




Asish P S



Motion test not needed.

Neethi. R. Chandran  
Neethi.

ASWAN.   
ASWAN.



**PATIENT NAME : MR. ASISH.P.S**

**REF. DOCTOR : DR. MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED**

**CODE/NAME & ADDRESS** : CA00010147 -  
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED  
F701A, LADO SARAI, NEW DELHI, SOUTH DELHI,  
DELHI,  
SOUTH DELHI 110030  
8800465156

**ACCESSION NO : 4126XC005108**  
**PATIENT ID : ASISM1803884126**  
**CLIENT PATIENT ID:**  
**ABITA NO**

**AGE/SEX : 35 Years Male**  
**DRAWN :**  
**RECEIVED : 16/03/2024 08:13:45**  
**REPORTED : 16/03/2024 14:02:27**

Test Report Status	Final	Results	Biological Reference Interval	Units
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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**OPHTHAL**


OPHTHAL COMPLETED

**TREADMILL TEST**

TREADMILL TEST COMPLETED

  
**DR.SMITHA PAULSON,MD**  
**(PATH),DPB**  
**(Reg No - TCMC:35960)**  
**LAB DIRECTOR & HEAD-**  
**HISTOPATHOLOGY & CYTOLOGY**

  
**DR.NILA THERESA DAVIS,MBBS**  
**MD(PATH)**  
**(Reg No - TCMC:47450)**  
**CONSULTANT PATHOLOGIST**

  
**DR.TEJAS PRASAD**  
**VIDWANS ,MBBS MD(PATH)(Reg**  
**No -MMC 2017/08/3919)**  
**CONSULTANT PATHOLOGIST**



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**PERFORMED AT :**

DDRC AGILUS PATHLABS LIMITED  
DDRC agilus TOWER, G-131,PANAMPILLY NAGAR,  
ERNAKULAM, 682036  
KERALA, INDIA  
Tel : 93334 93334  
Email : customercare.ddrc@agilus.in



Patient Ref. No. 666000008226676

<b>PATIENT NAME : MR. ASISH.P.S</b>		<b>REF. DOCTOR : DR. MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED</b>	
<b>CODE/NAME &amp; ADDRESS : CA00010147 -</b> MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156	<b>ACCESSION NO : 4126XC005108</b>	<b>AGE/SEX : 35 Years Male</b>	<b>DRAWN :</b>
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	<b>CLIENT PATIENT ID:</b> ABHINAV		

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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**ECG WITH REPORT**

**REPORT**

COMPLETED

**USG ABDOMEN AND PELVIS**

**REPORT**

COMPLETED

**CHEST X-RAY WITH REPORT**

**REPORT**

COMPLETED

**HAEMATOLOGY**


**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**


**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**


HBA1C	5.0	Normal	: 4.0 - 5.6%.	%
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

Glycemic control goal  
 More stringent goal : < 6.5 %.  
 General goal : < 7%.  
 Less stringent goal : < 8%.

Glycemic targets in CKD :-  
 If eGFR > 60 : < 7%.  
 If eGFR < 60 : 7 - 8.5%.

  
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MEAN PLASMA GLUCOSE	96.8	< 116.0	mg/dL
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**BLOOD COUNTS, EDTA WHOLE BLOOD**

HEMOGLOBIN	15.6	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	<b>5.57 High</b>	4.50 - 5.50	mil/ $\mu$ L
WHITE BLOOD CELL COUNT	7.53	4.0 - 10.0	thou/ $\mu$ L
PLATELET COUNT	279	150 - 410	thou/ $\mu$ L

**RBC AND PLATELET INDICES**

HEMATOCRIT	44.1	40.0 - 50.0	%
MEAN CORPUSCULAR VOL	<b>79.2 Low</b>	83.0 - 101	fL
MEAN CORPUSCULAR HGB.	28.0	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	<b>35.4 High</b>	31.50 - 34.50	g/dL
RED CELL DISTRIBUTION WIDTH	<b>14.6 High</b>	11.60 - 14.0	%
MENTZER INDEX	14.2		
MEAN PLATELET VOLUME	9.9	6.80 - 10.90	fL

**WBC DIFFERENTIAL COUNT**

SEGMENTED NEUTROPHILS	61	40.0 - 80.0	%
LYMPHOCYTES	28	20.0 - 40.0	%
MONOCYTES	4	2.0 - 10.0	%
EOSINOPHILS	<b>7 High</b>	1.0 - 6.0	%
BASOPHILS	0	0.0 - 1.0	%
ABSOLUTE NEUTROPHIL COUNT	4.59	2.0 - 7.0	thou/ $\mu$ L
ABSOLUTE LYMPHOCYTE COUNT	2.14	1.0 - 3.0	thou/ $\mu$ L
ABSOLUTE MONOCYTE COUNT	0.31	0.20 - 1.0	thou/ $\mu$ L
ABSOLUTE EOSINOPHIL COUNT	<b>0.55 High</b>	0.02 - 0.50	thou/ $\mu$ L

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 HEAD - Biochemistry & Immunology

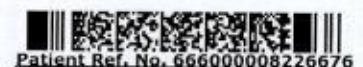
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ABSOLUTE BASOPHIL COUNT	0.00	0.00 - 0.10	thou/ $\mu$ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	2.1		

**ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD**

SEDIMENTATION RATE (ESR)	12	0 - 14	mm at 1 hr
--------------------------	----	--------	------------

METHOD : WESTERGREN METHOD

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**SUGAR URINE - POST PRANDIAL**

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED	
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**SUGAR URINE - FASTING**

SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED	
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**IMMUNOHAEMATOLOGY**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

ABO GROUP	TYPE AB		
RH TYPE	POSITIVE		

<b>Interpretation(s)</b>

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD- Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A, B, O or AB.

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MC-5897

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Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

**BIO CHEMISTRY**
**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**
**BUN/CREAT RATIO**

BUN/CREAT RATIO 12.7

**CREATININE, SERUM**

CREATININE 0.90 18 - 60 yrs : 0.9 - 1.3 mg/dL

**GLUCOSE, POST-PRANDIAL, PLASMA**

 GLUCOSE, POST-PRANDIAL, PLASMA 118  
 Diabetes Mellitus : > or = 200. mg/dL  
 Impaired Glucose tolerance/  
 Prediabetes : 140 - 199.  
 Hypoglycemia : < 55.

**GLUCOSE FASTING, FLUORIDE PLASMA**

 FBS (FASTING BLOOD SUGAR) 90  
 Diabetes Mellitus : > or = 126. mg/dL  
 Impaired fasting Glucose/  
 Prediabetes : 101 - 125.  
 Hypoglycemia : < 55.

**LIVER FUNCTION TEST WITH GGT**

 BILIRUBIN, TOTAL 0.69 General Range : < 1.1 mg/dL  
 BILIRUBIN, DIRECT **0.36 High** General Range : < 0.3 mg/dL  
 BILIRUBIN, INDIRECT 0.33 0.1 - 1.0 mg/dL



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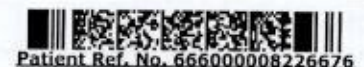


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TOTAL PROTEIN		7.2	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8 g/dL
ALBUMIN		4.4	20-60yrs : 3.5 - 5.2 g/dL
GLOBULIN		2.8	General Range : 2 - 3.5 Premature Neonates : 0.29 - 1.04 g/dL
ALBUMIN/GLOBULIN RATIO		1.6	General Range : 1.1 - 2.5 RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		20	Adults : < 40 U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)		44	Adults : < 45 U/L
ALKALINE PHOSPHATASE		65	Adult(<60yrs) : 40 -130 U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)		32	Adult (Male) : < 60 U/L

**TOTAL PROTEIN, SERUM**


TOTAL PROTEIN 7.2 Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8 g/dL


**URIC ACID, SERUM**

URIC ACID 5.3 Adults : 3.4-7 mg/dL

**BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN 11 Adult(&lt;60 yrs) : 6 to 20 mg/dL

**BIOCHEMISTRY - LIPID****MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT****LIPID PROFILE, SERUM**

  
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CHOLESTEROL		135	Desirable : < 200 Borderline : 200-239 High : >or= 240 mg/dL
TRIGLYCERIDES		78	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499 mg/dL
HDL CHOLESTEROL		44	General range : 40-60 mg/dL
LDL CHOLESTEROL, DIRECT		91	Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-189 Very High : >or= 190 mg/dL
NON HDL CHOLESTEROL		91	Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 mg/dL
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO		15.6	Very high : > / = 220 </= 30.0 mg/dL
LDL/HDL RATIO		2.1	Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0 Desirable/Low Risk - 0.5-3 Borderline/Moderate Risk- 3.1-6 High Risk- >6.0


**SPECIALISED CHEMISTRY - HORMONE**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**THYROID PANEL, SERUM**

T3	126.00	Adult : 80-200	ng/dL
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T4	12.20	Adults : 4.5-12.1	µg/dl
TSH 3RD GENERATION	1.280	21-50 yrs : 0.4 - 4.2	µIU/mL

**CLINICAL PATH - URINALYSIS**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**PHYSICAL EXAMINATION, URINE**

COLOR	AMBER
APPEARANCE	CLEAR

**CHEMICAL EXAMINATION, URINE**

PH	7.0	4.8 - 7.4
SPECIFIC GRAVITY	1.015	1.015 - 1.030
PROTEIN	DETECTED (TRACE)	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED

**MICROSCOPIC EXAMINATION, URINE**

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	1-2	0-5	/HPF
EPITHELIAL CELLS	0-1	0-5	/HPF
CASTS	NOT DETECTED		

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CRYSTALS		NOT DETECTED	
BACTERIA		NOT DETECTED	NOT DETECTED
YEAST		NOT DETECTED	NOT DETECTED



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**DR.JOPHY VARGHESE,MD(PATH)**  
(Reg No - TCMC:32627)  
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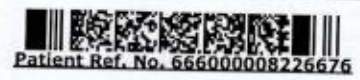


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Date...16/3/24

OPHTHALMOLOGY REPORT

This is to certify that I have examined

Mr / Ms : .....*Aish P.S*.....Aged...*35*...and his / her

visual standards is as follows :

Visual Acuity:

R:.....*6/6*.....

For far vision

L:.....*6/6*.....

R:.....*N6*.....

For near vision

L:.....*N6*.....

Color Vision :.....*Normal*.....

.....

*[Signature]*  
**CYAMARY PROCKY**  
(Optometrist)



NAME: MR ASISH P S	STUDY DATE: 16.03.2024
AGE / SEX : 35 YRS / M	REPORTING DATE : 16.03.2024
REFERRED BY: MEDIWHEEL	ACC NO:4126XC005108

**X - RAY - CHEST PA VIEW**

- Both the lung fields are clear.
- B/L hila and mediastinal shadows are normal.
- Cardiac silhouette appears normal.
- Cardio - thoracic ratio is normal.
- Bilateral CP angles and domes of diaphragm appear normal.

**IMPRESSION - NORMAL STUDY.**

Kindly correlate clinically

  
**Dr. HRISHIKESH C MBBS DMRD**  
Consultant Radiologist



<b>NAME</b>	<b>MR ASISH P S</b>	<b>AGE</b>	<b>35 YRS</b>
<b>SEX</b>	<b>MALE</b>	<b>DATE</b>	<b>March 16, 2024</b>
<b>REFERRAL</b>	<b>MEDIWHEEL</b>	<b>ACC NO</b>	<b>4126XC005108</b>

### USG ABDOMEN AND PELVIS

<b>LIVER</b>	Measures ~ 16.1 cm, shows increased echoes. Smooth margins and no obvious focal lesion within. No IHBR dilatation. Portal vein normal in caliber.
<b>GB</b>	No calculus within gall bladder. Normal GB wall caliber.
<b>SPLEEN</b>	Measures ~ 10.6 cm, normal to visualized extent. Splenic vein normal.
<b>PANCREAS</b>	Normal to visualized extent. PD is not dilated.
<b>KIDNEYS</b>	RK: 10.4 x 4.4 cm, appears normal in size and echotexture LK: 10.2 x 3.9 cm, appears normal in size and echotexture. Subtle right renal concretions noted. Maintained corticomedullary differentiation and normal parenchymal thickness. No hydroureteronephrosis.
<b>BLADDER</b>	Partially distended, no internal echoes/calculus within.
<b>PROSTATE</b>	Normal in volume and echopattern.
<b>FLUID</b>	Nil to visualized extent.
<b>BOWEL</b>	Visualized bowel loops appear normal.
<b>IMPRESSION</b>	<ul style="list-style-type: none"> <li>↓ <b>Hepatomegaly with grade II Fatty liver.</b></li> <li>↓ <b>Right renal concretions.</b></li> </ul>

Kindly correlate clinically.

  
 Dr. HRISHIKESH C MBBS DMRD  
 Consultant Radiologist

**Thank you for referral. Your feedback will be appreciated.**



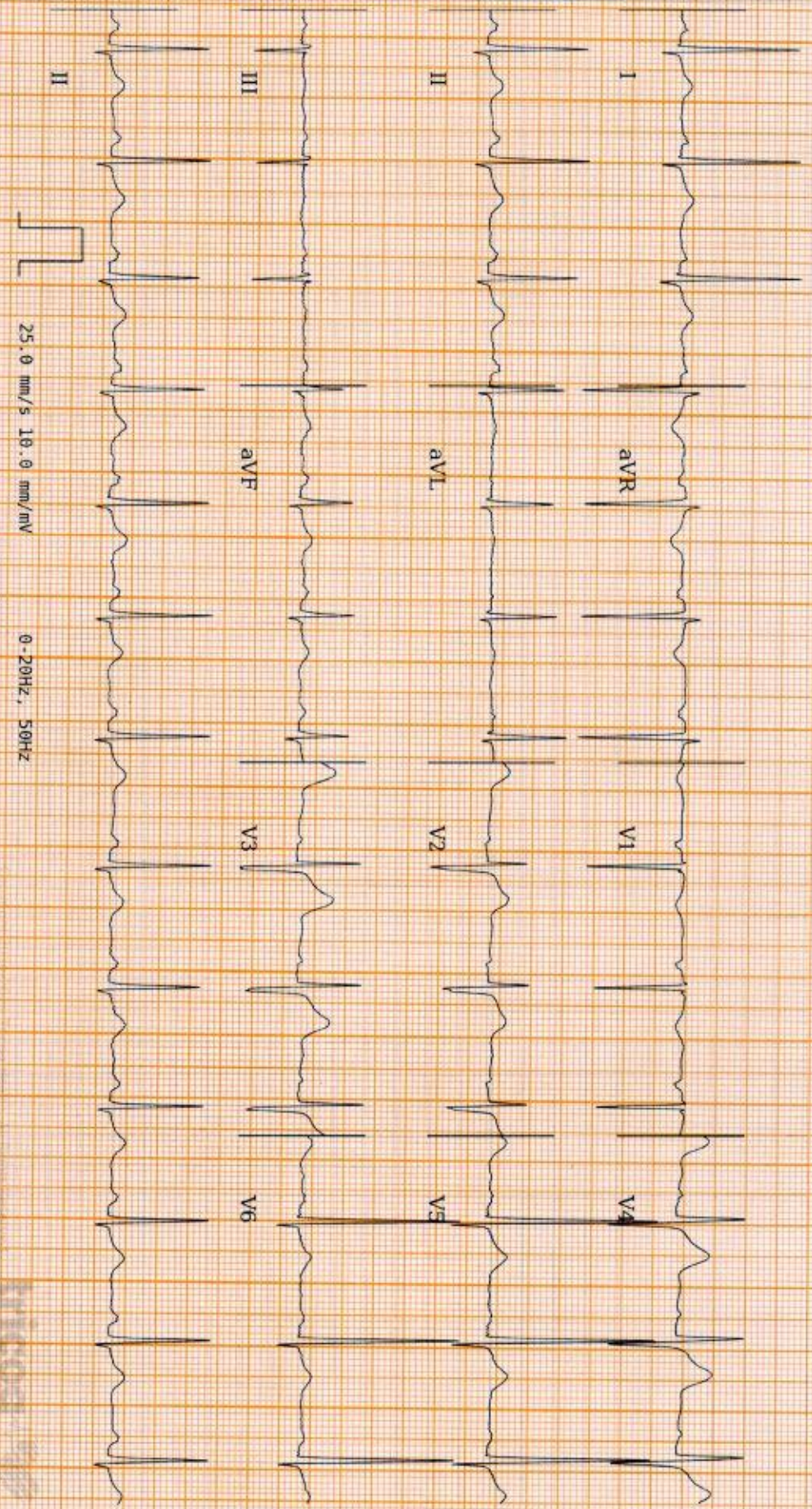




DDRC Agilus Panampilly Nagar

Age / Gender: 35/Male  
Patient ID: XC05108  
Patient Name: Ashish P S

Date and Time: 16th Mar 24 11:12 AM



ARR: 79bpm VR: 79bpm QRSD: 88ms QT: 376ms QTcB: 431ms PRT: 166ms P-R-T: 51° 18° 46°

25.0 mm/s 10.0 mm/mV 0.20Hz, 50Hz

Simus Rhythm LVH by voltage criteria noted. Please correlate clinically.

Disclaimer: Analysis on this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other invasive and non-invasive tests and must be interpreted by a qualified physician.



REPORTED BY

*[Signature]*

Dr. Bharati & MBS

KMC 73470



ASHISH P S (35 M)

Bruce Protocol

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

ID: XC005108

Date: 16-03-2024

Stage: Supine

Speed: 0 kmph

Exec Time : 0:00:00

Grade: 0%

HR: 79 bpm

BP: 130/80 mmHg

STLevel(mm) STSlope(mVs)

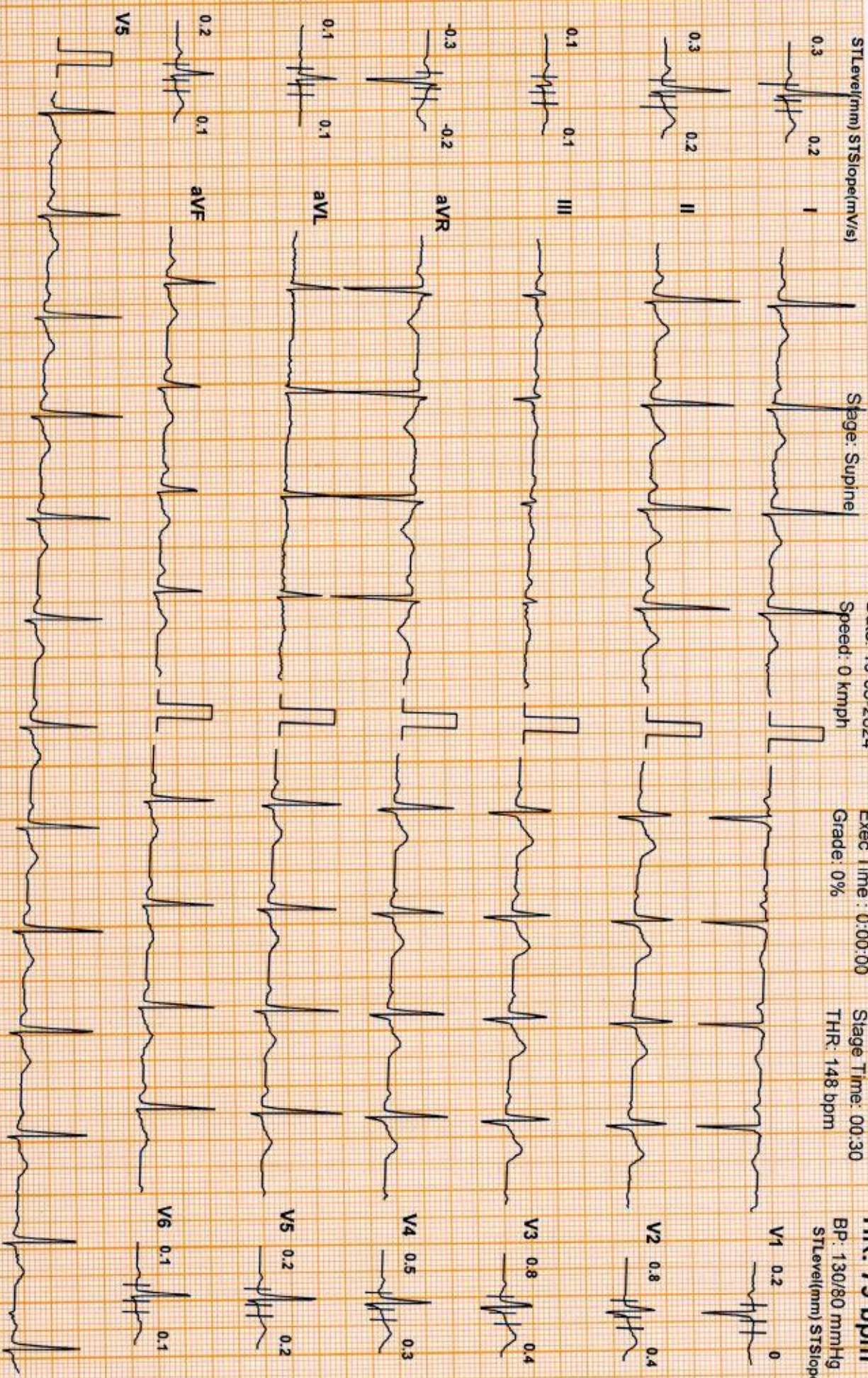


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R + 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version: 3.5

DDRC AGILUS PATHLABS LT

ASHISH P S (35 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol

ID: XC005108

Date: 16-03-2024

Exec Time : 0:00:00

Stage Time: 00:38

HR: 81 bpm

STLevel(mm) STSlope(mV/s)

Stage: Standing

Speed: 0 kmph

Grade: 0%

THR: 148 bpm

BP: 130/80 mmHg

STLevel(mm) STSlope(mV/s)

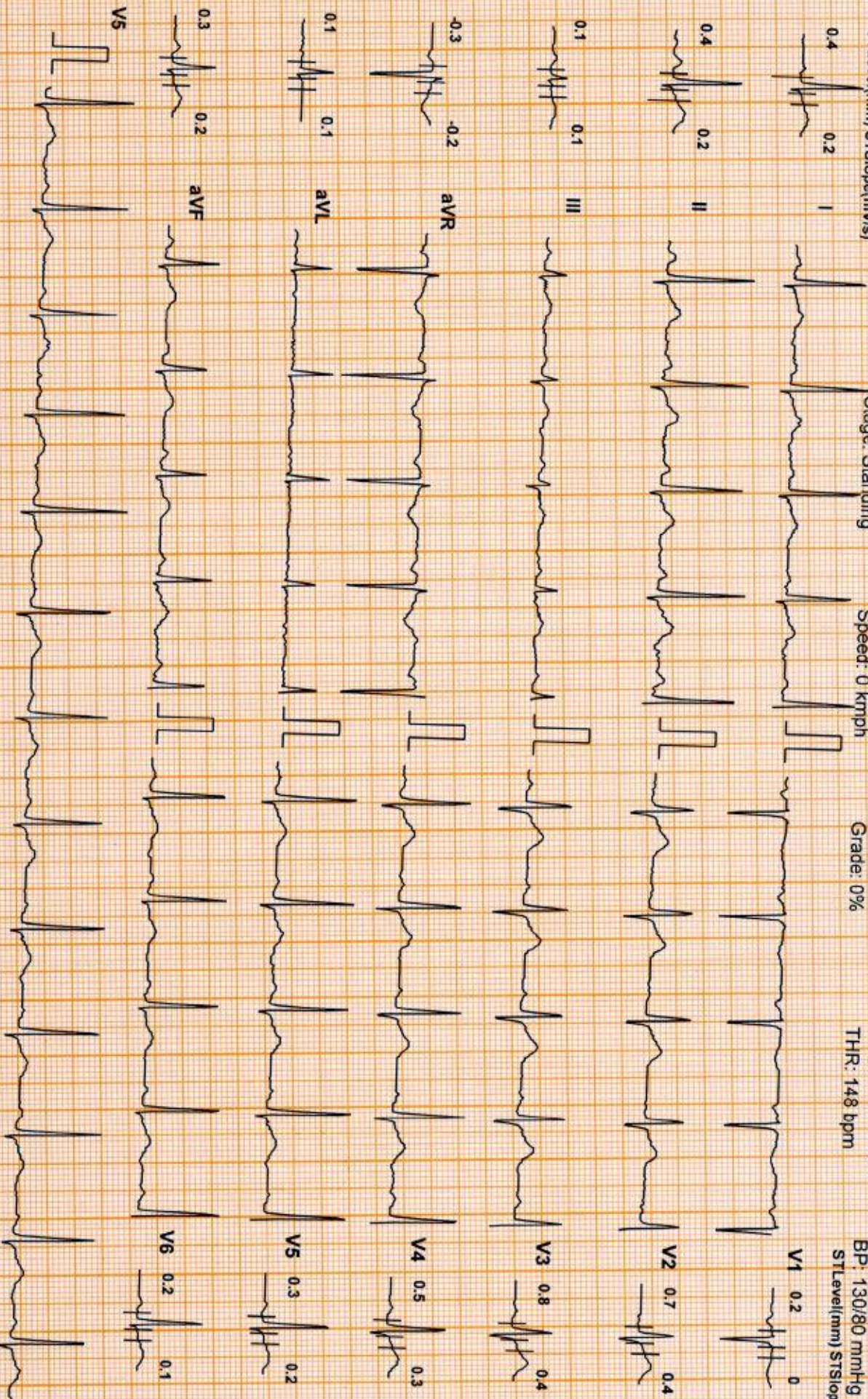


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version:3.5

DDRC AGILUS PATHLABS LT

ASHISH P S (35 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol

ID: XC005108

Date: 16-03-2024

Exec Time: 00:00

Stage Time: 00:38

HR: 96 bpm

STLevel(mV) STSlope(mV/s)

Stage: PreTest

Speed: 1.6 kmph

Grade: 0%

THR: 148 bpm

BP: 130/80 mmHg

STLevel(mV) STSlope(mV/s)

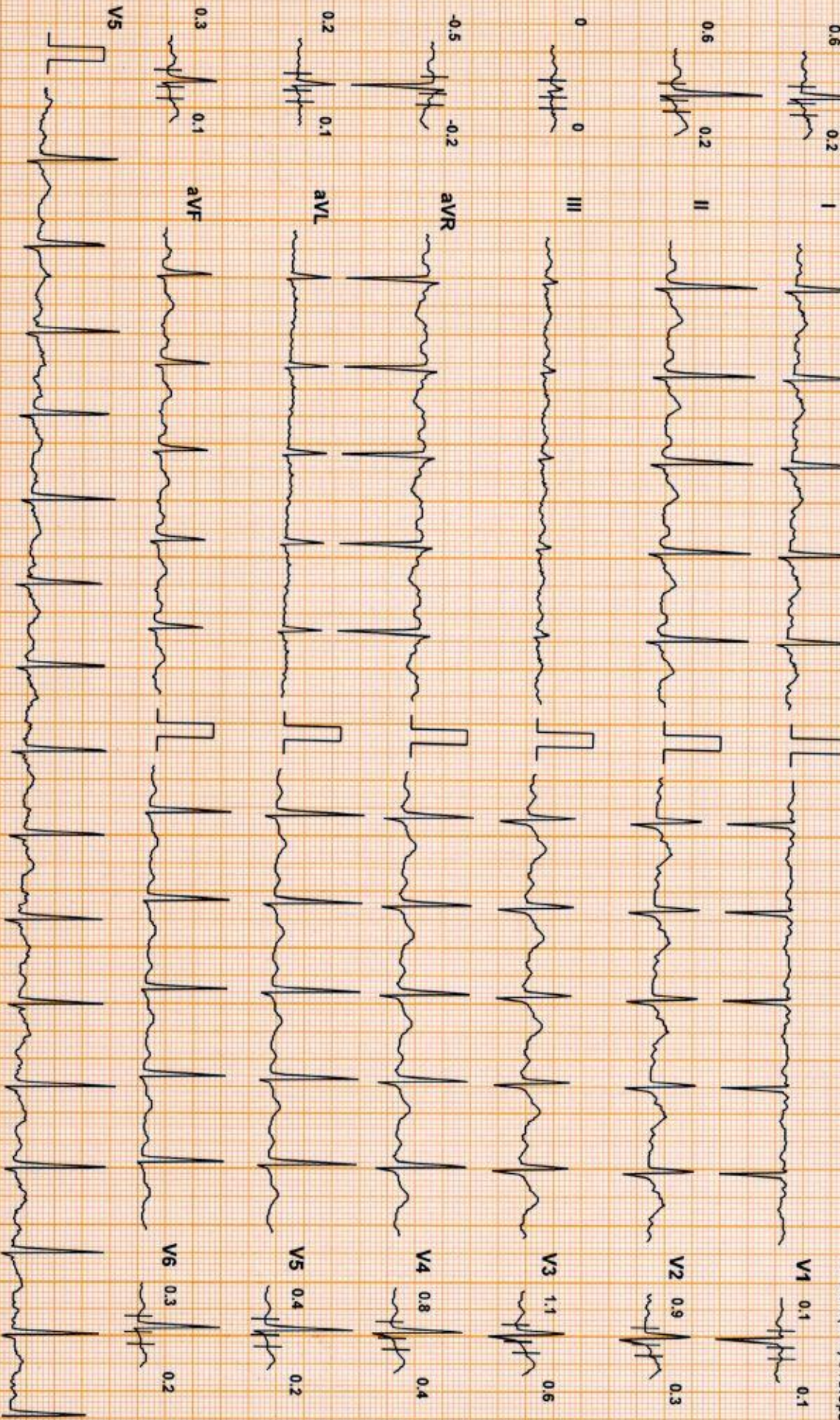


Chart Speed: 25 mm/sec Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R + 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardioit CS-10 Version:3.5

ASHISH P S (35 M)

Bruce Protocol

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

ID: XC005108

Date: 16-03-2024

Stage: 1

Speed: 2.7 kmph

Exec Time: 0:03:00

Grade: 10%

Stage Time: 03:00

THR: 148 bpm

HR: 127 bpm

BP: 130/80 mmHg

STLevel(mm) STSlope(mV/s)

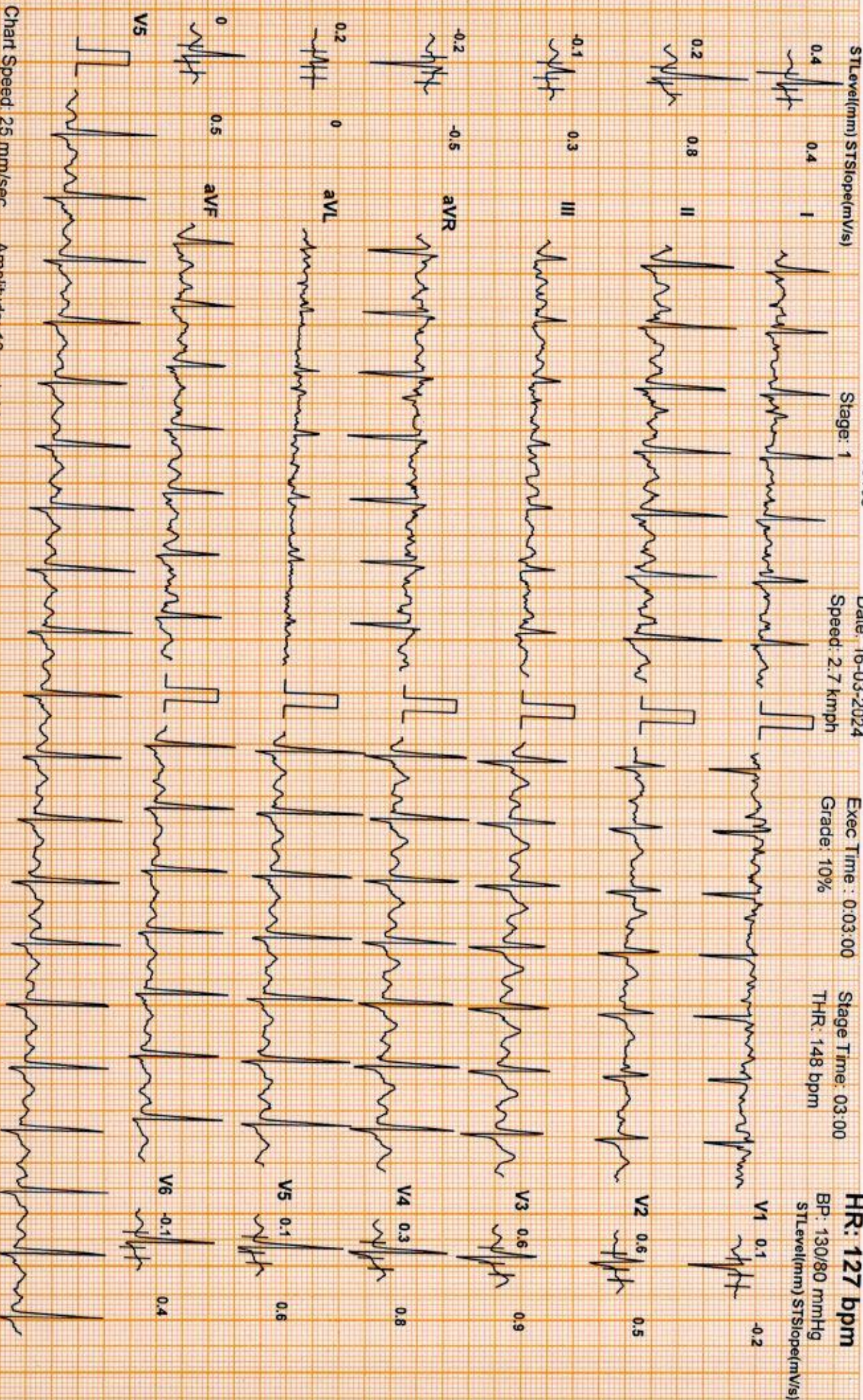


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

**ASHISH P S (35 M)**  
Bruce Protocol

**DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036**

ID: XC005108

STLevel(mm) STSlope(mV/s)

Stage: Peak Exercise Date: 16-03-2024

Speed: 4 kmph

Exec Time: 0:05:02

Grade: 12%

Stage Time: 02:02

HR: 140 bpm

BP: 130/80 mmHg

STLevel(mm) STSlope(mV/s)

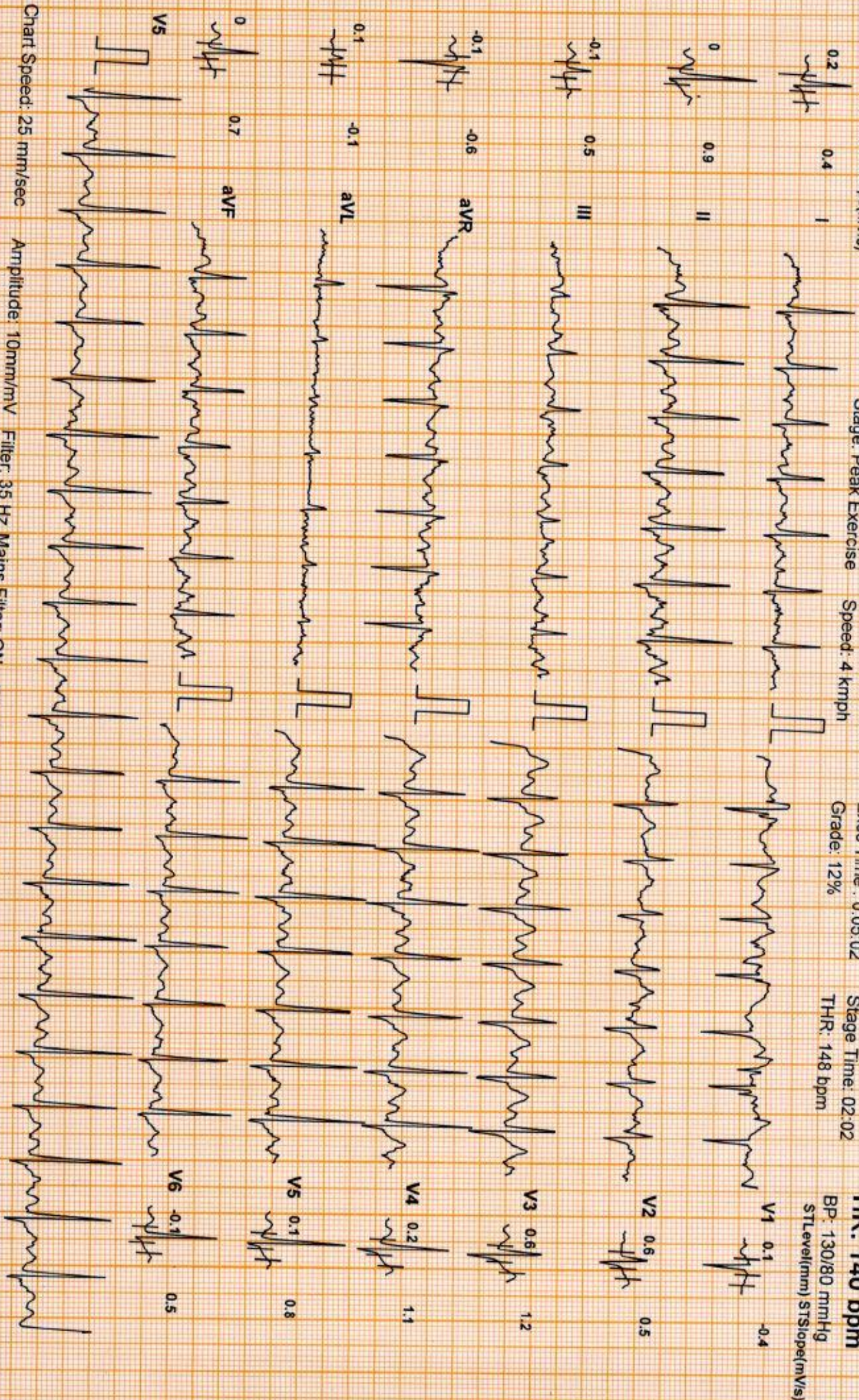


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R + 60 ms, J = R + 60 ms, Post J = J + 90 ms

ASHISH P S (35 M)

Bruce Protocol

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

ID: XC005108

Stage: Recovery<sup>1</sup>

Date: 16-03-2024

Speed: 0 kmph

Exec Time: 0:00:00

Grade: 0%

Stage Time: 01:00

THR: 148 bpm

HR: 108 bpm

BP: 160/80 mmHg

STLevel(mV) STSlope(mV/s)

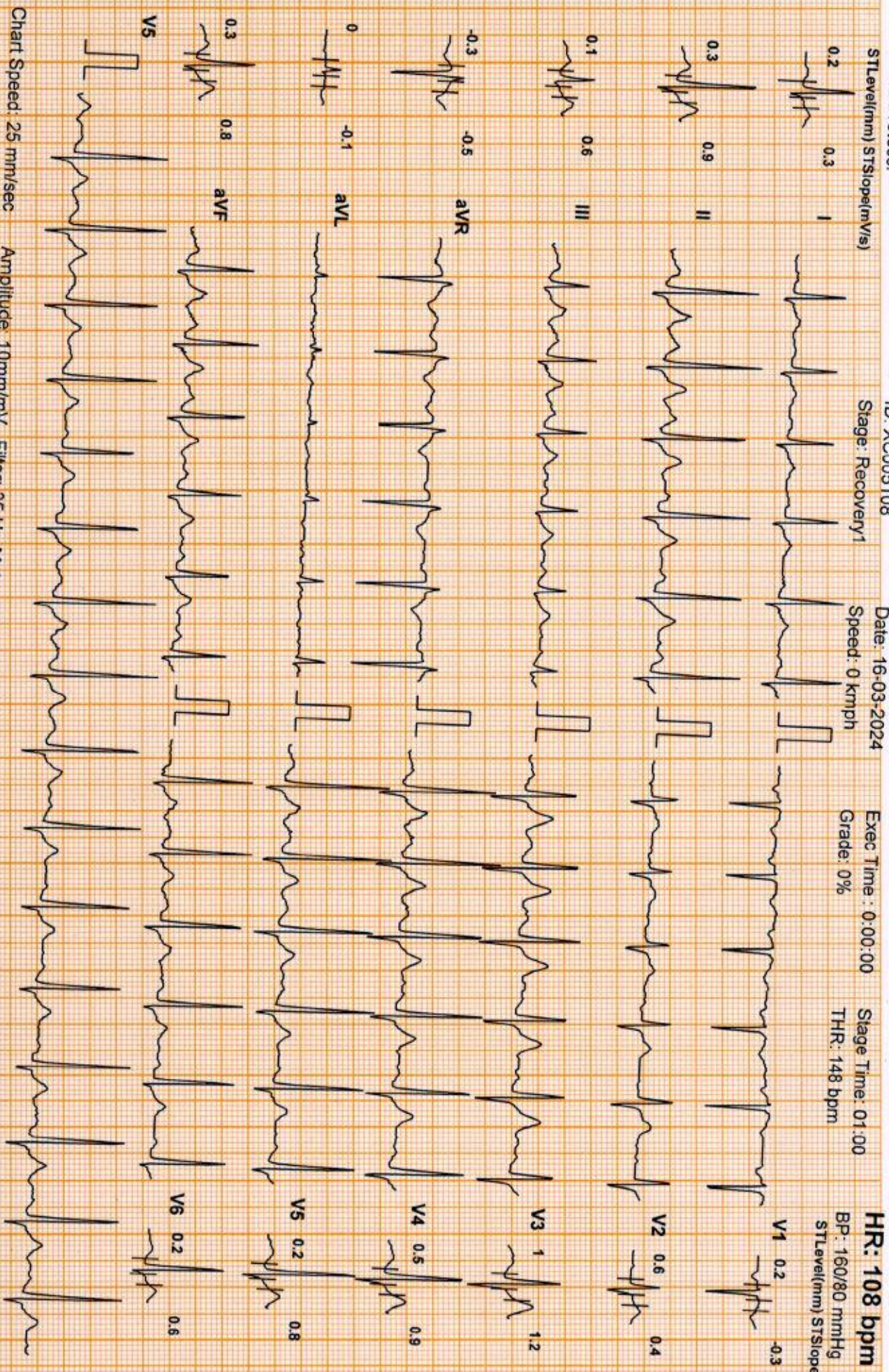


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

SO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

ASHISH P S (35 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol

ID: XC005108

STLevel(mV) STSlope(mV/s)

Stage: Recovery2

Date: 16-03-2024

Speed: 0 kmph

Exec Time : 0:00:00

Grade: 0%

Stage Time: 00:59

THR: 148 bpm

HR: 90 bpm

BP: 150/80 mmHg

STLevel(mV) STSlope(mV/s)

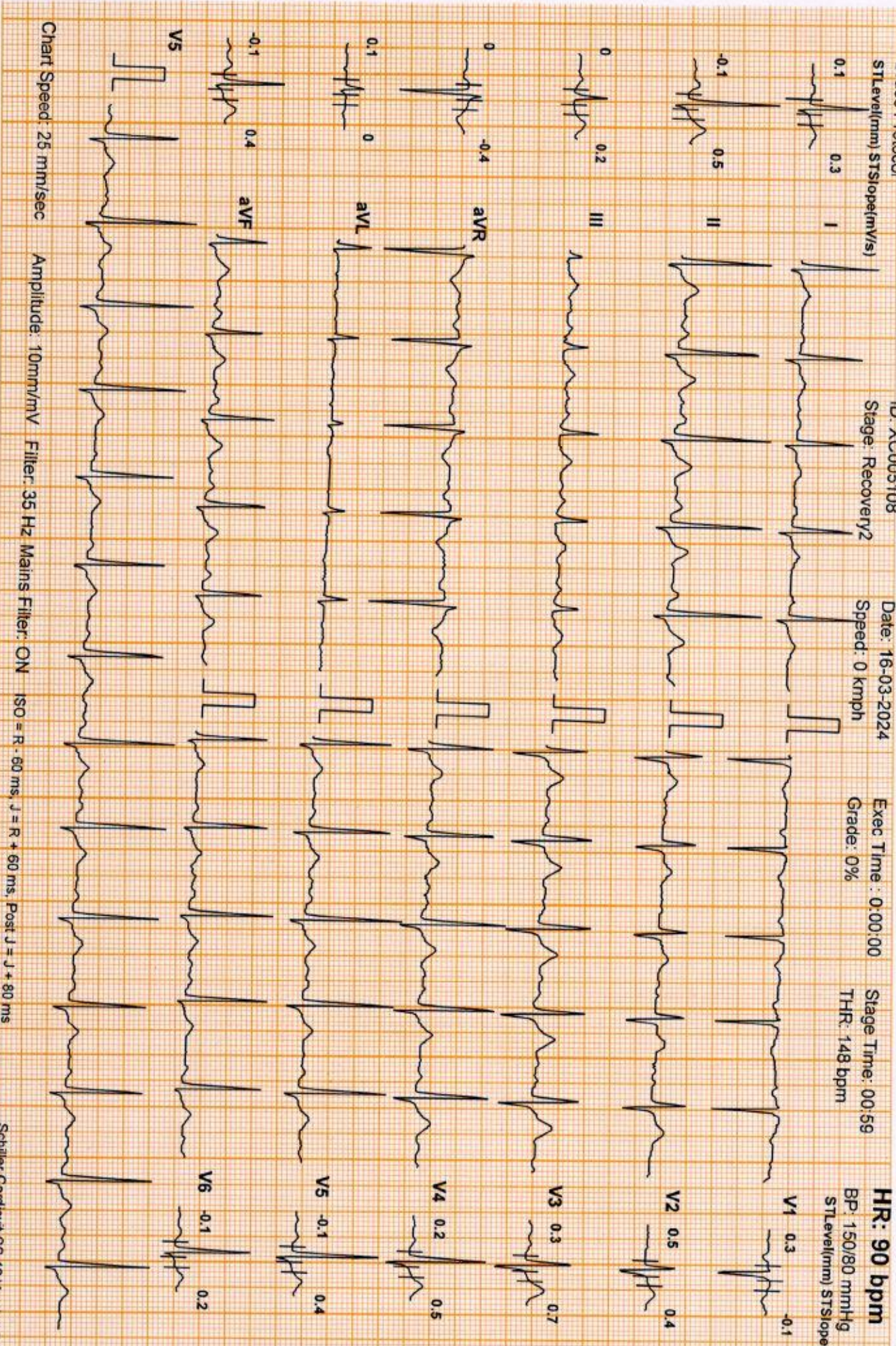


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

ASHISH P S (35 M)

DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

Bruce Protocol

ID: XC005108

Date: 16-03-2024

Exec Time : 0:00:00

Stage Time: 01:00

HR: 83 bpm

STLevel(mm) STSlope(mV/s)

Stage: Recovery3

Speed: 0 kmph

Grade: 0%

THR: 148 bpm

BP: 140/80 mmHg

STLevel(mm) STSlope(mV/s)

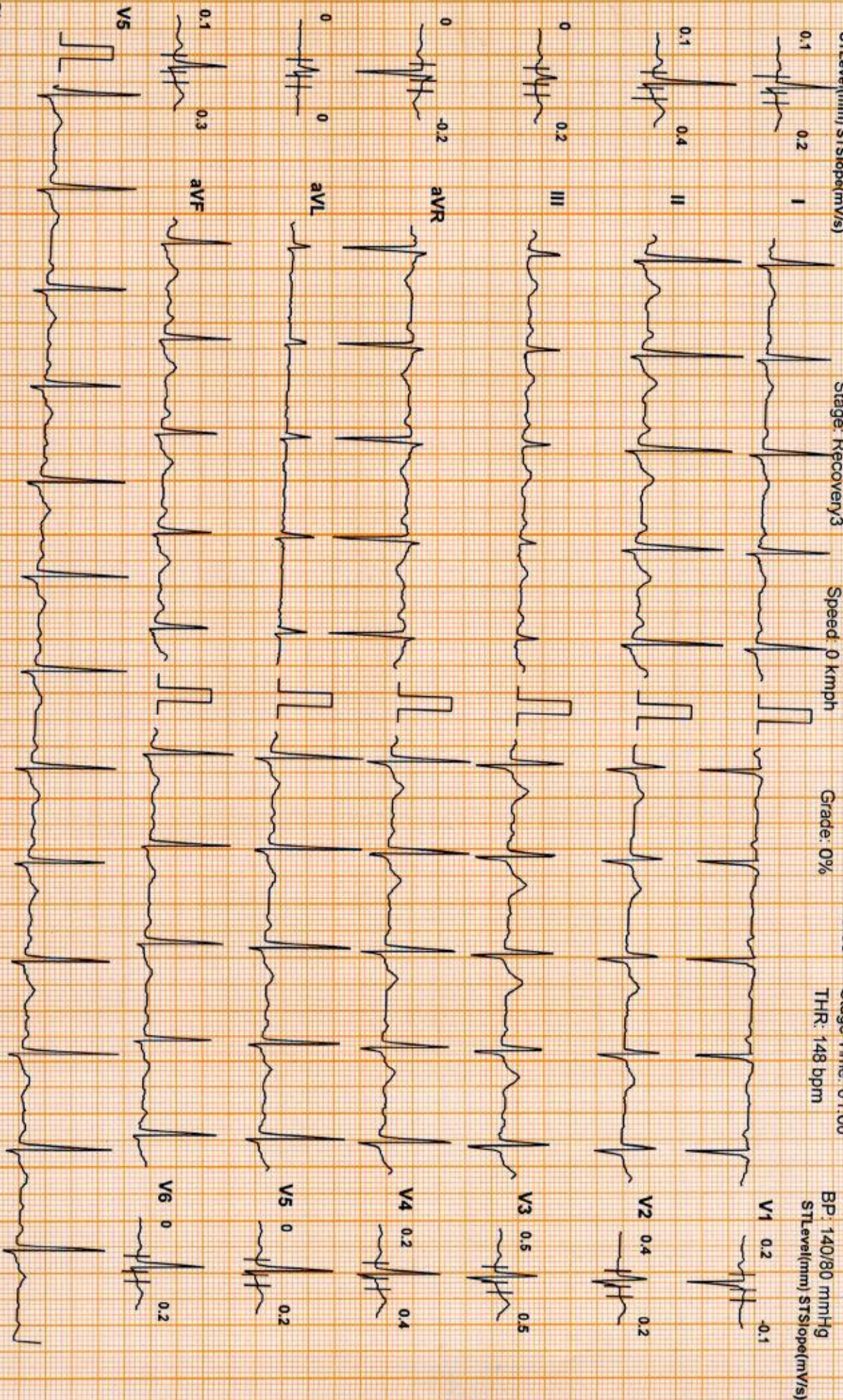


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version:3.5



DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

ASHISH P S (35 M)

HR: 83 bpm

Bruce Protocol  
STLevel(mm) STSlope(mV/s)

ID: XC005108  
Stage: Recovery4

Date: 16-03-2024  
Speed: 0 kmph

Exec Time: 0:00:00  
Grade: 0%

Stage Time: 00:25  
THR: 148 bpm

BP: 130/80 mmHg  
STLevel(mm) STSlope(mV/s)

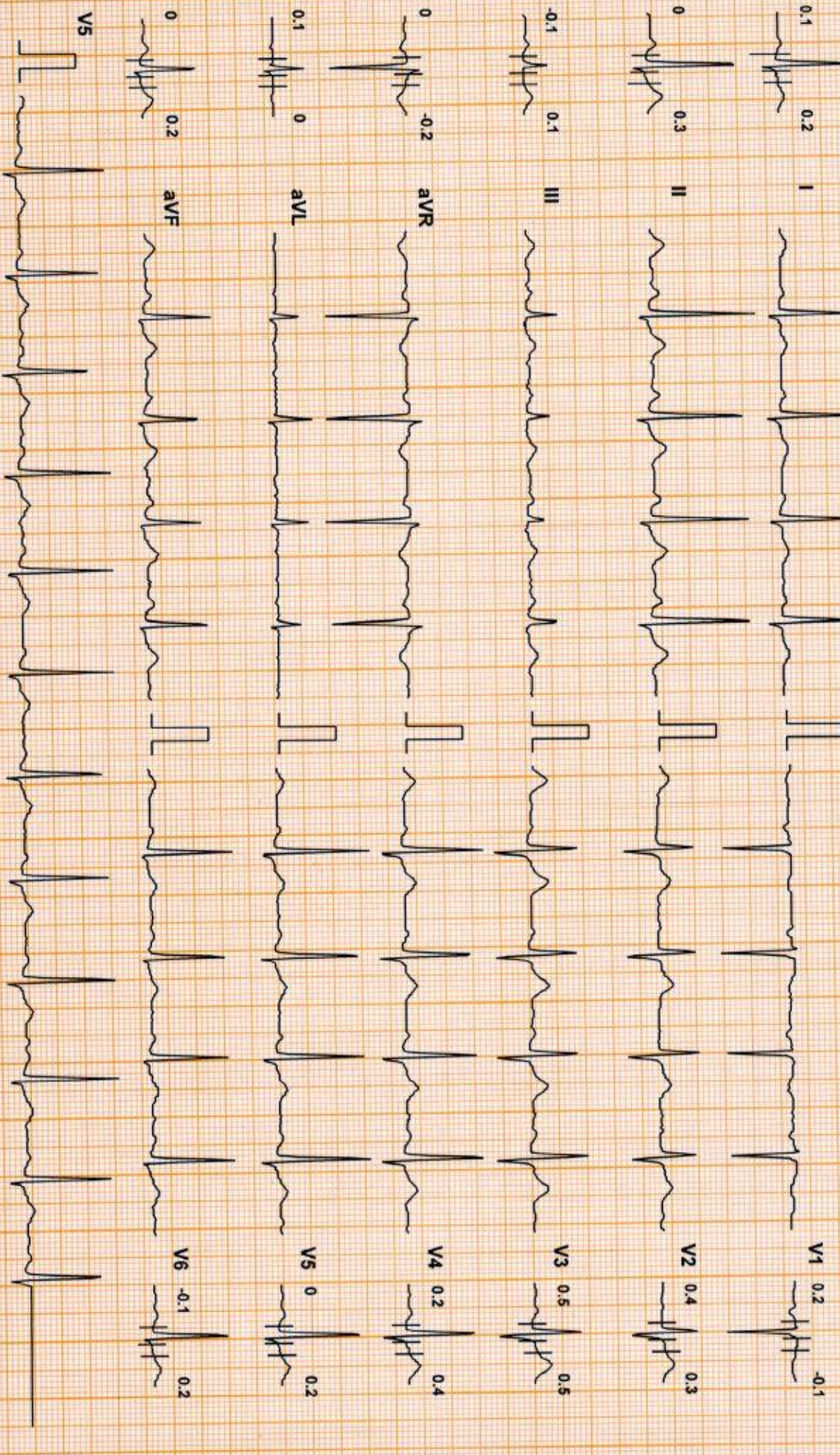


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovit CS-10 Version 3.5

# DDRC agilus diagnostics, Panampilly Nagar, Kochi 682036

**Name: ASHISH P S**

Date: 16-03-2024 Time: 12:11

Age: 35      Gender: M      Height: 163 cms      Weight: 75 Kg      ID: XC005108

Clinical History: NIL

Medications: NIL

### Test Details:

Protocol: Bruce      Predicted Max HR: 185      Target HR: 148 (80% of Pr. MHR)

Exercise Time: 0:05:02      Achieved Max HR: 140 (76% of Pr. MHR)

Max BP: 160/80      Max BP x HR: 22400      Max Mets: 5.9

Test Termination Criteria: Patient Fatigue

### Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:30	1	0	0	79	130/80	10270	0.8 V2	0.4 V2
Standing	00:38	1	0	0	81	130/80	10530	0.8 V3	0.4 V2
PreTest	01:58	1	1.6	0	107	130/80	13910	0.9 V3	0.5 I
Stage: 1	03:00	4.7	2.7	10	127	130/80	16510	0.6 V2	0.9 V3
Peak Exercise	02:02	5.9	4	12	140	130/80	18200	0.6 V2	1.2 V3
Recovery1	01:00	1	0	0	108	160/80	17280	1 V3	1.2 V3
Recovery2	00:59	1	0	0	90	150/80	13500	0.5 V2	0.7 V3
Recovery3	01:00	1	0	0	83	140/80	11620	0.5 V3	0.5 V3
Recovery4	00:25	1	0	0	83	130/80	10790	0.5 V3	0.5 V3

### Interpretation

The Patient Exercised according to Bruce Protocol for 0:05:02 achieving a work level of 5.9 METS. Resting Heart Rate, initially 79 bpm rose to a max. heart rate of 140bpm (76% of Predicted Maximum Heart Rate). Resting Blood Pressure of 130/80 mmHg, rose to a maximum Blood Pressure of 160/80 mmHg. No Angina, No Arrhythmia

- Fair effort tolerance.
- No significant ST changes on exercise
- Test negative for inducible ischemia at the attained HR
- To correlate clinically

  
**DR GEORGE THOMAS**  
 MD, FCSI, FIAF  
 CARDIOLOGIST

Ref. Doctor: MEDIWHEEL

Doctor: DR. GEORGE THOMAS

**SCHILLER**

The Art of Diagnostics



( Summary Report edited by User )  
Cardiovit CS-10 Version:3.5

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. <u>ASHISH P. S</u>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)):
3. Age/Date of Birth	:	<u>35, 18/03/1988</u> Gender: <u>F/M</u>
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

### PHYSICAL DETAILS:

a. Height <u>163</u> (cms)	b. Weight <u>75</u> (Kgs)	c. Girth of Abdomen <u>87</u> (cms)
d. Pulse Rate <u>72</u> (/Min)	e. Blood Pressure:	Systolic <u>130</u> Diastolic <u>90</u>
	1 <sup>st</sup> Reading	
	2 <sup>nd</sup> Reading	

### FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	<u>75</u>	/ NS	
Mother	<u>65</u>		
Brother(s)			
Sister(s)	<u>34</u>		

### HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
—	—	—

### PERSONAL HISTORY

- |   |   |
|---|---|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. <span style="float: right;">Y/N</span> | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? <span style="float: right;">Y/N</span> |
| b. Have you undergone/been advised any surgical procedure? <span style="float: right;">Y/N</span>   | d. Have you lost or gained weight in past 12 months? <span style="float: right;">Y/N</span>   |

### Have you ever suffered from any of the following?

- |  |   |
|--|---|
| • Psychological Disorders or any kind of disorders of the Nervous System? <span style="float: right;">Y/N</span> | • Any disorder of Gastrointestinal System? <span style="float: right;">Y/N</span>                               |
| • Any disorders of Respiratory system? <span style="float: right;">Y/N</span>                                    | • Unexplained recurrent or persistent fever, and/or weight loss <span style="float: right;">Y/N</span>          |
| • Any Cardiac or Circulatory Disorders? <span style="float: right;">Y/N</span>                                   | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports <span style="float: right;">Y/N</span> |
| • Enlarged glands or any form of Cancer/Tumour? <span style="float: right;">Y/N</span>                           | • Are you presently taking medication of any kind? <span style="float: right;">Y/N</span>                       |
| • Any Musculoskeletal disorder? <span style="float: right;">Y/N</span>   |   |

• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

**FOR FEMALE CANDIDATES ONLY** NA

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

- Was the examinee co-operative? Y/N
- Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? Y/N
- Are there any points on which you suggest further information be obtained? Y/N
- Based on your clinical impression, please provide your suggestions and recommendations below;

*Medical consult*

➤ Do you think he/she is **MEDICALLY FIT** or **UNFIT** for employment.

~~UNFIT~~

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

**Dr. GEORGE THOMAS**  
MD, FCSI, FIAE  
**MEDICAL EXAMINER**  
Reg: 86614

Seal of Medical Examiner :

Name & Seal of DDRC SRL Branch :



Date & Time :

18/5/2019