

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	KAVITA VERMA
DATE OF BIRTH	14-06-1989
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	28-01-2023
BOOKING REFERENCE NO.	22M89410100036204S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. VERMA MANISH KUMAR
EMPLOYEE EC NO.	89410
EMPLOYEE DESIGNATION	BRANCH HEAD
EMPLOYEE PLACE OF WORK	GAJRAULA
EMPLOYEE BIRTHDATE	05-02-1988

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **09-01-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation

भारत सरकार

कविता सिंह
Kavita Singh
जन्म तिथि / DOB : 14/06/1989
महिला / FEMALE

Issue Date: 23/08/2014

3817 0952 1098

मेरा आधार, मेरी पहचान

भारतीय रिजर्व बैंक अधिनियम
Reserve Bank of India
RAGHAAR

पता: W/O मनीष कुमार वर्मा, ई-35, ट्रांस यमुना
कोलोनी, फेस-2, पोस्ट- नारायच, आगरा, आगरा,
उत्तर प्रदेश, 282001
Address: W/O Manish Kumar Verma, E-35,
Trans Yamuna Colony Phase-2, Post-
Naraich,, Agra, Agra, Uttar Pradesh, 282001

Print Date: 01/06/2021

3817 0952 1098

1947 help@uidai.gov.in www.uidai.gov.in

LABORATORY REPORT

Name	: MRS KAVITA SINGH	Age	: 33 Yr(s) Sex :Female
Registration No	: MH010741569	Lab No	: 32230110318
Patient Episode	: H18000000176	Collection Date	: 28 Jan 2023 20:26
Referred By	: HEALTH CHECK MGD	Reporting Date	: 29 Jan 2023 08:17
Receiving Date	: 28 Jan 2023 21:13		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	1.04	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	8.12	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.490	μIU/mL	[0.340-4.250]
1st Trimester:0.6 - 3.4	micIU/mL		
2nd Trimester:0.37 - 3.6	micIU/mL		
3rd Trimester:0.38 - 4.04	micIU/mL		

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

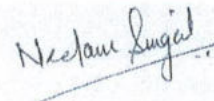
* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Page 1 of 8

-----END OF REPORT-----



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

LABORATORY REPORT

Name	: MRS KAVITA SINGH	Age	: 33 Yr(s) Sex :Female
Registration No	: MH010741569	Lab No	: 202301002983
Patient Episode	: H18000000176	Collection Date	: 28 Jan 2023 10:36
Referred By	: HEALTH CHECK MGD	Reporting Date	: 28 Jan 2023 16:36
Receiving Date	: 28 Jan 2023 10:36		

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDENCE)	4.38	millions/cu mm	[3.80-4.80]
HEMOGLOBIN	11.8 #	g/dl	[12.0-15.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	36.7	%	[36.0-46.0]
MCV (DERIVED)	83.8	fL	[83.0-101.0]
MCH (CALCULATED)	26.9 #	pg	[27.0-32.0]
MCHC (CALCULATED)	32.2	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	14.5 #	%	[11.6-14.0]
Platelet count	165	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	12.1		
WBC COUNT (TC) (IMPEDENCE)	7.41	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	70.0	%	[40.0-80.0]
Lymphocytes	24.0	%	[17.0-45.0]
Monocytes	5.0	%	[2.0-10.0]
Eosinophils	1.0 #	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	54.0 #	/1sthour	[0.0-

LABORATORY REPORT

Name	: MRS KAVITA SINGH	Age	: 33 Yr(s) Sex :Female
Registration No	: MH010741569	Lab No	: 202301002983
Patient Episode	: H18000000176	Collection Date	: 28 Jan 2023 10:36
Referred By	: HEALTH CHECK MGD	Reporting Date	: 28 Jan 2023 18:18
Receiving Date	: 28 Jan 2023 10:36		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.5	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association (ADA)			
HbA1c in %			
Non diabetic adults >= 18years <5.7			
Prediabetes (At Risk)5.7-6.4			
Diagnosing Diabetes >= 6.5			
Estimated Average Glucose (eAG)	111	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction [pH]	5.0	(4.6-8.0)
Specific Gravity	1.005	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NOT DETECTED)
Glucose	Normal	(NOT DETECTED)
Ketone Bodies	Negative	(NOT DETECTED)
Urobilinogen	Normal	(NORMAL)

LABORATORY REPORT

Name	: MRS KAVITA SINGH	Age	: 33 Yr(s) Sex :Female
Registration No	: MH010741569	Lab No	: 202301002983
Patient Episode	: H18000000176	Collection Date	: 28 Jan 2023 11:12
Referred By	: HEALTH CHECK MGD	Reporting Date	: 28 Jan 2023 16:21
Receiving Date	: 28 Jan 2023 11:12		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpF)
RBC	NIL	(0-2/hpF)
Epithelial Cells	1-2 /hpf	
CASTS	NIL	
Crystals	NIL	
OTHERS	NIL	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	162	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	93	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	56.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	19	mg/dl	[0-35]
CHOLESTEROL, LDL, DIRECT	87.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189 <4.0 Optimal 4.0-5.0 Borderline >6 High Risk
Above optimal-100-129			
T.Chol/HDL.Chol ratio(Calculated)	2.9		<3 Optimal 3-4 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio(Calculated)	1.6		

Note:

LABORATORY REPORT

Name	: MRS KAVITA SINGH	Age	: 33 Yr(s) Sex :Female
Registration No	: MH010741569	Lab No	: 202301002983
Patient Episode	: H18000000176	Collection Date	: 28 Jan 2023 10:36
Referred By	: HEALTH CHECK MGD	Reporting Date	: 28 Jan 2023 16:05
Receiving Date	: 28 Jan 2023 10:36		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
------	--------	------	-------------------------------

Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum

UREA	14.2 #	mg/dl	[15.0-40.0]
-------------	--------	-------	-------------

Method: GLDH, Kinatic assay

BUN, BLOOD UREA NITROGEN	6.6 #	mg/dl	[8.0-20.0]
---------------------------------	-------	-------	------------

Method: Calculated

CREATININE, SERUM	0.67 #	mg/dl	[0.70-1.20]
--------------------------	--------	-------	-------------

Method: Jaffe rate-IDMS Standardization

URIC ACID	6.1	mg/dl	[4.0-8.5]
------------------	-----	-------	-----------

Method:uricase PAP

SODIUM, SERUM	137.0	mmol/L	[136.0-144.0]
----------------------	-------	--------	---------------

POTASSIUM, SERUM	4.28	mmol/L	[3.60-5.10]
-------------------------	------	--------	-------------

SERUM CHLORIDE	104.9	mmol/l	[101.0-111.0]
-----------------------	-------	--------	---------------

Method: ISE Indirect

eGFR (calculated)	115.9	ml/min/1.73sq.m	[>60.0]
--------------------------	-------	-----------------	---------

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LABORATORY REPORT

Name	: MRS KAVITA SINGH	Age	: 33 Yr(s) Sex :Female
Registration No	: MH010741569	Lab No	: 202301002983
Patient Episode	: H18000000176	Collection Date	: 28 Jan 2023 10:36
Referred By	: HEALTH CHECK MGD	Reporting Date	: 28 Jan 2023 16:05
Receiving Date	: 28 Jan 2023 10:36		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.55	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.13	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.42 #	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	7.50	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.11	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	3.40	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.21		[1.00-2.50]
AST (SGOT) (SERUM) Method: IFCC W/O P5P	25.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) Method: IFCC W/O P5P	28.00	U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	80.0	IU/L	[40.0-98.0]
GGT	27.0		[7.0-50.0]

LABORATORY REPORT

Name : MRS KAVITA SINGH Age : 33 Yr(s) Sex :Female
Registration No : MH1010741569 Lab No : 202301002983
Patient Episode : H18000000176 Collection Date : 28 Jan 2023 10:36
Referred By : HEALTH CHECK MGD Reporting Date : 28 Jan 2023 18:09
Receiving Date : 28 Jan 2023 10:36

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
------	--------	------	-------------------------------

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing B Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

Page 7 of 8

-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

LABORATORY REPORT

Name : MRS KAVITA SINGH **Age** : 33 Yr(s) Sex :Female
Registration No : MH010741569 **Lab No** : 202301002984
Patient Episode : H18000000176 **Collection Date** : 28 Jan 2023 10:36
Referred By : HEALTH CHECK MGD **Reporting Date** : 28 Jan 2023 16:05
Receiving Date : 28 Jan 2023 10:36

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	101.0	mg/dl	[70.0-110.0]

Page 8 of 8

-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

RADIOLOGY REPORT

Name	Kavita SINGH	Modality	US
Patient ID	MH010741569	Accession No	R5091605
Gender/Age	F / 33Y 7M 16D	Scan Date	28-01-2023 10:48:58
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	28-01-2023 11:24:16

**USG ABDOMEN & PELVIS
FINDINGS**

LIVER: appears mildly enlarged in size (measures 151 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade II fatty infiltration. Rest normal.
 SPLEEN: Spleen is normal in size (measures 106 mm), shape and echotexture. Rest normal.
 PORTAL VEIN: Appears normal in size and measures 10.4 mm.
 COMMON BILE DUCT: Appears normal in size and measures 3.7 mm.
 IVC, HEPATIC VEINS: Normal.
 BILIARY SYSTEM: Normal.
 GALL BLADDER: Well distended with normal walls (~ 1.8 mm). Its lumen shows a single mobile calculus within measuring ~15 mm. Rest normal.
 PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.
 KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.
 Right Kidney: measures 85 x 43 mm.
 Left Kidney: measures 97 x 48 mm.
 PELVI-CALYCEAL SYSTEMS: Compact.
 NODES: Not enlarged.
 FLUID: Nil significant.
 URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
 UTERUS: Uterus is anteverted, bulky in size (measures 101 x 53 x 47 mm), normal in shape and echotexture. Endometrial thickness measures 11 mm. Cervix appears normal.
 OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.
 Right ovary measures 30 x 24 x 14 mm with volume 5.7 cc.
 Left ovary measures 27 x 22 x 14 mm with volume 4.3 cc.
 BOWEL: Visualized bowel loops appear normal.

IMPRESSION

- Mild hepatomegaly with diffuse grade II fatty infiltration in liver.
- Cholelithiasis.
- Bulky uterus with thickened endometrium.

Recommend clinical correlation.

MANIPAL HOSPITALS

The above report is subject to the terms and conditions mentioned overleaf. A manual signature is required.
 Teleradiology services provided by Manipal Hospitals Radiology Group
 www.manipalhospitals.com

RADIOLOGY REPORT

Name	Kavita SINGH	Modality	US
Patient ID	MH010741569	Accession No	R5091605
Gender/Age	F / 33Y 7M 16D	Scan Date	28-01-2023 10:48:58
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	28-01-2023 11:24:16



Dr. Monica Shekhawat, MBBS,DNB,
Consultant Radiologist,Reg No MCI 11 10887

RADIOLOGY REPORT

Name	Kavita SINGH	Modality	DX
Patient ID	MH010741569	Accession No	R5091604
Gender / Age	F / 33Y 7M 16D	Scan Date	28-01-2023 12:30:41
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	28-01-2023 13:09:23


XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.
 Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887

MANIPAL HOSPITALS

This report is subject to the terms and conditions mentioned overleaf
 This report is subject to the terms and conditions mentioned overleaf
 Teleradiology services provided by Manipal Hospitals Radiology Group
 www.manipalhospitals.com

kavita singh

ID: 010741569

28-Jan-2023 11:22:14

Manipal Hospitals, Ghaziabad

33years
Female Asian

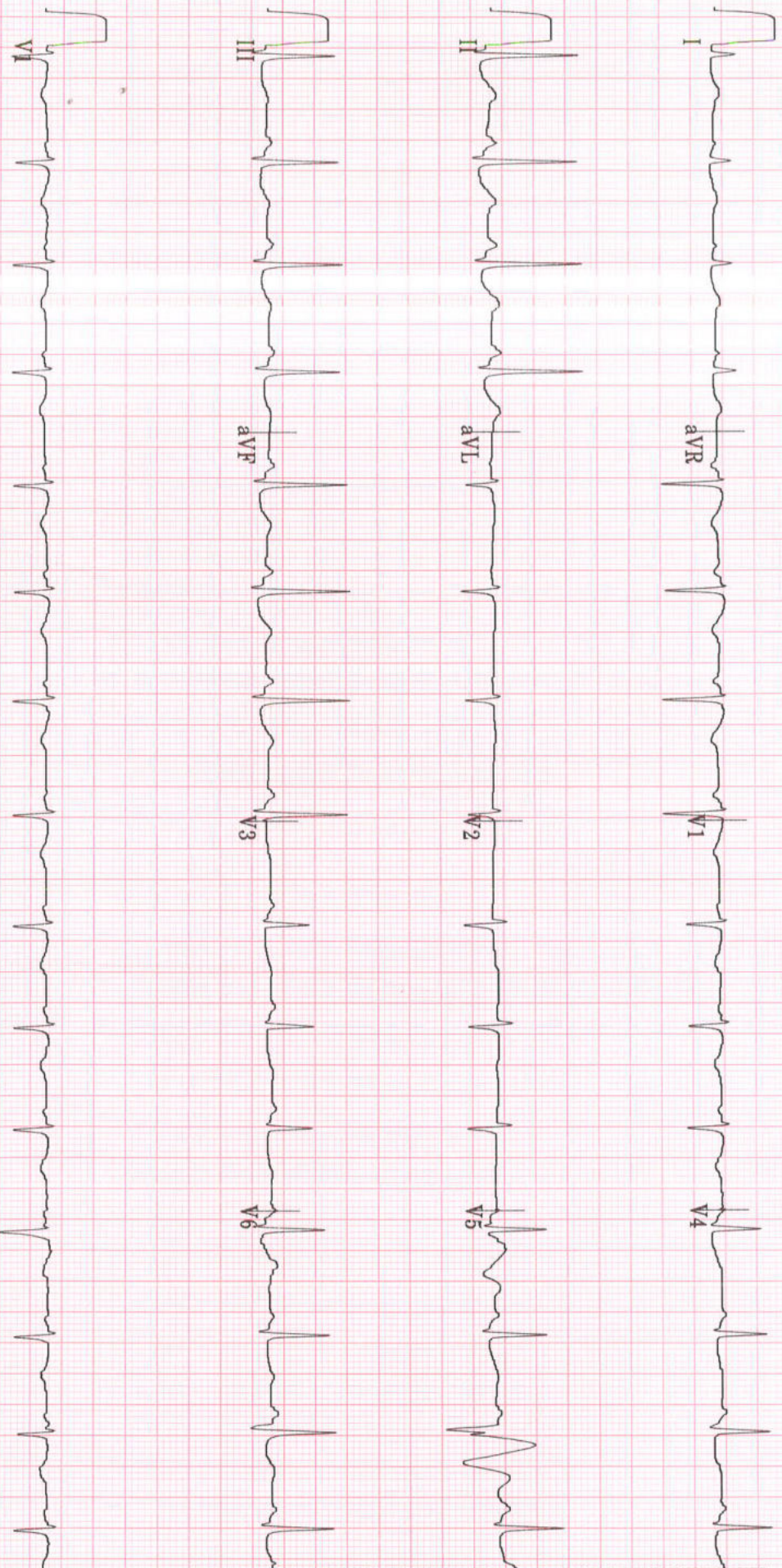
Vent. rate	89 bpm
PR interval	136 ms
QRS duration	70 ms
QT/QTc	364/442 ms
P-R-T axes	71 78 47

Demand pacemaker, interpretation is based on intrinsic rhythm
 Sinus rhythm with fusion complexes
 ST abnormality, possible digitalis effect
 Abnormal ECG

Technician:
Test ind:

Referred by: hcp

Unconfirmed



20 Hz 25.0 mm/s 10.0 mm/mV

Vital Signs 4 by 2.5s + 1 rhythm ld

PRINTED IN U.S.A. MAC055 009C 3 12SL™ V239



TMT INVESTIGATION REPORT

Patient Name : Mrs. Kavita SINGH	Location : Ghaziabad
Age/Sex : 33Year(s)/Female	Visit No : V0000000001-GHZB
MRN No :MH010741569	Order Date : 28/01/2023
Ref. Doctor : HCP	Report Date : 28/01/2023

Protocol : Bruce **MPHR** : 187BPM
Duration of exercise : 4min 00sec **85% of MPHR** : 158BPM
Reason for termination : THR achieved **Peak HR Achieved** : 196BPM
Blood Pressure (mmHg) : Baseline BP : 128/72mmHg **% Target HR** : 100%
Peak BP : 144/72mmHg **METS** : 5.8METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	117	128/72	Nil	No ST changes seen	Nil
STAGE 1	3:00	185	134/72	Nil	No ST changes seen	Nil
STAGE 2	1:00	196	144/72	Nil	No ST changes seen	Nil
RECOVERY	4:14	126	130/72	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra SinghMD, DM (CARDIOLOGY),FACC
Sr. Consultant Cardiology**Dr. Abhishek Singh**MD, DNB (CARDIOLOGY),MNAMS
Sr. Consultant Cardiology**Dr. Sudhanshu Mishra**MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017