Income Exemption No. DIT (E) / MC / 80G / 524 / 2009 - 10. 12-A Registration No. TR/31324.

Sumannagar, Sion Trombay Road, Chembur, Mumbai - 400071 **Tel. : 022-3378 3378**

Email: info@suranasethiahospital.in Web. : www.suranasethiahospital.com





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Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MR. FERNANDES ROSARIO .	IP / OP No : 1128764
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Referred By : Dr. BOB	Vch No : 1372310
Class : OPD	Received Dt : 30-Mar-2023 15:39
Current Loc :	Reported On : 30-Mar-2023 16:14
Accession No : 23005883	Sample No : 23015287

**BLOOD GROUP & RH TYPE**

**TEST DESCRIPTION**

**OBSERVED VALUE**

**REFERENCE RANGE/UNITS**

**BLOOD GROUP & RH TYPE**

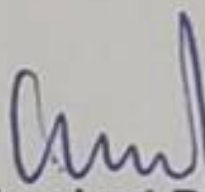
ABO Group

"B"

Rh Factor

POSITIVE

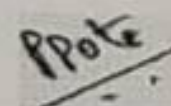
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ESR

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
ESR (Erythrocyte Sedimentation Rate)	30	1 - 20 mm/hr

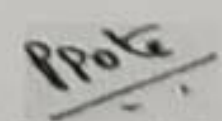
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Sample No : 23015291

**RENAL FUNCTION TEST**

**TEST DESCRIPTION**

**OBSERVED VALUE**

**REFERENCE RANGE|UNITS**

TEST DESCRIPTION	OBSERVED VALUE	REFERENCE RANGE UNITS
BUN	11.4	6.0 - 21.0 mg/dl
Uric Acid	7.2	3.5 - 7.2 mg/dl
Sodium [Na+]	142	135 - 155 mmol/L
Potassium [K+]	4.0	3.6 - 5.5 mmol/L
Chloride [Cl-]	102	96 - 108 mmol/L
Calcium	9.4	8.4 - 10.2 mg/dl
Phosphorus	3.9	2.5 - 4.5 mg/dl
Serum Alkaline Phosphates	67.0	28.0 - 111.0 IU/L
Serum Proteins Total	7.4	6.0 - 8.2 gm%
Serum Albumin	4.1	3.0 - 5.0 gm%
Serum Globulin	3.30	1.90 - 3.50 gm%
Albumin : Globulin Ratio	1.24	0.90 - 2.00 gm%
Serum Creatinine	1.5	0.5 - 1.5 mg/dl

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Referred By : Dr.BOB	Vch No : 1372310
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Current Loc :	Reported On : 30-Mar-2023 16:16
Accession No : 23005883	Sample No : 23015291

**LIVER FUNCTION TEST**

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Total Bilirubin	0.5	0.1 - 1.2	mg/dl
Conjugated (Direct) Bilirubin	0.2	0.0 - 0.3	mg/dl
Unconjugated (Indirect) Bilirubin	0.3	0.1 - 1.0	mg/dL
SGOT	20.0	15.0 - 46.0	U/L
SGPT	37.0	13.0 - 69.0	U/L
Serum Alkaline Phosphates	67.0	28.0 - 111.0	IU/L
Serum Proteins Total	7.4	6.0 - 8.2	gm%
Serum Albumin	4.1	3.0 - 5.0	gm%
Serum Globulin	3.30	1.90 - 3.50	gm%
Albumin : Globulin Ratio	1.24	0.90 - 2.00	gm%
Serum Creatinine	1.5	0.5 - 1.5	mg/dl

\*\* END OF REPORT \*\*

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**LIPID PROFILE**

TEST DESCRIPTION	OBSERVED VALUE	REFERENCE RANGE/UNITS
Total Cholesterol	170	150 - 250 mg%
Triglycerides	<b>202</b>	35 - 160 mg%
HDL Cholesterol	35	30 - 70 mg%
VLDL Cholesterol	<b>40.40</b>	7.00 - 35.00 mg%
LDL Cholesterol	<b>94.60</b>	108.00 - 145.00 mg%
LDL/HDL Ratio	2.70	1.10 - 3.90
TC/HDL CHOL Ratio	4.86	3.50 - 5.00

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Accession No : 23005883	Sample No : 23015291

**BLOOD SUGAR F/PP**

**TEST DESCRIPTION**

**OBSERVED VALUE**

**REFERENCE RANGE UNITS**

Blood Sugar Fasting (FBS)	90	70 - 110 mg%
Urine Sugar (Fasting)	Absent	
Urine Ketone (Fasting)	Absent	

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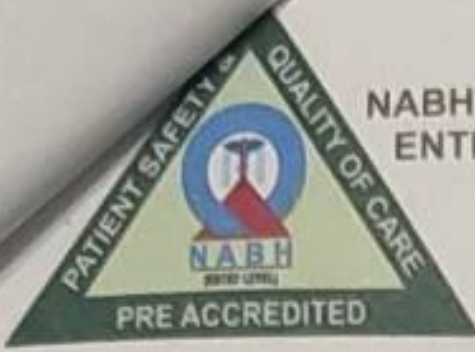
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Class : OPD	Received Dt : 30-Mar-2023 15:39
Current Loc :	Reported On : 30-Mar-2023 16:16
Accession No : 23005883	Sample No : 23015290

**BLOOD SUGAR F/PP**

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Blood Sugar Post Prandial (PPBS)	108	70 - 140 mg/dl
Urine Sugar (PP)	Absent	
Urine Ketone (PP)	Absent	
METHOD GLUCOSE OXIDASE PEROXIDASE (GOD /POD)		

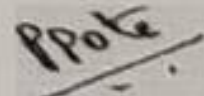
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PEH-2018-0537



**SURANA SETHIA HOSPITAL  
AND RESEARCH CENTRE  
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Chembur | Malad | Bhiwandi | Navi Mumbai

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Ordered Loc : Hospital clinic	Gender : Male Age : 38 Y 0 M 1 D
Referred By : Dr.BOB	Vch No : 1372310
Class : OPD	Received Dt : 30-Mar-2023 15:39
Current Loc :	Reported On : 30-Mar-2023 16:18
Accession No : 23005883	Sample No : 23015285

**URINE ANALYSIS**

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE/UNITS</u>
<b><u>PHYSICAL EXAMINATION</u></b>		
Quantity	20 ml	
Colour	Pale yellow	
Appearance	Clear	
Deposit	Absent	
Reaction [PH]	Acidic	
Specific Gravity	1.020	
<b><u>CHEMICAL EXAMINATION</u></b>		
Urine Albumin	Absent	
Sugar	Absent	
Ketone Bodies	Absent	
Occult Blood	Absent	
Bile Pigment	Absent	
Bile Salt	Absent	
<b><u>MICROSCOPIC EXAMINATION</u></b>		
Red Blood Cells	Absent	00-02
Pus Cells	1 - 2	00-02 / hpf
Epithelial Cells	1 - 2	00-02 / hpf
Casts	Absent	
Crystals	Absent	
Spermatozoa	Absent	
Trichomonas Vaginalis	Absent	
Yeast Cells	Absent	
Amorphous Deposits	Absent	
Bacteria	Absent	

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Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MR. ROSARIO FERNANDES	SEX	: MALE
AGE	: 38 YRS	ID NO.	: 1128764
REF BY	: BOB	DATE	: 30/03/2023

**EXAMINATION: 2D ECHOCARDIOGRAPHY**

**Conclusion:**

1. All chambers normal sized.
2. Good LV function with LVEF = 60 %
3. All valves structurally & functionally normal.
4. No regional wall motion abnormality.
5. IAS / IVS intact.
6. No clot / vegetation / effusion.

**Doppler Study:**

- No diastolic dysfunction
- No TR. No PH.
- No other valvular regurgitation.
- No signs of high LVEDP.

**Impression:**

- Normal study.

**Dr. Dinesh Rajpal**  
MD, Physician  
Reg. No.82808.

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**Doppler Study:**

- Diastolic dysfunction: Normal
- RVOT = Normal mm of Hg.
- LVOT = Normal mm of Hg.
- AR: NO                      MR: NO                      PR: NO                      TR: NO
- Peak / Mean across MV= Normal mm of Hg.
- Peak / mean across AV = 8 mm of Hg.
- MV PHT = Normal
- MVA by PHT = Normal square cm.
- AR PHT = Normal millisecond
- CWD across TV = Normal mm of Hg.
- PASP by TR jet = Normal 33 mm of Hg.

**Measurements:**

	Measurement	Unit
Aorta		
LA	38	mm
AO	28	mm
ACS	11	mm
Mitral Valve Study		
Excursion D-E		mm
EF slop		mm/s
EPSS		mm

	Measurement	Unit
LV study		
IVsd	10	mm
LVIDd	46	mm
LVPWD	11	mm
IVSs		mm
LVIDs	32	mm
LVPWa	12	mm
EF %	60	%
% FS		%

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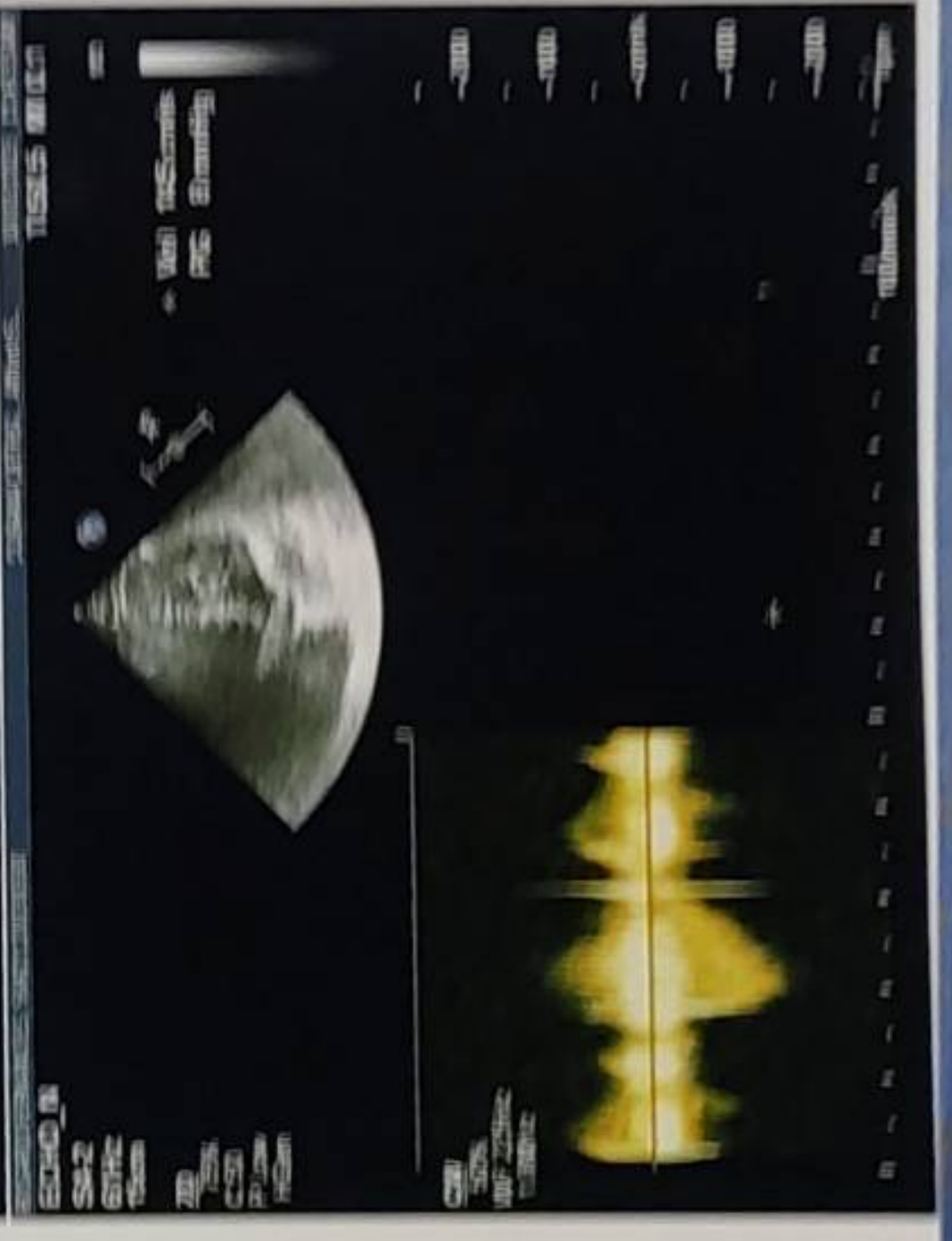
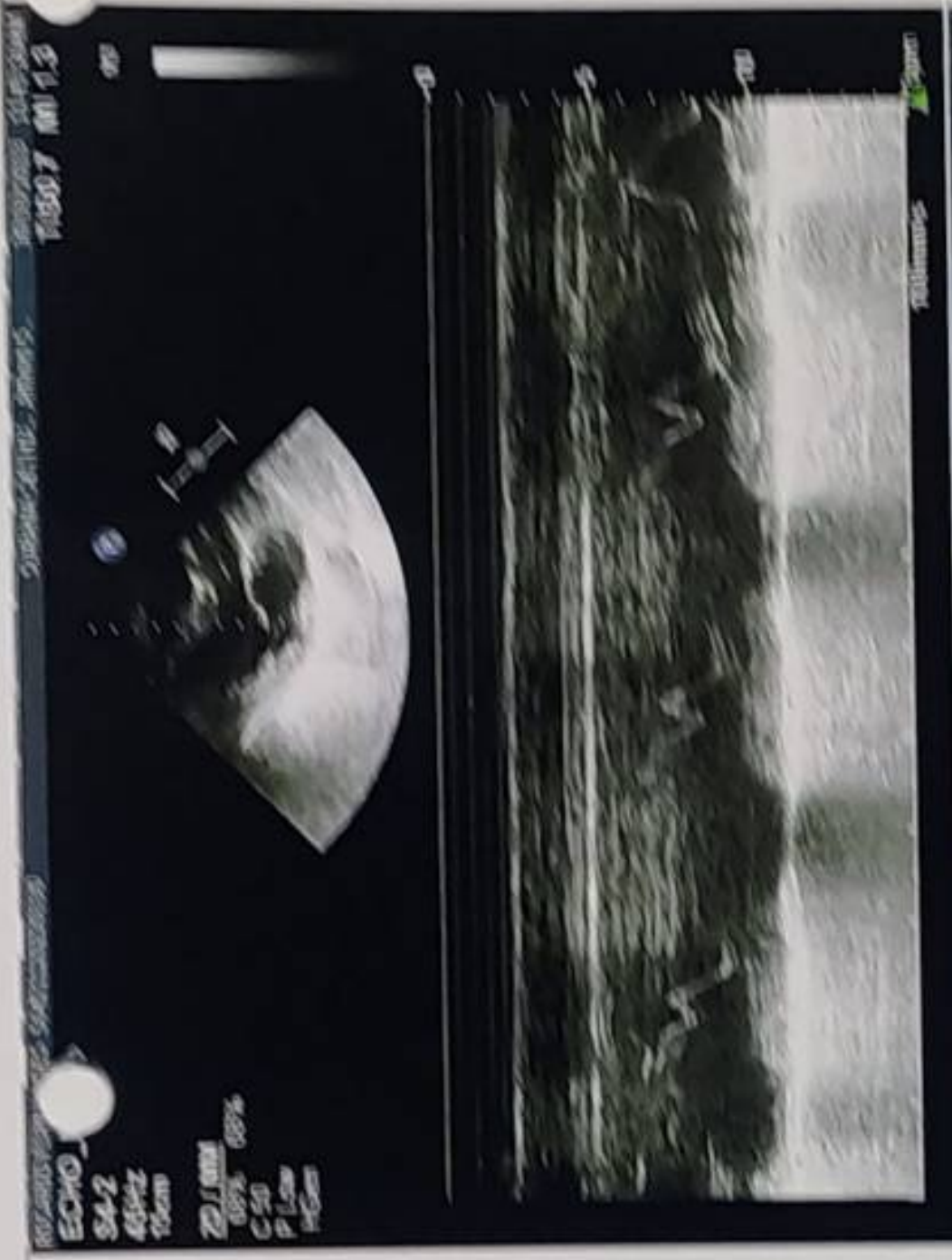
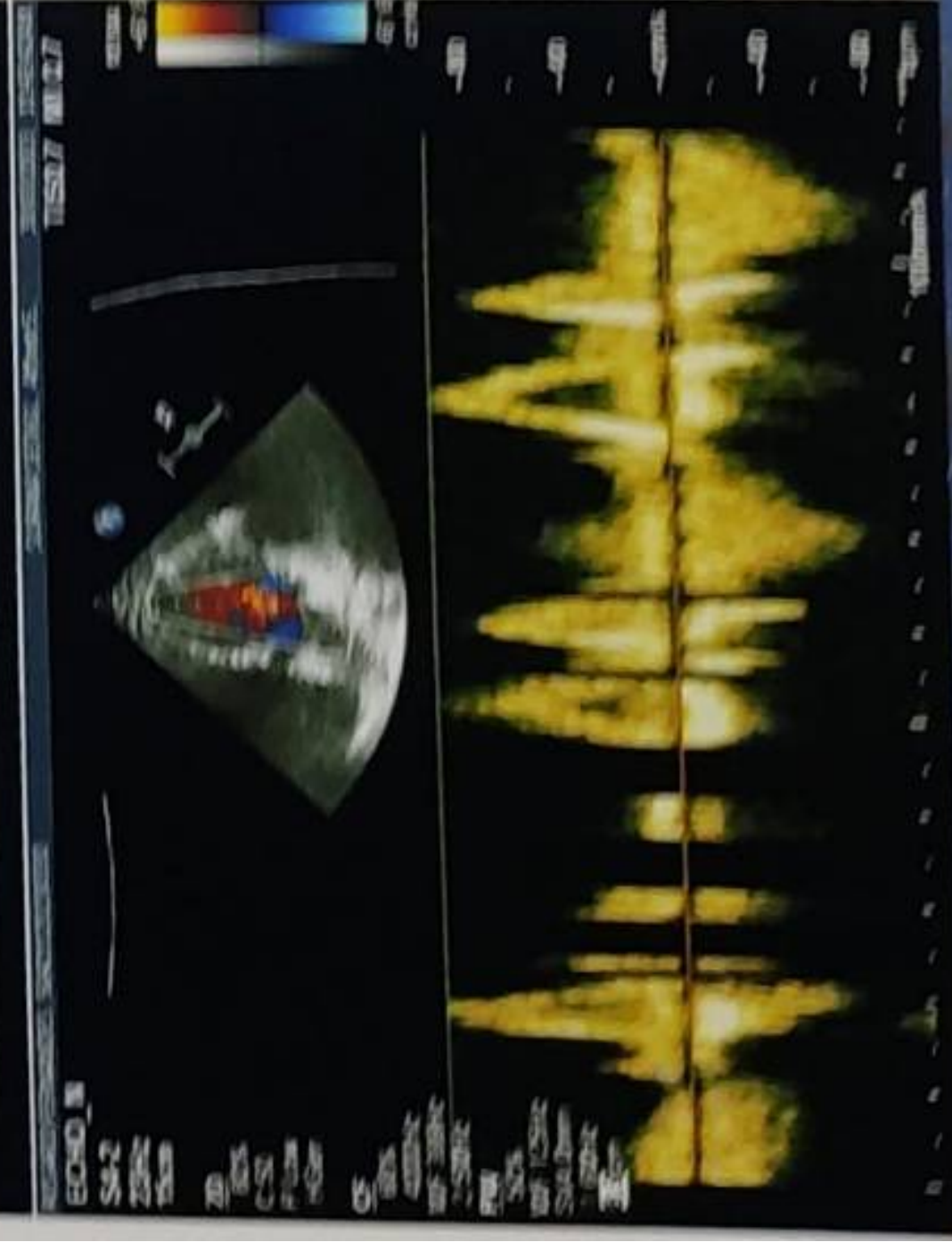
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NAME	: MR. ROSARIO FERNANDES	SEX	: MALE
AGE	: 38 YRS	ID NO.	: 1128764
REF BY	: MEDIWHEEL	DATE	: 30/03/2023

### ULTRASONOGRAPHY OF ABDOMEN AND PELVIS

#### LIVER

Liver is normal in size, shape and contour. It shows homogeneous echotexture. No abnormal parenchymal mass lesion is seen. Intra hepatic biliary radicles and portal radicles are normal.

#### PORTAL VEIN AND C.B.D

Portal vein and C.B.D are normal in course and caliber.

#### GALL BLADDER

Gall bladder is physiologically distended. Wall thickness is normal. No evidence of calculus or sludge or pericholecystic collection.

#### SPLEEN

Spleen shows normal size, shape, contour and echogenicity. No abnormal parenchymal mass / lesion. Splenic vein is normal.

#### PANCREAS

Pancreas is normal in size, shape and position. It shows normal echogenicity. No focal mass lesion or calcification is seen. Pancreatic duct is not dilated

#### KIDNEYS

Both kidneys are normal in size, shape, position and contour. Parenchymal echogenicity is normal. Cortico-medullary difference is well maintained. No abnormal mass lesion is seen. No evidence of calculus and hydronephrosis in both kidneys.

Right kidney measures 8.7 x 3.9 cm.

Left kidney measures 9.5 x 4.6 cm.

Contd 2/..

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Income Exemption No. DIT (E) / MC / 80G / 524 / 2009 - 10. 12-A Registration No. TR/31324.

Sumannagar, Sion Trombay Road, Chembur, Mumbai - 400071 **Tel. : 022-3378 3378**

Email: info@suranasethiahospital.in Web. : www.suranasethiahospital.com





:2:

NAME	: MR. ROSARIO FERNANDES	SEX	: MALE
AGE	: 38 YRS	ID NO.	: 1128764
REF BY	: MEDIWHEEL	DATE	: 30/03/2023

**AORTA AND RETROPERITONEUM**

Visualized aorta and retroperitoneal vessels are normal in course and caliber. No evidence of significant lymphadenopathy or free fluid.

**URINARY BLADDER**

Urinary bladder is well distended. It shows smooth wall and mucosal thickening is normal. No obvious mass lesion or calculus is seen.

**PROSTATE**

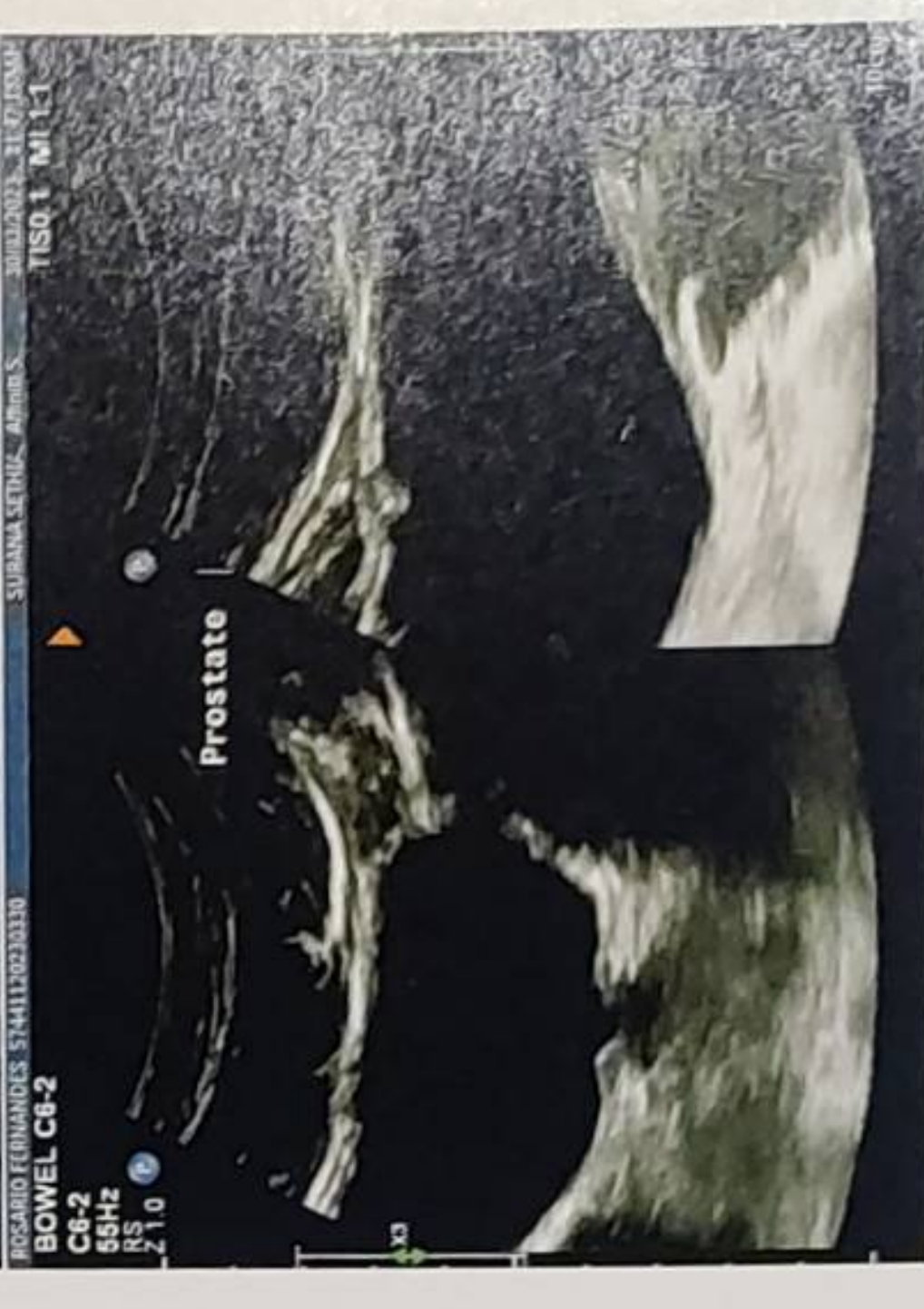
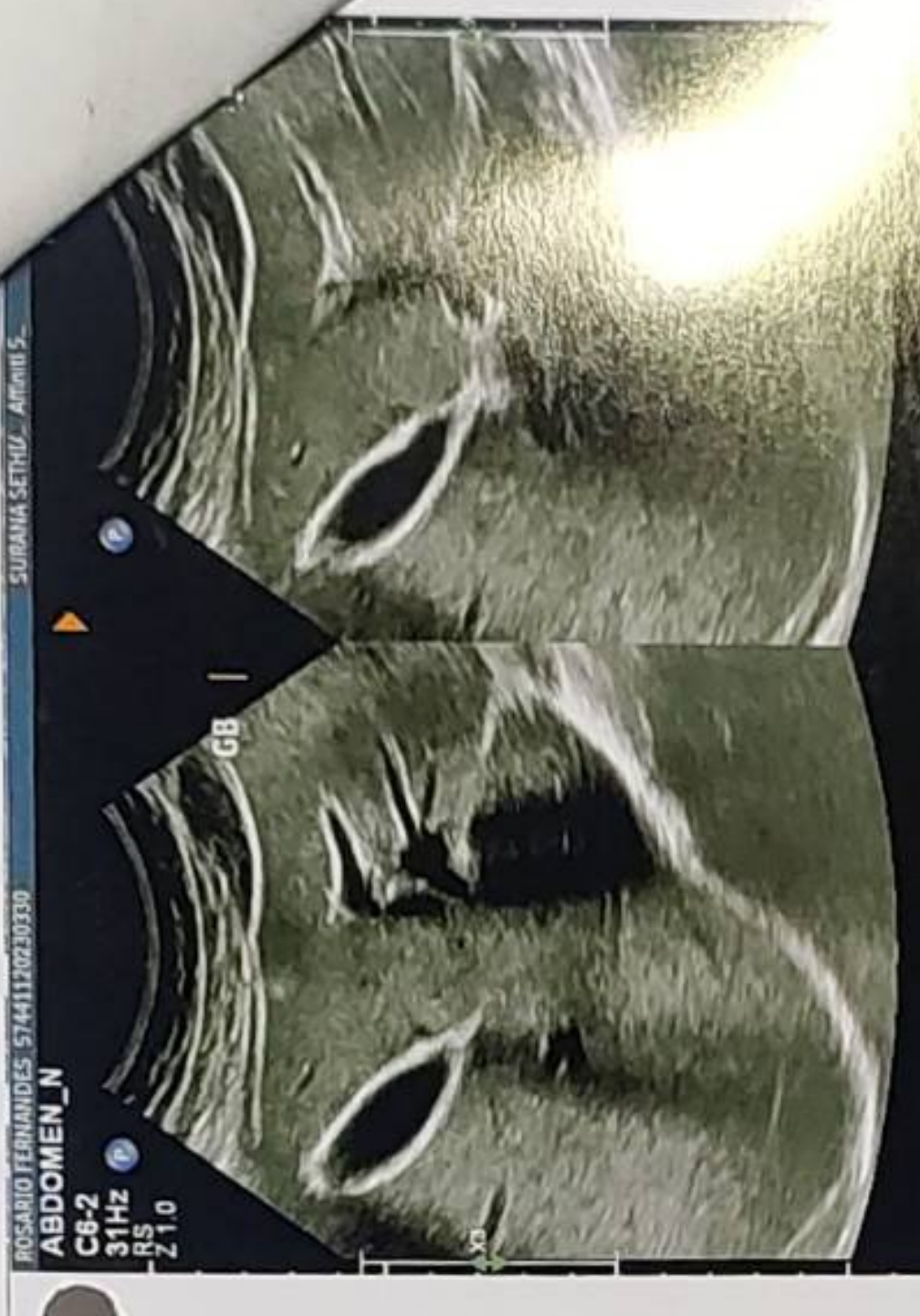
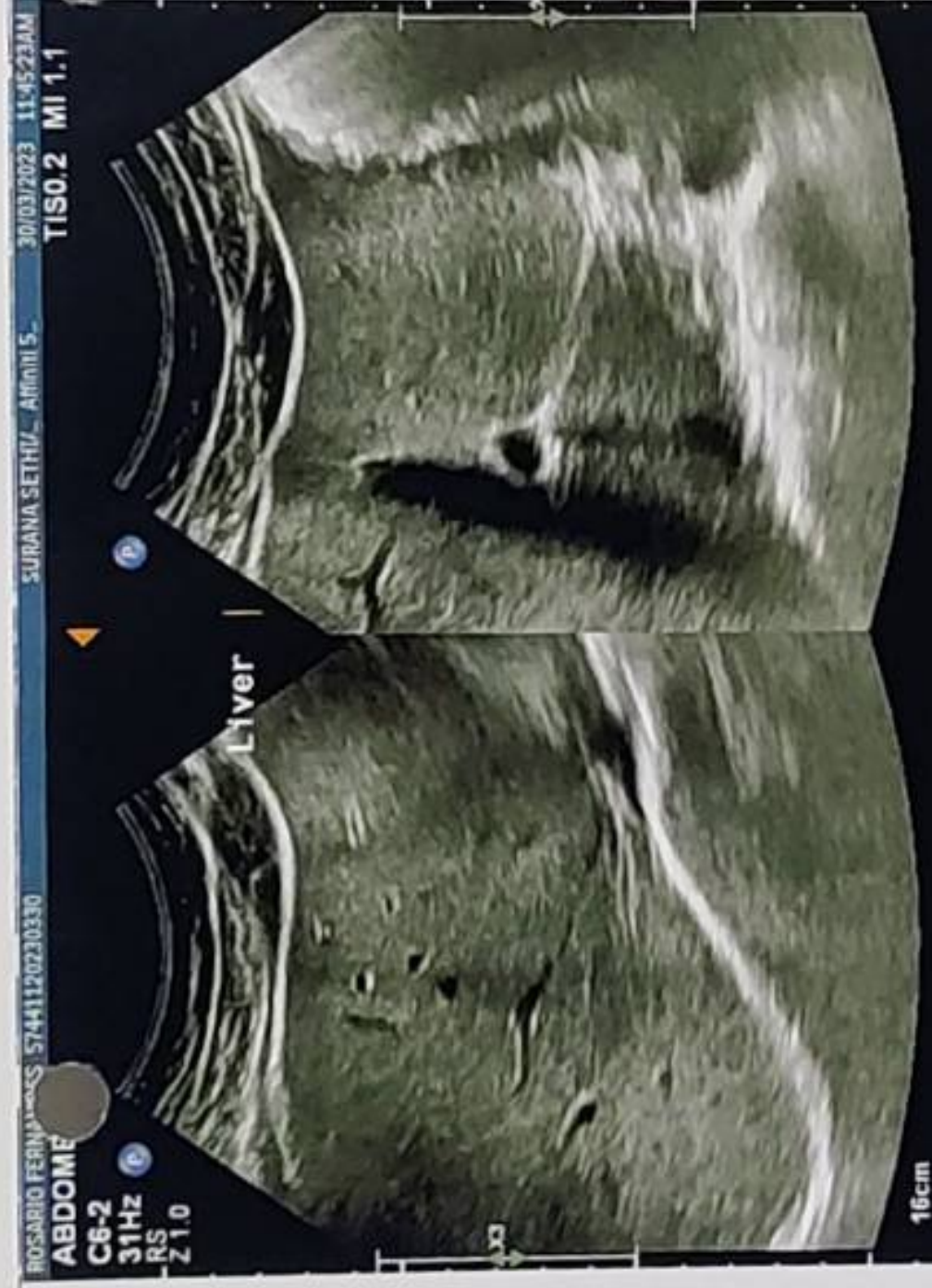
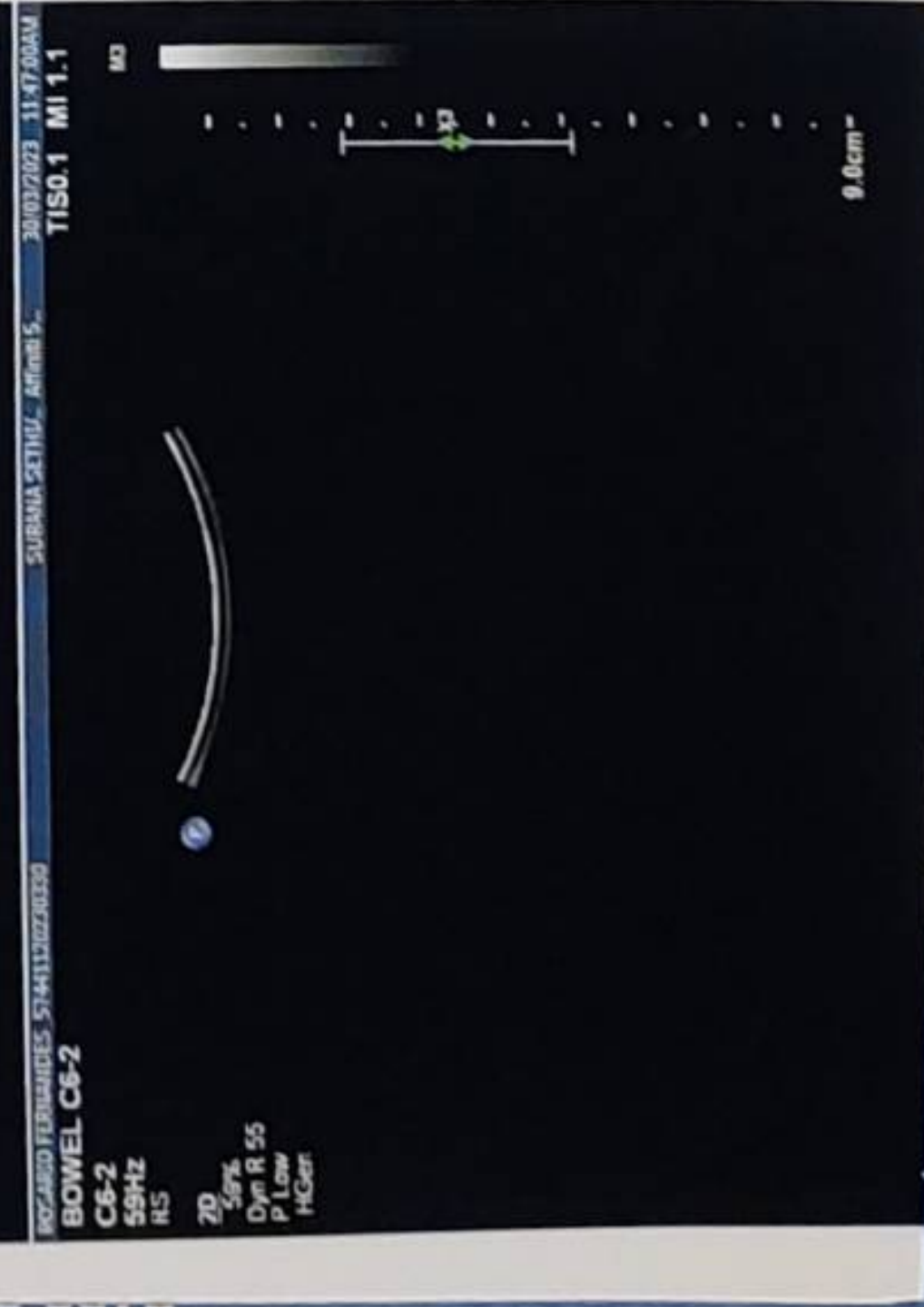
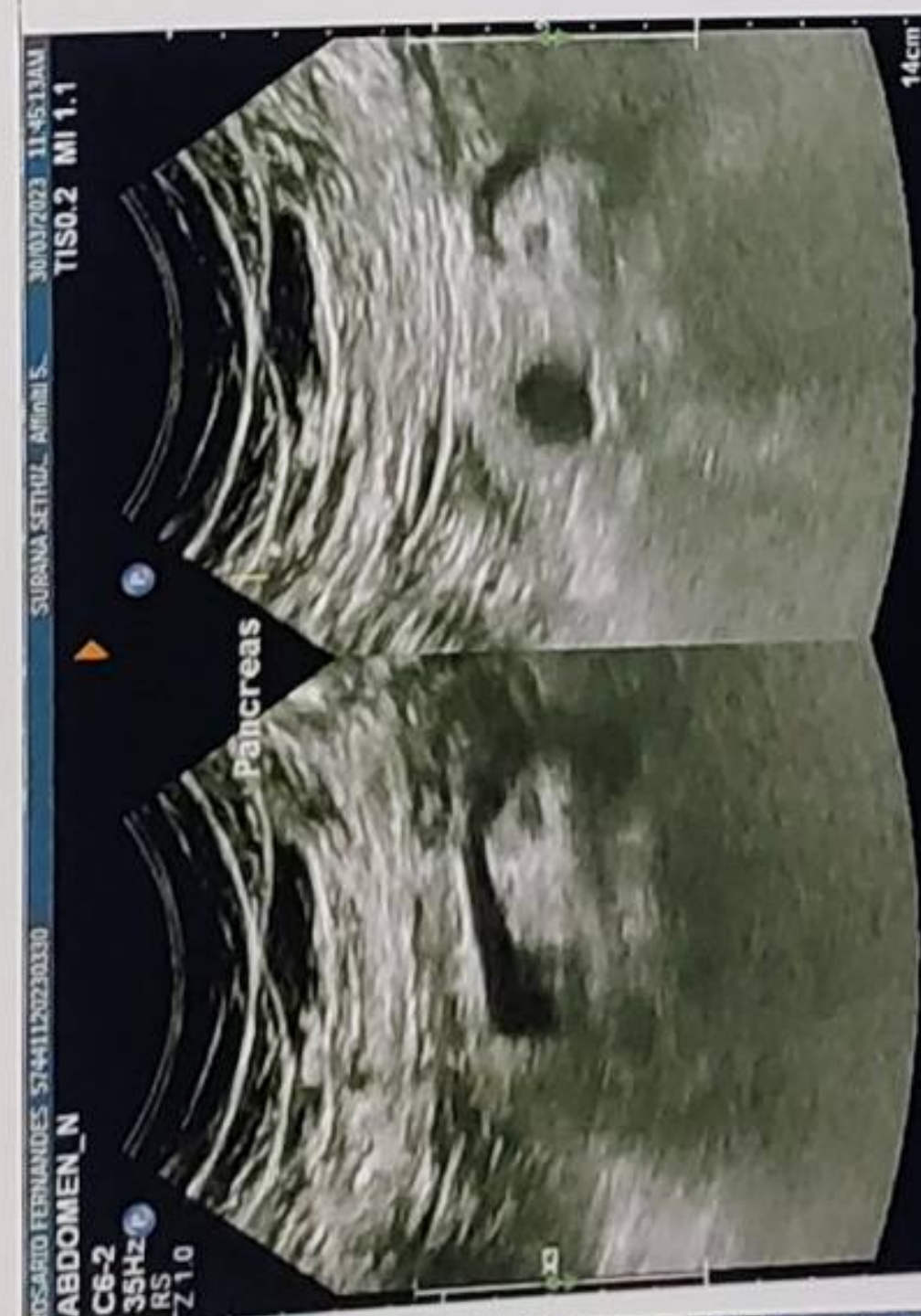
Prostate is normal in size, shape, position and echogenicity. No focal mass lesion is seen. Prostatic capsule is intact.

**IMPRESSION:**

- No significant abnormality is detected in abdomen and pelvis.

  
**DR. KETAN KALASKAR**  
M.D.  
Consultant Radiologist  
KKRG









NABH PRE ACCREDITATION  
ENTRY LEVEL HOSPITAL  
PEH-2018-0537



**SURANA SETHIA HOSPITAL  
AND RESEARCH CENTRE  
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

**NAME** : FERNANDES ROSARIO (38Y/M)  
**REF. BY** : SELF  
**TEST ASKED** : HbA1c

**SAMPLE COLLECTED AT :**  
(4000711424), SURANA SETHIA HOSPITAL, SION -  
TROMBAY ROAD, SUMAN NAGAR, CHEMBUR,  
MUMBAI, MAHARASHTRA 400071, 400071

TEST NAME	TECHNOLOGY	VALUE	UNITS
HbA1c - (HPLC)	H.P.L.C	5.3	%

**Reference Range :**

**Reference Range: As per ADA Guidelines**

Below 5.7% : Normal  
5.7% - 6.4% : Prediabetic  
>=6.5% : Diabetic

**Guidance For Known Diabetics**

Below 6.5% : Good Control  
6.5% - 7% : Fair Control  
7.0% - 8% : Unsatisfactory Control  
>8% : Poor Control

**Method :** Fully Automated H.P.L.C method

AVERAGE BLOOD GLUCOSE (ABG)	CALCULATED	105	mg/dl
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**Reference Range :**

90 - 120 mg/dl : Good Control  
121 - 150 mg/dl : Fair Control  
151 - 180 mg/dl : Unsatisfactory Control  
> 180 mg/dl : Poor Control

**Method :** Derived from HBA1c values

**Please correlate with clinical conditions.**

--- End of report ---

**Sample Collected on (SCT)** : 30 Mar 2023 12:25  
**Sample Received on (SRT)** : 30 Mar 2023 14:33  
**Report Released on (RRT)** : 30 Mar 2023 15:39

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Email: info@suranasethiahospital.in Web. : www.suranasethiahospital.com

Dr Meha S MD.DNB (Path)

Dr Sumanta Basak. DPB



**Laboratory Test Report**

Name of Patient	: Mr. FERNANDES ROSARIO	Test Request ID	: 35742303300012
Age/Gender	: 38 Yrs/Male	Specimen Drawn ON	: 30-Mar-2023 12:53PM
Collected AT	: SURANASETHIA HOSPITAL AND RESE	Specimen Received ON	: 30-Mar-2023 02:40PM
Referred BY	: Dr. SELF	Report DATE	: 30-Mar-2023 03:41PM
Sample Type	: Serum - A4001152		
Ref Customer	:		

**IMMUNOASSAY**

Test Description	Observed Value	Biological Reference Range	Method
<b>THYROID PROFILE</b>			
Triiodothyronine Total (T3)	0.97	0.70-2.04 ng/mL	Electrochemiluminescence immunoassay (ECLIA)
Thyroxine Total (T4)	9.2	4.6-10.5 ug/dL	Electrochemiluminescence immunoassay (ECLIA)
TSH (4th Generation)	2.759	0.40-4.20 uIU/mL	Electrochemiluminescence immunoassay (ECLIA)

PREGNANCY	REFERENCE RANGE for TSH IN uIU/mL (As per American Thyroid Association.)
1st Trimester	0.10-2.50 uIU/mL
2nd Trimester	0.20-3.00 uIU/mL
3rd Trimester	0.30-3.00 uIU/mL

**INTERPRETATION-**

1. Primary hyperthyroidism is accompanied by elevated serum T3 & T4 values along with depressed TSH level.
  2. Primary hypothyroidism is accompanied by depressed serum T3 and T4 values & elevated serum TSH levels.
  3. Normal T4 levels accompanied by high T3 levels and low TSH are seen in patients with T3 thyrotoxicosis.
  4. Normal or low T3 & high T4 levels indicate T4 thyrotoxicosis ( problem is conversion of T4 to T3)
  5. Normal T3 & T4 along with low TSH indicate mild / subclinical HYPERTHYROIDISM .
  6. Normal T3 & low T4 along with high TSH is seen in HYPOTHYROIDISM .
  7. Normal T3 & T4 levels with high TSH indicate Mild / Subclinical HYPOTHYROIDISM .
  8. Slightly elevated T3 levels may be found in pregnancy and in estrogen therapy while depressed levels may be encountered in severe illness , malnutrition , renal failure and during therapy with drugs like propranolol.
  9. Although elevated TSH levels are nearly always indicative of primary hypothyroidism . rarely they can result from TSH secreting pituitary tumours ( secondary hyperthyroidism )
- \*TSH IS DONE BY ULTRASENSITIVE 4th GENERATION CHEMIFLEX ASSAY\*

**COMMENTS:**

Assay results should be interpreted in context to the clinical condition and associated results of other investigations. Previous treatment with corticosteroid therapy may result in lower TSH levels while thyroid hormone levels are normal. Results are invalidated if the client has undergone a radionuclide scan within 7-10 days before the test. Abnormal thyroid test findings often found in critically ill clients should be repeated after the critical nature of the condition is resolved. The production, circulation, and disintegration of thyroid hormones are altered throughout the stages of pregnancy.

**Disclaimer-**

TSH is an important marker for the diagnosis of thyroid dysfunction. Recent studies have shown that the TSH distribution progressively shifts to a higher concentration with age ,and it is debatable whether this is due to a real change with age or an increasing proportion of unrecognized thyroid disease in the elderly. TSH levels are subject to circadian variation, reaching peak levels between 2-4AM and nimum between 6-10 PM. The variation is the order of 50% hence time of the day has influence on the measures serum TSH concentration. Dose and time of drug intake also influence the test result. Reference ranges are from Teitz fundamental of clinical chemistry 7th ed.

Nabl Scope.

\*\*\* End Of Report \*\*\*



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DR. PAWAN KUMAR  
Phd. BIOCHEMISTRY  
CONSULTANT BIOCHEMIST

This report has been validated by:

*Practi*



QR CODE

Satellite Labs :

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Head Office : Plot No. 10, Avtar Enclave, Opposite Metro Pillar No. 227, Paschim Vihar, Rohtak Road, New Delhi-110063  
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ID: Rosario fernandes

30.03.2018 8:09:11  
SURANA HOSPITAL  
CHEMBUR  
MUMBAI

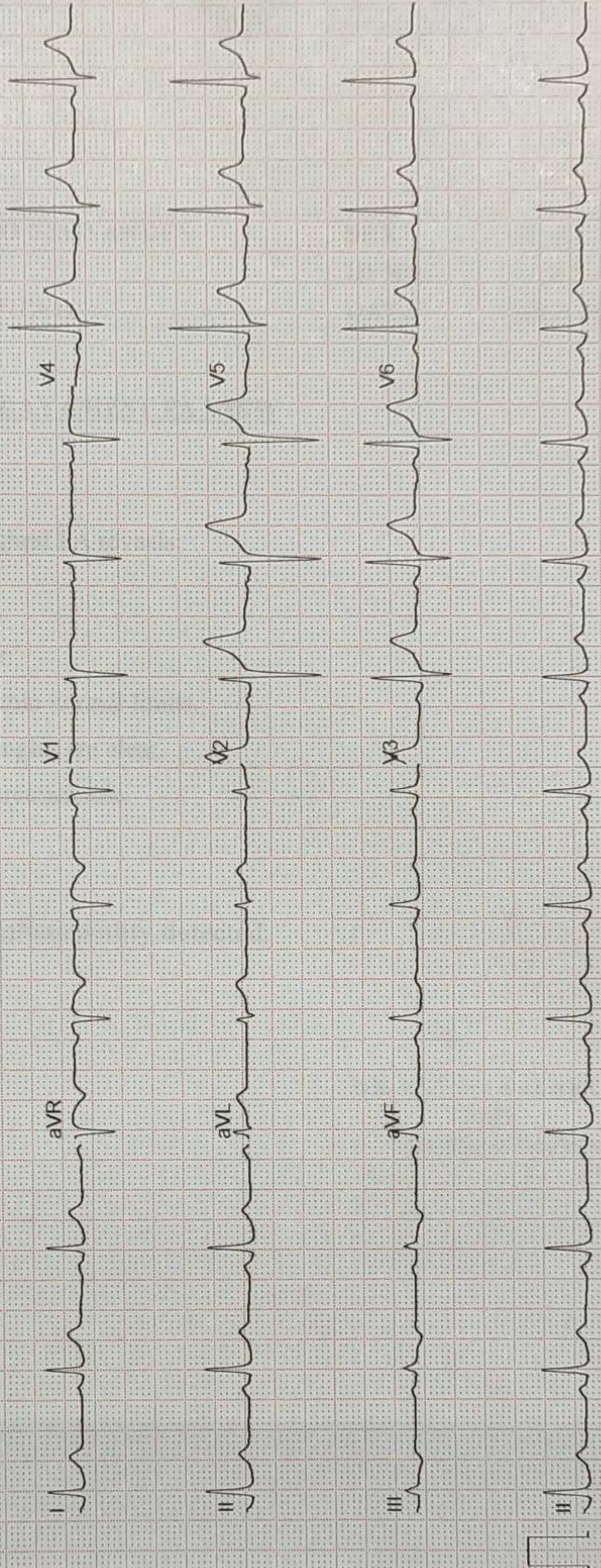
DR. ROSARIO FERNANDES  
Age: 38 Yr.

77 bpm  
--/-- mmHg

Bp: 120/80 mmHg  
P: 98/min

Normal sinus rhythm  
Normal ECG

QRS	82 ms
QT / QTcBaz	368 / 416 ms
PR	146 ms
P	98 ms
RR / PP	780 / 779 ms
P / QRS / T	53 / 48 / 14 degrees







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<b>NAME</b>	<b>: MR. ROSARIO FERNANDES</b>	<b>SEX</b>	<b>: MALE</b>
<b>AGE</b>	<b>: 38 YRS</b>	<b>ID NO.</b>	<b>: 1128764</b>
<b>REF BY</b>	<b>: C/O. MEDIWHEEL</b>	<b>DATE</b>	<b>: 30/03/2023</b>

**X-RAY CHEST PA VIEW**

**Protocol :**

Computerised radiography of chest PA reveals:

**Observation:**

- Lung fields appear clear.
- Cardiac silhouette is within normal limits.
- Bilateral costophrenic angles are clear.
- Visualised bones are unremarkable.

**Impression:**

- **No significant abnormality detected.**

**DR. KETAN KALASKAR**  
**M.D.**  
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