

### CONCLUSION OF HEALTH CHECKUP

ECU Number	: 2470	MR Number	: 23202836	Patient Name	: SOMESH RUDRAKSHA
Age	: 37	Sex	: Male	Height	: 161
Weight	: 73	Ideal Weight	: 60	BMI	: 28.16
Date	: 23/03/2023				

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.



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ECU Number : 2470                      MR Number : 23202836                      Patient Name: SOMESH RUDRAKSHA  
Age : 37                                      Sex : Male                                      Height : 161  
Weight : 73                                      Ideal Weight : 60                                      BMI : 28.16  
Date : 23/03/2023

Past H/O : NO P/H/O ANY MAJOR ILLNESS

Present H/O : C/O B/L LEG PAIN - 2-3 MONTHS  
C/O BACK PAIN SINCE 6 MONTHS

Family H/O : FATHER: DIABETES AND HYPERTENSION

Habits : NO HABITS

Gen.Exam. : G.C.GOOD

B.P : 110/70 mm Hg

Pulse : 72/MIN REG

Others : SPO2-98%

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :



ECU Number : 2470  
Age : 37  
Weight : 73  
Date : 23/03/2023

MR Number : 23202836  
Sex : Male  
Ideal Weight : 60

Patient Name: SOMESH RUDRAKSHA  
Height : 161  
BMI : 28.16

**Ophthalmic Check Up :**

**Right**

**Left**

Ext Exam

NORMAL 6/6+0.25 SPH

Vision Without Glasses

6/6+0.50 SPH ! 80

NA

Vision With Glasses

NA

NA

Final Correction

NA

NA

Fundus

NORMAL

Colour Vision

NORMAL

Advice

NIL

**Orthopaedic Check Up :**

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

**General Surgery Check Up :**

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



Patient Name : Mr. SOMESH RUDRAKSHA  
Gender / Age : Male / 37 Years 9 Months 23 Days  
MR No / Bill No. : 23202836 / 231074134  
Consultant : Dr. Manish Mittal  
Location : OPD

Type : OPD  
Request No. : 114792  
Request Date : 23/03/2023 08:27 AM  
Collection Date : 23/03/2023 08:20 AM  
Approval Date : 23/03/2023 12:57 PM

**CBC + ESR**

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	14.3	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	4.82	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	41.9	%	40 - 50
Mean Corpuscular Volume (MCV)	86.9	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	29.7	pg	27 - 32
MCH Concentration (MCHC)	34.1	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	11.9	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	<b>38.9</b>	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	5.92	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	56	%	40 - 80
Lymphocytes	38	%	20 - 40
Eosinophils	1	%	1 - 6
Monocytes	5	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	3.30	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.20	thou/cmm	1 - 3
Eosinophils (Abs. Value)	<b>0.06</b>	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.33	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.03	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	175	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	2	mm/1 hr	0 - 10

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. SOMESH RUDRAKSHA  
Gender / Age : Male / 37 Years 9 Months 23 Days  
MR No / Bill No. : 23202836 / 231074134  
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### CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.

Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser + Smear verification. ESR on Ves-metic 20, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path), DCP.

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### Haematology

Test	Result	Units	Biological Ref. Range
<b>Blood Group</b>			
ABO system	B		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check's group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

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**Fasting Plasma Glucose**

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	102	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	105	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimesion

--- End of Report ---

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**HbA1c (Glycosylated Hb)**

Test	Result	Units	Biological Ref. Range
<b>HbA1c (Glycosylated Hb)</b>			
Glycosylated Hemoglobin (HbA1c)	5.2	%	
estimated Average Glucose (e AG) *	102.54	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

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**Complete Lipid Profile**

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides	102	mg/dL	1 - 150
<i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension &lt; 150 Normal 150-199 Borderline High 200-499 High &gt; 499 Very High)</i>			
Total Cholesterol	161	mg/dL	1 - 200
<i>(By enzymatic colorimetric method on RXL Dade Dimension &lt;200 mg/dL - Desirable 200-239 mg/dL - Borderline High &gt; 239 mg/dL - High)</i>			
HDL Cholesterol	35	mg/dL	40 - 60
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension &lt; 40 Low &gt; 60 High)</i>			
Non HDL Cholesterol (calculated)	126	mg/dL	1 - 130
<i>(Non- HDL Cholesterol &lt; 130 Desirable 139-159 Borderline High 160-189 High &gt; 191 Very High)</i>			
LDL Cholesterol	117	mg/dL	1 - 100
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension &lt; 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High &gt; 189 Very High)</i>			
VLDL Cholesterol (calculated)	20.4	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	3.34		2.1 - 3.5
T. Ch./HDL Ch. Ratio	4.6		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

--- End of Report ---

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**Liver Function Test (LFT)**

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.57	mg/dL	0 - 1
Bilirubin - Direct	0.11	mg/dL	0 - 0.3
Bilirubin - Indirect	0.46	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	19	U/L	15 - 40
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	38	U/L	16 - 63
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	69	U/L	53 - 128
<i>(BY PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	35	U/L	15 - 85
<i>(By IFCC method on RXL Dade Dimension.)</i>			
<b>Total Protein</b>			
Total Proteins	7.57	gm/dL	6.4 - 8.2
Albumin	3.93	gm/dL	3.4 - 5
Globulin	3.64	gm/dL	3 - 3.2
A : G Ratio	1.08		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (By Urease Kinetic method on RXL Dade Dimension)	13	mg/dL	10 - 45
Creatinine (By Modified Kinetic Jaffe Technique)	0.63	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (By Uricase / Catalase method on RXL Siemens)	6.4	mg/dL	3.4 - 7.2

— End of Report —

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## Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
------	--------	-------	-----------------------

## Triiodothyronine (T3)

1.42

ng/ml

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (ng/ml)

1 - 3 days : 0.1 - 7.4  
 1-11 months : 0.1 - 2.45  
 1-5 years : 0.1 - 2.7  
 6-10 years : 0.9 - 2.4  
 11-15 years : 0.8 - 2.1  
 16-20 years : 0.8 - 2.1  
 Adults (20 - 50 years) : 0.7 - 2.0  
 Adults (> 50 years) : 0.4 - 1.8  
 Pregnancy (in last 5 months) : 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

## Thyroxine (T4)

8.21

mcg/dL

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (mcg/dL)

1 - 3 days : 11.8 - 22.6  
 1-2 weeks : 9.8 - 16.6  
 1-4 months : 7.2 - 14.4  
 4 - 12 months : 7.8 - 16.5  
 1-5 years : 7.3 - 15.0  
 5 - 10 years : 6.4 - 13.3  
 10 - 20 years : 5.6 - 11.7  
 Adults / male : 4.6 - 10.5  
 Adults / female : 5.5 - 11.0  
 Adults (> 60 years) : 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

## Thyroid Stimulating Hormone (US-TSH)

1.92

microIU/ml

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (microIU/ml)

Infants (1-4 days) : 1.0 - 39  
 2-20 weeks : 1.7 - 9.1  
 5 months - 20 years : 0.7 - 6.4  
 Adults (21 - 54 years) : 0.4 - 4.2  
 Adults (> 55 years) : 0.5 - 8.9  
 Pregnancy :  
 1st trimester : 0.3 - 4.5  
 2nd trimester : 0.5 - 4.6  
 3rd trimester : 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

--- End of Report ---

Dr. Rakesh Vaidya  
MD (Path), DCP.



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**Urine routine analysis (Auto)**

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	6.5		
Specific Gravity	<=1.005		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
<b>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)</b>			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	1 - 5	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

---- End of Report ----

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**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23202836      Report Date : 23/03/2023  
Request No. : 190057992      23/03/2023 8.27 AM  
Patient Name : **Mr. SOMESH RUDRAKSHA**  
Gender / Age : Male / 37 Years 9 Months 23 Days

**ADVANCED DIGITAL SOLUTIONS**

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

**X-Ray Chest AP**

Both lung fields are clear.  
Both costophrenic sinuses appear clear.  
Heart size is normal.  
Hilar shadows show no obvious abnormality.  
Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

*Prerna C Hasani*

**Dr. Prerna C Hasani, MD**  
Consultant Radiologist



**SAFE-OT**



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**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23202836      Report Date : 23/03/2023  
 Request No. : 190057993      23/03/2023 8.27 AM  
 Patient Name : **Mr. SOMESH RUDRAKSHA**  
 Gender / Age : Male / 37 Years 9 Months 23 Days

**ADVANCED DIGITAL SOLUTIONS**

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

**USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen**

**Liver is normal in size and shows increased in echopattern. No mass lesion identified.**  
 The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured.  
 Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

Prostate appears normal in size and volume is ~ 24 cc.  
 Prostate measures 33mm x 41mm x 33mm.

Urinary bladder is well distended and appears normal.

No ascites.

**COMMENT:**

**Fatty liver .**

*Kindly correlate clinically*

\* ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
 \* NOT VALID FOR MEDICO-LEGAL PURPOSES  
 \* CLINICAL CORRELATION RECOMMENDED

*Prerna C*

**Dr.Prerna C Hasani, MD**  
Consultant Radiologist



EW

Patient No. : 23202836      Report Date : 23/03/2023  
Request No. : 190058010      23/03/2023 8.27 AM  
Patient Name : Mr. SOMESH RUDRAKSHA  
Gender / Age : Male / 37 Years 9 Months 23 Days

### Echo Color Doppler

MITRAL VALVE : NORMAL  
AORTIC VALVE : TRILEAFLET, NORMAL  
TRICUSPID VALVE : NORMAL, MILD TR, TR MAX ~ 29 MMHG  
PULMONARY VALVE : NORMAL  
LEFT ATRIUM : NORMAL  
AORTA : NORMAL  
LEFT VENTRICLE : NORMAL, NO REGIONAL WALL MOTION ABNORMALITY,  
LVEF=60%  
RIGHT ATRIUM : NORMAL  
RIGHT VENTRICLE : NORMAL  
I.V.S. : INTACT  
I.A.S. : INTACT  
PULMONARY ARTERY : NORMAL  
PERICARDIUM : NORMAL  
COLOUR/DOPPLER : NO LV diastolic dysfunction  
FLOW MAPPING : MILD TR, NO PAH

### FINAL CONCLUSION:

1. ALL CARDIAC CHAMBERS ARE NORMAL IN DIMENSIONS
2. NO REGIONAL WALL MOTION ABNORMALITY AT REST
3. NORMAL LV SYSTOLIC FUNCTION, LVEF=60%
4. NORMAL VALVES
5. NO LV DIASTOLIC DYSFUNCTION
6. MILD TR, NO PULMONARY HYPERTENSION, ( IVC COLLAPSING )
7. NO PERICARDIAL EFFUSION, CLOT VEGETATION.

Dr. KILLOL KANERIA MD, DM  
Consultant Cardiologist



Name: Somesh Rudraksha  
Patient ID: 23202836

23:03:2023 08:32:18  
Standard 12-Lead

Date of birth: 01.06.1985  
Gender: Male  
Height: [blank]  
Weight: [blank]  
Ethnicity: Undefined  
Pacemaker: Unknown  
Indication: [blank]  
Remark: [blank]

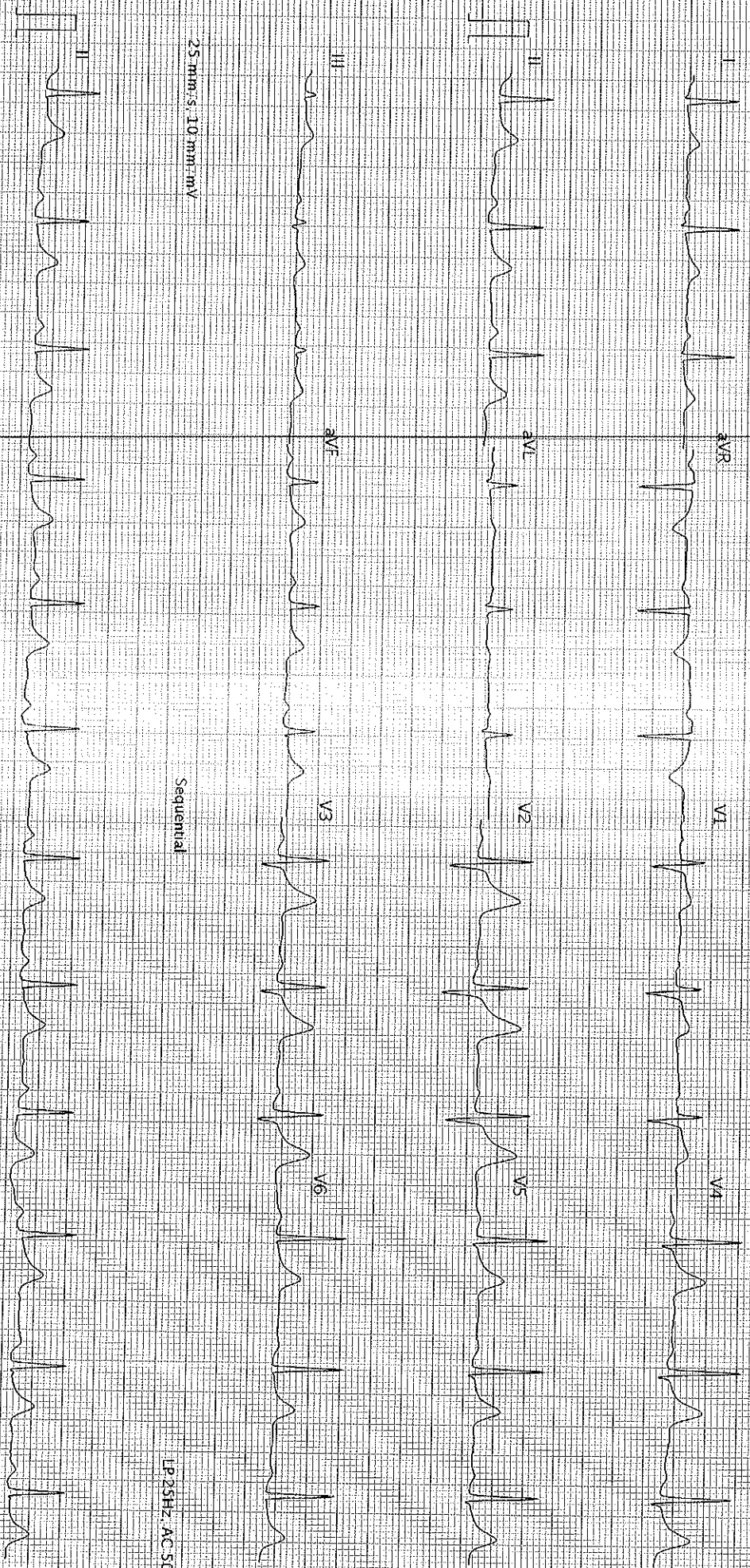
Visit ID: [blank]  
Room: [blank]  
Medication: [blank]  
Order ID: [blank]  
Ord. prov: [blank]  
Ord. prof: [blank]

HR: 70 bpm  
F axis: 52°  
QRS axis: 34°  
T axis: 51°  
RR: 853 ms  
PR: 168 ms  
QRS: 87 ms  
QT: 408 ms  
QTcB: 442 ms

Sinus rhythm  
Normal electrical axis  
Normal ECG  
Unconfirmed report

Normal

*pen*



25 mm/s, 10 mm/mV

Sequential

LP 25HZ, AC 50HZ

25 mm/s, 10 mm/mV  
AT 102-G2-I-2-0 (R080-01103-0)

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CP 25HZ, AC 50HZ

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