

Name : Mrs. SWAPNA NANDY (63 /F)

Date : 26/10/2024

Address : MADHYAMGRAM STATION ROAD, NORTH 24 PARGANAS, NORTH 24 PARGANAS,  
WEST BENGAL, INDIA

Examined by: Dr .SHARMISTHA MALLIK

UHID : AMHL.0002443016

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH224161



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma

Diabetes mellitus - type 2; Since - 7 yrs; Medication - regular

Hypertension Since - 7 yrs; Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:26/10/2024



## SYSTEMIC REVIEW

### Cardiovascular system

High blood pressure - yes; Medication - yes

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

No of Children - 1; Last child birth - 37 yrs;  
Deliveries - normal vaginal delivery; Menopause - yes

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

Right ear - discharge, itching

### Musculoskeletal system

Spine and joints  
Back (lower) - pain; Knee (bilateral) - pain

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- names not known; Compliance - regular



### Past medical history

Past medical history - nil significant



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - has expired  
Mother - alive  
Diabetes - mother  
Hypertension - mother  
Coronary artery disease - none  
Cancer - father

## PHYSICAL EXAMINATION



### General

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Build - obese  
Height - 153  
Weight - 80  
BMI - 34.17  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 70  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 151  
Diastolic(mm of Hg) - 88  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

### Ophthalmology consultation

Ophthalmology findings - OCULAR MOVEMENTS:  
(RE):FULL (LE):FULL  
ANTERIOR SEGMENTS:  
(RE):EARLY CHANGES  
(LE):EARLY CHANGES  
VISUAL ACUITY  
DISTANCE:WITHOUT  
GLASS (RE):6/12P(NI)  
(LE):6/9P(NI) VISUAL  
ACUITY NEAR:WITHOUT  
GLASS (RE):N10 (LE):N10  
ADVICE:\*Detail  
funduscopy\*Review after  
1yr/SOS

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM**

Test Name	Result	Unit	Level	Range
Hemoglobin	10.5 *	g/dl	●	12.0-15.0
RBC COUNT	3.75 *	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	33.1 *	%	●	36-46
MCV	88.2	fl	●	83-101
MCH	27.9	pg	●	27-32
MCHC	31.6	%	●	31.5-34.5
RDW	15.5 *	%	●	11.8-14.0
WBC Count	4000	/cu mm	●	4000-10000
Platelet Count	1.62	lacs/cu mm	●	1.5-4.0
Neutrophils	60	%	●	40-80
Lymphocytes	34	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			

**ERYTHROCYTE SEDIMENTATION RATE (ESR)**

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	31 *	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	60	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	0-1
Casts:	Not Found
Crystals:	Not Found

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**ALT(SGPT) - SERUM**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	23	U/L	●	0-35

**ALBUMIN - SERUM**

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.0	g/dL	●	3.5-5.1

**ALKALINE PHOSPHATASE - SERUM**

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	89	U/L	●	53-141

**AST (SGOT) - SERUM**

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	25	U/L	●	0-35

**BILIRUBIN, TOTAL - SERUM**

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	1.2	mg/dL	●	0.3-1.2

**CHOLESTEROL - SERUM**

Test Name	Result	Unit	Level	Range
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CHOLESTEROL - SERUM 208 \* mg/dL ● 0-200

Non-HDL Cholesterol 158

LDL CHOLESTEROL -SERUM 142 \* mg/dL ● 0-100

VLDL CHOLESTEROL - SERUM (Calculated) 16 mg/dL ● 0-35

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.2

**PROTEIN TOTAL - SERUM**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.1	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.3		●	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6

**GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	17	U/L	●	0-38

**TOTAL T3: TRI IODOTHYRONINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence)	1.19	ng/ml	●	0.87-1.78

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	101 *	mg/dL	●	70-99

**TOTAL T4: THYROXINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM (Chemiluminescence)	13.83	µg/dL	●	5.48-14.28

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	206 *	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.7 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**TRIGLYCERIDES - SERUM**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	126	mg/dL	●	0-150

**TSH: THYROID STIMULATING HORMONE - SERUM**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence)	2.79	µIU/mL	●	0.38-5.33

**HDL CHOLESTEROL - SERUM**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	50	mg/dL	●	30-70
TC/HDL-C ratio serum	4 *		●	Optimal<3.5

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.2 *	mg/dL	●	2.4-5.7

**LDL CHOLESTEROL -SERUM**

Test Name	Result	Unit	Level	Range
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**BILIRUBIN CONJUGATED (DIRECT) - SERUM**

Test Name	Result	Unit	Level	Range
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BILIRUBIN 0.2 mg/dL ● 0.0-0.2  
CONJUGATED  
(DIRECT) - SERUM

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	14.95	mg/dL	●	7.0-18.0

### BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	18.68			

### PAP SMEAR /CERVICAL SMEAR

Ref No:  
AG01.C2408560  
SPECIMEN TYPE:  
Conventional cervical smear (Papanicolaou stain) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation without endocervical cells.  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy,with no organism  
\*  
Moderate inflammation is present.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. KHWAJA KAMRUDDIN  
DMRD, DNB RESIDENT  
Reg. No. 62704 (WBMC)

DR. DEBASISH DATTA  
DMRD (RADIODIAGNOSIS) CONSULTANT  
RADIOLOGIST Reg. No. 42727 (WBMC)

### X-RAY CHEST PA

\* Chest skiagram does not reveal any significant abnormality.

### X-RAY MAMMOGRAPHY BILATERAL (MHC)

Right Breast - BIRADS 1  
Left Breast - BIRADS 1

BIRADS Category:

0. Requires additional evaluation
1. Negative
2. Benign findings
3. Intermediate
4. Suspicious malignancy
5. Highly suggestive of malignancy
- 6: ( Histo-pathologically proven )

---END OF THE REPORT---

DR. DEEPTI MADHU CECIL  
MD (RADIODIAGNOSIS)  
Sr. CONSULTANT RADIOLOGIST  
Reg. No 98342 (WBMC)

### ECG

SINUS RHYTHM.  
LEFT AXIS DEVIATION.  
LOW VOLTAGE QRS.  
INCOMPLETE RIGHT BUNDLE BRANCH BLOCK.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Biochemistry

A/G - RATIO

### CARDIOLOGY

TREADMILL TEST / STRESS TEST

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Printed By :

**Dr.SHARMISTHA MALLIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

Moderate Risk

**YOUR SCORE**

12

**ACCEPTABLE SCORE**

8

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**