

LETTER OF APPROVAL / RECOMMENDATION

To.

The Coordinator.

Mediwheel (Arcofemi Healthcare Limited)

Helpline number: 011-41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS		
NAME	MR. SINGH ADITYA KUMAR		
EC NO.	93635		
DESIGNATION	SMELF CREDIT		
PLACE OF WORK	NOIDA,RO NOIDA		
BIRTHDATE	01-07-1985		
PROPOSED DATE OF HEALTH CHECKUP	25-06-2022		
BOOKING REFERENCE NO.	22J93635100020666E		

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 21-06-2022 till 31-03-2023 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE	
CBC	CBC	
ESR	ESR	
Blood Group & RH Factor	Blood Group & RH Factor	
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting	
Blood and Urine Sugar PP	Blood and Urine Sugar PP	
Stool Routine	Stool Routine	
Lipid Profile	Lipid Profile	
Total Cholesterol	Total Cholesterol	
HDL	HDL	
LDL	LDL	
VLDL	VLDL	
Triglycerides	Triglycerides	
HDL / LDL ratio	HDL / LDL ratio	
Liver Profile	Liver Profile	
AST	AST	
ALT	ALT	
GGT	GGT	
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)	
ALP	ALP	
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)	
Kidney Profile	Kidney Profile	
Serum creatinine	Serum creatinine	
Blood Urea Nitrogen	Blood Urea Nitrogen	
Uric Acid	Uric Acid	
HBA1C	HBA1C	
Routine urine analysis	Routine urine analysis	
USG Whole Abdomen	USG Whole Abdomen	
General Tests	General Tests	
X Ray Chest	X Ray Chest	
ECG	ECG	
2D/3D ECHO / TMT	2D/3D ECHO / TMT	
Stress Test	Thyroid Profile (T3, T4, TSH)	
PSA Male (above 40 years)	Mammography (above 40 years)	
· crimaio (asoro ro yours)	and Pap Smear (above 30 years)	
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation	
Dental Check-up consultation	Physician Consultation	
Physician Consultation	Eye Check-up consultation	
Eye Check-up consultation	Skin/ENT consultation	
Skin/ENT consultation	Gynaec Consultation	





भारतीय विशिष्ट गहचान प्राधिकरण UNIQUE IDENTIFICATION AUTHORITY OF INDIA

Address:
S/O Prabhakar Singh, near metro city, c-8/7 paper millicolony, New Hyderabad S.O. Lucknow, Uttar Pradesh - 226007

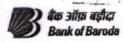
पता: S/O प्रभाकर सिंह, नियर मेट्रो भिडी, सी:८/उ रेगर मिन कॉलोची, न्यू हैदराबाद म.ओ. लखनक. उत्तर प्रदेश - 226007

Andy.





P.O. Box No.1947, Bengaluru-560 001



नामः Mr. Aditya Kumar Singh Name:

कर्मचारी कूट क्र. E. C. No. 93635



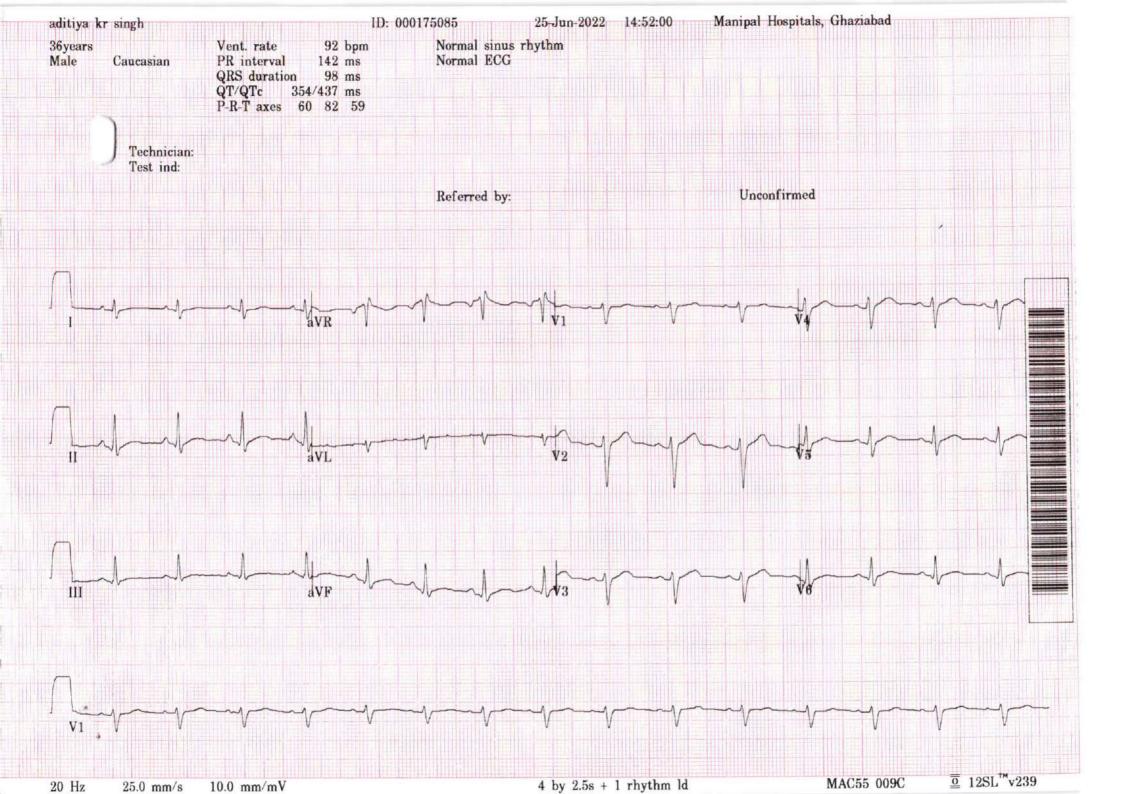
जारीकर्ता प्राधिकारी, मु. प्र. (सु.) अ.का. न.दि. Issuing Authority CM-(S), ZO, ND







धारक के हस्ताक्षर Signature of Holder







TMT INVESTIGATION REPORT

Patient Name : Mr. ADITYA KUMAR SINGH

Location

: Ghaziabad

Age/Sex

: 37Year(s)/male

Visit No

: V000000001-GHZB

MRN No

: GHZB-0000175085

Order Date

: 25/6/2022

Ref. Doctor : HCP

Report Date

: 25/6/2022

Protocol

: Bruce

MPHR

: 184BPM

Duration of exercise

: 5min 05sec

85% of MPHR

: 156BPM

Reason for termination : THR achieved

Peak HR Achieved : 175BPM % Target HR

Blood Pressure (mmHg) : Baseline BP : 146/92mmHg

METS

: 95%

Peak BP

: 160/96mmHg

: 7.0METS

ECG CHANGES BP **SYMPTOMS ARRHYTHMIA** STAGE TIME (min) (bpm) (mmHg) Nil No ST changes seen PRE- EXC. 0:00 109 146/92 Nil Nil Nil No ST changes seen 152/92 STAGE 1 3:00 157 Nil Nil No ST changes seen 2:05 175 160/96 STAGE 2 Nil No ST changes seen RECOVERY 3:02 125 150/92

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise & recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is negative for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

MD, DM (CARDIOLOGY), FACC Sr. Consultant Cardiology

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

MD, DNB (CARDIOLOGY), MNAMS MD

Sr.Consultant Cardiology

Cardiology Registrar

Page 1 of 2

Manipal Hospital, Ghaziabad NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

p: 0120-616 5666

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

Acce cano - info@manihosnitals com wanter maninalhosnitals com



Name	ADITYA KUMAR SINGH	Age	36y 11m 25d	Gender	MALE
MRN	GHZB-0000175085	Visit No	V000000001-GHZB		
Lab No	G000320820	Collected On	25/06/2022 10:38AM	Received On	25/06/2022 10:40AM
Referred By	Vinay Bhat	Reported On	25/06/2022 2:58PM		

Test Name

Result

Biological Criticality Factor Reference Interval

Test Method

GLUCOSE, FASTING (F) (Serum Fasting)

100 mg/dl

70 - 110 mg/dl

..... END OF REPORT

mcT-39093 DR ALKA DIXIT VATS CONSULANT PATHOLOGIST

PATHOLOGIST

Processed by :- SHAHID SAIFI

Report Printed On: 27/6/2022

8:51AM







Name ADITY	ADITYA KUMAR SINGH			-	The same of the sa
	ADIT TA KOMAK SINGH	Age	36y 11m 25d	Gender	MALE
MRN	GHZB-0000175085	Visit No	V0000000001-GHZB		7,3
Lab No	G000320837	Collected On	25/06/2022 11:55AM	Received On	25/06/2022 11 5611
Referred By	Vinay Bhat		25/06/2022 3:02PM	received Off	25/06/2022 11:56AM

Criticality **Test Name** Biological Result Factor Reference Interval

URINE EXAMINATION, ROUTINE (Urine)

PHYSICAL EXAMINATION

Colour PALE YELLOW Appearance CLEAR pH 6.0 Specific gravity 1.015

CHEMICAL EXAMINATION

Glucose Nil Protein Absent Ketone bodies Absent Urobilinogen Absent

MICROSCOPIC EXAMINATION

Leukocytes 1-2 /HPF Erythrocytes NIL Epithelial Cells 0-1 /HPF Casts NIL Crystals NIL Others NIL

······ END OF REPORT ······

Processed by :- KAPIL GAUR

DR ALKA DIXIT VATS CONSULANT PATHOLOGIST PATHOLOGIST

Report Printed On:

27/6/2022

8:52AM



Name ADITYA KUMAR SINGH					
	THOUSE STROP	Age	36y 11m 25d	Gender	MALE
MRN	GHZB-0000175085	Visit No	V0000000001-GHZB		- INCL
Lab No	G000320821		25/04/2		
Referred By	Vinay Bhat			Received On	25/06/2022 10:40AM
	may blide	Reported On	25/06/2022 4:02PM		

Test Name

Result

Criticality

Biological Reference Interval

BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)

BLOOD GROUPING

RH TYPING

POSITIVE

ESR (WESTERGREN), AUTOMATED ERYTHROCYTE

05 mm/1st hour

0 - 15 mm/Hr

SEDIMENTATION RATE

..... END OF REPORT

Processed by :- KAPIL GAUR

DR ALKA DIXIT VATS CONSULANT PATHOLOGIST **PATHOLOGIST**

Report Printed On: 27/6/2022

8:52AM



ADITYA KUMAD STAIGU				
ADIT TA KOMAR SINGH	Age	36y 11m 25d	Gender	MALE
GHZB-0000175085	Visit No	V0000000001-GHZB	100	TINE
G000320821			Pecalized On	25/06/02
Vinay Bhat				25/06/2022 10:40AM
	G000320821	GHZB-0000175085 Visit No G000320821 Collected On	GHZB-0000175085 Visit No V0000000001-GHZB G000320821 Collected On 25/06/2022 10:39AM	GHZB-0000175085 Visit No V0000000001-GHZB Collected On 25/06/2022 10:39AM Received On

	Test Name	Result	Criticality Factor	Biological Reference Interval
	HEMOGLOBIN, HB	17.5 g/dl	ractor	
J	MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	39.5 g/dl		12 - 16 gm/ dl 33 - 36%
	MEAN CORPUSCULAR HAEMOGLOBIN, MCH	33.1 pg		26 -34 pg
	MEAN CORPUSCULAR VOLUME, MCV	83.7 fl		77 - 97 fl
	PLATELET COUNT	225 x10 ³ cells/ Cumm		150x10^3 - 400x10^3 cells/cumm
	RED BLOOD CELLS, RBC COUNT	5.29 million/cu mm		3.8 - 5.3 millions /cumm
	RED CELL DISTRIBUTION WIDTH, RDW	13.9 %		11.5 - 14.5 %
	LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	12.26 x10 ³ cells/ Cumm		4x10^3 - 11x10^3 cells/cumm
	HEMATOCRIT (HCT)	44.3 %		34 -45%
	BASOPHILS	00 %) - 2%
	EOSINOPHILS	03 %	2	2 -7 %
-	LYMPHOCYTES	33 %		7 - 45 %
	MONOCYTES	05 %	4	-13%
	NEUTROPHILS	59 %	4	0 - 80%
		END OF REPORT		
ro	ocessed by :- SHAHID SAIFI		DR C	HARU AGARWAL LTANT PATHOLOGIST
				Pathologist

Pathologist

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27/6/2022

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Name	ADITYA KUMAR SINGH	Age	36y 11m 25d	Gender	MALE
MRN	GHZB-0000175085	Visit No	V0000000001-GHZB		
Lab No	G000320821	Collected On	25/06/2022 10:39AM	Received On	25/06/2022 10:40
Referred By	Vinay Bhat		25/06/2022 11:52AM		23/00/2022 10:40AM

Test Name KIDNEY FUNCTION TESTS (S	Result erum)	Criticality Biological Factor Reference Interval	Test Method
UREA	17.7 mg/dl	15 - 40 mg/dl	
CREATININE, SERUM	1.00 mg/dl	0.7 - 1.2 mg/dl	
URIC ACID	7.0 mg/dl	4 - 8.5 mg/dl	
SODIUM, SERUM	137.5 mmol/L	136 - 144 mmol/ L	
POTASSIUM, SERUM	4.63 mmol/L	3.6 - 5.1 mmol/L	
CHLORIDE, SERUM LIPID PROFILE (Serum)	103.6 mmol/L	101 - 111 mmol/L	
CHOLESTEROL, TOTAL	186 mg/dl	Upto 200 mg/dl	
TRIGLYCERIDES, SERUM	143 mg/dl	Upto 150 mg/dl	
CHOLESTEROL, HDL, DIRECT	38 mg/dl	35 - 65 mg/dl	
CHOLESTEROL, LDL, DIRECT	119 mg/dl	0 -120 mg/dl	
Cholesterol, VLDL LIVER FUNCTION TESTS (Seru	29 mg/dl	0 - 35 mg/dl	
BILIRUBIN, TOTAL			
	1.67 mg/dl	0.3 -1.2 mg/dl	
BILIRUBIN, DIRECT	0.39 mg/dl	0 - 0.3 mg/dl	
Report Printed On: 27/6/2022	8:52AM		Page 3 of 4

MANIPAL HOSPITALS NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002 www.manipalhospitals.com



Name	ADITYA KUMAR SINGH	Age	36y 11m 25d	Gender	MALE
MRN	GHZB-0000175085	Visit No	V0000000001-GHZB		
Lab No	G000320821	Collected On	25/06/2022 10:39AM	Received On	25/06/2022 10:404M
Referred By	Vinay Bhat		25/06/2022 11:52AM		23/00/2022 10.40AM

Test Name	Result	Criticality Biological Factor Reference Interval	Test Method
Indirect Bilirubin	1.28	0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.2 g/dl	6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.93 g/dl	3.5 - 5.2 gm/dl	
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	2.17	1:1 - 2.5:1	
GLOBULIN, SERUM	2.3		
SGPT	195 IU/	- 17 - 63 IU/L	
SGOT	90 IU/L	0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	103 IU/I	7 -50 U/L	
ALKALINE PHOSPHATASE, ALP	56 IU/L	32 -91 IU/L	
		END OF REPORT	Region Livery

Processed by :- SHAHID SAIFI

DR CHARU AGARWAL
CONSULTANT PATHOLOGIST

NSULTANT PATHOLOGIS Pathologist

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MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002 www.manipalhospitals.com



Name	ADITYA KUMAR SINGH	Age	36y 11m 25d	Gender	MALE
MRN	GHZB-0000175085	Visit No	V0000000001-GHZB		
Lab No	G000320871	Collected On	25/06/2022 2:32PM	Received On	25/06/2022 2:37PM
Referred By	Vinay Bhat	Reported On			25/00/2022 2.5/FM

GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post

Test Name

Prandial)

Result

Criticality

Biological Factor Reference Interval

Test Method

128 mg/dl

80 -140 mg/dl

..... END OF REPORT

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mcT-39093

DR ALKA DIXIT VATS CONSULANT PATHOLOGIST **PATHOLOGIST**

Report Printed On:

27/6/2022

8:52AM

Human Care Medical Charitable Trust



Registered Office: Sector-6, Dwarka, New Delhi- 110075

HCMCT

Registration No

ManipalHospitals

LIFE'S ON

Name : MR ADITYA KUMAR SINGH

: RH1422783 RefHosp No. :

ghzb-0000175085

Patient Episode : R03000039329

Referred By : MANIPAL HOSPITALS GHAZIABAD

Receiving Date : 25 Jun 2022 22:20

BIOCHEMISTRY

m

Age : 36 Yr(s) Sex :Male

Lab No : 32220609004

Collection Date: 25 Jun 2022 20:23

Reporting Date: 26 Jun 2022 09:20

THYROID PROFILE, Serum

Adult > 20 yrs β - Triiodothyronine (ECLIA) 1.27 ng/ml [0.70-2.04] 1.27 mg/ml [4.60-12.00] 1.27 Thyroid Stimulating Hormone (ECLIA) 8.00 micg/dl [4.60-12.00] 1.27 micg/dl [4.60-12.00]

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128

2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

Page1 of 1

-----END OF REPORT----

Dr. Lona Mohapatra CONSULTANT PATHOLOGY

Cediapado

Human Care Medical Charitable Trust

Adjoining Mil Building, Main Road Sector 6, Dwarka, New Delh

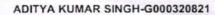
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PID NO: P1082200010925 Age: 37.0 Year(s) Sex: Male



Reference: Dr.VINAY BHATT

Sample Collected At:
Manipal Hospital
NH-24, HAPUR ROAD, OPP. BAHMETA,
GHAZIABAD 201002
201002

VID: 220108000006974

Registered On: 25/06/2022 12:21 PM

Collected On: 25/06/2022 12:21 PM

Reported On:

25/06/2022 02:32 PM

HbA1c Glycated Haemoglobin

(EDTA Whole Blood)

Investigation

HbA1C- Glycated Haemoglobin (HPLC)

Observed Value

Unit o/ **Biological Reference Interval**

Non-diabetic: <= 5.6 Pre-diabetic: 5.7-6.4 Diabetic: >= 6.5

Estimated Average Glucose (eAG) \$

82.45

4.5

mg/dL

Interpretation & Remark:

1. HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).

 HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association) guidelines 2017, for diagnosis of diabetes using a cut-off point of 6.5%.

3. Trends in HbA1c are a better indicator of diabetic control than a solitary test.

 Low glycated haemoglobin(below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia(especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.

5. To estimate the eAG from the HbA1C value, the following equation is used: eAG(mg/dl) = 28.7*A1c-46.7

Interference of Haemoglobinopathies in HbA1c estimation.

A. For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.

B. Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status

C. Heterozygous state detected (D10/ turbo is corrected for HbS and HbC trait).

7. In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control. Excellent Control - 6 to 7 %, Fair to Good Control - 7 to 8 %, Unsatisfactory Control - 8 to 10 % and Poor Control - More than 10 %.

Note: Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

-- End of Report --

Page 1 of 1

Dr. Mohit Jain MD Pathology







RADIOLOGY REPORT

Name	ADITYA KUMAR SINGH	Modality	US
Patient ID	GHZB-0000175085	Accession No	1110521
Gender/Age	M / 36Y 11M 24D	Scan Date	25-06-2022 11:42:00
Ref. Phys	Dr. Vinay Bhat	Report Date	25-06-2022 12:09:57

LISG A BOOMEN & PELVIS

FINDINGS

LIVER: appears enlarged in size (measures 179 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade II fatty infiltration. Rest normal.

SPLEEN: appears enlarged in size (measures 128 mm) but normal in shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10.9 mm.

COMMON BILE DUCT: Appears normal in size and measures 5.1 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.

Rest normal.

Right Kidney: measures 96 x 36 mm. Left Kidney: measures 103 x 42 mm. PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal. PROSTATE: Prostate is normal in size, shape and echotexture. It measures 31 x 28 x 27 mm with volume 13 cc. Rest

normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

- -Hepatomegaly with diffuse grade II fatty infiltration in liver.
- -Splenomegaly.

Recommend clinical correlation.

Marce/

Dr. Monica Shekhawat, MBBS, DNB, Consultant Radiologist, Reg No MCI 11 10887

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Page 1 of 2

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RADIOLOGY REPORT

Name	ADITYA KUMAR SINGH	Modality	US
Patient ID	GHZB-0000175085	Accession No	1110521
Gender/Age	M / 36Y 11M 24D	Scan Date	25-06-2022 11:42:00
Ref. Phys	Dr. Vinay Bhat	Report Date	25-06-2022 12:09:57



RADIOLOGY REPORT

Name	ADITYA KUMAR SINGH	Modality	DX
Patient ID	GHZB-0000175085	Accession No	1110522
Gender/Age	M / 36Y 11M 24D	Scan Date	25-06-2022 10:57:45
Ref. Phys	Dr. Vinay Bhat	Report Date	25-06-2022 16:02:10

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal. TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal. VISUALIZED NECK: Normal.

IMPRESSION

No significant abnormality noted.

Recommend clinical correlation.

Dr. Monica Shekhawat, MBBS, DNB, Consultant Radiologist, Reg No MCI 11 10887

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