



## TMT INVESTIGATION REPORT

Patient Name : Mr.SAKET KUMAR	Location : Ghaziabad
Age/Sex : 40Year(s)/male	Visit No : V0000000001-GHZB
MRN No :GHZB-0000180738	Order Date : 05/11/2022
Ref. Doctor : HCP	Report Date : 05/11/2022

**Protocol** : Bruce **MPHR** : 180BPM  
**Duration of exercise** : 6min 31sec **85% of MPHR** : 153BPM  
**Reason for termination** : THR achieved **Peak HR Achieved** : 155BPM  
**Blood Pressure (mmHg)** : Baseline BP : 130/90mmHg **% Target HR** : 86%  
 Peak BP : 156/94mmHg **METS** : 7.8METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	83	130/90	Nil	No ST changes seen	Nil
STAGE 1	3:00	125	140/90	Nil	No ST changes seen	Nil
STAGE 2	3:00	146	150/90	Nil	No ST changes seen	Nil
STAGE 3	0:31	155	156/94	Nil	No ST changes seen	Nil
RECOVERY	3:03	91	140/90	Nil	No ST changes seen	Nil

### COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

### IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

**Dr. Bhupendra Singh**  
MD, DM (CARDIOLOGY),FACC  
Sr. Consultant Cardiology

**Dr. Abhishek Singh**  
MD, DNB (CARDIOLOGY),MNAMS  
Sr.Consultant Cardiology

**Dr. Sudhanshu Mishra**  
MD  
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad,Uttar Pradesh - 201 002

P : 0120-616 5666

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Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

saket kumar

ID: 000180738

5-Nov-2022 13:51:35

Manipal Hospitals, Ghaziabad

40years  
Male  
Caucasian

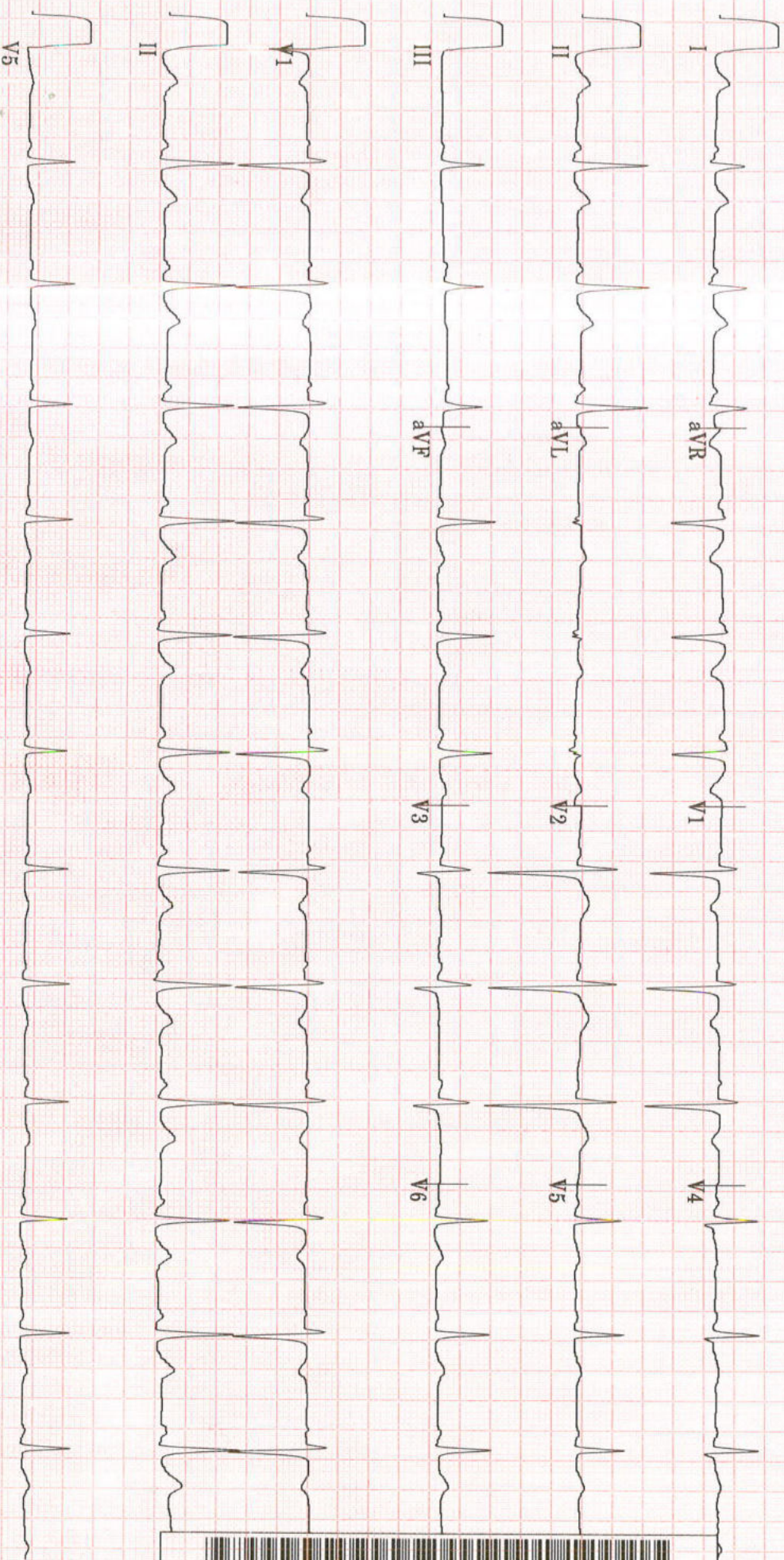
Vent. rate 78 bpm  
PR interval 126 ms  
QRS duration 86 ms  
QT/QTc 374/426 ms  
P-R-T axes 51 68 36

Normal sinus rhythm  
Nonspecific T wave abnormality  
Abnormal ECG

Technician:  
Test ind:

Referred by:

Unconfirmed



20 Hz 25.0 mm/s 10.0 mm/mV

4 by 2.5s + 3 rhythm lds

MAC55 009C

12SL™ V239

**Fwd: Health Check up Booking Confirmed Request(bobE18083),Package Code-PKG1000240, Beneficiary Code-40145**

1 message

saket kumar <analyst.saket@gmail.com>  
To: sagarverma5757@gmail.com

5 November 2022 at 08:47

----- Forwarded message -----

From: **Mediwheel** <customercare@policywheel.com>  
Date: Sat, 29 Oct, 2022, 4:01 pm  
Subject: Health Check up Booking Confirmed Request(bobE18083),Package Code-PKG1000240, Beneficiary Code-40145  
To: analyst.saket@gmail.com <analyst.saket@gmail.com>  
Cc: Mediwheel CC <customercare@mediwheel.in>, Mediwheel CC <mediwheelwellness@gmail.com>



**Mediwheel**  
...Your wellness partner

**011-41195959****Email:wellness@mediwheel.in**Dear **MR. KUMAR SAKET,**

Please find the confirmation for following request.

**Booking Date** : 11-10-2022  
**Package Name** : Medi-Wheel Metro Full Body Health Checkup Male Below 40  
**Name of Diagnostic/Hospital** : Manipal Hospitals  
**Address of Diagnostic/Hospital** : NH-24 Hapur Road, Oppo. Bahmeta Village, Near Lancroft Golf Links Apartment  
**Contact Details** : 8979619531  
**City** : Ghaziabad  
**State** : Uttar Pradesh  
**Pincode** : 201002  
**Appointment Date** : 05-11-2022  
**Confirmation Status** : Confirmed  
**Preferred Time** : 09:00:AM  
**Comment** : APPOINTMENT TIME 8:30AM

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac

problems.

**For Women:**



1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.


Request you to reach half an hour before the scheduled time.


In case of further assistance, Please reach out to Team Mediwheel.

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8511534075





साकेत कुमार  
Saket Kumar  
जन्म तिथि/DOB: 05/03/1982  
पुरुष/ MALE

Download Date: 01/08/2021

Issue Date: 29/07/2021

**8300 6005 3694**  
VID : 9165 1222 0733 5681

मेरा आधार, मेरी पहचान

## RADIOLOGY REPORT

Name	SAKET KUMAR	Modality	US
Patient ID	GHZB-0000180738	Accession No	1157740
Gender/Age	M / 40Y 8M 1D	Scan Date	05-11-2022 10:04:25
Ref. Phys	Dr. Deepak Verma	Report Date	05-11-2022 11:38:45

**USG ABDOMEN & PELVIS****FINDINGS**

LIVER: appears enlarged in size (measures 157 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade II fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 81 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 8.2 mm.

COMMON BILE DUCT: Appears normal in size and measures 4.2 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 105 x 40 mm.

Left Kidney: measures 105 x 36 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 30 x 25 x 24 mm with volume 9 cc. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

**IMPRESSION**

**-Hepatomegaly with diffuse grade II fatty infiltration in liver.**

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS,DNB,  
Consultant Radiologist, Reg No MCI 11 10887

This document is digitally signed and hence no manual signature is required

Teleradiology services provided by Manipal Hospitals Radiology Group

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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## RADIOLOGY REPORT

<b>Name</b>	SAKET KUMAR	<b>Modality</b>	DX
<b>Patient ID</b>	GHZB-0000180738	<b>Accession No</b>	1157741
<b>Gender/Age</b>	M / 40Y 8M 1D	<b>Scan Date</b>	05-11-2022 09:47:18
<b>Ref. Phys</b>	Dr. Deepak Verma	<b>Report Date</b>	05-11-2022 10:18:15

## XR- CHEST PA VIEW

**FINDINGS:**

LUNGS: Normal.  
 TRACHEA: Normal.  
 CARINA: Normal.  
 RIGHT AND LEFT MAIN BRONCHI: Normal.  
 PLEURA: Normal.  
 HEART: Normal.  
 RIGHT HEART BORDER: Normal.  
 LEFT HEART BORDER: Normal.  
 PULMONARY BAY: Normal.  
 PULMONARY HILA: Normal.  
 AORTA: Normal.  
 THORACIC SPINE: Normal.  
 OTHER VISUALIZED BONES: Normal.  
 VISUALIZED SOFT TISSUES: Normal.  
 DIAPHRAGM: Normal.  
 VISUALIZED ABDOMEN: Normal.  
 VISUALIZED NECK: Normal.

**IMPRESSION:**

**No significant abnormality noted.**  
 Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,  
 Consultant Radiologist, Reg No MCI 11 10887

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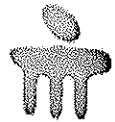
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HCMCT

# Manipal Hospitals

LIFE'S ON



Name : MR SAKET KUMAR  
Registration No : RH1555068  
Patient Episode : R03000045618  
Referred By : MANIPAL HOSPITALS GHAZIABAD  
Receiving Date : 05 Nov 2022 21:45  
Age : 40 Yr(s) Sex : Male  
Lab No : 32221101863  
Collection Date : 05 Nov 2022 21:34  
Reporting Date : 06 Nov 2022 19:44

## BIOCHEMISTRY

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.08	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	5.74	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.180	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

\* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----

Dr. Neelam Singal  
CONSULTANT BIOCHEMISTRY

**Human Care Medical Charitable Trust**

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Phone: +91 11 4967 4967 | [www.manipalhospitals.com](http://www.manipalhospitals.com) | [www.hcmct.in](http://www.hcmct.in)



## LABORATORY REPORT

Name	SAKET KUMAR	Age	40y 8m 2d	Gender	MALE
MRN	GHZB-0000180738	Visit No	V0000000001-GHZB		
Lab No	G000334846	Collected On	05/11/2022 9:37AM	Received On	05/11/2022 9:39AM
Referred By	Deepak Verma	Reported On	05/11/2022 10:30AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, FASTING (F) (Serum Fasting)	107 mg/dl		70 - 110 mg/dl	

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- ROBIN DHIRANIYA

*Charu*  
Registration No: 42422  
**DR CHARU AGARWAL**  
CONSULTANT PATHOLOGIST  
Pathologist

## LABORATORY REPORT

Name	SAKET KUMAR	Age	40y 8m 2d	Gender	MALE
MRN	GHZB-0000180738	Visit No	V0000000001-GHZB		
Lab No	G000334865	Collected On	05/11/2022 10:43AM	Received On	05/11/2022 10:44AM
Referred By	Deepak Verma	Reported On	05/11/2022 12:10PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
<b>URINE EXAMINATION, ROUTINE (Urine)</b>			
<b>PHYSICAL EXAMINATION</b>			
Colour	P.YELLOW		
Appearance	CLEAR		
pH	6.5		
Specific gravity	1.005		
<b>CHEMICAL EXAMINATION</b>			
Glucose	Nil		
Protein	Absent		
Ketone bodies	Absent		
Urobilinogen	Absent		
<b>MICROSCOPIC EXAMINATION</b>			
Leukocytes	0-1 /HPF		
Erythrocytes	NIL		
Epithelial Cells	0-1 /HPF		
Casts	NIL		
Crystals	NIL		
Others	NIL		

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- ROBIN DHIRANIYA

*Charu Agarwal*  
 Registration No: 40422  
**DR CHARU AGARWAL**  
 CONSULTANT PATHOLOGIST  
 Pathologist

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## LABORATORY REPORT

Name	SAKET KUMAR	Age	40y 8m 2d	Gender	MALE
MRN	GHZB-0000180738	Visit No	V0000000001-GHZB		
Lab No	G000334903	Collected On	05/11/2022 1:32PM	Received On	05/11/2022 1:32PM
Referred By	Deepak Verma	Reported On	05/11/2022 4:24PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)	114 mg/dl		80 -140 mg/dl	

..... END OF REPORT .....

Processed by :- ROBIN DHIRANIYA

*Alka*  
MCT-39093  
**DR ALKA DIXIT VATS**  
 CONSULANT PATHOLOGIST  
 PATHOLOGIST

## LABORATORY REPORT

Name	SAKET KUMAR	Age	40y 8m 2d	Gender	MALE
MRN	GHZB-0000180738	Visit No	V0000000001-GHZB		
Lab No	G000334847	Collected On	05/11/2022 9:37AM	Received On	05/11/2022 9:39AM
Referred By	Deepak Verma	Reported On	05/11/2022 4:28PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
<b>BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)</b>			
BLOOD GROUPING	"O"		
RH TYPING	POSITIVE		

\*\*\*\*\* END OF REPORT \*\*\*\*\*

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**DR ALKA DIXIT VATS**  
CONSULTANT PATHOLOGIST  
PATHOLOGIST

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## LABORATORY REPORT

Name	SAKET KUMAR	Age	40y 8m 2d	Gender	MALE
MRN	GHZB-0000180738	Visit No	V0000000001-GHZB		
Lab No	G000334847	Collected On	05/11/2022 9:37AM	Received On	05/11/2022 9:39AM
Referred By	Deepak Verma	Reported On	05/11/2022 10:14AM		

Test Name	Result	Criticality Factor	Biological Reference Interval
HEMOGLOBIN, HB	14.1 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	<b>32.6 g/dl</b>		33 - 36%
ESR (WESTERGREN),AUTOMATED ERYTHROCYTE SEDIMENTATION RATE	<b>20 mm/1st hour</b>		0 - 15 mm/Hr
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	28.9 pg		26 -34 pg
MEAN CORPUSCULAR VOLUME, MCV	88.5 fl		77 - 97 fl
PLATELET COUNT	155 x10 <sup>3</sup> cells/ Cumm		150x10 <sup>3</sup> - 400x10 <sup>3</sup> cells/cumm
RED BLOOD CELLS, RBC COUNT	4.88 million/cu mm		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	12.8 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	5.08 x10 <sup>3</sup> cells/ Cumm		4x10 <sup>3</sup> - 11x10 <sup>3</sup> cells/cumm
HEMATOCRIT (HCT)	43.2 %		34 -45%
BASOPHILS	00 %		0 - 2%
EOSINOPHILS	07 %		2 -7 %
LYMPHOCYTES	43 %		17 - 45 %
MONOCYTES	08 %		4 -13%
NEUTROPHILS	42 %		40 - 80%

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- TANNU PRAJAPATI

*Charu Agarwal*  
**DR CHARU AGARWAL**  
 CONSULTANT PATHOLOGIST  
 Pathologist

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## LABORATORY REPORT

Name	SAKET KUMAR	Age	40y 8m 2d	Gender	MALE
MRN	GHZB-0000180738	Visit No	V0000000001-GHZB		
Lab No	G000334847	Collected On	05/11/2022 9:37AM	Received On	05/11/2022 9:39AM
Referred By	Deepak Verma	Reported On	05/11/2022 4:26PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
HBA1C (Whole Blood)	6.0 %		Normal: < or = 5.6 % Increased risk for Diabetes (Pre-diabetes): 5.7 – 6.4 % Diabetes: > or = 6.5 % If you are a Diabetic, please consult your doctor for your HbA1c target.	

\*\*\*\*\* END OF REPORT \*\*\*\*\*

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*Alka*  
MCT-39093  
**DR ALKA DIXIT VATS**  
CONSULTANT PATHOLOGIST  
PATHOLOGIST

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## LABORATORY REPORT

Name	SAKET KUMAR	Age	40y 8m 2d	Gender	MALE
MRN	GHZB-0000180738	Visit No	V0000000001-GHZB		
Lab No	G000334847	Collected On	05/11/2022 9:37AM	Received On	05/11/2022 9:39AM
Referred By	Deepak Verma	Reported On	05/11/2022 10:35AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
<b>KIDNEY FUNCTION TESTS (Serum)</b>				
UREA	29.3 mg/dl		15 - 40 mg/dl	
CREATININE, SERUM	0.98 mg/dl		0.7 - 1.2 mg/dl	
URIC ACID	6.8 mg/dl		4 - 8.5 mg/dl	
SODIUM, SERUM	137.5 mmol/L		136 - 144 mmol/ L	
POTASSIUM, SERUM	4.12 mmol/L		3.6 - 5.1 mmol/L	
CHLORIDE, SERUM	103.2 mmol/L		101 - 111 mmol/L	
<b>LIPID PROFILE (Serum)</b>				
CHOLESTEROL, TOTAL	<b>201 mg/dl</b>		Upto 200 mg/dl	
TRIGLYCERIDES, SERUM	<b>261 mg/dl</b>		Upto 150 mg/dl	
CHOLESTEROL, HDL, DIRECT	40 mg/dl		35 - 65 mg/dl	
CHOLESTEROL, LDL, DIRECT	109 mg/dl		0 -120 mg/dl	
Cholesterol, VLDL	<b>52 mg/dl</b>		0 - 35 mg/dl	
<b>LIVER FUNCTION TESTS (Serum)</b>				
BILIRUBIN, TOTAL	<b>1.82 mg/dl</b>		0.3 -1.2 mg/dl	
BILIRUBIN, DIRECT	0.27 mg/dl		0 - 0.3 mg/dl	

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## LABORATORY REPORT

Name	SAKET KUMAR	Age	40y 8m 2d	Gender	MALE
MRN	GHZB-0000180738	Visit No	V0000000001-GHZB		
Lab No	G000334847	Collected On	05/11/2022 9:37AM	Received On	05/11/2022 9:39AM
Referred By	Deepak Verma	Reported On	05/11/2022 10:35AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
Indirect Bilirubin	<b>1.55</b>		0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.2 g/dl		6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.79 g/dl		3.5 - 5.2 gm/dl	
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.99		1:1 - 2.5:1	
GLOBULIN, SERUM	2.4			
SGPT	<b>170 IU/L</b>		17 - 63 IU/L	
SGOT	<b>106 IU/L</b>		0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	<b>53 IU/L</b>		7 - 50 U/L	
ALKALINE PHOSPHATASE, ALP	65 IU/L		32 - 91 IU/L	

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- ROBIN DHIRANIYA

*Charu*  
Registration No: 454152  
**DR CHARU AGARWAL**  
CONSULTANT PATHOLOGIST  
Pathologist

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