

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd) F-701A, Lado Sarai, Mehrauli, New Delhi - 110030 Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959. Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **GIFTY JOSEPH** aged, **43yr**. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: Mumbai

Date: 08/06/2024

LI BOWE TA 030

Bernell and British

Name & Signature of

Medical officer

Patient Name : Mrs. GIFTY JIJO JOSEPH Age/Sex : 43 Year(s) / Female

Episode : OP

Ref. Doctor: self Mobile No: 9820227442

DOB : 31/05/1981

Facility: SEVENHILLS HOSPITAL, MUMBAI

Blood Bank

Test Name Result

Sample No: 00336778A Collection Date: 08/06/24 08:42 Ack Date: 08/06/2024 11:25 Report Date: 08/06/24 12:51

BLOOD GROUPING/ CROSS-MATCHING BY SEMI AUTOMATION					
BLOOD GROUP (ABO)	'0'				
Rh Type Method - Column Agglutination	POSITIVE				

REMARK: THE REPORTED RESULTS PERTAIN TO THE SAMPLE RECEIVED AT THE BLOOD CENTRE.

Interpretation:

Blood typing is used to determine an individual's blood group, to establish whether a person is blood group A, B, AB, or O and whether he or she is Rh positive or Rh negative. Blood typing has the following significance,

- Ensure compatibility between the blood type of a person who requires a transfusion of blood or blood components and the ABO and Rh type of the unit of blood that will be transfused.
- Determine compatibility between a pregnant woman and her developing baby (fetus). Rh typing is especially important during pregnancy because a mother and her fetus could be incompatible.
- Determine the blood group of potential blood donors at a collection facility.
- Determine the blood group of potential donors and recipients of organs, tissues, or bone marrow, as part of a workup for a transplant procedure.

End of Report

Dr.Pooja Vinod Mishra MD Pathology

Jr Consultant Pathologist, MMC Reg No. 2017052191

RegNo: 2017/05/2191



Patient Name : Mrs. GIFTY JIJO JOSEPH Age/Sex : 43 Year(s) / Female

UHID : SHHM.96548 : 08/06/2024 08:40 **Order Date**

: OP Episode

Mobile No : 9820227442 Ref. Doctor : self DOB : 31/05/1981

: SEVENHILLS HOSPITAL, MUMBAI

Facility

Patient Name : Mrs. GIFTY JIJO JOSEPH Age/Sex : 43 Year(s) / Female

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HAEMATOLOGY

est Name			Result		Unit	Bio	logical Reference Interva
Sample No :	O0336778A	Collection Date :	08/06/24 08:42	Ack Date :	08/06/2024 09:23	Report Date :	08/06/24 10:52
COMPLETE	BLOOD COUN	IT (CBC) - EDTA	WHOLE BLOOD				
Total WBC C	Count		4.84			x10^3/ul	4.00 - 10.00
Neutrophils			66.5			%	40.00 - 80.00
Lymphocytes	S		26.0			%	20.00 - 40.00
Eosinophils			2.9			%	1.00 - 6.00
Monocytes			4.4			%	2.00 - 10.00
Basophils			0.2	▼ (L)		%	1.00 - 2.00
Absolute Ne	utrophil Count		3.22			x10^3/ul	2.00 - 7.00
Absolute Lyr	nphocyte Count		1.26			x10^3/ul	0.80 - 4.00
Absolute Eos	sinophil Count		0.14			x10^3/ul	0.02 - 0.50
Absolute Mo	nocyte Count		0.21			x10^3/ul	0.12 - 1.20
Absolute Bas	sophil Count		0.01			x10^3/ul	0.00 - 0.10
RBCs			4.96			x10^6/ul	4.50 - 5.50
Hemoglobin			10.8	B ▼ (L)		gm/dl	12.00 - 15.00
Hematocrit			33.6	5 ▼ (L)		%	40.00 - 50.00
MCV				7 ▼ (L)		fl	83.00 - 101.00
MCH				3 ▼ (L)		pg	27.00 - 32.00



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: SEVENHILLS HOSPITAL, MUMBAI **Facility**

MCHC	32.2	gm/dl	31.50 - 34.50
RED CELL DISTRIBUTION WIDTH-CV (RDW-CV)	14.2	%	11.00 - 16.00
RED CELL DISTRIBUTION WIDTH-SD (RDW-SD)	35.2	fl	35.00 - 56.00
Platelet	235	x10^3/ul	150.00 - 410.00
Mean Platelet Volume (MPV)	9.9	fl	6.78 - 13.46
PLATELET DISTRIBUTION WIDTH (PDW)	15.4	%	9.00 - 17.00
PLATELETCRIT (PCT)	0.234	%	0.11 - 0.28

Method:-

HB Colorimetric Method.

RBC/PLT Electrical Impedance Method.

WBC data Flow Cytometry by Laser Method.

MCV,MCH,MCHC,RDW and rest parameters - Calculated.

All Abnormal Haemograms are reviewed confirmed microscopically.

NOTE: Wallach's Interpretation of Diagnostic Tests. 11th Ed, Editors: Rao LV. 2021

NOTE:-

The International Council for Standardization in Haematology (ICSH) recommends reporting of absolute counts of various WBC subsets for clinical decision making. This test has been performed on a fully automated 5 part differential cell counter which counts over 10,000 WBCs to derive differential counts. A complete blood count is a blood panel that gives information about the cells in a patient's blood, such as the cell count for each cell type and the concentrations of Hemoglobin and platelets. The cells that circulate in the bloodstream are generally divided into three types: white blood cells (leukocytes), red blood cells (erythrocytes), and platelets (thrombocytes). Abnormally high or low counts may be physiological or may indicate disease conditions, and hence need to be interpreted clinically.

End of Report -

MD, PGD-HM



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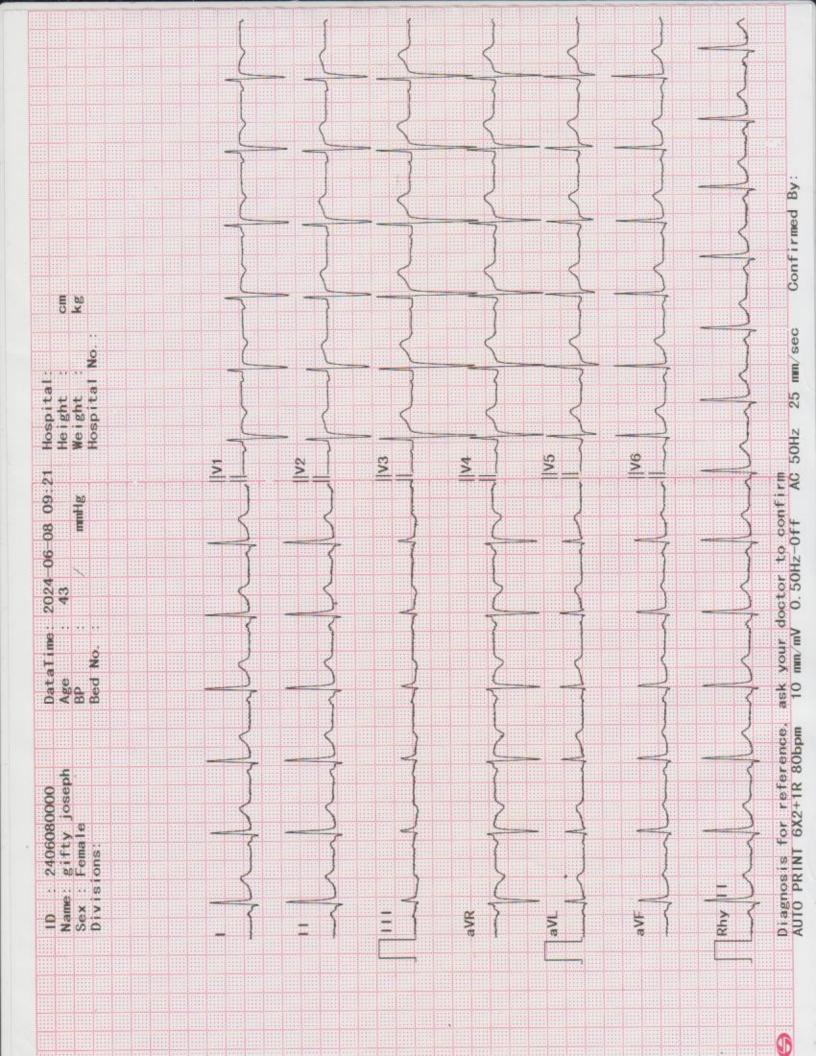
: SEVENHILLS HOSPITAL, MUMBAI **Facility**

Consultant Pathologist and Director of

Laboratory Services RegNo: 2006/03/1680







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HAEMATOLOGY

Test Name Res		Result	Unit	Biol	ogical Reference Interval	
Sample No :	O0336778A	Collection Date :	08/06/24 08:42	Ack Date: 08/06/2024 09:23	Report Date :	08/06/24 11:58

ERYTHROCYTE SEDIMENTATION RATE (ESR)			
ESR	30 ▲ (H)	mm/hr	0 - 20

Method: Westergren Method

INTERPRETATION :-

ESR is a non-specific phenomenon, its measurement is clinically useful in disorders associated with an increased production of acute-phase proteins. It provides an index of progress of the disease in rheumatoid arthritis or tuberculosis, and it is of considerable value in diagnosis of temporal arteritis and polymyalgia rheumatica. It is often used if multiple myeloma is suspected, but when the myeloma is non-secretory or light chain, a normal ESR does not exclude this diagnosis.

An elevated ESR may occur as an early feature in myocardial infarction. Although a normal ESR cannot be taken to exclude the presence of organic disease, the vast majority of acute or chronic infections and most neoplastic and degenerative diseases are associated with changes in the plasma proteins that increased ESR values.

The ESR is influenced by age, stage of the menstrual cycle and medications taken (corticosteroids, contraceptive pills). It is especially low (0–1 mm) in polycythaemia, hypofibrinogenaemia and congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis, or sickle cells. In cases of performance enhancing drug intake by athletes the ESR values are generally lower than the usual value for the individual and as a result of the increase in haemoglobin (i.e. the effect of secondary polycythaemia).

- End of Report -

Dr.Ritesh Kharche MD, PGD-HM

Consultant Pathologist and Director of Laboratory Services

RegNo: 2006/03/1680

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: OP

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Credit Invoice

UHID

: SHHM.96548

Patient Name

: Mrs. GIFTY JIJO JOSEPH

Age/Sex

: 43 Year(s) / Female

Bill Date

: 08/06/2024 08:39AM

Bill No

: OPCR44689

Receipt No

Referred By

: self

GSTNo

: 27AAICS2229N2ZX

Company Patient Address

Pre Employment H

: ArcoFemi Healthcare Ltd (AHCL)

: A22/402, BAKERS FIELD CHS LTD, SHASTRI NAGAR

Mobile No

: 9820227442

Patient Address : A22/402, BA		: A22/402, BAKERS FIELD CITS	Maharactra 400000				Net Amt(Rs.)	
		,ANDHERI WEST, TRAINS	Qty	Price (Rs.)	Tax Amt(Rs.)	Amt(Rs.)	Net American	
SI.No	Services					1000	1,000.00	
	Other Plan	n		1000	0	1000		

Bill Amount (Round off) :

1000

To be paid by company (Round off) :

1000

Sum of Rs. 1000 1000 to be paid by ArcoFemi Healthcare Ltd (AHCL) ISHAN HEMAN

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Episode : OP

 Ref. Doctor
 : self
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 : 9820227442

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 : 31/05/1981

Facility: SEVENHILLS HOSPITAL, MUMBAI

Urinalysis

Test Name Resi	ult Unit	Bio	logical Reference Interval
Sample No: 00336778D Collection Date: 08/06/24 0	8:42 Ack Date : 08/06/2024 09:24	Report Date :	08/06/24 13:22
Physical Examination			
QUANTITY	30	ml	
Colour	Pale Yellow		
Appearance	Clear		
DEPOSIT	Absent		Absent
рН	Acidic		
Specific Gravity	1.020		
Chemical Examination			
Protein	Absent		Absent
Glucose	Absent		Absent
ketones	Absent		Absent
Blood	NEGATIVE		Negative
Bilirubin	Negative		
Urobilinogen	normal		Normal
NITRATE	Absent		Absent
LEUKOCYTES	Absent		Absent
Microscopic Examination			

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Pus cells	1-2	/HPF	
Epithelial Cells	3-4	/HPF	
RBC	absent	/HPF	Absent
Cast	absent	/LPF	Absent
Crystal	absent	/HPF	Absent
Amorphous Materials	Absent		Absent
Yeast	Absent		Absent
Bacteria	Absent		Absent

- End of Report

Dr.Ritesh Kharche MD, PGD-HM

Consultant Pathologist and Director of Laboratory Services

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DIAGNOSTICS REPORT

Patient Name : Mrs. GIFTY JIJO JOSEPH

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UHID : SHHM.96548

Ref. Doctor : self

Address : A22/402, BAKERS FIELD CHS

LTD, SHASTRI NAGAR, ANDHERI

WEST, Mumbai, Maharastra,

400058

Order Date : 08/06/2024 08:40 Report Date : 08/06/2024 17:06

Facility : SEVENHILLS HOSPITAL,

MUMBAI

Mobile : 9820227442

X-RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

IMPRESSION: No pleuroparenchymal lesion is seen.

The

Dr.Amol Balaji Sunkwad MBBS

RegNo: 2015/06/3853