

**Annexure-2**

**Self-Health Declaration**  
(Please ✓ Mark Where Applicable)



**1 PERSONAL DETAILS:**

Name: First Name: Anur Middle Name: Karmukh Surname: Gupta

Address: B-1 2204, The Address, Vidhan Assembly, JBS Marg, Gandhinagar

City: MUMBAI Pin: 400086

Birth Place: MUMBAI Birth Date: 17/5/85 Religion: Jai  
(dd/mm/yyyy)

Post applied for: \_\_\_\_\_ Marital Status: Married / Unmarried Gender: M / F

**2 PREVIOUS EMPLOYMENT:** Yes / No if yes specify

	Name	Nature of work	Duration
i)			
ii)			
iii)			

**3 NAME OF FAMILY DOCTOR:**

Address:

Contact Details:

9821366973

**4 PERSONAL HABITS**

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

*NA*

**5 MEDICAL HISTORY:**

i) **ANY DISABILITY:** Yes / No if yes specify with disability %

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work?  Yes  No

Have you ever suffered from job related disease or injury?  Yes  No

Have you ever been discharged or rejected on medical grounds?  Yes  No

Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>

Types of Previous Occupation (PL describe in brief about company, nature of work, duration in years)

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ii) Have you ever suffered from any of the following (Answer Yes or No, if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart Disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy/Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis, otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes"

(For female candidates only)

Are you pregnant at present?  Y  N

Date of L.M.P. \_\_\_\_\_

iv) Immunization: Yes No

Tetanus Toxoid	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Others	<input type="checkbox"/>	<input type="checkbox"/>

**6 FAMILY HISTORY:**

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	✓	
Heart Disease		
Cancer		
Diabetes		
Tuberculosis		
Epilepsy		
Any other Disease		

	IF ALIVE		IF DEAD	
	AGE	HEALTH (Blood, Bad, Fat)	AGE AT DEATH	CAUSE OF DEATH
Father	70	Good		
Mother	68	Good		
Spouse	37	Good		
Children-1	8	Good		
Children -2				

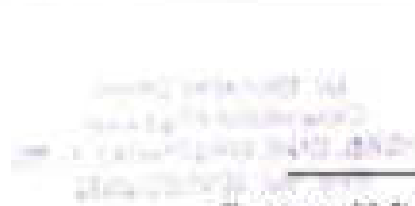

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 24/8/24

Amal  
(Signature of Candidate)

**MEB- MEDICAL EXAMINATION REPORT**

Date of Examination	24-08-2024		
NAME	Amit Gola		
AGE	39	Gender	Male
HEIGHT (cm)	172	WEIGHT (kg)	80
B.P.	110/80 mm/Hg		
ECG / TMT	WNL		
X-Ray	Normal		
Vision Checkup	Color Vision: N Far Vision: 6/6C Near Vision: N15N		
Present Ailments	-		
Details of Past ailments (If Any)	Dyslipidemia on O		
Comments / Advice: <input checked="" type="checkbox"/> / He is Physically Fit.			

Signature with Stamp of Medical Examiner

**Dr. Mrinalini Singh**  
 Consultant Physician  
 MBBS, DNB, MRCP (UK), EDAC  
 Reg. No. 2018/02/0382


## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Amit Gaba on 24-08-2019

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job:</p> <ol style="list-style-type: none"> <li>1. <u>HbA1c - 5.93 (Pre-diabetic range)</u></li> <li>2. <u>Dyslipidaemia / hypertriglyceridaemia - <sup>on</sup> treatment</u></li> <li>3. <u>Vit D deficiency, Vit B12 deficiency</u></li> </ol> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>• Currently Unfit</li> </ul> <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	<input type="checkbox"/>

  
**Dr. Mrinalini Singh**  
 Consultant Physician  
 MBBS, DNB, MRCP (UK) & HC  
 Reg. No. 20180210322

Dr. \_\_\_\_\_  
 Medical Officer  
 The Apollo Clinic, (Location)

*This certificate is not meant for medico-legal purposes*



भारत सरकार

Government of India



अंकित हसमुख गाला

Ankit Hasmukh Gala

जन्म तारीख / DOB : 17/05/1985

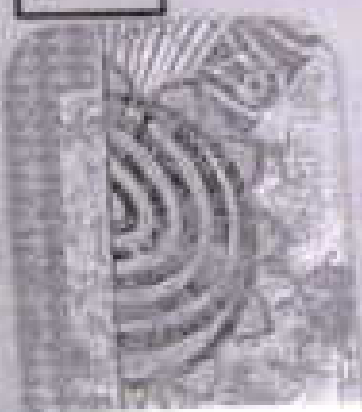
पुरुष / Male

Ankit Gala

आधार पत्र का प्रमाण है, नागरिकता का नहीं।  
Aadhaar is a proof of identity, not of citizenship.

8271 0244 5753

सेरा आधार, सेरी पहचान



Issue Date : 06/10/2011



PO NO. / CIA3333

Name / BHAI HANMAY GALE

Sex / Age / Male / 20 years

Ref By / ANJLI HEALTH ANDLIFE STYLE LIMITED

Reference:

Sample Collected At:

Sea Bird Medicine

105-107 Gateway Plaza, Central Avenue, Hinewadi Garden, Powai, Mumbai-400074

Processing Location - Sea Bird Medicine

105-107 Gateway Plaza, Central Avenue, Hinewadi Garden, Powai, Mumbai-400074

Req. Date

24-Aug-2024 / 10:00 am

Coll Date

24-Aug-2024 / 10:00 am

Report Date

24-Aug-2024 / 12:45 pm

**REPORT**

**BIOCHEMISTRY**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Sr. Calcium (Serum, SAPIA)	8.81	mg/dl	8.8 - 10.0

Test Done on Fully Automated Wave 8AL PRO PLUS Biochemistry Analyzer.

———— End of Report ————

Manoj B.  
Lab Technician



DR. ARJUN PHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
SMMC Reg No. 2008031682

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This is computer generated medical diagnostic report that has been verified by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample(s) received. Refer to conditions of reporting, if any!

PO- Sea Bird Medicine Centre ISO 9001:2015 | B-105-102, Heritage Plaza, Toll Cross Lane, Andheri East (W), Mumbai, Mumbai- 40. Tel: 022- 48822764  
Fax: 022-25700053 / 25704487

Website: [www.seabird.com](http://www.seabird.com) | Email: [seabird@seabird.com](mailto:seabird@seabird.com)

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the items/items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the test specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity.
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose.
7. Since Sea Bird Medicare Centre does not verify the identity or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai-400059  
Central Laboratory: 112-103-104 Gateway Plaza, Central Avenue Road, Heeranandani Garden Powai, Mumbai-400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9324924070 or  
[adm@seabirdhf.com](mailto:adm@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)





REG NO. : 248333  
Name : ANIT HEMLEK DAL  
Sex / Age : Male / 35 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :  
Sample Collected At :  
Sea Bird Medicare  
225-127 Gateway Plaza, Central Avenue, Thrombosis  
Centers, Powai, Mumbai-400072  
Processing Location - Sea Bird Medicare  
225-127 Gateway Plaza, Central Avenue, Thrombosis  
Centers, Powai, Mumbai-400072

Reg. Date :  
24-Aug-2024 / 10:55 am  
Call Date :  
24-Aug-2024 / 10:07 am  
Report Date :  
24-Aug-2024 / 2:06 pm

**REPORT**

**BLOOD GLUCOSE**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma (Fluoro-Methoxy-Hexamine) Description: Fasting: 70 - 100 mg/dl Pre-Diabetic: 100 - 125 mg/dl Diabetic: >125 mg/dl (ON MORE THAN ONE OCCASION) Reference: American diabetes association guidelines 2023	87.8	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP), plasma (Fluoro-Methoxy-Hexamine) Description: Non-Diabetic: 70 - 140 mg/dl Pre-Diabetic: 140 - 199 mg/dl Diabetic: >199 mg/dl (ON MORE THAN ONE OCCASION) Reference: American diabetes association guidelines 2023	113	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done at Poly Automated Vapo-COL PRO PLUS Biochemistry Analyzer

*P. Ganesh*

P. Ganesh  
Lab Technician



*Dr. Ritesh Shinde*

DR. RITESH SHINDE  
MBBS, MD PATHOLOGIST  
Pathologist  
MMC Reg. No. 200801498

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This is computer generated medical diagnosis report that has been verified by an authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample at received. Refer to conditions of reporting service.

HQ- Sea Bird Medicare Centre, 225-127/127 to 128-122, Heritage Plaza, 7th Cross Lane, Malabar East (Pr. Malabar, Mumbai - 40) Tel: 022- 4002194  
Powai 022-2670088 / 2670487

Mobile: 0982- 2537022 / 4002022

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

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#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-531, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 127-125-124 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022-25701059 / 9824924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PHI No. : 084220  
 Name : SHRI HEMRAJ DASA  
 Sex / Age : Male / 28 Years  
 Ref No : 48502246A, 7c48502246A, 154710

Reference :  
 Sample Collected By :  
 Sea Bird Medicare  
 125-127 Gateway Plaza, Central Avenue, Marolundhi  
 Gardens, Powai, Mumbai-400075  
 Processing Location - Sea Bird Medicare  
 125-127 Gateway Plaza, Central Avenue, Marolundhi  
 Gardens, Powai, Mumbai-400075

Reg. Date  
 24-Aug-2024 / 10:02 am  
 Coll Date  
 24-Aug-2024 / 10:07 am  
 Report Date  
 24-Aug-2024 / 3:40 pm

**REPORT**

**BLOOD GLUCOSE**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
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———— End of Report ————

*P. Ganesh*  


Pravin Ganesh  
 Lab Technician

*Dr. Pratik Wankar*

DR. PRATIK WANKAR  
 MBBS, MD PATHOLOGY  
 Pathologist  
 MMC Reg No. 20802198

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## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

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#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Chooz Lane, Andheri East (W/ Station) Mumbai-400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai-400076, India

#### B. Enquiry and Home Visit Booking

022-25701053 / 0224931370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PC-NO : CHADSE  
Name : ANKIT KISHOR KUMAR  
Sex / Age : Male / 35 Years  
Ref By : ANJUL HEALTH AND FITNESS  
UNITE

Reference :  
Sample Collected At :  
Sea Bird Medicare  
100-107 Gateway Plaza, Central Avenue, Mandawari  
Gurgaon, Postal Number-122016  
Processing Location - Sea Bird Medicare  
100-107 Gateway Plaza, Central Avenue, Mandawari  
Gurgaon, Postal Number-122016

Reg. Date :  
24-Aug-2024 / 10:53 am  
Call Date :  
24-Aug-2024 / 10:57 am  
Report Date :  
24-Aug-2024 / 1:44 pm

**REPORT**

**Blood Group**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
<b>BLOOD GROUP</b>			
ABO Group	T		
RH (D)	Positive		

Method : Gel Forward grouping by Manual Read Method  
Serum - Whole Blood (SFA)

----- End of Report -----

PRIYA PANDEY  
Lab Technician



DR. ARJUN BHARDWAJ  
MBBS, MD-PATHOLOGY  
Pathologist  
MBC Reg No. 200002146C

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HQ: Sea Bird Medicare Centre, 100-107 Gateway Plaza, A-101-102, Heritage Plaza, 7th Cross Lane, Anandpur East (N. Block), Gurgaon, Haryana - 122016  
Phone: 012-2670288 / 2670487

Website: [www.seabirdh.com](http://www.seabirdh.com) | Email: [system@seabirdh.com](mailto:system@seabirdh.com)

## CONDITIONS OF REPORTING

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#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: 3-401, Heritage Plaza, Teli Cross Lane, Anandri East (Nr Station) Mumbai-400069  
Central Laboratory: 103-104-104 Gateway Plaza, Central Avenue Road, Hirvanandam Gardens Powai, Mumbai-400076, India.

#### B. Enquiry and Home Visit Booking

022 25701053 / 02249344370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at

Powai (Mumbai), Anandri East (Mumbai), Kochi (Kerala)



FD No. : CH4888  
Name : ANIT HANMATH DADA  
Sex / Age : Male / 38 years  
Ref By : HPSLUZ HEALTH AND CARE PTYS  
LIMITED

Reference:  
Sample Collected At:  
Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Waverley  
Gardens, NSW, MUMBAI-40070  
Processing Location : Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Waverley  
Gardens, NSW, MUMBAI-40070

Reg. Date  
24 Aug 2024 / 10:52 am  
Out Date  
24 Aug 2024 / 10:52 am  
Report Date  
24 Aug 2024 / 2:49 pm

**REPORT**

**Complete Blood Count**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Hemoglobin	12.2	gm/dl	13.0 - 17.0
<b>RED BLOOD CELLS</b>			
R.B.C. Count	4.1	million / cmm	4.5 - 5.5
HCT	35.8	%	40 - 50
MCV	87.3	fL	80 - 100
MCH	29.8	pg	27 - 32
MCHC	33.8	gm / dl	31.5 - 34.5
RDW (CV)	12.1	%	11.6 - 14.0
Total W.B.C. Count	5800	/cmm	4000 - 10000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	52	%	40 - 60
Lymphocytes	39	%	20 - 40
Eosinophils	09	%	1 - 5

Mally B  
Lab Technician



DR. BITESH BHARGAVA  
MBBS, MD PATHOLOGY  
Pathologist  
MBC Reg No. 200021986

Page 2 of 12

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MO- Sea Bird Medicare Centre (ISO 9001:2015), B-404-033, Heritage Plaza, Tall Cross Lane, Andheri East (W. Station), Mumbai- 40 Tel: 022- 48022704  
Fax: 022-25702025 / 25704817

Website: [www.seabird.com](http://www.seabird.com) | Email: [seabird@seabird.com](mailto:seabird@seabird.com)

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

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#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400068  
Central Laboratory: 232-303-304 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400074, India

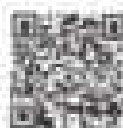
#### B. Enquiry and Home Visit Booking

022 25701093 / 9324924370 or  
[ecmn@seabirdhf.com](mailto:ecmn@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)





Phone : 044330

Name : ANIL KISHORJI KALE

Sex / Age : Male / 39 Years

Ref By : ANSUL HEALTH AND LIFESTYLE LABS

Reference:

Sample Collected At :

Sea Bird Medicare

125-127 Gateway Plaza, Central Avenue, Vashi, Mumbai

Garden, Phone Number- 0223315

Previous Location - Sea Bird Medicare

125-127 Gateway Plaza, Central Avenue, Vashi, Mumbai

Garden, Phone Number- 0223315

Reg. Date

24-Aug-2024 / 11:02 am

Cycl. Date

24-Aug-2024 / 11:01 am

Report Date

24-Aug-2024 / 11:45 pm

**REPORT**

**Complete Blood Count**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Monocytes	04	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	371000	count	150000 - 410000
<b>INTERPRET</b>			
RBC Morphology	Predominantly Normocytic and Normochromic.		
WBC Morphology	Normal Morphology		
Platelets on Smear	Adequate on smear		

(DIPN Whole Blood) : Tests have Automated Three part cell counter (Hb), WBC, Platelet count by impedance. Hemoglobin by colorimetric (Cyanmeth haem method). Rest are calculated parameters. Monocytes and DLC is done manually by the Pathologist.

———— End of Report ————

Manoj B  
Lab Technician



DR. RITESH BHARGAVA  
MBBS, MD PATHOLOGY  
Pathologist  
MRC Reg No. 2000021000

Page 1 of 14

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HO- Sea Bird Medicare Centre, ISO 9001:2015, A-40-022, Heritage Plaza, Tall Cross Lane, Andheri East 40, Mumbai-40 Tel: 022- 48021754  
Phone: 022-25701028 / 25704157

Website: [www.seabird.in](http://www.seabird.in) | Email: [seabird@seabird.in](mailto:seabird@seabird.in)

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
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10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (for Station) Mumbai-400069  
Central Laboratory: 152-153-154 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai-400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



Ref No: **CHAL008**  
Name: **ANOT HAZIMAH DAI**  
Sex / Age: **Male / 28 Years**  
Ref By: **AROLD HEALTH AND LIFESTYLE LIMITED**

Reference:  
Sample Collected At:  
**Sea Bird Medicare**  
105-107 Gateway Plaza, Central Avenue, Perambalur  
Cantonment, Pollachi, Tamil Nadu - 620016  
Processing Location: **Sea Bird Medicare**  
105-107 Gateway Plaza, Central Avenue, Perambalur  
Cantonment, Pollachi, Tamil Nadu - 620016

Reg. Code:  
24-Aug-2024 / 10:00 am  
Call Date:  
24-Aug-2024 / 10:07 am  
Report Date:  
24-Aug-2024 / 11:40 pm

**REPORT**

**Erythrocyte Sedimentation Rate (ESR)**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
E.S.R	15	mm of 1hr	0 - 15

Method: Westergren  
Sample: Whole Blood (WFA)

----- End of Report -----

*P. Shanmuga*

Priyam Shanmuga  
Lab Technician



*K. Harish*

DR. BITTEN SHARDE  
MBBS, MD-PATHOLOGY  
Pathologist  
SAC Reg No: 200601486

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MO- Sea Bird Medicare Centre (ISO 9001:2015 & NABL) 105-107, Gateway Plaza, Toll Cross Lane, Andhavan East (M. Station), Mamburam - TN. Tel: 042- 48020764  
Pollachi 042-2570208 / 2570402

## CONDITIONS OF REPORTING

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#### A. SEA BIRD MEDICARE CENTRE

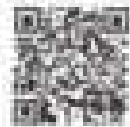
Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (for Station) Mumbai 400069  
Central Laboratory: 103-107-108 Gateway Plaza, Central Avenue Road, Kharandani Gardens Powai,  
Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701059 / 9328131370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



Ref No: J-DH4388  
Name: T. ANKIT HARMAN GOLA  
Sex / Age: Male / 38 Years  
Ref to: LIFESCI HEALTH AND OPTIC  
LIMITED

Reference:  
Sample Collected At:  
Sea Bird Medicare  
125-127 Gateway Plaza, Central Business Premises,  
Cairns, Postal Number 4870  
Preceiving Location: Sea Bird Medicare  
125-127 Gateway Plaza, Central Business Premises,  
Cairns, Postal Number 4870

Reg. Date:  
24-Aug-2024 / 10:07 am  
Call Date:  
24-Aug-2024 / 10:07 am  
Report Date:  
24-Aug-2024 / 3:46 pm

**REPORT**

**Glycosylated Haemoglobin (HbA1c)**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c	5.33	%	4 - 5.65
Pre-Diabetic - 5.7 - 6.4 %			
Diabetic - > 6.5			
ICD10: W60.000, T24.000			
Mean Blood Glucose (MBG):	133.81	mg/dl	

**Interpretation & Remarks:**

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guidelines 2023) for diagnosis of diabetes using a cut off point of 6.5 %.
- Levels of HbA1c are a better indicator of diabetic control than a fasting test.
- Low glycosylated haemoglobin (below 5%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver disease. Clinical correlation suggested.
- To estimate the eAG from the HbA1c value, the following equation is used:  $eAG(mg/dl) = 2.14 \times HbA1c - 4.7$ .
- Existence of haemoglobinopathies in HbA1c estimation:
  - For HbF > 2%, an alternate platform (Hemocor) is recommended for testing of HbA1c.
  - Heterozygous haemoglobinopathy is detected; haemoglobin is recommended for monitoring diabetic control.
  - Homozygous state needed.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycaemic control:
  - Excellent Control - 6 to 7 %
  - Fair to Good Control - 7 to 8 %
  - Unstable/variable Control - 8 to 10 %
  - and Poor Control - More than 10 %
- Test done on M8000 Cartridge Based Spectro-Photometric Analyser.

———— End of Report ————

Milk S  
Lab Technician



DR RITESH KHARODE  
MBBS, MD PATHOLOGY  
Pathologist  
MAC Reg No. 200603196

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This is computer generated medical diagnostic report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting attached.

MC- Sea Bird Medicare Centre (RNO 9009/2011) 6-101-102, Heritage Plaza, Tall Grass Lane, Anthoni East (Mc. Shopping, Murdoch) - Cairns. Tel: 0822- 4802704  
Facsim: 0822-4870400 / 4870407

Website: [www.seabird.com.au](http://www.seabird.com.au) | Email: [enquiry@seabird.com.au](mailto:enquiry@seabird.com.au)

## CONDITIONS OF REPORTING

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#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-101, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400063  
Central Laboratory: 100-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400075, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9324934370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



REG NO. : 0143228  
Name : ERAT HOSSEIN GOLA  
Sex / Age : Male / 39 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference:  
Sample Collected At:  
Sea Bird Medicare  
225, 227 Gateway Plaza Central Avenue, Thiruvananthapuram  
Gateway Plaza, Mumbai-400075  
Processing Location : Sea Bird Medicare  
225, 227 Gateway Plaza Central Avenue, Thiruvananthapuram  
Gateway Plaza, Mumbai-400075

Reg. Date  
24-Aug-2024 / 10:02 am  
Coll Date  
24-Aug-2024 / 10:07 am  
Report Date  
24-Aug-2024 / 1:44 pm

**REPORT**

**LIPID PROFILE**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Total Cholesterol Serum, Method: CHOD-PAP	201.78	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240
Triglycerides Serum, Method: GPO/HPL	178.93	mg/dl	NORMAL, <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Ultracentrifugation-Direct	52.08	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	115.01	mg/dl	Desirable - Below : 100 Borderline Risk : 120 - 159 Undesirable - Above : 160
VLDL Cholesterol Calculated	58.11	mg/dl	0 - 37
T.CHOL/HDL-C Ratio Calculated	3.88		Acceptable for Male : < 5.00 Acceptable for Female : < 4.50

Anjali S  
Lab Technician



DR. DHIREN SHRIVASTAVA  
MBBS, MD PATHOLOGY  
Pathologist  
MRC Reg No. 201902194C

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## CONDITIONS OF REPORTING

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Central Laboratory: 102-101-104 Gateway Plaza, Central Avenue Road, Hirvanandani Gardens Powai,  
Mumbai 400076, India

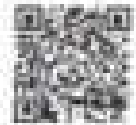
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022 25701053 / 3324934370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)





PEMIL : 0101020

Name : ANIT NIMRIN SARA

Sex / Age : Male / 58 years

Ref No : 49523 (HEALTH AND FITNESS)  
LAB02

Reference:

Sample Collected At :

Sea Bird Medicare  
100-107 Gateway Place, Central Avenue, Woodlands  
Garden, Postal Number 708276  
Processing Location : Sea Bird Medicare  
100-107 Gateway Place, Central Avenue, Woodlands  
Garden, Postal Number 708276

Reg. Date

24-Aug-2024 / 10:02 am

Exp. Date

24-Aug-2024 / 10:07 am

Report Date

24-Aug-2024 / 11:46 pm

**REPORT**

**LIPID PROFILE**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
LDLCHOLE Ratio Calculated	2.22		Acceptable for Males : < 3.00 Acceptable for Females : < 3.20

**NOTE:**

(1) Biological Reference Interval is as per National Cholesterol Education Program (NCEP) guidelines.

(2) Test done on Fully Automated Wave 800 PRO PLUS Biochemistry Analyzer

———— End of Report ————

Molly B  
Lab Technician



DR. NITESH KHARBHE  
MBBS, MD PATHOLOGY  
Pathologist  
MPC Reg No. 200601100

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SG- Sea Bird Medicare Centre 100-107 Gateway Place, Woodlands, Singapore 708276. Tel: 6500-8882764  
Fax: 650-2570100 / 2570400

Website: [www.seabird.com.sg](http://www.seabird.com.sg) | Email: [seabird@seabird.com.sg](mailto:seabird@seabird.com.sg)

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Central Laboratory: 103-104-104 Gateway Plaza, Central Avenue Road, Hinanandani Gardens Powai,  
Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9324834170 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PC No: / CHAB02  
Name: / ANIL MADHUR SALA  
Sex / Age: / Male / 35 Years  
Ref No: / ANSOL HEALTH AND LIFESTYLE LIMITED

Address:  
Sample Collected At:  
Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Marolli  
Nagar, Fort, Mumbai - 400025  
Processing Location - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Marolli  
Nagar, Fort, Mumbai - 400025

Reg. Date  
24-Aug-2024 / 10:02 am  
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24-Aug-2024 / 10:07 am  
Report Date  
24-Aug-2024 / 1:46 pm

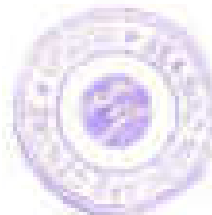
**REPORT**

**LIVER FUNCTION TEST**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
S.G.O.T. (Serum Aspartate (ASAT) / U/L without PVP)	22.72	U/L	0 - 40
Sr. Alkaline Phosphatase (Serum - Ureic Method by PCC)	81.18	U/L	40 - 120
S.G.P.T. (Serum Alanine (ALT) / U/L without PVP)	25.03	U/L	0 - 41
GOT (Serum Aspartate (ASAT) Method)	24.89	U/L	8 - 41
Bilirubin (Total) (Serum - Method Direct - End point)	0.67	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum Method Direct-End point)	0.1	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.57	mg/dl	0.0 - 0.80
Total Protein (Serum Method Direct)	7.43	g/dl	6.6 - 8.7
Albumin (Serum Method Spectrophotometric Direct)	4.4	g/dl	3.5 - 5.2
Globulin Calculated	3.03	g/dl	1.80 - 3.70
A/G ratio Calculated	1.45		

Test Done on Fully Automated High CXL PHE PLAS Biochemistry Analyzer

Anil B  
Lab Technician



DR. ANSHU RANJANE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 2008021696

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MC- Sea Bird Medicare Centre (ISO 9001:2015 & NABL)C, Heritage Plaza, Toll Cross Lane, Anand Nagar (2nd) Station, Mumbai - 40. Tel: 022- 40022704  
Fax: 022-2570205 / 2570487

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#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-402, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 352-101-104 Gateway Plaza, Central Avenue Road, Hirvanandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9324934370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PHONE : 0843330

Name : / ANNE HARRISON GILL

Sex / Age : Male / 55 Years

Ref By : WOLFE HEALTH AND LIFESTYLE LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare  
125-127 Gateway Place, Central Business District  
Sydney, New South Wales 1588  
Processing Location - Sea Bird Medicare  
125-127 Gateway Place, Central Business District  
Sydney, New South Wales 1588

Reg. Date

24-Aug-2024 / 10:02 am

Lab Date

24-Aug-2024 / 11:07 am

Report Date

24-Aug-2024 / 2:44 pm

**REPORT**

**LIVER FUNCTION TEST**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
———— End of Report ————			

Molly R  
Lab Technician



DR. NITESH KUMHAR  
MBBS, MD PATHOLOGY  
Pathologist  
MHC Reg No. 200001196

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#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station) Mumbai 400083  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hinjewadi Gardens Powai,  
Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9824924170 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kothi (Kerala)



Ref No : 20240801

Name : ERIC HARMON GILL

Sex / Age : Male / 68 Years

Ref By : SPELL HEALTH AND FITNESS  
(UNIT)

Reference :

Sample Collected At :

Sea Bird Medicare  
120-127 Gateway Place, Central Avenue, Heronwood  
Gardens, Townsville, Queensland  
Processing Location - Sea Bird Medicare  
120-127 Gateway Place, Central Avenue, Heronwood  
Gardens, Townsville, Queensland

Reg. Date

24-Aug-2024 10:02 am

Col Date

24-Aug-2024 10:07 am

Report Date

24-Aug-2024 / 4:23 pm

**REPORT**

**Prostate-Specific Antigen Test**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
TOTAL PSA Serum, Method:CLIA	0.27	ng/ml	Please refer to 'NOTES' below.

**METHOD:** This assay employs immunochemically enhanced method with a time fluorescent substrate (CLIA) on a 960 VCOB automated immunoassay system.

**NOTE:**

**REFERENCE:** Based on PSA unit

Age / PSA Concentration:

40-49 Years 0.27 to 1.73 ng/ml

50-59 0.27 to 2.78 ng/ml

60-69 0.27 to 3.42 ng/ml

70-79 0.22 to 3.76 ng/ml

80+ 0.21 to 3.77 ng/ml

**INTERPRETATION:** PSA is used as a tumor marker to screen for and to monitor prostate cancer. Elevated levels of PSA are associated with prostate cancer, but they may also be seen with prostatic and benign prostatic hyperplasia. PSA levels tend to increase in all men as they age. If prostate cancer is diagnosed, the total PSA test may be used as a monitoring tool to help determine the effectiveness of treatment. It may also be utilized to help estimate after treatment to detect recurrence of the cancer. Concentrations of total PSA between 4.0 ng/ml and 10.0 ng/ml are often referred to as the gray zone. It is in this range that the free PSA is the most useful. When men in the gray zone have decreased levels of free PSA, they have a higher probability of prostate cancer, when they have elevated levels of free PSA, the risk is decreased. The ratio of free to total PSA can help the doctor decide whether or not a prostate biopsy should be performed.

————— End of Report —————

LYNDA STINSON  
Lab Technician



DR. BITEDI SENECHÉ  
MBBS, MD PATHOLOGY  
Pathologist  
MBAC Reg No. 202002156

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022 25701058 / 3324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Anandri East (Mumbai), Kochi (Kerala)





PE No : (EN4320)  
Name : AMIT KUMAR DALA  
Sex / Age : Male / 39 Years  
Ref By : NPSL (HEALTH AND LIFESTYLE UNIT)

Reference:  
Sample Collected At:  
Sea Bird Medicare  
125/127 Gateway Plaza, Central Avenue, Hinemadani  
Garden, Forest, Mumbai-400076  
Processing Location - Sea Bird Medicare  
125/127 Gateway Plaza, Central Avenue, Hinemadani  
Garden, Forest, Mumbai-400076

Reg. Date  
24-Aug-2024 12:03 pm  
Call Date  
24-Aug-2024 12:03 pm  
Report Date  
24-Aug-2024 12:03 pm

**REPORT**

**RENAL PROFILE**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Urea Serum, Methanol-free	24.60	mg/dl	16.0 - 48.0 mg/dl
Blood Urea Nitrogen Serum, Methanol-free	11.42	mg/dl	06 - 20 mg/dl
Creatinine Serum, Methanol-free, Jaffe	1.09	mg/dl	0.62 - 1.17 mg/dl
Uric Acid Serum, Methanol-free,POC	3.89	mg/dl	3.4 - 7.3

Test Done in Fully Automated Wave CX1 PHS PLUS Secondary Analyser.

----- End of Report -----

Manish K  
Lab Technician

DR BITESH KUMBHAR  
MBBS, MD PATHOLOGY  
Pathologist  
MHC Reg No: 2000021166



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022 25701053 / 9324924370 or  
[admin@seabirdhl.com](mailto:admin@seabirdhl.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



Ref No: CHA300

Name: BERT HARBEN GATA

Sex / Age: Male / 39 years

Ref by: APOLLO HEALTH AND LIFEWE  
LIMITED

Address:

Sample Collected At:

Sea Bird Medicine  
105-107 Gateway Plaza Central Avenue, Phoenix  
Gardens, Powai, Mumbai-400076

Processing Location - Sea Bird Medicine  
105-107 Gateway Plaza Central Avenue, Phoenix  
Gardens, Powai, Mumbai-400076

Reg. Date:

24-Aug-2024 / 10:22 am

Colt Date:

24-Aug-2024 / 10:07 am

Report Date:

24-Aug-2024 / 11:40 pm

**REPORT**

**THYROID FUNCTION TEST**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
TSH	1.79	µIU/ml	0.25-5 µIU/ml
T3	1.05	nmol/l	0.82-2.31 nmol/l
T4	81.77	nmol/l	60-120 nmol/l

The assay principle involves an enzyme immunoassay (sandwich method) with a dual fluorescent detection (DFA).

**INTERPRETATION:**

**TSH** - A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some form of auto-antibodies.

**Thyroid dysfunction** - A high TSH value can also occur when someone with a normal thyroid disorder or who has had their thyroid gland removed is.

**thyroid hormone medication** - A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid

**hormone medication** or those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by

**additional testing** to investigate the cause of the increase or decrease.

**T3** - Thyroxine (T3) contributes significantly to the maintenance of the metabolic state and the total T3 concentration has a role in screening for thyroid disease.

In combination with other tests, T3 alone cannot diagnose hyperthyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

**T4** - Thyroxine accounts for at least 90% of circulating protein-bound iodine. While 98.8% of T4 is protein-bound, primarily to thyroxine-binding globulin (TBG), it

is the free fraction that is biologically active. In most patients the total T4 level is a good estimate of thyroid status, however it can sometimes be inadequate and

diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

*Pramit Bhargava*

Pramit Bhargava  
Lab Technician



*Dr. Harsh Kharode*

DR. HARSH KHARODE  
MBBS, MD PATHOLOGY  
Pathologist  
SBC, Reg No. 200802 HMC

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HQ- Sea Bird Medicine Centre (ISO 9001:2015) A-504-402, Heritage Plaza, 7th Cross Lane, Anandhi East 2nd, Malabar, Mumbai- 40. Tel: 022- 48020194  
Fax: 022- 25704055 / 25704057

## CONDITIONS OF REPORTING

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Central Laboratory: 103-104 Gateway Plaza, Central Avenue Road, Kharmandan Gardens Powai,  
Mumbai-400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 33249241370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



Ref No : **CR1828**  
Name : **ANOT HAZMURH GATA**  
Sex / Age : **Male / 08 years**  
Ref by : **WORLD HEALTH AND LIFESTYLE LIMITED**

Address:  
Sample Collected At:  
**Sea Bird Medicine**  
105-107 Gateway Plaza, Central Avenue, Henderson  
Cardno, Postal Number: 400776  
Processing Location: - Sea Bird Medicine  
105-107 Gateway Plaza, Central Avenue, Henderson  
Cardno, Postal Number: 400776

Reg. Date:  
**28-Aug-2024 / 10:00 am**  
Call Date:  
**28-Aug-2024 / 10:07 am**  
Report Date:  
**28-Aug-2024 / 10:47 pm**

**REPORT**

**URINE ANALYSIS**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
<b>PHYSICAL EXAMINATION</b>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 30
Appearance	Clear		Clear
Reaction (pH)	5.5		5.0 - 8.0
Specific Gravity	1.015		1.000 - 1.030
<b>CHEMICAL EXAMINATION</b>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

Mally B  
Lab Technician



DR WALLY MARCHIE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No: 200021982

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022 25701053 / 9324924170 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PC No : CH43333  
Name : 4907 ANUSH GALL  
Sex / Age : Male / 39 Year  
Ref By : WOLFF HEALTH AND LIFESTYLE LIMITED

Reference:  
Sample Collected At:  
Sea Bird Medicare  
125-127 Gateway Plaza, Central Avenue, Howardston  
Gardens, Fremantle, Mordialoo 400136  
Processing Location : Sea Bird Medicare  
125-127 Gateway Plaza, Central Avenue, Howardston  
Gardens, Fremantle, Mordialoo 400136

Reg. Date  
26-Aug-2024 12:02 am  
Call Date  
26-Aug-2024 12:07 am  
Report Date  
26-Aug-2024 / 2:42 pm

**REPORT**

**URINE ANALYSIS**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Clot Blood	Absent		Absent
<b>MICROSCOPIC EXAMINATION</b>			
Flat Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

**METHOD:**

Physical Examination: Visual Site Method  
Chemical Examination: Multistix (Ac-coupling), Benz/Peroxidase, Microalbumin (albumin-indoleoxime reaction), Protein/Protein Rat, Leukocyte Esterase (Phosphatase activity release), Nitrite/Oxidation, pH/Qualitative, Protein/Protein Ratio of Indicator, Specific Gravity/Refraction method, Urinometer/Check,  
Microscopy Examination: Automated/Manual Microscopy

----- End of Report -----

Nadya B  
Lab Technician



DR BITESH PRASAD  
MBBS, MD PATHOLOGY  
Pathologist  
MVIC Reg No. 232621982

Page 17 of 18

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Phone: 022-2570403 / 2570407

Mobile: 0484-322000 / 4050000

Website: [www.seabirdmf.com](http://www.seabirdmf.com) | Email: [seabird@seabirdmf.com](mailto:seabird@seabirdmf.com)

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Central Laboratory: 102-101-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Phase, Mumbai 400076, India

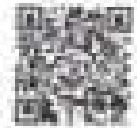
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022 25701055 / 9324034870 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Pawai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)





Ref No: VTH4330  
Name: ABET RAMVORN SAKA  
Sex / Age: Male / 27 Years  
Ref to: APOLLO HEALTH AND LIFESTYLE (AHL)

Reference:  
Sample Collected At:  
Sea Bird Medicare  
125-127 Gateway Plaza, Central Avenue, Westland  
Surrey, Postal, Mumbai-400076  
Processing Location: Sea Bird Medicare  
125-127 Gateway Plaza, Central Avenue, Westland  
Surrey, Postal, Mumbai-400076

Reg. Date:  
28-Aug-2024 / 10:00 am  
Call Date:  
28-Aug-2024 / 10:07 am  
Report Date:  
28-Aug-2024 / 1:40 pm

**REPORT**

**VITAMIN D TOTAL 25-OH (D2 + D3)**

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
VITAMIN D TOTAL Serum, Methanol:PLA	2.1	ng/ml	Interpretation mentioned below

**METHOD:** Double immunoassay competitive method with a free testosterone detection (ELISA) on ADVIA VISION automated immunoassay system.

**Interpretation:**

Deficiency: <10 ng/ml

Sufficiency: 20-100 ng/ml

Insufficiency: 10-100 ng/ml

Toxicity: >100 ng/ml

Levels >10 ng/ml may be associated with more severe osteoporosis and can lead to osteoporosis reclassification of newly formed calcium

resulting in rickets in children and osteomalacia in adults.

Patients who present with hyperparathyroidism, hypoparathyroidism and low PTH may suffer either from vitamin D deficiency or excess of

25-OH (D2 + D3) or 1,25(OH)<sub>2</sub>-D3 as an effect of

granuloma disease, particularly sarcoidosis or from iatrogenically induced hyperparathyroidism. In Serum 1,25 (OH)<sub>2</sub>(D3) level will be high in

both groups, but only patients with

hyperparathyroidism will have serum 25-OH(D2 + D3) concentrations of >100 ng/ml.

———— End of Report ————

*P. Chavan*

Pravin Chavan  
Lab Technician



*Dr. Nitish Kharche*

DR NITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MBC Reg No. 200802198

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Central Laboratory: 103-105, 104 Gateway Plaza, Central Avenue Road, Hirvaandani Gardens Powai, Mumbai 400076, India

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022-25701053 / 9324034370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

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# SEA BIRD MEDICARE CENTRE

Report ID : ADR24618229      Req. : 24-Aug-2024  
Patient Name : Mr. ANKIT GALA      Report Date : 24-Aug-2024  
Rank :      Company Name : M/S. APOLLO HEALTH AND LIFESTYLE  
Ref By : DR. PARAG ARVIND PRADHAN      Age/Sex : 39 Year / Male

## CHEST X RAY REPORT

X-Ray No : 5057

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

**Normal Chest X-Ray.**

  
Dr. Jyoti  
Mathur MD



Proudly... Caring For You



Name: Mr ANKIT GALA

Age : 39Y

Sex : Male

Date :24/08/2024

Ref Dr : SELF

## USG ABDOMEN AND PELVIS

**LIVER:** Liver appears normal in size 12.4cm and shows diffuse increased echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

**PANCREAS:** Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

**SPLEEN:** Spleen is normal in size, shape and echotexture. No focal lesion is seen.

**KIDNEYS:** Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 9.3 x 5.0cm. Left kidney measure 9.6 x 5.1cm

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**PROSTATE:** Prostate is normal in size measuring 3.5 x 3.6 x 3.4cm vol-23.1 gms and echotexture. No evidence of any focal lesion.

No free fluid or significant lymphadenopathy is seen.

**IMPRESSION:** Fatty liver grade I.

Advice: Clinical co-relates and further evaluations.



*Priyanka Verulkar*

DR. PRIYANKA VERULKAR

CONSULTANT RADIOLOGIST

**Thanks for Referrals:** Note the above report represents interpretation of various radiographic studies, and has its own limitations. This report has to be co-related clinic-pathologically by the referring physician and it does not represent the sole diagnosis.

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HC- Sea Bird Medicare Centre (SO 905,2012), A-101-102, Heritage Plaza, Toll Cross Lane, Andheri East (W. Station), Mumbai- 40 Tel: 022- 4932754

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Website: [www.seabird.com](http://www.seabird.com) | Email: [seabird@seabird.com](mailto:seabird@seabird.com)





Laboratory Report		Lab ID : 40833812151
<b>Patient</b> : Mr. ANKIT HASMEKH DALA <b>DOB</b> :  <b>Tel No</b> : <b>PO No</b> : <b>Sex/Age</b> : Male / 38 Years <b>Ref Id</b> : <b>Specimen</b> : Serum	<b>Ref. By</b> :  <b>Client</b> : Sai Sidh Medicine Pvt Ltd - Power 102-104, Gateway Plaza, Central Avenue, Hinjewadi Goregaon Power - 400075  <b>Processing Location</b> : NDPL, Hinjewadi	<b>Registered On</b> : 24-Aug-2024 18:00 <b>Collected On</b> : 24-Aug-2024 18:00 <b>Reported On</b> : 24-Aug-2024 21:34

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	REMARKS
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### VITAMIN B - 12

Vitamin B - 12 Level	L 105.0	pg/mL	187-883	
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**Remarks:** Kindly correlate clinically

**Introduction:**

Vitamin B12, a member of the cobalt family, is a cofactor for the formation of methyl, and along with folic acid, is required for DNA synthesis. Levels above 300 pg/mL are rarely associated with B12 deficiency-related hematological or neurological disease.

**Clinical Significance:**

Causes of Vitamin B12 deficiency can be divided into three classes: Nutritional, malabsorption syndromes and gastrointestinal causes. B12 deficiency can cause Megaloblastic anemia (MA), nerve damage and degeneration of the spinal cord. Lack of B12 over time definitely damages the myelin sheath. The nerve damage caused by a lack of B12 may become permanently disabling.

The relationship between B12 and MA is not always clear. Some patients with MA will have normal B12 levels; conversely, many individuals with B12 deficiency are not affected with MA.

**Decreased in:**

Iron deficiency, normal iron iron, pregnancy, vegetarians, certain gastrointestinal disease, other disease, use of oral contraceptives, severely constipated, pernicious anemia, alcohol intake and advancing age.

**Increased in:**

Iron Deficiency, Iron Deficiency and Hemoglobinopathy Diseases.

Increased due to age. Increases with age.

Temporarily increased after drug.

Levels high in defibrinated sample.

----- End Of Report -----

Verified by  
 SDG



*Dr. Nilesh Bhansare*  
**Dr. Nilesh Bhansare**  
 M.D Pathologist  
 020-26119000

Page 1 of 1



## SEABIRD MEDICARE CENTRE POWAI

**Patient Details**

Date: 24-Aug-24

Time: 10:18:59

Name: ANKIT GALA ID: 4152

Age: 29 y

Sex: M

Height: 172 cms.

Weight: 80 Kg.

Clinical History: NIL

Medications: NIL

**Test Details**

Protocol: Bruce

Pr.MHR: 184 bpm

THR: 153 (83% of Pr.MHR) bpm

Total Exec. Time: 7 m 19 s

Max. HR: 157 (85% of Pr.MHR) bpm

Max. Mets: 10.20

Max. BP: 150/90 mmHg

Max. BP x HR: 23120 mmHg/min

Min. BP x HR: 6440 mmHg/min

Test Termination Criteria: THR ACHIEVED

**Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mmHg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 27	1.0	0	0	83	110 / 70	-0.04 aVR	2.48 V2
Standing	0 : 2	1.0	0	0	83	110 / 70	-0.04 aVR	1.77 II
Hyperextension	1 : 28	1.0	0	0	82	110 / 70	-0.05 aVR	3.18 V2
1	3 : 0	4.6	1.7	10	127	120 / 80	-2.12 aVR	6.31 II
2	3 : 0	7.0	2.9	12	140	140 / 90	-1.08 aVR	5.31 V2
Peak Ex	1 : 19	10.2	3.4	14	157	140 / 90	-1.70 aVR	5.88 V2
Recovery(1)	2 : 0	1.8	1	0	100	100 / 80	-1.27 aVR	5.88 V2
Recovery(2)	2 : 0	1.0	0	0	114	140 / 90	-0.42 aVR	3.54 V2
Recovery(3)	2 : 0	1.0	0	0	108	130 / 90	-0.42 aVR	2.48 II
Recovery(4)	0 : 10	1.0	0	0	104	130 / 90	-0.04 aVR	2.48 V2

**Interpretation**

The patient exercised according to the Bruce protocol for 7 m 19 s achieving a work level of Max. METS - 10.20. Resting heart rate initially 83 bpm, rose to a max. heart rate of 157 (85% of Pr.MHR) bpm. Resting blood Pressure 110/70 mmHg, rose to a maximum blood pressure of 150/90 mmHg. No significant ST-T changes. TMT negative for inducible ischemia for the workload achieved.

**Dr. Minarini Singh**  
 Consultant Physician  
 MBBS, DNB, MRCP (UK), EDC  
 Reg. No. 2019/02/0392



Ref Doctor: APOLLO

(Summary Report asked by user)

Doctor: -

(If Doctor Healthcare info not available)



# SEABIRD MEDICARE CENTRE POWAI

ANKIT GALA (39 M)

ID: 4152

Date: 24-Aug-24

Exam Time: 0:00:00

Stage Time: 0:00:27 • HR: 93 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0%

(THR: 152 bpm)

BP: 110 / 70



Chart Speed: 25 mm/sec

Filter: 35 Hz

Main Fil: Off

Ampl: 10 mm

10-0-0mm

2-0-0mm

Rec'd 25-0mm

Serial Number: V-47

# SEABIRD MEDICARE CENTRE POWAI

**ANKIT GALA (38 M)**

ID: 4152

Date: 24-Aug-24

Exec Time: 0 m 0 s

Stage Time: 0 m 2 s

HR: 95 bpm

Physical: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0%

(THR: 152 bpm)

BP: 110 / 70



Chart Speed: 25 mm/sec

Filter: 35 Hz

Main Fil: ON

Ampl: 10 mm

II-7-25mm

V-5-25mm

AVL-2-25mm

Scale: QRS V x 1

# SEABIRD MEDICARE CENTRE POWAI

ANKIT GALA (39 M)

ID: 4152

Date: 24-Aug-24

Exam Time: 0 m 0 s

Stage Time: 1 m 38 s HR: 92 bpm

Protocol: Stress

Stage: Hyperventilation

Speed: 0 mph

Grade: 0%

(THR: 152 bpm)

S-P: 110 / 70

ST Level (mm)

ST Slope (mV / s)

ST Level (mm)

ST Slope (mV / s)

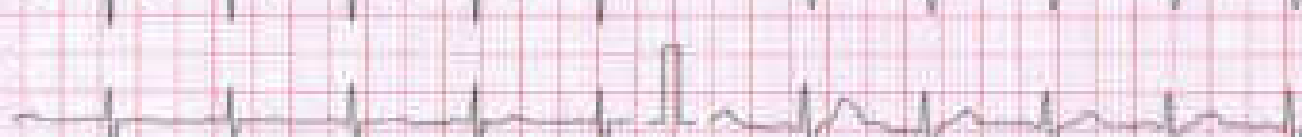


Chart Speed: 25 mm/sec  
Paper Speed: 147

Filter: 35 Hz

Main: FIB, CM

Temp: 10 mm

HR: 92 bpm

HR: 92 bpm

# SEABIRD MEDICARE CENTRE POWAI

ANKIT GALA (39 M)

ID: 4152

Date: 24-Aug-24

Exec Time: 5.m.0.s

Stage Time: 5.m.0.s

HR: 127 bpm

Protocol: STOC

Stage: 1

Speed: 1.7 mph

Grade: 10%

(TMR: 102 bpm)

EF: 120 / 80

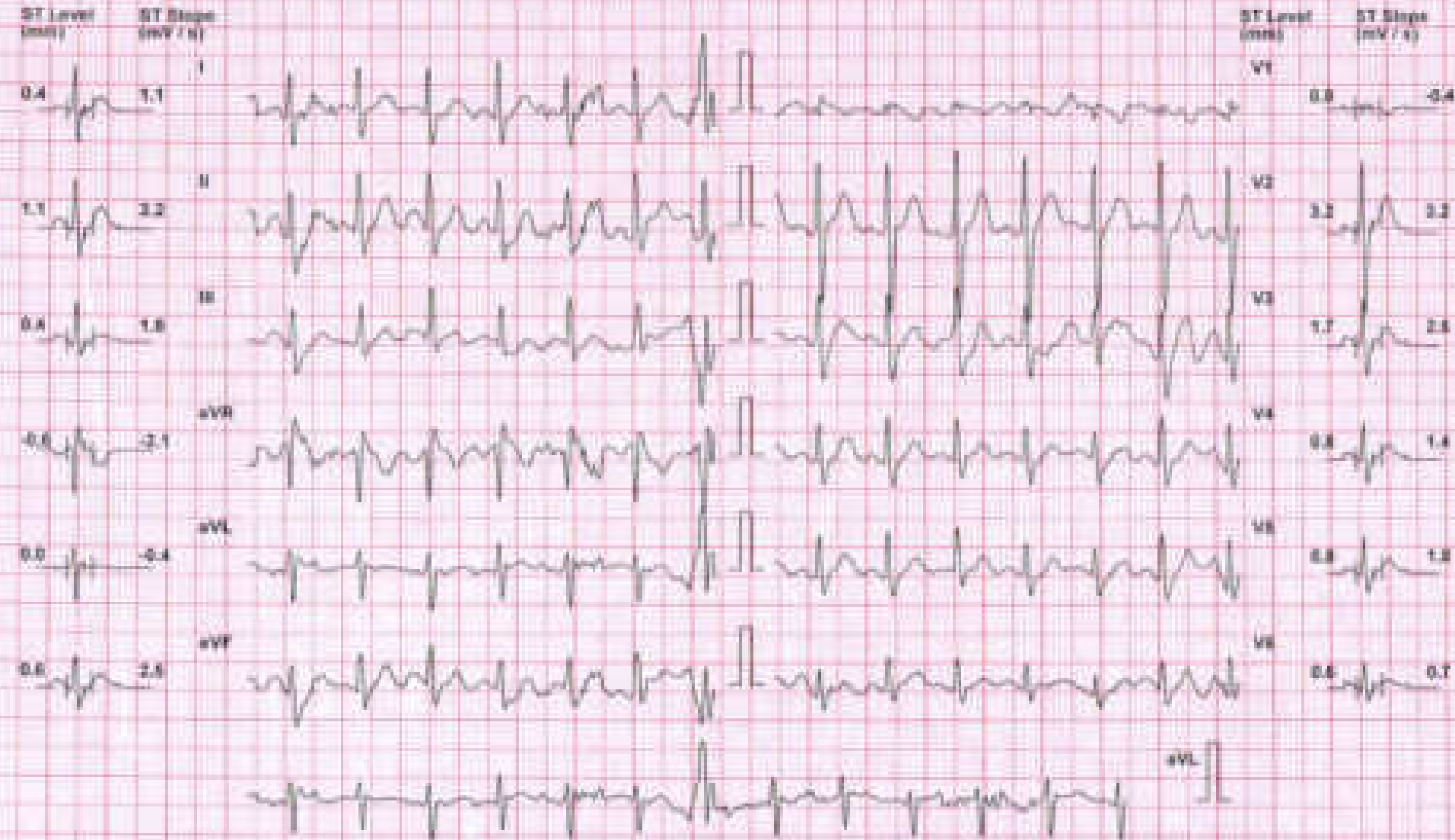


Chart Speed: 25 mm/sec  
 Paper: Standard V1

Filter: 35 Hz

Mark F2: ON

Ampl: 10 mm

20-2-500

20-2-500

20-2-500

# SEABIRD MEDICARE CENTRE POWAI

ANKIT GALA (39 M)

ID: 4152

Date: 24-Aug-24

Exec Time: 6:45:04

Stage Time: 3 m 0 s

HR: 148 bpm

Protocol: Stress

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 152 bpm)

BP: 140 / 90

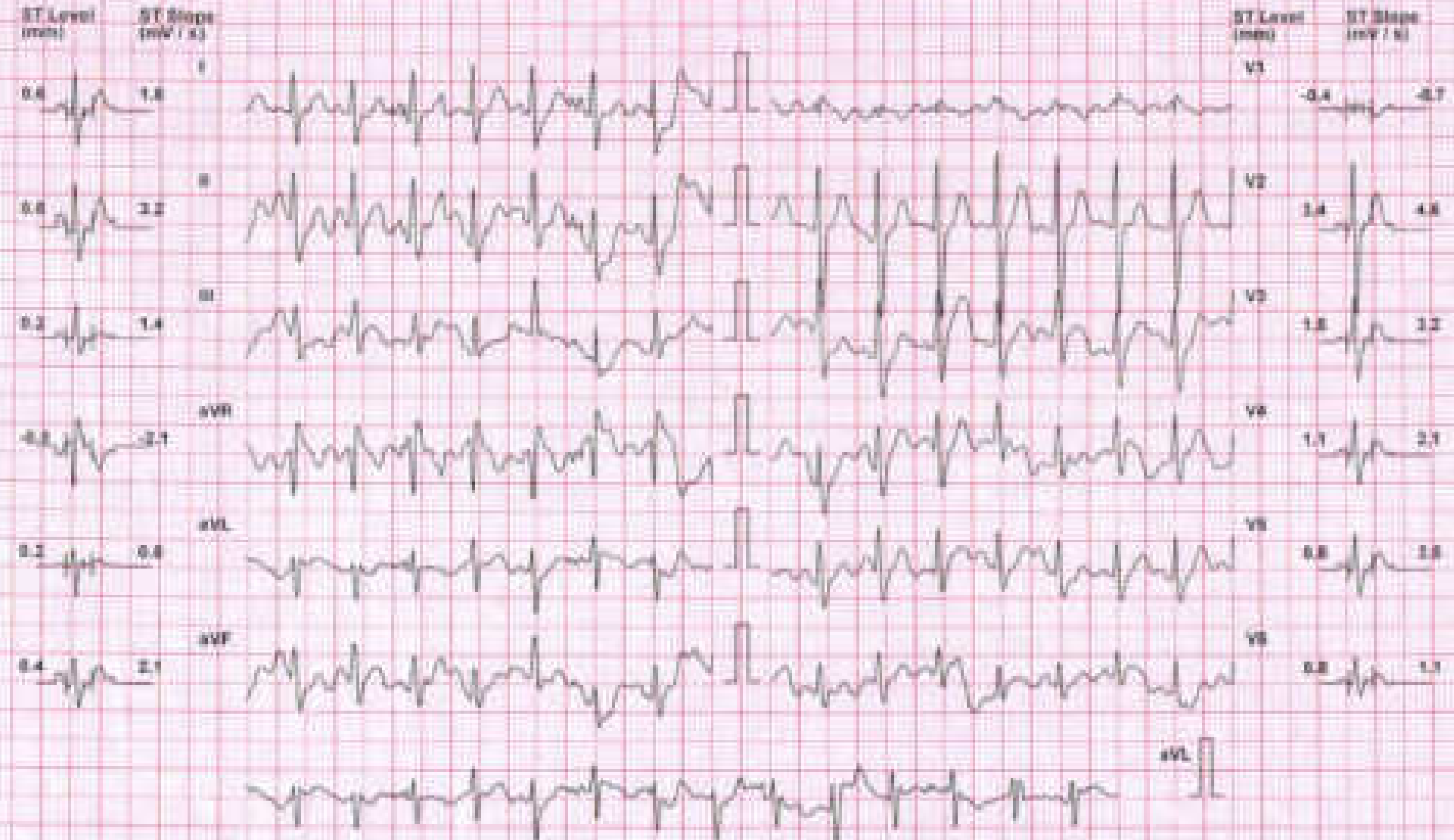


Chart Speed: 25 mm/sec

Filter: 35 Hz

Main Filter ON

Ampl: 10 mm

20-100 Hz

1-100 Hz

0.5-100 Hz

Scale: 10 mm

# SEABIRD MEDICARE CENTRE POWAI

ANRUT GALA (39 M)

ID: 4152

Date: 24 Aug 24

Exec Time: 7 m 10 s

Stage Time: 1 m 10 s

HR: 157 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 152 bpm)

BP: 140 / 90

ST Level (mV)

ST Slope (mV/s)

ST Level (mV)

ST Slope (mV/s)

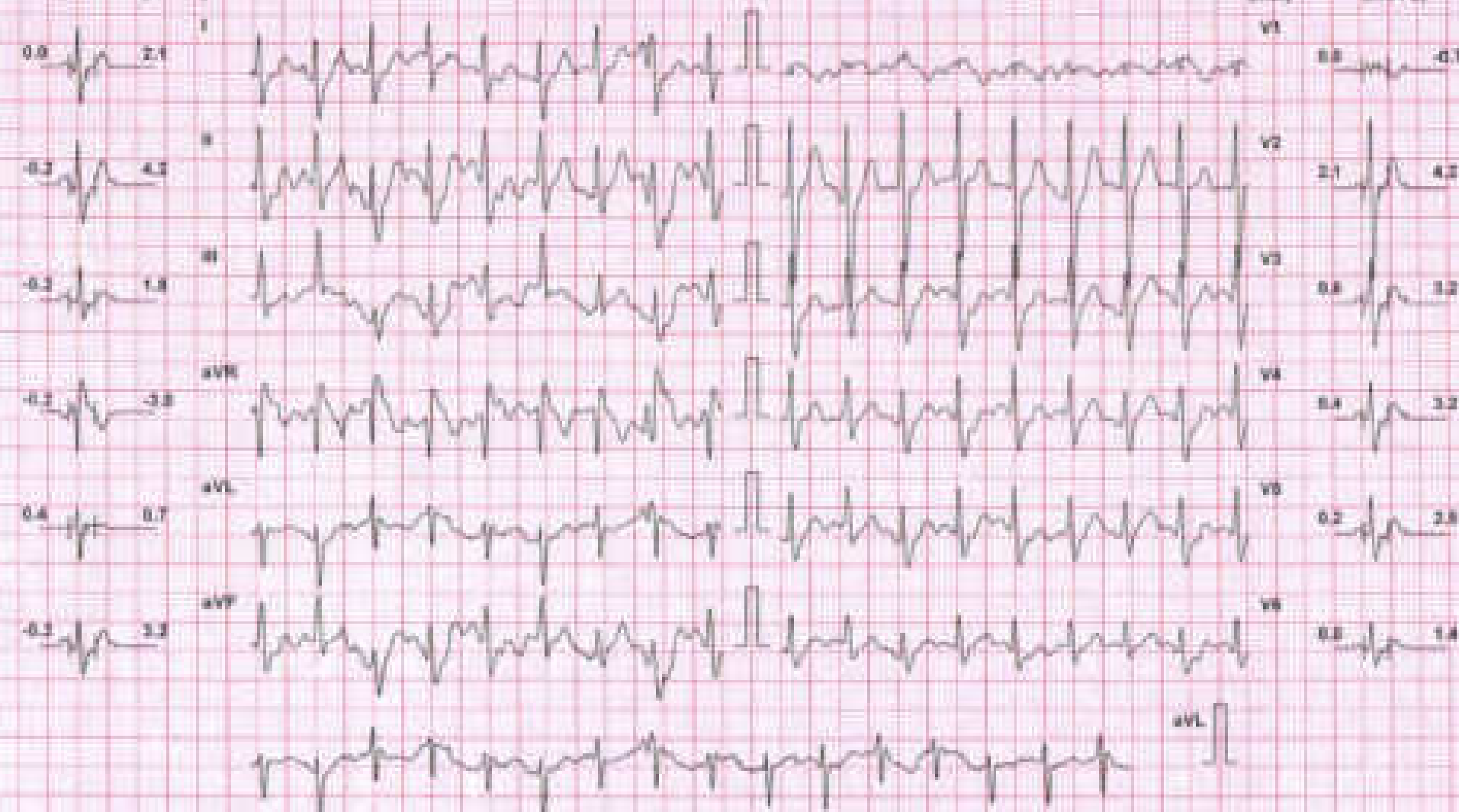


Chart Speed: 25 mm/sec

Paper: 35 Hz

Main: Fil: CM

Ampl: 10 mm

60 - 4 - 20ms

2 - 2 - 20ms

Red: 2 - 20ms

Scale: 2.5 mV

# SEABIRD MEDICARE CENTRE POWAI

**ANRUT GALA (39 M)**

ID: 4152

Date: 24-Aug-24

Basic Time: 7:26:19 s Stage Time: 2 m 0 s

HR: 106 bpm

Probosc: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 153 bpm)

SpO<sub>2</sub>: 100 / 90



Chart Speed: 25 mm/sec  
Scale: Standard V & T

Filter: 35 Hz

Main: Filt: Off

Ampl: 10 mm

III + V - 40mm

V1 + V - 40mm

Lead II + V - 40mm



# SEABIRD MEDICARE CENTRE POWAI

**ANRIT GALA (39 M)**

ID: 8152

Date: 24-Aug-24

Exam Time: 7 m 10 s

Stage Time: 2 m 0 s

HR: 114 bpm

Protocol: 1hr

Stage: Recovery(2)

Speed: 0 mph

Grade: 0%

Temp: 15.5 bpm

SpO2: 140 / 90

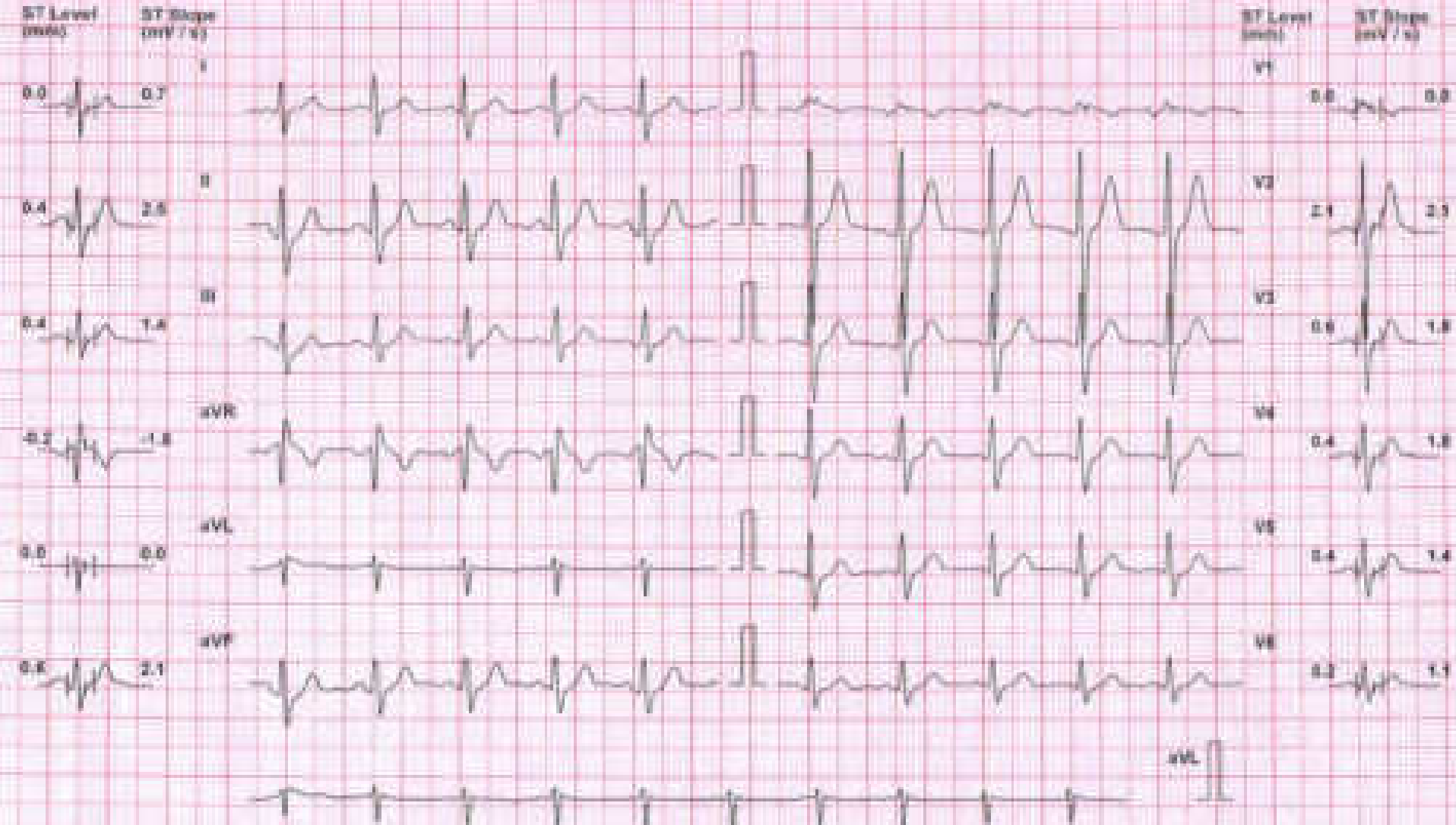


Chart Speed: 25 mm/sec  
Scale: 10 mm

Filter: 35 Hz

Main Fil: ON

Ampl: 10 mm

60-150 Hz

1-150 Hz

1-150 Hz



# SEABIRD MEDICARE CENTRE POWAI

**ANKIT GALA (39 M)**

ID: 4142

Date: 24-Aug-24

Exec Time: 7 m 10 s

Stage Time: 2 m 0 s

HR: 108 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 153 bpm)

ST: 130 / 90

ST Level (mm)

ST Slope (mV / s)

ST Level (mm)

ST Slope (mV / s)

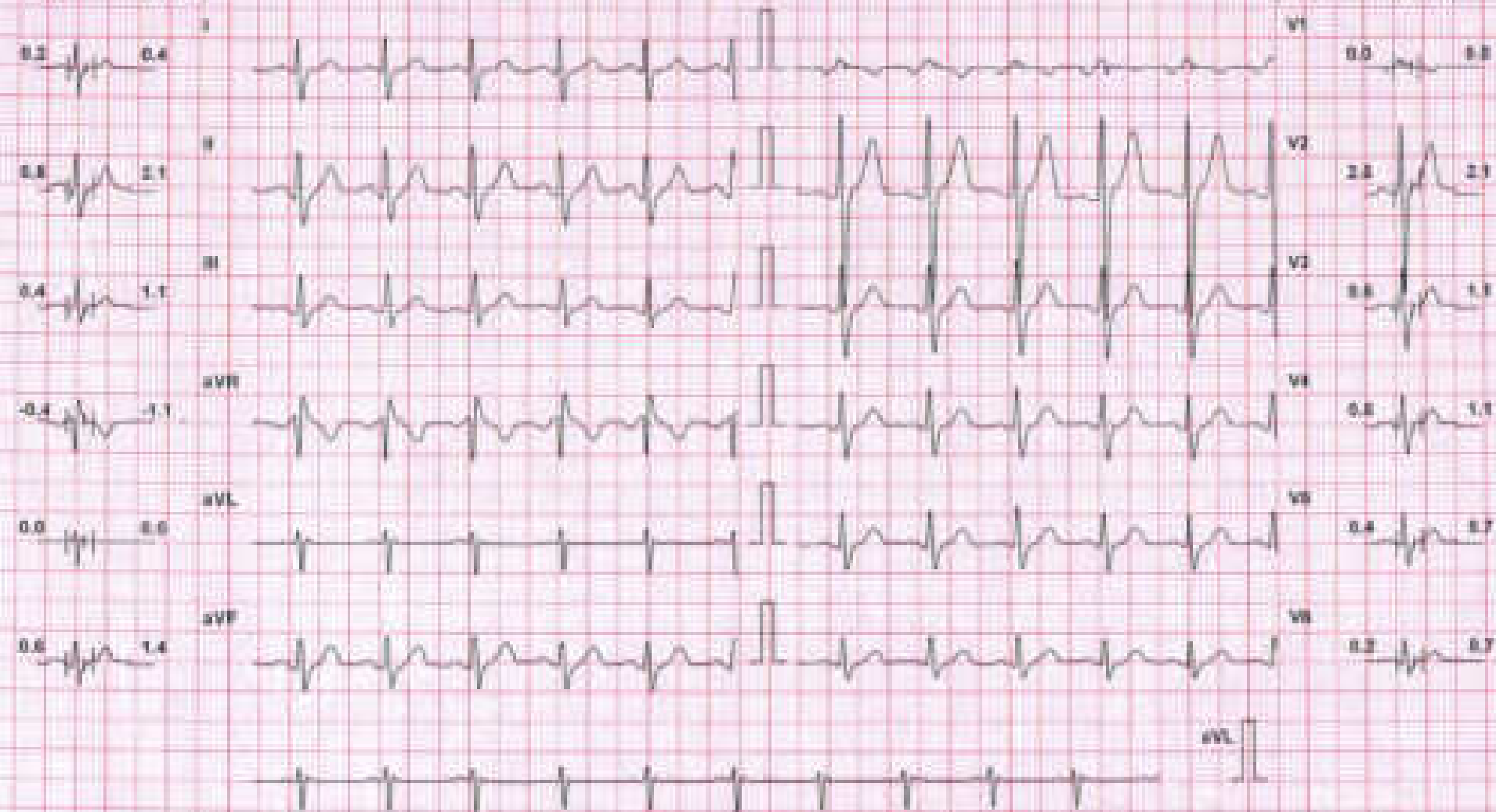


Chart Speed: 25 mm/sec    Filter: 30 Hz    Mains F/E: ON    Amp: 10 mm    R: 10-20ms    P: 10-20ms    PR: 10-20ms