

3.30

Metro Hospital & Heart Institute, Haridwar

Health Check-up Certificate

COMPANY... Medawheel .....

EMPLOYEE NO... 103658 ..... DEPTT... BOB ..... DATE... 10/02/24 .  
 NAME... Dulkit ..... AGE/SEX... 52/M ..... DOB... 20/07/1972 .....  
 DESIGNATION... Swo ..... MOBILE NO... 8449105104 .....  
 CHEST (INSP)... 6...cm. CHEST (EXP)... 6...cm. CHEST EXPANSION... 4...cm  
 HEIGHT... 166..... cm. WEIGHT... 76.....Kg. BMI.....  
 P/R... 81.....per mt. BP... 125/95.....mmHg SIGN OF EMP None.....

EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
1	LAB INVESTIGATIONS	Path Lab	Hb 15.2 gm% TLC 6270 /DLC 65/28/04/06
2	BLOOD SUGAR F/PP/RANDOM	Path Lab	FBS 60/PP 154/RBS Hb1Ac 6.2%
3	BLOOD GROUP	Path Lab	B+
4	URINE	Path Lab	ALB- NIL Sugar- NIL
5	STOOL	Path Lab	SNR
6	X RAY CHEST PA	Radiology	Normal chest (N/A)
7	ULTRASONOGRAPHY (Whole Abd)	Radiology	Grade I fatty liver
8	ECG	Health check up	Normal
9	ECHO	Radiology	
10	TMT	Radiology	
11	PFT	Health check up	
12	AUDIOMETRY	25	
13	ENT EXAM	25	
14	DENTAL EXAMINATION	24	Poor oral hygiene / Gen. Anesth Caution Prescribed
15	ACUITY OF VISION/COLOR VISION	13	Vn < 6/6 B/E NV 6/6 B/E CV : Normal / BE
16	EXAMINATION BY PHYSICIAN	23	(N/A)

PSA  
 Observations - Thyroid Profile → T3 - 242 nmol/L  
 T4 - 7.33 Mg%  
 TSH - 1.38 mIU/L  
 LFT  
 RFT  
 Lipid Profile WNL

DR. NIDIN KUMAR  
 MBBS, MD  
 Consultant General Medicine  
 Reg No. JKMC-5345  
 Metro Hospital & Heart Institute  
 SIDCUL, Haridwar-249403 (U.K.)

**Subject: Health Check up Booking Confirmed Request(bobE7135),Package Code-PKG10000476, Beneficiary Code-283115**

Mediwheel <wellness@mediwheel.in>

Sent: Thu, 8 Feb 2024 16:01:31 GMT+0530

To: You

Cc: customercare@mediwheel.in

MedSave

011-41195959

Hi **Metro Hospital & Heart Institute,**

We have received the confirmation for the following booking. Please provide your confirmation by clicking on the yes and no button.

**Hospital Package Name** : Mediwheel Full Body Health Checkup Male Above 40

**Patient Package Name** : Mediwheel Full Body Health Checkup Male Above 40

**Package Code** : PKG10000476

**Contact Details** : 8449105104

**Email** : Pulkitjigarg@gmail.com

**Booking Date** : 31-01-2024

**Appointment Date** : 10-02-2024

**Confirmation Status**: Booking Confirmed

**Preferred Time** : 8:30am

**Member Information**

Booked Member Name	Age	Gender
MR. PULKIT	51 year	Male

We request you to facilitate the employee on priority.

Thanks,  
Mediwheel Team

You have received this mail because your e-mail ID is registered with This is a system-generated e-mail **Arcofemi Healthcare Limited**. please don't reply to this message.

Please visit to our [Terms & Conditions](#) for more informaion. This email is recieved because you are register with us [Click here to unsubscribe](#).

@ 2024 - 25, Arcofemi Healthcare Pvt Limited.(Mediwheel)



भारत सरकार  
Government of India



Download Date: 24/12/2020



पुलकित  
PULKIT  
प-4 फ़ॉ/DOB-20/07/1972  
पुंरु MALE

Issue Date: 16/12/2020

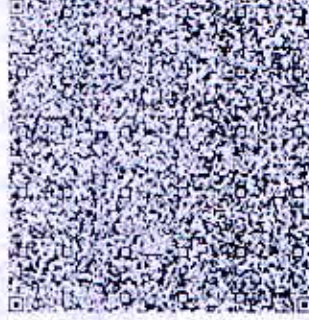


सुददीन विदितिवत प्रसिद्धि प्रसिद्धि  
Unique Identification Authority of India



पता:  
ओम विहार, ब्लॉक नं. 5, गुमानियाला, गुमानियाला, देवरस, उत्तराखण्ड - 249204

Address:  
Om vihar, Call no 5, Gumaniwala, Gumaniwala, Denradun, Uttarakhand - 249204



9943 7263 4715

VID : 9173 0962 9067 8829

मेरा आधार, मेरी पहचान

9943 7263 4715

VID : 9173 0962 9067 8829



1947



help@uidai.gov.in



www.uidai.gov.in

Health Check up Booking Confirmed Request(bobE7135),Package Code-PKG10000476,  
Beneficiary Code-283115

Wellness : Mediwheel : New Delhi <wellness@mediwheel.in>

Thu 08-02-2024 16:01

To: Pulkatjigarg@gmail.com <Pulkatjigarg@gmail.com>

Cc: Customer Care - Mediwheel - New Delhi <customercare@mediwheel.in>



011-41195959

Dear Pulkat,

We are pleased to confirm your health checkup booking request with the following details.

**Booking Date** : 31-01-2024

**Hospital Package Name** : Mediwheel Full Body Health Checkup Male Above 40

**Patient Package Name** : Mediwheel Full Body Health Checkup Male Above 40

**Name of Diagnostic/Hospital** : Metro Hospital & Heart Institute

**Address of Diagnostic/Hospital** : Plot No. F - 1, Sector 8A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township,

**City** : Haridwar

**State** : Uttarakhand

**Pincode** : 249403

**Appointment Date** : 10-02-2024

**Confirmation Status** : Booking Confirmed

**Preferred Time** : 8:30am

**Booking Status** : Booking Confirmed

**Member Information**

Booked Member Name	Age	Gender
MR. PULKAT	51 year	Male

Note : Please note to not pay any amount

**Instructions to undergo Health Check:**

Health Check up Booking Confirmed Request(bob57137),Package Code-PKG10000477, Beneficiary Code-283115

Wellness - Mediwheel - New Delhi <wellness@mediwheel.in>

Thu 01-02-2024 16:01

to:Pulkitgarg@gmail.com <Pulkitgarg@gmail.com>

CC:Customer Care -Mediwheel - New Delhi <customercare@mediwheel.in>



011-41195959

Dear Pulkit,

We are pleased to confirm your health checkup booking request with the following details.

**Booking Date** : 31-01-2024

**Hospital Package Name** : Mediwheel Full Body Health Checkup Female Above 40

**Patient Package Name** : Mediwheel Full Body Health Checkup Female Above 40

**Name of Diagnostic/Hospital** : Metro Hospital & Heart Institute

**Address of Diagnostic/Hospital-** Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township,

**City** : Haridwar

**State** :

**Pincode** : 249403

**Appointment Date** : 10-02-2024

**Confirmation Status** : Booking Confirmed

**Preferred Time** : 8:30am

**Booking Status** : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
Vandna garg	53 year	Female

Note - Please note to not pay any amount .

Instructions to undergo Health Check:



# METRO HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)  
(NABH & ISO 9001: 2008 Certified)

Patient Name Mr. Pulkit Age/Sex 52y/M Reg.No. M.H.H.D./202400  
- 1536  
Doctor Dr. Naman Aggarwal  
Date 10/2/24 Time 11:07

## DENTAL EXAMINATION

### ➤ TEETH STATUS

= Normal

H/o smoking  
56yr - black -

• MISSING - NRE

• DECAYED - <sup>RT</sup> Carious - f.c.  
Generalized attrition

### ➤ ORAL HYGIENE STATUS

= Poor oral hygiene -

• STAINS - ++

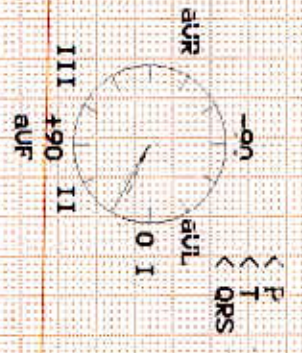
• CALCULUS - ++

Adv. oral prophylaxis  
coat in f.c.

DR. NAMAN AGGARWAL  
B.D.S  
SENIOR DENTAL CONSULTANT  
Reg. No. - UK: 2203  
Metro Hospital & Heart Institute  
Siccal, Haridwar, Uk, Pin No. - 249403

Measurement Results:

QRS	92 ms
QT/QTcB	366 / 398 ms
PR	138 ms
P	96 ms
RR/PP	846 / 840 ms
P/QRS/T	35 / 30 / 25 degrees
QTd/QTcBd	46 / 50 ms
Sokolow	0.8 mV
NK	10



Interpretation:  
 normal ECG

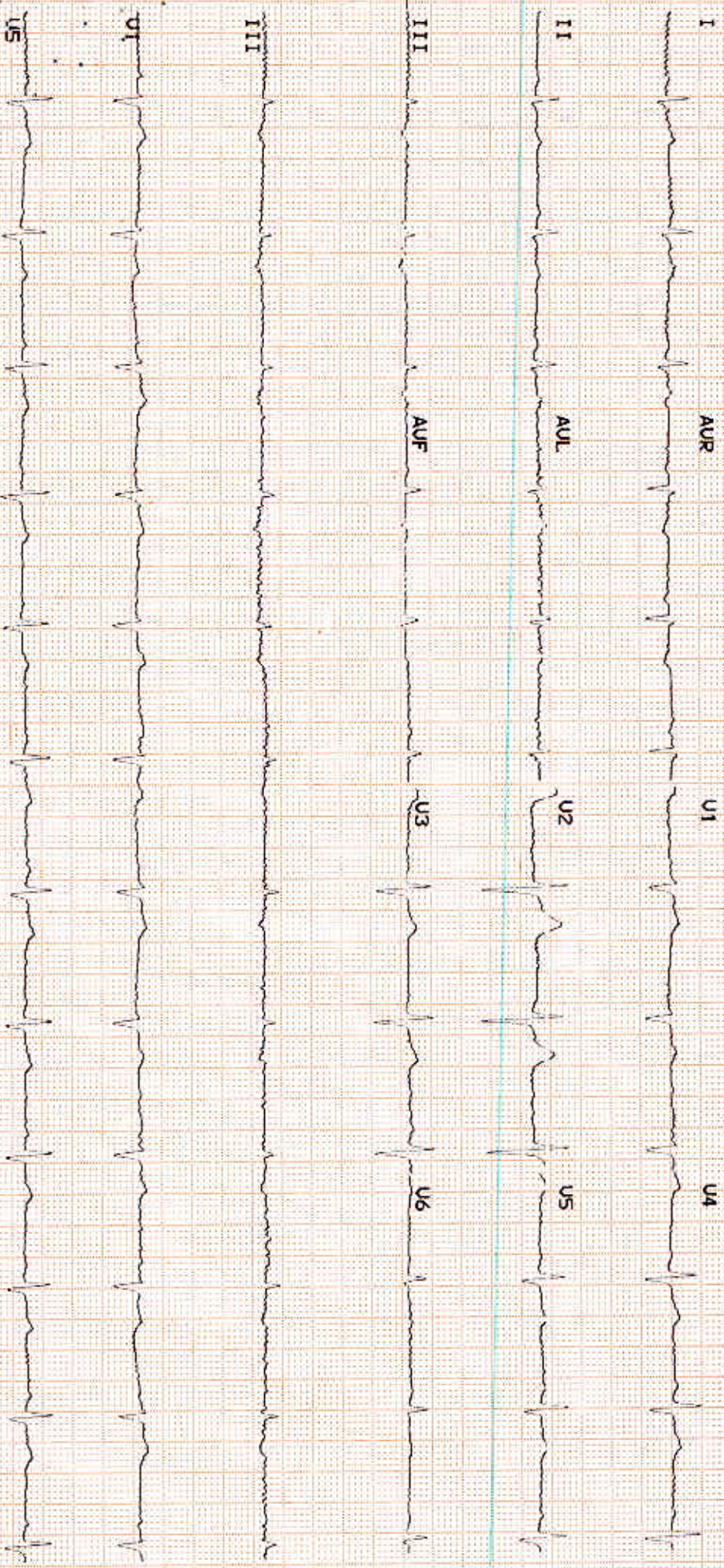


Name - Pulkit

Age - 51/m

10/12/24

Unconfirmed report.





**METRO**  
HOSPITAL & HEART INSTITUTE  
(A unit of Sunhill Hospitals Private Limited)  
(NABH & ISO 9001: 2008 Certified)



we treat... HE CURES

# Metro Hospital & Heart Institute

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Patient Name Mr. Pulkit Age/Sex 52/m Reg. No. \_\_\_\_\_

Doctor's Name Dr. Sushil Kumar

Date 10/2/24 Time \_\_\_\_\_

## OPHTHALMIC EXAMINATION

### VISION

#### DISTANCE VISION-

Rt 6/6P  
Lt 6/9  
glasses

#### NEAR VISION-

Rt N/6  
Lt N/6  
glasses

#### COLOUR VISION

normal / BF

### EYE EXAMINATION

- Cornea
- Ant Chamber
- Pupil
- Fundus Examination

#### ADVICE-

Dr. Sushil Kumar MBBS, MS (Ophtho)  
Consultant Ophthalmologist  
Metro Hospital & Heart Institute  
Sidcul, Haridwar, Signature - 267 (UK)

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01



**METRO**

HOSPITAL &amp; HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

(NABH &amp; ISO 9001: 2008 Certified)


**Radiology Investigation Report**

<b>Name</b> : Mr. Pulkit	<b>Age/Sex</b> : 51 Y/M
<b>Ref. By</b> : Dr. NITIN KUMAR	<b>UHID NO</b> : 2024001536
<b>IP/OP</b> : OP/202314947	<b>Request No</b> : 70248001
<b>Date</b> : 10/02/2024	

**X-RAY CHEST PA View**

Cardiac contour & size are normal.  
Trachea is central.  
Lung fields are clear.  
Hilar shadows are normal.  
Costophrenic angles are clear.  
Bony rib cage is normal.

**IMPRESSION: NORMAL CHEST.**

  
**DR. PRAKASH CHANDRA PANDEY**  
MBBS, DMRD  
CONSULTANT RADIOLOGIST

**Notes:**

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.



# Pathology Report



# METRO

## HOSPITAL & HEART INSTITUTE

Name : Mr. Pulkit  
 Ref. By : Dr. NITIN KUMAR  
 IP/OP : OP/202314947  
 Sample Date : 10/02/2024  
 Reporting Date: 10/02/2024

(A unit of Sunhill Hospitals Private Limited)  
 Age/Sex : 39/F  
 UHID : 2024001536  
 (NABH & ISO 9001: 2008 Certified)  
 Request No. : 10390915  
 Sample Time : 11:09  
 Reporting Time : 21:51

Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Hematology</b>				
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)				
HB	15.2	gm/dl	M - 13-18	
TLC	6270	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	65	%	45-75	
LYMPHOCYTES	28	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
BASOPHILS	00	%	--<2	
RBC	5.44	million	3.5-5.5	
PCV	50.4	%	36-52	
MCV	92.6	fL	80-100	
MCH	27.6	PG	27-32	
MCHC	30.2	gm/dl	31-37	
PLATELET COUNT	2.10	lakh/cumm	1.5-4.5	
RDW	13.6	%	11.5-15	

\*\*\* End of Reports \*\*\*

**Dr. Vishal Arora**  
 MBBS, DCP  
 (Consultant Pathologist)



**Note:**

- These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
- The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
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- All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

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**Pathology Report**

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 (NABL ISO 9001:2008 Certified)  
 UHID : 2024001536

**Name** : Mr. Pulkit  
**Ref. By** : Dr. NITIN KUMAR  
**IP/OP** : OP/202314947  
**Sample Date** : 10/02/2024  
**Reporting Date**: 10/02/2024

**Request No.** : 10390915  
**Sample Time** : 11:09  
**Reporting Time** : 21:51

Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Biochemistry</b>				
HB1AC	6.2	%	4.5-6.3	
BLOOD SUGAR -FASTING	86.0	mg/dl	70.0-110.0	
BLOOD SUGAR -PP	154.0	mg/dl	70.0-140.0	
<b>Hematology</b>				
BLOOD GROUP				
ABO	B		-	
Rh	POSITIVE		-	
ESR	16	mm/hr	20	
<b>Serology &amp; Immunology</b>				
THYROID PROFILE				
T3	2.42	nmol/L	1.70-3.10	
T4	7.33	µg/dl	5.95-15.4	
TSH	1.38	µIU/L	0.46-4.68	
PSA TOTAL	0.58	ng/mL	0.0-4.0	

\*\*\* End of Reports \*\*\*

**Dr. Vishal Arora**  
 MBBS, DCP  
 (Consultant Pathologist)

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Age/Sex : (NABH &amp; ISO 9001:2008 Certified)

UHID : 2024001536

Request No. : 10390915

Sample Time : 11:09

Reporting Time : 21:51

 Name : Mr. Pulkit  
 Ref. By : Dr. NITIN KUMAR  
 IP/OP : OP/202314947  
 Sample Date : 10/02/2024  
 Reporting Date: 10/02/2024

Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Biochemistry</b>				
<b>LIPID PROFILE</b>				
TOTAL CHOLESTEROL	223.0	mg/dl	00-250.0	
HDL-CHOLESTEROL	38.0	mg/dl	00-50.0	
LDL	147.0	mg/dl	00-150.0	
TRIGLYCERIDES	188.0 ✓	md/dl	30-150	
VLDL	38.0	mg/dl	0-50	
CHOL/HDL Ratio	5.8		<4.5	
<b>LFT (LIVER FUNCTION TEST)</b>				
BILIRUBIN INDIRECT	0.37	mg/dl	0.2-0.8	
SGOT	56.0 ✓	U/L	10-42	
SGPT	80.0 ✓	U/L	10-42	
BIILIRUBIN TOTAL	0.77	mg/dl	0.2-1.0	
ALKALINE PHOSPHATASE	98.0	IU/L	28-111	
BILIRUBIN DIRECT	0.40	mg/dl	0.1-0.4	
TOTAL PROTEIN	7.0	gm/dl	6.4-8.2	
ALBUMIN	4.0	g/dl	3.5-5.0	
GLOBULIN	3.0	gm/dl	2.0-4.0	
AG RATIO	1.3		-	
<b>KFT (KIDNEY FUNCTION TEST)</b>				
UREA	20.5	mg/dl	15-45	
SODIUM	147.0	mmol/L	135-155	
CREATININE	1.00	mg/dl	0.6-1.3	
URIC ACID	5.5	mg/dl	3.0-7.6	
BUN	9.7	mg/dl	05-20	
POTTASSIUM	4.9	mmol/L	3.5-5.5	
CALCIUM	9.3	mg/dl	8.5-10.5	

\*\*\* End of Reports \*\*\*

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 MBBS, DCP  
 (Consultant Pathologist)
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Sample Time : 11:09

Reporting Time : 21:51

Name : Mr. Pulkit  
 Ref. By : Dr. NITIN KUMAR  
 IP/OP : OP/202314947  
 Sample Date : 10/02/2024  
 Reporting Date: 10/02/2024

Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Urine Examination</b>				
URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW			
TRANSPARENCY	CLEAR			
S. GRAVITY	0.015			
CHEMICAL EXAMINATION				
ALBUMIN	NIL			
SUGAR	NIL			
pH	6.5			
BLOOD	NIL			
KETONE	NIL			
MICROSCOPIC EXAMINATION				
PUS CELLS	2-3			
EPITHELIAL CELLS	1-2			
RBC	NIL			
CRYSTALS	NIL			
CAST	NIL			
BACTERIA	NIL			
AMORPHOUS PHOSPHATE	NIL			
AMORPHOUS URATES	NIL			

\*\*\* End of Reports \*\*\*

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 MBBS, DCP  
 (Consultant Pathologist)

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# METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

(NABH & ISO 9001:2008 Certified)

## Radiology Investigation Report

<b>Name</b>	: Mr. Pulkit	<b>Age/Sex</b>	: 51 Y/M
<b>Ref. By</b>	: Dr. NITIN KUMAR	<b>UHID NO</b>	: 2024001536
<b>IP/OP</b>	: OP/202314947	<b>Request No</b>	: 70248001
<b>Date</b>	: 10/02/2024		

### USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & **raised echotexture**. No focal area of abnormal echogenecity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.

Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

**IMPRESSION** : Grade I fatty liver.

DR. PRAKASH CHANDRA PANDEY  
MBBS, DMRD  
CONSULTANT RADIOLOGIST

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CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01

## 2D ECHOCARDIOGRAPHY

Name:	Mr. Pulkit	UHID No:	2024001536
Age/Sex:	51Y/M	Ward:	OPD
Referred by:	Dr. Nitin Kumar	Date:	10.02.2024

ACOUSTIC WINDOW: Normal

### MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.1	(0.6 – 1.1 cm)
LVPW (ED)	1.0	(0.6 – 1.1 cm)
LVID (ED)	4.4	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.7	(2.0 – 3.7 cm)
LA dimension	2.8	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	55%	(55 – 75%)

### MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

### DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 72, A – 58, E/A>1	
Aortic	Trace	Vel – 108	
Tricuspid	Trace	Vel – 210	PASP – 21
Pulmonary	Nil	Vel – 100	

Plot No. F-1 Sector – 6A, SIDCUL, HARIDWAR – 249 403

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### FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~55%
- No LVDD
- Trace MR, Trace AR, Trace TR, PASP 21 mmHg
- No pericardial effusion
- No Intracardiac clot

**Dr. Krishna CK**

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*(Note: This document is not for medico-legal purpose)*

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