



Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

Name : Mrs. MAYURI ANIRUDDHA TEMKAR (31 F)

Date : 28/01/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA



Examined by:

UHID : MHN1.0000133287

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH29979



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:28/01/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Past medical history - nil significant

Covid 19 - No

Hospitalization for Covid 19 - No

Oxygen support - No



Surgical history

Lower segment caesarean section - done

Immunization history

- Covid Dose1



Personal history

Marital status - Married

No. of children - 01

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active

- yoga



Family history

Diabetes - father

Hypertension - mother

Coronary artery disease - none

Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal

Build - normal

Height - 155

Weight - 49.1

BMI - 20.44

Pallor - No

Oedema - no

Temperature - 95.2

SpO2 - 99



Cardiovascular system

Heart rate (Per minute) - 71

Rhythm - Regular

- B.P. Supine

Systolic(mm of Hg) - 100

Diastolic(mm of Hg) - 70

Heart sounds - S1S2+

Respiratory system

Breath sounds

- Normal vesicular breath sounds



Abdomen



Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

Name : Mrs. MAYURI ANIRUDDHA TEMKAR
(31 /F)

+91- 253 2510250 / 350 / 450 / 550 / 650
UHD : MHN1.0000133287
apollonashik@apollohospitals.com
www.askapollo.com

Date

28/01/2023



Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH29979

Organomegaly - No
Tenderness - No





Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

Mrs. MAYURI ANIRUDDHA TEMKAR (31 /F) UHID : MHNT.0000133287

Date



28/01/2023

Package : MediWheel Full Body Health Checkup Female Below 40 Package

www.askapollo.com

AHC No : NSKAH29979

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Absent			
Sugar:	Absent			
pH	5.0		●	4.6-8
Blood:	Absent			
Ketone	Absent			
Bile Pigments:	Absent			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	1-2	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	1-2	/hpf		

Monocytes	05	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	16	mm/1st hr	●	0-20

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	16 *	U/L	●	30-65
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.3	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.3		●	1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	63	U/L	●	0-100
AST (SGOT) - SERUM	16	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.3	mg/dL	●	0.0-1.0

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	12	g/dl	●	11.0-16.0
Haematocrit	36.3	%	●	34.0-48.0
WBC COUNT	4.39	Million/ul	●	3.7-5.6
MCV	82.6	fl	●	75.0-95.0
MCH	27.2	pg	●	26.0-32.0
MCHC	33	g/dl	●	31.0-36.0
RDW	15.5	%	●	11-16
Platelet Count(Optical/Impedance)	332	10 ⁹ /m ³	●	140-440
TLC Count	6.26	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	51	%	●	40-75
Lymphocytes	41	%	●	20-45
Eosinophils	03	%	●	1-6

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	119	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.8	mg/dL	●	0.6-1.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range ● Borderline High/Low ● Out of Range



Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

Mrs. MAYURI ANIRUDDHA TEMKAR (31 /F)
UHD : MNH1.0000133287

Date

28/01/2023



+91- 253 2510250 / 350 / 450 / 550 / 650
apollonashik@apollohospitals.com

www.askapollo.com

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH29979

GGTP: GAMMA
GLUTAMYL
TRANSPEPTIDASE -
SERUM 10 U/L ● 0-50

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	24	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	11	mg/dL	●	7-18

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	94	mg/dL	●	70-100

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.5	mg/dL	●	2.6-6.0

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (1 ST PRANDIAL)	91	mg/dL	●	70-140

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.1	mg/dL	●	0.0-0.7

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.9	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	132.7400	mg/dL		

CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	46	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	2.6		●	0.0-4.5
LDL Cholesterol (Direct LDL)	79	mg/dL		

Haematology

STOOL ROUTINE

Biochemistry

TOTAL T3: TRI IODOTHYRONINE - SERUM

TSH: THYROID STIMULATING HORMONE - SERUM

Histopathology

CERVICAL/VAGINAL SMEAR II SLIDE

Biochemistry

TOTAL T4: THYROXINE - SERUM

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.7	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	7.7	g/dL	●	6.4-8.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	32	mg/dL	●	0-150

● Within Normal Range ● Borderline High/Low ● Out of Range



Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

Name : Mrs. MAYURI ANIRUDDHA TEMKAR
(31 /F)

+91- 253- 2510250 / 2530150 / 2530850
UHD : MHN1.0000133287
apoltonashik@apollohospitals.com
www.askapollo.com

Date

28/01/2023



Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH29979

Printed By :

AHC Physician / Consultant Internal Medicine



Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

: Mrs. MAYURI ANIRUDDHA TEMKAR
(31 /F)

+91- 253 2510250 / 050 / 150 / 150 / 150
UHID : MHN1.0000133287
apollonashik@apollohospitals.com
www.askapollo.com

Date



28/01/2023



Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH29979

AICVD RISK SCORE REPORT

RISK STATUS

YOUR SCORE

ACCEPTABLE SCORE

Low Risk

1

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

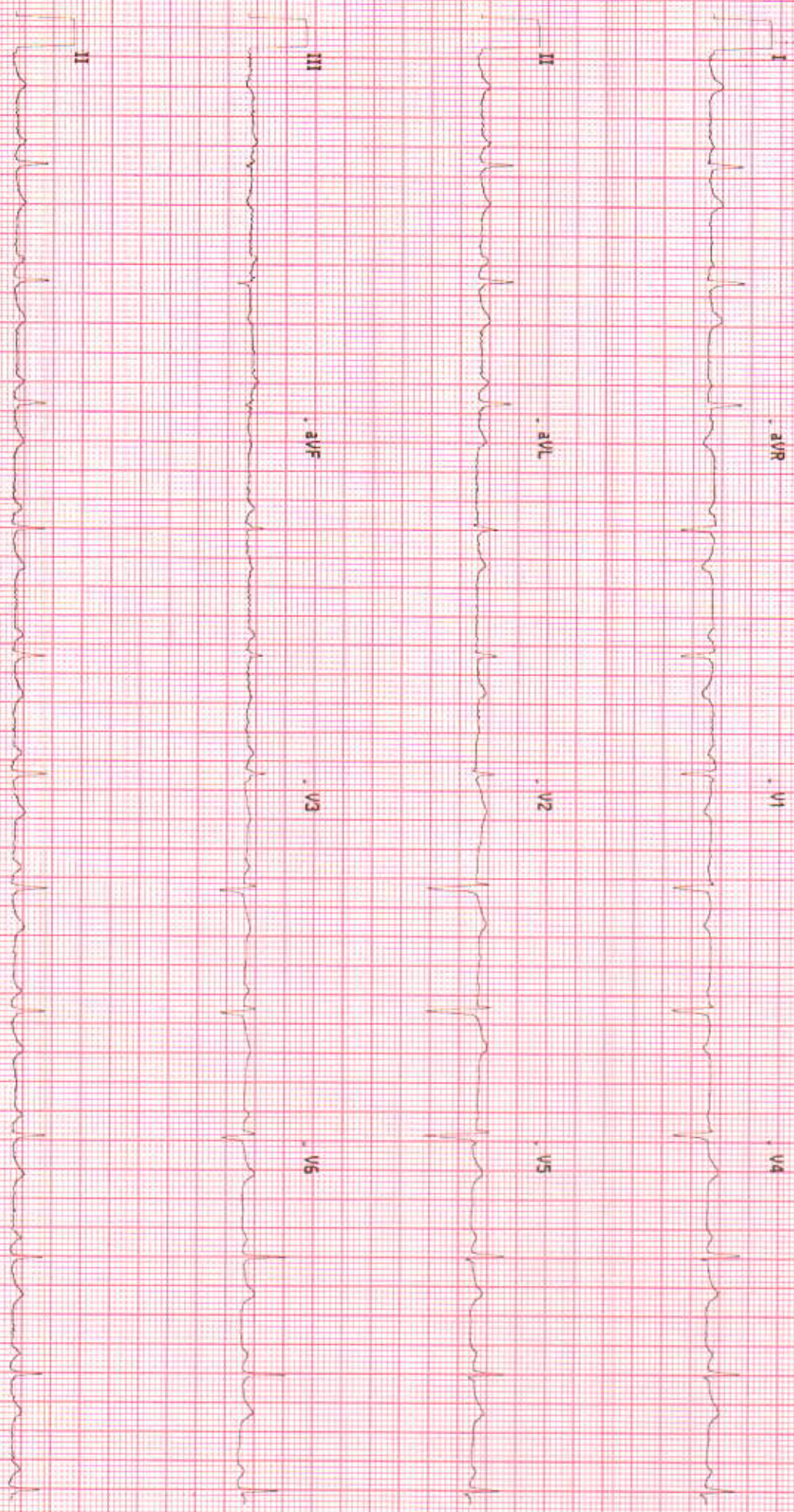
- This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

Tenkar, Naguri
ID:
DOB:
30yr, Female

28-Jan-2023 10:11:07
Vent Rate: 71 BPM
PR int: 166 ms
QRS dur: 90 ms
QT/QTc: 364/387 ms
P-R-T axes: 67 25 28

SINUS RHYTHM
NORMAL ECG
UNCONFIRMED REPORT



113500188213

No Site Name

Site # 0 Cart # 2 Version 2.0.4.0 Sequence #22303 25mm/s 10mm/mV 0.05-40 Hz




Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.
+91- 253 - 2510250 / 350 / 450 / 550 / 750
apoltonashik@apoltohospitals.com
www.askapollo.com

QFAHN/BILL/003/V1



Apollo
HOSPITALS
NASHIK

MD (Radiology)

Patient Details : Mrs. MAYURI ANIRUDDHA TEMKAR | Female | 31Yr 9Mth 24Days
UHID : MHN1.0000133287 **Patient Location:** AHC
Patient Identifier: NSKAH29979 
DRN : 123003920 **Completed on :** 28-JAN-2023 10:15
Ref Doctor : Dr. Rajashri Dhongade

X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

Impression

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)




Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.
+91- 253 - 2510250 / 350 / 450 / 550 / 750
apoltonashik@apollohospitals.com
www.askapollo.com

QFAHN/BILL/003/V1



Apollo
HOSPITALS
NASHIK

MD (Radiology)

Patient Details : Mrs. MAYURI ANIRUDDHA TEMKAR | Female | 31Yr 9Mth 24Days
UHID : MHN1.0000133287 **Patient Location:** AHC
Patient Identifier: NSKAH29979 
DRN : 223002305 **Completed on :** 28-JAN-2023 12:27
Ref Doctor : Dr. Rajashri Dhongade

ULTRASOUND - WHOLE ABDOMEN

LIVER : Normal in size. Echotexture is uniform and normal.
No I.H.B.D./ focal lesions.

PORTAL VEIN: Normal in size.

GALL BLADDER: Well distended with normal walls and lumen.
No calculi/pericholecystic fluid.

COMMON BILE DUCT: Normal in size.

PANCREAS : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

AORTA, IVC and para aortic areas are normal.

SPLEEN : Normal in size and echotexture.

KIDNEYS: Both kidneys are normal in site, size and echotexture.

No evidence of calculi/ hydronephrosis.

Right kidney measures : 11.0 x 3.7 cm.

Extra renal pelvis is seen on right side.

Left kidney measures : 9.5 x 4.4 cm.

URINARY BLADDER: Well distended with normal walls.

No evidence of calculi/ growth/ diverticula.

UTERUS: Anteverted. Normal in size and echotexture.

Uterus measures : 4.8 x 3.4 x 7.4 cm.



Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

+91- 253 - 2510250 / 350 / 450 / 550 / 750

apollonashik@apoltohospitals.com

www.askapollo.com

QFAHN/BILL/003/V1



Apollo
HOSPITALS
NASHIK

Mrs. MAYURI ANIRUDDHA TEMKAR

MHN1.0000133287

NSKAH29979

ULTRASOUND - WHOLE ABDOMEN

Endometrium is thin. Endometrial cavity shows minimal collection within (menstrual phase).

OVARIES:

Right ovary measures : 3.5 x 1.8 cm.

Left ovary measures : 3.6 x 2.0 cm.

Normal in size and echotexture.

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

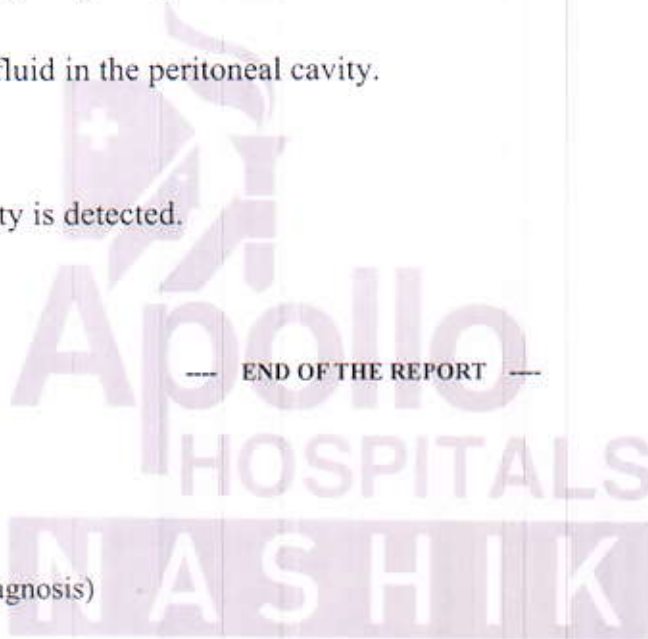
Impression

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)





Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

+91- 253 - 2510250 / 350 / 450 / 550 / 750

apoltonashik@apollohospitals.com

www.askapollo.com

QFAHN/BILL/003/V1



Apollo
HOSPITALS
NASHIK

28/1/23

Mrs. Maymi

30 / F.

- No H/O of DM & HTN.

- No Caries Seen.

- No Plaque seen.

- Class I malocclusion bilaterally.

Adv. - NoT Reg

Good oral status

- Sensodyne Rapid Relief
toothpaste



OPHTHALMOLOGY



Name : Ples. Mayuri Temkar.
 Occupation : _____
 Age : 30 Sex : Male Female S/M/W/D
 Address : _____
 _____ Tel. No. _____

Date 28/1/23. UNIT _____
 Room No. _____ Out Patient
 Ref. Physician : _____
 Copies to : _____

REPORT ON OPHTHALMIC EXAMINATION

HISTORY : —

PRESENT COMPLAINT : —

PAST HISTORY : DM / HTN / ALLERGY

ON EXAMINATION

VISION :

RE 6/6 LE 6/6

	RIGHT					LEFT				
	PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA	
DIST		_____					_____			
NEAR		_____					_____			

AR / Retinoscopy :

	RIGHT			LEFT		
	SPH	CYL	AXIS	SPH	CYL	AXIS
	<u>L</u>	_____		<u>L</u>	_____	

Refraction or Acceptance :

*Up to 200m
sun glasses.*

	RIGHT					LEFT				
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA		
DIST	<u>L</u>	—	—	<u>6/6</u>	<u>L</u>	—	—	<u>6/6</u>		
NEAR	<u>L</u>	_____			<u>M</u>	_____				

CV 4 @

ID: 000133287
Visit:
28-Jan-2023
13:37:55

30years
Referred by:
Test ind.

Asian

Female

BRUCE
Max HR: 157bpm 87% of max predicted 180bpm
Max BP: 120/70
Reason for Termination: Max HR attained
Comments:

25.0 mm/s
10.0 mm/mV
100hz

Total Exercise time: 8:25
Maximum workload: 10.1METS

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	3:12	***	***	1.0	88	100/70	88
	STANDING	0:04	***	***	1.0	86	100/70	86
	HYPERVENT	0:16	0.1	0.0	1.0	85	100/70	85
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	122	100/70	122
	STAGE 2	3:00	2.5	12.0	7.0	135	110/70	149
	STAGE 3	2:25	3.4	14.0	10.1	157	120/70	188
RECOVERY	Post	3:23	***	***	1.0	106	120/70	127

TMT Borderline / mild pattern
[Signature]