# A Venture of Apple Cardiac Care

A-3, 5kta Nagar, Stadium Road, (Opp. Care Hospital), Bareilly - 243 122 (U.P.) India Tel.: 07599031977, 09458888448



		DATE	: 15/05/2024
Reg.NO. : 85		AGE	: 25 Yrs.
ED BY			: MALE
SAMPLE : BLOOD			STORY BEE BANGE
TEST NAME	RESULTS	STINU	BIOLOGICAL KEF, KANGE
	HAEMATOLOGY		
COMPLETE BLOOD COUNT (CBC)		<u>.</u>	130180
HAEMOGLOBIN	14.4	gm/dl	12.0-10.0
TOTAL LEUCOCYTE COUNT	6,200	/cumm	4,000-11,000
DIFFERENTIAL LEUCOCYTE COUNT(DLC)			
Neutrophils	70	%	40-75
Lymphocytes	28	%	20-45
Eosinophils	02	9%	01-08
TOTAL R.B.C. COUNT	4.99	million/cur	million/cumm3.5-6.5
P.C.V./ Haematocrit value	42.3	96	35-54
MCV	82.5	'n	76-96
MOH	28.6	<b>pg</b>	27.00-32.00
MCHC	31.2	g/dl	30.50-34.50
PLATELET COUNT	1.80	lacs/mm3	1.50 - 4.50
E.S.R (WINTROBE METHOD)			
-in First hour	12	mm	00 - 15
BLOOD GROUP			
Blood Group	A		
Rh	POSITIVE		

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DATE : 15/05/2024

: 85

: 25 Yrs. AGE Reg.NO. : Mr. ANIRUDH NAGPAL : MALE NAME SEX

: Dr.Nitin Agarwal (D M) REFERRED BY : BLOOD SAMPLE

BIOLOGICAL REF. RANGE UNITS RESULTS TEST NAME

5.8 GLYCOSYLATED HAEMOGLOBIN(HBA1C)

## EXPECTED RESULTS:

4.0% to 6.0% Non diabetic patients : 6.0% to 7.0% Good Control 7.0% to -8% Fair Control Above 8% Poor Control

## \*ADA: American Diabetes Association

The glycosylated hemoglobin assay has been validated as a reliable indicator of mean blood glucose levels for a period of 8-12 week period prior to HBA1C determination.ADA recommends the testing twice a year in patients with stable blood glucose, and quarterly, if treatment changes, or if blood glucose levels are unstable.

## METHOD: ADVANCED IMMUNO ASSAY.

	BIOCHEMISTR	Υ	
BLOOD SUGAR F.	90	mg/dl	60-100
BLOOD UREA NITROGEN	17	mg/dL.	5 - 25
URIC ACID	7.0	mg/dl	3.5-8.0

## CLINICAL SIGNIFICANCE:

Analysis of synovial fluid plays a major role in the diagnosis of joint disease.

0.5-1.4 SERUM CREATININE 0.8 mg/dL.

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NAME REFERRED BY : Mr. ANIRUDH NAGPAL : Dr.Nitin Agarwal (D M)

SAMPLE

: BLOOD

DATE : 15/05/2024

AGE : 25 Yrs.

SEX : MALE

TEST NAME	RESULTS	UNITS	BIOLOGICAL REF. RANGE
LIVER PROFILE		##	
SERUM BILIRUBIN			
TOTAL	0.7	mg/dL	0.3-1.2
DIRECT	0.4	mg/dL	0.2-0.6
INDIRECT	0.3	mg/dL	0.1-0.4
SERUM PROTEINS			
Total Proteins	7.7	Gm/dL	6.4 - 8.3
Albumin	4.5	Gm/dL	3,5 - 5,5
Globulin	3.2	Gm/dL	2.3 - 3.5
A : G Ratio	1.41		0.0-2.0
SGOT	40	IU/L	0-40
SGPT	54	IU/L	0-40
SERUM ALK.PHOSPHATASE	97	IU/L	00-115

NORMAL RANGE: BILIRUBIN TOTAL

Premature infants. 0 to 1 day: <8 mg/dL

Premature infants. 1 to 2 days: <12 mg/dL Adults: 0.3-1 mg/dL.

Premature infants. 3 to 5 days: <16 mg/dL Neonates, 0 to 1 day: 1.4-8.7 mg/dL

Neonates, 1 to 2 days: 3.4-11.5 mg/dL

Neonates, 3 to 5 days: 1.5-12 mg/dL Children 6 days to 18 years: 0.3-1.2 mg/dL

Total and direct bilirubin determination in serum is used for the diagnosis, differentiation and follow -up of jaundice. Elevation of SGPT is found in liver and kidney diseases such as infectious or toxic hepatitis, IM and cirrhosis. Organs rich in SGOT are heart, liver and skeletal muscles. When any of these organs are damaged, the serum SGOT level rises in proportion to the severity of damage. Elevation of Alkaline Phosphatase in serum or plasma is found in hepatitis ,biliary obstructions,hyperparathyroidism,steatorrhea and bone diseases.

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NAME Mr. ANIRUDH NAGPAL

REFERRED BY

: Dr.Nitin Agarwal (D M)

SAMPLE : BLOOD

DATE : 15/05/2024

GE : 25 Yrs.

SEX : MALE

TEST NAME	RESULTS	UNITE	
LIPID PROFILE	HENNELD	UNITS	BIOLOGICAL REF. RANGE
SERUM CHOLESTEROL	250	mg/dL.	130 - 200
SERUM TRIGLYCERIDE	215	mg/dL	30 - 160
HDL CHOLESTEROL	46	mg/dL.	30-70
VLDL CHOLESTEROL	43	mg/dL.	15 - 40
LDL CHOLESTEROL	161	mg/dL.	00-130
CHOL/HDL CHOLESTEROL RATIO	5.43	mg/dl	0-4
LDL/HDL CHOLESTEROL RATIO	3.5	mg/dl	0-3

## INTERPRETATION

TRIGLYCERIDE level > 250mg/dL is associated with an approximately 2-fold greater risk of coronary vascular disease. Elevation of triglycerides can be seen with obesity, medication, fast less than 12 hrs., alcohol intake, diabetes melitus, and pancreatitis. CHOLESTEROL, its fractions and triglycerides are the important plasma lipids indefining cardiovascular risk factors and in the management of cardiovascular disease Highest acceptable and optimum values of cholesterol values of cholesterol vary with age. Values above 220 mgm/dl are associated with increased risk of CHD regardless of HDL & LDL values. HDL-CHOLESTEROL level < 35 mg/dL is associated with an increased risk of coronary vascular disease even in the face of desirable levels of cholesterol and LDL - cholesterol.

LDL - CHOLESTEROL& TOTAL CHOLESTEROL levels can be strikingly altered by thyroid, renal and liver disease as well as hereditary factors. Based on total cholesterol, LDL- cholesterol, and total cholesterol/HDL - cholesterol ratio, patients may be divided into the three risk categories.

Gamma Glutamyl Transferase (GGT)

21

U/L

7-32

BLOOD SUGAR P.P.

121

mg/dl

80-160

URINE EXAMINATION

Page 4 of 6



# or Apple Cardiac Care

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: Mr. ANIRUDH NAGPAL : Dr.Nitin Agarwal (D M)

SAMPLE

: BLOOD

DATE : 15/05/2024

AGE : 25 Yrs.

SEX : MALE

. DLOOD			
TEST NAME	RESULTS	UNITS	BIOLOGICAL REF. RANG
URINE EXAMINATION REPORT		3.12.13	DIOLOGICAL REF. RANG
PHYSICAL EXAMINATION			
pH	6.0		
TRANSPARENCY	1535.E		
Volume	20	ml	
Colour	Light Yellow		
Appearence	Clear		Nil
Sediments	Nil		****
Specific Gravity	1.020		1.015-1.025
Reaction	Acidic		11010
<b>BIOCHEMICAL EXAMINATION</b>			
UROBILINOGEN	Nil		NIL
BILIRUBIN	Nil		NEGATIVE
URINE KETONE	Nil		NEGATIVE
Sugar	Nil		Nil
Albumin	Nil		Nil
Phosphates	Absent		Nil
MICROSCOPIC EXAMINATION			
Red Blood Cells	Nil	/H.P.F.	
Pus Cells	1-2	/H.P.F.	
Epithelial Cells	2-3	/H.P.F.	
Crystals	NIL		NIL
Casts	NIL.	/H.P.F.	
DEPOSITS	NIL	etim continue to access to	
Bacteria	NIL		
Other	NIL		

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Reg.NO.

NAME

SAMPLE

: Mr. ANIRUDH NAGPAL

REFERRED BY

: Dr.Nitin Aganwal (D.M)

: BLOOD

DATE : 15/05/2024

: 25 Yrs. AGE

: MALE SEX

TEST NAME

RESULTS

UNITS

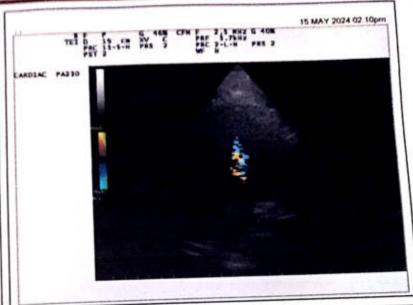
**BIOLOGICAL REF. RANGE** 

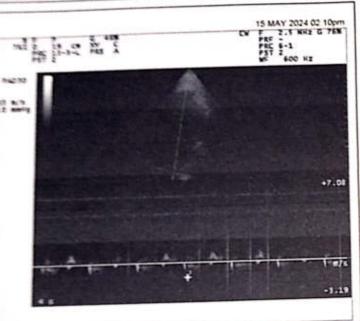
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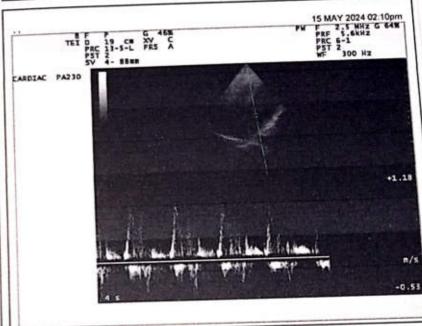
1.13 -----Dr. Shweta Agarwal, M.D.

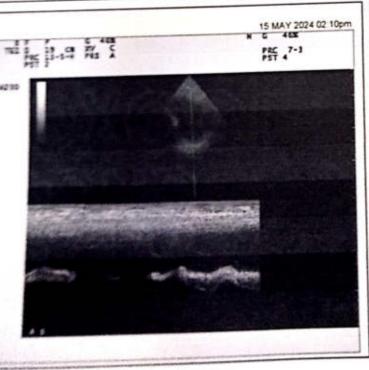
(Pathologist)















	Mr. ANIRUDH NAGPAL	AGE/SEX	25Y/M
		DATE	15/05/2024
Reff. By	Dr. NITIN AGARWAL (DM)	DATE	10/00/202

# ECHOCARDIOGRAPHY AND COLOUR DOPPLER STUDY

MEASUREMENTS		VALUE	NORMAL DIMENSIONS	
LVID (d)	4.5	cm	( 3.7 -5.6 cm)	
LVID (a)	2.4	cm	( 2.2 -3.9 cm)	
RVID (d)	2.4	cm	( 0.7 -2.5 cm)	
IVS (ed)	1.0	cm	( 0.6 -1.1 cm)	
LVPW (ed)	1.0	cm	( 0.6 –1.1 cm)	
AO	2.2	cm	( 2.2 –3.7 cm)	
LA	2.8	cm	( 1.9 -4.0 cm)	
LV FUNCTION	!			
EF	60	%	(54 –76 %)	
FS	30	%	( 25 –44 %)	

LEFT VENTRICLE

No regional wall motion abnormality

No concentric left Ventricle Hypertrophy

MITRAL VALVE

Thin, PML moves posteriorly during Diastole No SAM, No Subvalvular pathology seen. No mitral valve prolapse calcification .

TRICUSPID VALVE

Thin, opening wells. No calcification, No doming .

No Prolapse.

:

Tricuspid inflow velocity= 0.7 m/sec

**AORTIC VALVE** 

Thin, tricuspid, opening well, central closer,

no flutter.

No calcification

Aortic velocity = 1.3 m/sec

PULMONARY VALVE

Thin, opening well, Pulmonary artery is normal

EF slope is normal.

Pulmonary Velocity = 0.9 m /sec

FACILITIES: ECG | COLOUR DOPPLER | ECHO CARDIOGRAPHY

TMT | HOLTER MONITORING | PATHOLOGY

# ON DOPPLER INTERROGATION THERE WAS:

- No mitral regurgitation
- No tricuspid regurgitation
- No aortic regurgitation
- No pulmonary regurgitation

MITRAL FLOW

E= 0.8 m/sec

A= 0.6 m/sec

# ON COLOUR FLOW:

- No mitral regurgitation
- No tricuspid regurgitation
- No aortic regurgitation
- No pulmonary regurgitation

## COMMENTS:

- No LA /LV clot
- No pericardial effusion
- No intracardiac mass
- Inferior vena cava normal in size with normal respiratory variation

# FINAL IMPRESSION

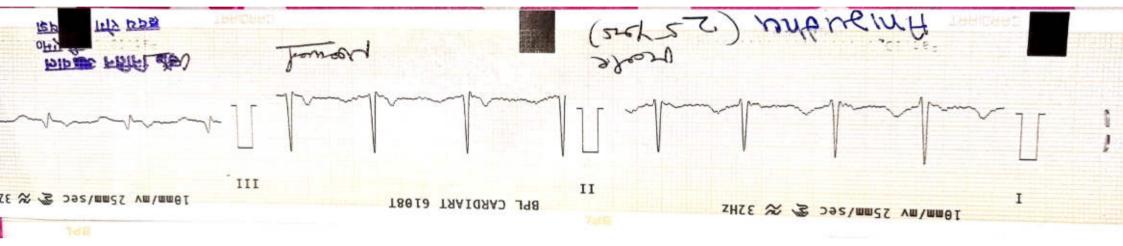
- NO REGIONAL WALL MOTION ABNORMALITY
- NORMAL LV DIASTOLIC FUNCTION
- NORMAL LV SYSTOLIC FUNCTION (LVEF~60%)
- NORMAL CARDIAC CHAMBER DIMENSIONS
- NORMAL VALVULAR COLOUR FLOW PATTERN

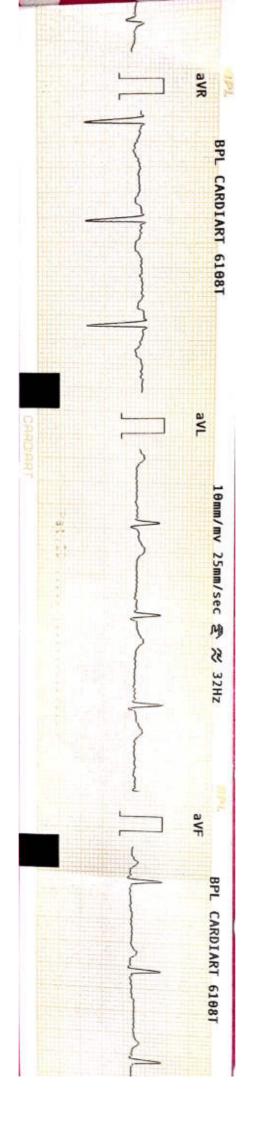
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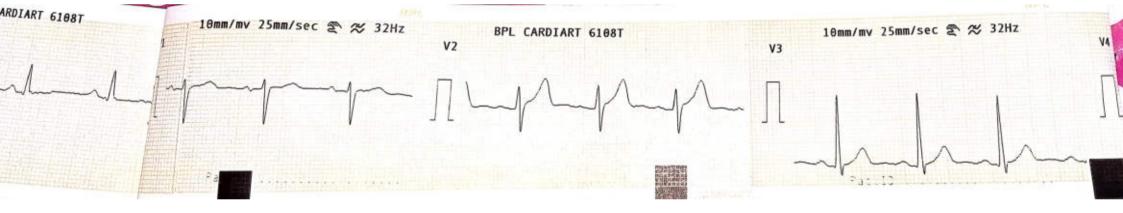
DR. NITIN AGARWAL DM (Cardiology) Consultant Cardiologist

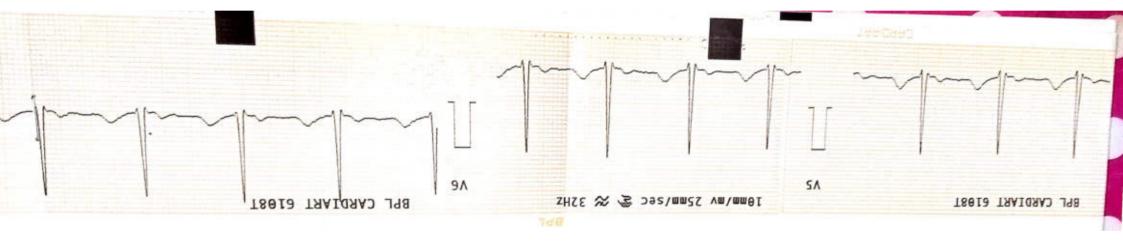
This opinion is to be correlated with the clinically findings and if required, please re-evaluate / reconfirm with further investigation.













 D/115, Gulmohar Park, Near Delapeer Talab. Rajendra Nagar, Bareilly (U.P.)

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contact@alphadiagnostic.in alphadiagnostic07@gmail.com

www.alphadiagnostic.in

Patient ID

10242322

Name

Mr. ANIRUDH NAGPAL

Sex/Age

Male 25 Yrs

Ref. By Specimen Dr. NITIN AGARWAL

Reg. Date

15/05/2024 11:02:56

Collected On

Received On

Reported On

16/05/2024 11:42:06

### X-RAY CHEST PA VIEW

Bilateral lung fields are clear.

Trachea is mid line.

Cardiac silhouette is normal.

Bilateral hilar shadows are normal.

Rib cage appears normal.

Bilateral CP angles are clear.

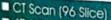
## IMPRESSION: -

> NORMAL X-RAY CHEST.

ADV - PLEASE CORRELATE CLINICALLY.

\*\*\* End of Report \*\*\*





■ 4D Ultrasound

Color Doppler

■ 2D Echo ■ Spirometry

■ Serology

■ Digital X-Ray
■ Cytology

■ Biochemistry

Histopathology

■ Microbiology

DR FARHAT H ANSARI

- SRISTER MOST FEIGHOUSEST BU NO. 1 of 1 NEORIPERODIFICATION OF MICH. AMU

■ Video Bronchoscopy ■ PCR For Covid-19 (Truenat)



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Patient ID

10242321

Name

Mr. ANIRUDH NAGPAL

Sex/Age Ref. By

Male 25 Yrs

Specimen

Dr. NITIN AGARWAL

Reg. Date

15/05/2024 11:02:14

Collected On

Received On

Reported On

15/05/2024 11:31:18

## USG WHOLE ABDOMEN

Liver is normal in size (135mm). Grade I fatty changes of liver. Margins are regular. Parenchyma shows normal and uniform echogenecity. There is no intrahepatic biliary dilatation. Portal and hepatic venous channels are within normal limits. No focal lesion seen.

Gall bladder is normal in position, shape and size. Walls are normal in thickness & regular. Lumen is echofree. CBD is not dilated. No peri-cholecystic collection.

Pancreas is normal in size. Margins are regular. Parenchyma shows normal echotexture. Pancreatic duct is not dilated. No focal area of altered echogenecity or calcification is seen.

Spleen is normal in position and size (97mm). Margins are regular with uniform parenchymal echogenecity.

Kidneys: Both kidneys are normal in position and size. Margins are regular. Parenchymal thickness is adequate with normal cortical echogenecities. No evidence of backpressure changes seen in the pelvicalyceal system. Both ureters are not dilated.

No significant abdominal lymphadenopathy seen.

Urinary bladder is partially distended. Walls are regular. Perivesical fat planes are intact.

Prostate is normal in size (vol- 12cc). Capsule is intact. Peri-prostatic planes are maintained. Seminal vesicles are normally visualized.

No free fluid in peritoneal cavity.

Gas filled bowel loops.

### **IMPRESSION**

Grade I fatty changes of liver.

Adv: Clinical correlation and further evaluation.

\*\*\* End of Report \*\*\*



ARHAT H ANSARI

CONSULTANT RADIOLOGIST MD - RADIODIAGNOSIS, JNMCH, AMU

■ CT Scan (96 Slice)

■ 2D Echo ■ 4D Ultrasound

■ Spirometry

Serology ■ Biochemistry

Histopathology

■ Semen Wash For IUI

Color Doppler

■ Digital X-Ray
■ Cytology

Microbiology

■ Complete Hematology ■ Video Bronchoscopy ■ PCR For Covid-19 (Truenat)





## Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcoferni Healthcare Ltd) F-701A, Ledo Sarai, Mehrauli, New Delhi - 110030 Emall: wellness@mediwheel.in, Website: www.mediwheel.in Tel: +91-11-41195959, Fax: +91-11-29523020 CIN: U24240DL2011PTC216307

## MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that Mr. Anirudh Nagpal aged, 25 yr. Based on the examination, certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: Bareilly

Date: 15/05/2024

Name & Signature of 93

Medical officer