



16
29 Yrs/ F
66 Kg / Ht-151 cms
Ref. No.:

Date: 22-02-2022
Time: 03:10 PM
Ref By: BOB
Protocol: Bruce

History:
Medication:

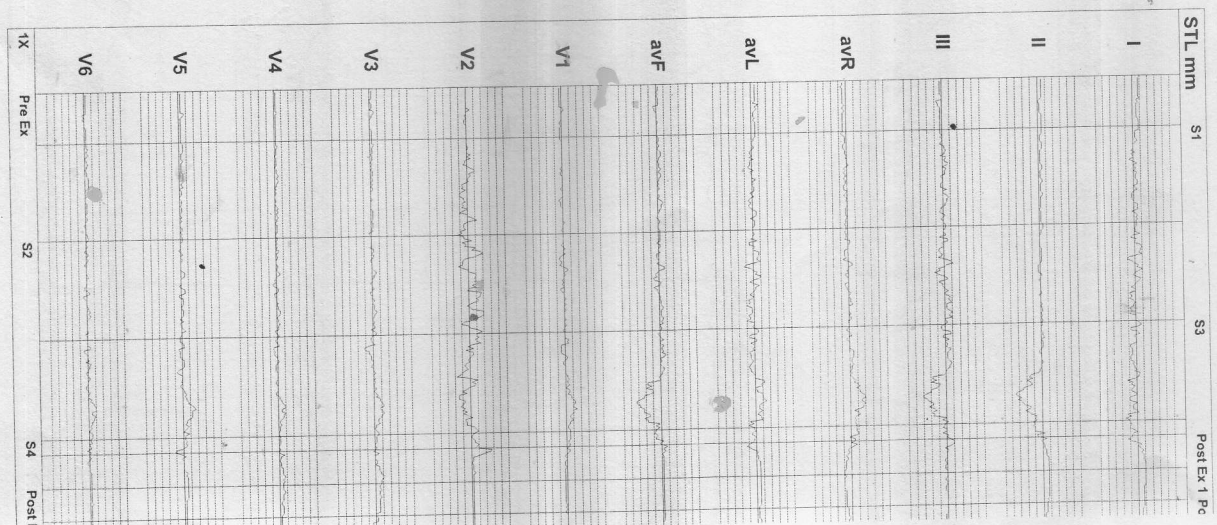
Stage	Stg Time min:sec	Speed mph	Grade %	METS	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	90	117/80	105	
Supine				1	95	117/80	111	
Standing				1	117	117/80	137	
Hyp Vent				1	98	117/80	115	
S1	03:00	1.7	10.0	4.8	131	121/85	159	15
S2	03:00	2.5	12.0	6.9	146	135/97	197	38
S3	03:00	3.4	14.0	9.5	168	148/120	249	76
Peak Ex	00:27	4.2	16.0	12.1	173	158/134	273	80
Post Ex 1	01:00			1	135	150/120	202	82
Post Ex 2	01:00			1	104	147/117	153	82
Post Ex 3	01:00			1	101	145/113	146	83
Post Ex 4	00:01			1	101	145/113	146	83
Finish				1	104	145/113	151	83

Findings: Exercise Time : 09:27 mins
Max HR attained : 173 bpm 90 % of Target 191 bpm
Max BP : 158/134mmHg
Max Workload attained : 12.1 METs (Good Effort Tolerance)
Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.
No Angina / Arrhythmia / S3 / Murrur
Final Impression : Test is negative for inducible ischaemia.

Dr. Atul Gupta
DR. ATUL GUPTA
M.B.B.S MD

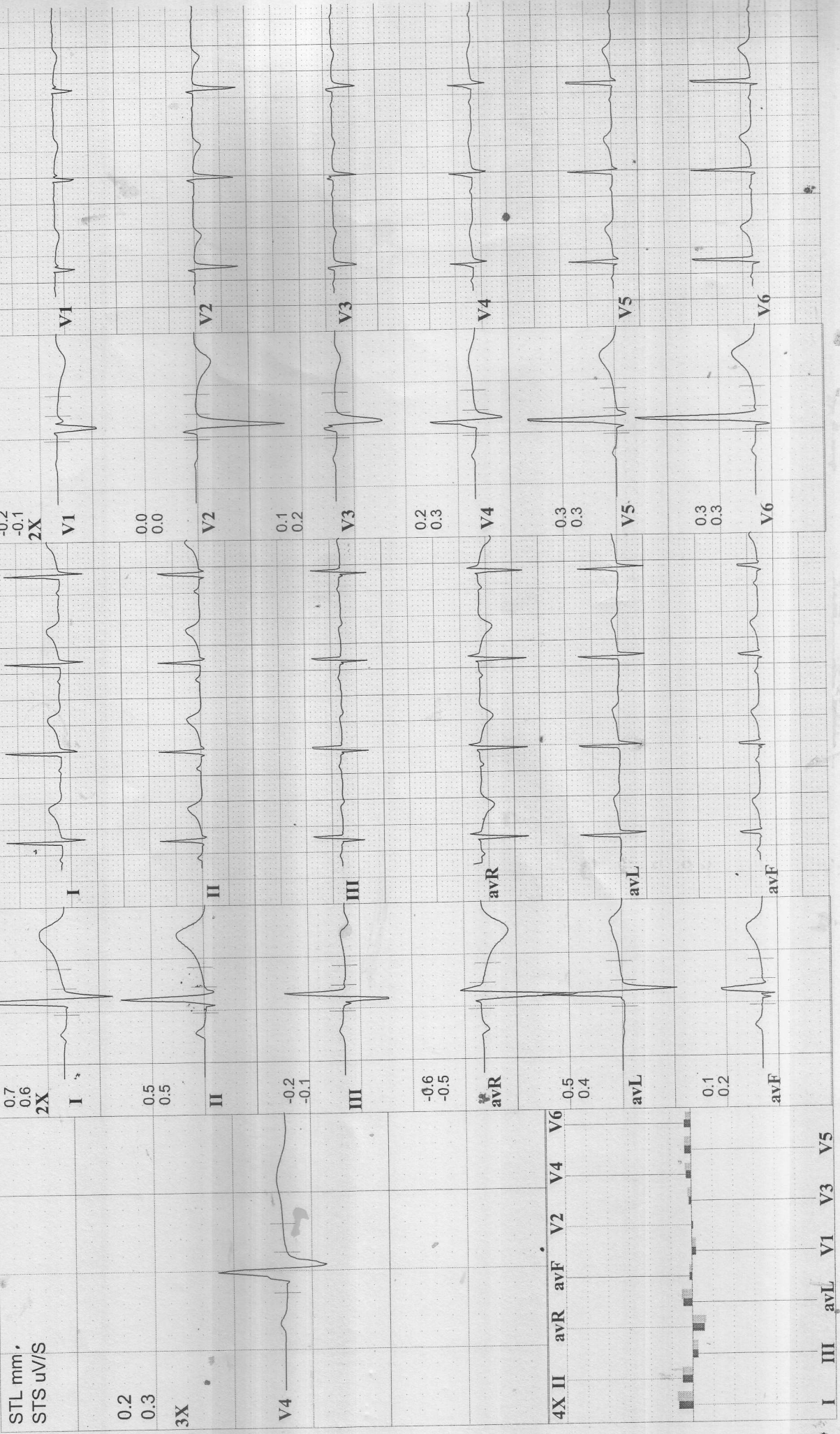
PAN HEALTH
S.C.O. 56, 1st Floor
Sec. 47-D, Chandigarh



16 **GURWINDER KAUR**
 29 Yrs/ F 66 Kg / Ht-151 cms Ref.No.:
 Date: 22-02-2022 Time: 03:10 PM

Speed: --- mph Hr: 91 Target Hr: 47 % of 191 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Grade: --- % Ex Time: --- min:sec BLC: On Sweep: 25 mm/S
 Protocol: Bruce BP: 117/80 mmHg Curr Time: 00:08 Notch: On Median Sweep: 25 mm/S

Post J: 74 mS



10 mm/mV
25 mm/S
Median Sweep: 25 mm/S

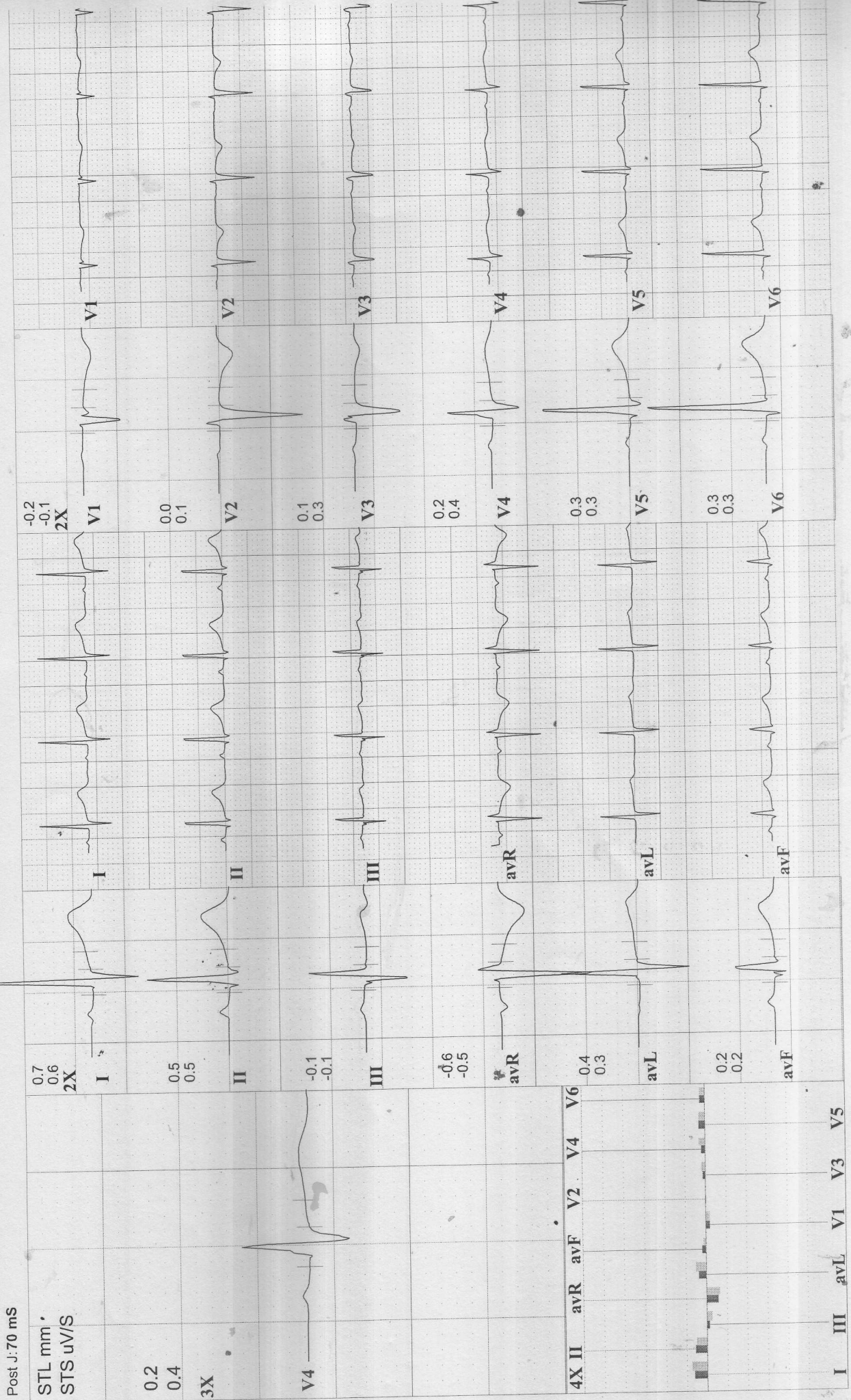
Gain:
Sweep:
Filter: 0.1 - 100 Hz
BLC: On
Notch: On

Target Hr: 49 % of 191
Ex Time: --- min:sec
Curr Time: 00:19

Speed: --- mph
Grade: --- %
Protocol: Bruce
Hr: 95
Mets: 1
BP: 117/80 mmHg

16
29 Yrs/ F
Date: 22-02-2022 Time: 03:10 PM
Post J: 70 mS

GURWINDER KAUR
66 Kg / Ht-151 cms
Ref.No.:





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Linked Medic
Pre Ex
Standing

10 mm/mV
25 mm/S
Median Sweep: 25 mm/S

Filter: 0.1 - 100 Hz
Gain: Sweep:

BLC: On
Notch: On

Target Hr: 61 % of 191
Ex Time: --- min:sec
Curr Time: 00:49

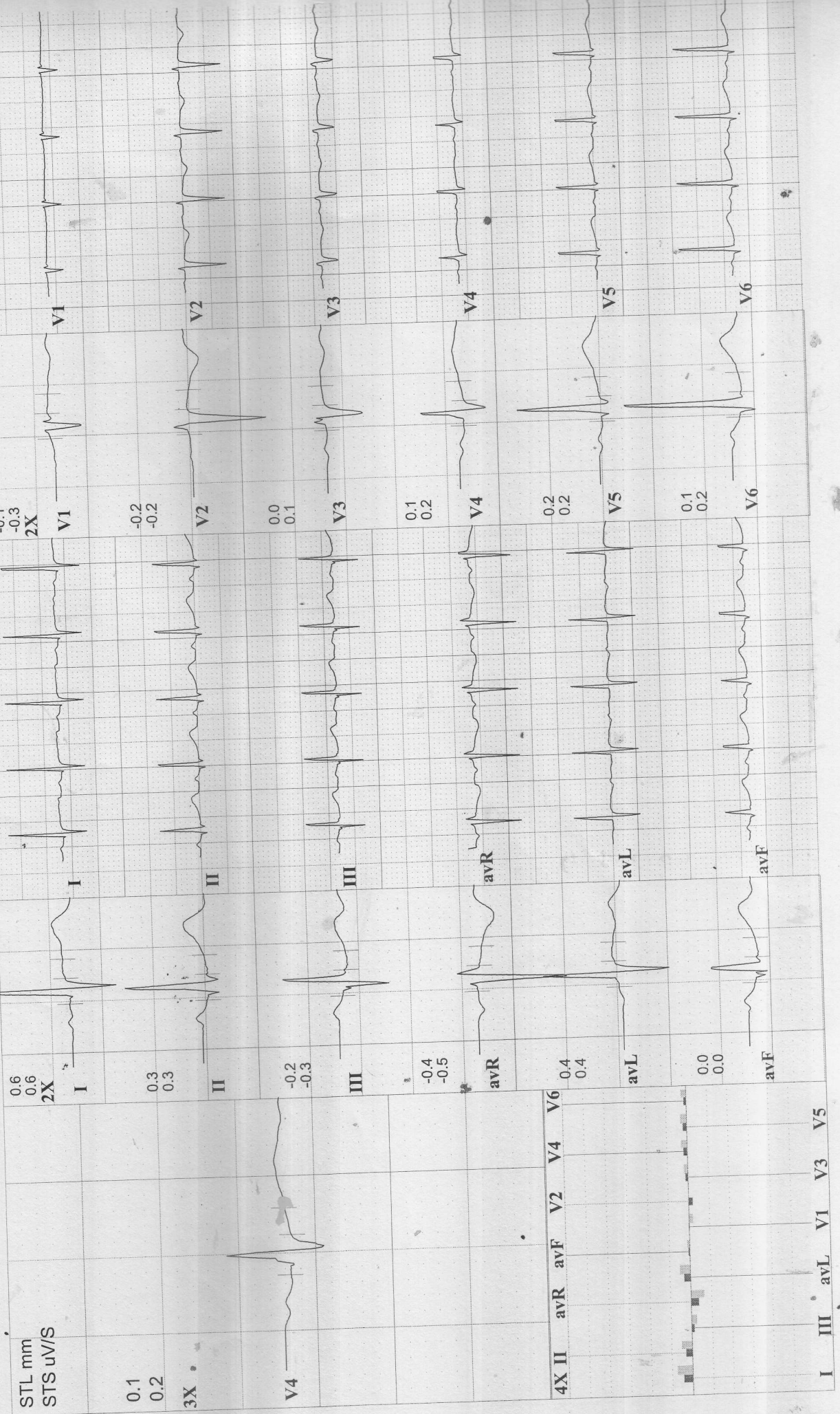
Speed: --- mph
Grade: --- %
Protocol: Bruce
Hr: 117
Mets: 1
BP: 117/80 mmHg

GURWINDER KAUR

60 Kg / Ht-151 cms Ref.No.:

29 Yrs/ F
Date: 22-02-2022 Time: 03:10 PM

Post J: 73 mS





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Linked Medic
Pre Ex
Hyp Vent

10 mm/mV
25 mm/S
Median Sweep, 25 mm/S

Gain:
Sweep:

Filter: 0.1 - 100 Hz
BLC: On
Notch On

Target Hr: 51 % of 191
Ex Time: --- min:sec
Curr Time: 01:20

Speed: --- mph
Grade: --- %
Protocol: Bruce

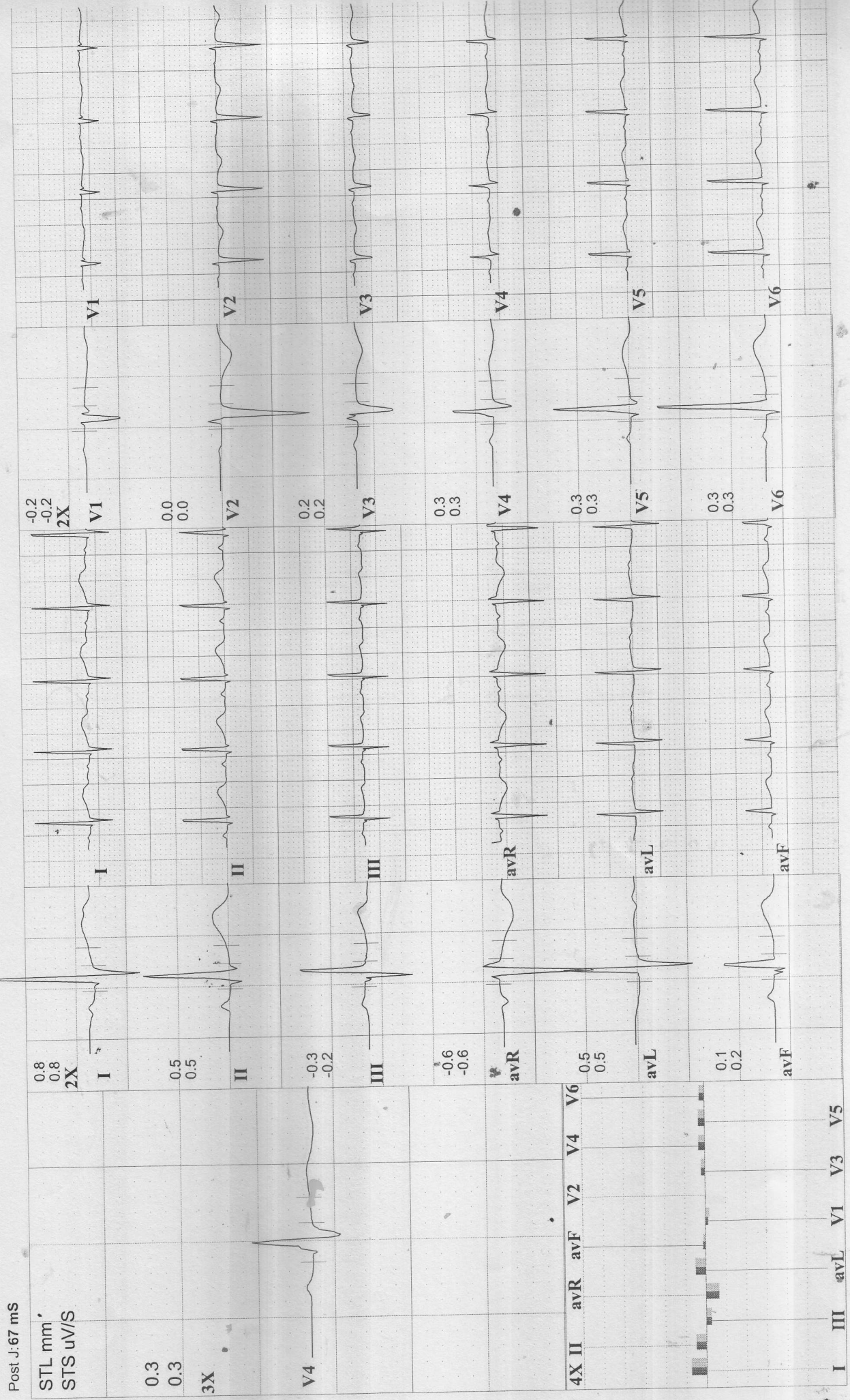
Hr: 98
Mets: 1
BP: 117/80 mmHg

16
29 Yrs/ F
Date: 22-02-2022 Time: 03:10 PM
Ref.No.:

GURWINDER KAUR

66 Kg / Ht-151 cms

Post J: 67 mS



GURWINDER KAUR

16 29 Yrs/ F 66 Kg / Ht-151 cms Ref.No.:

Date: 22-02-2022 Time: 03:10 PM

Post J: 74 mS

Speed: 1.7 mph Hr: 131

Grade: 10 % Mets: 4.8

Protocol: Bruce BP: 121/85 mmHg

Target Hr: 68 % of 191

Ex Time: 03:00

Curr Time: 04:20

Filter: 0.1 - 100 Hz

BLC: On

Notch On

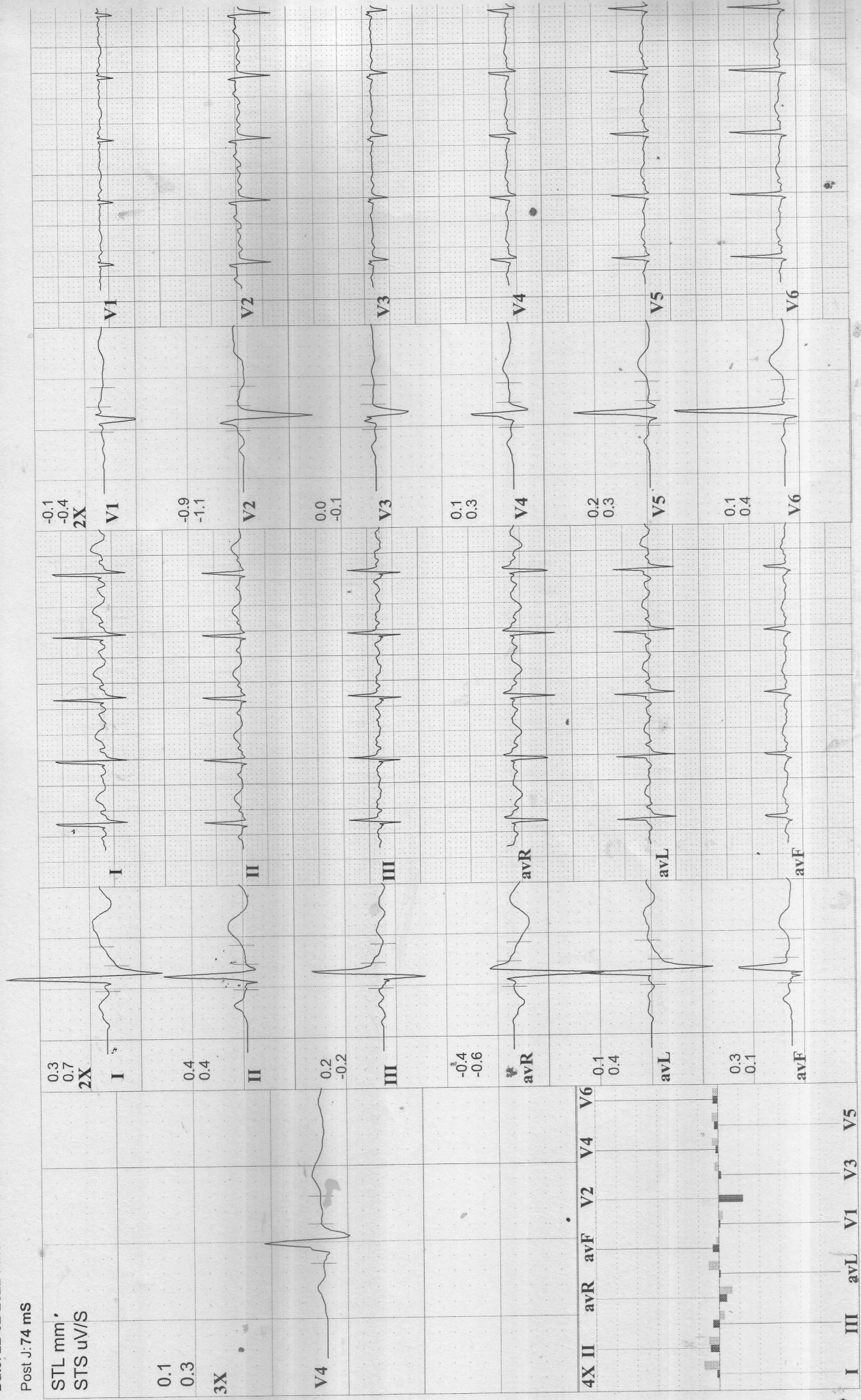
Gain: 10 mm/mV

Sweep: 25 mm/S

Median Sweep: 25 mm/S

Linked Medic

S1





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Linked Medic
S2

16
29 Yrs/ F
Date: 22-02-2022 Time: 03:10 PM

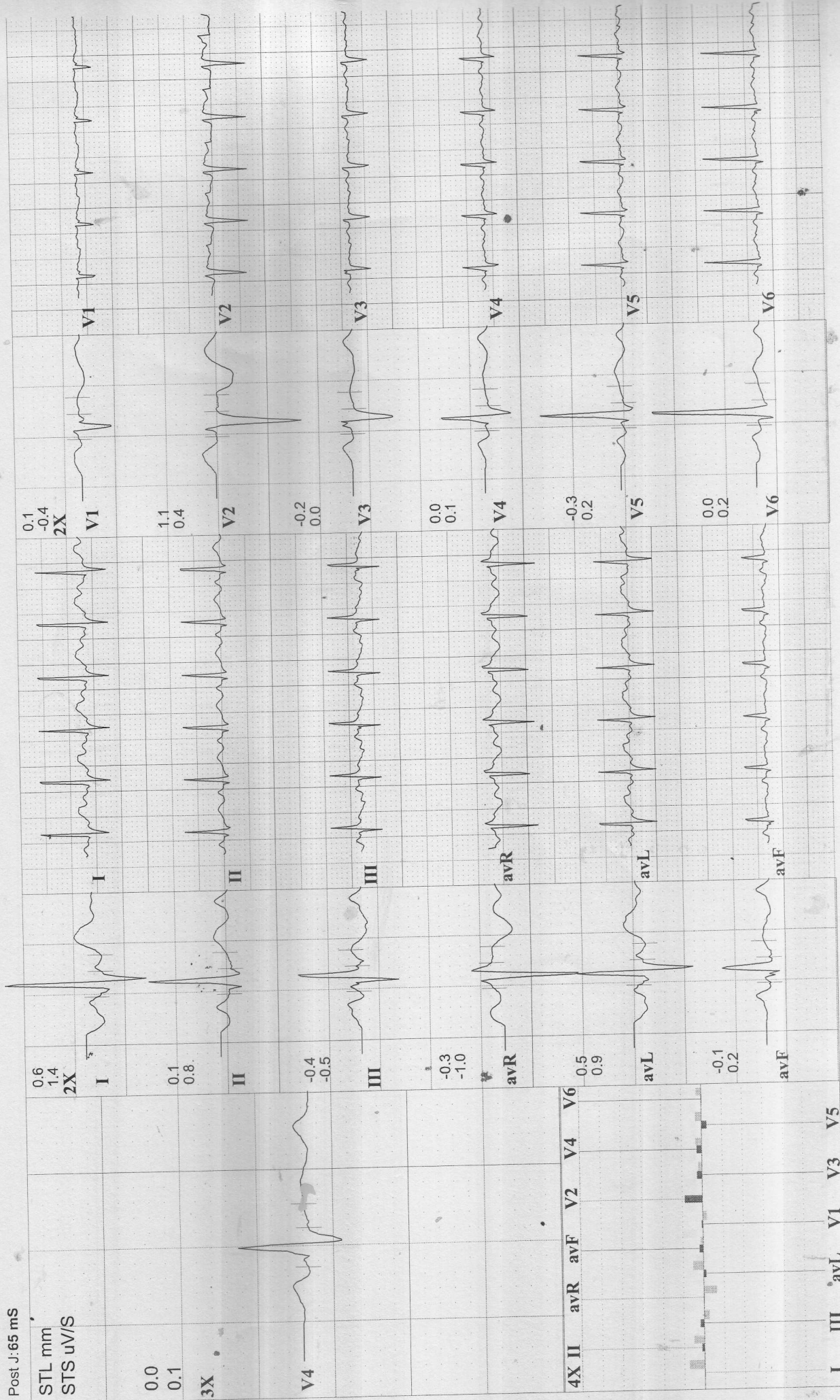
GURWINDER KAUR

60 Kg / Ht-151 cms Ref.No.:

Post J: 65 mS

Speed: 2.5 mph Hr: 146
Grade: 12 % Mets: 6.9
Protocol: Bruce BP: 135/97 mmHg Curr Time: 07:20

Filter: 0.1 - 100 Hz Gain: 10 mm/mV
BLC: On Sweep: 25 mm/S
Notch On Median Sweep: 25 mm/S



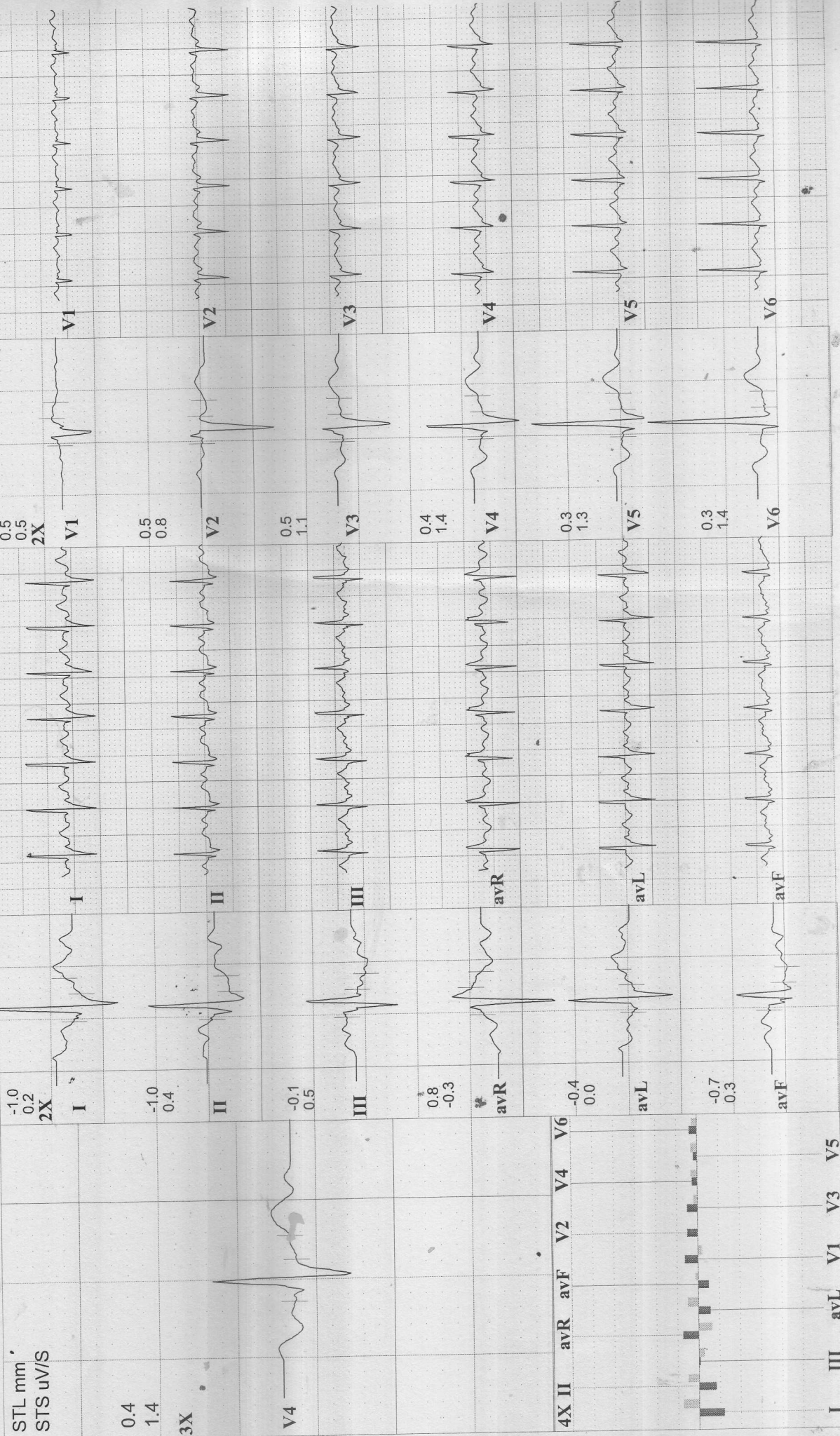
16
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GURWINDER KAUR
66 Kg / Ht-151 cms
Ref.No.:

Speed: 3.4 mph Hr: 168
Grade: 14 % Mets: 9.5
Protocol: Bruce BP: 148/120 mmHg Curr Time: 10:20

Filter: 0.1 - 100 Hz Gain: 10 mm/mV
BLC: On Sweep: 25 mm/s
NotchOn Median Sweep: 25 mm/s

Post J: 60 mS





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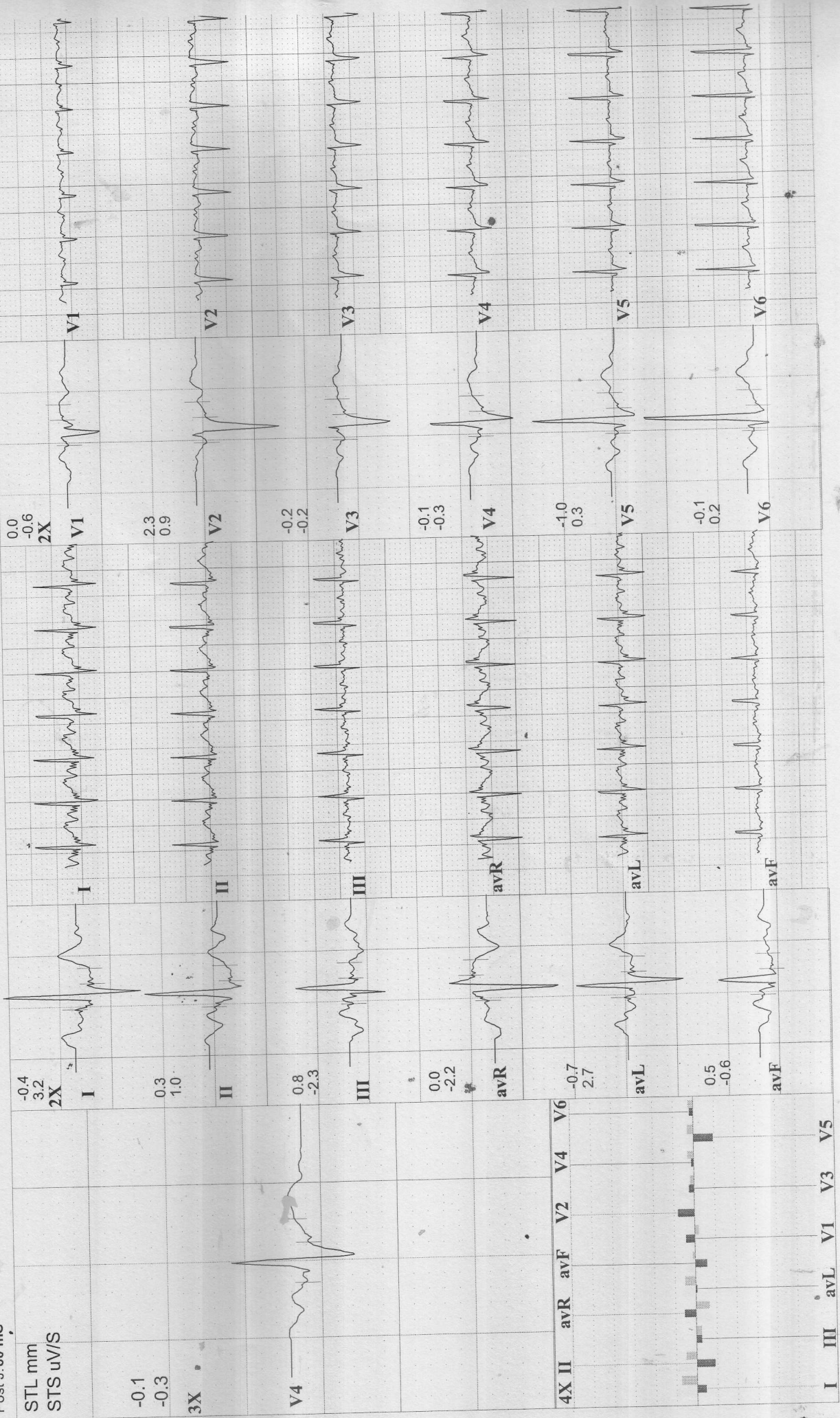
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Linked Media
Peak Ex

16 GURWINDER KAUR
29 Yrs/ F 66 Kg / Ht-151 cms Ref.No.:
Date: 22-02-2022 Time: 03:10 PM

Speed: 4.2 mph Hr: 173 Target Hr: 90 % of 191 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: 16 % Mets: 12.1 Ex Time: 09:27 BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 158/134 mmHg Curr Time: 10:47 Median Sweep: 25 mm/S

Post J: 60 mS





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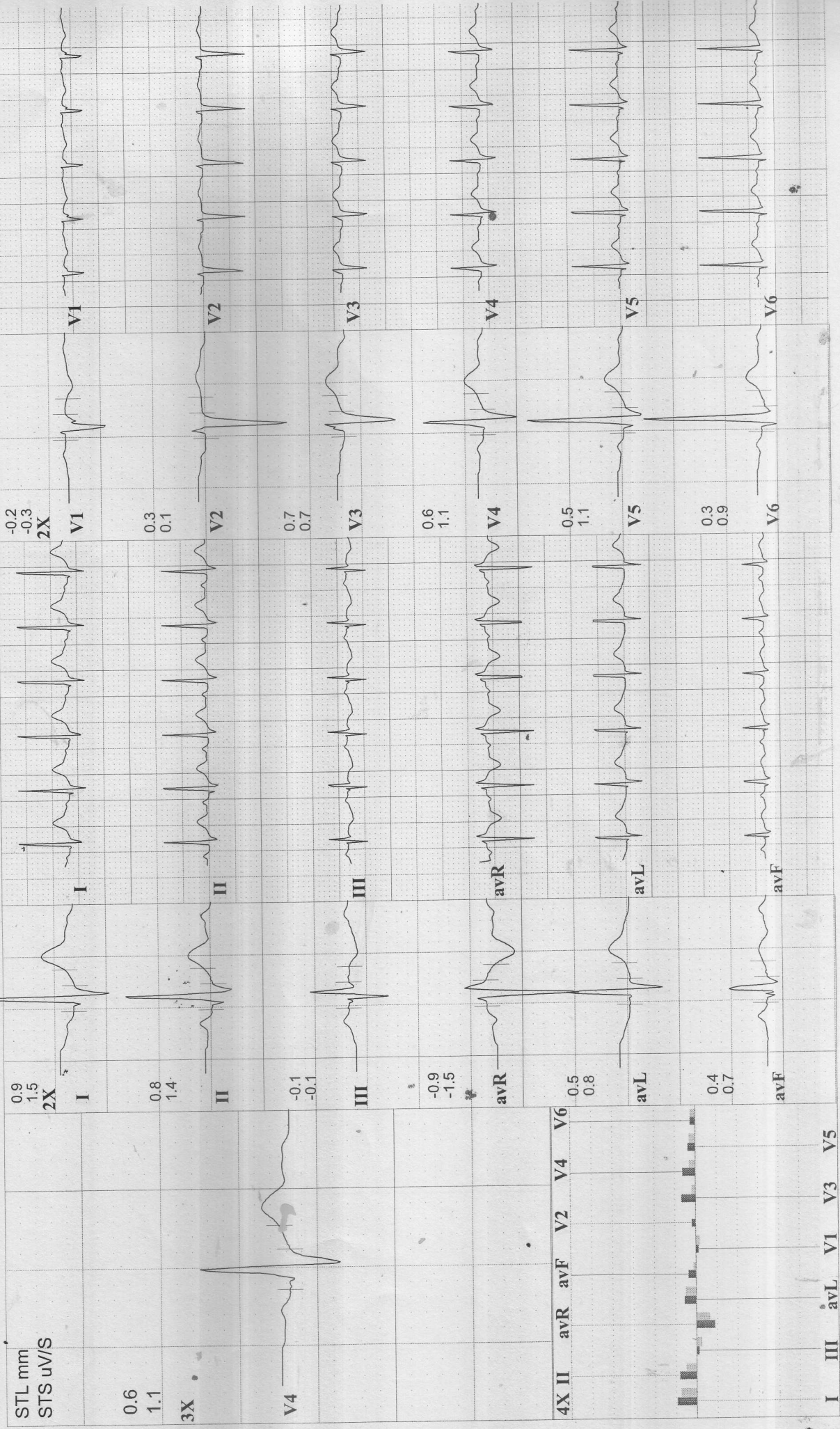
16 GURWINDER KAUR
29 Yrs/ F 60 Kg / Ht-151 cms Ref.No.:
Date: 22-02-2022 Time: 03:10 PM

Post J: 60 mS

Speed: --- mph Hr: 135
Grade: --- % Mets: 1
Protocol: Bruce BP: 150/120 mmHg Curr Time: 11:47

Filter: 0.1 - 100 Hz Gain: 10 mm/mV
BLC: On Sweep: 25 mm/S
Notch: On Median Sweep: 25 mm/S

Linked Mediz
Post Ex 1





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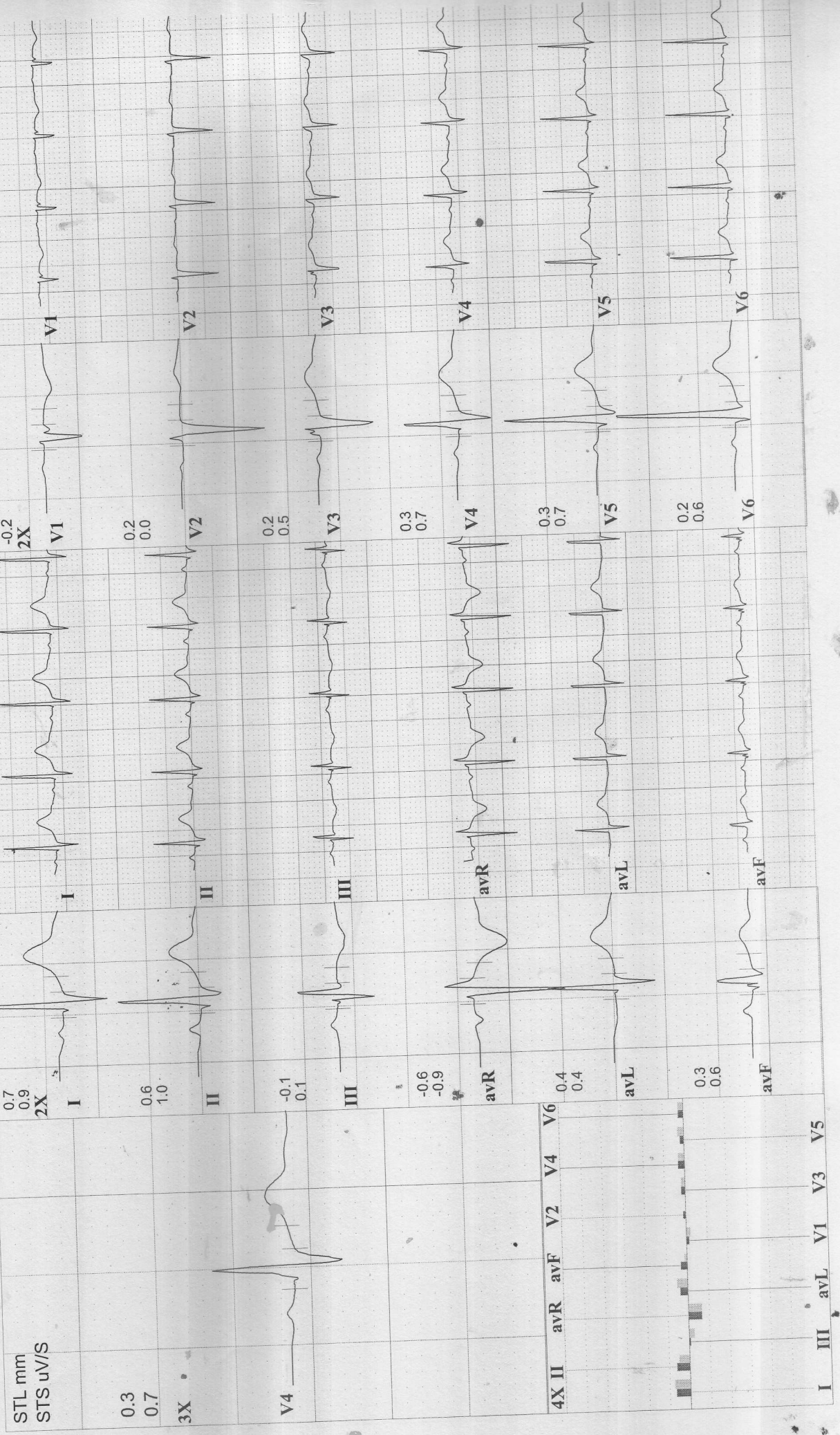
Linked Medic
Post Ex 2

16
29 Yrs/F
Date: 22-02-2022 Time: 03:10 PM

GURWINDER KAUR
66 Kg / Ht-151 cms
Ref.No.:

Speed: --- mph Hr: 104
Grade: --- % Mets: 1
Protocol: Bruce BP: 147/117 mmHg Curr Time: 12:47
Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Sweep: 25 mm/S
Median Sweep: 25 mm/S
BLC: On
Notch: On

Post J: 60 mS



GURWINDER KAUR

66 Kg / Ht-151 cms

Date: 22-02-2022 Time: 03:10 PM

Post J: 69 mS

Speed: --- mph Hr: 101

Grade: --- % M/s: 1

Protocol: Bruce BPs: 145/113 mmHg Curr Time: 13:47

Filter: 0.1 - 100 Hz Gain: 10 mm/mV

BLC: On Sweep: 25 mm/S

NotchOn Median Sweep: 25 mm/S

Linked Media

Post Ex 3

