

Patient Name : Mr.ROHAN SUHAS REGE
Age/Gender : 34 Y 4 M 25 D/M
UHID/MR No : STAR.0000065657
Visit ID : STAROPV73733
Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 0992014455

Collected : 03/Oct/2024 08:22AM
Received : 03/Oct/2024 10:48AM
Reported : 03/Oct/2024 01:17PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

Methodology : Microscopic

RBC : Normocytic normochromic


WBC : Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate on smear.

Parasites : No Haemoparasites seen

IMPRESSION : Normocytic normochromic blood picture

Note/Comment : Please Correlate clinically


DR. APEKSHA MADAN
MBBS, DPB
PATHOLOGY



Patient Name : Mr.ROHAN SUHAS REGE
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DEPARTMENT OF HAEMATOLOGY


ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	14.2	g/dL	13-17	CYANIDE FREE COLOUROMETER
PCV	43.00	%	40-50	PULSE HEIGHT AVERAGE
RBC COUNT	4.96	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	86.6	fL	83-101	Calculated
MCH	28.6	pg	27-32	Calculated
MCHC	33	g/dL	31.5-34.5	Calculated
R.D.W	11.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,080	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	51	%	40-80	Electrical Impedance
LYMPHOCYTES	40	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	07	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	2590.8	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2032	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	101.6	Cells/cu.mm	20-500	Calculated
MONOCYTES	355.6	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	1.28		0.78- 3.53	Calculated
PLATELET COUNT	187000	cells/cu.mm	150000-410000	IMPEDENCE/MICROSCOPY
ERYTHROCYTE SEDIMENTATION RATE (ESR)	08	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

Methodology : Microscopic

RBC : Normocytic normochromic

Page 2 of 9



DR. APEKSHA MADAN
MBBS, DPB
PATHOLOGY



SIN No:BED240234673

Apollo Speciality Hospitals Private Limited

(Formerly known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

Address:

156, Famous Cine Labs, Behind Everest Building, Tardeo (Mumbai Central), Mumbai, Maharashtra
Ph: 022 4332 4500

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DR. APEKSHA MADAN
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PATHOLOGY

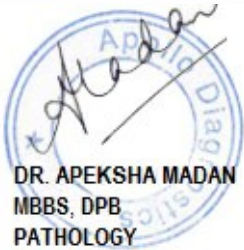


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Age/Gender : 34 Y 4 M 25 D/M	Received : 03/Oct/2024 10:48AM
UHID/MR No : STAR.0000065657	Reported : 03/Oct/2024 02:51PM
Visit ID : STAROPV73733	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 0992014455	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	AB			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination

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Collected : 03/Oct/2024 08:22AM
Received : 03/Oct/2024 10:48AM
Reported : 03/Oct/2024 11:42AM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	102	mg/dL	70-100	GOD - POD

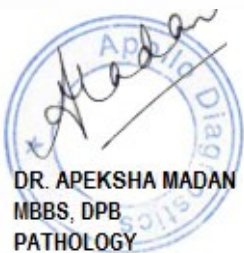
Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.



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Collected : 04/Oct/2024 10:54AM
Received : 04/Oct/2024 11:14AM
Reported : 04/Oct/2024 12:11PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

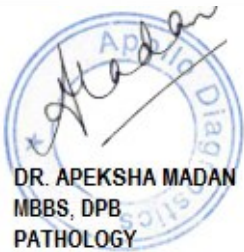
DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	104	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.
Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM	14	U/L	4-44	JSCC

Comment:

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes.

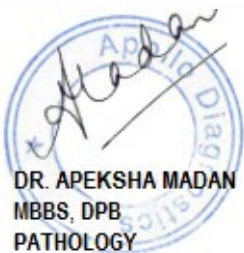
ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear.

The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Interval	Method
BILIRUBIN, TOTAL , SERUM	0.30	mg/dL	0.1-1.2	Azobilirubin

Test Name	Result	Unit	Bio. Ref. Interval	Method
BUN/CREATININE RATIO , SERUM				
BLOOD UREA NITROGEN	11.0	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.83	mg/dL	0.6-1.1	ENZYMATIC METHOD
BUN / CREATININE RATIO	13.23			Calculated

Test Name	Result	Unit	Bio. Ref. Interval	Method
CREATININE , SERUM	0.83	mg/dL	0.6-1.1	ENZYMATIC METHOD



DR. APEKSHA MADAN
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PATHOLOGY



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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

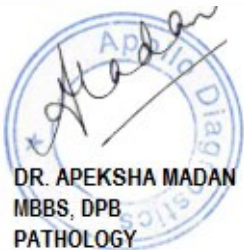
Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical Measurement
pH	6.5		5-7.5	Double Indicator
SP. GRAVITY	1.020		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator
GLUCOSE	NEGATIVE		NEGATIVE	Glucose Oxidase
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside
UROBILINOGEN	NORMAL		NORMAL	Modified Ehrlich Reaction
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	0-1	/hpf	<10	Microscopy
RBC	ABSENT	/hpf	0-2	Microscopy
CASTS	NIL		0-2 Hyaline Cast	Microscopy
CRYSTALS	ABSENT		ABSENT	Microscopy

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.

*** End Of Report ***

Page 8 of 9



DR. APEKSHA MADAN
MBBS, DPB
PATHOLOGY



SIN No:UR2415005

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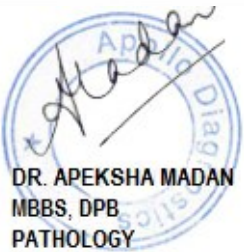
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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324


DR. APEKSHA MADAN
MBBS, DPB
PATHOLOGY



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TERMS AND CONDITIONS GOVERNING THIS REPORT

The reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitations of technologies.


Laboratories not be responsible for any interpretation whatsoever.

It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of the particulars have been cleared out by the patient or his / her representative at the point of generation of said specimen.

The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient.

Assays are performed in accordance with standard procedures, The reported results are dependent on individual assay methods / equipment used and quality of specimen received.

This report is not valid for medico legal purposes.


DR. APEKSHA MADAN
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PATHOLOGY



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Address:

156, Famous Cine Labs, Behind Everest Building,
Tardeo (Mumbai Central), Mumbai, Maharashtra
Ph: 022 4332 4500

Patient is coming for opthal consultation on on 05/10/24.

Customer Care

From: noreply@apolloclinics.info
Sent: 30 September 2024 14:18
To: network@mediwheel.in
Cc: cc.tardeo@apollospectra.com; syamsunder.m@apollohl.com
Subject: Your appointment is confirmed



Dear Rohan Rege,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **SPECTRA TARDEO clinic** on **2024-10-01** at **08:00-08:15**.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL PMC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to be followed for a health check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.

2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.
3. Please bring all your medical prescriptions and previous health medical records with you.
4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any health check during menstrual cycle.

For further assistance, please call us on our Help Line #: 1860 500 7788.

Clinic Address: FAMOUS CINE LABS,156, PT.M.M.MALVIYA RAOD,TARDEO,MUMBAI,400034 .

Contact No: 022 - 4332 4500.

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Warm Regards,
Apollo Clinic

निर्वाह / OBSERVATION

निर्वाह सेवा / MISCELLANEOUS SERVICE

पिता / कानूनी अभिभावक का नाम / Name of Father / Legal Guardian

SUHAS GAJANAN REGE

माता का नाम / Name of Mother

HARSHADA SUHAS REGE

पति या पत्नी का नाम / Name of Spouse

पता / Address

503 YASHOWAN TOWER, LT. DILIP GUPTA MARG

MAHIM, MUMBAI

PIN: 400016, MAHARASHTRA, INDIA

पुराने पासपोर्ट का नं. और इसके जारी होने की तिथि एवं स्थान / Old Passport No. with Date and Place of Issue

F7041994

03/03/2006


MUMBAI

फाइल नं. / File No.

B03079953581216



Z3879045

Name : Mr. Rohan Suhas Rege Address : Mahim Plan : ARCOFEMI MEDIWHEEL PMC CREDIT PAN INDIA OP AGREEMENT	Age : 34 Y Sex : M	UHID :STAR.0000065657  <small>* STAR - 0 0 0 0 0 6 5 6 5 7 *</small> OP Number :STAROPV73733 Bill No :STAR-OCR-8748 Date : 03.10.2024 08:18
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Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324	
1	BILIRUBIN, TOTAL - SERUM	
2	GLUCOSE, FASTING	
3	HEMOGRAM + PERIPHERAL SMEAR	
4	ALANINE AMINOTRANSFERASE (ALT/SGPT), SERUM	
5	COMPLETE URINE EXAMINATION	
6	PERIPHERAL SMEAR	BP, BMF
<input checked="" type="checkbox"/>	ECG	
8	CREATININE, SERUM	
9	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) 4/16/24	
<input checked="" type="checkbox"/>	X-RAY CHEST PA	
<input checked="" type="checkbox"/>	FITNESS BY GENERAL PHYSICIAN	
12	BLOOD GROUP ABO AND RH FACTOR	
13	OPHTHAL BY GENERAL PHYSICIAN	
14	BUN/CREATININE RATIO	

~~LA~~ Dental : Dr Rinal Modi

OUT- PATIENT RECORD

Date : 4/10/24
 MRNO : 65657
 Name : Mr Rohan S Rege
 Age/Gender : 34 Y/M
 Mobile No :
 Passport No :
 Aadhar number :

Pulse : 80	B.P : 110/70	Resp : 18	Temp : 10
Weight : 65.9	Height : 163	BMI : 24.8	Waist Circum : 87 cm

General Examination / Allergies
History

Clinical Diagnosis & Management Plan

Mews - 0
 Unmarried, Nonvegetarian
 Sleep: @ No Allergy? Tab Bupropion
 allergy.
 No addiction
 operated for thyroid 2 yrs back
 FH: Mother: DM.
 Normal Reports

Dr (Mrs.) SHEENA S. S. S. S.
 M.D. (AIIM)
 Physician & Cardiologist
 Reg. No. 56942

Follow up date:



Doctor Signature



TOUCHING LIVES



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MCH	28.6	pg	27-32	Calculated
MCHC	33	g/dL	31.5-34.5	Calculated
R.D.W	11.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,080	cells/cu.mm	4000-10000	Electrical Impedence
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	51	%	40-80	Electrical Impedence
LYMPHOCYTES	40	%	20-40	Electrical Impedence
EOSINOPHILS	02	%	1-6	Electrical Impedence
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PERIPHERAL SMEAR
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RBC : Normocytic normochromic

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DEPARTMENT OF HAEMATOLOGY
ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

WBC : Normal in number, morphology and distribution. No abnormal cells seen

Platelets : Adequate on smear.

Parasites : No Haemoparasites seen

IMPRESSION : Normocytic normochromic blood picture

Note/Comment : Please Correlate clinically

Page 3 of 8



DR. APEKSHA MADAN
MBBS, DPB
PATHOLOGY

SIN No:BED240234673



TOUCHING LIVES

Patient Name : Mr.ROHAN SUHAS REGE
Age/Gender : 34 Y 4 M 25 D/M
UHID/MR No : STAR.0000065657
Visit ID : STAROPV73733
Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 0992014455



Collected : 03/Oct/2024 08:22AM
Received : 03/Oct/2024 10:48AM
Reported : 03/Oct/2024 02:51PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY
ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FACTOR , <i>WHOLE BLOOD EDTA</i>				
BLOOD GROUP TYPE	AB			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



DR. APEKSHA MADAN
MBBS, DPB
PATHOLOGY

SIN No:BED240234673

Patient Name : Mr.ROHAN SUHAS REGE
Age/Gender : 34 Y 4 M 25 D/M
UHID/MR No : STAR.0000065657
Visit ID : STAROPV73733
Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 0992014455

Collected : 03/Oct/2024 08:22AM
Received : 03/Oct/2024 10:48AM
Reported : 03/Oct/2024 11:42AM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY
ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	102	mg/dL	70-100	GOD - POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of $>$ or $=$ 126 mg/dL and/or a random / 2 hr post glucose value of $>$ or $=$ 200 mg/dL on at least 2 occasions.
- Very high glucose levels ($>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Interval	Method
ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM	14	U/L	4-44	JSCC

Comment:

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes. ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear. The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Interval	Method
BILIRUBIN, TOTAL , SERUM	0.30	mg/dL	0.1-1.2	Azobilirubin

Page 5 of 8



(Signature)
DR. APEKSHA MADAN
M.B.B.S. DPB
PATHOLOGY
SIN No:SE04831899



TOUCHING LIVES




Patient Name : Mr.ROHAN SUHAS REGE
 Age/Gender : 34 Y 4 M 25 D/M
 UHID/MR No : STAR.0000065657
 Visit ID : STAROPV73733
 Ref Doctor : Dr.SELF
 Emp/Auth/TPA ID : 0992014455

Collected : 03/Oct/2024 08:22AM
 Received : 03/Oct/2024 10:48AM
 Reported : 03/Oct/2024 11:42AM
 Status : Final Report
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY
 ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BUN/CREATININE RATIO , SERUM				
BLOOD UREA NITROGEN	11.0	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.83	mg/dL	0.6-1.1	ENZYMATIC METHOD
BUN / CREATININE RATIO	13.23			Calculated
Test Name	Result	Unit	Bio. Ref. Interval	Method
CREATININE , SERUM	0.83	mg/dL	0.6-1.1	ENZYMATIC METHOD




 DR. APEKSHA MADAN
 MBBS, DPB
 PATHOLOGY
 SIN No:SE04831899

Patient Name : Mr.ROHAN SUHAS REGE
Age/Gender : 34 Y 4 M 25 D/M
UHID/MR No : STAR.0000065657
Visit ID : STAROPV73733
Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 0992014455

Collected : 03/Oct/2024 08:22AM
Received : 03/Oct/2024 02:28PM
Reported : 03/Oct/2024 04:40PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY
ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical Measurement
pH	6.5		5-7.5	Double Indicator
SP. GRAVITY	1.020		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator
GLUCOSE	NEGATIVE		NEGATIVE	Glucose Oxidase
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside
UROBILINOGEN	NORMAL		NORMAL	Modified Ehrlich Reaction
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	0-1	/hpf	<10	Microscopy
RBC	ABSENT	/hpf	0-2	Microscopy
CASTS	NIL		0-2 Hyaline Cast	Microscopy
CRYSTALS	ABSENT		ABSENT	Microscopy

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.

*** End Of Report ***

Page 7 of 8



DR. APEKSHA MADAN
MBBS, DPM
PATHOLOGY

SIN No:UR2415005



TOUCHING LIVES



Patient Name : Mr.ROHAN SUHAS REGE
Age/Gender : 34 Y 4 M 26 D/M
UHID/MR No : STAR.0000065657
Visit ID : STAROPV73733
Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 0992014455

Collected : 04/Oct/2024 10:54AM
Received : 04/Oct/2024 11:14AM
Reported : 04/Oct/2024 12:11PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY
ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	104	mg/dL	70-140	GOD - POD


Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other. Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

*** End Of Report ***

Page 1 of 1




DR. APEKSHA MADAN
MBBS, DPB
PATHOLOGY
SIN No:PLP1486642

Patient Name : Mr.ROHAN SUHAS REGE
Age/Gender : 34 Y 4 M 26 D/M
UHID/MR No : STAR.0000065657
Visit ID : STAROPV73733
Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 0992014455

Collected : 04/Oct/2024 10:54AM
Received : 04/Oct/2024 11:14AM
Reported : 04/Oct/2024 12:11PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

TERMS AND CONDITIONS GOVERNING THIS REPORT

The reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitations of technologies.
Laboratories not be responsible for any interpretation whatsoever.
It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of the particulars have been cleared out by the patient or his / her representative at the point of generation of said specimen.
The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient.
Assays are performed in accordance with standard procedures, The reported results are dependent on individual assay methods / equipment used and quality of specimen received.
This report is not valid for medico legal purposes.



DR. APEKSHA MADAN
MBBS, DPB
PATHOLOGY

SIN No:PLP1486642

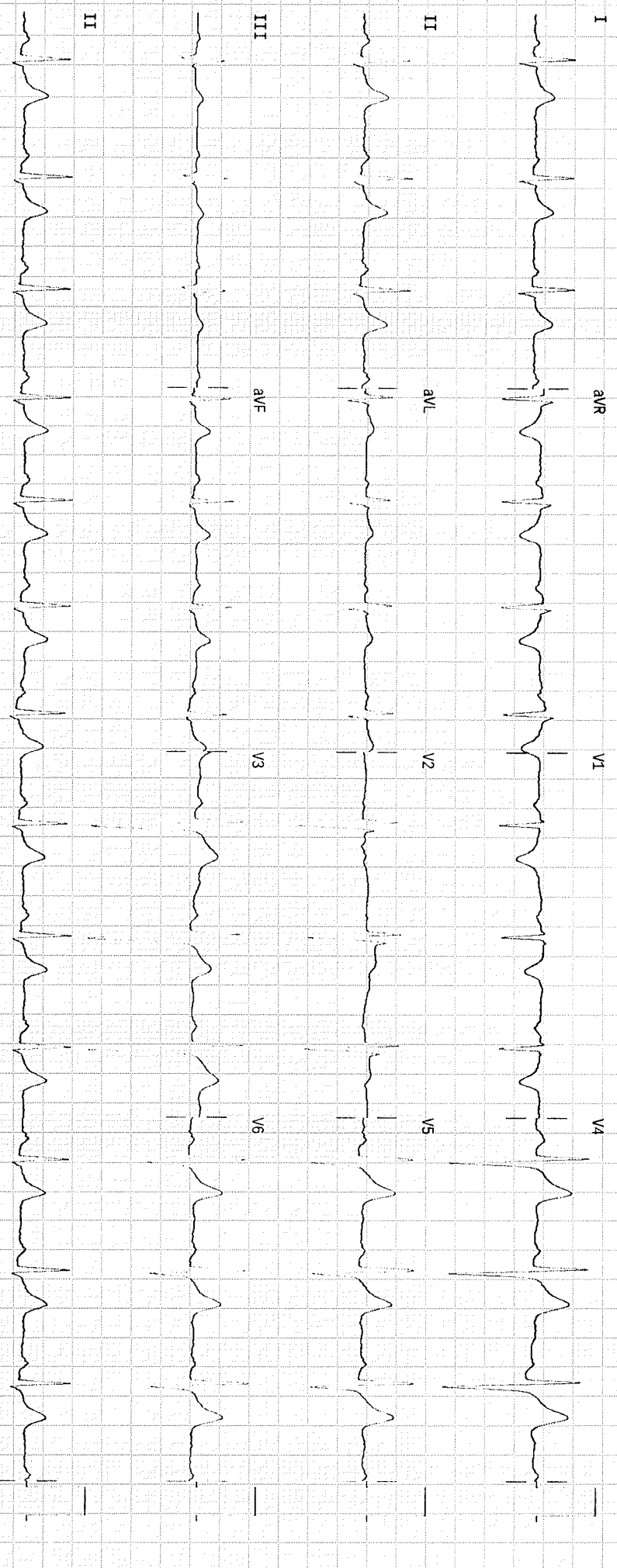
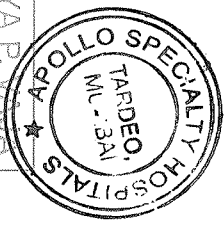


Rate: 80 . Sinus Rhythm
 . RSR' in V1 or V2, probably normal variant
 PR 152 . ST elev, probable normal early repol pattern
 QRS0 96
 QT 356
 QTc8 409
 --AXIS--
 P 45
 QRS 39
 T 39
 12 Leads; Standard Placement

Interpretation Report

[Signature]

Dr. (Mrs.) CHHAYA P. V.
 M.D. (MUM)
 Physician & Cardiologist
 Reg. No. 56942



Device: Speed: 25mm/sec Lamb: 10.0mm/mv Chest: 10.00mm/mv
 F 50-0.50-40 HZ W 110C CL P2


Name : Mr. Rohan Rege
Age : 34 Year(s)
Ref by : Health Check Up
UHID : STAR.0000065657

Date : 03/10/2024
Sex : Male
Visit Type : OPD

PLAIN RADIOGRAPH OF CHEST (PA VIEW)

- Lungs show equal translucency and normal vasculature on both sides.
- No active pulmonary lesion seen.
- Trachea and mediastinum are in midline.
- Cardiac size and configuration are within normal limits.
- Pleural cavities are clear.
- Domes of diaphragm are smooth in outline.
- Bony thorax is normal.

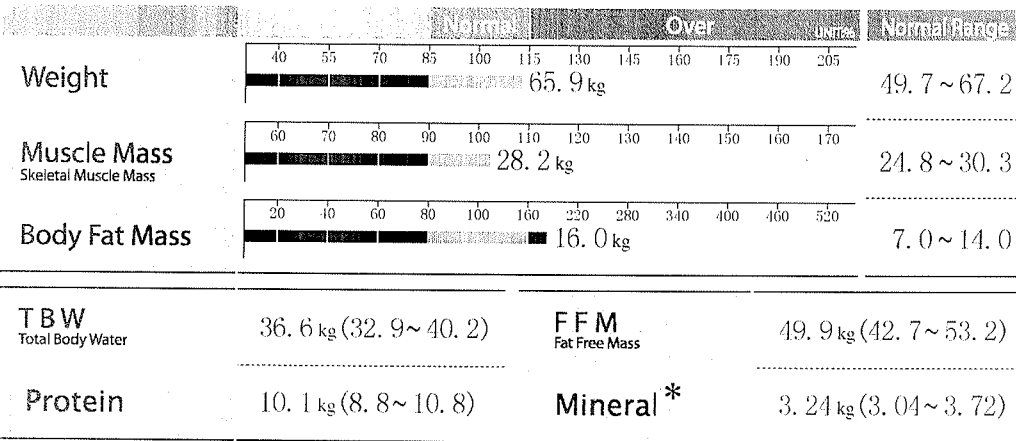
CONCLUSION: No evidence of pulmonary, pleural or cardiac lesion seen.


Dr. Vinod V. Shetty

Radiologist

ID *Mr-Rohan Rege* | Height 163cm | Date 4.10.2024 | APOLLO SPECTRA HOSPITAL
 Age 34 | Gender Male | Time 11:18:26

Body Composition



Segmental Lean	Lean Mass Evaluation
2.7 kg	3.3 kg
Normal	Over
Trunk	
23.8 kg	
Normal	
7.3 kg	7.3 kg
Normal	Normal

TBW (Total Body Water)	36.6 kg (32.9 ~ 40.2)	FFM (Fat Free Mass)	49.9 kg (42.7 ~ 53.2)
Protein	10.1 kg (8.8 ~ 10.8)	Mineral*	3.24 kg (3.04 ~ 3.72)

* Mineral is estimated.

Obesity Diagnosis

Category	Value	Normal Range
BMI (Body Mass Index) (kg/m ²)	24.8	18.5 ~ 25.0
PBF (Percent Body Fat) (%)	24.3	10.0 ~ 20.0
WHR (Waist-Hip Ratio)	0.94	0.80 ~ 0.90
BMR (Basal Metabolic Rate) (kcal)	1447	1459 ~ 1701

Nutritional Evaluation

Protein	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient	
Mineral	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Deficient	
Fat	<input type="checkbox"/> Normal	<input type="checkbox"/> Deficient	<input checked="" type="checkbox"/> Excessive

Weight Management

Weight	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Over
SMM	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Strong
Fat	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over

Obesity Diagnosis

BMI	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Over	<input type="checkbox"/> Extremely Over
PBF	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over	
WHR	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Over	

Segmental Fat	PBF Fat Mass Evaluation
34.8%	6.4%
1.5 kg	0.2 kg
Over	Under
Trunk	
25.7%	
8.7 kg	
Over	
22.4%	22.5%
2.2 kg	2.2 kg
Normal	Normal

* Segmental Fat is estimated.

Muscle-Fat Control

Muscle Control 0.0 kg | Fat Control - 7.2 kg | Fitness Score 73

Impedance

Z	RA	LA	TR	RL	LL
20kHz	279.9	289.2	27.6	274.3	273.9
100kHz	189.1	322.2	22.8	238.0	238.3

* Use your results as reference when consulting with your physician or fitness trainer.

Exercise Planner

Plan your weekly exercises from the followings and estimate your weight loss from those activities.

Energy expenditure of each activity (base weight: 65.9 kg / Duration: 30min. / unit: kcal)						
Walking	Jogging	Bicycle	Swim	Mountain Climbing	Aerobic	
132	231	198	231	215	231	
Table tennis	Tennis	Football	Oriental Fencing	Gate ball	Badminton	
149	198	231	330	125	149	
Racket ball	Tae-kwon-do	Squash	Basketball	Rope Jumping	Golf	
330	330	330	198	231	116	
Push-ups (development of upper body)	Sit-ups (abdominal muscle training)	Weight training (backache prevention)	Dumbbell exercise (muscle strength)	Elastic band (muscle strength)	Squats (maintenance of lower body muscle)	

How to do

1. Choose practicable and preferable activities from the left.
2. Choose exercises that you are going to do for 7 days.
3. Calculate the total energy expenditure for a week.
4. Estimate expected total weight loss for a month using the formula shown below.

Recommended calorie intake per day

1900 kcal

* Calculation for expected total weight loss for 4 weeks: **Total energy expenditure (kcal/week) X 4weeks ÷ 7700**

Patient Name : Mr. Rohan Suhas Rege

Age/Gender : 34 Y/M

UHID/MR No. : STAR.0000065657

OP Visit No : STAROPV73733

Sample Collected on :

Reported on : 03-10-2024 13:03

LRN# : RAD2422216

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 0992014455

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA



Dr. VINOD SHETTY
Radiology



Mediawheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: wellness@mediawheel.in, Website: www.mediawheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that Mr.Rohan Suhas Rege aged, 34yr. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: **Mumbai**

Date: **03/10/2024**

Mr. Rohan Suhas Rege
BCMR 47093

Name & Signature of

Medical officer