

**PERIODIC MEDICAL EXAMINATION REPORT**

Name	: Sachin Wakode	Test Code	: AHC-52
Emp Code	:	Test Date	: 26-03-2022
Age	: 32 Years	Sex	: Male
Contact No	: 7738585967	Dep. Name	: --
Company Name	: Arcofemi Health Care Ltd.	Job Nature	: --

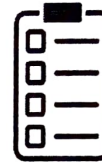
**PHYSIOLOGICAL DATA**

Height	: 171 Cms	Weight	: 78 Kgs	Expected Weight	: 65 Kgs
B.P	: 130/80 mmHg	PULSE	: 74 /min	Body Mass Index	: 26.67



**MEDICAL HISTORY**

<input checked="" type="checkbox"/> NO Frequent Cold	<input checked="" type="checkbox"/> NO Frequent Sneezing	<input checked="" type="checkbox"/> NO Joint Pain
<input checked="" type="checkbox"/> NO Shortness of breath	<input checked="" type="checkbox"/> NO Frequent Headache	<input checked="" type="checkbox"/> NO Cronic Cough
<input checked="" type="checkbox"/> NO Backache	<input checked="" type="checkbox"/> NO Intestinal trouble	<input checked="" type="checkbox"/> NO Ear Discharge
<input checked="" type="checkbox"/> NO Impaired Hearing	<input checked="" type="checkbox"/> NO Chest Pain Or Pressure	<input checked="" type="checkbox"/> NO Diabetes
<input checked="" type="checkbox"/> NO Recent Loss Of Weight	<input checked="" type="checkbox"/> NO Allergy To Drugs / Chemical	<input checked="" type="checkbox"/> NO High BP



**PAST OPERATIVE HISTORY**

<input checked="" type="checkbox"/> NO Hydrocele	<input checked="" type="checkbox"/> NO Renal Calculus	<input checked="" type="checkbox"/> NO Duodneal Ulcer
<input checked="" type="checkbox"/> NO Hernia	<input checked="" type="checkbox"/> NO Tonsillitis	<input checked="" type="checkbox"/> NO Appendicitis
<input checked="" type="checkbox"/> NO Cataract	<input checked="" type="checkbox"/> NO DNS	<input checked="" type="checkbox"/> NO Piles



**OTHER PAST OPERATIVE HISTORY** : No

**OTHER COMPLAINTS** : No

**PAST HISTORY** : No

**FAMILY HISTORY** : No

**ADDICTIONS** : Smoke : No | Drinks : No | Diet : Veg | Pan : No | Tobacco : No | Gutka : No

**VISION**

WITHOUT GLASSES		WITH GLASSES		COLOUR BLINDNESS
NEAR	R <input type="text" value="N-24"/> L <input type="text" value="N-36"/>	NEAR	R <input type="text" value="N-6"/> L <input type="text" value="N-6"/>	<input type="text" value="NO"/>
FAR	R <input type="text" value="6/36"/> L <input type="text" value="6/36"/>	FAR	R <input type="text" value="6/6"/> L <input type="text" value="6/6"/>	



**VISION REMARK** : NORMAL WITH GLASS

Medical Test Date : 26-03-2022  
Name : Sachin Wakode

Test Code : AHC-52  
Emp Code :

### CLINICAL EXAMINATION

#### GENERAL & DERMATOLOGY EXAMINATION

General Condition	: Good	Nails	: NAD
Oedema Feet	: Absent	Skin	: Normal
Temperature	: Normal	Deformities	: None

#### CARDIOVASCULAR

Heart Sound : Normal

#### ABDOMEN

Liver	: Not Palpable	Spleen	: Not Palpable
		Other Masses	: NAD

#### GENITO URINARY

Ext. Genitalia	: Normal	Discharge	: No
		Hydrocele	: Normal

#### LYMPHATIC AND ENDOCRINE

Lymph Nodes	: Not Palpable	Thyroid	: Not Palpable
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#### MUSCULO SKETEAL

Bones	: NAD	Joints	: NAD
		Posture Spine	: Normal

#### NERVOUS SYSTEM

Sensory System	: Normal	Reflexes	: Normal
		Motor System	: Normal

#### EYE CHECKUP

Conjunctiva	: Normal	Cornea	: Normal
Pupil	: Normal	Fundus	: NAD

E.C.G : Within Normal Limits

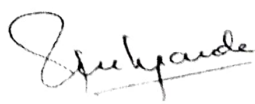
PFT : NA

ADVICE : Normal Health.

RESULT : This is to certify that the employee is free from contagious and obnoxious disease including skin & Tuberculosis. Hence found to be fit for the respective job.

\*NAD - No Abnormality Ditected  
NA - Not Applicable

**Dr. Rahul S Deshpande**  
M.B.B.S. D. Ortho A.F.I.H (Mumbai)  
Regd. No. 081019  
HARDEV. HEALTH. CARE

  
**Dr. Rahul Deshpande**  
M.B.B.S., ORTHO, A.F.I.H. (C.L.I)  
Industrial Health Consultant

Medical Test Date : 26-03-2022

Test Code : AHC-52

Name : Sachin Wakode

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**BLOOD GROUP & RH FACTOR**

Blood Group : 'B'

Rh Typing : 'Positive'

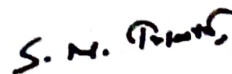
**EXAMINATION OF HEMATOLOGY**

NAME	RESULT	UNITS	NORMAL RANGE
Haemoglobin	15.5	mg/dl	13 - 17
RBC	<b>5.82*</b>	mill/cumm	4.5 - 5.5
PCV / HCT	49.2	%	40 - 50
MCV	84.5	fl	83 - 101
MCH	<b>26.6*</b>	pg	27 - 32
MCHC	31.5	g/dl	31.5 - 34.5
RDW	13.3	%	11.6 - 14
Total WBC Count	5300	mill/cumm	4000 - 10000
Neutrophils	59	%	40 - 80
Lymphocytes	36	%	20 - 40
Monocytes	04	%	2 - 10
Eosinophils	01	%	1 - 6
Basophils	00	%	0 - 1
Platelet Count	258000	per cu. mm.	150000 - 410000
ESR	10	mm	0 - 20
<b>DIABETIC PROFILE</b>	<b>RESULT</b>	<b>UNITS</b>	<b>NORMAL RANGE</b>
HbA1c	4.94	mgdl	4 - 6.5
Blood sugar fasting	94.1	mg/dl	70 - 120
<b>KIDNEY FUNCTION TEST</b>			
S. creatinine	1.12	mg/dl	0.5 - 1.5
Uric acid	5.61	mg/dl	4.5 - 6.7
Urea	32.74	mg/dl	14 - 40
Blood urea nitrogen	15.29	mg/dl	6 - 21
Bun/Creatinine Ratio	29.2	-NA-	10 - 30

**EXAMINATION OF URINE**

PHYSICAL EXAMINATION	CHEMICAL EXAMINATION	MICROSCOPIC EXAMINATION
Quantity : 30ml	Proteins : Absent	Erythrocytes : Absent
Color : Pale Yellow	Glucose : Absent	Epithelial Cell : 1-2 hpf
Appearance : Clear	Specific Gravity : 1.020	Pus Cell : 6-7 hpf
Deposit : Absent	Ketones : Absent	Bacteria : Not seen
Urobilinogen : Absent	Occult Blood : Negative	Casts : Not seen
	Nitrite : Absent	Crystals : Not seen
		A. Material : Not seen

N.B. : Above investigation have their limitations and should be interpreted by referring physician accordingly. Solitary Radiological/Pathological and other investigations do not confirm the final diagnosis of disease.



Dr. Surya N. Tripathi  
Consulting Pathologist  
Reg No - 2000/04/1994

Medical Test Date : 26-03-2022  
 Name : Sachin Wakode

 Test Code : AHC-52  
 Emp No :

**BIOCHEMICAL EXAMINATION**

LIPID PROFILE	RESULT	UNITS	NORMAL RANGE
Total cholesterol	155.0	mg/dl	130 - 200
Hdl cholesterol	47	mg/dl	40 - 60
Ldl cholesterol	<b>81.44*</b>	mg/dl	95 - 145
VLDL	26.56	mg/dL	2 - 30
LDL/HDL RATIO	1.73	--NA--	0.5 - 3.5
Triglycerides	132.8	mg/dl	70 - 140
Cholesterol/HDL Ratio	2.83	mg/dl	0 - 4.5
LIVER FUNCTIN TEST			
Total bilirubin	0.6	mg/dl	0.2 - 1.2
Direct bilirubin	0.3	mg/dl	0 - 0.5
Indirect bilirubin	0.3	mg/dl	0 - 0.3
SGOT	29.1	/ml	0 - 40
SGPT	27.0	/ml	0 - 40
Protein	6.9	g/dl	6 - 8
Albumin	4.1	g/dl	3.5 - 5.5
S. Globulin	2.8	g/dl	2.5 - 3.5
Alkaline phosphatase	102.8	u/l	50 - 150
GGT	24.0	u/l	10 - 50



 Dr. Surya N. Tripathi  
 Consulting Pathologist  
 Reg No - 2000/04/1994



TEST DATE : 26-03-2022  
REF. BY : HARDEV HEALTH CARE  
EMP CODE :  
NAME : Sachin Wakode  
TEST ASKED: TSH

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
T3	C.L.I.A.	110.7	ng/dl	60 - 200
T4	C.L.I.A.	8.60	µg/dl	4.5 - 12
Thyroid Stimulating Hormone (TSH)	C.L.I.A.	0.79	µIU/mL	0.3 - 5.5

Comments : \*\*\*

Please correlate with clinical conditions.

Method :

TSH - ULTRA SENSITIVE SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

--End Of Report--

Sample Collected on (SCT) : 26-03-2022

Sample Received on (SRT) : 27.03.2022

Report Released on (RRT) : 28 March 2022

Sample Type : SERUM

Labcode : 110741711/AND45

Test Code : AHC-52

Dr.Durgaprasad N Agrawal MD Dr.Caesar Sengupta MD

Medical Test Date : 26-03-2022

Test Code : AHC-52

Name : Sachin Wakode

Emp Code :

**X-RAY OF THE CHEST P.A. VIEW**

There is no mediastinal shift.

The heart and aorta appears to be normal.

No pleural abnormality is noted.

The bony thorax is normal.

**IMPRESSION** : Normal Study

**SUGGEST** : Clinico pathological correlation & sos f/u.

Please note that imaging conclusion need to be correlated with clinical findings & other investigations for final diagnosis.



Dr. N.P. CHHALLANI.  
MBBS., DMRE, AFIH  
TMC/MOH/PNDT/234

Medical Test Date : 26-03-2022

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3ch x 4 + (1ch)

Name: AHC-52

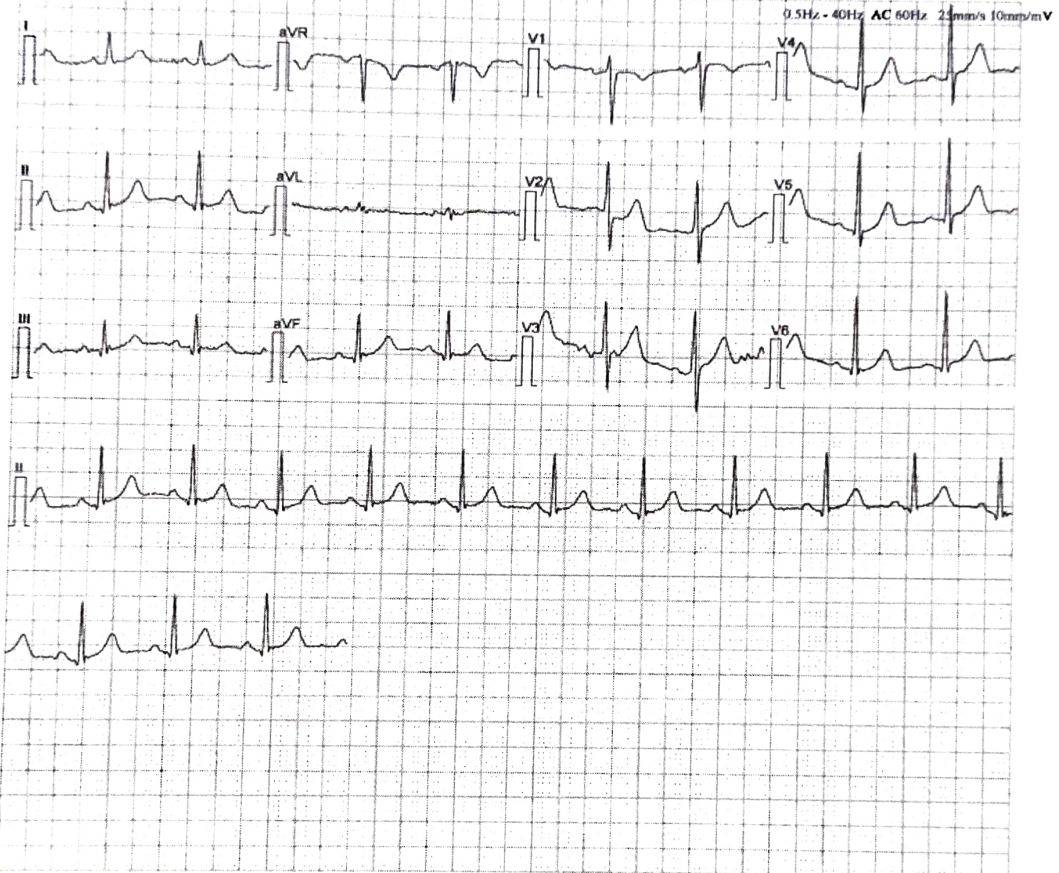
ID 20210894936707

Sex: Male

Hospital:

Date of Birth: 39

Department:



<b>[Measurement]</b>			
HR: 88 bpm	P Width: 80 ms	RV5/SV1: 1.742/-1.038 mV	
P Axis: 73 deg	PR Interval: 142 ms	RV5+SV1: 2.780 mV	
QRS Axis: 54 deg	QRS Duration: 90 ms		
T Axis: 60 deg	QT/QTc Interval: 352/426 ms		
<b>[Analysis Result]</b>			
** normal ECG **			
Sinus rhythm			
			Reporter: _____

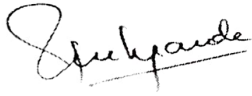
Notice: All the parameters and conclusions should be confirmed by doctor

Dr. Kailash Changani  
M.D.(Med)  
Reg No - 58574

Date : 26-03-2022

## FITNESS CERTIFICATE

This is to certify that **Mr. Sachin Wakode** Emp. No. age **32 Yrs.** has undergone the medical examination with us on **26-03-2022.** based on examination and investigation results he is free from infection / Contagious disease including skin & Tuberculosis for which diagnostic tests has been carried out and He is medically fit to continue his duties.



**Dr. Rahul S Deshpande**  
M.B.B.S. D. Ortho A.F.L.H (Mumbai)  
Regd. No. 081019  
HARDEV. HEALTH. CARE

Authorised Medical Practitioner





Hardev Health Care

### 12L Rhythm

19911676/SACHIN B WAIKAR 13 bpm  
39 Yrs/Male METS: 1.0  
78 Kg/171 Cms BP: ---/---  
Date: 01-Apr-2022 03:26:45 PM

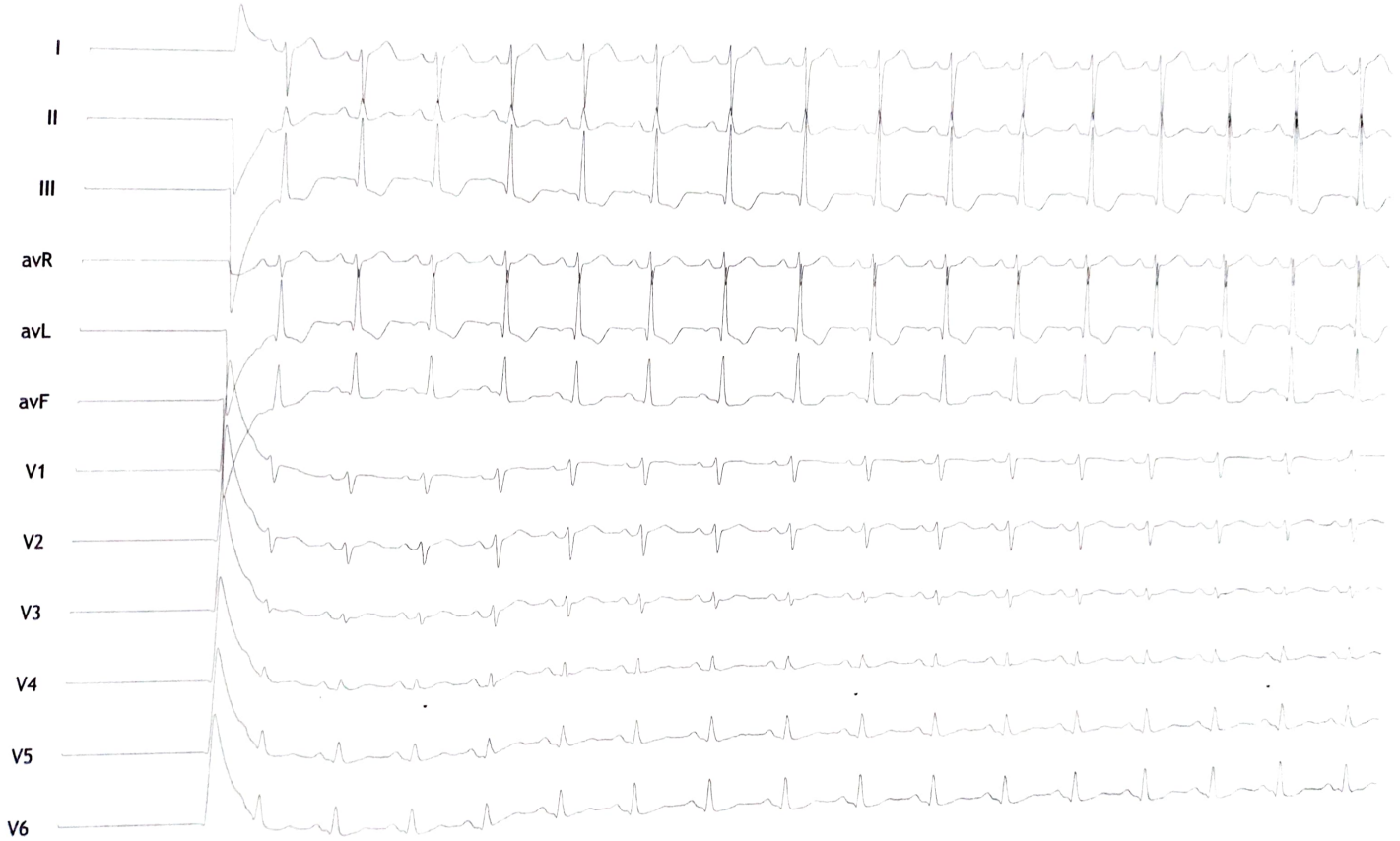
### Hardev Health Care LLP Mulund

MPHR: 62% of 181  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:16  
BLC :On  
Notch :On

PRE\_EX  
10.0 mm/mV  
25 mm/Sec.



Dr. Ameya S. Chavan (MD, DM Cardiology)

**Summary**

**Hardev Health Care LLP**  
**Mulund**  
19911676/SACHIN B WAKODE  
Date: 01-Apr-2022 03:26:45 PM

39 Yrs/Male 78 Kg/171 Cms

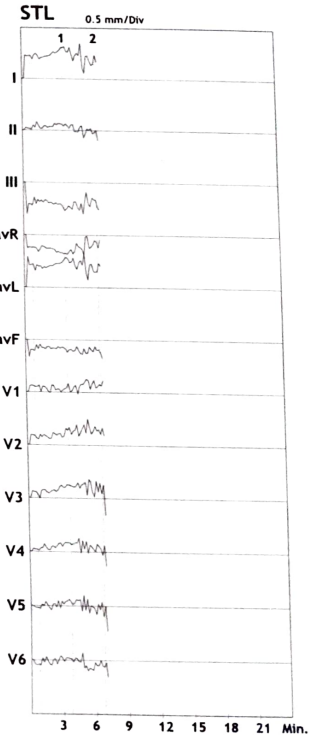
Ref. By : Dr. Ameya Chavan  
Medication : Nil  
Objective : NIL

Protocol : BRUCE  
History : Nil

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	112	---/---	0	-	
Standing					1.0	112	---/---	0	-	
HV					1.0	117	---/---	0	-	
ExStart					1.0	118	---/---	0	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	137	---/---	0	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	172	---/---	0	-	

**Findings :**

Exercise Time :00:00  
Max HR Attained :172 bpm 95% of Max Predictable HR 181  
Max BP : 0/0(mmHg)  
Max WorkLoad attained :7.1(Fair Effort Tolerance)



Advice/Comments:









6L Frontal

Hardev Health Care LLP  
Mulund

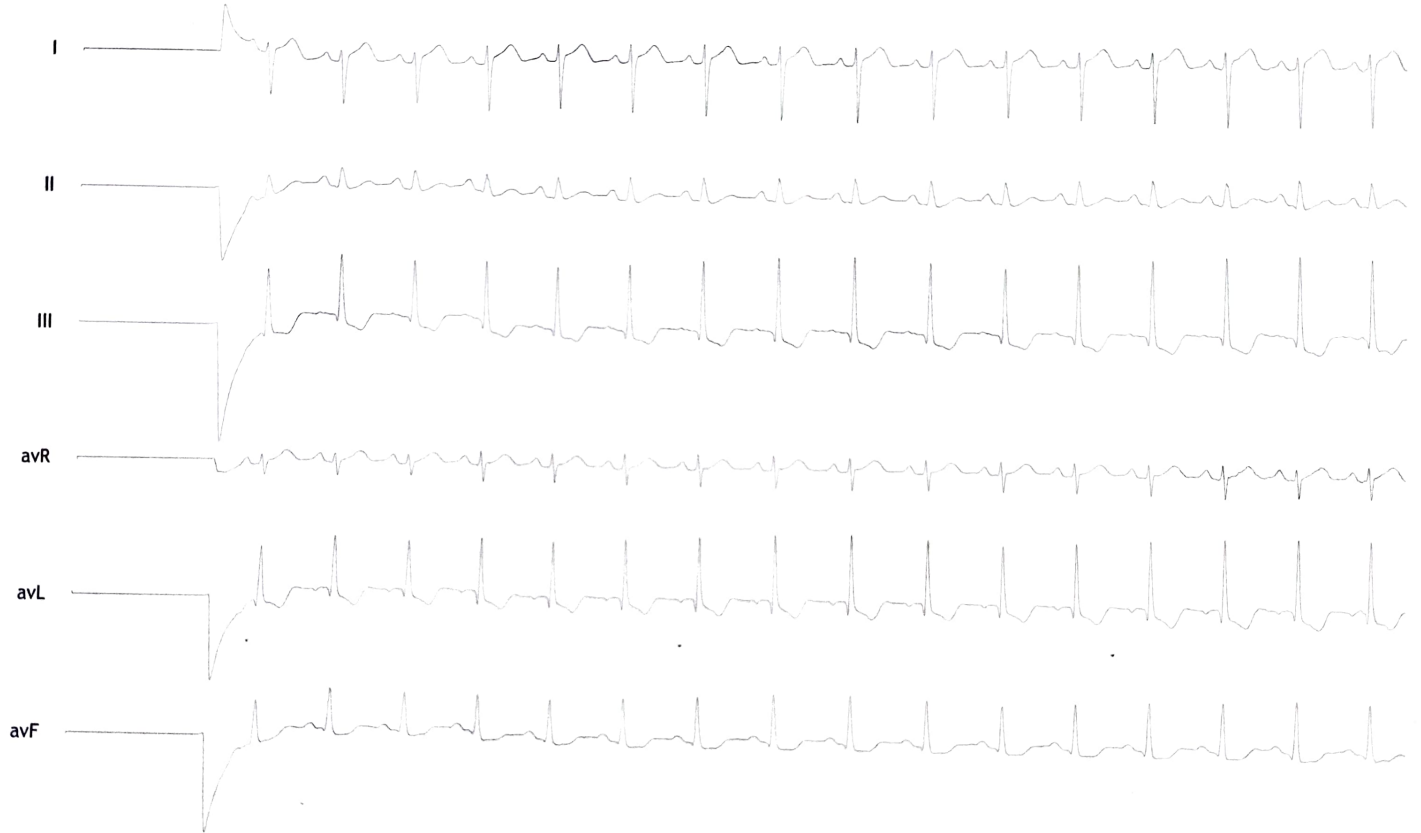
19911676/SACHIN B WAREDEI 13 bpm  
39 Yrs/Male METS: 1.0  
78 Kg/171 Cms BP: ---/---  
Date: 01-Apr-2022 03:26:45 PM

MHR: 62% of 181  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:16  
BLC :On  
Notch :On

PRE\_EX  
10.0 mm/mV  
25 mm/Sec.



**6L PreCordial**

19911676/SACHIN B WAIKOLDEI 13 bpm  
39 Yrs/Male METS: 1.0  
78 Kg/171 Cms BP: ---/---  
Date: 01-Apr-2022 03:26:45 PM

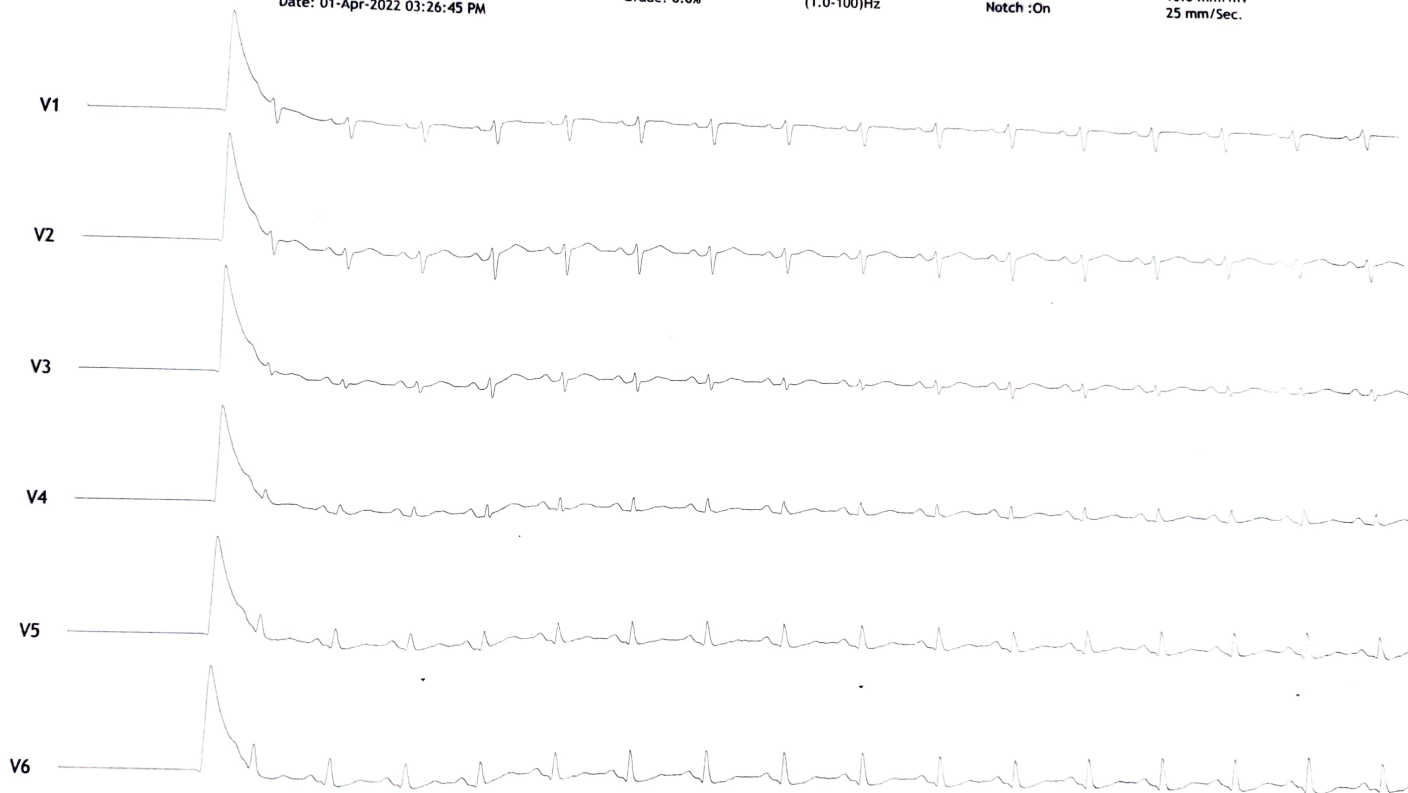
**Hardev Health Care LLP**  
**Mulund**

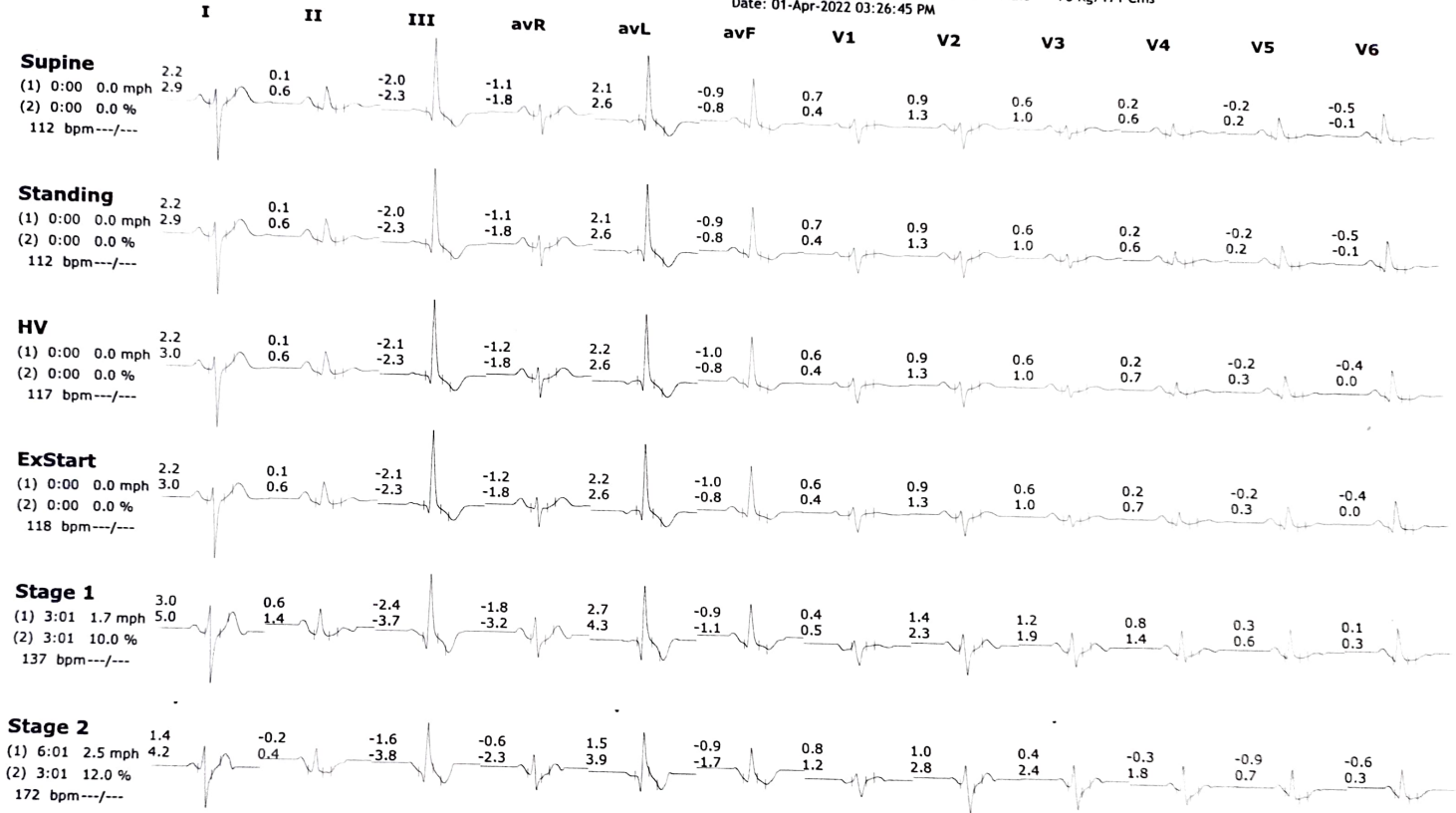
MPCR: 62% of 181  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:16  
BLC :On  
Notch :On

**PRE\_EX**  
10.0 mm/mV  
25 mm/Sec.





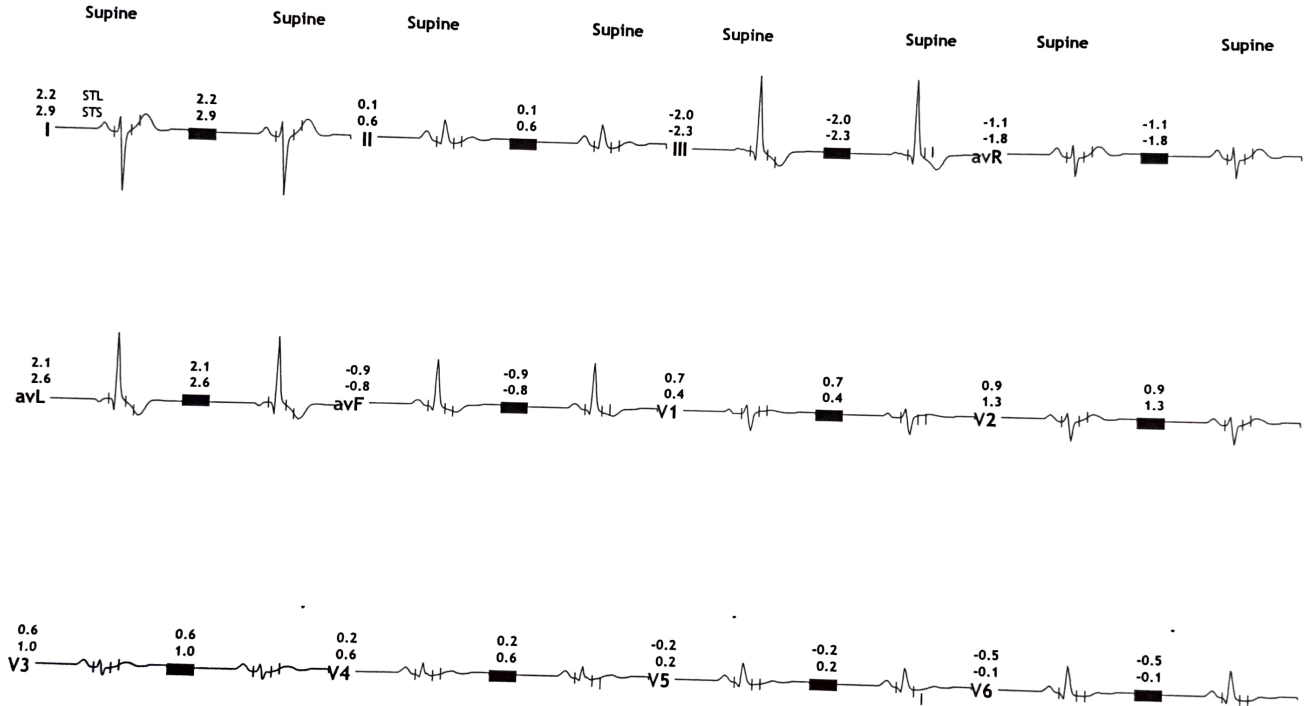


# Comparison Report ( Supine Vs Supine)

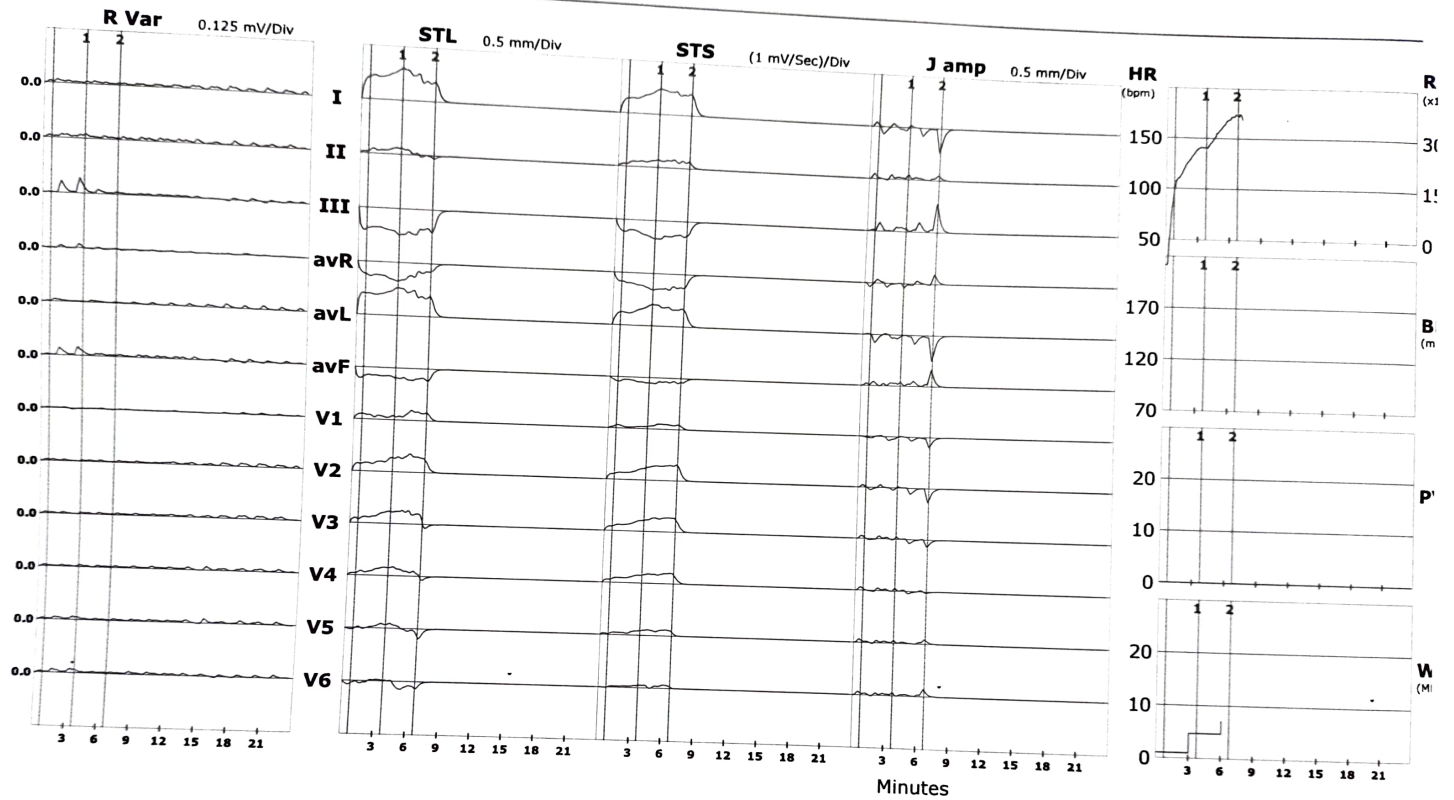
Hardev Health Care LLP  
Mulund

19911676/SACHIN B WAKODE 39 Yrs/Male 78 Kg/171 Cms  
Protocol: BRUCE Date: 07-Apr-2022 03:26:45 PM

Supine :	PhTime 0:32	StageTime 0:01	0.0 mph	0.0%	1.0 METs	112 bpm	---/---	@57ms Post J
Supine :	PhTime: 0:32	StageTime: 0:01	0.0 mph	0.0%	7.1 METs	112 bpm	---/---	@57ms Post J









# Linked Median Report

**Hardev Health Care LLP**  
**Mulund**

19911676/SACHIN B WAKODE 39 Yrs/Male 78 Kg/171 Cms  
 Date: 01-Apr-2022 03:26:45 PM

Time (Min.)	HR (Bpm)	PR Int (mS)	QRS Wid (mS)	QRS Axls (Deg.)	QTC (mS)	P(μV) (Max)	R(μV) (Max)	S(μV) (Min)	T(μV) (Max)	Min. J (μV)	Leads for (J & PJ)	Min. Post (μV)	JRR Var (%)	PVC (Counts)	Missed Beats (Counts)
00 : 30	118	147	80	132	417	118	780	-679	191	-12	III	-146	17.39	-	-
01 : 00	113	150	77	115	400	130	605	-581	200	-41	III	-108	172.88	-	-
01 : 30	128	133	73	118	422	129	636	-552	187	6	III	-90	1.43	-	-
02 : 00	132	127	73	115	428	128	579	-515	173	-10	III	-108	3.57	-	-
02 : 30	141	117	90	115	414	131	565	-497	174	-22	III	-189	2.33	-	-
03 : 00	142	117	80	118	398	144	549	-486	182	-22	III	-195	2.40	-	-
03 : 30	140	107	57	115	362	139	561	-524	192	-31	III	-224	3.03	-	-
04 : 00	149	110	90	115	392	153	546	-495	210	-37	III	-236	2.44	-	-
04 : 30	157	90	63	124	386	179	479	-498	193	-67	III	-120	103.57	-	-
05 : 00	164	87	63	108	378	165	453	-492	211	-16	III	-157	16.67	-	-
05 : 30	168	90	60	115	391	143	475	-478	195	75	III	-100	107.84	-	-
06 : 00	171	87	60	123	376	130	467	-447	171	16	III	-165	83.93	-	-
06 : 30	173	80	60	123	372	143	475	-435	169	-4	III	-175	82.46	-	-



ST Summary

Hardev Health Care LLP  
Mulund

19911676/SACHIN B WAKODE  
Date: 01-Apr-2022 03:26:45 PM

39 Yrs/Male 78 Kg/171 Cms

		Protocol : BRUCE											
		I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6
STL (mm) 60 mSecs Post J	Supine	2.2	0.1	-2.0	-1.1	2.1	-0.9	0.7	0.9	0.6	0.2	-0.2	-0.5
	Standing	2.2	0.1	-2.0	-1.1	2.1	-0.9	0.7	0.9	0.6	0.2	-0.2	-0.5
	HV	2.2	0.1	-2.0	-1.1	2.1	-0.9	0.7	0.9	0.6	0.2	-0.2	-0.5
	ExStart	2.2	0.1	-2.1	-1.2	2.2	-1.0	0.6	0.9	0.6	0.2	-0.2	-0.5
	Stage 1	3.0	0.6	-2.4	-1.8	2.7	-0.9	0.4	1.4	1.2	0.8	0.3	0.1
	Stage 2	1.4	-0.2	-1.6	-0.6	1.5	-0.9	0.8	1.0	0.4	-0.3	-0.9	-0.6
STS mV/Sec.	Supine	2.9	0.6	-2.3	-1.8	2.6	-0.8	0.4	1.3	1.0	0.6	0.2	-0.1
	Standing	2.9	0.6	-2.3	-1.8	2.6	-0.8	0.4	1.3	1.0	0.6	0.2	-0.1
	HV	2.9	0.6	-2.3	-1.8	2.6	-0.8	0.4	1.3	1.0	0.6	0.2	-0.1
	ExStart	3.0	0.6	-2.3	-1.8	2.6	-0.8	0.4	1.3	1.0	0.6	0.2	-0.1
	Stage 1	5.0	1.4	-3.7	-3.2	4.3	-1.1	0.5	2.3	1.9	1.4	0.6	0.3
	Stage 2	4.2	0.4	-3.8	-2.3	3.9	-1.7	1.2	2.8	2.4	1.8	0.7	0.3
STI $\mu$ Vs	Supine	6.6	-0.6	-7.2	-3.0	7.0	-4.0	3.3	2.7	1.3	-0.1	-1.7	-2.7
	Standing	6.6	-0.6	-7.2	-3.0	7.0	-4.0	3.3	2.7	1.3	-0.1	-1.7	-2.7
	HV	6.6	-0.6	-7.2	-3.0	7.0	-4.0	3.3	2.7	1.3	-0.1	-1.7	-2.7
	ExStart	6.9	-0.6	-7.5	-3.2	7.2	-3.9	2.9	2.5	1.2	-0.2	-1.6	-2.1
	Stage 1	6.6	0.7	-5.8	-3.5	6.2	-2.6	1.5	3.2	3.0	1.9	0.7	0.1
	Stage 2	0.7	-2.5	-3.0	0.9	1.9	-2.7	3.0	0.9	-1.9	-4.9	-6.6	-4.1