



132 / ARVIND KUMAR YADAV / 33 Yrs / M / 173 Cms / 86 Kg Date: 26-Mar-2022

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:08	0:08	00.0	00.0	01.0	061	33 %	140/90	085	00	
Standing	00:13	0:05	00.0	00.0	01.0	061	33 %	140/90	085	00	
HV	00:18	0:05	00.0	00.0	01.0	061	33 %	140/90	085	00	
ExStart	00:22	0:04	01.7	10.0	01.1	069	37 %	140/90	096	00	
BRUCE Stage 1	03:22	3:00	01.7	10.0	04.7	105	56 %	140/90	147	00	
BRUCE Stage 2	06:22	3:00	02.5	12.0	07.1	120	64 %	150/90	180	00	
BRUCE Stage 3	09:22	3:00	03.4	14.0	10.2	150	80 %	160/90	240	00	
PeakEx	09:42	0:20	04.2	16.0	10.6	158	84 %	170/90	268	00	
Recovery	10:42	1:00	00.0	00.0	04.3	100	53 %	170/90	170	00	
Recovery	11:42	2:00	00.0	00.0	01.0	093	50 %	170/90	158	00	
Recovery	13:42	4:00	00.0	00.0	01.0	082	44 %	140/90	114	00	
Recovery	15:08	5:26	00.0	00.0	01.0	089	48 %	140/90	124	00	

FINDINGS :

Exercise Time : 09:20
 Max HR Attained : 158 bpm 84% of Target 187
 Max BP Attained : 170/90
 Max Workload Attained : 10.6 Good response to induced stress
 Test End Reasons : Fatigue, Heart Rate Achieved

DR. SHAILAJA PILLAI
 M.D. (GEN.MED)
 R.NO. 49972

Doctor : DR SHAILAJA PILLAI



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REPORT :

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS: The initial HR was recorded as 61.0 bpm, and the maximum predicted Target Heart Rate 187.0. The BP increased at the time of generating report as 170.0/90.0 mmHg The Max Dep went upto 0.1. 0.0 Ectopic Beats were observed during the Test.
The Test was completed because of Fatigue, Heart Rate Achieved.

CONCLUSIONS:

1. TMT is negative for exercise induced ischemia.
2. Normal chronotropic and Normal inotropic response.
3. No significant ST T changes seen.

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R.NO. 48972

Doctor : DR SHAILAJA PILLAI

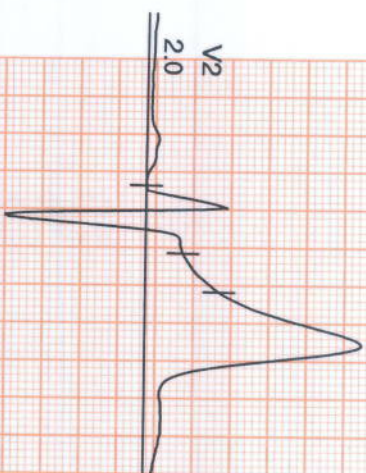
132 / ARVIND KUMAR YADAV / 33 Yrs / M / 173 Cms / 86 Kg / HR : 61

Date: 28-Mar-2022 11:03:58 AM METS: 1.0/61 bpm 33% of THR BP: 140/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz
 4X 80 ms Post J

SUPINE (00:01)



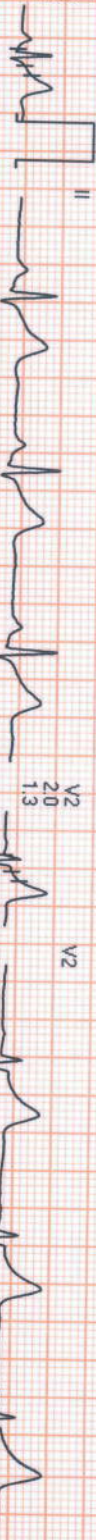
EXTime: 00:00 0.0 mph, 0.0%
 25 mm/Sec. 1.0 Cm/mV



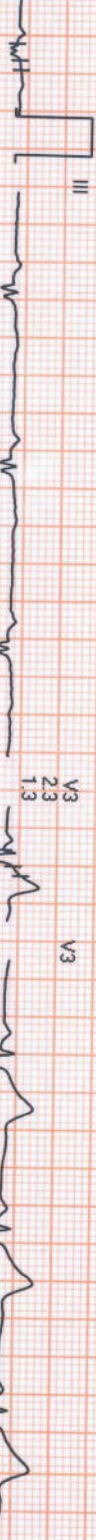
ST1 1.4
 STS 1.0



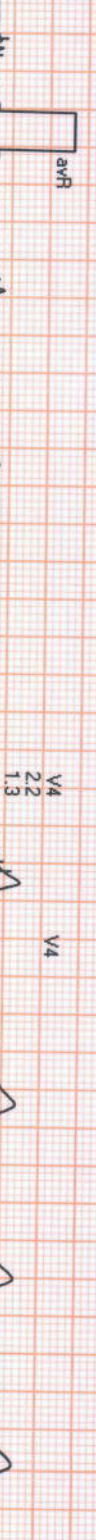
II 1.9
 1.2



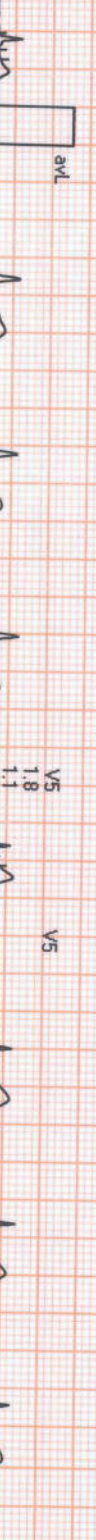
III 0.5
 0.2



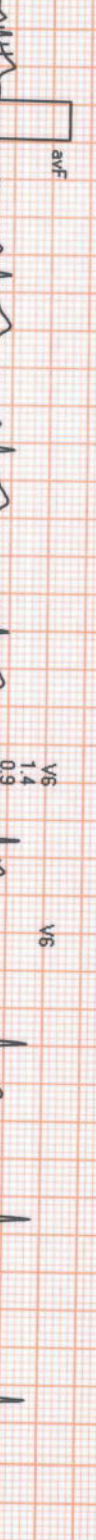
aVR -1.6
 -1.1



aVL 0.4
 0.4



aVF 1.2
 0.7



V1 -0.2
 -0.3



V2 2.0
 1.3



V3 2.3
 1.3



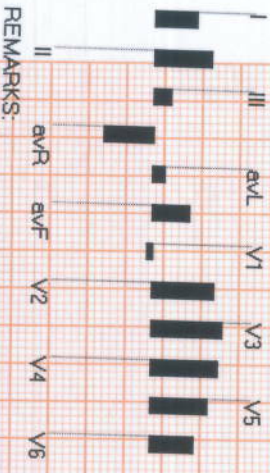
V4 2.2
 1.3



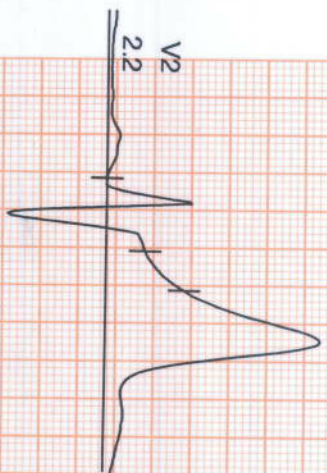
V5 1.8
 1.1



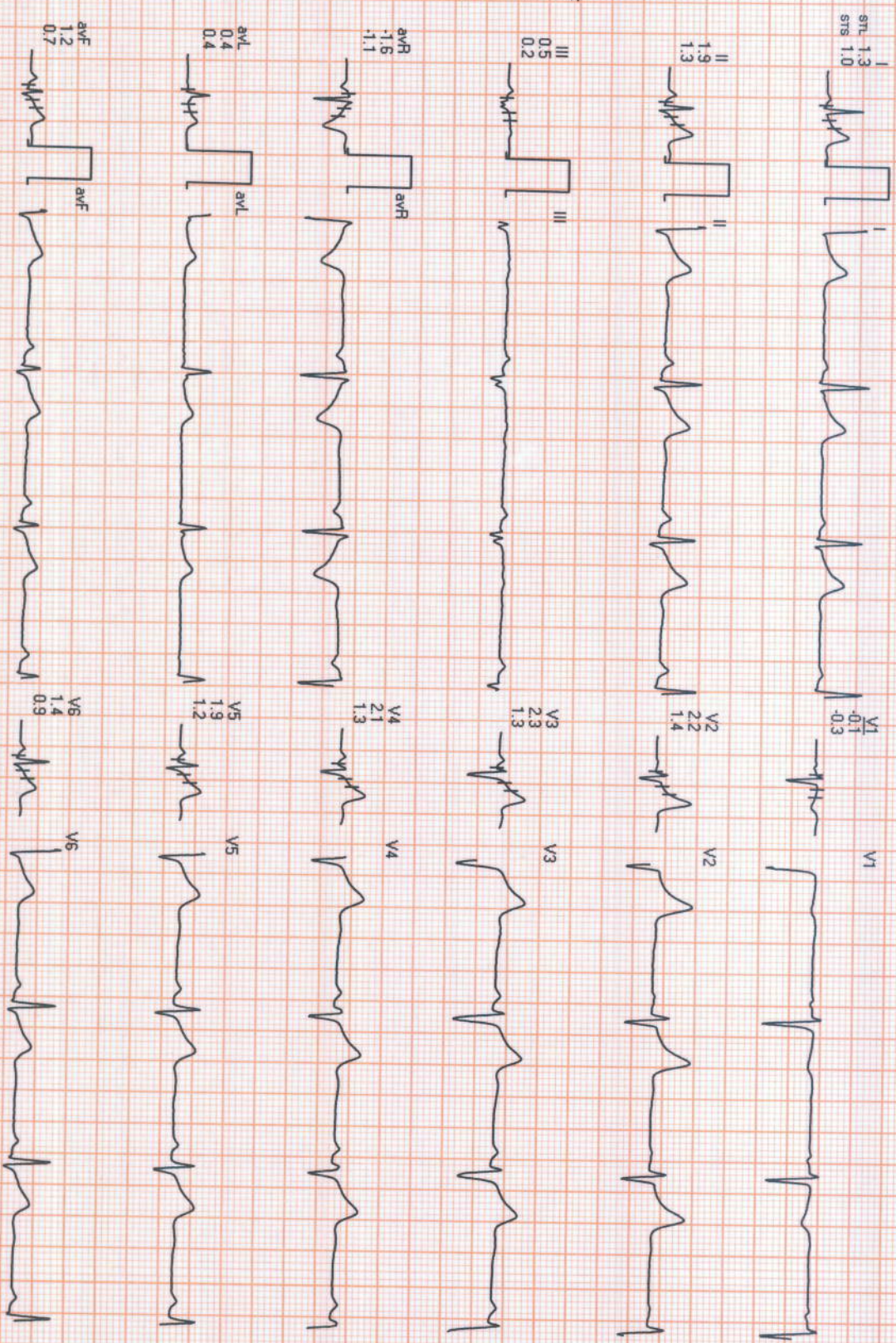
V6 1.4
 0.9



REMARKS:



STL 1.3
STS 1.0



REMARKS:

132 / ARVIND KUMAR YADAV / 33 Yrs / M / 173 Cms / 86 Kg / HR : 61

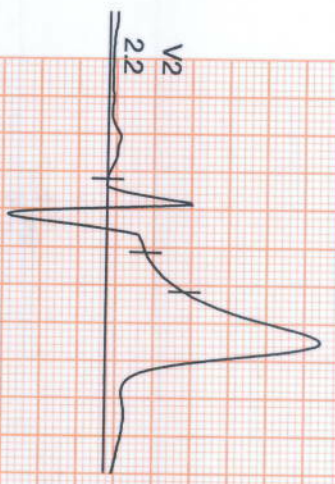
Date: 28-Mar-2022 11:03:58 AM
4X 80 ms Post J

METS: 1.0 / 61 bpm 33% of THR BP: 140/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

HV (00:00)



EXTime: 00:00 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV



STL 1.3
STs 1.0

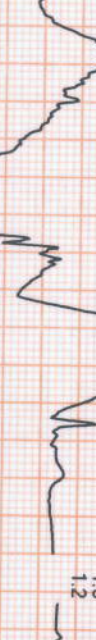
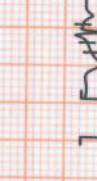
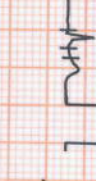
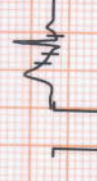
II 1.9
1.3

III 0.5
0.2

aVR -1.6
-1.1

aVL 0.4
0.4

aVF 1.2
0.7



V1 -0.3

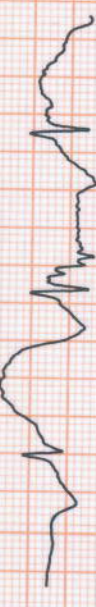
V2 2.2
1.4

V3 2.3
1.3

V4 2.1
1.3

V5 1.9
1.2

V6 1.4
0.9



REMARKS:

(ADX_GEM216201125)(A)Allergers

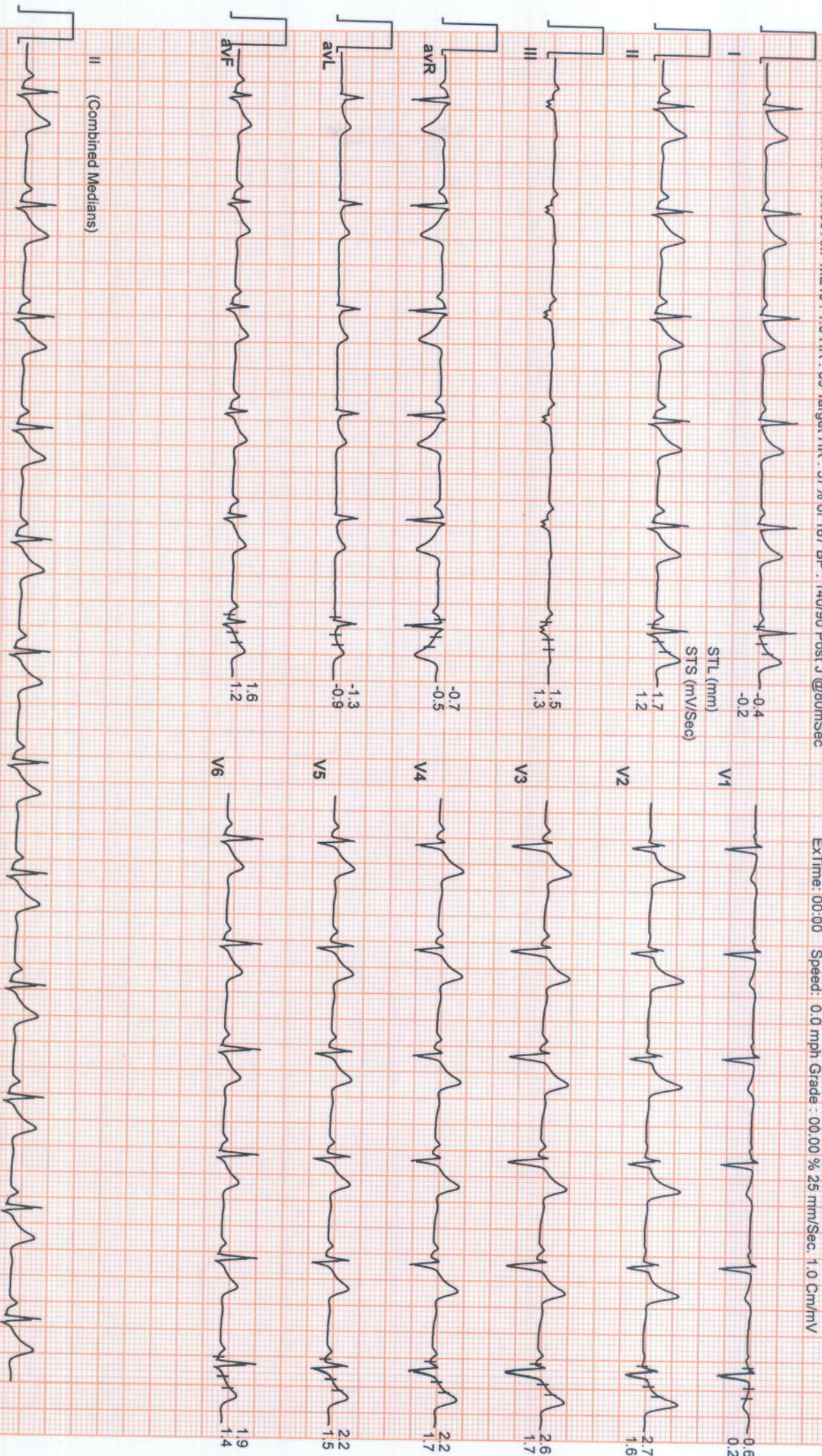
Date: 26 / 03 / 2022 11:03:58 AM METs : 1.0 HR : 69 Target HR : 37% of 187 BP : 140/90 Post J @80mSec

6X2 Combine Medians + 1 Rhythm

EXStt



ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS THANE GB

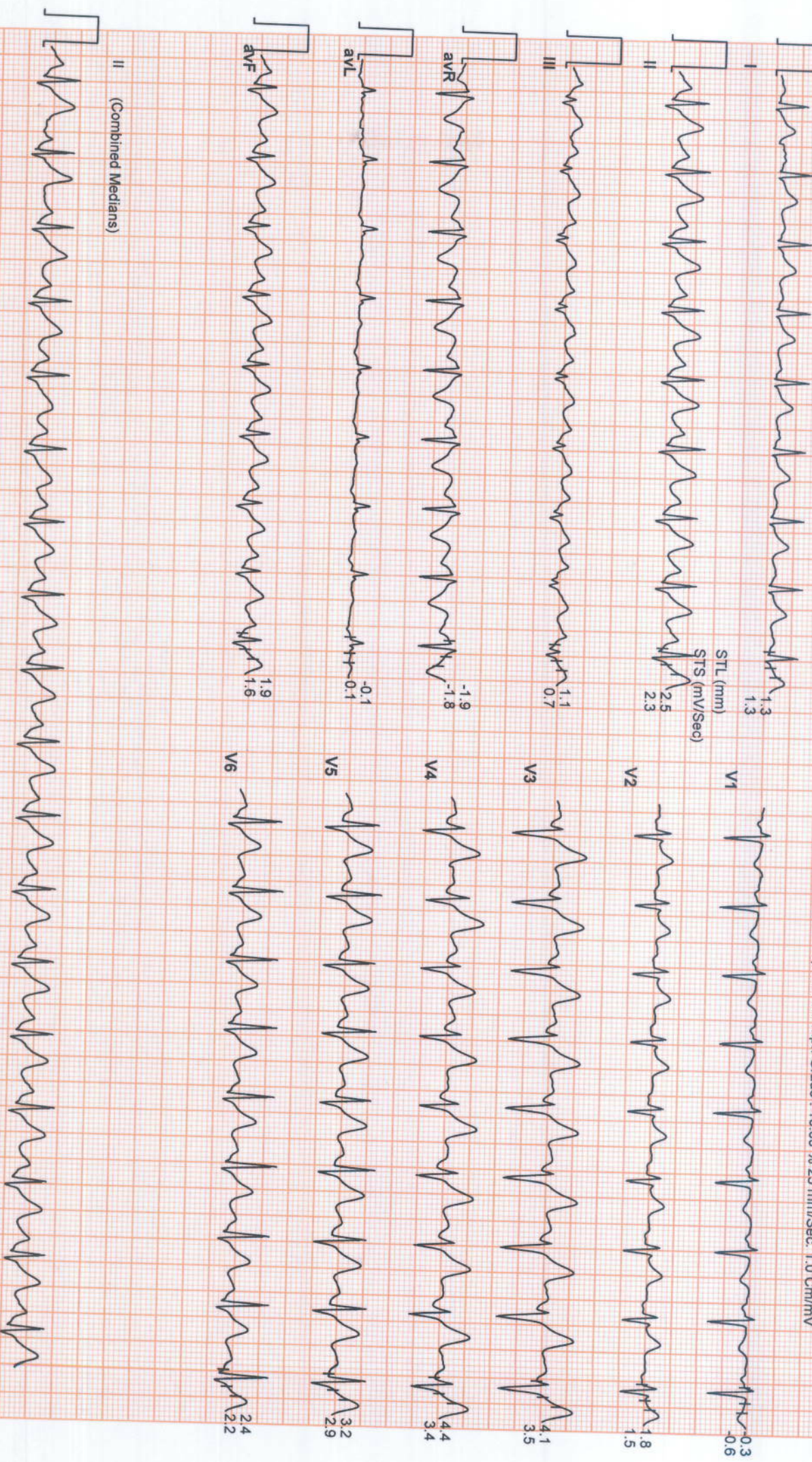
THANE GB
132 / ARVIND KUMAR YADAV / 33 Yrs / Male / 173 Cm / 86 Kg

Date: 26 / 03 / 2022 11:03:58 AM METs : 4.7 HR : 105 Target HR : 56% of 187 BP : 140/90 Post J @80mSec

6X2 Combine Medians + 1 Rhythm
BRUCE : Stage 1 (03:00)



ExTime: 03:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS THANE GB

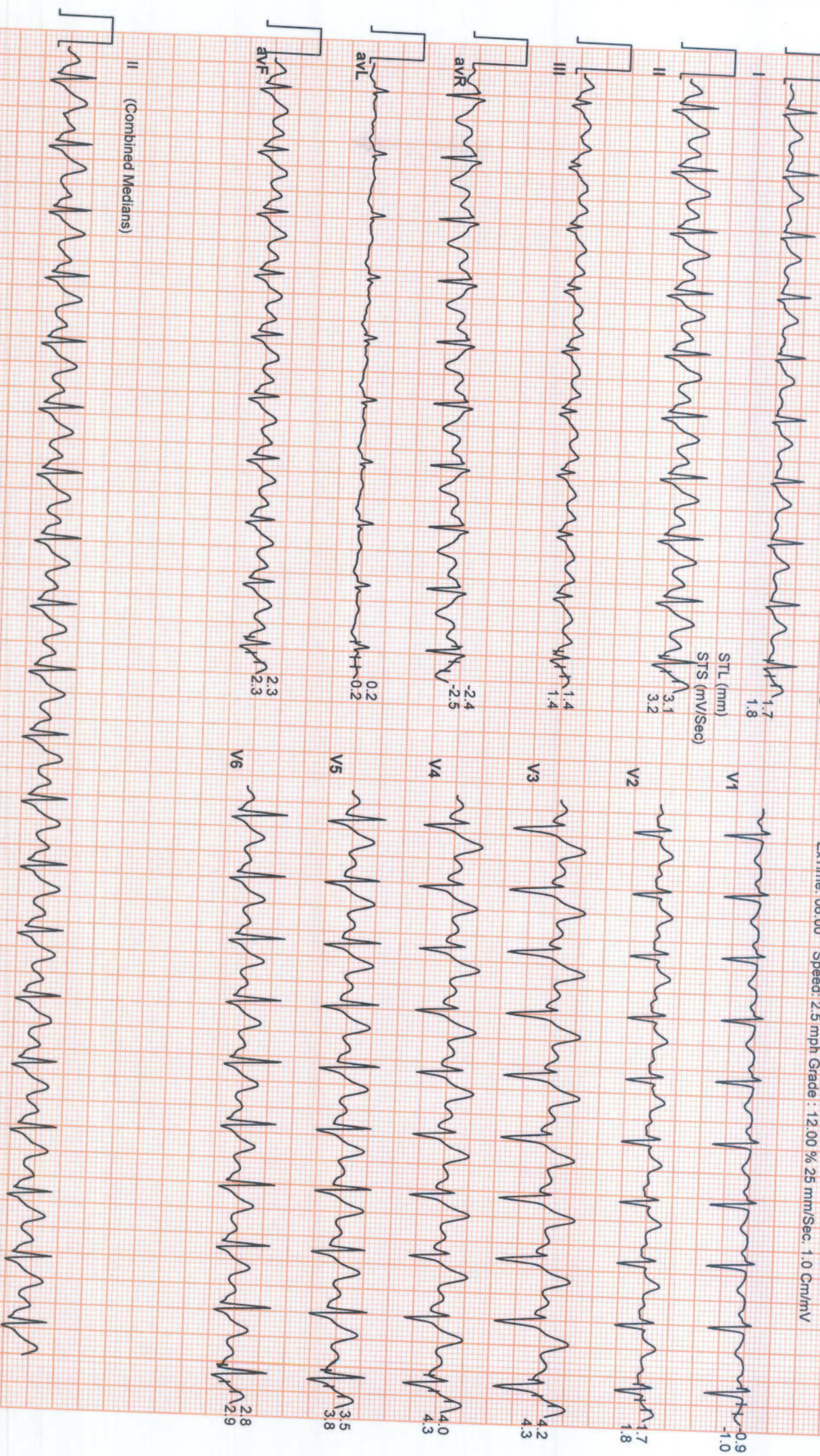
THANE GB
132 / ARVIND KUMAR YADAV / 33 Yrs / Male / 173 Cm / 86 Kg

Date: 26 / 03 / 2022 11:03:58 AM METs : 7.1 HR : 120 Target HR : 64% of 187 BP : 150/90 Post J @80mSec

6X2 Combine Medians + 1 Rhythm
BRUCE : Stage 2 (03:00)



EXTime: 06:00 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS THANE GB

THANE GB
132 / ARVIND KUMAR YADAV / 33 Yrs / Male / 173 Cm / 86 Kg

Date: 26 / 03 / 2022 11:03:58 AM METS : 10.2 HR : 150 Target HR : 80% of 187 BP : 160/90 Post J @60mSec

6X2 Combine Medians + 1 Rhythm
BRUCE : Stage 3 (03:00)

ExtTime: 09:00 Speed: 3.4 mph Grade : 14.00 % 25 mm/Sec. 1.0 Cm/mV



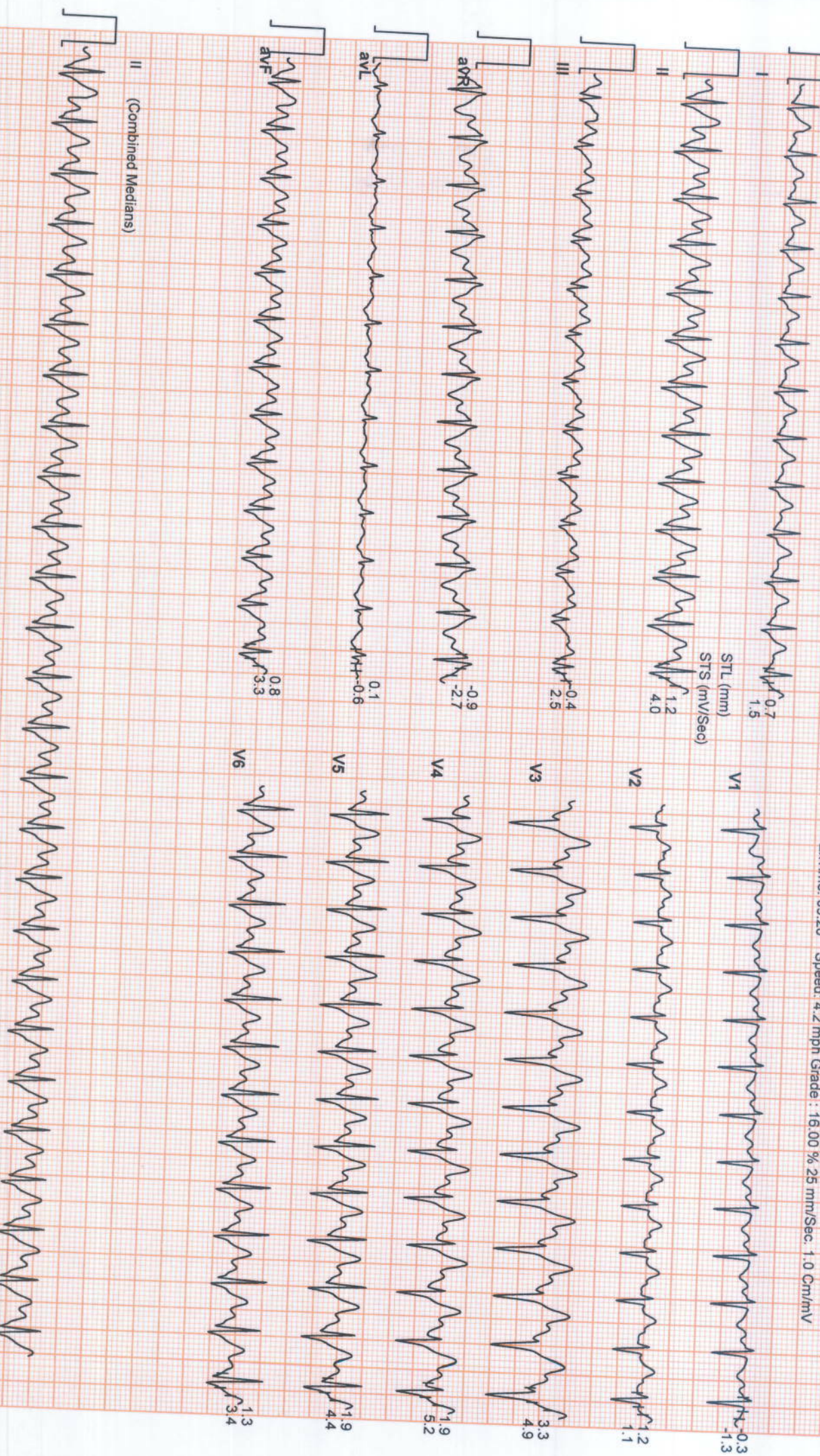
SUBURBAN DIAGNOSTICS THANE GB

THANE GB
132 / ARVIND KUMAR YADAV / 33 Yrs / Male / 173 Cm / 86 Kg

Date: 26 / 03 / 2022 11:03:58 AM METs : 10.6 HR : 158 Target HR : 84% of 187 BP : 170/90 Post J @60mSec

6X2 Combine Medians + 1 Rhythm
PeakEX

ExtTime: 09:20 Speed: 4.2 mph Grade : 16.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS THANE GB

THANE GB

132 / ARVIND KUMAR YADAV / 33 Yrs / Male / 173 Cm / 86 Kg

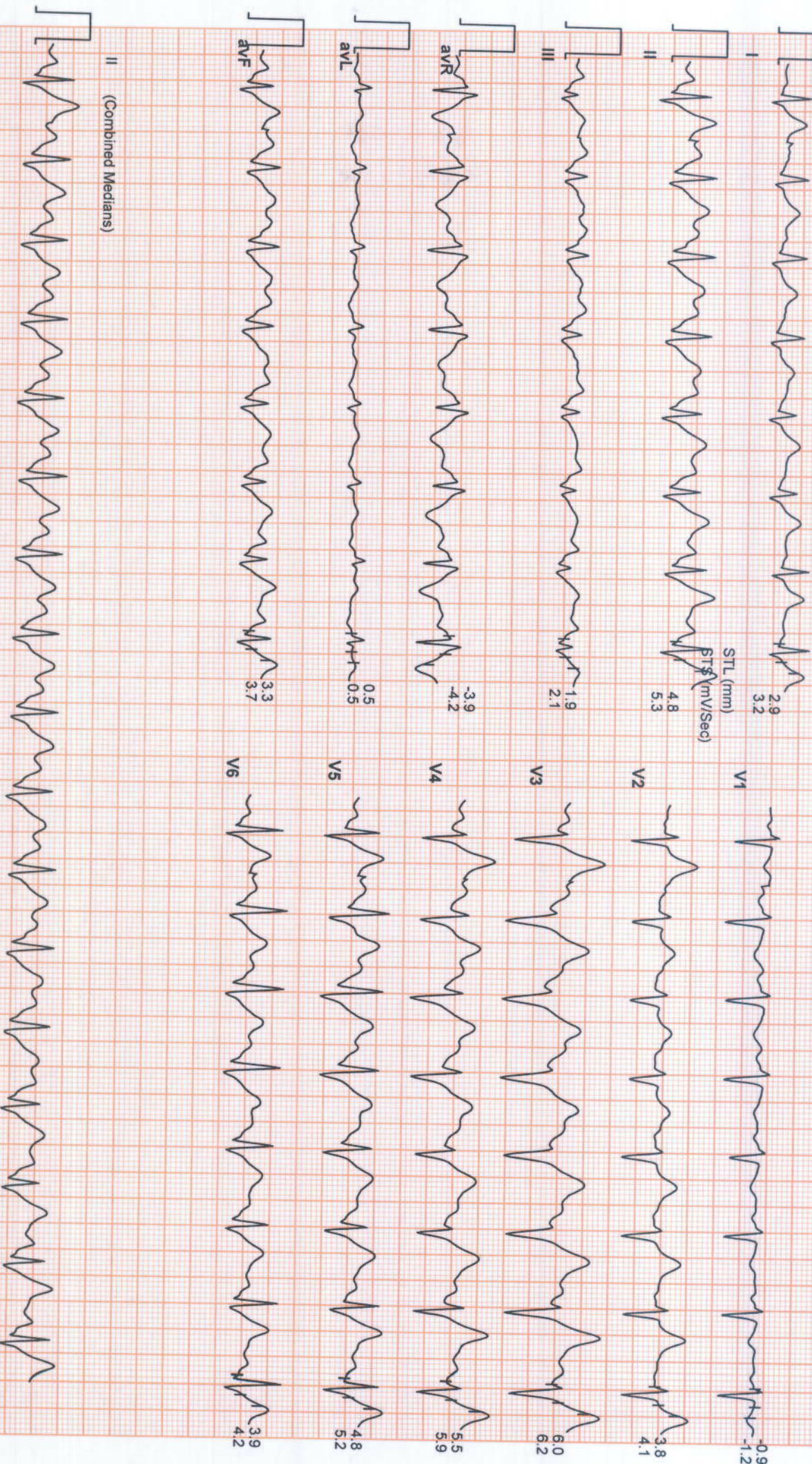
Date: 26 / 03 / 2022 11:03:58 AM METs : 4.2 HR : 100 Target HR : 53% of 187 BP : 170/90 Post J @80mSec

6X2 Combine Medians + 1 Rhythm

Recovery : (01:00)



ExTme: 09:20 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS THANE GB

THANE GB

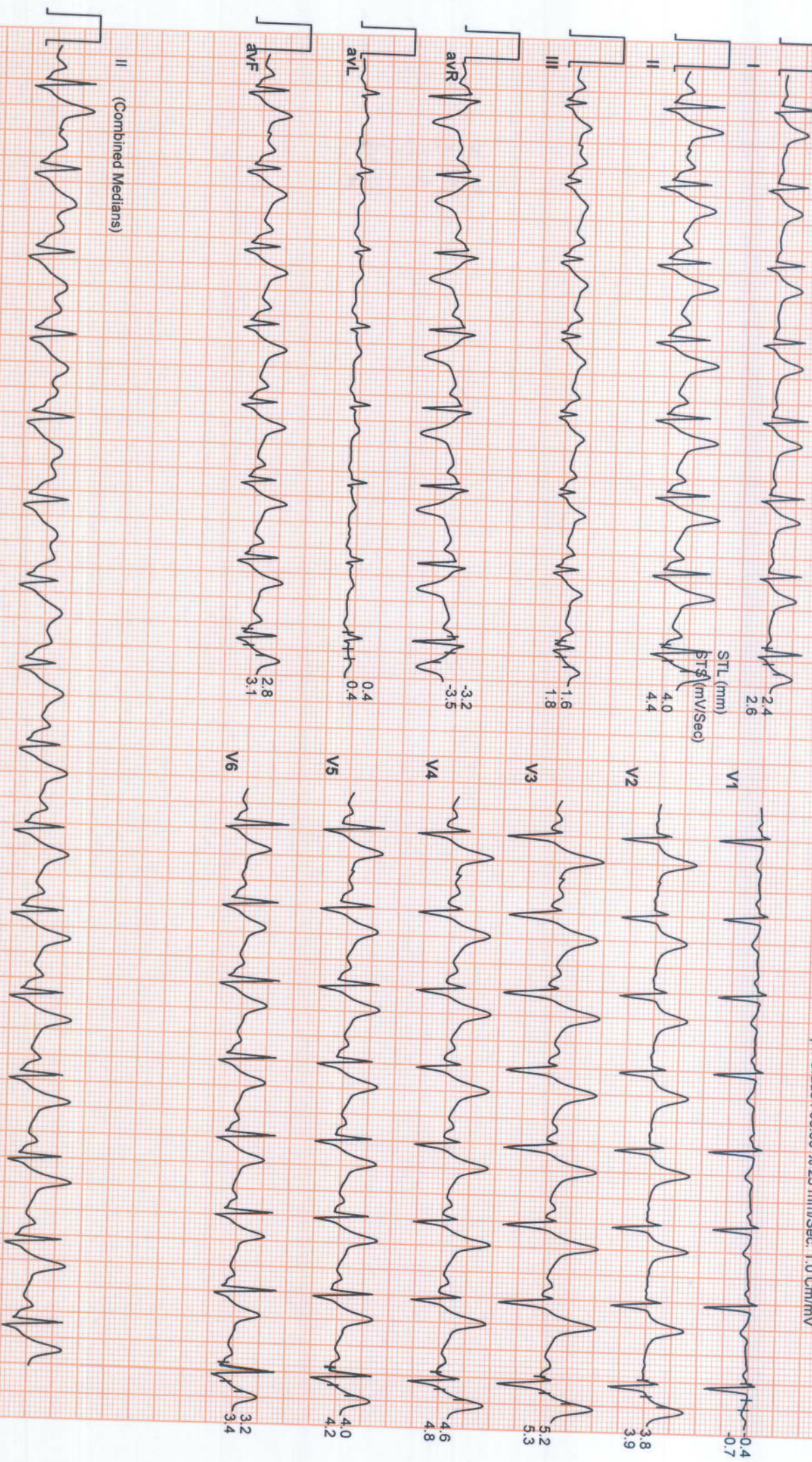
132 / ARVIND KUMAR YADAV / 33 Yrs / Male / 173 Cm / 86 Kg

Date: 26 / 03 / 2022 11:03:58 AM METs : 1.0 HR : 93 Target HR : 50% of 187 BP : 170/90 Post J @80mSec

6X2 Combine Medians + 1 Rhythm
Recovery : (02:00)



ExTime: 09:20 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS THANE GB

THANE GB

132 / ARVIND KUMAR YADAV / 33 Yrs / Male / 173 Cm / 86 Kg

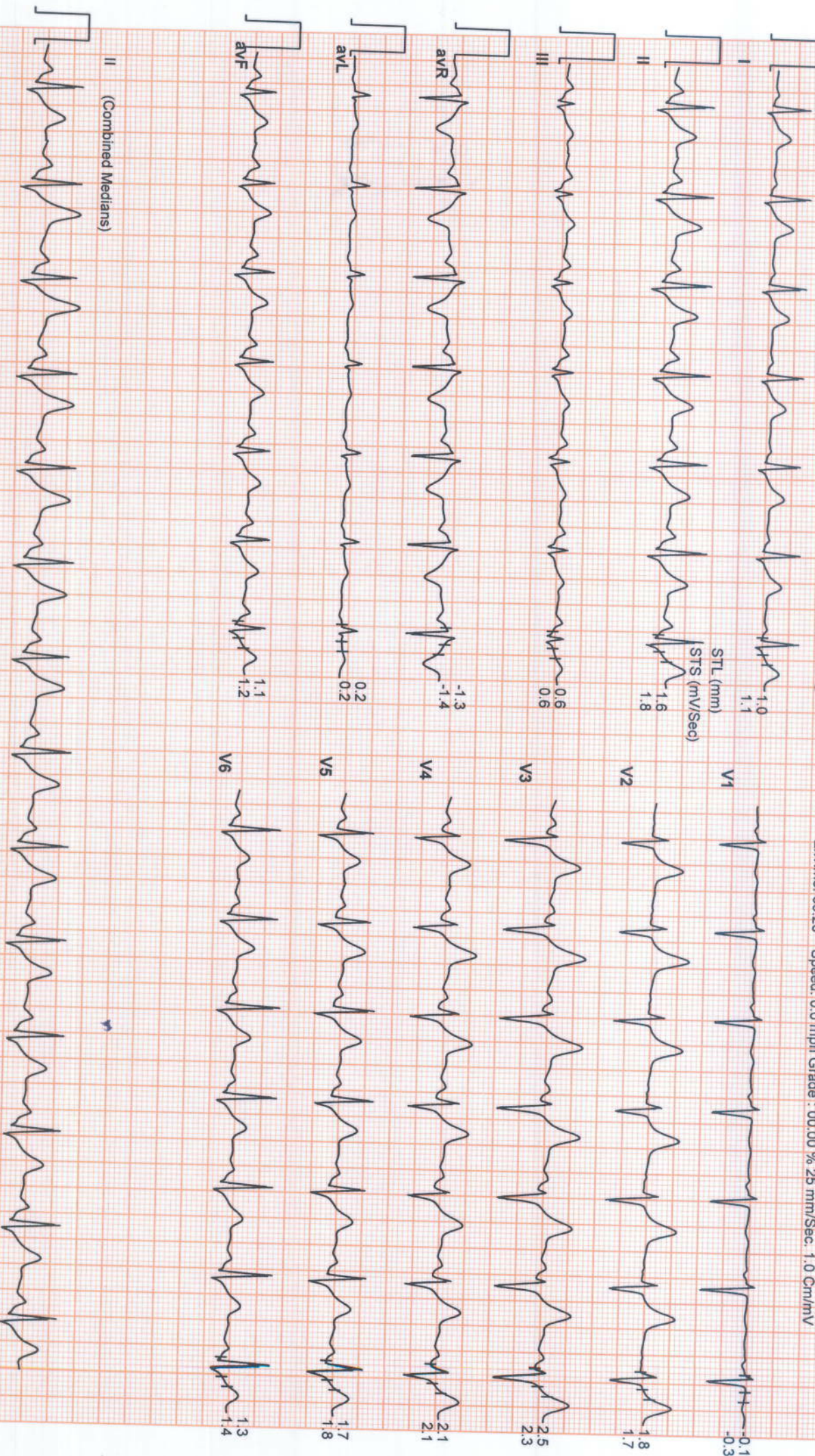
Date: 26 / 03 / 2022 11:03:58 AM METs : 1.0 HR : 82 Target HR : 44% of 187 BP : 140/90 Post J @80mSec

6X2 Combine Medians + 1 Rhythm

Recovery : (04:00)



ExTime: 09:20 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



SUBURBAN DIAGNOSTICS THANE GB

THANE GB

132 / ARVIND KUMAR YADAV / 33 Yrs / Male / 173 Cm / 86 Kg

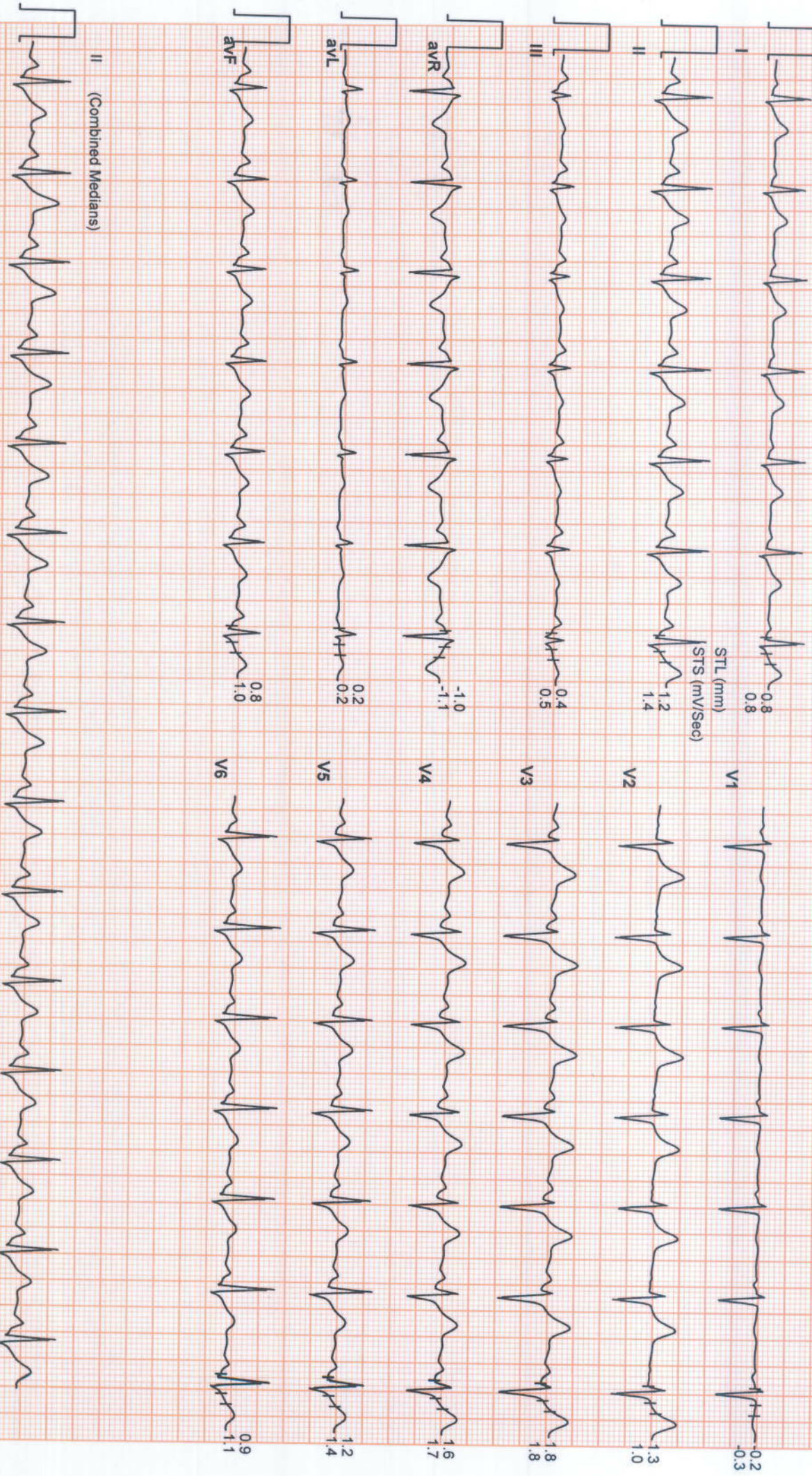
Date: 26 / 03 / 2022 11:03:58 AM METs : 1.0 HR : 89 Target HR : 48% of 187 BP : 140/90 Post J @80mSec

6X2 Combine Medians + 1 Rhythm



Recovery : (05:26)

ExtTime: 09:20 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



CID#	: 2208525778	SID#	: 177801467504
Name	: MR.ARVIND KUMAR YADAV	Registered	: 26-Mar-2022 / 10:05
Age / Gender	: 33 Years/Male	Collected	: 26-Mar-2022 / 10:05
Consulting Dr.	: -	Reported	: 26-Mar-2022 / 14:01
Reg.Location	: G B Road, Thane West (Main Centre)	Printed	: 26-Mar-2022 / 14:10

X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

No hilar abnormality is seen.

The cardiac size and shape are within normal limits.

The aorta shows normal radiological features.

The trachea is central.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

*** End Of Report ***

Dr. Patil

Dr.DEVENDRA PATIL
M.D(RADIO DIAGNOSIS)
RADIOLOGIST

ADDRESS: 2nd Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

HEALTHLINE - MUMBAI: 022-6170-0000 | **OTHER CITIES:** 1800-266-4343

For Feedback - customerservice@suburbandiagnosics.com | www.suburbandiagnosics.com

CID#	: 2208525778	SID#	: 177801467504
Name	: MR.ARVIND KUMAR YADAV	Registered	: 26-Mar-2022 / 10:05
Age / Gender	: 33 Years/Male	Collected	: 26-Mar-2022 / 10:05
Consulting Dr.	: -	Reported	: 26-Mar-2022 / 15:27
Reg.Location	: G B Road, Thane West (Main Centre)	Printed	: 26-Mar-2022 / 15:36

USG WHOLE ABDOMEN

LIVER: Liver appears normal in size and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus.

PORTAL VEIN: Portal vein is normal. **CBD:** CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

KIDNEYS: Right kidney measures 9.6 x 5.0 cm. Left kidney measures 10.4 x 4.4 cm. Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size and echotexture and measures 3.1 x 3.3 x 3.2 cm in dimension and 18.2 cc in volume. No evidence of any focal lesion. Median lobe does not show significant hypertrophy.

No free fluid or significant lymphadenopathy is seen.

CID#	: 2208525778	SID#	: 177801467504
Name	: MR.ARVIND KUMAR YADAV	Registered	: 26-Mar-2022 / 10:05
Age / Gender	: 33 Years/Male	Collected	: 26-Mar-2022 / 10:05
Consulting Dr.	: -	Reported	: 26-Mar-2022 / 15:27
Reg.Location	: G B Road, Thane West (Main Centre)	Printed	: 26-Mar-2022 / 15:36

IMPRESSION: USG ABDOMEN IS WITHIN NORMAL LIMITS.

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have inter-observer variations. Further/follow-up imaging may be needed in some cases for confirmation / exclusion of diagnosis.

*** End Of Report ***



Dr.GAURAV FARTADE
MBBS, DMRE
RADIOLOGIST

ADDRESS: 2nd Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

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Date:- 26/3/22
 Name:- Devant. Kumar. Yalav
 CID: _____ Sex / Age: M-33

EYE CHECK UP

Chief complaints: RCU
 Systemic Diseases: Nil
 Past history: Nil
 Unaided Vision: 32/60 XNBLH/6.
 Aided Vision:

Refraction:

	(Right Eye)				(Left Eye)			
	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance								
Near								

Colour Vision: Normal / Abnormal
 Remark: Good Vision

MR. PRAKASH KUDVA
 SR. OPTOMETRIST

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