

Name : Ms. HARAGOURI SAHU (44 /F)

Date : 09/03/2024

Address :

Examined by:

UHID : AMHL.0002097742

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH199441



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Heart  
disease, Stroke, Asthma  
Thyroid disease - hypothyroidism;  
Medication - regular; -  
Thyronorm 50mcg



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 16.2.24; Periods - regular;  
No of Children - 2; Last child birth - 6 yrs; Deliveries  
- LSCS

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant

### Weight

- stable



### Past medical history

Covid 19 - Yes  
Hospitalization for  
Covid 19 - No



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Mother - alive  
Diabetes - father, mother  
Hypertension - father  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 149  
Weight - 56  
BMI - 25.22  
Pallor - No  
Oedema - no

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### Cardiovascular system

Heart rate (Per minute) - 82  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 106  
Diastolic(mm of Hg) - 72  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.4	g/dl	●	12.0-15.0
RBC COUNT	4.83 *	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	41.2	%	●	36-46
MCV	85.3	fl	●	83-101
MCH	27.7	pg	●	27-32
MCHC	32.5	%	●	31.5-34.5
RDW	13.9	%	●	11.8-14.0
WBC Count	13100 *	/cu mm	●	4000-10000
Platelet Count	5.37 *	lacs/cu mm	●	1.5-4.0
Neutrophils	70	%	●	40-80
Lymphocytes	25	%	●	20-40
Monocytes	03	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
WBC:	Neutrophilic leucocytosis noted.			
Platelets:	Increased.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	46 *	mm/1st hr	●	0-20

Epithelial Cells 6-8 /h.p.f /hpf  
 Casts: Not Found  
 Crystals: Not Found

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	10	U/L	●	0-35
ALBUMIN - SERUM	3.8	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	78	U/L	●	33-98
AST (SGOT) - SERUM	14	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.3-1.2

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			
Pus Cells	2-4	/hpf		

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	179	mg/dL	●	0-200

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	20	U/L	●	0-38

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	89	mg/dL	●	70-99

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.1	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	49	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	117 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	13	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.8 *	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.941	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	13.29	µg/dL	●	5.48-14.28

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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TRIGLYCERIDES - SERUM 83 mg/dL ● 0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.36	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.5	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	11.3	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.0		●	1.0-2.0

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	17.3			

**PAP SMEAR /CERVICAL SMEAR**

Ref No: AG01.C2402006  
 SPECIMEN TYPE: Conventional cervical smear (Papanicolaou stain) x 1  
 SPECIMEN ADEQUACY: Satisfactory for evaluation with endocervical cells.  
 INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy,with no organism

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

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SUBMAXIMAL (UPTO 80%) STRESS TEST IS  
NEGATIVE FOR PROVOCABLE MYOCARDIAL  
ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade I fatty liver.

\* Bulky uterus.

[NOTE: At times pelvic structures are not well visualized  
due to inadequate patient preparation / excess bowel gas  
shadow. However suggested clinical correlation and  
other investigations if clinically indicated.]

**X-RAY CHEST PA**

\* Chest skiagram does not reveal any significant  
abnormality.

**X-RAY MAMMOGRAPHY BILATERAL (MHC)**

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

**Biochemistry**

GLUCOSE - PLASMA (POST PRANDIAL)



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

3

### ACCEPTABLE SCORE

4

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**