



Name : Mrs. VANDANA YOGESH BHANGARE (39 F) [apollohospitals.com](http://apollohospitals.com)

Date : 09/01/2024

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA [www.askapollo.com](http://www.askapollo.com)

Examined by :

UHID : MHN1.0000158438

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH38153



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer



## Family history

Father - alive  
Aged - 62  
Mother - alive  
Aged - 58  
Brothers - 2  
Coronary artery  
disease - none  
Cancer - None



## DRUG ALLERGY

NO KNOWN ALLERGY

:09/01/2024



## SYSTEMIC REVIEW

**Cardiovascular system**  
- Nil Significant



## Past medical history

Do you have any - No  
allergies?



## Surgical history

Surgical history - Nil

## Immunization history

- Covid Dose1, Covid Dose2



## Personal history

Marital status - Married  
No. of children - 1  
Diet - Mixed Diet  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active  
- level ground walking

## PHYSICAL EXAMINATION



### General

Height - 165  
Weight - 78  
BMI - 28.65  
Pallor - No  
Oedema - no  
SpO2 - 98



### Cardiovascular system

Heart rate (Per minute) - 69  
Rhythm - Regular  
Systolic(mm of Hg) - 110  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds



### Abdomen

Organomegaly - No  
Tenderness - No

Printed By : Ajay Murlidhar Bachhav



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QFAHN/BILL/003/V1

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### URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.025		●	1.018-1.026
Color:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein:	Negative			
pH	5.0		●	4.6-8
Blood:	TRACE-LYSED			
Ketone	Negative			
B <sup>12</sup> Pigments:	Negative			
Bile Salts:	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	0-2	/hpf		0-2
WBC/Pus Cells	1-3/HPF	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	6-8/HPF	/hpf		

Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15	mm/1st hr	●	0-20

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	16 *	U/L	●	30-65
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.6	g/dL	●	1.8-3.8
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.2		●	1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	63	U/L	●	0-100
AST (SGOT) - SERUM	26	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

### C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	12.5	g/dl	●	11.0-16.0
Haematocrit	38.3	%	●	34.0-48.0
RBC COUNT	4.45	Million/ ul	●	3.7-5.6
H	81.5	f	●	75.0-95.0
MCH	28.2	pg	●	26.0-32.0
MCHC	34.5	g/dl	●	31.0-36.0
RDW	14.5	%	●	11-16
Platelet Count(Optical/Impedance)	237	10 <sup>3</sup> /m <sup>3</sup>	●	140-440
TLC Count	5.72	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	54	%	●	40-75
Lymphocytes	36	%	●	20-45
Eosinophils	05	%	●	1-6
Monocytes	05	%	●	1-10

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	124	mg/dL	●	0-200

### CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.8	mg/dL	●	0.6-1.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range



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(33 /F)

Date

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH38153

GGTP: GAMMA  
GLUTAMYL  
TRANSPETIDASE -  
SERUM 40 U/L ● 0-50

TOTAL T3: TRI  
IODOTHYRONINE -  
SERUM 129 ng/dL ●  
Healthy Adults:  
69 - 215  
Pregnant  
Women:  
1st  
Trimester: 121-  
308  
2nd & 3rd  
Trimesters: 152-  
362

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	99	mg/dL	●	70-100

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (3T PRANDIAL)	103	mg/dL	●	70-140

TOTAL T4:  
THYROXINE - SERUM 6.9 µg/dL ●  
Healthy Adults:  
5.2 - 12.7  
Pregnancy: 1st  
Trimester: 7.8 -  
16.2  
2nd & 3rd  
Trimesters: 9.1  
- 18.3

**GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.9	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	132.7400	mg/dL		

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	105	mg/dL	●	0-150
VLDL SERUM-CALCULATED	21.0000			

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	31 *	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.0		●	0.0-4.5
LDL Cholesterol (Direct LDL)	116	mg/dL		

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.8	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters): 0.2 -3.5

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.9	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	7.9	g/dL	●	6.4-8.2

**UREA - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	30	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	14	mg/dL	●	7-18

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
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**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.2	mg/dL	●	2.6-6.0

● Within Normal Range    ● Borderline High/Low    ● Out of Range



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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.4	mg/dL	●	0.0-0.7

### CARDIAC STRESS TEST - (TMT)

#### ECG

#### ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

Suggest : Clinical correlation.

#### X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

#### STOOL ROUTINE

#### Histopathology

#### CERVICAL/VAGINAL SMEAR II SLIDE



● Within Normal Range    ● Borderline High/Low    ● Out of Range

Bhangar, Vandana

ID:

DOB:

33yr, Female

9-Jan-2024 09:25:44

SINUS RHYTHM

NORMAL ECG

UNCONFIRMED REPORT

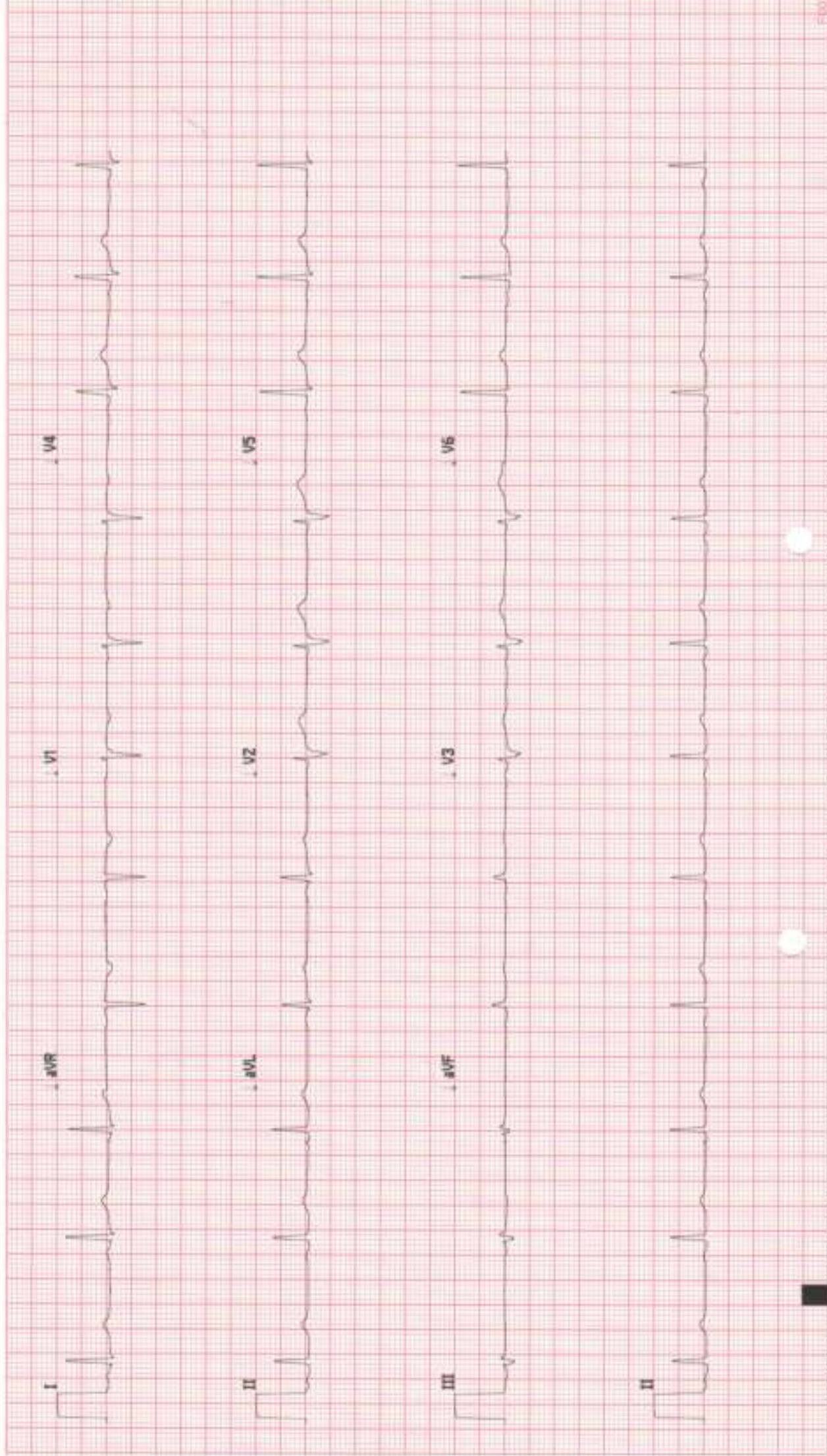
Heart rate: 61 BPM

PR int: 156 ms

QRS dur: 94 ms

QT/QTc: 405/408 ms

P-R-T axes: 41 28 28



112500188213


No Site Name

Site # 0 Cart # 2 Version 2.0.4.0 Sequence #28033 25mm/s 10mm/mV 0.05-40 Hz

F501



### Radiology

**Patient Details** : Mrs. VANDANA YOGESH BHANGARE | Female | 33Yr 0Mth 0Days  
**UHID** : MHN1.0000158438 **Patient Location:** AHC  
**Patient Identifier:** NSKAH38153   
**DRN** : 224000627 **Completed on :** 09-JAN-2024 12:19  
**Ref Doctor** : Dr. Rajashri Dhongade

### ULTRASOUND - WHOLE ABDOMEN

**LIVER** : Normal in size and measures 14cm. Echotexture is uniform and normal.  
No I.H.B.D./ focal lesions.

**PORTAL VEIN**: Normal in size.

**GALL BLADDER**: Well distended with normal walls and lumen. No calculi/  
pericholecystic fluid.

**COMMON BILE DUCT**: Normal in size.

**PANCREAS** : Visualized portion of head and body of pancreas appears normal in size and  
echotexture. Rest of the pancreas is obscured due to bowel gases.

**AORTA, IVC and para aortic areas** are normal.

**SPLEEN** : Normal in size (9.6cm) and echotexture.

**KIDNEYS**: Both kidneys are normal in site, size and echotexture.  
No evidence of calculi/ hydronephrosis.  
Right kidney measures : 10.8 x3.6cm.  
Left kidney measures : 10.3 x4.5cm.

**URINARY BLADDER**: Well distended with normal walls.  
No evidence of calculi/ growth/ diverticula.

**UTERUS**: Anteverted. Normal in size and echotexture.  
Combined endometrial thickness is normal and measures 9mm.



Mrs. VANDANA YOGESH BHANGARE

MHN1.0000158438

NSKAH38153

**ULTRASOUND - WHOLE ABDOMEN**

**OVARIES:**

Right ovary volume - 9cc.

Left ovary volume - 8cc.

Normal in size and echotexture.

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

**Impression**

No significant abnormality is detected.

Suggest : Clinical correlation.

— END OF THE REPORT —


POOJA RAVINDRA KEMBHAVI

Consultant- Radiology

**Apollo**  
HOSPITALS  
**NASHIK**



### Radiology

**Patient Details** : Mrs. VANDANA YOGESH BHANGARE | Female | 33Yr 0Mth 0Days  
**UHID** : MHN1.0000158438      **Patient Location:** AHC  
**Patient Identifier:** NSKAH38153        
**DRN** : 124001294      **Completed on :** 09-JAN-2024 09:12  
**Ref Doctor** : Dr. Rajashri Dhongade

### X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

#### **Impression**

No significant abnormality is detected.

— END OF THE REPORT —

  
POOJA RAVINDRA KEMHAVI

Consultant- Radiology





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Apollo  
HOSPITALS  
NASHIK

Pt. name - Vandana Bhangar

Age - 33 years

Sex - F

O/E - # H/O restoration  $\bar{c}$   $\frac{6}{6}$

stains +  
calculus +

Adv. IOPA  $\bar{c}$   $\frac{6}{6}$  and scaling  $\bar{c}$  both the  
arches

APOLLO  
HOSPITALS  
NASHIK

*[Signature]*



**OPHTHALMOLOGY**



Name: Mrs. Vandana Bhargava Date: 29/01/24 UNIT \_\_\_\_\_  
 Occupation: \_\_\_\_\_ Room No. \_\_\_\_\_ Out Patient   
 Age: 33 Sex: Male  Female  S/M/W/D Ref. Physician: \_\_\_\_\_  
 Address: Nashik Copies to: \_\_\_\_\_  
 Tel. No. \_\_\_\_\_

**REPORT ON OPHTHALMIC EXAMINATION**

HISTORY: \_\_\_\_\_

PRESENT COMPLAINT: No Complaint

PAST HISTORY: DM / HTN / ALLERGY

**ON EXAMINATION**

VISION:

RE: 6/6 LE: 6/6  
 RIGHT LEFT

	PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST									
NEAR									

AR / Retinoscopy:

RIGHT			LEFT		
SPH	CYL	AXIS	SPH	CYL	AXIS
-			+	-	
0.25			0.25	0.25	180°

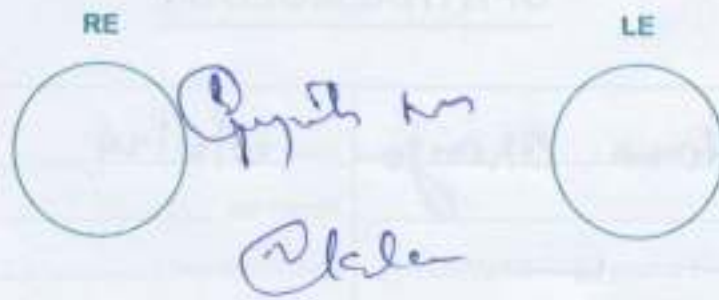
Refraction or Acceptance:

	RIGHT				LEFT			
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST				6/6				6/6
NEAR				N/A				N/A

Color vision Normal

CONSULTANT OPTOMETRIST

Anterior Segment :

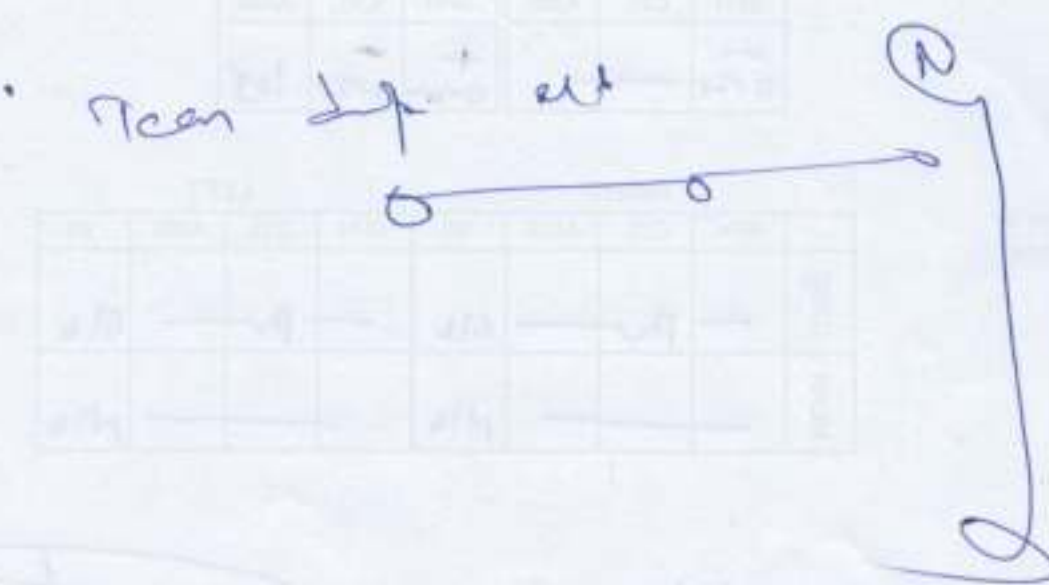


Fundus :



Diagnosis :


Advise / Rx :



BRUCE  
 Total Exercise time: 8:08  
 Max HR 181bpm 96% of max predicted 187bpm  
 Max BP 140/70 Maximum workload 10.1METS

25.0 mm/s  
 10.0 mm/mV  
 100hz

ID: 000158438  
 Visit: 9-Jan-2024  
 12:35:59

33years

Asian

Female

Referred by:  
 Test ind:

Reason for Termination:  
 Comments:

Stage Name	Time in Stage	Speed (mph)	Grade (%)	Work Load (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PREFEST	0:59	***	***	1.0	74	110/70	81
	0:18	***	***	1.0	79	110/70	87
	0:30	0.4	0.0	1.0	72	110/70	79
EXERCISE	3:00	1.7	10.0	4.8	120	110/70	132
	3:00	2.5	12.0	7.0	159	130/70	207
	2:08	3.4	14.0	10.1	181	130/70	235
RECOVERY	3:19	***	***	1.0	100	140/70	140

No significant ST-T changes

TMT Negative R-511