

M.S. CHOUDARY, MBBS, DLO, MD  
Registered No: 9747 (A.P. Med. Council,  
IAGANTI CLINIC, ADARSH DIAGNOSTICS  
D.No. 29-3-23, Flat No: 102  
Sri Ranga Heights Ground Floor  
Kaleswara Rao Road, Governorpet  
TJAYAWADA-520 002. Ph: 66646

# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

Of (Name) CH. NAREN MANOHAR 36/M on (Date) 09-03-2024

After reviewing the medical history and on clinical examination it has been found that he/she is

<input checked="" type="checkbox"/> <b>Medically Fit</b>	Tick
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>• Currently Unfit. Review after _____ Recommended _____</li> <li>• Unfit</li> </ul> <p>❖ <b>Physically Challenge Status (Yes/NO)</b> <input checked="" type="checkbox"/> _____</p> <p>○ If Yes, Need Details Description _____</p> <p>_____</p>	<input type="checkbox"/>

Dr. M.S. CHOUDARY  
**Medical Officer**  
**Clinic Name & Address**

**M.S. CHOUDARY, MBBS, DLO, MD**  
 Registered No: 9747 (A.P. Med. Council),  
**IAGANTI CLINIC, ADARSH DIAGNOSTICS**  
 D.No. 29-3-23, Flat No: 102  
 Sri Ranga Heights Ground Floor  
 Kaleswara Rao Road, Governorpet  
**JAYAWADA-520 002. Ph: 66646**

*[Handwritten signature]*

**MER- MEDICAL EXAMINATION REPORT**

Date of Examination	09-03-2024		
NAME	CH. NAREN MANOJ HAR		
AGE	36	Gender: M	
HEIGHT(cm)	177	WEIGHT(kg): 89	BMI: 28
B.P.	120/80		
ECG	NORMAL		
X Ray	NORMAL		
WEAR GLASSES RE 2 -1.5 LE 3 -1.5 Vision Checkup: NORMAL →		Left Eye	Right Eye
	Distance Vision:	6/6	6/6
	Near Vision:	N/6	N/6
	Color Vision:	NORMAL	
ENT / Audiometry Checkup	NORMAL		
Present Ailments	NIL		
Details of Past ailments (If Any)	NIL		
Comments / Advice : She /He is Physically Fit	FIT		
GOOD HEALTH			

*Fit*

*M.S. Choudary*

**Signature with Stamp of Medical Examiner**

**M.S. CHOUDARY, MBBS, DLO, MS**  
 Registered No: 9747 (A.P. Med. Council),  
 AGANTI CLINIC, ADARSH DIAGNOSTICS  
 D.No: 29-3-23, Flat No: 102  
 Sri Ranga Heights Ground Floor  
 Kaleswara Rao Road, Governorpet  
 JAYAWADA-520 002. Ph: 66646



# ADARSH DIAGNOSTICS

ISO 9001 : 2015 CERTIFIED

D.No. 29-3-23, Flat No : 102, Opp. I.V. Palace Road, Sri Ranga Heights,  
Ground Floor, Kaleswara Rao Road, Governorpet,  
VIJAYAWADA - 520 002. © (0866) 6664639, Fax : 2431916

## BOB

Name of the life to be Assured:-CH.N.MANO HAR Age:-36/M

### BLOOD EXAMINATION REPORT

FASTING BLOOD SUGAR(FBS):	82 mg%	(N.VALUE:60 – 100 mg%)
POST PRANDRLAL BLOOD SUGAR:	136 mg%	(N.VALUE:60-150 mg%)
S.CHOLESTEROL	: 179 mg%	(N.VALUE:130 – 250 mg%)
S.TRIGLY CERIDES	: 132 mg%	(N.VALUE:UP TO 175 mg%)
HDL	: 43.4 mg%	(N.VALUE:35 – 55 mg%)
V L D L	: 25.2 mg%	(N.VALUE: UP TO 30 mg%)
LDL	: 110.8	(N.VALUE:UP TO 150 mg%)
UREA	: 26 mg%	(N.VALUE:10 – 50 mg%)
BUN	: 14 mg%	(N.VALUE:08 – 20 mg%)
S.CREATININE	: 0.9 mg%	(N.VALUE:0.5 – 1.6 mg%)
S.PROTEINS	: 7.2 gms%	(N.VALUE:6.0 – 8.0 gms%)
ALBUMIN	: 4.6 gms%	(N.VALUE:3.5 – 5.6 gms%)
GLOBULIN	: 2.6 gms%	(N.VALUE:2.0 – 3.6 gms%)
A.G. RATIO	: 1.76	
S.URIC ACID	: 5.5 mg%	(N.VALUE:2.5 – 7.0 mg%)
S.BILIRUBIN	: 0.8 mg%	(N.VALUE: 0.2 – 1.2 mg%)
DIRECT BILIRUBIN	: 0.1 mg%	(N.VALUE:0.0 – 0.2 mg%)
INDIRECT BILIRUBIN	: 0.7 mg%	
S G O T	: 21 IU/ML	(N.VALUE:8 – 35 IU/ML)
S G P T	: 26 IU/ML	(N.VALUE:13 – 40 IU/ML)
S.ALKLINE PHOSPHATESE	: 7.4 KA UNITES	(N.VALUE:4 – 11 KA UNITES)
GGTP	: 12 IU/ML	(N.VALUE:4 – 24 IU/ML)
Hbs Ag	: NEGATIVE(-VE)	

Dated at Vijayawada on the 09<sup>TH</sup> day of MARCH 2024

(Pathologist/Dr.Inchrge)

ADARSH DIAGNOSTICS  
D.No: 29-3-23, Flat No: 102  
SRI RANGA HEIGHTS, GROUND FLOOR  
Kaleswara Rao Road, Governorpet  
VIJAYAWADA-520 002. Ph: 6664639

X-RAY, ECG, E.E.G. PATHOLOGICAL, SEROLOGICAL, BIO-CHEMICAL, IMMUNOASSAY, BLOOD BANK,  
TREAD- MILL STRESS TEST : ULTRA SOUND SCAN WITH 2-D ECHO CARDIOGRAPHY, HOLTER RECORD,  
AUDIOMETRY AND 24 HOURS AMBULANCE, ENDOSCOPY



# ADARSH DIAGNOSTICS

ISO 9001 : 2015 CERTIFIED

D.No. 29-3-23, Flat No : 102, Opp. I.V. Palace Road, Sri Ranga Heights,  
Ground Floor, Kaleswara Rao Road, Governorpet,  
VIJAYAWADA - 520 002. © (0866) 6664639, Fax : 2431916

BOB

Name of the life to be Assured:-CH.N.MANOHAR Age:-36/M

## URINE EXAMINATION REPORT

### MACROSCOPY

QUANTITY	:	8.5ML
APPEARANCE	:	CLEAR
COLOUR	:	PALE YELLOW
SP GRAVITY	:	1.020
REACTION	:	ACIDIC

### CHEMICAL

BILE SALTS	:	NEGATIVE(-VE)
BILE PIGMENTS	:	NEGATIVE(-VE)
UROBILINOGEN	:	NORMAL
ACETONE	:	NEGATIVE(-VE)
OCCULT BLOOD	:	NEGATIVE(-VE)
ALBUMIN	:	NIL
URINE SUGAR	:	NIL

### MICRO

R B C	:	NIL
CAST	:	NIL
PUS CELLS	:	2-3/HPF
E P CELLS	:	NIL
CRYSTALS	:	NIL
BACTERIA	:	NIL

Dated at Vijayawada on the 09<sup>TH</sup> day of MARCH 2024

*M See*

(Pathologist/Dr.Incharge)

ADARSH DIAGNOSTICS

D.No: 29-3-23, Flat No: 102

SRI RANGA HEIGHTS, GROUND FLOOR,

KALESWARA RAO ROAD, GOVERNORPET,

VIJAYAWADA-520 002. Ph: (0866) 6664639

X-RAY, ECG, E.E.G. PATHOLOGICAL, SEROLOGICAL, BIO-CHEMICAL, IMMUNOASSAY, BLOOD BANK,  
TREAD- MILL STRESS TEST : ULTRA SOUND SCAN WITH 2-D ECHO CARDIOGRAPHY, HOLTEN RECORD,  
AUDIOMETRY AND 24 HOURS AMBULANCE, ENDOSCOPY



# ADARSH DIAGNOSTICS

ISO 9001 : 2015 CERTIFIED

D.No. 29-3-23, Flat No : 102, Opp. I.V. Palace Road, Sri Ranga Heights,  
Ground Floor, Kaleswara Rao Road, Governorpet,  
VIJAYAWADA - 520 002. © (0866) 6664639, Fax : 2431916

BOB

Name of the life to be Assured:-CH.N.MANOHAR Age:-36/M

## BLOOD EXAMINATION REPORT

TEST	CBC	RESULT	NORMAL RANGE
HAEMOGLOBIN(HGB)	:	14.4 gm%	(12.0 – 16.0 g/100ml)
P C V ( HAEMATOCRIT)	:	43.2 gm%	( 36 - 48 %)
MCV	:	88.06 CU.MM	( 76 - 92 CU MM)
MCH	:	30.04MM.G	( 27 - 32 MM G)
MCHC	:	32.3 %	( 30 - 35 %)
RDW	:	NORMAL	
M P V	:	NORMAL	
INDICES	:	NORMAL	
T R B C	:	4.8 miil/cumm	( 3.9 – 6.5miil/cumm)
PLATELET COUNT	:	2.1 lakhs/c.mm	( 1.5 - 4.0 lakshs/c.mm)
T W B C	:	7,800 cells/cumm	(4,000-10,000cells/cumm)
DIFFERENTIAL COUNT			
NEUTROPHILS	:	70 %	( 40 - 74 %)
LYMPHOCYTES	:	25 %	( 20 - 45%)
EOSINOPHILS	:	05 %	( 2 - 06 %)
MONOCYTES	:	---	( 00 - 02 %)
BASOPHILS	:	---	( < 1% )
E S R	:	16 mm/ 1st hour	( 02 - 12mm/1 st hour)
GROUP	:	“ B”	
RH TYPE	:	POSITIVE(+VE)	

Dated at Vijayawada on the 09<sup>TH</sup> day of MARCH 2024

*W*

(Pathologist/Dr.Incharge)

**ADARSH DIAGNOSTICS**

D.No: 29-3-23, Flat No: 102  
SRI RANGA HEIGHTS, GROUND FLOOR  
Kaleswara Rao Road, Governorpet  
VIJAYAWADA-520 002. Ph. 6664639

X-RAY, ECG, E.E.G. PATHOLOGICAL, SEROLOGICAL, BIO-CHEMICAL, IMMUNOASSAY, BLOOD BANK,  
TREAD- MILL STRESS TEST : ULTRA SOUND SCAN WITH 2-D ECHO CARDIOGRAPHY, HOLTER RECORD,  
AUDIOMETRY AND 24 HOURS AMBULANCE, ENDOSCOPY



# ADARSH DIAGNOSTICS

ISO 9001 : 2015 CERTIFIED

D.No. 29-3-23, Flat No : 102, Opp. I.V. Palace Road, Sri Ranga Heights,  
Ground Floor, Kaleswara Rao Road, Governorpet,  
VIJAYAWADA - 520 002. © (0866) 6664639, Fax : 2431916

BOB

Name of the life to be Assured:-CH.N.MANO HAR Age:-36/M

## BLOOD EXAMINATION REPORT

GLYCOSYLATED HEMOGLOBIN TEST :HbA1c  
(MEAN BLOOD GLUCOSE LEVEL FOR THE LAST 2 MONTHS)

RESULT	:	5.4 %
IMPRESSION	:	NON DIABETIC
INTERPRETATION OF TEST	:	
HbA1c		%OF GLUCOSE CONTROL
>10 %	:	POOR
9% - 10 %	:	FAIR
8% - 9%	:	GOOD
7% - 8%	:	CONTROL
6% - 7 %	:	NEAR NORMAL
<6	:	NON DIABETIC

Dated at Vijayawada on the 09<sup>TH</sup> day of MARCH 2024

  
(Pathologist/DR.Incharge)  
**ADARSH DIAGNOSTICS**  
D.No: 29-3-23, Flat No: 102  
SRI RANGA HEIGHTS, GROUND FLOOR  
Kaleswara Rao Road, Governorpet  
VIJAYAWADA-520 002. Ph: 6664639

X-RAY, ECG, E.E.G. PATHOLOGICAL, SEROLOGICAL, BIO-CHEMICAL, IMMUNOASSAY, BLOOD BANK,  
TREAD- MILL STRESS TEST : ULTRA SOUND SCAN WITH 2-D ECHO CARDIOGRAPHY, HOLTER RECORD,  
AUDIOMETRY AND 24 HOURS AMBULANCE, ENDOSCOPY



# ADARSH DIAGNOSTICS

ISO 9001 : 2015 CERTIFIED

D.No. 29-3-23, Flat No : 102, Opp. I.V. Palace Road, Sri Ranga Heights,  
Ground Floor, Kaleswara Rao Road, Governorpet,  
VIJAYAWADA - 520 002. © (0866) 6664639, Fax : 2431916

BOB

Name of the life to be Assured:-CH.N.MANOHAR Age:-36/M

## BLOOD EXAMINATION REPORT

T3 (N.VALUE)	:	164 ng/dl
	:	70 - 204 ng/dl)
T4 (N.VALUE)	:	7.9 ug/dl
	:	5.5 -11.0ug/dl)
THYROID STIMULATING HORMONE TSH (N.VALUE)	:	2.20uIU/ml
	:	0.35-5.50 uIU/ml)

Dated at Vijayawada on the 09<sup>TH</sup> day of MARCH 2024

  
(Pathologist/Dr.Inchrge)

**ADARSH DIAGNOSTICS**

D.No: 29-3-23, Flat No: 102  
SRI RANGA HEIGHTS, GROUND FLOOR  
Kaleswara Rao Road, Governorpet  
VIJAYAWADA-520 002. Ph: 6664639

X-RAY, ECG, E.E.G, PATHOLOGICAL, SEROLOGICAL, BIO-CHEMICAL, IMMUNOASSAY, BLOOD BANK,  
TREAD- MILL STRESS TEST : ULTRA SOUND SCAN WITH 2-D ECHO CARDIOGRAPHY, HOLTER RECORD,  
AUDIOMETRY AND 24 HOURS AMBULANCE, ENDOSCOPY





# ADARSH DIAGNOSTICS

ISO 9001 : 2015 CERTIFIED

D.No. 29-3-23, Flat No : 102, Opp. I.V. Palace Road, Sri Ranga Heights,  
Ground Floor, Kaleswara Rao Road, Governorpet,  
VIJAYAWADA - 520 002. © (0866) 6664639, Fax : 2431916

BOB

Name of the life to be Assured : CH.NAREN MANOHAR      Age:- 36/M

## E C G REPORT

<i>RATE</i>	:	<i>55bpm</i>
<i>RHYTHM</i>	:	<i>SINUS</i>
<i>P</i>	:	<i>NORMAL</i>
<i>P R INTERVAL</i>	:	<i>171ms</i>
<i>Q R S INTERVAL</i>	:	<i>93ms</i>
<i>S T SEGEMENT</i>	:	<i>NORMAL</i>
<i>T WAVES</i>	:	<i>NORMAL</i>
<i>Q WAVES</i>	:	<i>NIL</i>
<i>HYPERTRPHY</i>	:	<i>NO</i>
<i>Q T</i>	:	<i>405ms</i>
<i>Q R S AXIS</i>	:	<i>69Deg</i>
<i>IMPRESSION</i>	:	<i>NORMAL ECG</i>

Dated at Vijayawada on the 09<sup>th</sup> day of MARCH 2024

*mm*

CONSULTANT CARDIOLOGIST  
Dr. MAGANTI S.V.R.K.V. PRASAD  
M.B.B.S.;PGDHS;DC(CARDIOLOGY)  
Regd.No:14414 (A.P.MED.COUNCIL)  
CONSULTANT CARDIOLOGIST  
MAGANTI CLINIC  
VIJAYAWADA.

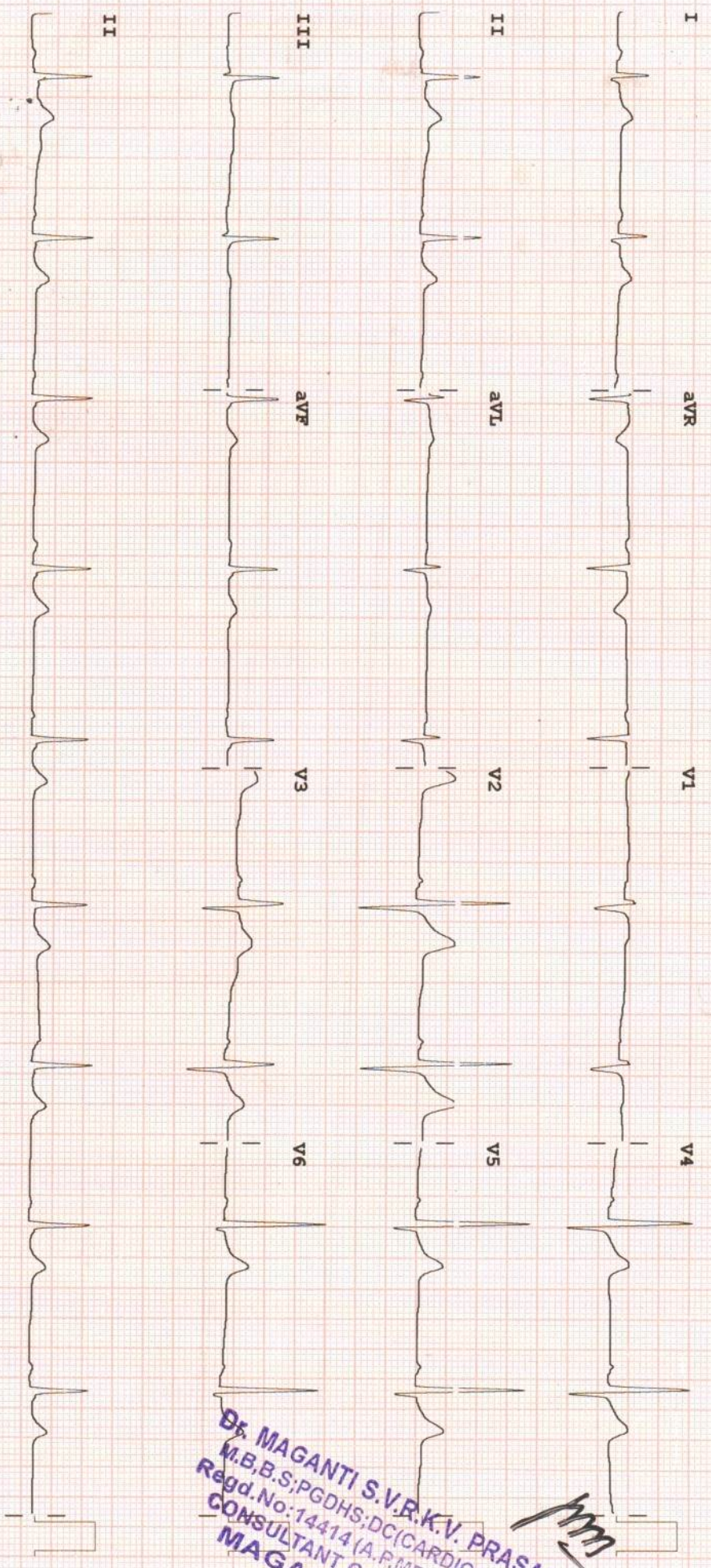
X-RAY, ECG, E.E.G. PATHOLOGICAL, SEROLOGICAL, BIO-CHEMICAL, IMMUNOASSAY, BLOOD BANK,  
TREAD- MILL STRESS TEST : ULTRA SOUND SCAN WITH 2-D ECHO CARDIOGRAPHY, HOLTER RECORD,  
AUDIOMETRY AND 24 HOURS AMBULANCE, ENDOSCOPY

Rate 55 . Sinus rhythm.....normal P axis, V-rate 50-99  
 PR 171 . Abnormal R-wave progression, early transition.....QRS area > 0 in V2  
 QRSD 93  
 QT 405  
 QTc 388

--AXIS--  
 P -8  
 QRS 69  
 T 34  
 12 Lead; standard Placement

- OTHERWISE NORMAL ECG -

Requested by: BOB  
 Unconfirmed Diagnosis



**Dr. MAGANTI S.V.R.K.V. PRASAD**  
 M.B.B.S; PGDHS; DC(CARDIOLOGY)  
 Regd.No: 14414 (A.F.MED.COUNCIL)  
 CONSULTANT CARDIOLOGIST  
**MAGANTI CLINIC**  
 VIJAYAWADA.

Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 60~ 0.15-100 Hz

PH100B CL

P?

PHILIPS

SECURIDER M0000A



# ADARSH DIAGNOSTICS

ISO 9001 : 2015 CERTIFIED

D.No. 29-3-23, Flat No : 102, Opp. I.V. Palace Road, Sri Ranga Heights,  
Ground Floor, Kaleswara Rao Road, Governorpet,  
VIJAYAWADA - 520 002. ☎ (0866) 6664639, Fax : 2431916

BOB

Name of the life to be Assured : CH.NAREN MANOHAR      Age:- 36/M

X-RAY CHEST AP VIEW

CARDIAC SIZE IS NORMAL.

LUNG FIELDS ARE CLEAR

BOTH HILA ARE NORMAL

C.P ANGLES ARE CLEAR

NO BONY LESION

IMPRESSION: NORMAL STUDY

Dated at Vijayawada on the 09<sup>th</sup> day of MARCH 2024

CONSULTANT RADIOLOGIST/Dr.Incharge

**DR. G. PRASADA RAO**

MBBS, DMRI

Rg. No: 17266

Consulting Radiologist

X-RAY, ECG, E.E.G. PATHOLOGICAL, SEROLOGICAL, BIO-CHEMICAL, IMMUNOASSAY, BLOOD BANK,  
TREAD- MILL STRESS TEST : ULTRA SOUND SCAN WITH 2-D ECHO CARDIOGRAPHY, HOLTER RECORD,  
AUDIOMETRY AND 24 HOURS AMBULANCE, ENDOSCOPY



# ADARSH DIAGNOSTICS

ISO 9001 : 2015 CERTIFIED

D.No. 29-3-23, Flat No : 102, Opp. I.V. Palace Road, Sri Ranga Heights,  
Ground Floor, Kaleswara Rao Road, Governorpet,  
VIJAYAWADA - 520 002. © (0866) 6664639, Fax : 2431916

BOB

PATIENT NAME:CH.N.MANO HAR  
REF. Dr. :

DATE:09/03 /2024  
AGE:30; SEX:M

## ULTRASONOGRAM OF TOTAL ABDOMEN

LIVER : NORMAL IN SIZE WITH HOMOGENOUS PARENCHYMAL ECHOTEXTURE. NO MASS OR CYST IN LIVER.NO DILATATION OF INTRA HEPATIC BILIARY RADICLES.

GALL BLADDER : NORMAL. NO CALCULI. NO MASS LESION DISTENDED

PANCREAS : NORMAL. NO CALCULI. NO MASS LESION.

C B D : NORMAL. NO CALCULI.

PORTAL VEIN : NORMAL MEASURES 09 MM.

SPLEEN : NORMAL WITH HOMOGENOUS PARENCHYMAL ECHOTEXTURE MEASURED 98 MM.

DIAPHRAGM : BOTH DOMES MOVING WELL WITH RESPIRATION. NO SUB DIAPHRAGMATIC PATHOLOGY.

RIGHT KIDNEY : SIZE 10.2 X 5.6 CMS. NORMAL IN SIZE AND ECHOPATTERN, C.M.D MAINTAINED. P.C.S.NORMAL, NO CALCULI NO HYDRONEPHROSIS. URETER NOT DILATED.

LEFT KIDNEY : SIZE 10.0 X 4.1CMS. NORMAL IN SIZE AND CHOPATTERN.C.M.D.MAINTAINED. PCS NORMAL.NO CALCULI NO HYDRONEPHROSIS. URETER NOT DILATED.

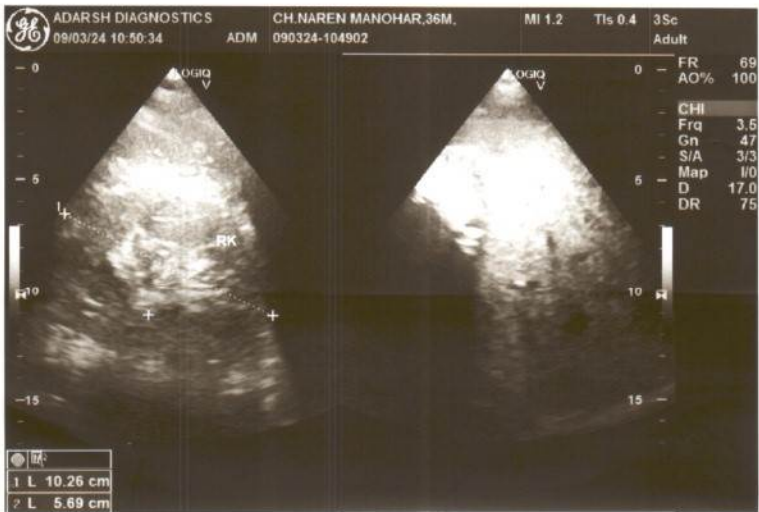
URINARY BLADDER : NORMAL .NO CALCULI. NO MASS LESION.  
PROSTATE : NORMAL IN SIZE AND ECHOTEXTURE .  
OTHERS : NIL  
IMPRESSION : NORMAL STUDY.  
TO CORRELATE CLINICALLY.

*Dr. Incharge*  
Dr.INCHARGE

**ADARSH DIAGNOSTICS**

D.No: 29-3-23, Flat No: 102  
SRI RANGA HEIGHTS, GROUND FLOOR  
Kaleswara Rao Road, Governorpet  
VIJAYAWADA-520 002. Ph: 6664639

X-RAY, ECG, E.E.G. PATHOLOGICAL, SEROLOGICAL, BIO-CHEMICAL, IMMUNOASSAY, BLOOD BANK,  
TREAD- MILL STRESS TEST : ULTRA SOUND SCAN WITH 2-D ECHO CARDIOGRAPHY, HOLTHER RECORD,  
AUDIOMETRY AND 24 HOURS AMBULANCE, ENDOSCOPY





# ADARSH DIAGNOSTICS

ISO 9001 : 2015 CERTIFIED

D.No. 29-3-23, Flat No : 102, Opp. I.V. Palace Road, Sri Ranga Heights,  
Ground Floor, Kaleswara Rao Road, Governorpet,  
VIJAYAWADA - 520 002. © (0866) 6664639, Fax : 2431916


BOB

Name of the life to be Assured:-CH.N.MANO HAR Age:-36/M

2 - D ECHOCARDIOGRAPHY

AORTA	:	3.0 CM	LEFT ATRIUM: 3.5 CMS
LEFT VENTRICLE	:	5.0X 3.1 CM	IVS: 1.0CM LVPW :1.2 CMS
			LVEF:64%
MITRAL VALVE	:	NORMAL	
AORTIC VALVE	:	NORMAL	
TRICUSPID VALVE	:	NORMAL	
PULMONARY VALVE	:	NORMAL	
RIGHT ATRIUM	:	NORMAL	
RIGHT VENTRICLE	:	NORMAL	
PULMONARY ARTERY	:	NORMAL	
PERICARDIUM	:	NORMAL	
IAS	:	INTACT	
IVS	:	INTACT	
OTHERS	:	NIL	
DOPPLER STUDY	:	MV :E<A /NO TR AJV:1.1M/SEC PJV:1.3M/SEC	
IMPRESSION	:	NO RWMA GOOD LV FUNCTION (EF :64%) NORMAL SIZED CHAMBERS.	

Dated at Vijayawada on the 09<sup>TH</sup> day of MARCH 2024

  
CONSULTANT CARDIOLOGIST  
Dr. MAGANTI S.V.R.K.V. PRASAD  
M.B.B.S;PGDHS;DC(CARDIOLOGY)  
Regd.No:14414 (A.P.MED.COUNCIL)  
CONSULTANT CARDIOLOGIST  
MAGANTI CLINIC

X-RAY, ECG, E.E.G. PATHOLOGICAL, SEROLOGICAL, BIO-CHEMICAL, IMMUNOASSAY, BLOOD BANK,  
TREAD- MILL STRESS TEST : ULTRA SOUND SCAN WITH 2-D ECHO CARDIOGRAPHY, HOLTER RECORD,  
AUDIOMETRY AND 24 HOURS AMBULANCE, ENDOSCOPY

