



भारतीय विशिष्ट पहचान प्राधिकरण

भारत सरकार

Unique Identification Authority of India
Government of India

नागरिकन नम्बर / Enrollment No 1211/06607/01920

30713014
To
राजेश मेहरा
Gayatri Mehra
W/O- Krunjan Mehra
592 B sunar nagar
kalyandurga
muhana mand Road
Jaipur
Mansarovar Jaipur Jaipur
Rajasthan 302020
7877617153

Ref: 320 / 948 / 116324 / 116646 / P



SH904700555FT



आपका आधार क्रमांक / Your Aadhaar No.

3518 4200 2268

आधार - आम आदमी का अधिकार



भारत सरकार
Government of India



राजेश मेहरा
Gayatri Mehra
जन्म तिथि / DOB : 15/01/1984
लिंग / Female



3518 4200 2268

आधार - आम आदमी का अधिकार

**Health Check up Booking Confirmed Request(bobS44376),Package Code-
PKG10000283, Beneficiary Code-73118**

Mediwheel <wellness@mediwheel.in>

Thu 8/17/2023 7:15 PM

To: Priyanshu Raj <361951@narayanahealth.org>

Cc: customercare@mediwheel.in <customercare@mediwheel.in>

Attention: This email originated outside of Narayana Health domain. Links and attachments cannot be verified as authentic. Do not share personal/organisational data including passwords or act based on the content of the email, unless you have verified the authenticity of the sender and email address thoroughly.

**Mediwheel**
...Your wellness partner**011-41195959****Email:wellness@mediwheel.in****Hi Narayana Multispeciality Hospital , Jaipur ,****Diagnostic/Hospital Location :Sec 28 Kumbha Marg Pratap Nagar, Sanganer
-302033, City:Jaipur**

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000283**Beneficiary Name** : Gayatri Mehra**Member Age** : 38**Member Gender** : Female**Member Relation** : Spouse**Package Name** : Medi-Wheel Full Body Health Checkup Female Below 40/Pap Smear**Location** : MORBI,Gujarat-363660**Contact Details** : 9351731588**Booking Date** : 17-08-2023**Appointment Date** : 09-09-2023**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

CONSULTATION SUMMARY



Patient MRN :15010000474822
Patient Name : Ms Gayatri Mehra
Gender/Age/Dob : Female , 39 Years , 15/01/84
Patient Phone No : 9351731588
Patient Address : 582-b sumer nagar Iskon road ,
Jaipur,Jaipur,Rajasthan,India,
-302020

Consultation Date : 09/09/2023 10:45 AM
Consultant : Dr. Manjeet Goyal (OBSTETRICS
& GYNAECOLOGY)
Consultation Type : OP , NEW VISIT



DIAGNOSIS

- 171324002 | New patient health check, Primary, Provisional, 09/09/2023

CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- HEALTH PACKAGE :

MENSTRUAL HISTORY

- PMH REGULAR

PAST MEDICAL HISTORY

- Hypothyroidism

PROCEDURE HISTORY

- Caesarean section

FAMILY HISTORY

- No significant family history

SOCIAL HISTORY

- No significant social history

VITALS

Pain Score : 0

GENERAL EXAMINATION

- Pallor : +

ALLERGY

- No known allergies

SYSTEMIC EXAMINATION

- Per Abdomen : SOFT

Narayana Multispeciality Hospital

(A Unit of Narayana Healthways Limited) CIN: L55110KA2000PLC007497

Registered Office: 25B/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033

Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | www.narayanahealth.org

GST No. 08AABCN1685J128



Appointments

1800-309-0309 (Toll Free)

Emergencies

99837-32222

ADVICE

- PLENTY OF FLUIDS

DIETETIC ADVICE

- HIGH PROTEIN & FE RICH DIET

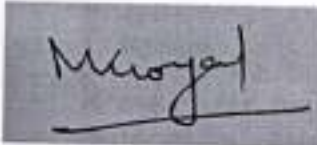
CROSS CONSULTATION

- Dr. Mukul Gupta, ENDOCRINOLOGY & DIABETOLOGY on 09/09/2023
FOR HYPOTHYROIDISM

FOLLOW UP DETAILS

- **Physical Consultation** for Dr. Manju Goyal (OBSTETRICS & GYNAECOLOGY) after 1 Day
REVIEW ON 3/4 TH DAY OF MENSES OR SOS

CONSULTANT DETAILS



Dr. MANJU GOYAL
MBBS., D.G.O.
(Obstetrics & Gynecology)
Consultant Obstetrician & Gynecologist
Reg. No. 2854
Narayana Multispeciality Hospital, Jaipur

Dr. Manju Goyal , CONSULTANT , OBSTETRICS & GYNAECOLOGY

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Manju Goyal | Printed On: 09.09.2023 15:16

CONSULTATION SUMMARY



Patient MRN : 15010000474822
Patient Name : Ms Gayatri Mehra
Gender/Age/Dob : Female , 39 Years , 15/01/84
Patient Phone No : 9351731588
Patient Address : 582-b sumer nagar iskon road ,
Jaipur,Jaipur,Rajasthan,India,
-302020

Consultation Date : 09/09/2023 01:56 PM
Consultant : Dr. Deepak Garg (NON
INVASIVE DIAGNOSTIC
SERVICES)
Consultation Type : OP , NEW VISIT



CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- HEALTH CHECKUP :

VITALS

Blood Pressure : 110/80 mmHg

Heart Rate: 80 bpm

PROCEDURE HISTORY

- No known surgical history

PAST MEDICAL HISTORY

- No significant past medical history

ALLERGY

- No known allergies

FAMILY HISTORY

- No significant family history

SOCIAL HISTORY

- No significant social history

CONSULTANT DETAILS

Dr. DEEPAK GARG
M.B.B.S. & PG Diploma (Clinical Cardiology)
Associate Consultant-Cardiology
Reg. No. 21958
Narayana Multispecialty Hospital, Jaipur

Dr. Deepak Garg , ASSOCIATE CONSULTANT , NON INVASIVE DIAGNOSTIC SERVICES

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Deepak Garg | Printed On: 09.09.2023 13:58

Narayana Multispecialty Hospital

(A unit of Narayana Hrudayalaya Limited) CIN: L15110KA3000PLC027467

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

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GST No. 06AABCN1685J128



Appointments,
1800-309-0309 (Toll Free)

Emergencies
99837-32222

Patient Name	Gayatri Mehra	Requested By	Dr. ^Deepak ^Garg
MRN	15010000474822	Procedure DateTime	2023-09-09 11:09:30
Age/Sex	39Y 7M / Female	Hospital	NH JAIPUR

X-RAY CHEST P.A. VIEW

Both lung fields are clear. No parenchymal lesion noted.

Both CP angles are clear.

Cardiac shadow is within normal limits.

Bony thorax & soft tissue appears normal.

Domes of diaphragm are normally placed.

Correlate clinically & with other related investigations.



Dr. Vijay Kumar Sharma
Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-09-09 11:30:07



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Gayatri Mehra MRN : 15010000474822 Gender/Age : FEMALE , 39y (15/01/1984)

Collected On : 09/09/2023 10:35 AM Received On : 09/09/2023 10:37 AM Reported On : 09/09/2023 02:50 PM

Barcode : 412309090085 Specimen : Whole Blood - ESR Consultant : Dr. Deepak Garg(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9351731588

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	04	mm/hr	0.0-12.0

COMPLETE BLOOD COUNT (CBC)

Haemoglobin (Hb%) (Photometric Measurement)	11.5 L	g/dL	12.0-16.0
Red Blood Cell Count (Electrical Impedance)	3.69 L	millions/ μ L	3.8-5.8
PCV (Packed Cell Volume) / Hematocrit (Calculated)	34.5 L	%	36.0-48.0
MCV (Mean Corpuscular Volume) (Derived)	93	fL	78.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	31.1 L	pg	32.0-35.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	33.3 H	g/L	25.0-32.0
Red Cell Distribution Width (RDW)	17.4	%	12.0-18.0
Platelet Count (Electrical Impedance Plus Microscopy)	177	Thousand / μ L	150.0-400.0
Total Leucocyte Count(WBC) (Electrical Impedance / Flow Cytometric)	5.6	Thous/cumm	4.0-10.0

DIFFERENTIAL COUNT (DC)

Neutrophils	63.6	%	40.0-75.0
Lymphocytes	32.5	%	15.0-45.0
Monocytes	0.9 L	%	4.0-13.0
Eosinophils	2.2	%	0.5-7.0

Page 1 of 5

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GST No. C8AABCN1685J1Z8



Appointments
1800-309-0309 (Toll Free)

Emergencies
99837-32222

Patient Name : Ms Gayatri Mehra MRN : 15010000474822 Gender/Age : FEMALE ; 39y (15/01/1984)			
Basophils	0.8	%	0.0-2.0
Absolute Neutrophil Count	3.57	Thousand / μ L	1.5-7.0
Absolute Lymphocyte Count	1.82	Thousand / μ L	1.0-4.0
Absolute Monocyte Count	0.06 L	Thousand / μ L	0.2-0.8
Absolute Eosinophil Count	0.13	Thousand / μ L	0.0-0.2
Absolute Basophil Count	0.05	Thousand / μ L	0.0-0.2

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.



Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine	0.53	mg/dL	0.52-1.04
eGFR	128.5	mL/min/1.73m ²	Both: <60 indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18
Blood Urea Nitrogen (BUN) (Colorimetric (Urease UV))	8.18	mg/dL	7.0-17.0
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	3.31	mg/dL	2.5-6.2
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			

Patient Name : Ms Gayatri Mehra MRN : 15010000474822 Gender/Age : FEMALE , 39y (15/01/1984)			
Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase))	165.9	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	88.9	mg/dL	Both: Normal: < 150 Both: Borderline High: 150-199 Both: High : 200-499 Both: Very High: => 500
HDL Cholesterol (HDLC) (Direct Measure, PTA /MgCl2)	53.5	mg/dL	Low: < 40 High: => 60
Non-HDL Cholesterol	112.4	-	-
LDL Cholesterol (Friedewald Formula)	94.6	mg/dL	Both: Desirable: < 100 Both: Optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Friedewald Formula)	17.78	mg/dL	10.0-50.0
Cholesterol /HDL Ratio	3.2	-	0.0-5.0
Total Protein (Biuret (alkaline Cupric Sulfate))	7.45	gm/dL	6.3-8.2
SGOT (AST) (Enzymatic Colorimetric)	36	U/L	14.0-36.0
SGPT (ALT) (UV With PSP -IFCC)	26	U/L	<35.0
Alkaline Phosphatase (ALP)	60	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (L-gamma-glutamyl-4-nitroanalide/glycylglycine Kinetic Method)	11 L	U/L	12.0-43.0
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence)	1.49	ng/ml	0.97-1.69
Thyroxine (T4) (Enhanced Chemiluminescence)	11.2	ug/dl	4.3-12.5
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	5.57 H	uIU/ml	0.35-5.5

Patient Name : Ms Gayatri Mehra MRN : 15010000474822 Gender/Age : FEMALE , 39y (15/01/1984)

Anil

Dr. Anil Sharma
MBBS , MD (Microbiology)
Senior Consultant

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	30 H	ml	0.0-0.0
Colour	Pale Yellow	-	0-0
Appearance	Clear	-	0-36500
CHEMICAL EXAMINATION			
pH(Reaction)	6.0	-	4.5-9.0
Sp. Gravity	<=1.005	-	1.002-1.03
Protein	Negative	-	0-0
Urine Glucose	Negative	-	0-0
MICROSCOPIC EXAMINATION			
Pus Cells	1-2	/hpf	-
RBC	Nil	/hpf	-
Epithelial Cells	1-2	/hpf	-
Crystals	Nil	-	-
Casts	Nil	-	-

Page 4 of 5



Patient Name : Ms Gayatri Mehra MRN : 15010000474822 Gender/Age : FEMALE , 39y (15/01/1984)

Urine For Sugar (Fasting) Negative

--End of Report--

Manish

Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Ms Gayatri Mehra MRN : 15010000474822 Gender/Age : FEMALE , 39y (15/01/1984)

Collected On : 09/09/2023 10:35 AM Received On : 09/09/2023 10:37 AM Reported On : 09/09/2023 02:50 PM

Barcode : 402309090116 Specimen : Plasma Consultant : Dr. Deepak Garg(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9351731588

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric (Glucose Oxidase Hydrogen Peroxidase))	82	mg/dL	65.0-110.0
Post Prandial Blood Sugar (PPBS) (GOD/POD)	84	mg/dL	70.0-139.0
HBA1C			
HbA1c	5.1	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	99.67	mg/dL	<140.0

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

Bilirubin Total (Dyphylline, Diazonium Salt)	0.79	mg/dL	0.2-1.3
Albumin To Globulin (A/G)Ratio	1.35	-	1.0-2.1



Dr. Anil Sharma
MBBS, MD (Microbiology)
Senior Consultant

CYTOLOGY

Patient Name : Ms Gayatri Mehra MRN : 15010000474822 Gender/Age : FEMALE , 39y (15/01/1984)

PAP SMEAR

LAB No. 23/615/NHJ

MATERIAL RECEIVED Pap smear.

CLINICAL DETAILS Source - Cervix

SPECIMEN TYPE Conventional smear.

SMEAR ADEQUACY Adequate for evaluation, endocervical cells seen.

GENERAL CATEGORIZATION Smear of moderate cellularity, comprising of superficial and intermediate cells in a background of acute inflammatory cells.
Organism – No specific organism seen.

IMPRESSION Negative for intraepithelial lesion / malignancy.
Inflammatory smear.

--End of Report--



Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

Note

- * Abnormal results are highlighted.
- * Results relate to the sample only.
- * Kindly correlate clinically.



Patient Name	Gayatri Mehra	Requested By	Dr. ^Deepak^Garg
MRN	15010000474822	Procedure DateTime	2023-09-09 11:09:30
Age/Sex	39Y 7M / Female	Hospital	NH JAIPUR

X-RAY CHEST P.A. VIEW

Both lung fields are clear. No parenchymal lesion noted.

Both CP angles are clear.

Cardiac shadow is within normal limits.

Bony thorax & soft tissue appears normal.

Domes of diaphragm are normally placed.

Correlate clinically & with other related investigations.




Dr. Vijay Kumar Sharma
Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-09-09 11:30:07

ADULT TRANS-THORACIC ECHO REPORT

PATIENT NAME : Ms Gayatri Mehra
GENDER/AGE : Female, 39 Years
LOCATION :-

PATIENT MRN : 15010000474822
PROCEDURE DATE : 09/09/2023 12:54 PM
REQUESTED BY : Dr. Deepak Garg



IMPRESSION

- CLINICAL PROFILE :- CARDIAC EVALUATION
- TRIVIAL MR
- ALL CARDIAC CHAMBERS ARE NORMAL
- IAS/IVS INTACT
- NO RWMA, LVEF=60% (VISUALLY ESTIMATED)
- NORMAL LV SYSTOLIC FUNCTION.
- NORMAL LV DIASTOLIC FUNCTION.
- NO CLOT/VEGETATION/MASS/PERICARDIAL EFFUSION.
- PLEASE CORRELATE CLINICALLY AND WITH OTHER INVESTIGATIONS.

FINDINGS

CHAMBERS

LEFT ATRIUM	:	AP DIAMETER(MM):	34				
LEFT VENTRICLE	:	LVIDD(MM)	: 40	IVSD(MM)	:	10	EDV(ML) :
		LVIDS(MM)	: 26	LVPWD(MM)	:	10	ESV(ML) :
		E/A RATIO	:	E/E'(AVERAGE)	:		LVEF(%) : 60

VALVES

MITRAL : TRIVIAL MR



DR. DEEPAK GARG
ASSOCIATE CONSULTANT

09/09/2023 12:54 PM

PREPARED BY : KRIPNA SHUKLA(317680)
GENERATED BY : ADITYA KAUSHIK(365275)

PREPARED ON : 09/09/2023 12:55 PM
GENERATED ON : 11/09/2023 04:02 PM



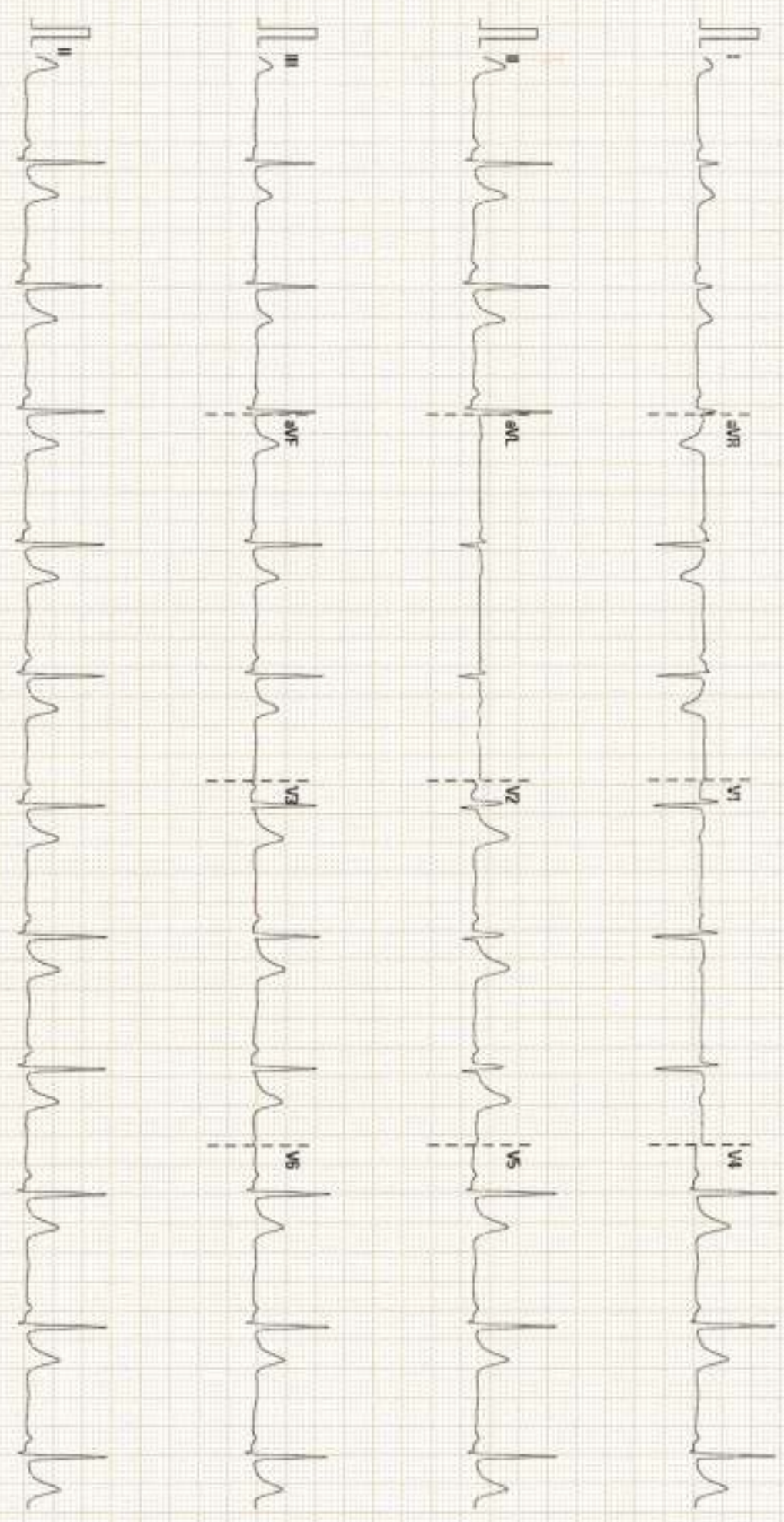
ID: 15010000474022
Name: GAYATHI
Age:
Gender:

09-09-2023 12:00:37 PM

Heart Rate 87 bpm
PR Interval 166 ms
QRS Duration 82 ms
QT/QTc Interval 350/382 ms
P/QRS/T Axis 51/79/52 deg
Dif:bbpqa

Sinus rhythm
— Interpretation made without knowing patient's gender/age —
Normal ECG

Unconfirmed Diagnosis



MRN NO: 15010000474822 DATE: 09/09/2023
PATIENT'S NAME: MS. GAYATRI MEHRA AGE/SEX: 39 YRS./F
DR. NAME: DR. DEEPAK GARG

ULTRASOUND STUDY OF ABDOMEN & PELVIS (PHC)

Liver: - Normal in size, shape & echotexture. No evidence of any mass lesion is seen. Bilobar Intrahepatic biliary radicals are not dilated.

Gall Bladder: - Is distended. Lumen is clear. Wall thickness is normal.

CBD: - Normal in calibre. No calculus is seen in visualized part of CBD.

Portal Vein: - Normal in calibre.

Pancreas: - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

Spleen: - Normal in size & echotexture. No focal lesion is seen.

Right Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

Left Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

Urinary Bladder: - is distended. No calculus or mass lesion is seen. Wall thickness is normal.

Uterus:- Normal in size, shape & position, measures: ~ 8 x 4 x 4 cm. Nabothian cysts are seen in cervix. Endometrial thickness is normal.

Both ovaries:- Bilateral ovaries are normal in size & shape.

Others: - No free fluid is seen in abdomen.

Impression: USG findings are suggestive of: -

- Nabothian cysts in cervix.

Correlate clinically & with other related investigations.



Dr. Swati Jain
Consultant Radiologist

Dr. Vijay Kumar Sharma
Consultant Radiologist

Dr. Sunny Maharwal
Consultant Radiologist

This is a preventive health checkup sonography report with no available clinical details and previous records.

