

Name : Ms. ARUNITA DUTTA (29 /F)

Date : 03/04/2023

Address :

Examined by: Dr .RATNA GUPTA

UHID : AMHL.0002119136

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH171446



CHIEF COMPLAINTS

For routine health checkup, For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



DRUG ALLERGY

NO KNOWN ALLERGY :03/04/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Bowel habits - constipation; Since - NOT ON LAXATIVES; Rectal bleeding - no; Piles - no

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 6/3/23; Periods - regular; No of Children - 1; Last child birth - 2021; No of deliveries - 1; Deliveries - LSCS

Central nervous system

Head ache - on and off, migranous; Relieved by - sleep, spontaneous resolution

Eyes

Vision - normal; Glasses - no

ENT

- Normal hearing

Musculoskeletal system

Spine and joints

Back - pain; Back (mid) - pain

Weight

- has gained weight; Number of kgs - PUT ON 3 KG IN 7 MONTHS



Present medications

- Nil



Past medical history

Do you have any drug allergies? - No

Past medical history - nil significant

Covid 19 - No



Surgical history

Lower segment caesarean section - 2021



Personal history

Marital status - Married

No. of children - 1

Diet - Mixed Diet

Alcohol - consumes alcohol occasionally

Smoking - No

Chews tobacco - No

Physical activity - Mild

Duration - home exercise, yoga

- DAILY 20 MINUTES



Family history

Father - alive

Aged - 65 YEARS

Mother - alive

Aged - 55 YEARS

Diabetes - mother

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Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 155
Weight - 63
BMI - 26.22
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 62
Rhythm - Regular
Systolic(mm of Hg) - 104
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Protuberant
Organomegaly - No
Tenderness - No
Bowel sounds - Normal
Scars - Pfannenstiel



Central nervous system

- No neurological deficit



Eyes

Eye vision - Normal

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COMPLETE HAEMOGRAM PROFILE

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows include Hemoglobin, RBC COUNT, Hematocrit - Hct, MCV, MCH, MCHC, RDW, WBC Count, Platelet Count, Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, RBC, Platelets, and ERYTHROCYTE SEDIMENTATION RATE (ESR).

Casts: Not Found
Crystals: Not Found
Note: Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: URINE GLUCOSE(POST PRANDIAL) Nil

URINE SUGAR- FASTING(QUALITATIVE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: URINE GLUCOSE(FASTING) Nil

BLOOD GROUPING AND TYPING (ABO AND RH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: ABO Group: B, Rh (D) Type: POSITIVE

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: ALT(SGPT) - SERUM, ALBUMIN - SERUM, ALKALINE PHOSPHATASE - SERUM, AST (SGOT) - SERUM, BILIRUBIN TOTAL - SERUM

URINE ROUTINE AND MICROSCOPY

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: Volume, Colour, Appearance, Specific Gravity, pH, Albumin, Glucose, Ketone, Bile Pigments, RBC, Pus Cells, Epithelial Cells

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: CHOLESTEROL - SERUM

CREATININE - SERUM

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: CREATININE - SERUM

Legend: Green circle = Within Normal Range, Yellow circle = Borderline High/Low, Red circle = Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	12	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	94	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	98	mg/dL	●	70-140

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.1	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

Note Hemoglobin variant present. HbA1c can not be measured accurately by HPLC method. Hemoglobin electrophoresis suggested.

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	36	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	91	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	15	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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PROTEIN TOTAL - SERUM 7.3 g/dL ● 6.4-8.3

GLOBULIN: (CALCULATED) - SERUM 3.0 g/dL ● 1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
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TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 10.8 µg/dL ● 5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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TRIGLYCERIDES - SERUM 70 mg/dL ● 0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
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TSH: THYROID STIMULATING HORMONE - SERUM 3.9 µIU/mL ● 0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
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URIC ACID - SERUM 4.9 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
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BUN (BLOOD UREA NITROGEN) 9.6 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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A/G - RATIO 1.4 ● 1.0-2.0

PAP SMEAR /CERVICAL SMEAR

Ref No:

● Within Normal Range ● Borderline High/Low ● Out of Range

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AG01.C2302340

SPECIMEN TYPE:

Conventional cervical smear (Pap) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells and Metaplastic cells

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy, with no organism

ECG

SINUS RHYTHM WITH SINUS ARRHYTHMIA.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

* Cholelithiasis.

* Bulky uterus.

X-RAY CHEST PA

Normal study.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Dr.RATNA GUPTA

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.