

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

AHB.0001137688  
MS. SONALI SAMANTRAY  
Age: 23 Year(s) Year(s)/Female  
21 Mar 2023 8:52:42 AM

Age :

Sex : M/F

UHID :



Physical Examination

General : Build

Height 150 cm Weight 56.7 kg

BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm

114 bpm

B.P. : Supine

119/78

Sitting

Standing SpO2 99 %

Chest shape

normal

Echo Screening

Heart Sounds

- Normal LV systolic function

Murmurs

- NO RWMA, EF: 60%

Thrills

- RVSP: 22+10 mmHg

RS :

Rate & Type

Breath Sounds

con 119791

7008903

QF400AHB.pf.8203

DEPT. OF APOLLO HEALTH CHECK



GYNACEOLOGY CONSULT

AH:000113759H  
MS. SONALI SAMANTRAY  
Age: 23 Year(s) Year(s)/Female  
21 Mar 2023 9:52:41 AM

UHID :

Date: 21/3/23

Consultant Gynaecologist: Dr. Midhuna

Not known  
Complaints (related to Gynaec) - NIL SPECIFIC / YES

Complaint of missed periods

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others

Past Medical / Surgical History :

s/p LSCS

Family History : Mother - DM

OTHER SYSTEMS :

GYNAC HISTORY :

- Marital Status - S/M Others
- Children - 1
- Deliveries - LSCS
- L.C.B. - 15 months
- Abortion -
- Periods - Irregular
- L.M.P. - January 2023
- Menopause -
- Contraception -

Present Medication :

GYNAC EXAMINATION :

- P/A - N/D
- P/V P/S - Cervix & vaginal healthy
- S/E
- P/R

GENERAL EXAMINATION :

Weight : \_\_\_\_\_ Kgs. Height : \_\_\_\_\_ cms

General Condition :

Blood Pressure :

Thyroid :

Others :

BREASTS : B/L breasts - no obvious masses palpable.

PAP SMEAR : (Taken) / Not Taken (Reason)

Negative

OPINION & ADVICE :

- Urge pregnancy test using Normal
- Review in OPD for irregular menses
- Self breast examination

REVIEW DETAILS : (with date)  
With Patient / With reports only

Signature with Date & Time

h  
21/3/23

P.F.O. For more space

Jan 2014

Dr. MEHTA .Y  
 MBBS, DNB (Family Medicine)  
 Senior Consultant  
 Reg. No. : ANP20010010345KTK

AUB- 1137586

Please Label Here  
 Ms. SONALI SAMANTRAY  
 Age: 23  
 If label not available, write Pt. Name, UHB No.,  
 Age, Sex, Date, Name of Treating Physician



Allergies  Nil	<b>Fall Risk Assessment</b>		Wt: 56.7	Ht: 150	P: 110	BP: 119/78
	No fall (within 1 year)	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Pain	0 / 10	Psychological & Social Assessment done	
Mobility Aid	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Dep.				
Gait	Dep. <input checked="" type="checkbox"/> Indep. <input type="checkbox"/>					

- 1) Acid Anemia - Iron def. Hemoglobinopathy
- 2) Elevated Alk ph
- 3) Prediabetes - FBS - 112 HbA1c - 6.1%
- 4) Iron - Negative

Adv

Diabetic diet  
 weight reduction  
 Regular exercise

- FBS, PPBS, HbA1c after 6 months

Iron profile / Renal e reports  
 Hb electrophoresis

Kindly get this document scanned at the counter for the record purpose

*Hea*  
 Signature and Date

## YOUR CLINICAL TEST RESULTS

**Ms. SONALI SAMANTRAY**

FEMALE / 23 Yrs / AHB.0001137586 / AHBHC119791

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 21/03/2023

### HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	11.3 *	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	5.82 *	x(10) <sup>12</sup> /l	●	3.7 - 4.8
Packed cell volume (Calculated)	38	%	●	34 - 46
MCV (Derived from RBC histogram)	65 *	fl	●	83 - 101
MCH (Calculated)	19 *	pg	●	27 - 32
MCHC (Calculated)	30 *	g/dl	●	31.5 - 34.5
RDW (Calculated)	16.7 *	%	●	11.60-14.00
Platelet Count (Impedance)	167	x(10) <sup>9</sup> /l	●	150 - 450
WBC Count (Impedance)	9.05	x(10) <sup>9</sup> /l	●	4 - 11
Neutrophils	61	%	●	40 - 80
Lymphocytes	32	%	●	8.6 -23.8
Monocytes	5	%	●	2 - 10
Eosinophils	2	%	●	1 - 6
Basophils	0	%	●	0 - 2
RBC:	Predominantly Microcytic Hypochromic RBCs are seen along with a few Normocytic Normochromic RBCs. Poikilocytosis comprising of ovalocytes and target cells seen. No polychromatophilic cells/ nRBCs seen.			
WBC:	Differentials within normal limits.			
Platelets:	Adequate			
Impression	Microcytic hypochromic Anemia			
SUGGEST	Iron studies/ Haemoglobin Electrophoresis to rule out haemoglobinopathies.			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	87 *	mm/1st hr	●	Adult Female- 0 - 20

### STOOL ROUTINE

Within Normal Range
  Boderline High/Low
  Outside Range

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 21/03/2022

Test Name	Result	Unit	Level	Range
Color :	Yellowish			Yellow
Consistency :	Semi Solid			
Reaction:	Acidic			7.2-7.8
Blood :	NEGATIVE			NEGATIVE
Mucus:	Absent			
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
RBC	Nil	Cells/hpf		0 - 2
Ova:	Absent			
Cysts:	Absent			
Trophozoite	Absent			
Yeast Cells	Yeast Cells Not Seen			
Vegetable Matter :	Absent			

### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	5.5			
Specific Gravity	>=1.030			1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE

Within Normal Range    
  Boderline High/Low    
  Outside Range



## YOUR CLINICAL TEST RESULTS

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Date: 21/03/2023

Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	O			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	14	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	3.8	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.2		●	0.8 - 2.0
ALBUMIN - SERUM	4.5	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	159 *	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	17	U/L	●	<= 35
BILIRUBIN, TOTAL - SERUM	0.77	mg/dL	●	0.30-1.20

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	103	mmol/L	●	98 - 107

Within Normal Range
  Boderline High/Low
  Outside Range

# YOUR CLINICAL TEST RESULTS

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 FEMALE / 23 Yrs / AHB.0001137586 / AHBHC119791  
 2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS  
 Date: 21-Mar-2023

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	121	mg/dL	●	"Desirable : <200 Borderline : 200 – 239 High Risk : >239 "

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.61	mg/dL	●	Female: 0.6 -1.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	16	U/L	●	<= 38

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	112 *	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose:100-125 Diabetic :>= 126 "

### GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	128	mg/dL	●	"Non-Diabetic :<=140 Impaired Glucose Tolerance : 140-199 Diabetic :>=200 "

### GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.1	%	●	"NON-DIABETICS<=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC>=6.5"

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	47	mg/dL	●	"Low : <40 High: >59"
LDL Cholesterol (Direct LDL)	69	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 – 129 Borderline

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 21/03/2023

High: 130 – 159 High: 160 – 189 Very High: > 189"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.2	mmol/L	●	3.5-5.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.3	g/dL	●	ADULT: 6.0 - 8.5

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	134 *	mmol/L	●	135 - 145

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	135.2	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	6.9	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	65	mg/dL	●	"Normal: < 150 Borderline High: 150 – 199 High: 200 – 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	2.6		●	< 5.0

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	4.8	µIU/mL	●	0.34 - 5.6

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Boderline High/Low    ● Outside Range



## YOUR CLINICAL TEST RESULTS

**Ms. SONALI SAMANTRAY**

FEMALE / 23 Yrs / AHB.0001137586 / AHBHC119791

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 23/03/2023

UREA - SERUM	19	mg/dL	●	15 - 45
URIC ACID - SERUM	4.1	mg/dL	●	Adult Female: 2.5 - 6.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	13	mg/dl	●	Desirable: <30

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.15	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.62	mg/dL	●	0.1 - 1.0

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO <sub>3</sub> ) - SERUM	24		●	Healthy Adults: 22 - 29

### PAP SMEAR (CONVENTIONAL METHOD)

PAP SMEAR

Specimen Source.

CERVICAL SMEAR

C2301090.

Clinical Information.

Provided.

Patient and Specimen Identification :

Identified.

Test Method.

Conventional.

Endocervical/Transformation zone component

Sampled.

Specimen adequacy.

Satisfactory for evaluation.

Interpretation.

Negative for intraepithelial lesion/malignancy.

i. Reactive cellular changes (Inflammation/Repair).

Recommendations.

● Within Normal Range    ● Boderline High/Low    ● Outside Range

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 21/03/2023

Routine recall

ECHO/TMT - OPTIONAL

STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA



Within Normal Range



Boderline High/Low



Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. SONALI SAMANTRAY**

FEMALE / 23 Yrs / AHB.0001137586 / AHBHC119791

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 28-Mar-2023

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)**

**Biochemistry**

GLUCOSE - SERUM / PLASMA (RANDOM)

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

**X Ray**

X-RAY CHEST PA



Within Normal Range



Boderline High/Low



Outside Range

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	Ms. SONALI SAMANTRAY		F	023Y
<b>UHID</b> :	AHB.0001137586	<b>Ward/Bed No.</b> :		AHC / AHC
<b>I.P.No./Bill No.</b> :	AHBHC119791	<b>Scanned on</b> :		21-Mar-2023 13:19
<b>Accession Number</b> :	10601.223026032	<b>Reported On</b> :		21-Mar-2023 14:17:53
<b>Referring Doctor</b> :	null			

**ULTRASOUND WHOLE ABDOMEN SCREENING**

*Clinical Information: - Routine health checkup.*

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Visualized head appears normal. Rest obscured by bowel gas shadows.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is partially distended, appears grossly normal.

Uterus appears normal in size. Myometrial echoes appear normal. Endometrial thickness measures ~ 8 mm.

Both ovaries appear normal in size and echopattern.

No evidence of ascites or pleural effusion seen.

=====

**IMPRESSION:**

*USG study of the abdomen shows no significant abnormality.*

- *Suggested clinical correlation.*

=====

(Enclosed report) *MI.*

**DR. SHADAB ALAM**  
**ASSOCIATE CONSULTANT**  
**RADIOLOGIST**

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

AH-QF-RD-04

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	Ms. SONALI SAMANTRAY	F	023Y
<b>UHID</b> :	AHB.0001137586	<b>Ward/Bed No.</b> :	AHC / AHC
<b>I.P.No./Bill No.</b> :	AHBHC119791	<b>Scanned on</b> :	21-Mar-2023 13:19
<b>Accession Number</b> :	10601.223026032	<b>Reported On</b> :	21-Mar-2023 14:17:53
<b>Referring Doctor</b> :	null		

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.



remale

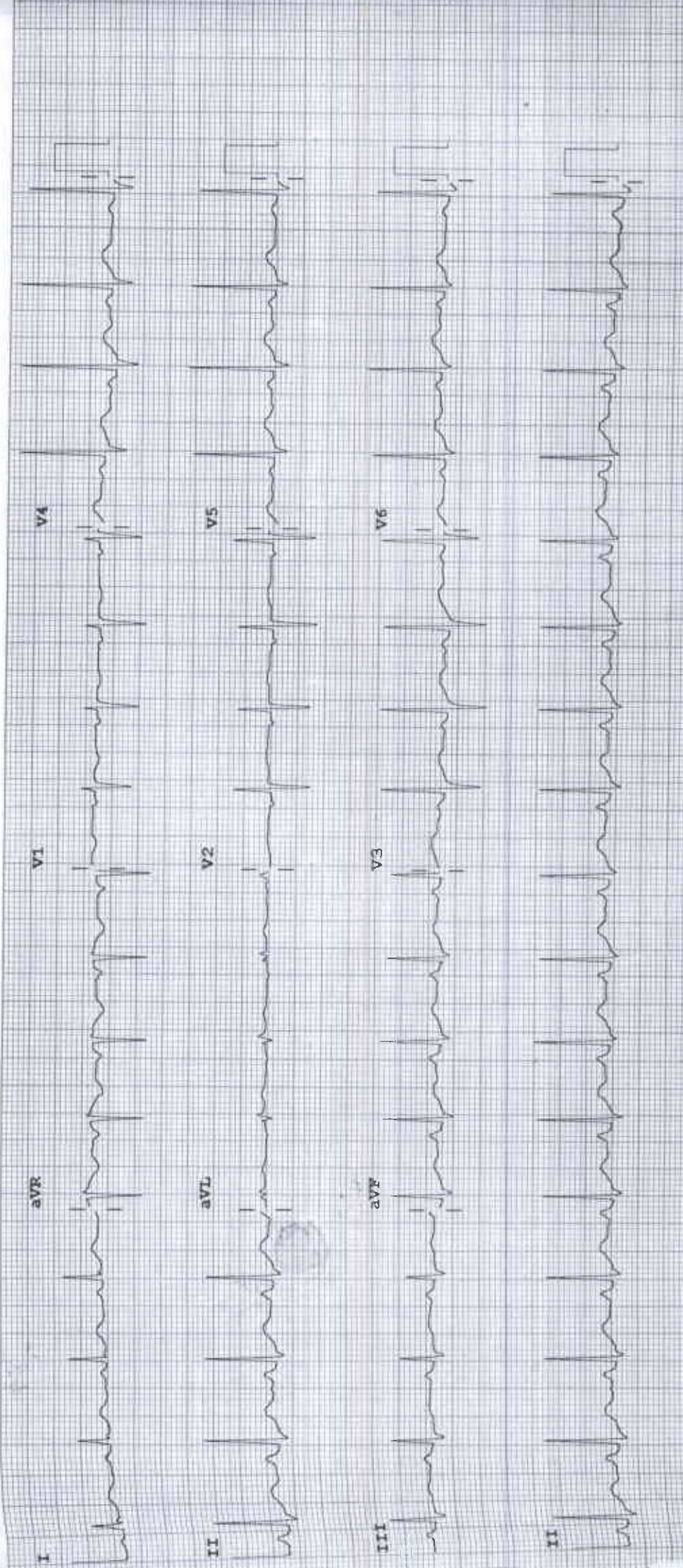
Rate 100  
 PR 142  
 QRSD 84  
 QT 331  
 QTC 427

--AXIS--

P 65  
 F 54  
 QRS 45  
 T

12 Lead; Standard Placement

UHE 0001137698  
 MS. SONALI SAMANTRAY  
 Age: 23Year(s) Year(s)/Female  
 21 Mar 2023 8:52:40 AM



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV  
 F 50~0.15~100 Hz 100B CL P?



# APOLLO HOSPITALS

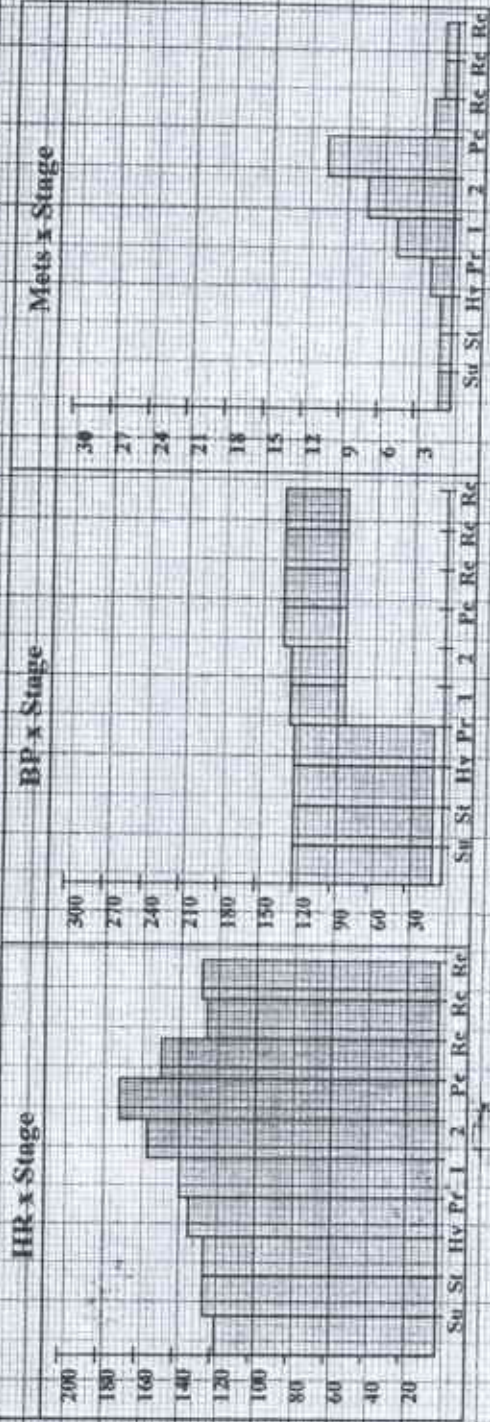
**Patient Details**

Name: SONALI SAMANTRAY ID: AHBII37586  
 Age: 23 y Date: 21-Mar-23 Sex: M

Time: 12:56:49

Height: 150 cms

Weight: 56 Kgs



**Interpretation**

GOOD EFFORT TOLERANCE  
 NORMAL HR AND BP RESPONSE  
 NO ANGINA OR ARRHYTHMIAS  
 NO SIGNIFICANT ST-T CHANGES NOTED  
 IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

*[Handwritten Signature]*

Ref. Doctor: AHC

Doctor: DR. K.M. NAIR

*[Handwritten Signature]*