

Zarekar, Sindhu
Patient ID 18042
10.03.2022
3:21:02pm

Linked Medians

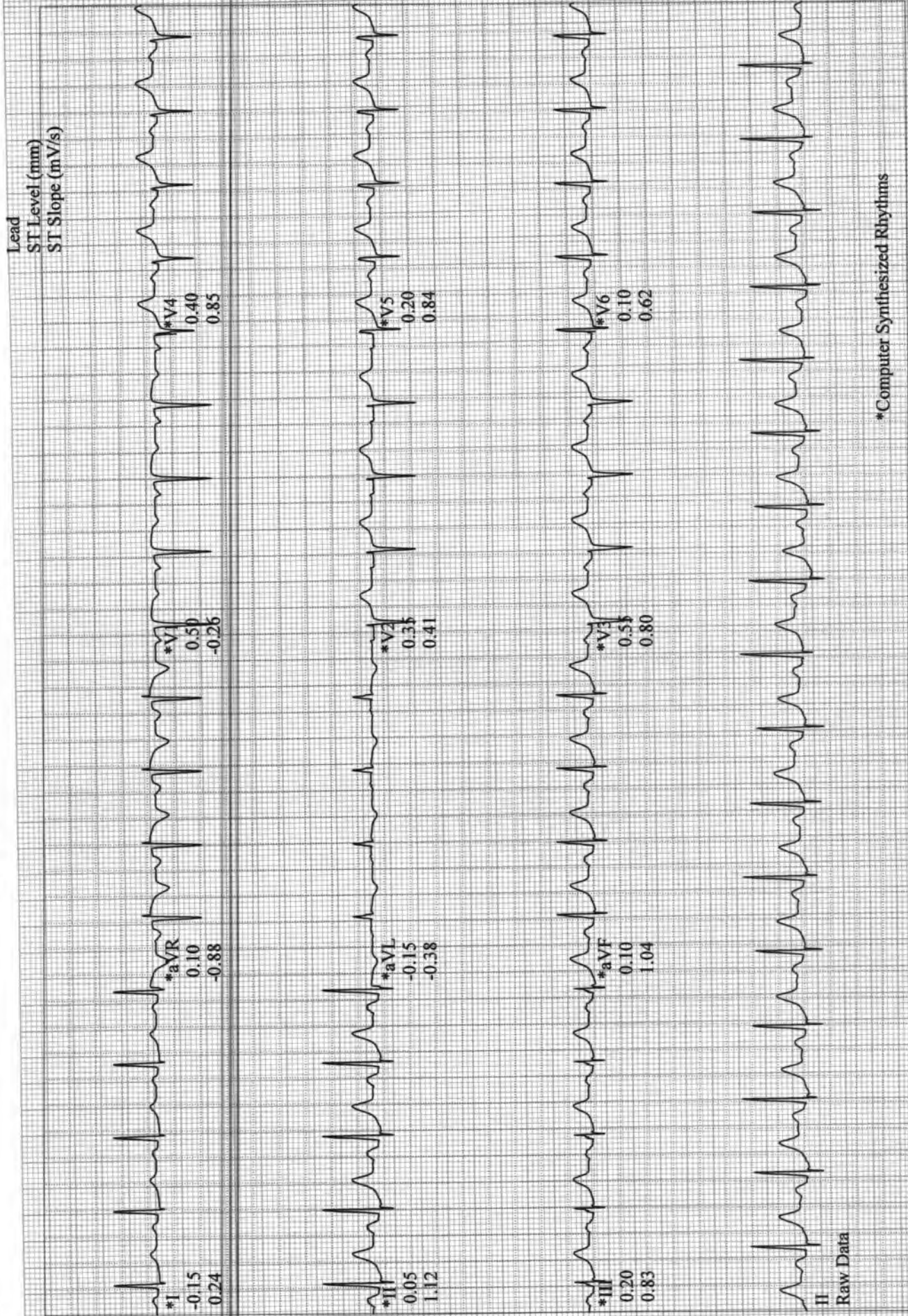
RECOVERY

#1
03:50

107 bpm

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

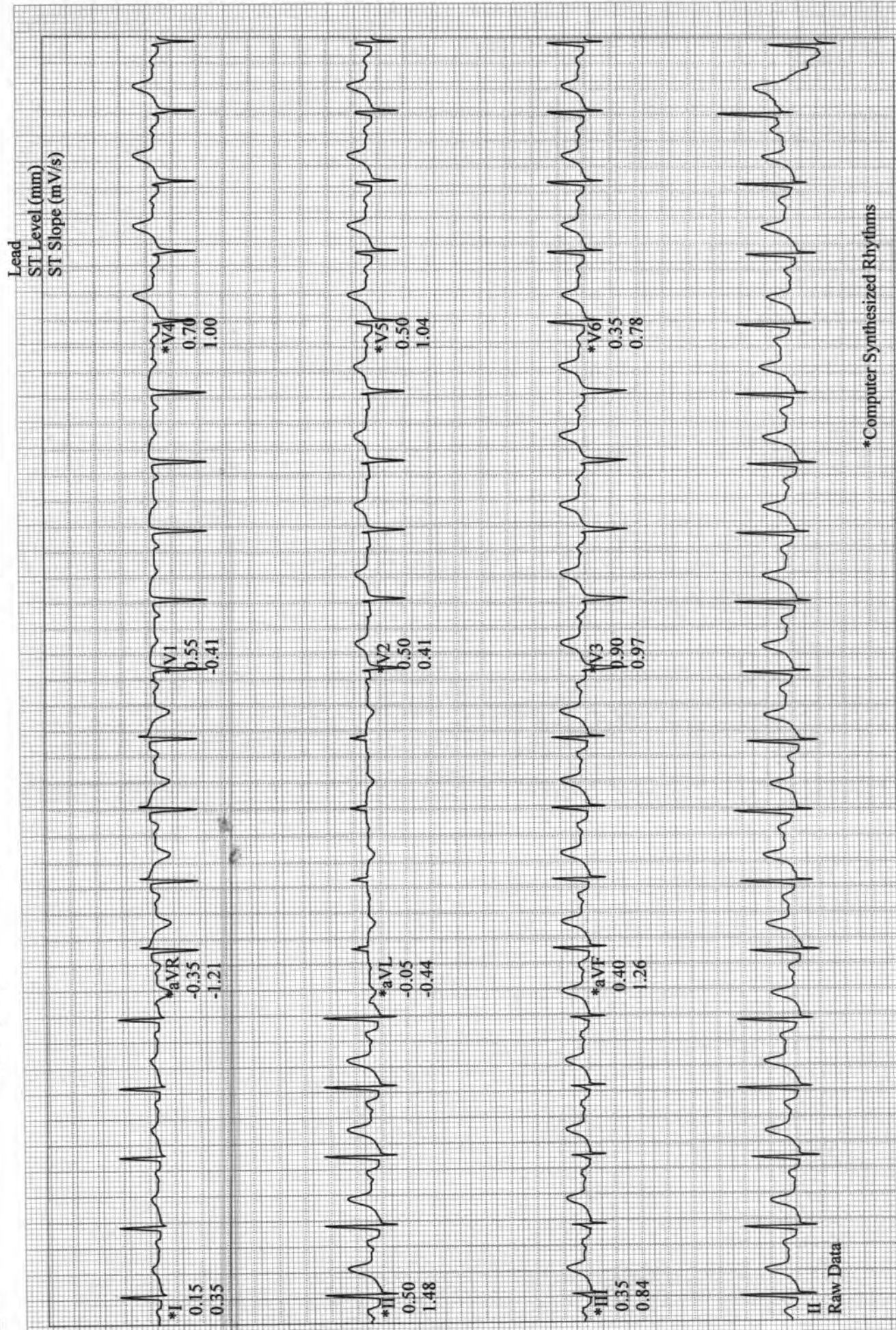


*Computer Synthesized Rhythms

Zarekar, Sindhu
Patient ID 18042
10.03.2022
3:20:02pm

BRUCE
0.0 mph
0.0 %
RECOVERY
#1
02:50

111 bpm
165/95 mmHg



*Computer Synthesized Rhythms

Zarekar, Sindhu
 Patient ID 18042
 10.03.2022
 3:19:02pm

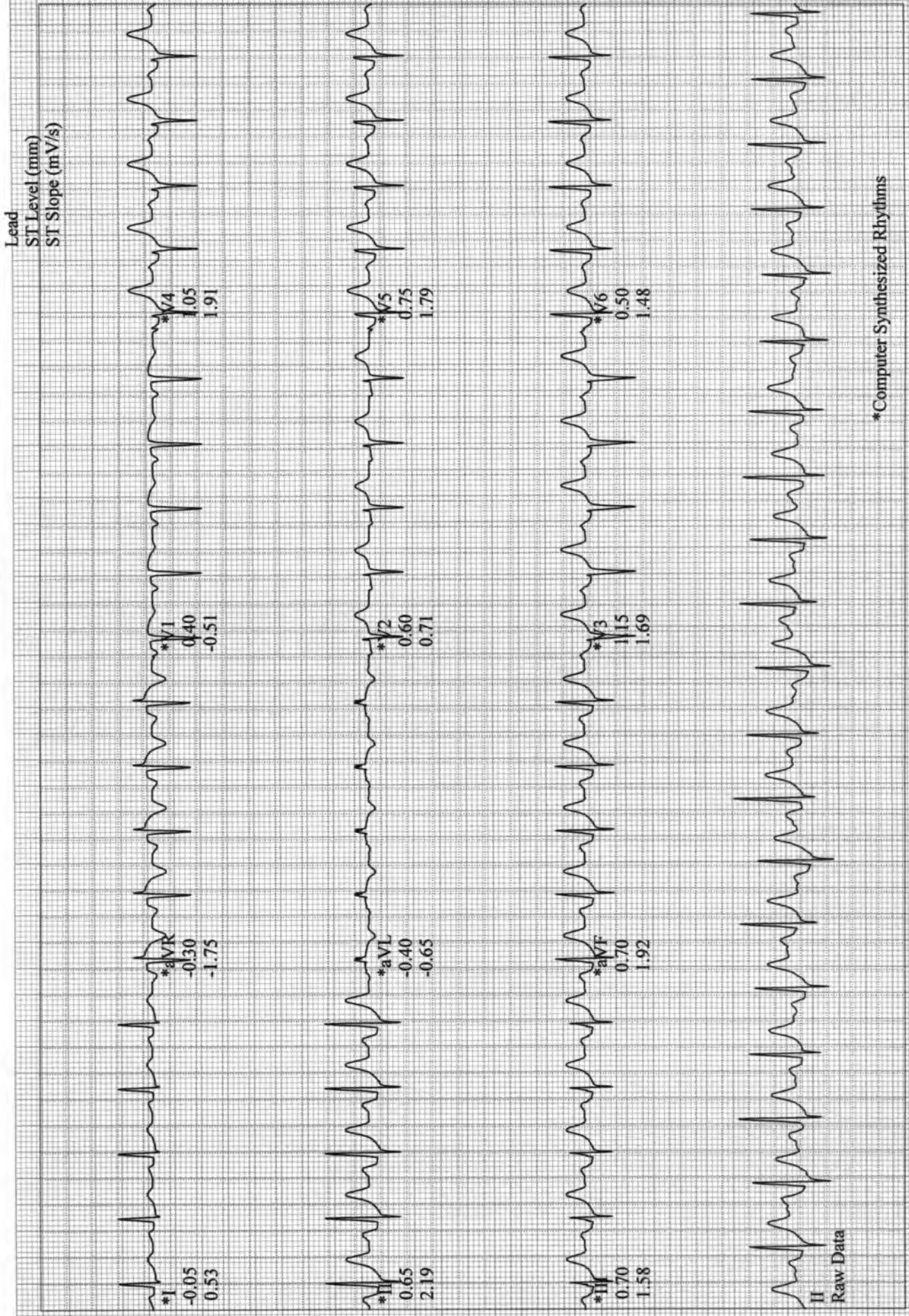
121 bpm

Linked Medians

RECOVERY
 #1
 01:50

BRUCE
 0.0 mph
 0.0 %

ASIAN HOSPITAL



Raw Data

*Computer Synthesized Rhythms

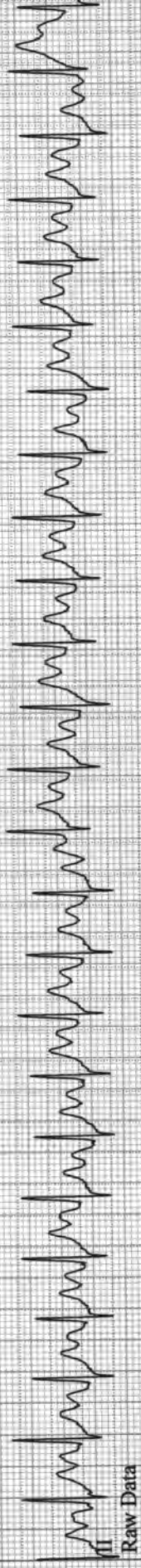
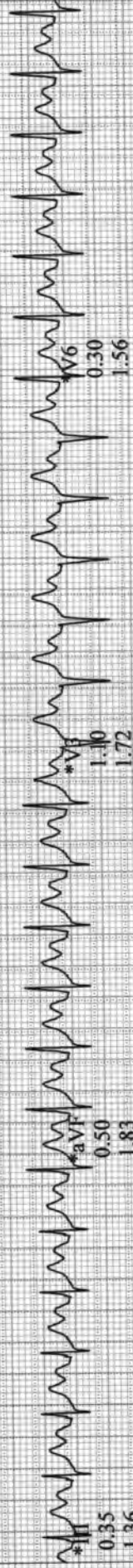
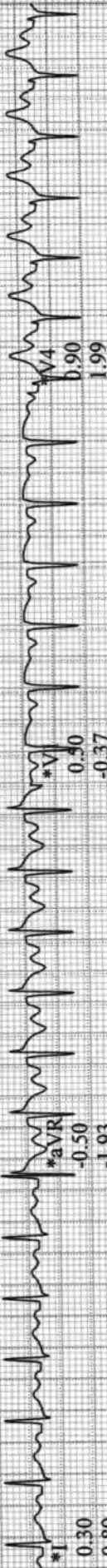
BRUCE
0.0 mph
0.0 %

RECOVERY
#1
00:50

150 bpm

Zarekar, Sindhu
Patient ID 18042
10.03.2022
3:18:02pm

Lead
ST Level (mm)
ST Slope (mV/s)

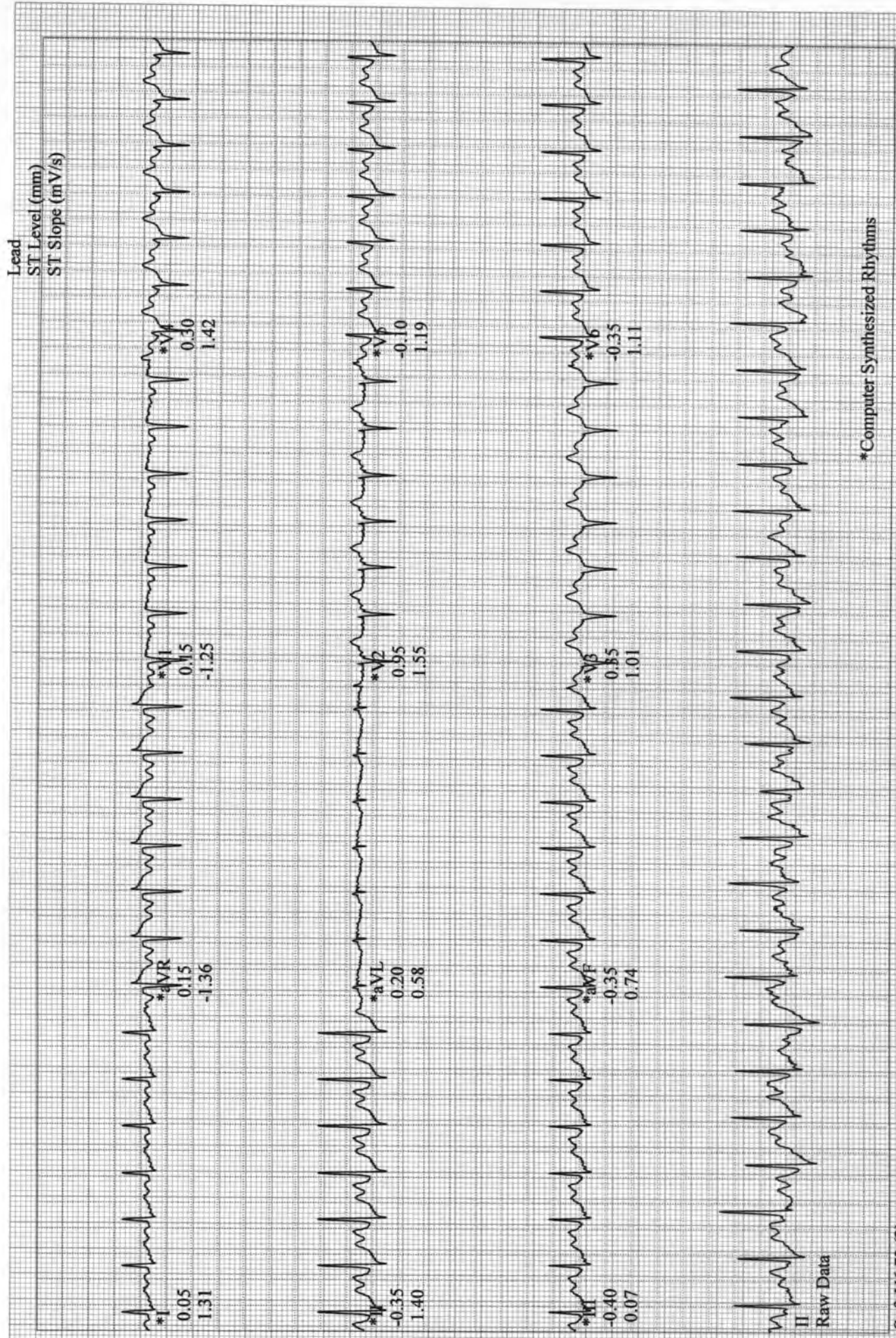


Raw Data

*Computer Synthesized Rhythms

Linked Medians (PEAK EXERCISE)
EXERCISE BRUCE
STAGE 3 3.4 mph
06:35 14.0 %

Zarekar, Sindhu
Patient ID 18042
10.03.2022
3:17:13pm
166 bpm



*Computer Synthesized Rhythms

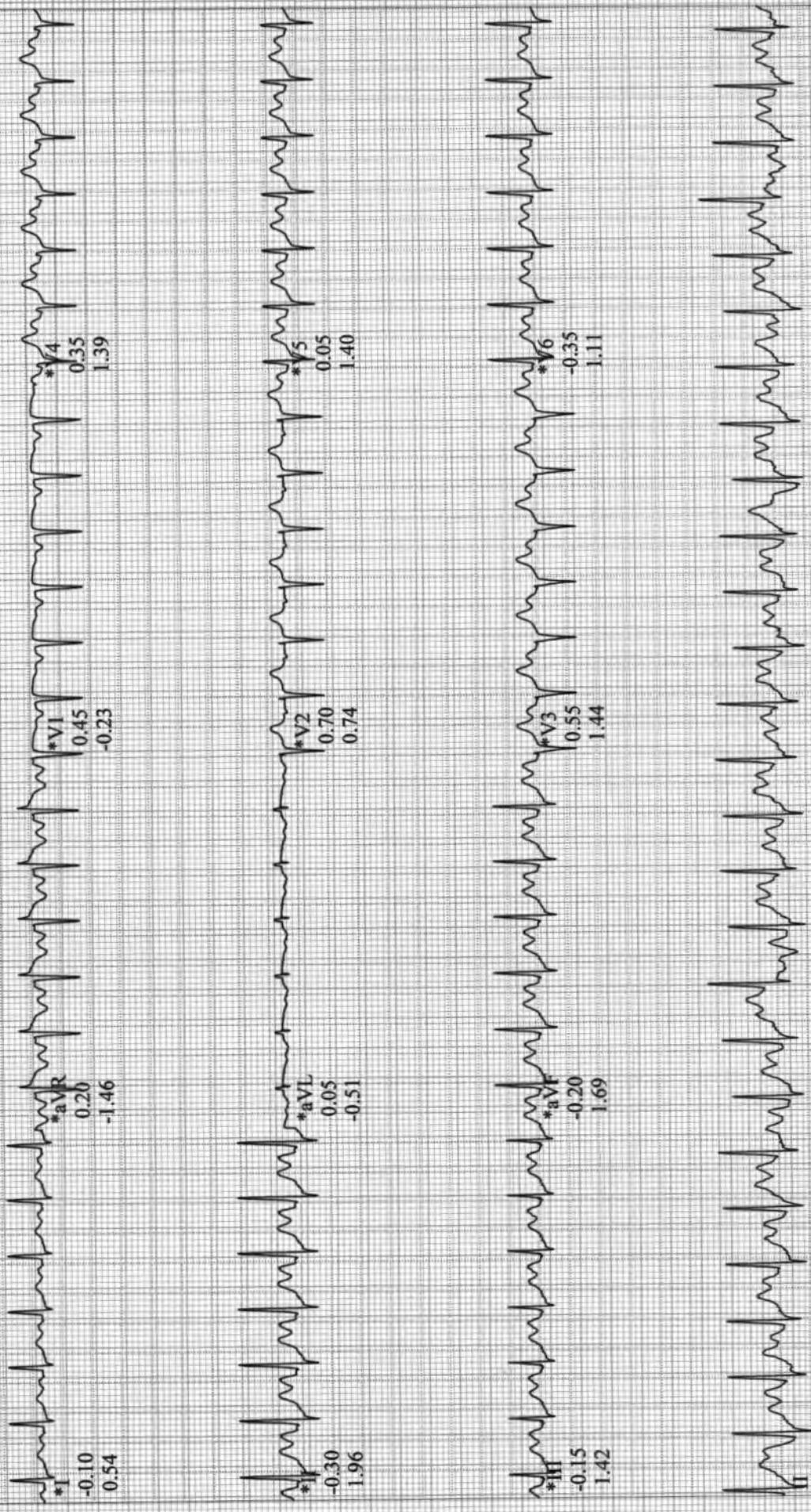
BRUCE
2.5 mph
12.0 %

EXERCISE
STAGE 2
05:50

160 bpm
155/95 mmHg

Zarekar, Sindhu
Patient ID 18042
10.03.2022
3:16:28pm

Lead
ST Level (mm)
ST Slope (mV/s)



Raw Data

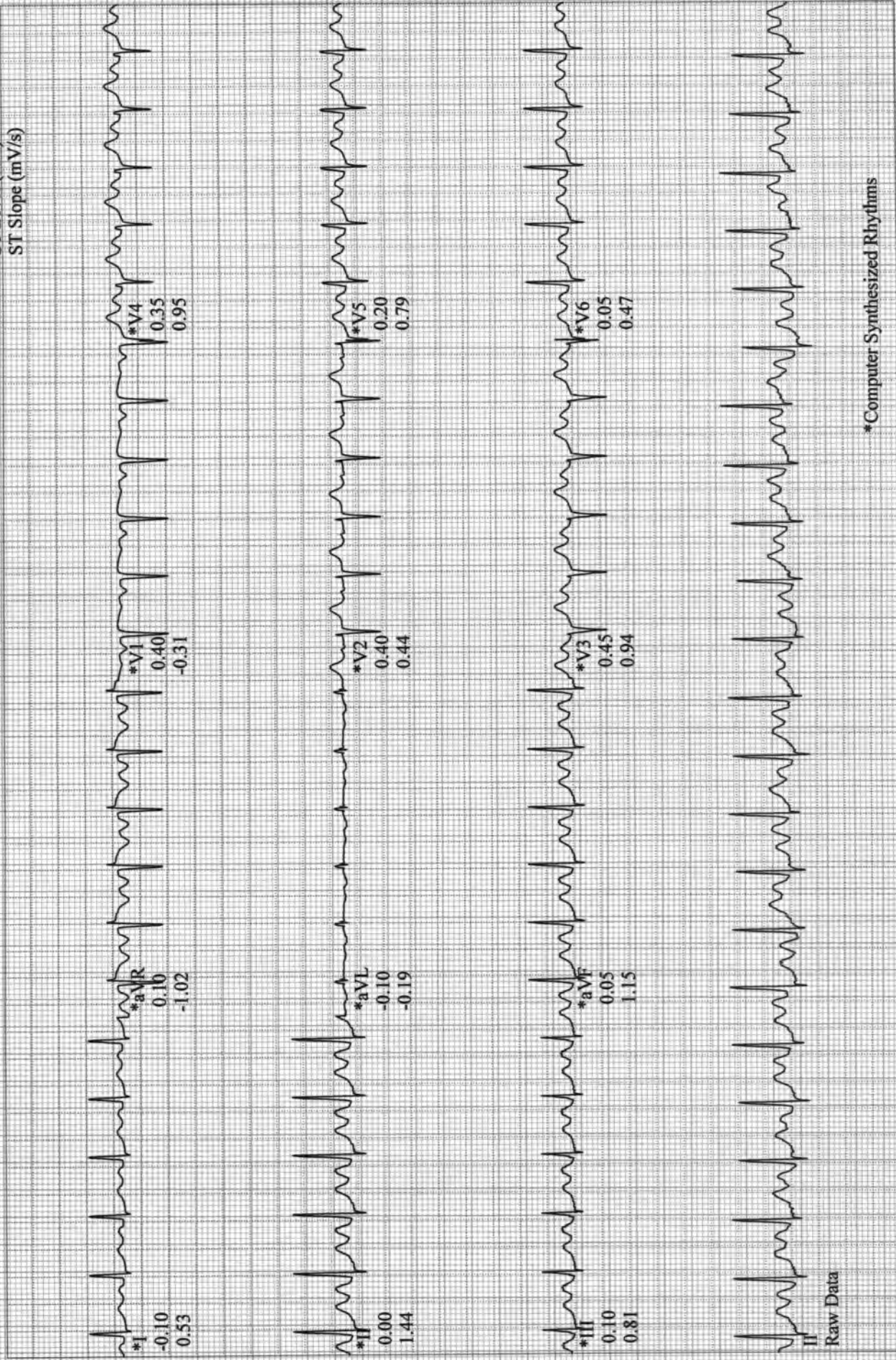
*Computer Synthesized Rhythms

Zarekar, Sindhu
Patient ID 18042
10.03.2022
3:13:28pm

BRUCE
1.7 mph
10.0 %
EXERCISE
STAGE 1
02:50

139 bpm
145/95 mmHg

Lead
ST Level (mm)
ST Slope (mV/s)



*Computer Synthesized Rhythms

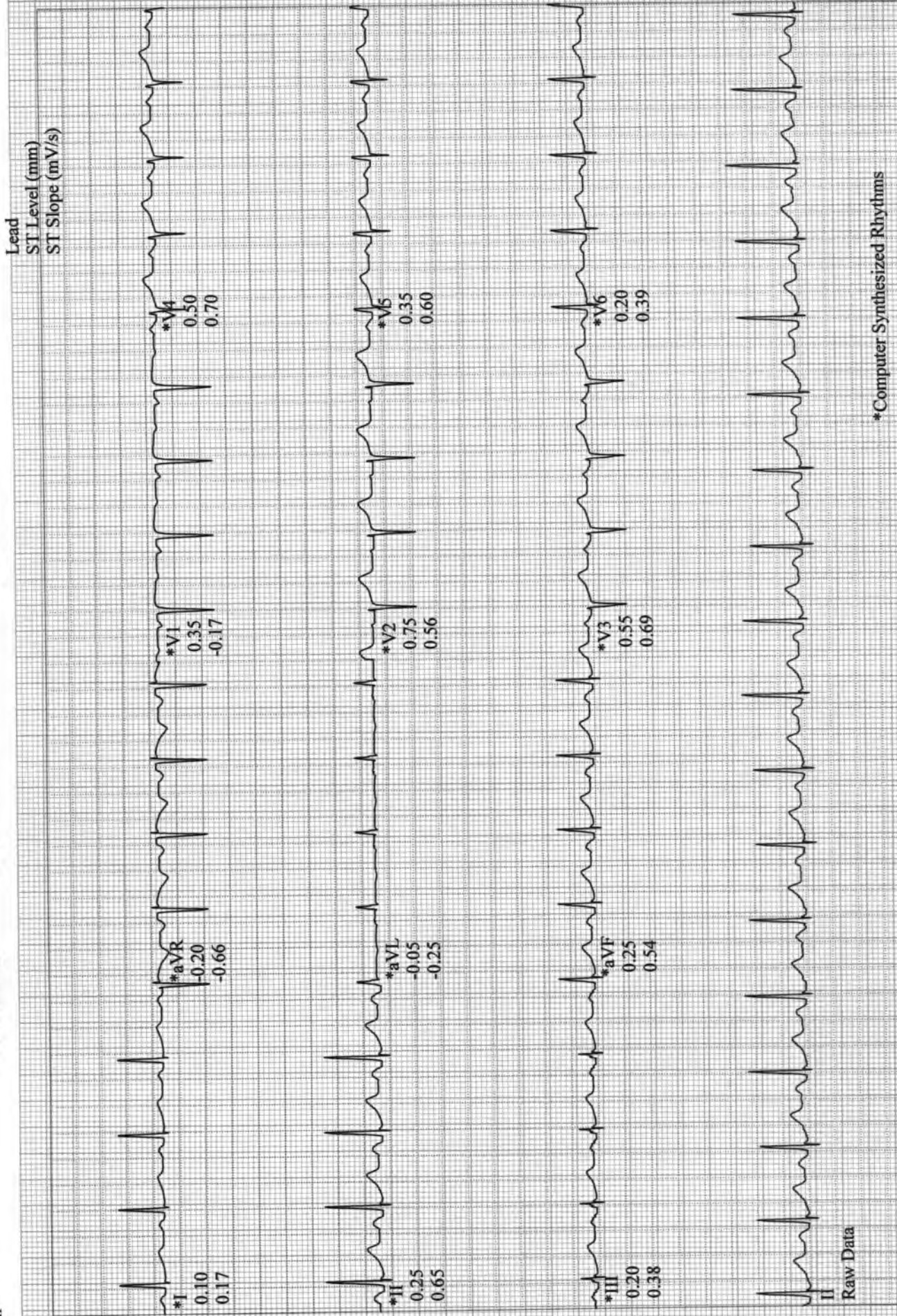
Zarekar, Sindhu
Patient ID 18042
10.03.2022
3:10:34pm

BRUCE
0.0 mph
0.0 %

PRETEST
STANDING
00:13

104 bpm
135/95 mmHg

Lead
ST Level (mm)
ST Slope (mV/s)



*Computer Synthesized Rhythms

ASIAN HOSPITAL
Physician

Technician

Linked Medians

BRUCE
0.0 mph
0.0 %

PRETEST
SUPINE
00:10

106 bpm
135/95 mmHg

Zarekar, Sindhu
Patient ID 18042
10.03.2022
3:10:33pm

Lead
ST Level (mm)
ST Slope (mV/s)

*I
0.10
0.23

*aVR
-0.20
-0.63

*V1
0.35
-0.14

*aVL
-0.05
-0.22

*V4
0.45
0.68

*II
0.25
0.63

*V2
0.80
0.61

*V3
0.55
0.72

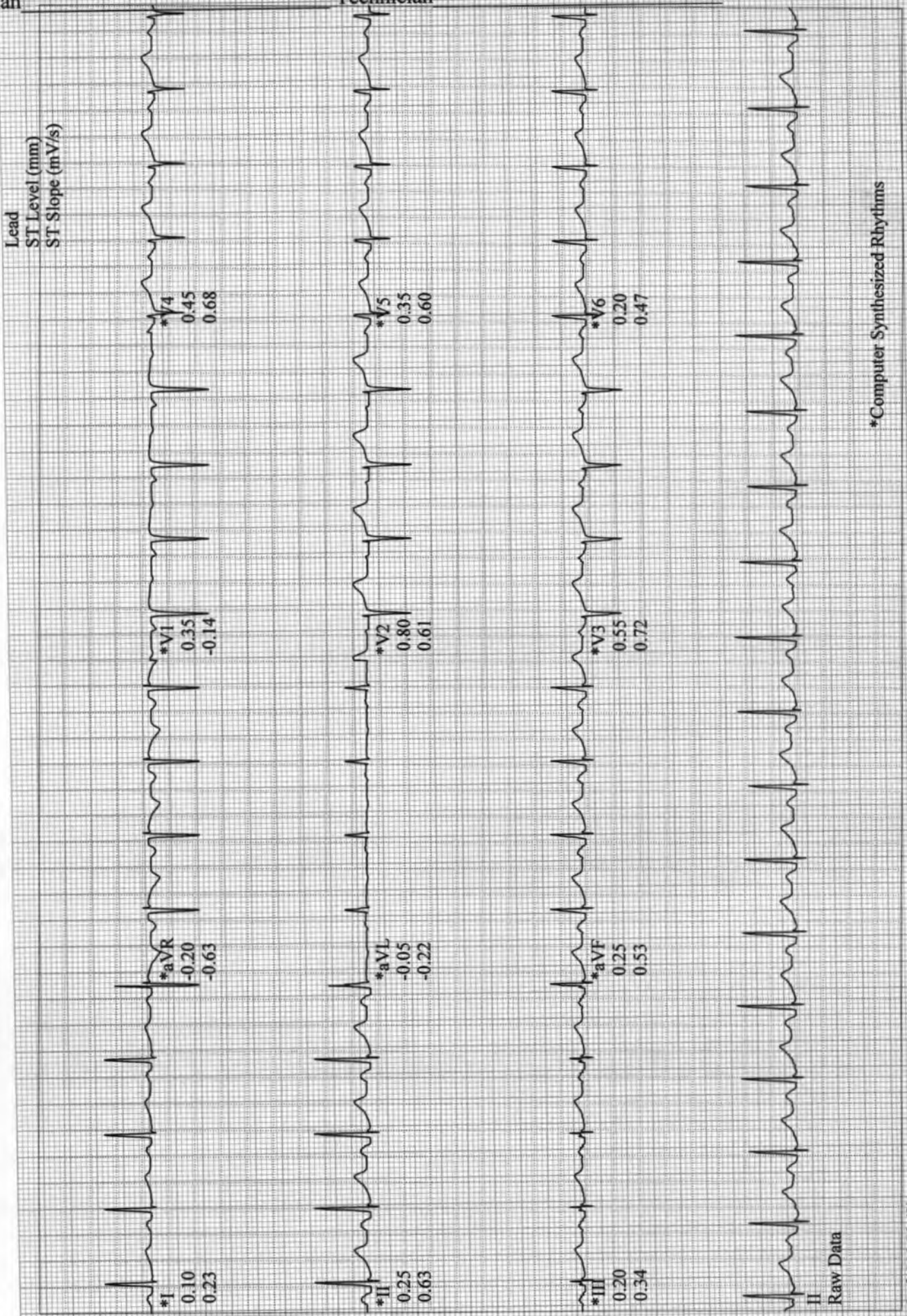
*aVF
0.25
0.53

*V5
0.35
0.60

*V6
0.20
0.47

III
0.20
0.34

II
Raw Data



*Computer Synthesized Rhythms

Start of Test: 3:10:20pm

GE CardioSoft V6.73 (2)
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(LLI)

Tabular Summary

Zarekar, Sindhu
 Patient ID 18042
 10.03.2022 Female 151 cm 77 kg
 3:10:20pm 57yrs Asian
 Meds:

BRUCE: Total Exercise Time 06:34
 Max HR: 169 bpm 103% of max predicted 163 bpm HR at rest: 108
 Max BP: 165/95 mmHg BP at rest: 135/95 Max RPP: 24335 mmHg*bpm
 Maximum Workload: 8.70 METS
 Max. ST: -0.55 mm, 0.00 mV/s in V6; EXERCISE STAGE 3 06:30
 Arrhythmia: A-26, PVC:6
 ST/HR index: 0.50 μ V/bpm

Test Reason:
 Medical History:
 Ref. MD: Ordering MD:
 Technician: Test Type:
 Comment:

Reasons for Termination: Dyspnea
Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.
Conclusion: Exercise of bruce protocol for 6.34 min. Target heart rate achieved. No angina/arrhythmias.No ST-T Changes. Test is negative for induced ischemia.

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (V6 mm)	Comment
PRETEST	SUPINE	00:12	0.00	0.00	1.0	105	135/95	14175	0	0.20	
EXERCISE	STANDING	00:06	0.00	0.00	1.0	103			0	0.25	
	STAGE 1	03:00	1.70	10.00	4.6	139	145/95	20155	0	-0.10	
	STAGE 2	03:00	2.50	12.00	7.0	160	155/95	24800	0	-0.10	
RECOVERY	STAGE 3	00:35	3.40	14.00	8.7	166			2	-0.30	
		03:55	0.00	0.00	1.0	107	165/95	17655	0	0.00	

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SINDHU ZAREKAR

SEX : Female

REF. BY : MEDIWHEEL

DATE:10/03/2022

COMPLETE BLOOD COUNT

TEST	RESULT	NORMAL RANGE
WBC COUNT	3,900 /cumm	4.0 - 11.0 x 10 ³ /cumm
Haemoglobin:	13.4 g%	13.0 - 18.0 g%
Platelets:	2,12,000 /cumm	1,50,000 - 4,50,000 /cumm
Red Blood Cells:	5.01 /Mill/ul	4.20 - 6.00 Mill/ul
MCV:	78.2 fL	80.0 - 97.0 fL
MCH:	26.7 pg	26.0 - 32.0 pg
MCHC:	34.2 g/dL	31.0 - 36.0 g/dL
HCT:	39.1 %	37.0 - 51.0 %
Differential Count		
Neutrophils:	50 %	40 - 75 %
Lymphocyte:	42 %	20 - 45 %
Monocytes:	04 %	2 - 10 %
Eosinophills:	04 %	1 - 06 %
Basophills:	00 %	0 - 1 %
ESR:	10 mm at 1 Hr.	Male: 0 - 8 mm at 1 Hr. Female: 0 - 20 mm at 1 Hr.

GYCOCYTED HAEMOGLOBIN

TEST	RESULT	NORMAL
HbA1C:	5.5 %	4.7-5.9 %
M.B.G	105.55% mg	70 - 120 mg

INTERPRETATION:

FOR DIABETIC PATIENT

Good Control:	6.0 - 7.0 %
Fair Diabetic Control:	7.0 - 8.0 %
Unsatisfactory control:	8.0 - 10 %
Poor Diabetic Control:	Above 10 %

Dr.S R. SARDA

M.D Reg. No.56462

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Dr.Sampat Sarda
M.D.(Pathology)

Wankatesh Nagar, Jalna Road, Aurangabad (MH). Ph.: 2333851, 2334858, Mob.: 9823040323

ASIAN HOSPITAL
MOTIWALA SQUARE
AURANGABAD

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Zarekar, Sindhu
Patient ID: 18042
Height: 151 cm
Weight: 77 kg

DOB: 01.06.1964
Age: 57yrs
Gender: Female
Race: Asian

Study Date: 10.03.2022
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. DEORAO THENGE
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:12	0.00	0.00	105	135/95	
	STANDING	00:06	0.00	0.00	103		
EXERCISE	STAGE 1	03:00	1.70	10.00	139	145/95	
	STAGE 2	03:00	2.50	12.00	160	155/95	
	STAGE 3	00:35	3.40	14.00	166		
RECOVERY		03:55	0.00	0.00	107	165/95	

The patient exercised according to the BRUCE for 6:34 min:s, achieving a work level of Max. METS: 8.70. The resting heart rate of 108 bpm rose to a maximal heart rate of 169 bpm. This value represents 103 % of the maximal, age-predicted heart rate. The resting blood pressure of 135/95 mmHg, rose to a maximum blood pressure of 165/95 mmHg. The exercise test was stopped due to Dyspnea.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions

Exercise of bruce protocol for 6.34 min.

Target heart rate achieved.

No angina/arrhythmias.No ST-T Changes.

Test is negative for induced ischemia.



Dr. Devrao Thenge
MD, DNB (Cardiology)
Reg. No. 2006-103020

Physician _____

Technician _____

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SINDHU ZAREKAR

SEX : Female

REF. BY : MEDIWHEEL

DATE:10/03/2022


BLOOD SUGAR EXAMINATION

TEST	RESULT
Fasting Blood Sugar:	78 mg/dl
Fasting Urine Sugar	
Post Meal Blood Sugar Level:	119 mg/dl
Post Meal Urine Sugar:	---

REFERANCE RANGE	:	NON DIABETIC	IGT	DIABETIC
FASTING	:	≤ 90 MG	90-126 mg %	≥ 126 mg %
POSTMEAL	:	≤ 140 mg	140-200mg%	≥ 200 mg

BLOOD GROUP

BLOOD GROUP	:	"B"
R.H.FACTOR	:	POSITIVE


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Dr.Sampat Sarda
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4, Wyankatesh Nagar, Jalna Road, Aurangabad
Phone No. 2333851, 2334858

Name : Mrs.Sindhu Zarekar

Date: 10/03/2022

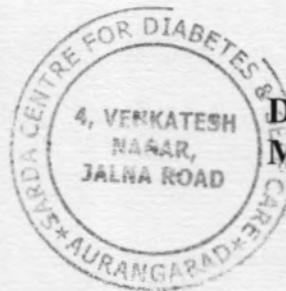
Age/Sex: 57Yrs/Female

Ref By DR. Sarda sir

Stress Test Report

- 1) Protocol-Bruce
- 2) Exercise Time-6.34min
- 3) Baseline Heart Rate and Blood Pressure-108bpm.BP-135/95mm of Hg.
- 4) Mets-8.70
- 5) ST-T Segment Changes-No Significant ST-T changes
- 6) Angina-None
- 7) Arrhythmias-None
- 8) Other Symptoms-None
- 9) Maximal Heart Rate and Blood Pressure-169bpm.BP-165/95mm of Hg.
- 10) Predicted Maximal Heart Rate Achieve -103%
- 11) Reason for Termination- Dyspnea.

CONCLUSION :- Stress Test Negative for exercise induced ischemia.



DR.DEORAO THENGE
M.D.D.N.B.(CARDIOLOGY)

Dr. Devrao Thenge
MD, DNB (Cardiology)
Reg. No. 2001/02/491

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SINDHU ZAREKAR

SEX : Female

REF. BY : MEDIWHEEL

DATE:10/03/2022

LIPID PROFILE

Serum Cholesterol :	185 mg/dl	130 - 250 mg/dl
HDL Cholesterol:	48 mg/dl	30 - 95 mg/dl
Serum Triglyceride:	118 mg/dl	up to 165 mg/dl
LDL Cholesterol:	113.4 mg/dl	up to 165 mg/dl
VLDL Cholesterol:	23.6 mg/dl	up to 40 mg/dl
LDL / HDL Cholesterol Ratio:	2.36	Low risk : 0.5 - 3.0 Moderate risk: 3.0 - 6.0 High risk: > 6.0
CHOL./HDL Cholesterol Ratio:	3.85	Low risk : 3.3 - 4.4 Average risk: 4.4 - 7.1 Moderate risk: 7.0 - 11.0 High risk: > 11

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3251, 2334858

Dr. Sampat Sarda
M.D.(Pathology)



SHANTI IMAGING CENTRE

Dr. P. S. Mishrikotkar
M.B.B.S., M.D., P.G. Diploma in MSK Radiology (SPAIN)
Consulting Radiologist

Patient Name: SINDHU ZAREKAR	Date: 10/03/2022
Patient Id: 61312	Age/Sex: 58 Years / F
Ref Phy: DR. SARDA LAB	

ABDOMINAL USG

Liver is normal in size and showed gr I fatty changes. No focal lesion. IHBR are non-dilated.

CBD – 2 mm, PV- 9 mm, IVC & Aorta are normal. No ascites or pleural effusion.

Gall bladder is well filled. No calculus or mass.
Wall thickness , No e/o peri-GB collection

Spleen and pancreas are normal sized, no e/o infiltration

Both kidneys are normal in size and echofeatures. No focal lesion.

HIGH FREQUENCY BOWEL USG.

Normal peristaltic small & large bowel loops, No e/o enlarged nodes,
No free fluid. No s/o bowel mass or obstruction, No classical features in RIF.

Urinary bladder is well filled no calculus or cystitis.

Uterus is well seen, appeared normal. Normal both ovaries.

IMPRESSION - Normal abdominal USG.Except gr I fatty changes in liver.

P S MISHRIKOTKAR,
MD RADIOLOGY
REG NO: 60663



DR. P.S.MISHRIKOTKAR
MBBS. MD (RAD)
R. No: 60663

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SINDHU ZAREKAR

SEX : Female

REF. BY : MEDIWHEEL

DATE:10/03/2022

BLOOD PROFILE

TEST	RESULT	NORMAL
BLOOD UREA N2	15 mg%	5-25 mg %
CREATININE	0.8mg%	0.6-1.4 mg %
BILIRUBIN TOTAL	0.55mg%	0.2-1.0 mg
DIRECT	0.25	0.0-0.3
INDIRECT	0.30	0.3-0.7
S.G.O.T	20 IU/L	15-40 IU/L
S.G.P.T	21 IU/L	15-40 IU/L
ALK PHOSPHATASE	127 IU/L	70-306 IUL
S.PROTEIN TOTAL	6.8gm%	6.0-8.0 gm%
ALBUMIN	4.2gm%	3.2-4.4 gm%
GLOBULINS	2.6gm%	2.3-3.5 gm%
ALB/GLO RATIO	1.6	
G.G.T.P	23	upto50IU
SR.URIC ACID	6.0	3.5-7.0 mg % ^{ss} uric-

Dr.S R. SARDA

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Dr. Sampat Sarda

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M.D.(Pathology) Phone No. 233851, 2334858



SHANTI IMAGING CENTRE

Dr. P. S. Mishrikotkar
M.B.B.S., M.D., P.G. Diploma in MSK Radiology (SPAIN)
Consulting Radiologist

Name : SINDHU ZAREKAR
No. :
Ref By : DR. SARDA LAB


Date : 10/03/2022
Age : 58 Years

RADIOGRAPH OF CHEST PA VIEW

Both the lung fields are clear.
The broncho vascular markings appears normal.
The hilar shadows appears normal.
Both Cardiophrenic and Costophrenic angles are clear.
The Cardiac silhouette is within normal limits.
Aortic shadow is normal.
Both domes of diaphragms are normal.
The visualised bony thorax is normal.

CONCLUSION : No Active Pulmonary Parenchymal Lesion is seen.

Report with compliments to DR. SARDA LAB.


P S MISHRIKOTKAR,
MD RADIOLOGY

DR. P.S.MISHRIKOTKAR
MBBS. MD (RAD)
R. No. 60663



NAME: MRS. SINDHU ZAREKAR

SEX : Female

REF. BY : MEDIWHEEL

DATE:10/03/2022

Urine Routine Examination

Physical Examination

Colour:	Pale Yellow
Appearance:	Clear
Reaction:	Acidic
Deposit	Absent

Chemical Examination:

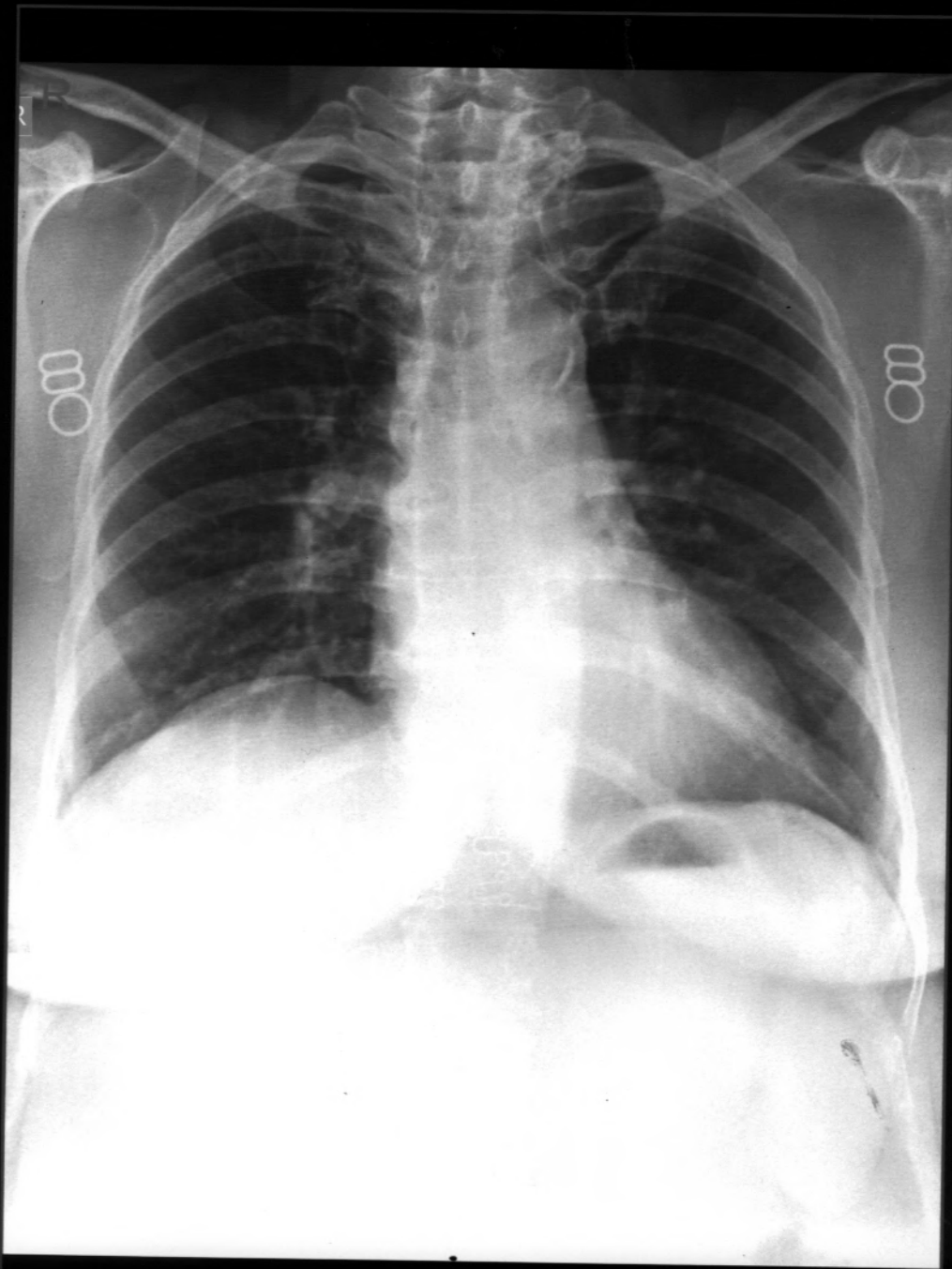
Specific Gravity	1.005
Albumin	Absent
Sugar:	Absent
Acetone:	----
Bile Salts	----
Bile Pigment:	----

Microscopic Examination

RBC :	Absent
Pus Cells:	OCASSIONAL/HPF
Epihtelial cells:	Absent
Crystals:	Absent
Casts:	Absent

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SHANTI IMAGING CENTRE



MRS.SINDHU ZAREKAR : 10 Mar 2022

NAME: MRS. SINDHU ZAREKAR

SEX : Female

REF. BY : MEDIWHEEL

DATE:10/03/2022

EXAMINATION OF STOOL


Physical Examination

Colour	Brownish
Consistency	Semisolid
Blood (Gross)	Absent
Mucus	Absent

Microscopic Examination

Red Blood Cells	Absent
Pus Cells	Occasional
Macrophages	Absent
Ova	Absent
Cyst	Absent
Parasites	Absent

Remark :


Dr. S R. SARDA
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Phone No. 2333851, 2334858

SARDA

CENTRE FOR DIABETES & SELF CARE

10/3/22

Mr. Annasaheb Lalekar & Mrs. Sindhu Lalekar have undergone dental check up.

Mrs. Sindhutai needs X-ray and dental treatment further.

Sonali

DR SONALI LOHIYA

BDS Dental Surgeon
Reg No 070254
Appt. Men. Daye & Centre. Simu.
Jaina Road Aurangabad



SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SINDHU ZAREKAR

SEX : Female

REF. BY : MEDIWHEEL

DATE:10/03/2022

THYROID FUCTION TEST

TEST	RESULT	NORMAL RANGE
Total T 3 :	134.3 ng/ml	60 - 181 ng/ml
Total T 4 :	8.72 ug/dl	4.6 - 12.5 ug/dl
TSH Ultrasensitive :	1.15 uIU/ml	0.50 - 8.90 uIU/ml

Dr.S R. SARDA

Dr.Sampat Sarda

M.D.(Pathology)

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4, Vyanktesh Nagar, Jalna Road, Aurangabad
Phone No.2333851, 2334858

Mrs. Sindhu Zarekar

10/03/22

Bank of Baroda

584816

Ophthalmic Exam Report

	(RE)	(LE)
<u>Vis</u>	6/6	6/6
<u>Ant seg</u>	NAD	NAD
<u>lens</u>	PCIO L ⊕	PCIO L ⊕
<u>Fundus</u>	DISC WM MAO-3 KRT	DISC WM MAO-3 KRT
<u>Colour v₃</u>	Normal	Normal

Imp: (BE) pseudophakia with PCIO in place.
Rest within normal limits



Dr. Ajay Lohia
DR. AJAY LOHIA
M.B.B.S., D.O. (EOM) D.N.B. C.P.S.
REG. NO. 83436
TIRUPATI NETRALAYA & DENTAL CLINIC
AURANGABAD

SARDA

CENTRE FOR DIABETES & SELF CARE

PAP

NAME...MRS..SINDHU ZAREKAR 10.2.2022

REF.BY.MEDIWHEEL

CYTOLOGY EXAMINATION

SPECIMEN..... PAP SMEAR

MICROSCOPIC..... SHOWS SUPERFICIAL SQUAMOUS EPITHELIAL CELLS

ALSO SEEN ARE FEW INFLAMMATORY CELLS ,NEUROPHILS

PRESENT SMEAR DOES NOT SHOW ANY ABNORMAL CELLS.

NO E/O DYSPLASIA.

IMPRESSION..... S/O INFLAMMATORY SMEAR

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**SARDA
CENTRE FOR DIABETES & SELF CARE**

4, Vyankatesh Nagar, Jalna Road, Aurangabad. Ph. : (0240) 2332851, 2334658.

Name: Ms. Sidhu Zarekar Age: 57W
ROB

CLINICAL SUMMARY:

Weight : _____ Height (Cms) : _____ Blood Pressure : _____

ECG FINDINGS:

Rate : 88/mh ORS. Complex : N

Rhythm : N ST Segment : N

Mechanism : N T. Wave : N

Axis : N QT Interval : N

P. Wave : N PR Interval : N

Recommendation : Wm

Dr. A. S. SARDA
M.D. Reg. : 071670

SARDA CENTER FOR DIABETES & SELF CARE
4, Vyankateshnagar, Jalna Road, Aurangabad
Ph. : (0240) 2332851, 2334658

Date : 10/03/2022

SARDA

CENTRE FOR DIABETES & SELF CARE

Ms. Sindhu Zarekar

age 58yr / WT 76.4 /

BP. 130/90 mmHg

P/S - NAD

Pr - U+ small amount

No pelvic palpable pathology

Answered

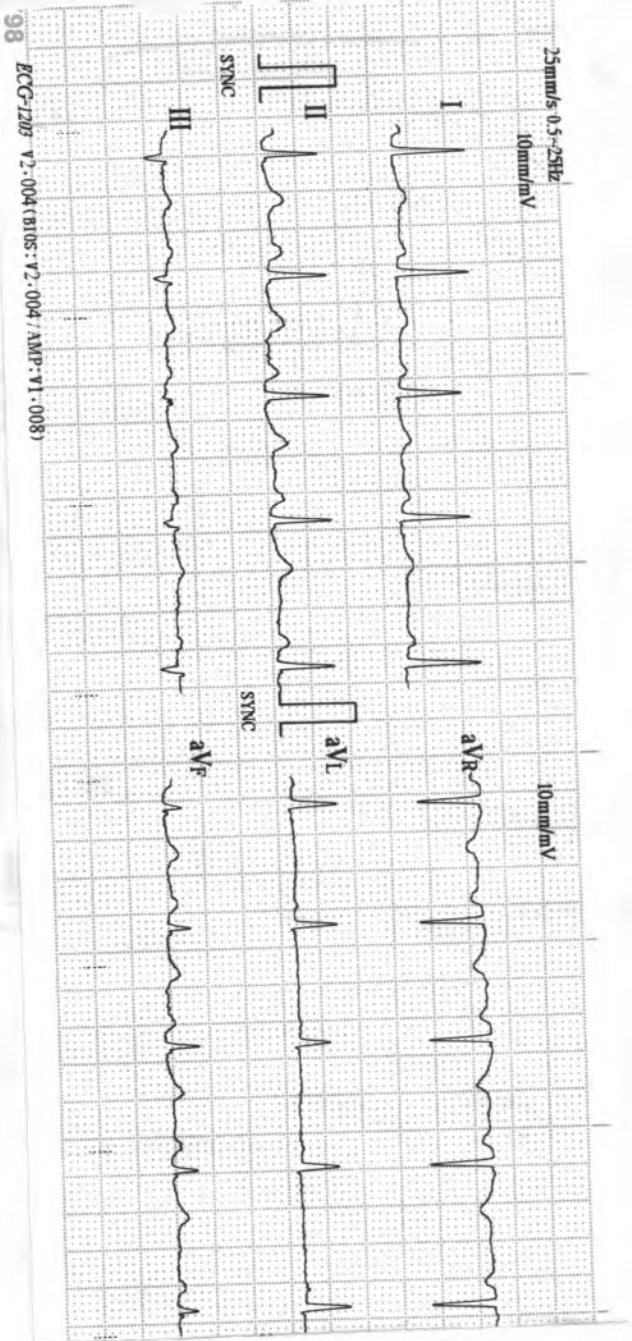


Dr. Mrs. A.S. Navandar

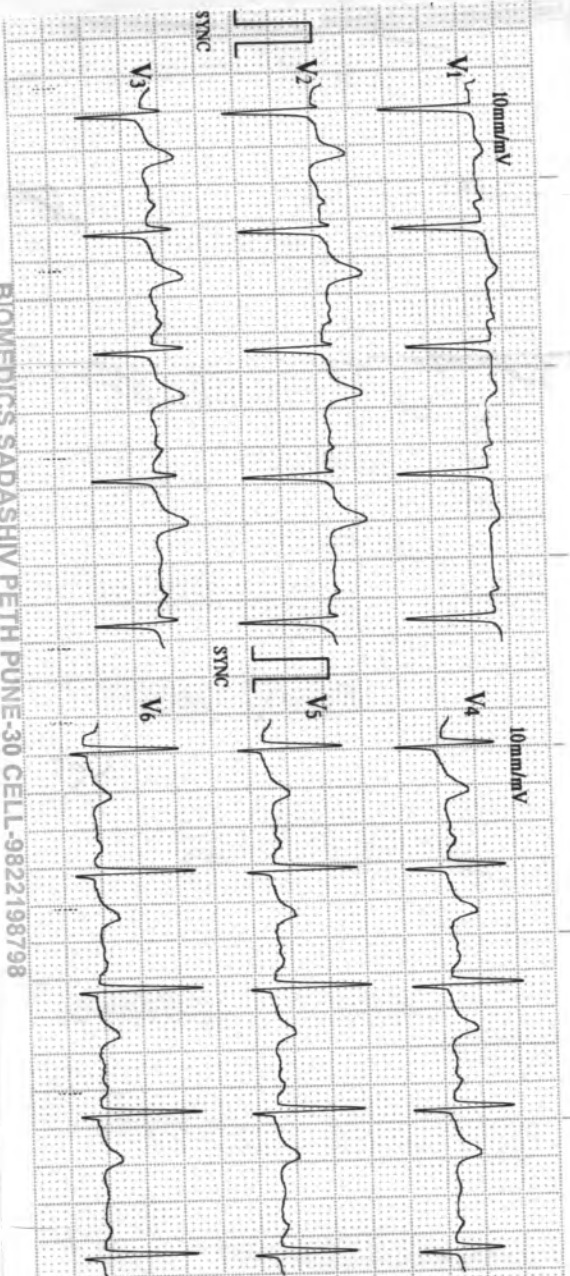
MBBS

Reg. No. 38439

Aurangabad.



25mm/s 0.5-25Hz
100mm/mV
ECG-1208 V2-004 (BIUS : V2-004 / AMP-V1-008)



100mm/mV
100mm/mV
BIOMEDICS SADASHIV PETH PUNE-30 CELL-9822198798

03/10/2022 08:35

ID : 5812

Name: Sindhu zarekar

Sex :

Age :

HR : 88 bpm
R-R : 678 ms
P-R : 156 ms
QRS : 83 ms
QT/QTc : 355/430 ms
P/QRS/T : 55/23/55 °
RV5/SVL : 1.150/1.180 mV
RV5+SVL : 2.330 mV

Machine Interpretation Only

Confirm with Physician

Physician: