

FPC 18/11/23

Metro Hospital & Heart Institute, Haridwar
Health Check-up Certificate

COMPANY..... Medi wheel (B013)

EMPLOYEE NO. 110700..... DEPTT. credit..... DATE 23/11/23

NAME..... Anil Kumar..... AGE/SEX 38/M..... DOB..... 3/5/13

DESIGNATION..... Asst Mgr..... MOBILE NO 02 10048563

CHEST (INSP)..... 97..... cm. CHEST (EXP)..... 92..... cm. CHEST EXPANSION..... 05..... cm

HEIGHT..... 160..... cm. WEIGHT..... 70..... Kg. BMI..... 27.34 (over wt)

P/R..... 68..... per mt. BP..... 138/76..... mmHg SIGN OF EMP..... None

EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
✓1	LAB INVESTIGATIONS	Path Lab	Hb <u>13.6 gm/l</u> TLC <u>1170</u> / DLC <u>60/30/10/6</u>
	BLOOD SUGAR F/PP/RANDOM	Path Lab	F <u>86</u> / PP <u>135</u> / RBS
	BLOOD GROUP	Path Lab	<u>B+</u>
✓2	URINE	Path Lab	Alb <u>NIL</u> / Sugar <u>NIL</u>
✓3	STOOL	Path Lab	<u>ova/cyst - NIL</u>
✓4	X RAY CHEST PA	Radiology	<u>NAD</u>
✓5	ULTRASONOGRAPHY (Whole Abd)	Radiology	<u>Gr II fatty liver</u>
✓6	ECG	Health check up	<u>WNL</u>
✓7	ECHO	Radiology	<u>Normal Study</u>
8	TMT	Radiology	
9	PFT	Health check up	
10	AUDIOMETRY	25	
11	ENT EXAM	25	
12	DENTAL EXAMINATION	24	
✓13	ACUITY OF VISION/COLOUR VISION	13	<u>6/6</u> <u>6/6</u> <u>NVC</u> <u>6/6</u> <u>6/6</u> <u>CV (W)</u>
✓14	EXAMINATION BY PHYSICIAN	23	<u>NAD</u>
15	<u>HB A1C</u> <u>Thyroid Profile</u>	<u>6.0%</u> <u>- WNL</u>	

Observations - Lipid Profile - 195/170/40/100
KFT - WNL
LFT - WNL

DR. ANIL SINGH

MBBS, AFM, DHA
 Consultant Occupational Health
 Reg No - UKMC-2831
 Heart Institute
 S. J. L. 241-249403 (U.K.)



METRO HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Ltd.), CIN No. U33201DL2006PTC156918

Reg. Off : 21, Community Centre, Preet Vihar, Delhi - 92

GST No.: 05AAKCS5409G1ZD

Plot No. F-1, Sector-6A, SIDCUL, Ranipur, Haridwar (UK) - 249403, www.metrohospitals.com

Phone No.: 01334-239040, 239042, 239053

BILL OF SUPPLY (OUTPATIENT CREDIT BILL)

Bill No	: MHWOP/202310167	Date/Time	: 23/09/2023 10:45
Name	: Mr. Anil Kumar	UHID	: MHWID/2023016171
Age/Sex	: 30 Y /Male	Category	: CASH
Address	: Mediwheel, Haridwar Uttarakhand India	Req. Dr.	: Dr. ANIL SINGH
Fel	: 8218848567		
Comp Name	: MEDIWHEEL#ARCOFEMI HEALTH LTD. (MEDIWHEEL_HARIDWAR)		

HEALTH CARE SERVICES	Req. No.	AMOUNT (RS.)
Package - MediWheel Full Body Health Checkup Male Below 40(Rs.1800)Feb2022		1800.00
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)	10369345	
ESR	10369345	
URINE ROUTINE ANALYSIS	10369345	
STOOL ROUTINE EXAMINATION	10369345	
BLOOD GROUP	10369345	
BLOOD SUGAR -FASTING	10369345	
URINE SUGAR	10369345	
BLOOD SUGAR -PP	10369345	
HBIAC	10369345	
THYROID PROFILE	10369345	
LIPID PROFILE	10369345	
KFT (KIDNEY FUNCTION TEST)	10369345	
LFT (LIVER FUNCTION TEST)	10369345	
ECG	80106864	
TMT/ECHO	80106864	
X-RAY CHEST PA View	70238311	
USG WHOLE ABDOMEN	70238311	
Dr. Physician Consultation (First Visit)	Patient No 1	
Dr. Eye Consultation (Second Visit)	Patient No 1	

Bill Amount: 1800.00

Net Bill Amt Credit: 1800.00

Credit Bill Towards **MEDIWHEEL#ARCOFEMI HEALTH LTD.** an Amount of
Rupees One Thousand Eight Hundred Only

Signature of Patient/Attendant.....
Relation with patient.....
Contact No.....
Run Date: 23/09/2023 10:46



Subject: Health Check up Booking Confirmed Request(bobE46886),Package Code-PKG10000227, Beneficiary Code-24099

Mediwheel <wellness@mediwheel.in>

Sent: Sat, 23 Sep 2023 10:17:14 GMT+0530

To: You

Cc: customercare@mediwheel.in

MedSave

011-41195959

Email:wellness@mediwheel.in

Hi **Metro Hospital & Heart Institute**,
Diagnostic/Hospital Location :Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,City:Haridwar
We have received the confirmation for the following booking .

Beneficiary Name : PKG10000227
Beneficiary Name : MR. KUMAR ANIL
Member Age : 30
Member Gender : Male
Member Relation : Employee
Package Name : Medi-wheel Full Body Health Checkup Male Below 40
Location : ALIGARH,Uttar Pradesh-202001
Contact Details : 8218848567
Booking Date : 23-09-2023
Appointment Date : 23-09-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
 2. It is advisable not to undergo any Health Check during menstrual cycle.
- We request you to facilitate the employee on priority.

 बैंक ऑफ बड़ोदा
Bank of Baroda



नाम ANIL KUMAR
Name

कार्यकारी बूट नं. 110700
E. C. No.



जारीकर्ता प्राधिकारी (आ. ले. ए.)
Issuing Authority (A. L. E.)



धारक के हस्ताक्षर
Signature of Holder

Metro Hospital & Heart Institute

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Mr. Anil Kumar Age/Sex 30/m Card No. _____

Dr. Sushil Kumar

23/9/2023

Time 11:00 AM

OPHTHALMIC EXAMINATION

VISION-

Rt

6/6

Lt

6/6

VISION-

Rt

N/G

Lt

N/G

VISION

- Normal

EXAMINATION

Cornea

Ant Chamber

Pupil

Fundus Examination

} WNL

Dr. Sushil Kumar, MBBS, MS (Ophtho)
Consultant Ophthalmologist
Metro Hospital & Heart Institute
Sidcul, Haridwar, Reg. No. 2672 (UK)

Mr. Anil Kumar
309/M

Age 61

23-9-23

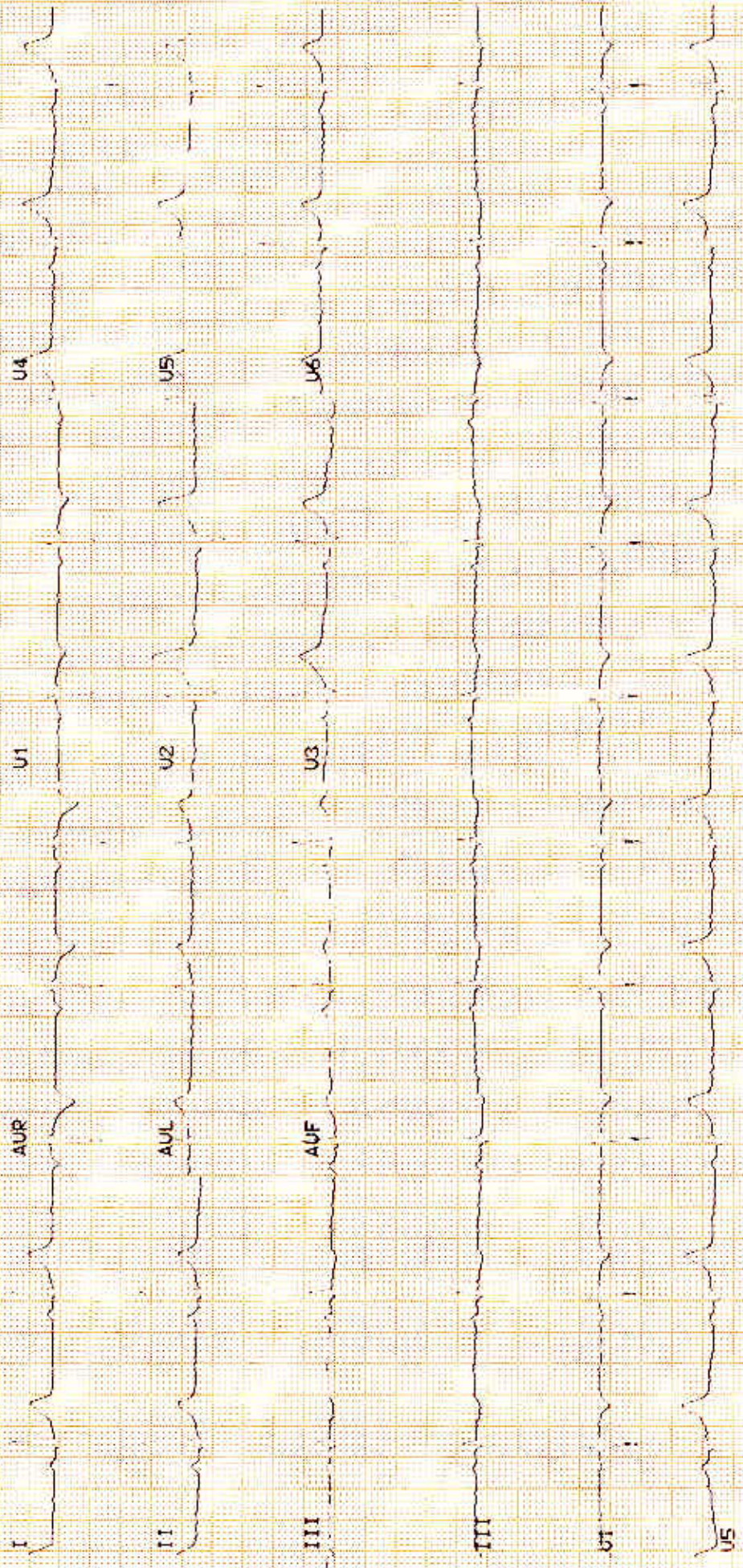


Interpretation:

R/S inversion area between U1 and U2
probably normal ECG

Measurement Results:	86 ms	< F
QRS	376 /	< T
QT/QTcB	156 ms	< QRS
PR	102 ms	aVL
P	990 ms	O I
RR/PP	60 / 45 /	
P/QRS/T	46 /	
QTd/QTcBd	2.0 mV	
Sokolow	8	
NK		

Unassigned report



Pathology Report



METRO PATH LABS

Name : Mr. Anil Kumar
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202310167
 Sample Date : 23/09/2023
 Reporting Date: 25/09/2023

Age/Sex : 30 Y/M
 (A unit of Sunhill Hospitals Private Limited)
 UHID : 20230106171
 (ISO & NABL Certified)
 Request No. CIN 10369345006PTC156918
 Sample Time : 14:03
 Reporting Time : 01:20

Test	Result	Unit	Bio. Ref. Inter.	Test Method
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Hematology

BLOOD GROUP

ABO	B		-	
Rh	POSITIVE		-	

CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)

HB	13.6	gm/dl	M - 13-18	
TLC	6170	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	60	%	45-75	
LYMPHOCYTES	30	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
BASOPHILS	00	%	<2	
RBC	5.35	million	3.5-5.5	
PCV	46.1	%	36-52	
MCV	86.2	fL	80-100	
MCH	25.4	PG	27-32	
MCHC	29.5	gm/dl	31-37	
PLATELET COUNT	2.10	lakh/cumm	1.5-4.5	
RDW	12.9	%	11.5-15	
ESR	18	mm/hr	20	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)



Note:

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
3. These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

192.168.7.100/hismetroharidwar... Email: metroharidwar@metrohospitals.com, Website: www.metrohospitals.com 1/1

Pathology Report



METRO PATH LABS

Name : Mr. Anil Kumar
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202310167
Sample Date : 23/09/2023
Reporting Date: 25/09/2023

Age/Sex : 30 Y/M
UHD : 20230101
Request No. : CIN 1036920102006PTC156918
Sample Time : 14:03
Reporting Time : 01:20

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Biochemistry				
HB1AC	6.0	%	4.5-6.3	
BLOOD SUGAR -PP	135.0	mg/dl	70.0-140.0	
BLOOD SUGAR -FASTING	76.0	mg/dl	70.0-110.0	
LIPID PROFILE				
TOTAL CHOLESTEROL	195.0	mg/dl	00-250.0	
HDL-CHOLESTEROL	40.0	mg/dl	00-50.0	
LDL	120.0	mg/dl	00-150.0	
TRIGLYCERIDES	175.0	md/dl	30-150	
VLDL	35.0	mg/dl	0-50	
CHOL/HDL Ratio	4.92		<4.5	
LFT (LIVER FUNCTION TEST)				
BILIRUBIN INDIRECT	0.37	mg/dl	0.2-0.8	
SGOT	36.0	U/L	10-42	
SGPT	38.0	U/L	10-42	
BILIRUBIN TOTAL	0.77	mg/dl	0.2-1.0	
ALKALINE PHOSPHATASE	77.0	U/L	28-111	
BILIRUBIN DIRECT	0.40	mg/dl	0.1-0.4	
TOTAL PROTEIN	6.5	gm/dl	6.4-8.2	
ALBUMIN	3.5	g/dl	3.5-5.0	
GLOBULIN	3.0	gm/dl	2.0-4.0	
AG RATIO	1.0		-	
KFT (KIDNEY FUNCTION TEST)				
UREA	18.2	mg/dl	15-45	
SODIUM	138.0	mmol/L	135-155	
CREATININE	0.60	mg/dl	0.6-1.3	
URIC ACID	4.2	mg/dl	3.0-7.6	
BUN	8.6	mg/dl	05-20	
POTTASSIUM	4.0	mmol/L	3.5-5.5	
CALCIUM	9.0	mg/dl	8.5-10.5	

*** End of Reports ***

Dr. Vishal Arora
MBBS, DCP
(Consultant Pathologist)

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Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

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Pathology Report



METRO PATH LABS

Name : Mr. Anil Kumar
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202310167
Sample Date : 23/09/2023
Reporting Date: 25/09/2023

Age/Sex : 30 Y/M
(A Unit of Sunhill Hospitals Private Limited)
UHD : 2023016171
(ISO & NABH Certified)
Request No. : CIN No. 16920482006PTC156918
Sample Time : 14:03
Reporting Time : 01:20

Test	Result	Unit	Bio. Ref. Inter.	Test Method
Urine Examination				
URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		-	
TRANSPARENCY	CLEAR		-	
S. GRAVITY	1.020		-	
CHEMICAL EXAMINATION				
ALBUMIN	NIL		-	
SUGAR	NIL		-	
pH	6.0		-	
BLOOD	NIL		-	
KETONE	NIL		-	
MICROSCOPIC EXAMINATION				
PUS CELLS	2-3		-	
EPITHELIAL CELLS	4-5		-	
RBC	NIL		-	
CRYSTALS	NIL		-	
CAST	NIL		-	
BACTERIA	NIL		-	
AMORPHOUS PHOSPHATE	NIL		-	
AMORPHOUS URATES	NIL		-	

*** End of Reports ***

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Pathology Report



METRO PATH LABS

Name : Mr. Anil Kumar
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202310167
Sample Date : 23/09/2023
Reporting Date: 25/09/2023

Age/Sex : 30 Y/M
UHD : 2023016701
Request No. : 1609305
Sample Time : 14:03
Reporting Time : 01:20

Test	Result	Unit	Bio. Ref. Inter.	Test Method
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Stool Examination

STOOL ROUTINE EXAMINATION

MACROSCOPIC EXAMINATION

COLOUR	BROWNISH	-NA
CONSISTENCY	SEMI SOLID	-NA
BLOOD	NIL	-NIL
MUCUS	NIL	-NIL

MICROSCOPIC EXAMINATION

PUS CELLS	0-1	-NIL
RBC	NIL	-NIL
VEGETABLE CELLS	NIL	-NIL
OVA	NIL	-NIL
CYSTS	NIL	-NIL
OTHERS	NIL	-NIL

*** End of Reports ***

Dr. Vishal Arora
MBBS, DCP
(Consultant Pathologist)



Checked By

Note:

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Pathology Report

Name : Mr. Anil Kumar Ref. By : Dr. ANIL SINGH IP/OP : OP/202310167 Sample Date : 23/09/2023 Reporting Date: 25/09/2023	(A unit of Sunhill Hospitals Private Limited) Age/Sex : 30 Y/M (ISO & NABH Certified) UHID : 20230433071 (L2006PTC156918) Request No. : 10369345 Sample Time : 14:03 Reporting Time: 01:20
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Test	Result	Unit	Bio. Ref. Inter.	Test Method
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Serology & Immunology

THYROID PROFILE				
T3	2.06	nmol/L	1.70-3.10	
T4	8.63	µg/dl	5.95-15.4	
TSH	3.21	µIU/L	0.46-4.68	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)



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 E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

9/25/2023 7:34 AM



METRO

HOSPITAL & HEART INSTITUTE
(A unit of Sunhill Hospitals Private Limited)
(NABH & ISO 9001: 2008 Certified)

Radiology Investigation Report

Name : Mr. Anil Kumar
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202310167
Date : 23/09/2023

Age/Sex : 30 Y/M
UHID NO : 2023016171
Request No : 70238311

USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & **raised echotexture**. No focal area of abnormal echogenecity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.


Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

IMPRESSION : Grade II fatty liver.


DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

Note:

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403
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E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01

METRO



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GST No.: 05AAKCS5409G1ZD
Phone No.: 01334-239040, 239042, 239053

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Bill No	MHWOP/202310167	Date/Time	23/09/2023 10:45
Name	Mr. Anil Kumar	UHID	MHWID/202301000000
Age/Sex	30 Y / Male	Category	CASH
Address	Mediwheel, Haridwar Uttarakhand India	Req. Dr.	Dr. ANIL SINGH
Tel	8218848567		
Camp Name	MEDIWHEEL#ARCOFEMI HEALTH LTD. (MEDIWHEEL_HARIDWAR)		

HEALTH CARE SERVICES

Package - MediWheel Full Body Health Checkup Male Below 40(Rs.1800)Feb2022
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)

	Req. No.	AMOUNT (RS.)
✓ URINE ROUTINE ANALYSIS	10369345	
✓ SERUM ROUTINE EXAMINATION	10369345	
✓ BLOOD GROUP	10369345	
✓ BLOOD SUGAR (FASTING)	10369345	
✓ URINE SUGAR	10369345	
✓ BLOOD SUGAR (PP)	10369345	
✓ Hb1A1c	10369345	
✓ THYROID PROFILE	10369345	
✓ LIPID PROFILE	10369345	
✓ KFT (KIDNEY FUNCTION TEST)	10369345	
✓ LFT (LIVER FUNCTION TEST)	10369345	
✓ ECG	10369345	
✓ X-RAY CHEST PA View	10369345	
✓ USG WHOLE ABDOMEN	10369345	
Dr. Physician Consultation (First Visit)	80106864	
Dr. Eye Consultation (Second Visit)	80106864	
	70238311	
	70238311	

Patient No 1
Patient No 1

Credit Bill Towards **MEDIWHEEL#ARCOFEMI HEALTH LTD.** an Amount of
Rupees One Thousand Eight Hundred Only

Bill Amount: 1800.00
Net Bill Amt: 1800.00

Signature of Patient/Attendant
Patient ID: patient-
Contact No:
In Date: 23/09/2023 10:46





2D ECHOCARDIOGRAPHY

Name:	Mr. Anil Kumar	UHID No:	2023016171
Age/Sex:	30Y/M	Ward:	OPD
Referred by:	Dr. Anil Singh	Date:	23.09.2023

ACOUSTIC WINDOW: Normal

MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.1	(0.6 – 1.1 cm)
LVPW (ED)	1.0	(0.6 – 1.1 cm)
LVID (ED)	3.8	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.4	(2.0 – 3.7 cm)
LA dimension	2.7	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	60%	(55 – 75%)

MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 99, A – 55, E/A>1	
Aortic	Nil	Vel – 106	
Tricuspid	Trace	Vel – 224	PASP – 25
Pulmonary	Trace	Vel – 137	



FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~60%
- No LVDD
- Trace MR, Trace TR, Trace PR, PASP 25 mmHg
- No pericardial effusion
- No Intracardiac clot

Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)
Consultant Interventional Cardiology
UKMC Reg. No: 12883

Dr. Ajit Kumar

MBBS, PGDC_C
Associate Consultant, Cardiology
UKMC Reg. No: 7569



(Note: This document is not for medico-legal purpose)

**METRO****HOSPITAL & HEART INSTITUTE**

(A unit of Sunhill Hospitals Private Limited)

(NABH & ISO 9001: 2008 Certified)

Radiology Investigation Report

Name : Mr. Anil Kumar
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202310167
Date : 23/09/2023

Age/Sex : 30 Y/M
UHID NO : 2023016171
Request No : 70238311

X-RAY CHEST PA View

Cardiac contour & size are normal.
Trachea is central.
Lung fields are clear.
Hilar shadows are normal.
Costophrenic angles are clear.
Bony rib cage is normal.

IMPRESSION: NORMAL CHEST.

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**Note:**

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

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