



**UNITED  
HOSPITAL**

Care Par Excellence  
Jayanagar, Bangalore

### Out Patient Record

NABH No.1  
Patient Name : Mr.SHAILESHA D S

UHID : UHJA24008242

Age / Sex : 45 Years / Male

OP NO/Reg Dt : 18-11-2024 08:34 AM

Spouse / Father Name : SHEKARAPPA

Department :

Address : KORMANGALA , , Bengaluru Urban,  
Karnataka, INDIA,

Referred By :

Consultant : Dr.Ashmitha Padma MBBS, MD  
(GENERAL MEDICINE), PGDCC,FEM  
KMC No. : 02M1087

#### Complaints / Findings / Observations :

wt : 68kg

Ht : 162cm

SpO<sub>2</sub> : 98 %

BP : 137 / 90 mm/Hg.

HR : 98b/min

#### Investigations:

#### Treatment / Care of Plan / Provisional Diagnosis :

#### Follow Up Advice :

Signature of the Doctor

UNITED HOSPITAL (A Unit of United Brothers Healthcare Services Private Limited)

United Hospital

No.110 (30), Madhavan Park Circle, 10th Main Rd,  
3rd Block Jayanagar, Bangalore - 560011

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NABH



No.1

Care Par Excellence  
Jayanagar, Bangalore

## DEPARTMENT OF RADIODIAGNOSIS

Name	Shailesha D S	Date	18/11/24
Age	45 years	Hospital ID	UHJA24008242
Sex	Male	Ref.	Health check

ULTRASOUND ABDOMEN AND PELVISFINDINGS:

**Liver** is normal in size and *shows mildly increased echopattern*. No intra or extra hepatic biliary duct dilatation. No focal lesions. **Portal vein** is normal in size, course and caliber. **CBD** is not dilated.

**Gall bladder** is normal without evidence of calculi, wall thickening or pericholecystic fluid.

**Pancreas** - Visualized part of the pancreatic head and body appears normal in size, contour and echogenicity. Rest of the pancreas is obscured by bowel gas.

**Spleen** is normal in size, shape, contour and echopattern. No focal lesion.

**Right Kidney** is normal in size (8.9 x 4.0 cms), position, shape and echopattern. Corticomedullary differentiation is maintained. No calculus or hydronephrosis.

**Left Kidney** is normal in size (9.8 x 4.6 cms), position, shape and echopattern. Corticomedullary differentiation is maintained. No calculus or hydronephrosis.

**Retroperitoneum** - Visualized aorta appeared normal. No obvious enlarged para-aortic nodes.

**Urinary Bladder** is distended, normal in contour and wall thickness. No evidence of calculi.

**Prostate** is normal in echopattern and size, measures ~ 13.1 cc.

No ascites or pleural effusion. Appendix could not be localized. No RIF probe tenderness.

IMPRESSION:

- Mild fatty infiltration of liver (Grade I).
- No other definite sonological abnormality detected.

Dr. Elluru Santosh Kumar  
Consultant Radiologist

UNITED HOSPITAL (A Unit of United Brothers Healthcare Services Private Limited)



NABH



No.1



### DEPARTMENT OF RADIO DIAGNOSIS

Name	Shailesha D S	Date	18/11/24
Age	45 years	Hospital ID	UHJA24008242
Sex	Male	Ref.	Health check

### RADIOGRAPH OF THE CHEST (PA - VIEW)

#### FINDINGS:

- Bilateral lung fields are normal.
- Bilateral costo-phrenic angles are normal.
- Cardia and mediastinal contours are normal.
- The bony thorax is grossly normal.

#### IMPRESSION:

- No radiographic abnormality.

Dr. Elluru Santosh Kumar  
Consultant Radiologist

**EXERCISE STRESS TEST REPORT**

Patient Name: MR. SHAILESHA D S,  
 Patient ID: 24008242  
 Height: 163 cm  
 Weight: 63 kg

DOB: 07.07.1979  
 Age: 45yrs  
 Gender: Male  
 Race: Indian

Study Date: 18.11.2024  
 Test Type: TREADMILL STRESS TEST  
 Protocol: BRUCE

Referring Physician: DR. RAHUL S PATIL  
 Attending Physician: DR. RAHUL S PATIL  
 Technician: YAMINI/THABITHA

**Medications:**

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**Medical History:**

H/O DM, NO H/O HTN

**Reason for Exercise Test:**

SCREENING FOR CAD

**Exercise Test Summary**

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:13	0.00	0.00	99	120/80	
	STANDING	00:06	0.00	0.00	99		
	HYPERV.	00:10	0.00	0.00	96	120/80	
	WARM-UP	00:33	0.00	0.00	109	120/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	139	120/80	
	STAGE 2	03:00	2.50	12.00	157	130/80	
	STAGE 3	02:01	3.40	14.00	166	140/90	
RECOVERY		03:08	0.00	0.00	129	140/90	

The patient exercised according to the BRUCE for 8:01 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 98 bpm rose to a maximal heart rate of 169 bpm. This value represents 96 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

**Interpretation**

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

**Conclusions**

GOOD EFFORT TOLERANCE

NORMAL HR AND BP RESPONSE

NO ANGINA OR ARRHYTHMIAS NOTED

NO SIGNIFICANT ST-T CHANGES NOTED DURING EXERCISE AND RECOVERY

IMPRESSION:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

Physician \_\_\_\_\_

Technician \_\_\_\_\_

ID: 24008242  
Name: MR SHAILESH

45 Years

1100 Sinus rhythm  
0102 ARTIFACT PRESENT  
9110 \*\* normal ECG \*\*

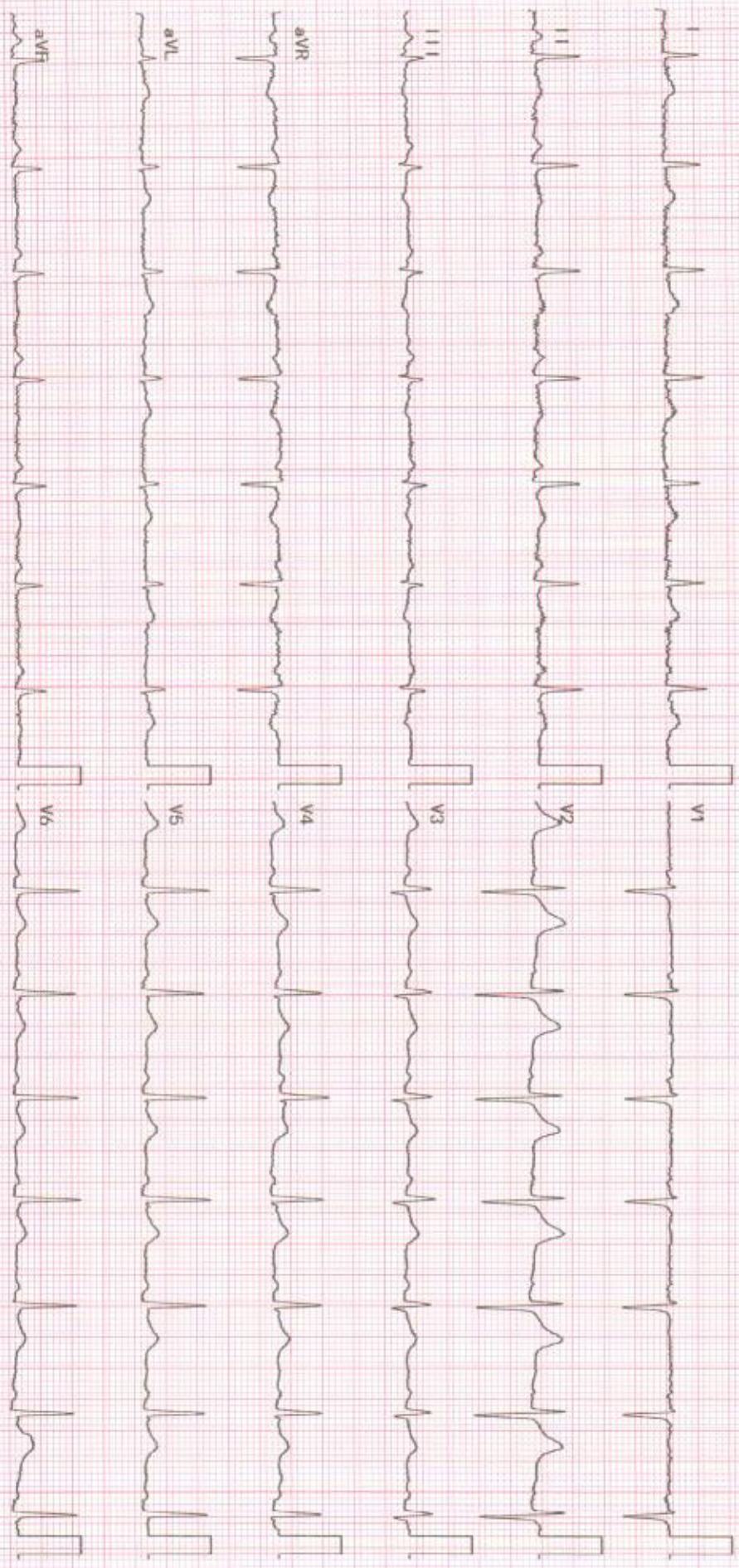
Sex: M      cm      kg      Birth date: / /      mmHg

Indication:		
Symptoms:		
History:		
Rate:	89	bpm
R int:	134	ms
RS dur:	74	ms
IT/OTc(E) int:	334/380	ms
VQRS/T axis:	61/33/10	°
V5/SV1 amp:	1.09/0.77	mV
V5+SV1 amp:	1.86	mV

10 mm/mV    25 mm/s    Filter: H50 D 35 Hz

Unconfirmed Report  
Reviewed by:

10 mm/mV



**M.R. SHAILLESHA D.S.,**

UNITED HOSPITAL

Patient ID 24008242

18.11.2024 Male 163 cm 63 kg

10:22:55am 45yrs Indian

Medcs:

Test Reason: SCREENING FOR CAD  
 Medical History: H/O DM, NO H/O HTN

BRUCE: Total Exercise Time 08:01  
 Max HR: 169 bpm 96% of max predicted 175 bpm HR at rest: 98  
 Max BP: 140/90 mmHg BP at rest: 120/80 Max RPP: 23240 mmHg\*bpm  
 Maximum Workload: 10.10 METS  
 Max. ST: -1.05 mm, 0.00 mV/s in III: EXERCISE STAGE 3 07:29  
 Arrhythmia: A:29  
 ST/HR index: 0.97  $\mu$ V/bpm

Reasons for Termination: Target heart rate achieved

Ref. MD: DR. RAHUL S.PATIL Ordering MD: DR. RAHUL S.PATIL, Technician: YAMINI/THABITHA Test Type: TREADMILL STRESS  
 Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall

BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE EXERCISE	TEST END RECOVERY	BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE EXERCISE	TEST END RECOVERY
120/80 mmHg 0:00 109 bpm	166 bpm 7:29	140/90 mmHg 8:01 166 bpm	140/90 mmHg 2:58 129 bpm	120/80 mmHg 0:00 109 bpm	166 bpm 7:29	140/90 mmHg 8:01 166 bpm	140/90 mmHg 2:58 129 bpm
I 0.25 mm 0.28 mV/s	I 0.30 0.16	I 0.00 0.90	I 0.05 0.69	V1 -0.15 -0.40	V1 0.95 0.90	V1 0.55 -1.01	V1 0.05 -0.40
II 0.70 0.39	II -0.70 1.61	II -0.65 1.18	II 0.35 1.14	V2 0.20 0.24	V2 0.20 -0.09	V2 0.30 0.41	V2 0.05 0.10
III 0.45 -0.03	III -1.05 1.47	III -0.65 0.27	III 0.30 0.48	V3 0.15 -0.14	V3 0.40 -0.81	V3 -0.40 -1.25	V3 0.30 0.25
aVR -0.50 -0.55	aVR 0.25 -0.93	aVR 0.35 -1.24	aVR -0.20 -1.11	V4 0.50 0.32	V4 -0.45 1.57	V4 -0.50 1.46	V4 0.35 0.96
aVL -0.05 0.03	aVL 0.65 -0.66	aVL 0.35 0.30	aVL -0.10 0.01	V5 0.45 0.17	V5 -0.70 1.51	V5 -0.65 1.39	V5 0.15 0.69
aVF 0.60 0.17	aVF -0.85 1.55	aVF -0.65 0.77	aVF 0.30 0.78	V6 0.45 0.28	V6 -0.75 1.32	V6 -0.60 1.33	V6 0.05 0.41

Unconfirmed

GE CASE V6.73 (2)  
 10mm/mV 50Hz 0.01-20Hz S+ HEART V5.4

Attending MD: DR. RAHUL S.PATIL

**MR. SHAILESHA D S,**

Patient ID 24008242

18.11.2024

10:22:55am

Male 163 cm 63 kg

45yrs Indian

Meds:

Test Reason: SCREENING FOR CAD

Medical History: H/O DM, NO H/O HTN

Ref. MD: DR. RAHUL S PATIL Ordering MD: DR. RAHUL S PATIL  
 Technician: YAMINI/THABITHA Test Type: TREADMILL STRESS  
 Comment:

BRUCE: Total Exercise Time 08:01

Max HR: 169 bpm 96% of max predicted 175 bpm HR at rest: 98

Max BP: 140/90 mmHg BP at rest: 120/80 Max RPP: 23240 mmHg\*bpm

Maximum Workload: 10.10 METS

Max. ST: -1.05 mm, 0.00 mV/s in III; EXERCISE STAGE 3 07:29

Arrhythmia: A:29

ST/HR index: 0.97  $\mu$ V/bpm**Reasons for Termination:** Target heart rate achieved

**Summary:** Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.

**Conclusion:** GOOD EFFORT TOLERANCE

NORMAL HR AND BP RESPONSE

NO ANGINA OR ARRHYTHMIAS NOTED

NO SIGNIFICANT ST-T CHANGES NOTED DURING EXERCISE AND RECOVERY

**IMPRESSION:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA**

Location Number: \* 0 \*

MR. SHAILESHA DS  
Patient ID: 24008242  
18.11.2024  
10:23:22am

LINKED MEDIANS

UNITED HOSPITAL

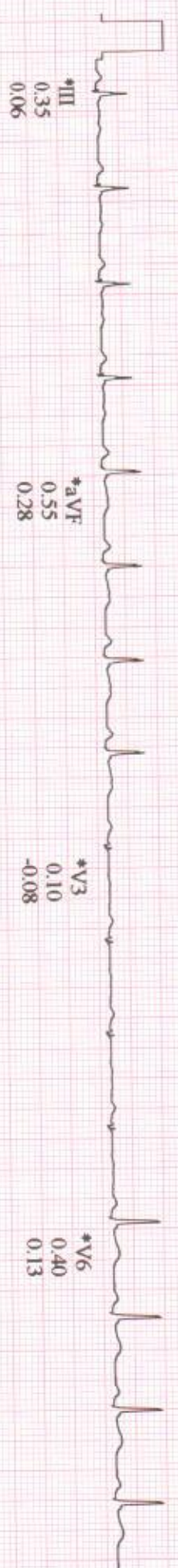
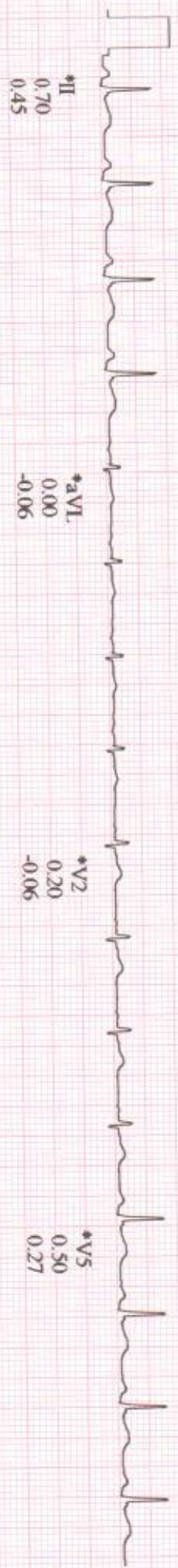
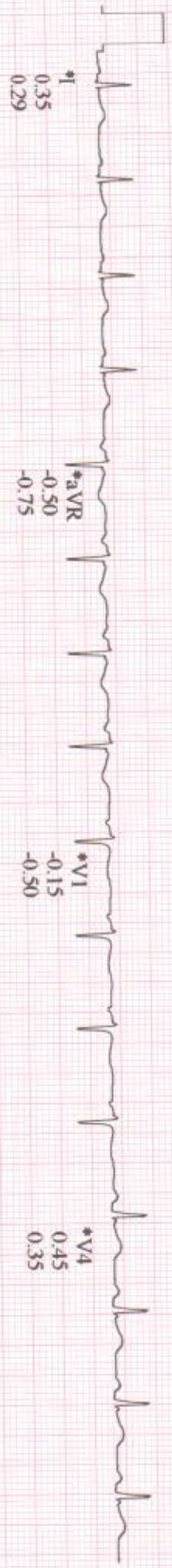
96 bpm  
120/80 mmHg

PRETEST  
HYPERV.  
00:26

BRUCE  
0.0 mph  
0.0 %

ST @ 10mm/mV  
60 ms post J

Lead  
ST Level (mm)  
ST Slope (mV/s)



\*Computer Synthesized Rhythms



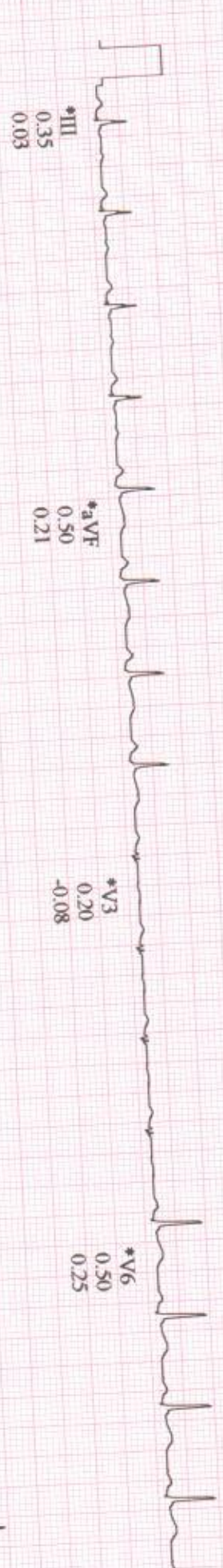
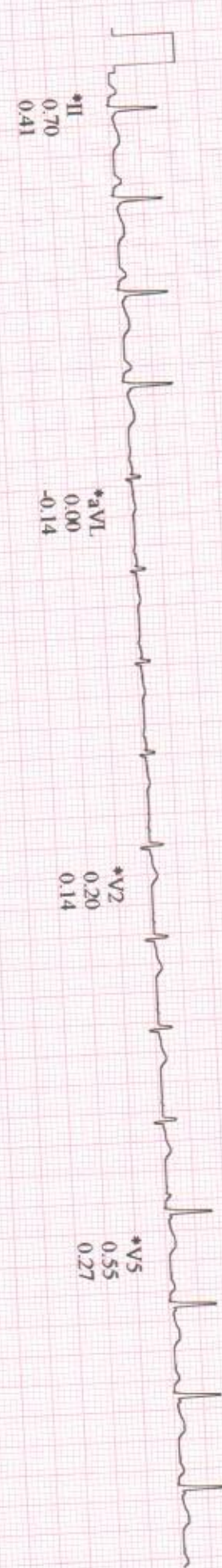
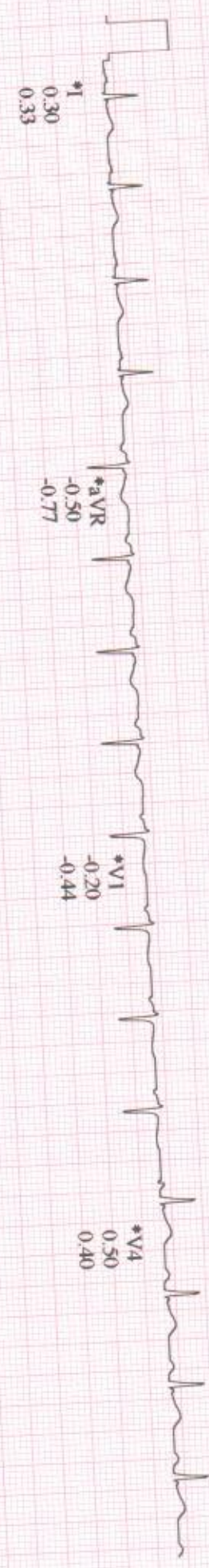
97 bpm  
120/80 mmHg

PRETEST  
WARM-UP  
00:42

BRUCE  
0.0 mph  
0.0 %

Lead  
ST Level (mm)  
ST Slope (mV/s)

ST @ 10mm/mV  
60 ms post J



MR. SHAILESHA DS  
Patient ID: 24008242  
18.11.2024  
10:26:46am

LINKED MEDIANS

137 bpm  
120/80 mmHg

EXERCISE  
STAGE 1  
02:50

BRUCE  
1.7 mph  
10.0%

UNITED HOSPITAL

ST @ 10mm/mV  
60 ms post J

Lead  
ST Level (mm)  
ST Slope (mV/s)

\*I  
0.05  
-0.25

\*aVR  
0.10  
-0.98

\*V1  
0.05  
-0.25

\*V4  
0.10  
0.81

\*II  
-0.30  
0.99

\*aVL  
0.20  
-0.94

\*V2  
0.25  
0.04

\*V5  
0.00  
0.55

\*III  
-0.40  
1.22

\*aVF  
-0.35  
1.12

\*V3  
0.45  
-0.34

\*V6  
-0.15  
0.20

Raw Data

\*Computer Synthesized Rhythms

Start of Test: 10:22:55am

GE  
25 mm/s 10 mm/mV 50Hz 0.01 - 20Hz S+ HR(V6L) CE

MR. SHAIL ESHA D'S  
Patient ID: 24008242  
18.11.2024  
10:29:46am

LINKED MEDIANS

UNITED HOSPITAL

160 bpm  
130/80 mmHg

EXERCISE  
STAGE 2  
05:50

BRUCE  
2.5 mph  
12.0%

Lead  
ST Level (mm)  
ST Slope (mV/s)

ST @ 10mm/mV  
60 ms post J

\*I  
0.10  
0.47

\*aVR  
0.20  
-0.83

\*V1  
0.30  
-0.41

\*V4  
-0.55  
1.25

\*II  
-0.55  
0.99

\*aVL  
0.35  
-0.06

\*V2  
0.20  
-0.20

\*V5  
-0.75  
1.10

\*III  
-0.60  
0.72

\*aVF  
-0.60  
0.88

\*V3  
-0.20  
-1.12

\*V6  
-0.60  
1.00

Raw Data

\*Computer Synthesized Rhythms

GE

CASE V6.73

25 mm/s 10 mm/mV 50Hz 0.01 - 20Hz S+ HR(V6,J)

Start of Test: 10:22:55am

MR. SHAILESHA DS  
Patient ID: 24008242  
18.11.2024  
10:31:57am

166 bpm  
140/90 mmHg

LINKED MEDIANS (PEAK EXERCISE)

EXERCISE  
STAGE 3  
08:01

BRUCE  
3.4 mph  
14.0%

UNITED HOSPITAL

Lead  
ST Level (mm)  
ST Slope (mV/s)

ST @ 10mm/mV  
60 ms post J

\*I  
0.00  
0.90

\*aVR  
0.35  
-1.24

\*V1  
0.55  
-1.01

\*V4  
-0.50  
1.46

\*II  
-0.65  
1.18

\*aVL  
0.35  
0.30

\*V2  
0.30  
0.41

\*V5  
-0.65  
1.39

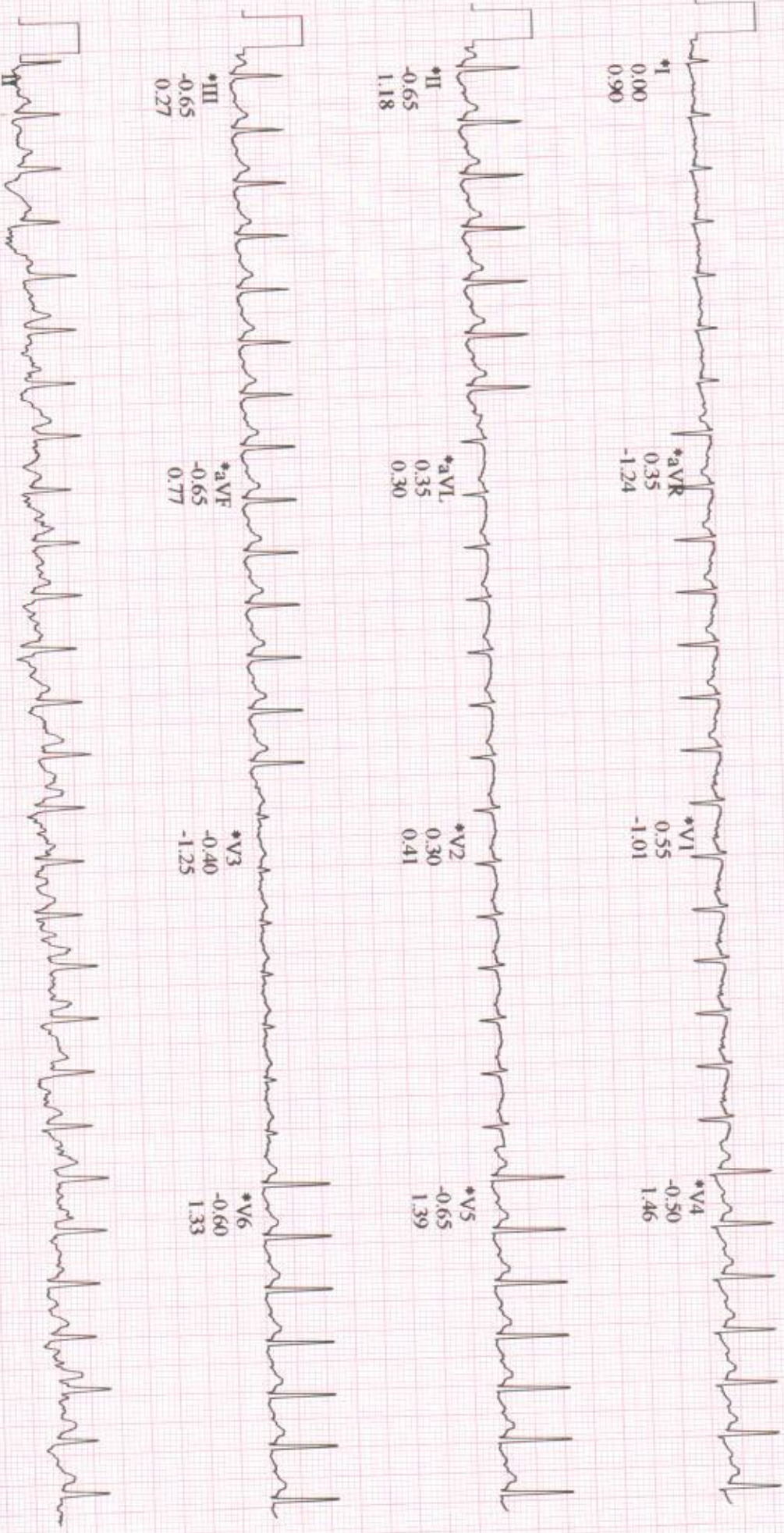
\*III  
-0.65  
0.27

\*aVF  
-0.65  
0.77

\*V3  
-0.40  
-1.25

\*V6  
-0.60  
1.33

Raw Data



\*Computer Synthesized Rhythms

MR. SHAILESHA D S  
 Patient ID: 24008242  
 18.11.2024  
 10:32:47am

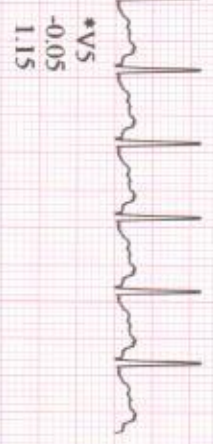
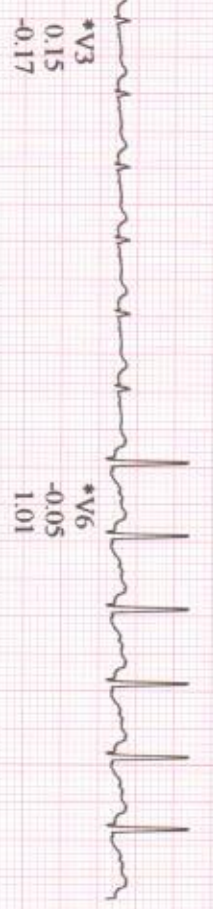
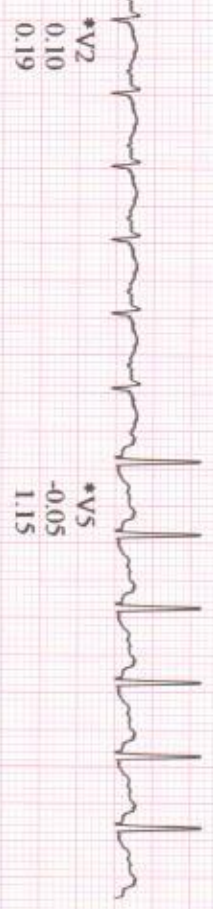
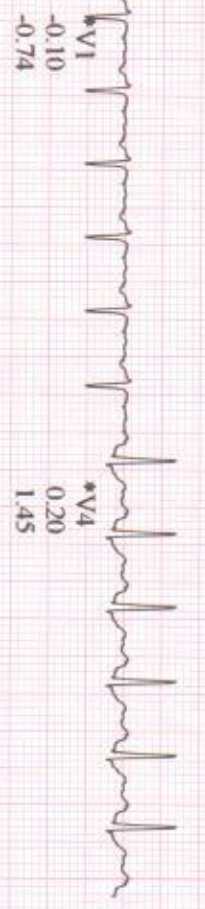
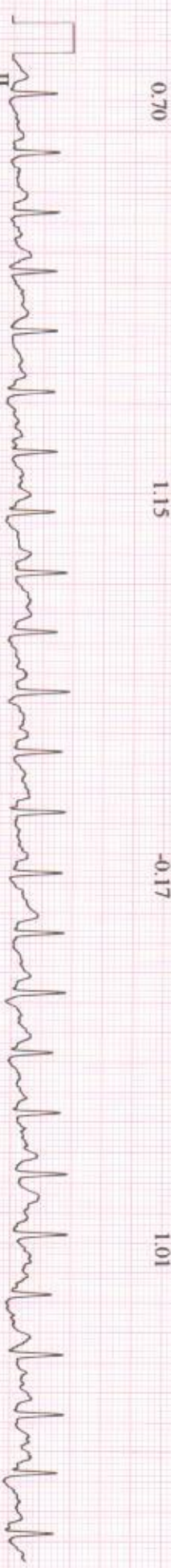
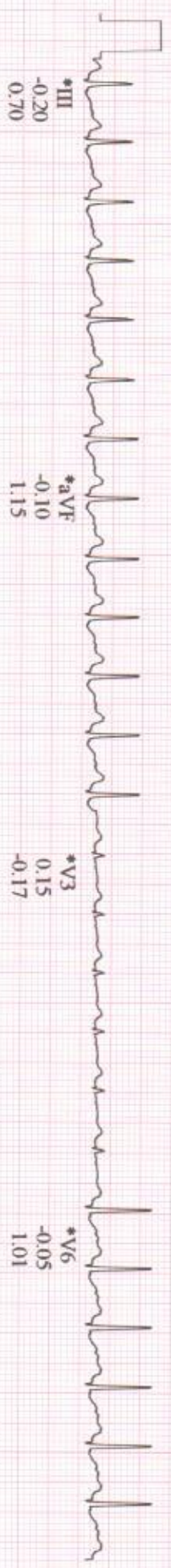
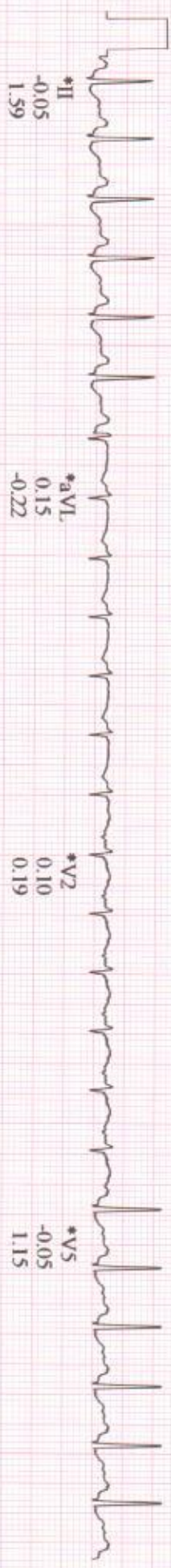
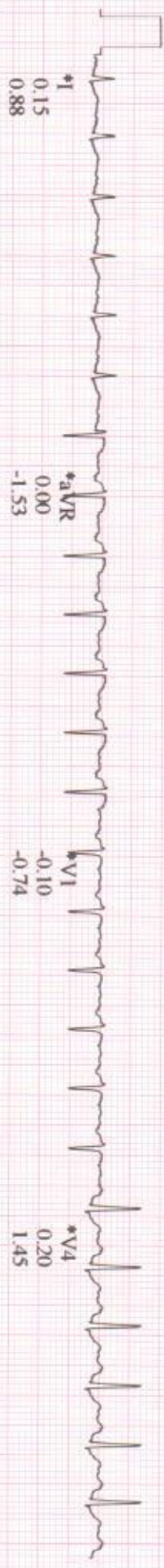
LINKED MEDIANS

UNITED HOSPITAL

151 bpm  
 140/90 mmHg  
 RECOVERY #1  
 00:50  
 BRUCE  
 1.5 mph  
 0.0 %

ST @ 10mm/mV  
 60 ms post J

Lead  
 ST Level (mm)  
 ST Slope (mV/s)



\*Computer Synthesized Rhythms

142 bpm  
140/90 mmHg

RECOVERY  
#1  
01:50

BRUCE  
1.2 mph  
0.0 %

Lead  
ST Level (mm)  
ST Slope (mV/s)

ST @ 10mm/mV  
60 ms post J



\*Computer Synthesized Rhythms  
Start of Test: 10:22:55am