

49
 34 Yrs/ M
 PANKAJ GRADE
 74 Kg / Ht-173 cms
 Ref. No.:

Date: 24/09/2021
 Time: 09:55 AM
 Ref: By: BOB
 Protocol: Bruce

History:
 Medication:

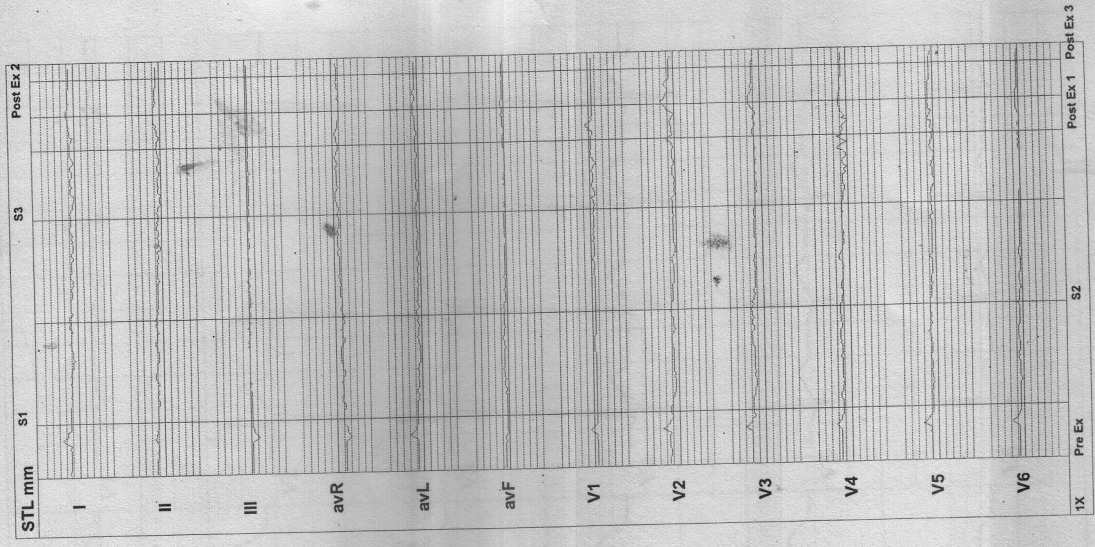
Stage	Stg Time min:sec	Speed mph	Grade %	METs	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	97	129/89	125	
Supine				1	97	129/89	125	
Hyp Vent				1	117	129/89	151	
Standing				1	109	129/89	141	
S1	03:00	1.7	10.0	4.8	124	129/89	160	
S2	03:00	2.5	12.0	6.9	134	145/89	194	
Peak Ex	02:02	3.4	14.0	9.5	141	159/110	224	1
Post Ex 1	01:00			1	121	152/103	184	1
Post Ex 2	01:00			1	115	147/97	169	1
Post Ex 3	00:31			1	113	138/90	156	1
Finish				1	113	138/90	156	1

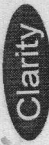
Findings: Exercise Time : 08:02 mins
 Max HR attained : 141 bpm 75 % of Target 186 bpm
 Max BP : 159/110mmHg
 Max Workload attained : 9.5 METs (Good Effort Tolerance)
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages
 No Angina / Arrhythmia / S3 / Murmur
 Final Impression : Test is negative for inducible ischaemia.

DR. ATUL GUPTA
 M.R.R.C. 117

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 S.C.O. 56, 1st Floor
 Sec. 47-D, Chandigarh





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Linked Medians
Pre Ex

10 mm/mV
 25 mm/S
 Median Sweep: 25 mm/S

Gain:
 Sweep:
 Filter: 0.1 - 100 Hz
 BLC: On
 Notch: On

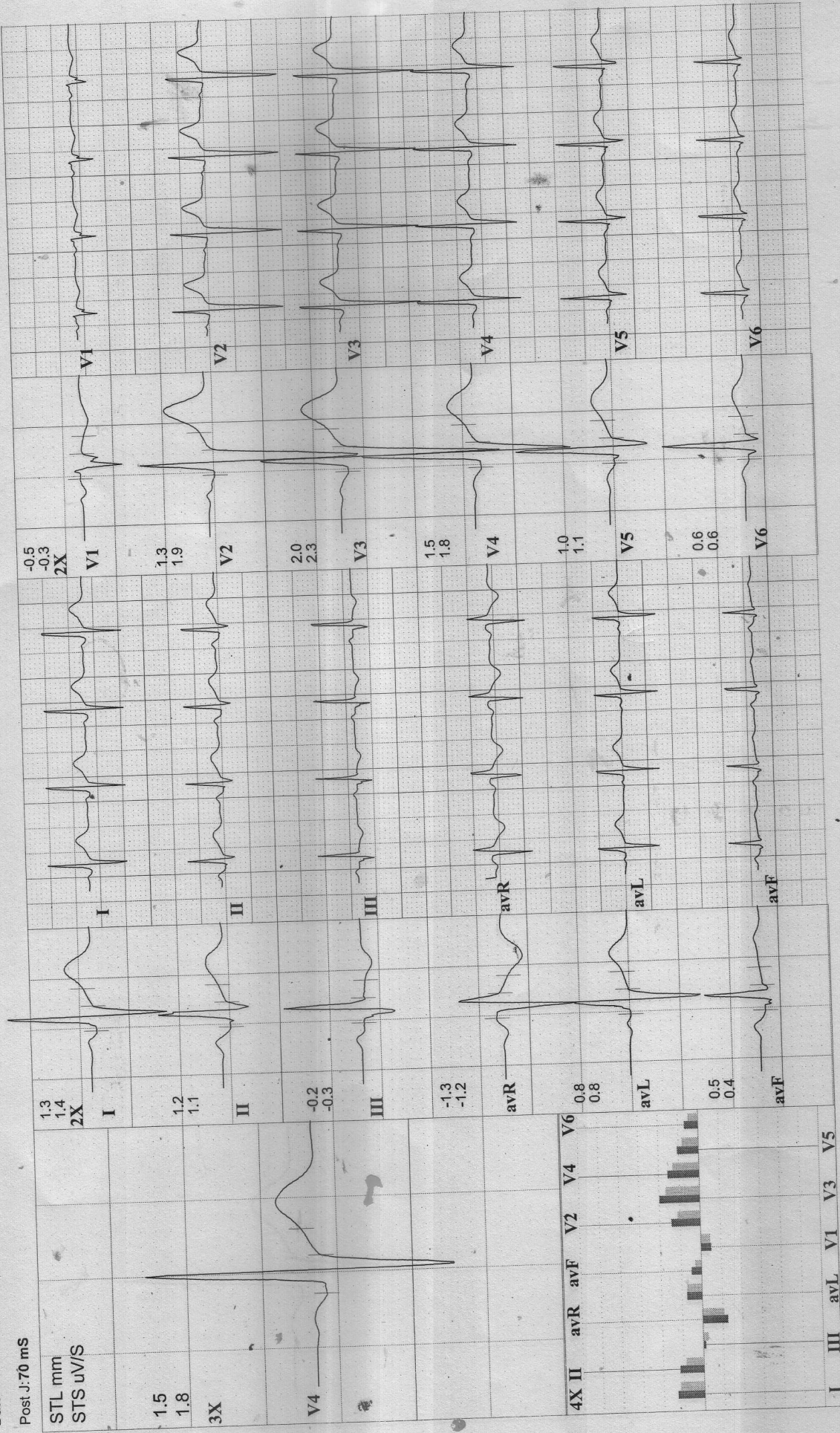
Speed: --- mph
 Grade: --- %
 Protocol: Bruce

Hr: 97
 Mets: 1
 BP: 129/89 mmHg

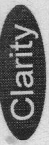
Ex Time: --- min:sec
 Curr Time: 00:08

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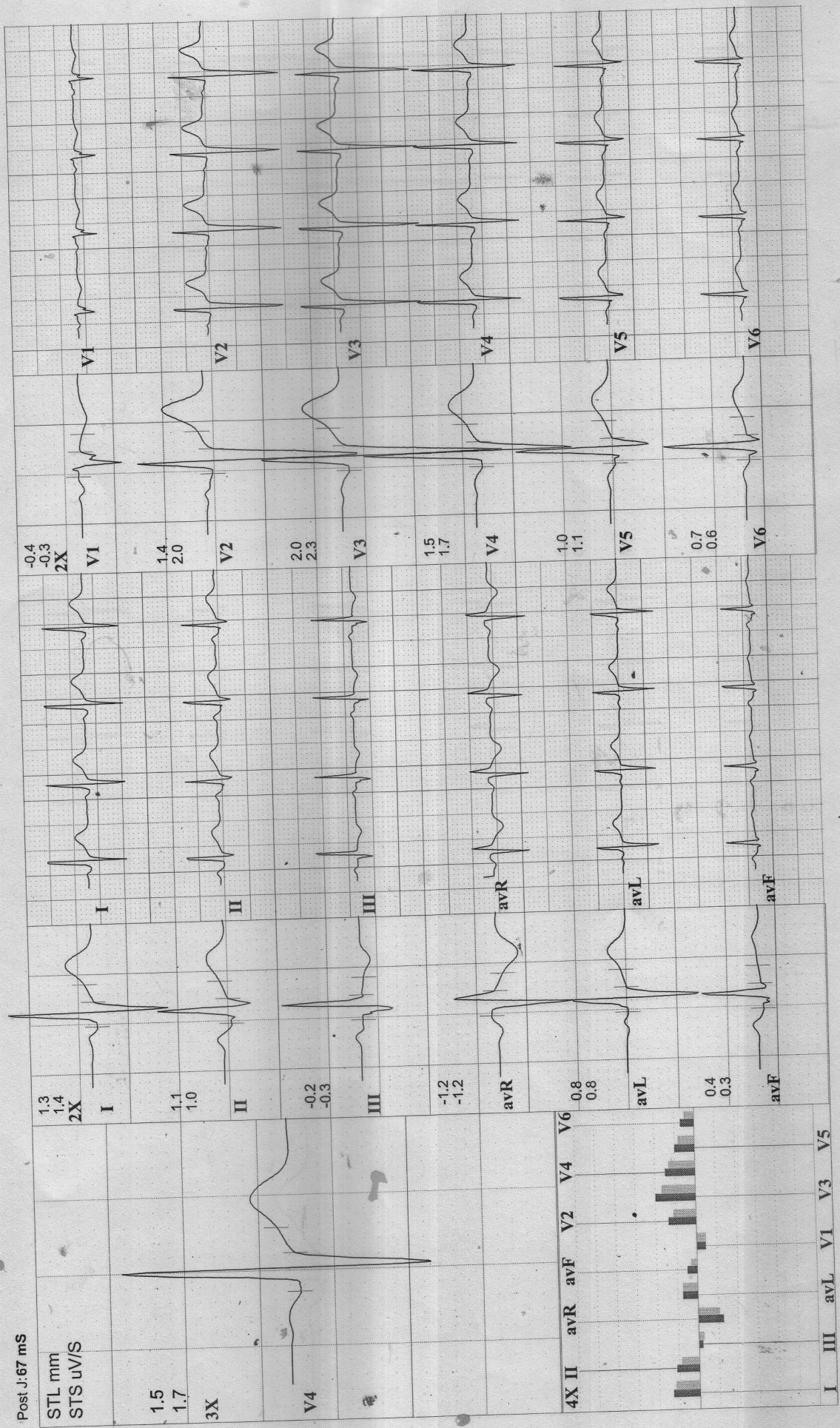
Ref.No.:

Post J: 67 mS

Linked Medians
Pre Ex
Supine

Speed: --- mph Hr: 97
 Grade: --- % Mets: 1
 Protocol: Bruce BP: 129/89 mmHg Curr Time: 00:21

Target Hr: 52 % of 186 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Ex Time: --- min:sec BLC: On Sweep: 25 mm/s
 Median Sweep: 25 mm/s NotchOn



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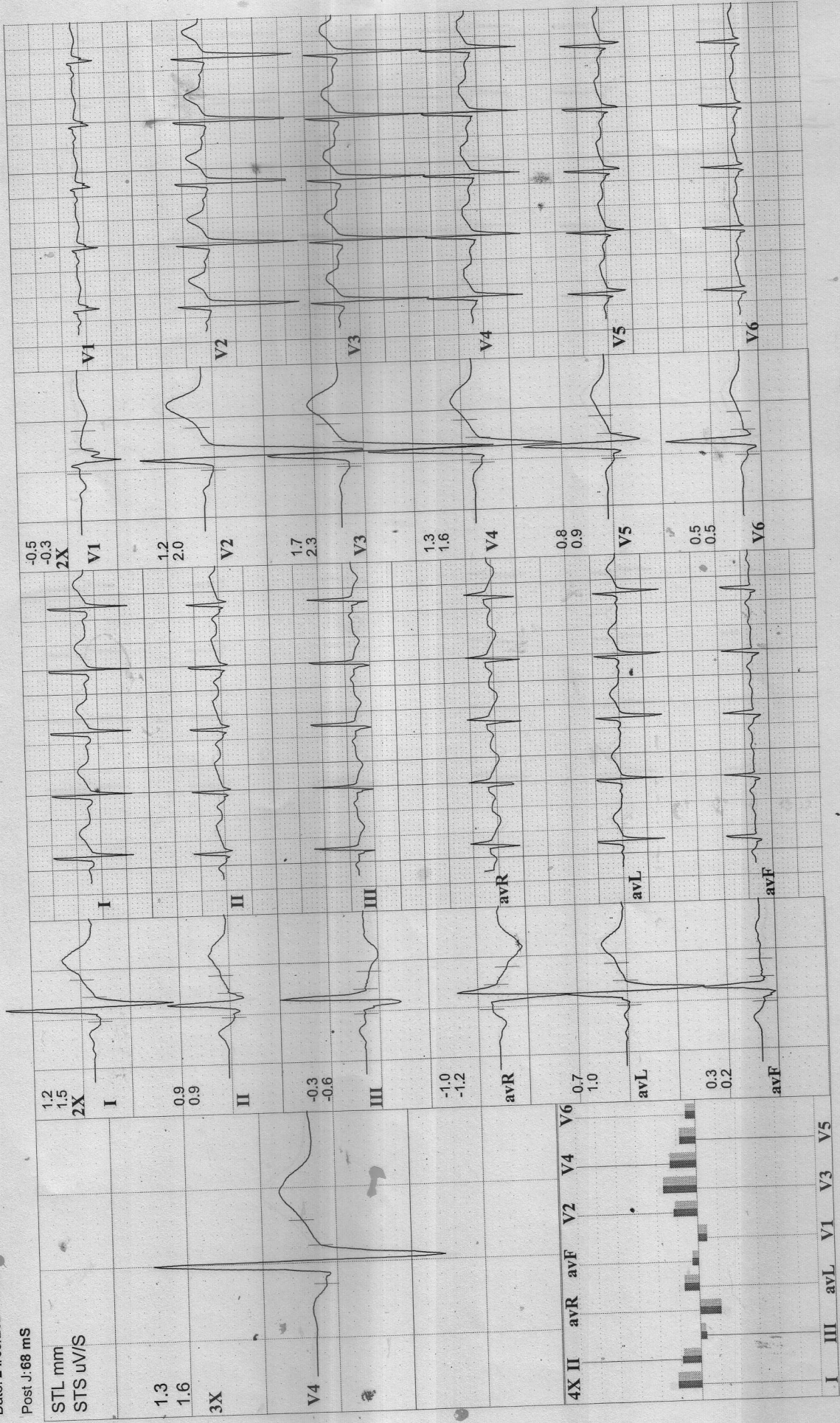


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 Date: 24/09/2021 Time: 09:55 AM

Speed: --- mph Hr: 109
 Grade: --- % Mets: 1
 Protocol: Bruce BP: 129/89 mmHg

Target Hr: 58 % of 186 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Ex Time: --- min:sec BLC: On Sweep: 25 mm/s
 Median Sweep: 25 mm/s

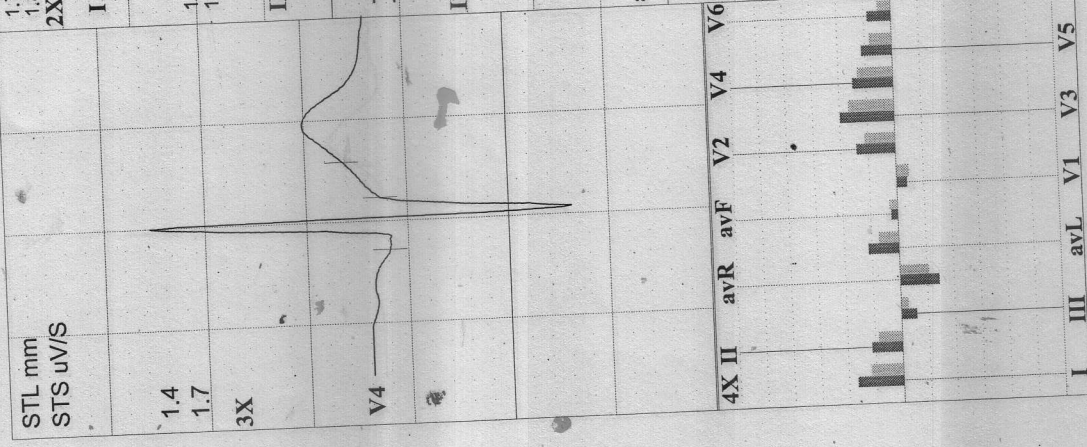
Linked Medians
 Pre Ex
 Standing



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49
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Date: 24/09/2021 Time: 06:55 AM
PANKAJ GRADE
74 Kg / Ht-173 cms
Ref.No.:

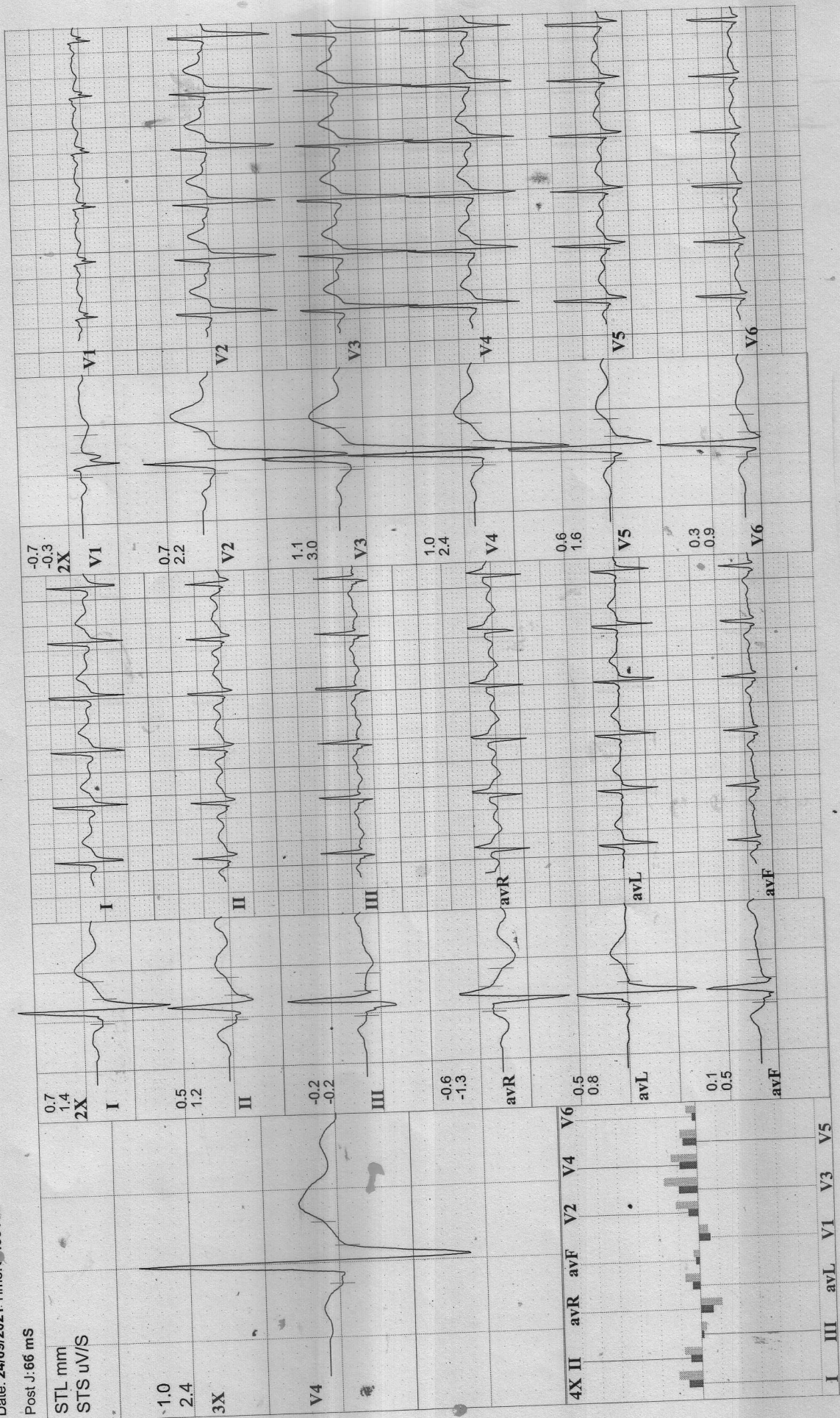
Post J: 73 mS



49 PANKAJ GRADE
34 Yrs/ M 74 Kg / Ht-173 cms Ref.No.:
Date: 24/09/2021 Time: 09:55 AM

Speed: 2.5 mph Hr: 134
Grade: 12 % Met: 6.9
Protocol: Bruce BP: 145/89 mmHg
Target Hr: 72 % of 186 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Ex Time: 06:00 BLC: On Sweep: 25 mm/S
Curr Time: 07:24 NotchOn Median Sweep: 25 mm/S

Linked Medians
S2



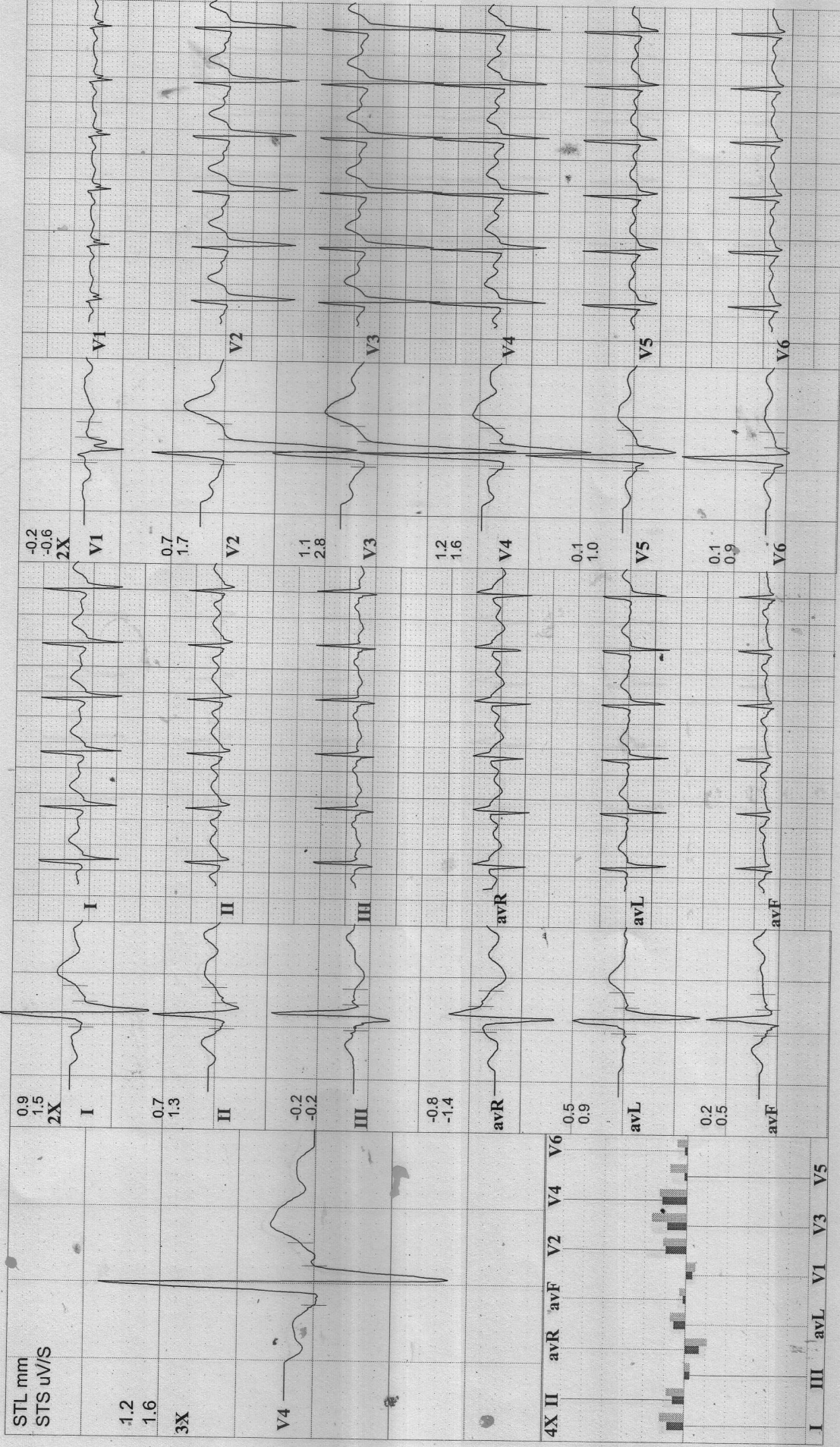
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Speed: 3.4 mph Hr: 141
Grade: 14 % Meis: 9.5
Protocol: Bruce BP: 159/110 mmHg Curr Time: 09:26

Target Hr: 75 % of 186
Filter: 0.1 - 100 Hz Gain: 10 mm/mV
BLC: On Sweep: 25 mm/S
NotchOn Median Sweep: 25 mm/S



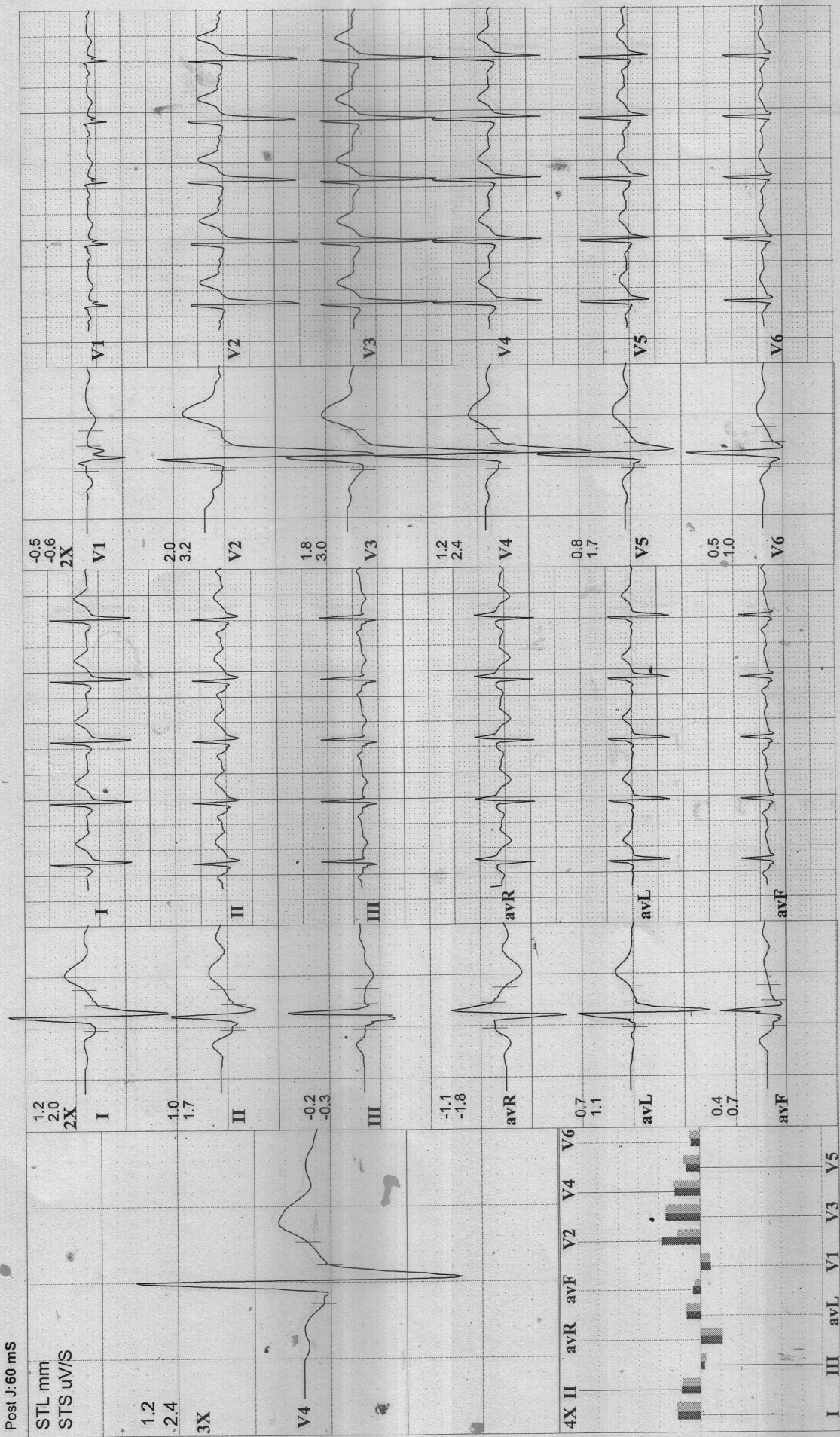
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 Date: 24/09/2021 Time: 09:55 AM

Speed: --- mph Hr: 121
 Grade: --- % Mets: 1
 Protocol: Bruce BP: 152/103 mmHg Curr Time: 10:26

Target Hr: 65 % of 186 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Ex Time: 08:02 BLC: On Sweep: 25 mm/s
 Median Sweep: 25 mm/s

Linked Medians
 Post Ex 1



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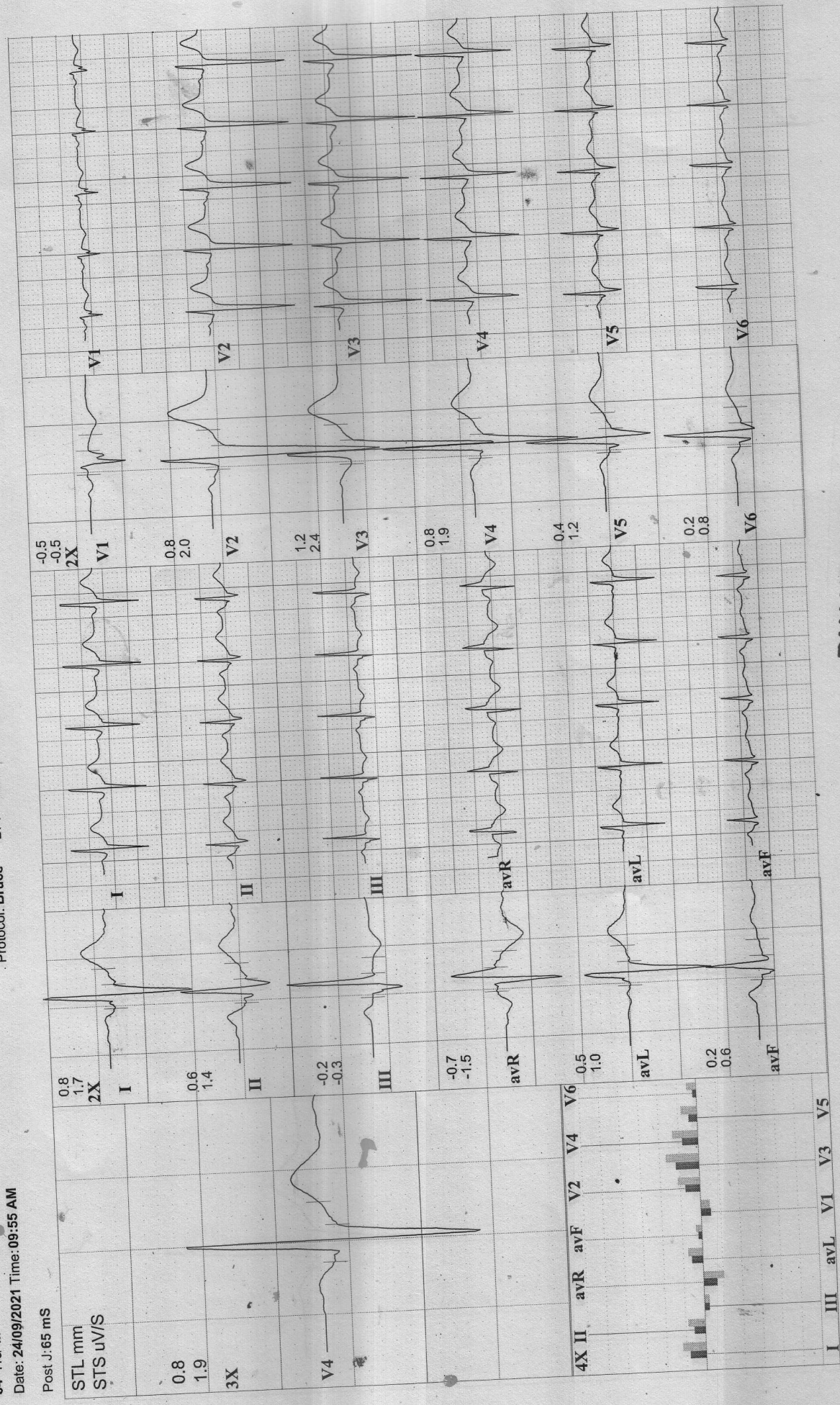
Post.J: 65 mS

Speed: --- mph Hr: 115
 Grade: --- % Mets: 1
 Protocol: Bruce BP: 147/97 mmHg

Target Hr: 61 % of 186 Filter: 0.1 - 100 Hz Gain:
 Ex Time: 08:02 BLC: On Sweep:
 Curr Time: 11:26 NotchOn Median Sweep: 25 mm/s

Linked Medians
Post Ex 2

10 mm/mV
 25 mm/s



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Linked Medians
Post Ex 3

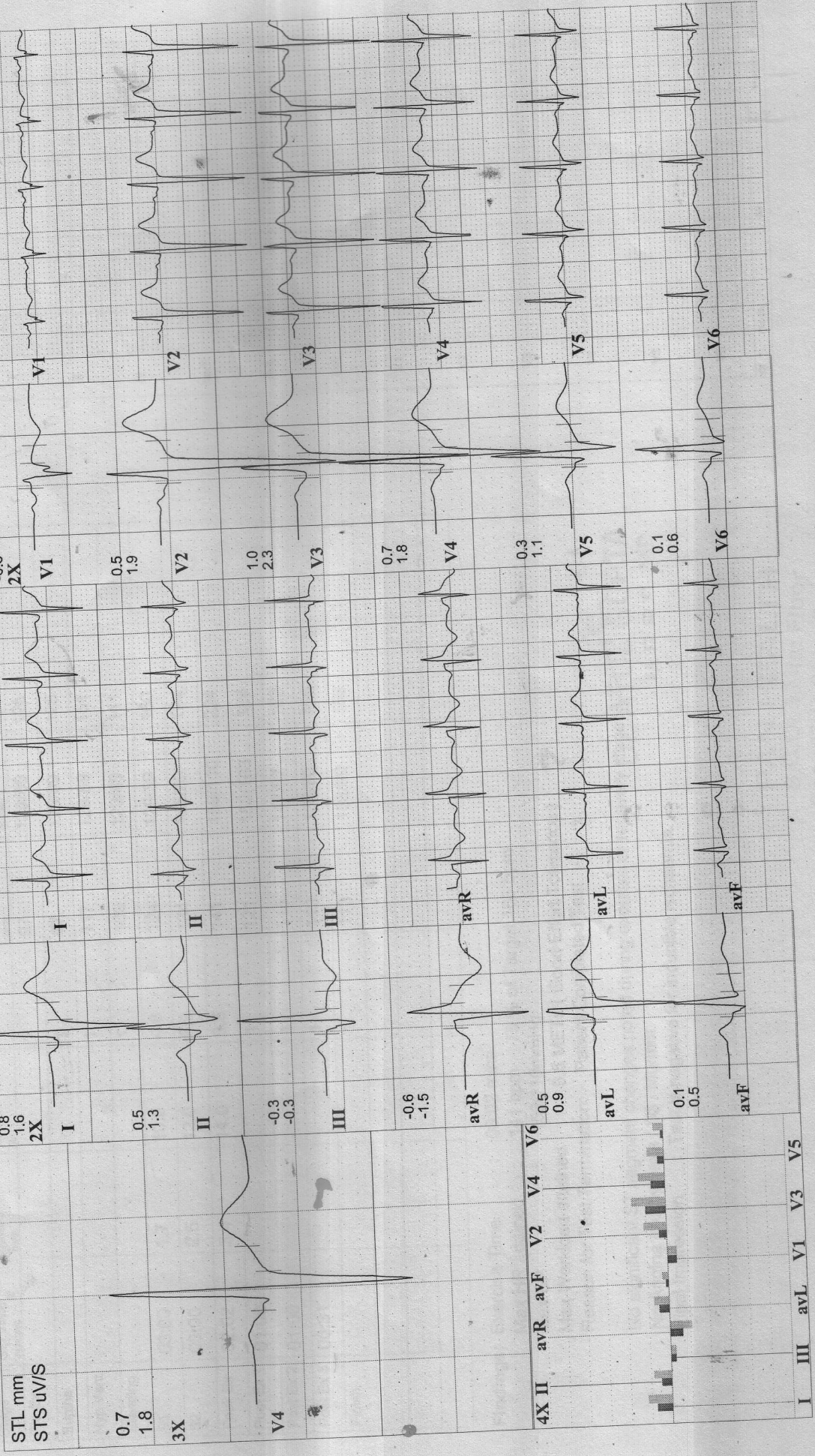
10 mm/mV
25 mm/S
Median Sweep 25 mm/S

Filter: 0.1 - 100 Hz
Gain:
Sweep:
BLC: On
Notch/On

Speed: --- mph Hr: 113
Grade: --- % Mets: 1
Protocol: Bruce BP: 138/90 mmHg
Curr Time: 11:57

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Post J: 67 mS



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Sec. 47-D, Chandigarh

PATIENT NAME : Mr. PANKAJ	AGE : 34 YRS / MALE
REFERRED BY : PAN HEALTH LAB	VISIT DATE : 24-SEPT-2021
VISIT NO. : 01	

CLINICAL PROFILE: MEDICAL CHECK-UP.

X-RAY CHEST (PA View)

OBSERVATIONS

Mildly increased bronchovascular markings are seen B/L lung fields.

Both lungs appear clear with no obvious parenchymal lesions.

Bilateral hila appear unremarkable.

CP angles appear normal.

Cardiac size appears normal.

Domes of diaphragm appear unremarkable.

No free air seen under the domes of diaphragm.

Bony thoracic cage & soft tissues under view appear unremarkable.

IMPRESSION:

Mildly increased bronchovascular markings are seen B/L lung fields.

Please correlate clinically and with findings of other relevant investigations.

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S.C.O. 56, 1st Floor
Sec. 47-D, Chandigarh

Dr. Aman Deepak
Consultant Radiologist

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Consultant Radiologist
Regd. No. 01115



SCO 41, Level I, Sector 47-D,
CHANDIGARH - 160 047

Ph. 0172-2633141 M : 98767 00150
Email : tricityhealthcare47@gmail.com

PATIENT NAME : Mr. PANKAJ	AGE : 34 YRS / MALE
REFERRED BY : PAN HEALTH LAB	VISIT DATE : 24-SEPT-2021
VISIT NO. : 01	

CLINICAL PROFILE: MEDICAL CHECK-UP.

USG WHOLE ABDOMEN

IMPRESSION

- **Normal size & echotexture of bilateral kidneys.**
- **No evidence of significant renal calculus noted in bilateral kidneys.**

Please correlate clinically and with findings of other relevant investigations.

OBSERVATIONS ARE AS BELOW

LIVER: is normal in size, shape, & outline and homogeneous echotexture. No obvious focal lesion noted in both lobes of liver. Intrahepatic & extrahepatic biliary radicals are not dilated. Hepatic veins are normal.

PORTA: Portal vein is normal in caliber. No periportal collaterals noted. CBD is normal in course and calibre in traceable portion.

GALL BLADDER: is partially distended and shows no wall thickening. No intraluminal echogenic foci/ sludge noted. No pericholecystic collection noted.

PANCREAS: It is normal in size, shape, outline & echotexture. No peripancreatic collection noted.

SPLEEN: It is normal in size & echotexture. No focal lesion noted. Splenic vein calibre at the hilum is within normal limits. No collaterals observed at the splenic hilum.

RETROPERITONEUM: No e/o significant lymphadenopathy noted. Aorta & IVC appears normal.



SCO 41, Level I, Sector 47-D,
CHANDIGARH - 160 047

Ph. 0172-2633141 M : 98767 00150
Email : tricityhealthcare47@gmail.com

RIGHT KIDNEY: is normal in size and measures 10.5 x 4.5 cm, shape and echotexture. Cortical echogenicity is normal. Cortico-medullary differentiation is maintained. No pelvicalyceal system dilatation noted. No calculus noted.

LEFT KIDNEY: is normal in size and measures 11.0 x 5.0 cm, shape and echotexture. Cortical echogenicity is normal. Cortico-medullary differentiation is maintained. No pelvicalyceal system dilatation noted. No calculus noted.

URINARY BLADDER: Well distended. Wall thickness is normal. No calculi /debris noted. No fluid/fluid level noted.

PROSTATE: is normal in size, shape, outline and echotexture. It is well confined in it's capsule. No e/o capsular breach. Periprostatic region is normal.

SEMINAL VESICLES: Both side seminal vesicles are normal / symmetrical with no e/o enlargement/ inhomogeneity.

No free fluid or obvious abnormality in visualized bowel loops. Gut loops show normal peristalsis.

PAN HEALTH
S.C.O. 56, 1st Floor
Sec. 47-D, Chandigarh


Dr. Aman Deepak
Consultant Radiologist
Dr. Aman Deepak
Consultant Radiologist
Regd. No. 0111111111