Mahesh Mob:8618385220 9901569756

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Multi Branded Opticals Store

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333.8th Main 5th Cross Near Cambridge & Miranda School HAL 3rd Stage Behind Vishveshvariah Park New Thippasandra, Bangalore - 560075, Email: parvathiopticals@gmail.com

SPECTACLE PRESCRIPTION

No. 4176 avvathi

Date: 9/12/2013

Mobil No: Ref. No. 11 1990407 Ana / Gender > du LS.

RIGHT EYE				LEFT EYE			
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SRI PARVATHI OPTICS NEW THIPPASANDRA

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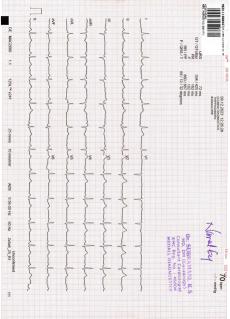
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CUSTOMER CHECKLIST Print Date :09/12/2023 10:27 AM Customer Name MRS.PARVATHI Ref Dr Name MediWheel Customer Id MED111990407 Visit ID : 423074546 Age 39Y/FEMALE Phone No 9731309051 DOB 14 Mar 1984 Visit Date 09/12/2023 Company Name : MediWheel Package Name: Mediwheel Full Body Health Checkup Female Below 40 S.No Modality Study AccessionNo Time Signature BLOOD UREA NITROGEN (BUN) GLUCOSE - POSTPRANDIAL (2 HRS) LAB GLYCOSYLATED HARMOGLOBIN (HbAIc) THYROID PROFILE/ TFT(T3, T4, TSH) URINE GLUCOSE - FASTING URINE GLUCOSE - POSTPRANDIAL (2 COMPLETE BLOOD COUNT WITH ESR BUN/CREATININE RATIO Reverse: do ECG IND14369211138 OTHERS Chadmill / 2D Echo IND143692114690 -19 OTHERS IND143692115279 20 US ULTRASOUND ABDOMEN IND143692115292 EYE CHECKUR -22 X-RAY IND143692118659 IND143692118736

B7 - 133 99

Registerd By (HARLO)



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<u>Investigation</u>	Observed Value	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>
BLOOD GROUPING AND Rh TYPING	'AB' 'Positive'		
(EDTA Blood/Agglutination)			
Complete Blood Count With - ESR			
Haemoglobin (EDTA Blood/Spectrophotometry)	12.7	g/dL	12.5 - 16.0
Packed Cell Volume(PCV)/Haematocrit (EDTA Blood)	39.4	%	37 - 47
RBC Count (EDTA Blood)	4.64	mill/cu.mm	4.2 - 5.4
Mean Corpuscular Volume(MCV) (EDTA Blood)	84.9	fL	78 - 100
Mean Corpuscular Haemoglobin(MCH) (EDTA Blood)	27.5	pg	27 - 32
Mean Corpuscular Haemoglobin concentration(MCHC) (EDTA Blood)	32.3	g/dL	32 - 36
RDW-CV (EDTA Blood)	15.3	%	11.5 - 16.0
RDW-SD (EDTA Blood)	45.46	fL	39 - 46
Total Leukocyte Count (TC) (EDTA Blood)	5200	cells/cu.mm	4000 - 11000
Neutrophils (EDTA Blood)	37.1	%	40 - 75
Lymphocytes (EDTA Blood)	42.2	%	20 - 45
Eosinophils (EDTA Blood)	1.8	%	01 - 06
Monocytes (EDTA Blood)	10.0	%	01 - 10







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Basophils (Blood)	0.8	%	00 - 02
INTERPRETATION: Tests done on Automated	Five Part cell count	er. All abnormal results a	are reviewed and confirmed microscopically.
Absolute Neutrophil count (EDTA Blood)	1.93	10^3 / μl	1.5 - 6.6
Absolute Lymphocyte Count (EDTA Blood)	2.19	10^3 / μl	1.5 - 3.5
Absolute Eosinophil Count (AEC) (EDTA Blood)	0.09	10^3 / μl	0.04 - 0.44
Absolute Monocyte Count (EDTA Blood)	0.52	10^3 / μl	< 1.0
Absolute Basophil count (EDTA Blood)	0.04	10^3 / μl	< 0.2
Platelet Count (EDTA Blood)	331	10^3 / μl	150 - 450
MPV (EDTA Blood)	9.4	fL	8.0 - 13.3
PCT (EDTA Blood/Automated Blood cell Counter)	0.31	%	0.18 - 0.28
ESR (Erythrocyte Sedimentation Rate) (Citrated Blood)	15	mm/hr	< 20
Glucose Fasting (FBS) (Plasma - F/GOD-PAP)	80.42	mg/dL	Normal: < 100 Pre Diabetic: 100 - 125 Diabetic: >= 126

INTERPRETATION: Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

Glucose, Fasting (Urine) (Urine - F/GOD - POD)	Negative		Negative
Glucose Postprandial (PPBS) (Plasma - PP/GOD-PAP)	91.78	mg/dL	70 - 140







The results pertain to sample tested.

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Investigation	<u>Observed</u> <u>Unit</u> <u>Value</u>	<u>Biological</u> <u>Reference Interval</u>
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INTERPRETATION:

Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti- diabetic medication during treatment for Diabetes.

Urine Glucose(PP-2 hours) (Urine - PP)	Negative		Negative
Blood Urea Nitrogen (BUN) (Serum/Urease UV / derived)	10.2	mg/dL	7.0 - 21
Creatinine (Serum/Modified Jaffe)	0.75	mg/dL	0.6 - 1.1

INTERPRETATION: Elevated Creatinine values are encountered in increased muscle mass, severe dehydration, Pre-eclampsia, increased ingestion of cooked meat, consuming Protein/ Creatine supplements, Diabetic Ketoacidosis, prolonged fasting, renal dysfunction and drugs such as cefoxitin ,cefazolin, ACE inhibitors ,angiotensin II receptor antagonists,N-acetylcyteine , chemotherapeutic agent such as flucytosine etc.

etc.			
Uric Acid (Serum/Enzymatic)	5.28	mg/dL	2.6 - 6.0
Liver Function Test			
Bilirubin(Total) (Serum/DCA with ATCS)	0.23	mg/dL	0.1 - 1.2
Bilirubin(Direct) (Serum/Diazotized Sulfanilic Acid)	0.14	mg/dL	0.0 - 0.3
Bilirubin(Indirect) (Serum/Derived)	0.09	mg/dL	0.1 - 1.0
SGOT/AST (Aspartate Aminotransferase) (Serum/Modified IFCC)	19.52	U/L	5 - 40
SGPT/ALT (Alanine Aminotransferase) (Serum/Modified IFCC)	15.16	U/L	5 - 41
GGT(Gamma Glutamyl Transpeptidase) (Serum/IFCC / Kinetic)	19.42	U/L	< 38
Alkaline Phosphatase (SAP) (Serum/Modified IFCC)	91.0	U/L	42 - 98







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Investigation	<u>Observed</u> <u>Value</u>	<u>Unit</u>	<u>Biological</u> Reference Interval
Total Protein (Serum/Biuret)	6.86	gm/dl	6.0 - 8.0
Albumin (Serum/Bromocresol green)	4.09	gm/dl	3.5 - 5.2
Globulin (Serum/Derived)	2.77	gm/dL	2.3 - 3.6
A : G RATIO (Serum/ <i>Derived</i>) <i>Lipid Profile</i>	1.48		1.1 - 2.2
Cholesterol Total (Serum/CHOD-PAP with ATCS)	126.06	mg/dL	Optimal: < 200 Borderline: 200 - 239 High Risk: >= 240
Triglycerides (Serum/GPO-PAP with ATCS)	71.51	mg/dL	Optimal: < 150 Borderline: 150 - 199 High: 200 - 499 Very High: >= 500

INTERPRETATION: The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the `usual_circulating level of triglycerides during most part of the day.

HDL Cholesterol (Serum/Immunoinhibition)	31.89	mg/dL	Optimal(Negative Risk Factor): >= 60 Borderline: 50 - 59 High Risk: < 50
LDL Cholesterol (Serum/Calculated)	79.9	mg/dL	Optimal: < 100 Above Optimal: 100 - 129 Borderline: 130 - 159 High: 160 - 189 Very High: >= 190







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Investigation	<u>Observed</u> <u>Value</u>	<u>Unit</u>	<u>Biological</u> Reference Interval
VLDL Cholesterol (Serum/Calculated)	14.3	mg/dL	< 30
Non HDL Cholesterol (Serum/Calculated)	94.2	mg/dL	Optimal: < 130 Above Optimal: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very High: >= 220

INTERPRETATION: 1. Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol. 2.It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.

Total Cholesterol/HDL Cholesterol Ratio (Serum/Calculated)	4	Optimal: < 3.3 Low Risk: 3.4 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0 High Risk: > 11.0
Triglyceride/HDL Cholesterol Ratio (TG/HDL) (Serum/Calculated)	2.2	Optimal: < 2.5 Mild to moderate risk: 2.5 - 5.0 High Risk: > 5.0
LDL/HDL Cholesterol Ratio (Serum/Calculated)	2.5	Optimal: 0.5 - 3.0 Borderline: 3.1 - 6.0 High Risk: > 6.0

Glycosylated Haemoglobin (HbA1c)

Normal: 4.5 - 5.6 HbA1C 5.5 % Prediabetes: 5.7 - 6.4 (Whole Blood/HPLC)

Diabetic: \geq 6.5

INTERPRETATION: If Diabetes - Good control: 6.1 - 7.0 %, Fair control: 7.1 - 8.0 %, Poor control >= 8.1 %

Estimated Average Glucose 111.15 mg/dL

(Whole Blood)







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InvestigationObservedUnitBiologicalValueReference Interval

INTERPRETATION: Comments

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency,

hypertriglyceridemia, hyperbilirubinemia, Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbA1C values.

Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies, Splenomegaly, Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbAlc.

THYROID PROFILE / TFT

T3 (Triiodothyronine) - Total 0.952 ng/ml 0.7 - 2.04

(Serum/ECLIA)

INTERPRETATION:

Comment:

Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

T4 (Tyroxine) - Total 5.50 $\mu g/dl$ 4.2 - 12.0

(Serum/ECLIA)

INTERPRETATION:

Comment:

Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.

TSH (Thyroid Stimulating Hormone) 3.52 µIU/mL 0.35 - 5.50

(Serum/ECLIA)

INTERPRETATION:

Reference range for cord blood - upto 20

1 st trimester: 0.1-2.5 2 nd trimester 0.2-3.0

3 rd trimester: 0.3-3.0

(Indian Thyroid Society Guidelines)

Comment:

- 1.TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.
- 2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM. The variation can be of the order of 50%, hence time of the day has influence on the measured serum TSH concentrations.
- 3. Values&lt 0.03 µIU/mL need to be clinically correlated due to presence of rare TSH variant in some individuals.

URINE ROUTINE







The results pertain to sample tested.

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Investigation	Observed Unit Value	<u>Biological</u> <u>Reference Interval</u>
<u>PHYSICAL EXAMINATION (U</u> <u>COMPLETE)</u>	<u>TRINE</u>	
Colour (Urine)	Pale yellow	Yellow to Amber
Appearance (Urine)	Clear	Clear
Volume(CLU) (Urine)	20	
<u>CHEMICAL EXAMINATION (</u> <u>COMPLETE)</u>	<u>URINE</u>	
pH (Urine)	5.5	4.5 - 8.0
Specific Gravity (Urine)	1.008	1.002 - 1.035
Ketone (Urine)	Negative	Negative
Urobilinogen (Urine)	Normal	Normal
Blood (Urine)	Negative	Negative
Nitrite (Urine)	Negative	Negative
Bilirubin (Urine)	Negative	Negative
Protein (Urine)	Negative	Negative
Glucose (Urine/GOD - POD)	Negative	Negative
Leukocytes(CP) (Urine)	Negative	







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Investigation	Observed Value	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>	
MICROSCOPIC EXAMINATION (URINE COMPLETE)				
Pus Cells (Urine)	0-1	/hpf	NIL	
Epithelial Cells (Urine)	0-1	/hpf	NIL	
RBCs (Urine)	NIL	/HPF	NIL	
Others (Urine)	NIL			
INTERPRETATION: Note: Done with Automated Urine Analyser & Automated urine sedimentation analyser. All abnormal reports are				

reviewed and confirmed microscopically.

Casts	NIL	/hpf	NIL
(Urine)			
Crystals	NIL	/hpf	NIL
(Urine)			







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BUN / Creatinine Ratio

Printed On : 11/12/2023 10:50 AM

13.6

Investigation Observed Unit Value

<u>Unit</u> <u>Biological</u> <u>Reference Interval</u>

6.0 - 22.0





APPROVED BY

-- End of Report --

Name	MRS.PARVATHI	ID	MED111990407
Age & Gender	39Y/FEMALE	Visit Date	09 Dec 2023
Ref Doctor Name	MediWheel		

2 D ECHOCARDIOGRAPHIC STUDY

M mode measurement:

AORTA : 3.0cms

LEFT ATRIUM : 3.7cms

AVS :----

LEFT VENTRICLE (DIASTOLE) : 3.8cms

(SYSTOLE) : 2.5cms

VENTRICULAR SEPTUM (DIASTOLE) : 1.1cms

(SYSTOLE) : 1.2cms

POSTERIOR WALL (DIASTOLE) : 1.1cms

(SYSTOLE) : 1.3cms

EDV: 62ml

ESV : 23ml

FRACTIONAL SHORTENING : 34%

EJECTION FRACTION : 63%

EPSS :---

RVID : 1.8cms

DOPPLER MEASUREMENTS:

MITRAL VALVE : E' 0.82 m/s A' 0.63 m/s NO MR

AORTIC VALVE : 0.96 m/s NO AR

TRICUSPID VALVE : E' - m/s A' - m/s NO TR

PULMONARY VALVE : 1.06 m/s NO PR

Name	MRS.PARVATHI	ID	MED111990407
Age & Gender	39Y/FEMALE	Visit Date	09 Dec 2023
Ref Doctor Name	MediWheel		

2D ECHOCARDIOGRAPHY FINDINGS

Left ventricle : Normal size, Normal systolic function.

No regional wall motion abnormalities.

Left Atrium : Normal.

Right Ventricle : Normal.

Right Atrium : Normal.

Mitral valve : Normal, No mitral valve prolapsed.

Aortic valve : Normal, Trileaflet.

Tricuspid valve : Normal.

Pulmonary valve : Normal.

IAS : Intact.

IVS : Intact.

Pericardium : No pericardial effusion.

IMPRESSION:

- > NORMAL SIZED CARDIAC CHAMBERS.
- > NORMAL LV SYSTOLIC FUNCTION. EF: 63%.
- > NO REGIONAL WALL MOTION ABNORMALITIES.
- > NORMAL VALVES.
- > NO CLOTS / PERICARDIAL EFFUSION / VEGETATION.

DR. K.S. SUBRAMANI. MBBS, MD, DM (CARDIOLOGY) FESC, FICC SENIOR CONSULTANT INTERVENTIONAL CARDIOLOGIST SRI JAYADEVA INSTITUTE OF CARDIOLOGY, BANGALORE Kss/vp

Note:

- * Report to be interpreted by qualified medical professional.
- * To be correlated with other clinical findings.
- * Parameters may be subjected to inter and intra observer variations.
- * Any discrepancy in reports due to typing errors should be corrected as soon as possible.

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Age & Gender	39Y/FEMALE	Visit Date	09 Dec 2023
Ref Doctor Name	MediWheel		

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Age & Gender	39Y/FEMALE	Visit Date	09 Dec 2023
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ABDOMINO-PELVIC ULTRASONOGRAPHY

LIVER shows normal in shape, size and has uniform echopattern. No evidence of focal lesion or intrahepatic biliary ductal dilatation. Hepatic and portal vein radicals are normal.

GALL BLADDER shows normal shape and has clear contents. Gall bladder wall is of normal thickness. CBD is of normal calibre.

PANCREAS has normal shape, size and uniform echopattern. No evidence of ductal dilatation or calcification.

SPLEEN shows normal shape, size and echopattern.

No demonstrable Para -aortic lymphadenopathy.

KIDNEYS move well with respiration and have normal shape, size and echopattern. Cortico- medullary differentiations are well madeout. No evidence of calculus or hydronephrosis.

The kidney measures as follows:

-	Bipolar length (cms)	Parenchymal thickness (cms)
Right Kidney	10.1	1.3
Left Kidney	10.7	1.4

URINARY BLADDER shows normal shape and wall thickness. It has clear contents. No evidence of diverticula.

UTERUS is anteverted and normal in size. It has uniform myometrial echopattern.

Endometrial thickness measures 5.6mm

Uterus measures as follows: LS: 7.0cms AP: 4.2cms TS: 5.2cms.

OVARIES are normal in size, shape and echotexture. No focal lesion seen.

Ovaries measure as follows: **Right ovary**: 2.9 x 1.5cms **Left ovary**: 2.6 x 1.8cms

POD & adnexae are free.

No evidence of ascites/pleural effusion.

IMPRESSION:

> NO SIGNIFICANT ABNORMALITY DETECTED.

DR. APARNA CONSULTANT RADIOLOGIST A/vp

Name	MRS.PARVATHI	ID	MED111990407
Age & Gender	39Y/FEMALE	Visit Date	09 Dec 2023
Ref Doctor Name	MediWheel	-	

Name	Mrs. parvathi	Customer ID	MED111990407
Age & Gender	39Y/F	Visit Date	Dec 9 2023 10:27AM
Ref Doctor	MediWheel		

X - RAY CHEST PA VIEW

Bilateral lung fields appear normal.

Cardiac size is within normal limits.

Bilateral hilar regions appear normal.

Bilateral domes of diaphragm and costophrenic angles are normal.

Visualised bones and soft tissues appear normal.

Impression: Essentially normal study.

DR. APARNA

CONSULTANT RADIOLOGIST