

Report



ARAVALI HOSPITAL
332, AMBAMATA SCHEME, UDAIPUR 313004

547 / YASH AUDICHYA / 31 Yrs / M / 0 Cms / 0 Kg Date: 24-Feb-2024

Non-Cardiac/Pain Angina / Non-Hypercholesterolemia/Non-Diabetic/Negative Estrogen/Non-Athlete

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:22	0:22	00.0	00.0	01.0	057	30 %	120/80	068	00	
Standing	00:56	0:34	00.0	00.0	01.0	065	34 %	120/80	078	00	
HV	01:27	0:31	00.0	00.0	01.0	078	41 %	120/80	093	00	
ExStart	01:35	0:08	00.0	00.0	01.0	086	46 %	120/80	103	00	
BRUCE Stage 1	04:35	3:00	01.7	10.0	04.7	112	59 %	135/85	151	00	
BRUCE Stage 2	07:35	3:00	02.5	12.0	07.1	120	63 %	145/90	174	00	
BRUCE Stage 3	10:35	3:00	03.4	14.0	10.2	152	80 %	150/95	228	00	
PeakEx	11:29	0:54	04.2	16.0	11.2	165	87 %	165/95	272	00	
Recovery	12:29	1:00	00.0	00.0	04.2	132	70 %	165/95	217	00	
Recovery	13:29	2:00	00.0	00.0	01.0	099	52 %	165/95	163	00	
Recovery	14:29	3:00	00.0	00.0	01.0	096	51 %	150/85	144	00	
Recovery	15:29	4:00	00.0	00.0	01.0	092	49 %	150/85	138	00	
Recovery	16:00	4:32	00.0	00.0	01.0	089	47 %	135/80	120	00	

FINDINGS :

- Exercise Time : 09:54
- Max HR Attained : 165 bpm 87% of Target 189
- Max BP Attained : 165/95
- Max WorkLoad Attained : 11.2 Good response to induced stress
- Test Objective : RULED OUT IHD
- History : None
- Test End Reasons : Test Complete Test Complete, Test Complete, Test Complete, Test Complete

REPORT:

Imp. - stress test negative for exercise induced ischemia.

RS



BRUCE:Supine(0:22)

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547 / YASH AUDICHYA / 31 Yrs / M / 0 Cms / 0 Kg / HR : 57

Date: 24-Feb-2024 03:28:24 PM

METS: 1.0 / 57 bpm 30% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J

I
STL 0.4
ST3 0.3

V1
0.4
0.1

II
1.1
1.0

V2
3.0
2.1

III
0.8
0.7

V3
2.4
1.7

avR
-0.8
-0.7

V4
1.3
1.1

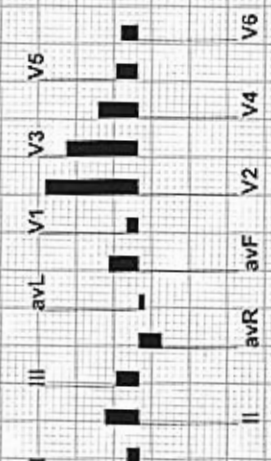
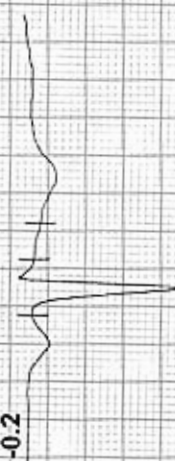
avL
-0.2
-0.2

V5
0.7
0.6

avF
1.0
0.9

V6
0.5
0.4

avL
-0.2



REMARKS:



BRUCE:Standing(0:35)

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547 / YASH AUDICHYA / 31 Yrs / M / 0 Cms / 0 Kg / HR : 65

Date: 24-Feb-2024 03:28:24 PM

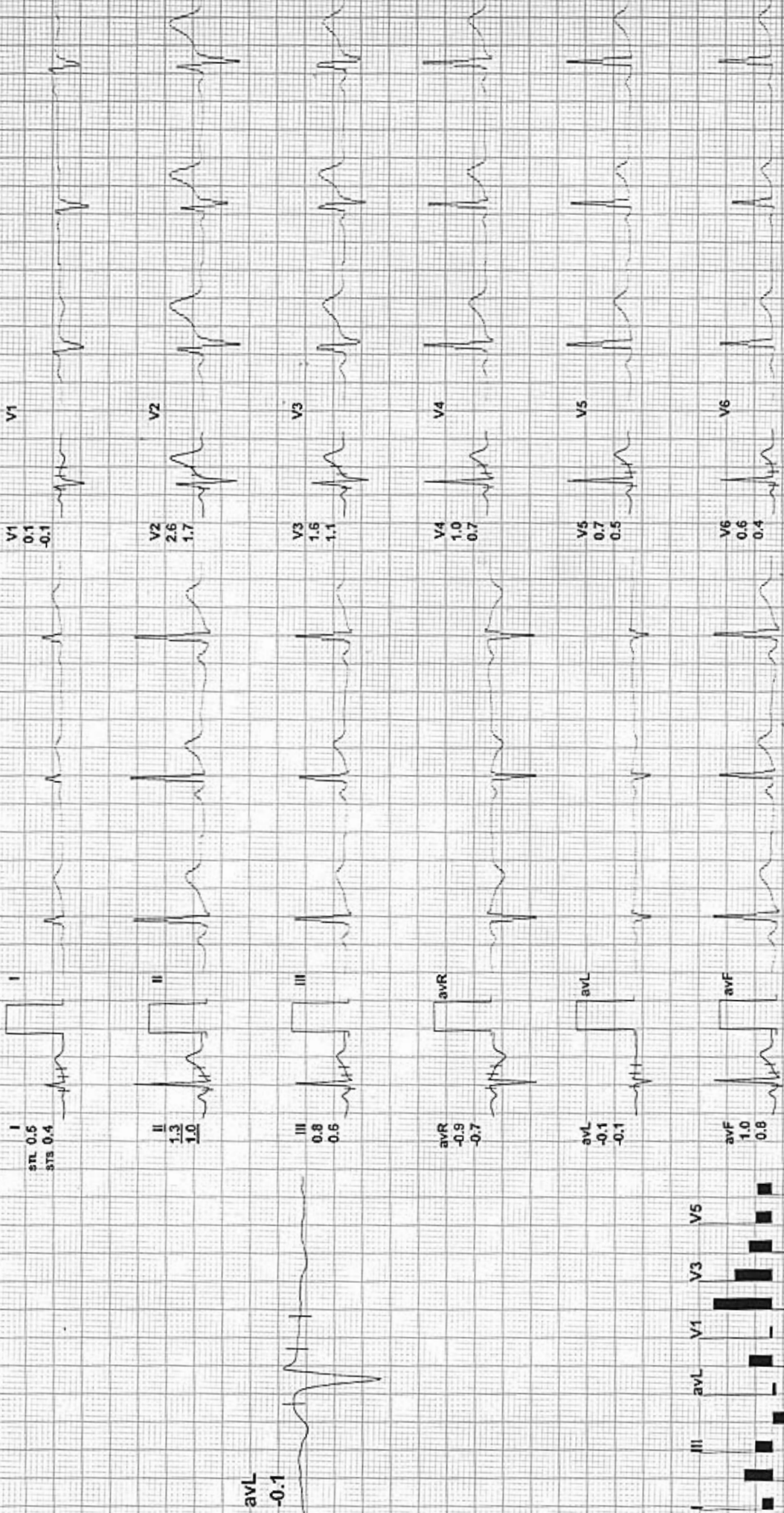
METS: 1.0/ 65 bpm 34% of THR BP: 120/80 mmHg

Combined Medians/ BLC_On/ Notch On/ HF 0.05 Hz/LF 35 Hz

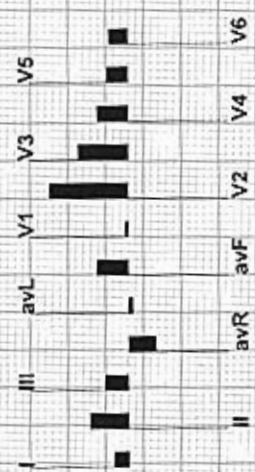
ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



avL -0.1



REMARKS:



BRUCE:HV(0:31)

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547 / YASH AUDICHYA / 31 Yrs / M / 0 Cms / 0 Kg / HR : 78

Date: 24-Feb-2024 03:28:24 PM

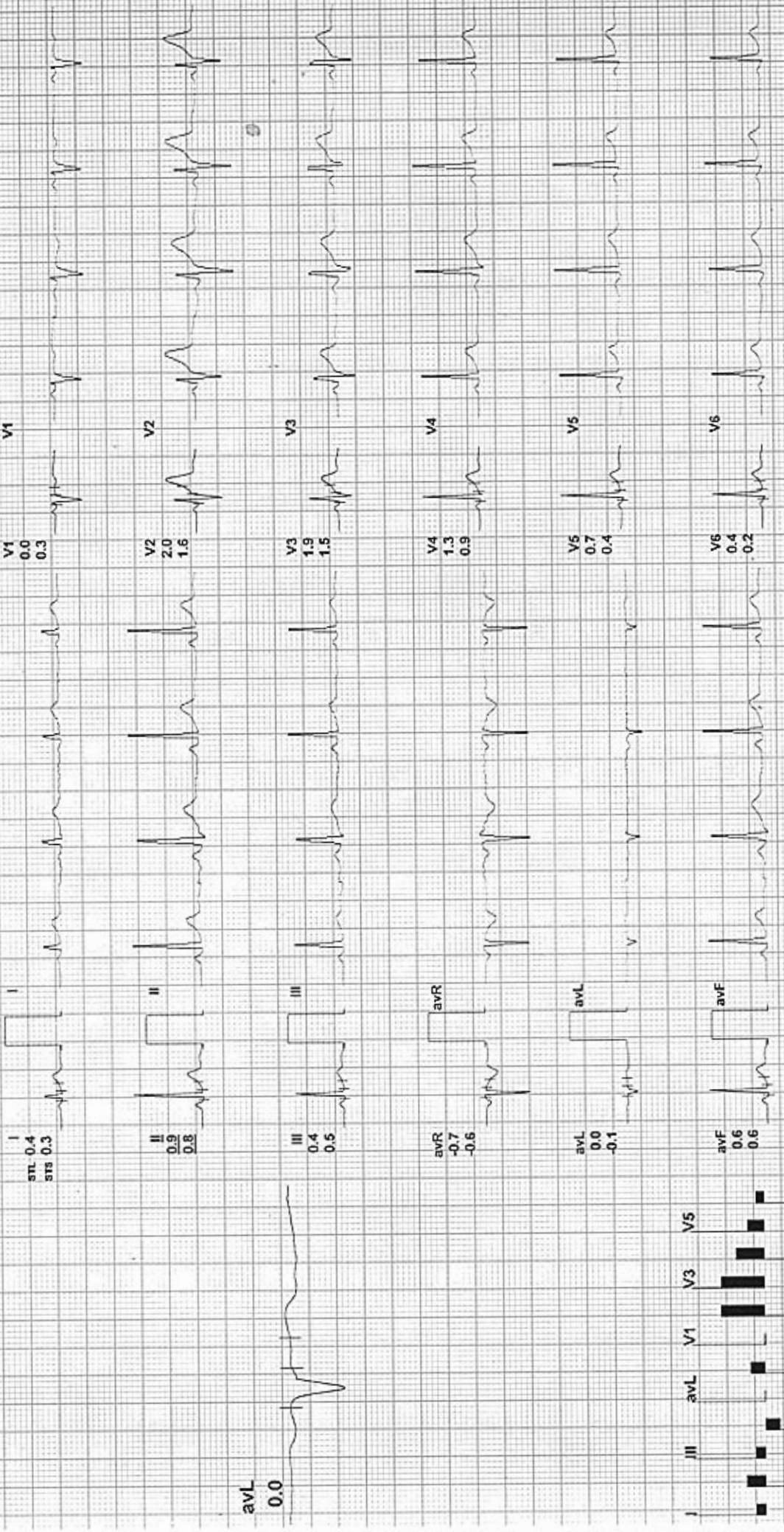
METS: 1.0/78 bpm 41% of THR

BP: 120/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



REMARKS:



ExStart

RAVALI HOSPITAL

47 / YASH AUDICHYA / 31 Yrs / M / 0 Cms / 0 Kg / HR : 86

Date: 24-Feb-2024 03:28:24 PM

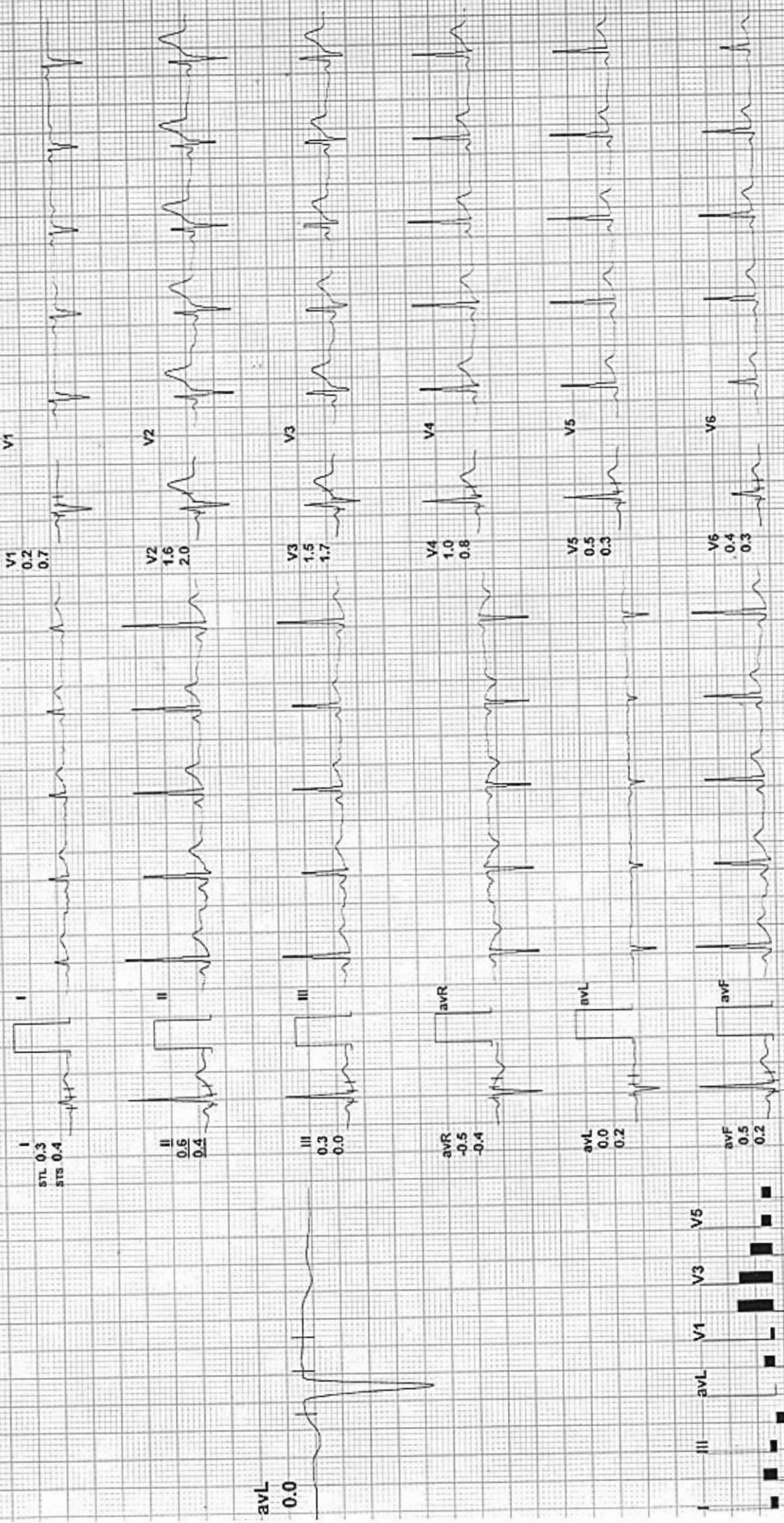
METS: 1.0/ 86 bpm 46% of THR

BP: 120/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



REMARKS: I II III avR avL avF V1 V2 V3 V4 V5 V6



BRUCE: Stage 1 (3:00)

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547 / YASH AUDICHYA / 31 Yrs / M / 0 Cms / 0 Kg / HR : 112

Date: 24-Feb-2024 03:28:24 PM

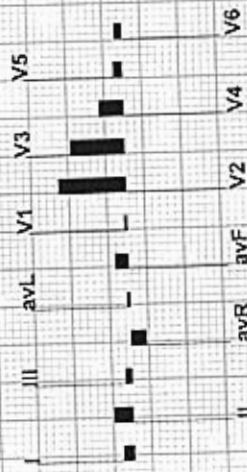
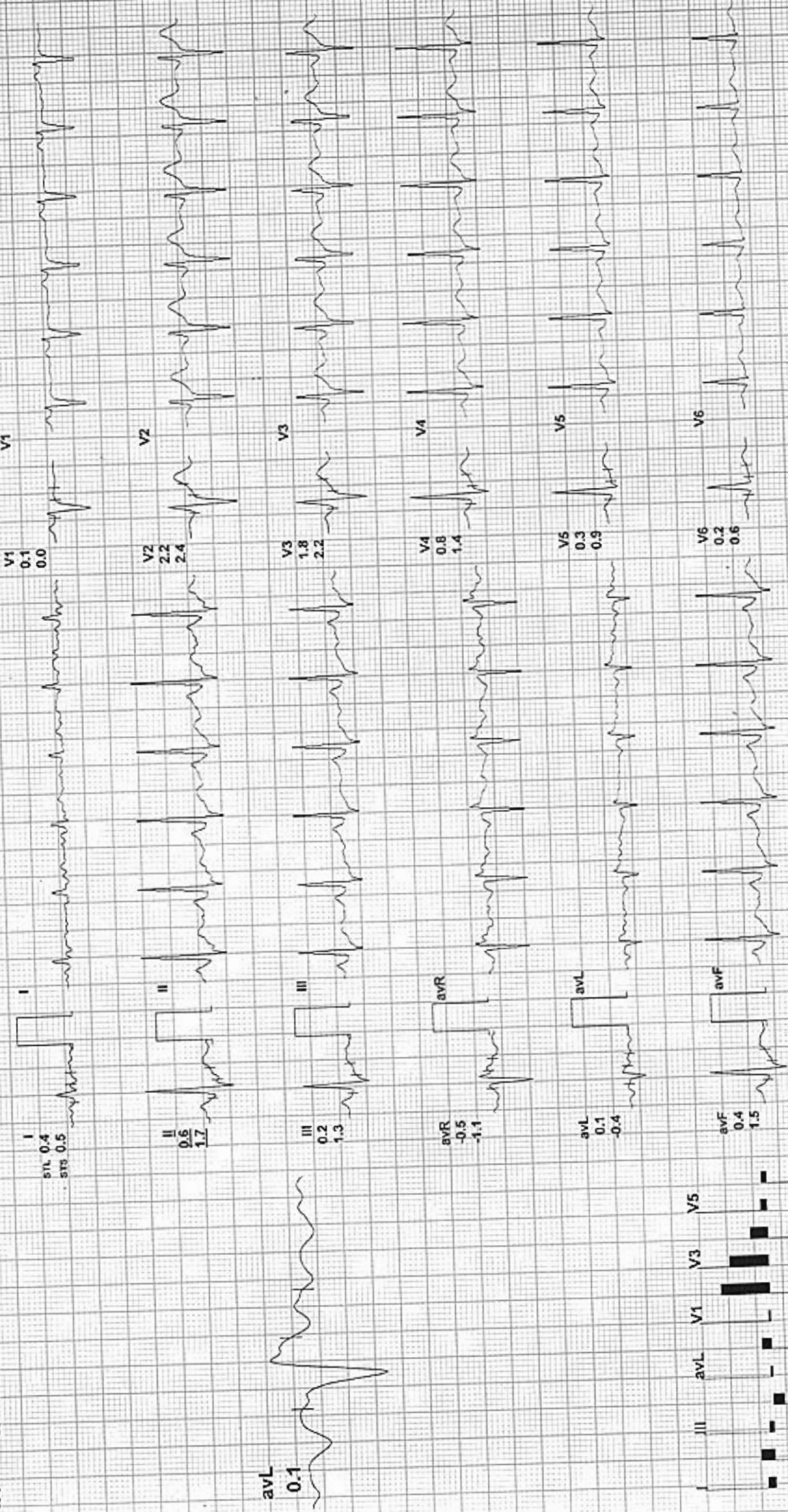
METS: 4.7/112 bpm 59% of THR BP: 135/85 mmHg

Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 03:00 1.7 mph, 10.0%

25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J





BRUCE: Stage 2 (3:00)

RAVALI HOSPITAL

7 / YASH AUDICHYA / 31 Yrs / M / 0 Cms / 0 Kg / HR : 120

EXTime: 06:00 2.5 mph, 12.0%

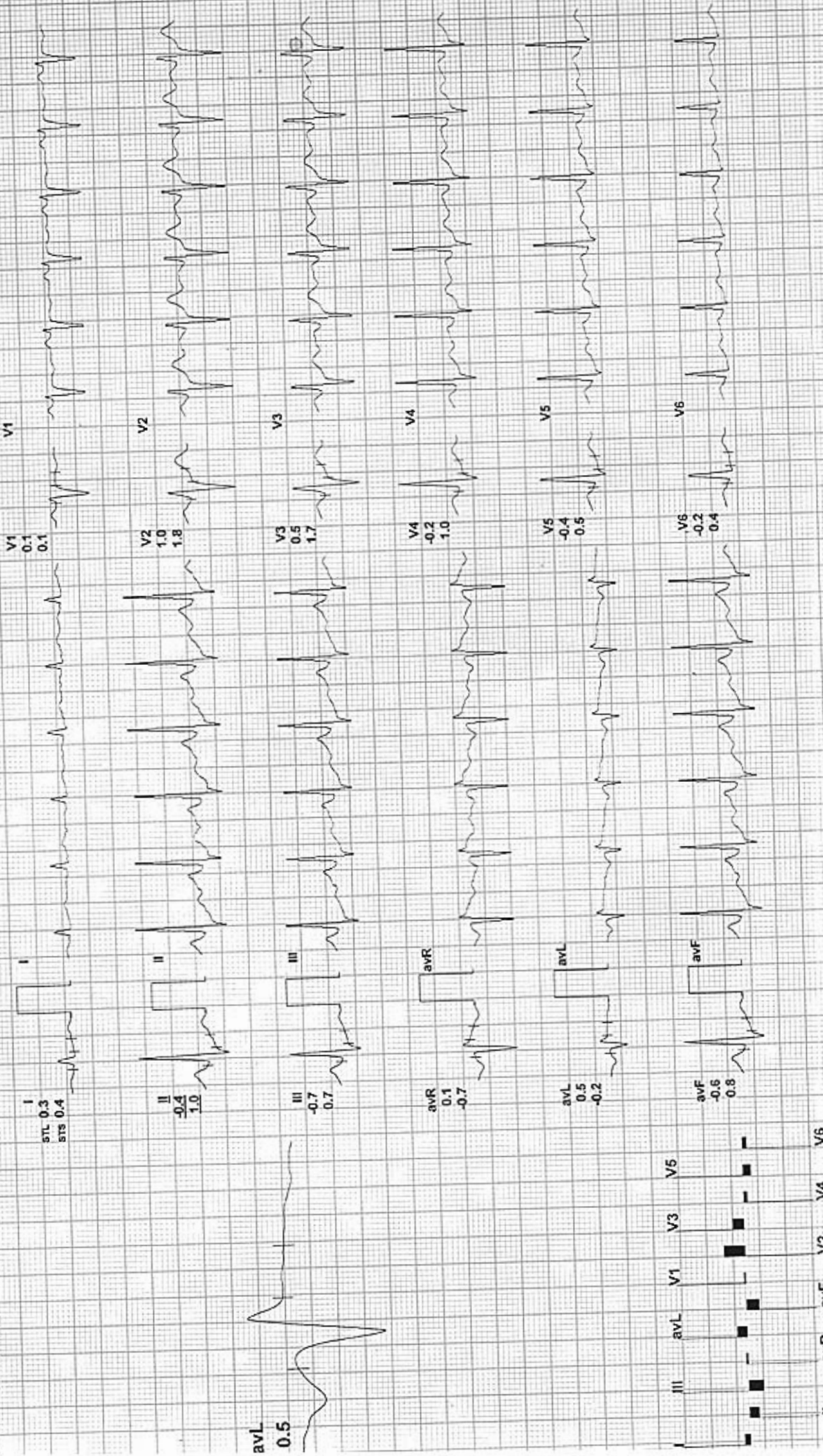
25 mm/Sec, 1.0 Cm/mV

Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

METS: 7.1/ 120 bpm 63% of THR BP: 145/90 mmHg

te: 24-Feb-2024 03:28:24 PM

X 80 mS Post-J





BRUCE: Stage 3(3:00)

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547 / YASH AUDICHYA / 31 Yrs / M / 0 Cms / 0 Kg / HR : 152

Date: 24-Feb-2024 03:28:24 PM

METS: 10.2 / 152 bpm 80% of THR

BP: 150/95 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:00 3.4 mph, 14.0%
25 mm/Sec. 1.0 Cm/mv

4X 60 mS Post J



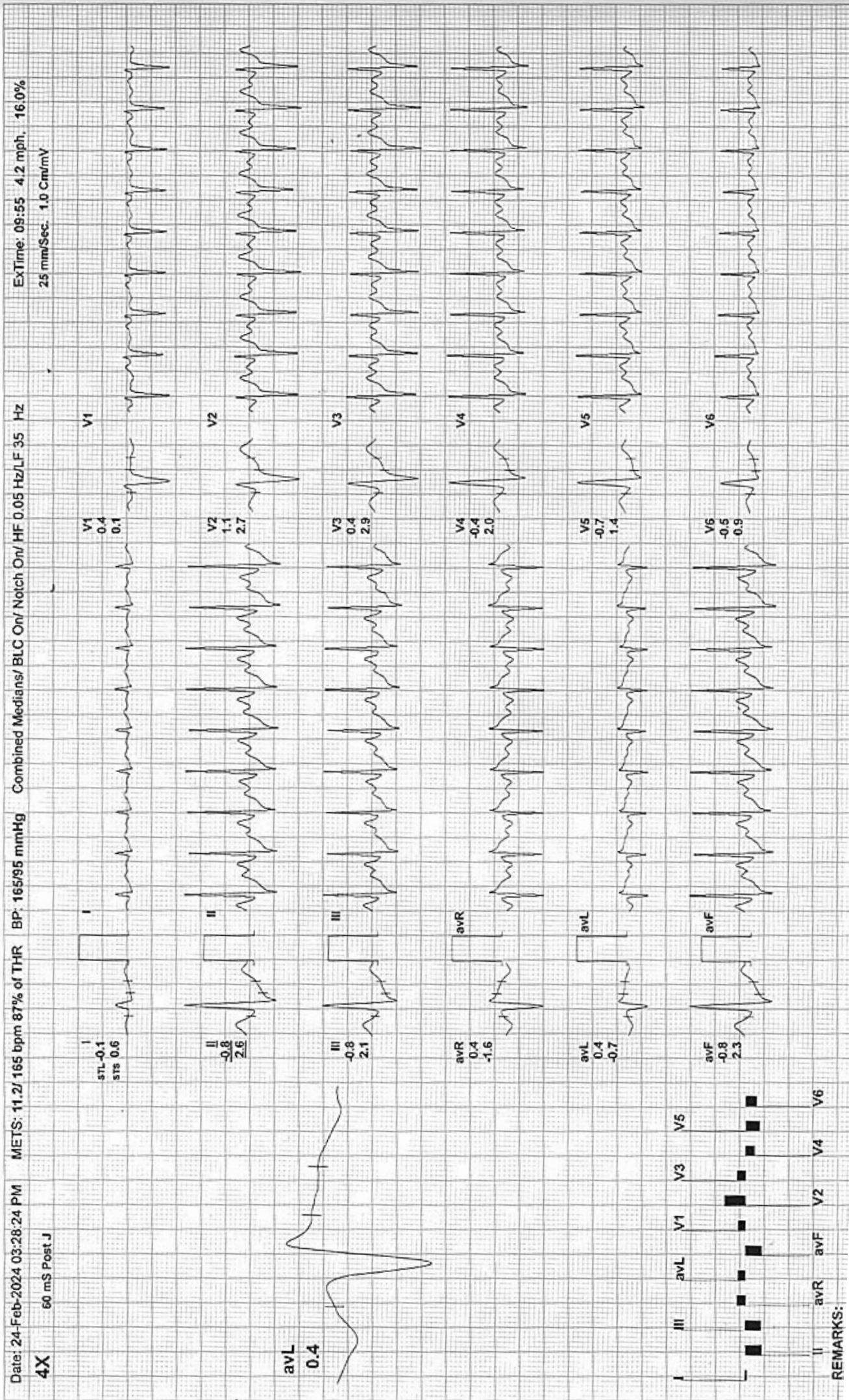
REMARKS:

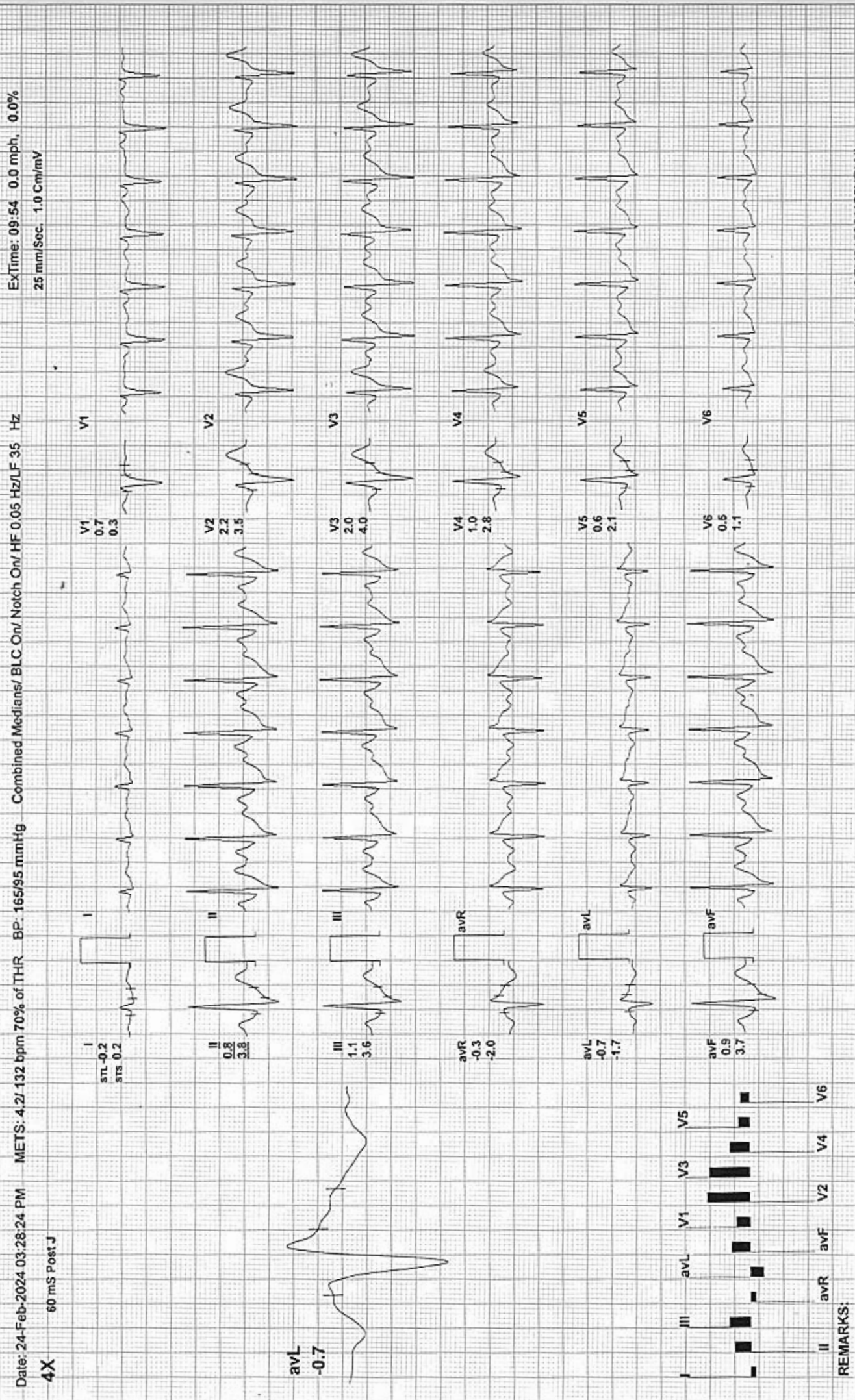


PeakEx

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547 / YASH AUDICHYA / 31 Yrs / M / 0 Cms / 0 Kg / HR : 165







Recovery(2:00)

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547 / YASH AUDICHYA / 31 Yrs / M / 0 Cms / 0 Kg / HR : 99

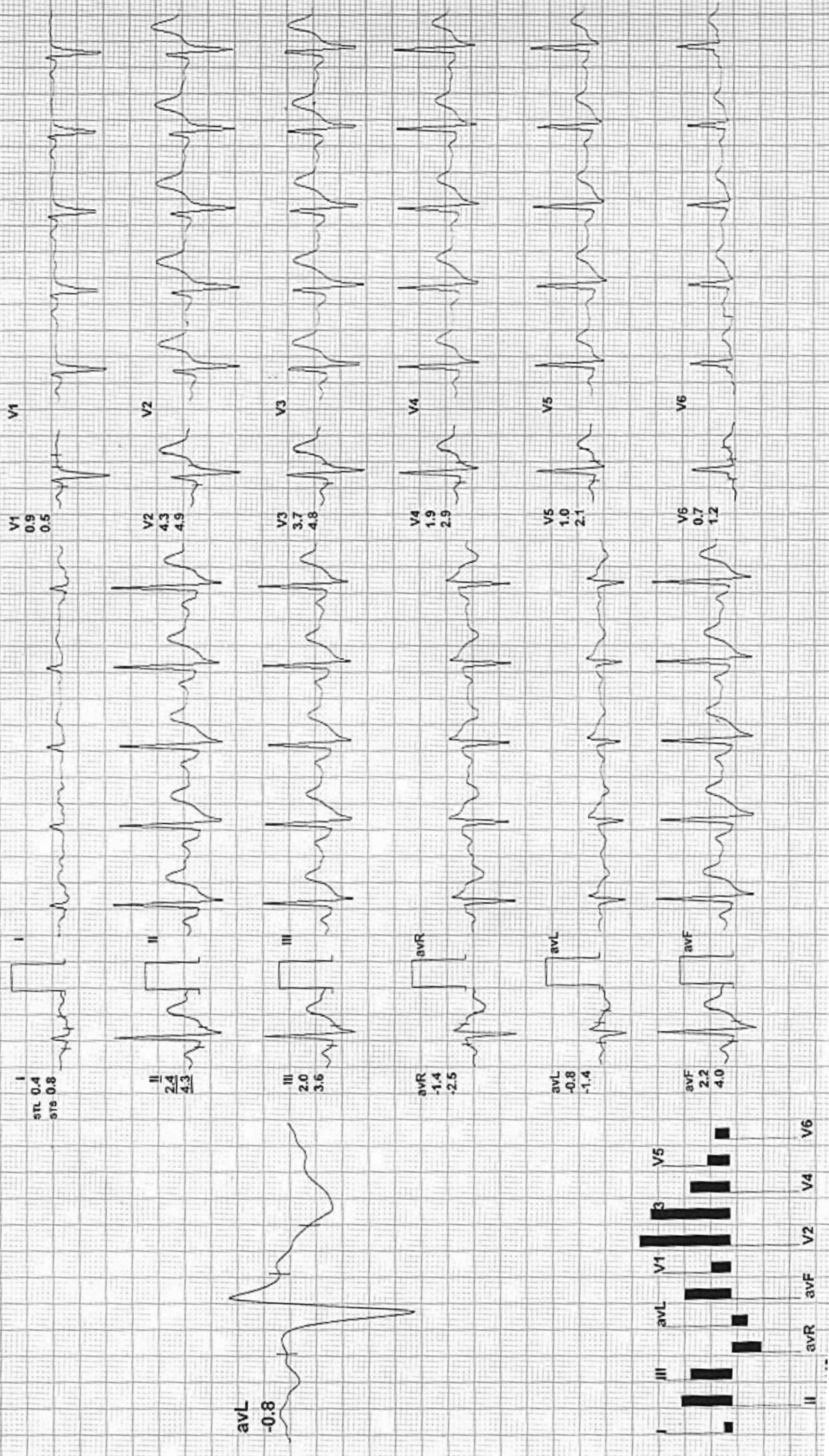
Date: 24-Feb-2024 03:28:24 PM

METS: 1.0/ 99 bpm 52% of THR BP: 165/95 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:54 0.0 mph, 0.0%
25 mm/Sec: 1.0 Cm/mV

4X 80 mS Post J

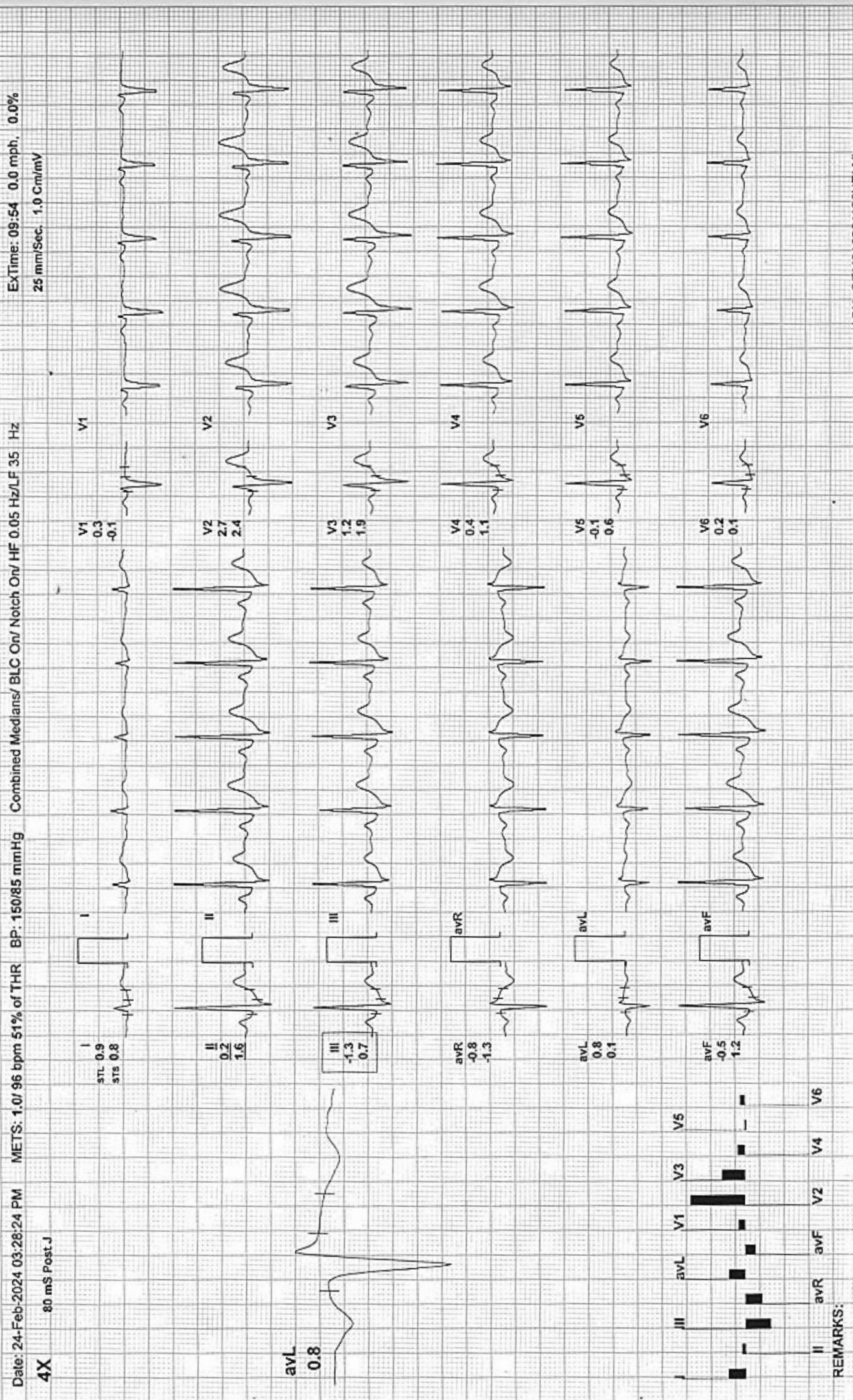




Recovery(3:00)

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547 / YASH AUDICHYA / 31 Yrs / M / 0 Cms / 0 Kg / HR : 96



REMARKS:

(ADX_GEM216201175)(R)Allengers



Recovery(4:00)

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547 / YASH AUDICHYA / 31 Yrs / M / 0 Cms / 0 Kg / HR : 92

Date: 24-Feb-2024 03:28:24 PM

METS: 1.0/ 92 bpm 49% of THR

BP: 150/85 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:54 0.0 mph, 0.0%

4X 80 mS Post J

I
STI 0.1
STS 0.1

V1
0.3
0.2

II
-0.1
0.8

V2
1.1
1.0

III
-0.2
0.7

V3
0.7
1.0

avR
0.1
-0.4

V4
0.0
0.5

avL
0.1
-0.3

V5
-0.2
0.3

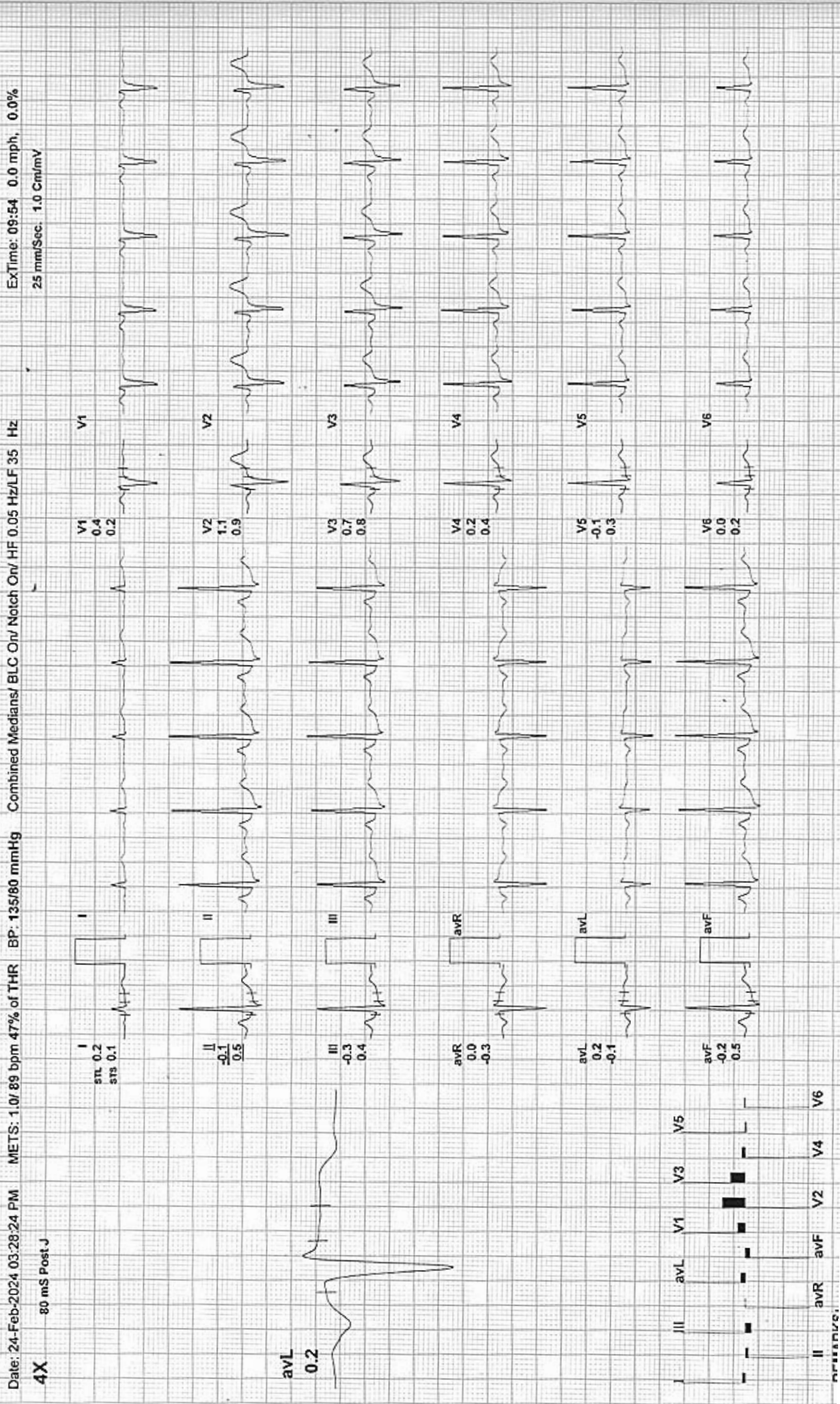
avF
-0.2
0.7

V6
-0.1
0.2

avL
0.1

I II III avL avF V1 V2 V3 V4 V5 V6

REMARKS:





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गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Name Mr. YASH AUDICHIYA	Visit Date & Time 24/02/2024	PATIENT ID 112316214
Age 31 Yrs Sex Male	Test Authenticated at : 24/02/2024 17:38:18	Ref. By



HAEMATOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
HAEMOGLOBIN (HB)	15.2		gm %	11.0 - 16.0
RBC Count	5.02		X10 ⁶ /UL	3.50 - 5.50
PCV	42.3		%	36.0 - 48.0
MEAN CORP. VOLUME (MCV)	84.2		fL	80.0 - 99.0
MEAN CORP. HB (MCH)	30.3		pg	27.0 - 32.0
MEAN CORP. HB CON. (MCHC)	36.0		g/dL	32.0 - 36.0
RDW-CV	12.6		%	11.0 - 16.0
RDW-SD	40.6		fl	35.0 - 56.0
TLC Count	6.09		/cmm	4.00 - 11.00
Differential Leucocyte Count (DLC)				
POLYMORPH	55		%	45 - 75
LYMPHOCYTE	36		%	20 - 45
EOSINOPHIL	04		%	01 - 06
MONOCYTE	05		%	01 - 10
BASOPHIL	00		%	00 - 01
TOTAL PLATELET COUNT	254		x10 ³ /uL	150 - 450
MPV	8.9			7.4 - 10.4
PDW	13.5		%	10.0 - 17.0
PCT	0.2		%	0.1 - 0.3
P-LCR	22.5		%	11.0 - 45.0
P-LCC	57.0			30.0 - 90.0
ESR	4		mm/Ist hr.	0 - 20



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HAEMATOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
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Blood Group (ABORH)	'O'	POSITIVE		
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Test Name	Value	Status	Unit	Biological Ref Interval
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LIPID PROFILE

CHOLESTEROL TOTAL	149.00		mg/dl	<200.00
TRIGLYCERIDES	50.20		mg/dl	0.00 - 200.00
HDL CHOLESTEROL	34.10		mg/dl	30.00 - 65.00
LDL CHOLESTROL	105.00	H	mg/dl	35.00 - 100.00
VLDL CHOLESTEROL	10.00	L	mg/dl	12.00 - 35.00
CHOLESTEROL TOTAL / HDL RATIO	4.37			0.00 - 4.90
CHOLESTEROL LDL / HDL RATIO	3.08			0.00 - 5.00



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Test Name	Value	Status	Unit	Biological Ref Interval
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LIVER FUNCTION TEST (LFT)

BILIRUBIN-TOTAL	0.62		mg/dl	0.20 - 1.20
BILIRUBIN-DIRECT	0.23		mg/dl	0.00 - 0.25
BILIRUBIN-INDIRECT	0.39		mg/dl	0.10 - 0.40
SGOT-AST	21.53		U/L	0.00 - 35.00
SGPT-ALT	22.06		U/L	0.00 - 45.00
ALKALINE PHOSPHATASE	79.00		IU/L	35.00 - 129.00
PROTIEN-TOTAL	6.81		gm/dl	6.00 - 8.50
ALBUMIN	4.20		gm/dl	3.50 - 5.20
GLOBULIN	2.61		gm/dl	2.50 - 4.00
A:G RATIO	1.61			1.10 - 2.20



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BIOCHEMISTRY

Test Name	Value	Status	Unit	Biological Ref Interval
BLOOD SUGAR (FASTING)	80.1		mg/dl	60.0 - 110.0
BLOOD SUGAR (PP)	138.0		mg/dl	110.0 - 140.0
CREATININE	0.95		mg/dl	0.50 - 1.30
URIC ACID	5.24		mg/dl	2.60 - 7.20
BUN	7.09		mg/dl	7.00 - 22.00



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BIOCHEMISTRY

Test Name	Value	Status	Unit	Biological Ref Interval
HBA1C				
GLYCOSYLATED HAEMOGLOBIN-A1C	4.50		%	Below 6.5% : Good Control 6.5% - 7% : Fair Control 7.0% - 8% : Unsatisfactory Control >8% Poor Control
AVERAGE BLOOD GLUCOSE (ABG) Method: Derived from HbA1c Value	82.45	L	%	90 - 120 Good Control 121 - 150 Fair Control 151 - 180 Unsatisfactory Control > 180 Poor Control



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IMMUNOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
T3	1.02		ng/ml	0.87 - 1.78
T4	8.14		ug/dl	4.82 - 15.65
TSH	3.701		micro U/ml	0.340 - 5.600

TSH levels may be affected by acute illness and drugs like dopamine and gluco corticoids.

Low or undetectable TSH is suggestive of Grave's disease

TSH between 5.5 to 15.0 with normal T3,T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3,T4 with slightly low TSH suggests subclinical hyperthyroidism

TSH suppression does not reflect severity of hyperthyroidism therefore, measurement of FT3,FT4 is important.

Free T3 is first hormone to increase in early hyperthyroidism.
Only TSH level can prove to be misleading in patients on treatment.

Therefore Free T3, Free T4 along with TSH should be checked.
During pregnancy clinically T3T4 can be high and TSH can be slightly low.



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IMMUNOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
PSA	1.20		ng/ml	0.00 - 4.00
				40-49 years = 0 to 2.5 ng/ml 50-59 years = 0 to 3.5 ng/ml 60-69 years = 0 to 4.5 ng/ml 70-79 years = 0 to 6.5 ng/ml

Note:

1. This test is not solely recommended to screen prostate cancers in the general population.
2. False negative/ positive results are observed in patients receiving mouse monoclonal antibodies for diagnosis or therapy.
3. PSA Total and free levels may appear consistently elevated/ depressed due to the interference by heterophilic antibodies & nonspecific protein binding.
4. PSA Total and free values obtained with different assay methods or kits cannot be used interchangeably.
5. Immediate PSA testing following digital rectal examination, ejaculation, prostatic massage, indwelling catheterization, ultrasonography and needle biopsy of prostate is not recommended as it falsely elevates Total and Free PSA levels.
6. Total and Free PSA values regardless of levels should not be interpreted as absolute evidence of the presence or clinical finding and results of other investigations.



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CLINICAL PATHOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
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URINE EXAMINATION

PHYSICAL EXAMINATION

QUANTITY	20
COLOUR	PALE YELLOW
SPECIFIC GRAVITY	QNS
APPEARANCE	CLEAR
DEPOSITS	NIL
PH	ACIDIC

CHEMICAL EXAMINATION

ALBUMIN	NIL
SUGAR	NIL

MICROSCOPY EXAMINATION

EPITHELIAL CELLS	2-3	/HPF
PUS CELLS	OCCASIONAL	/HPF
RBC'S	NIL	/HPF
CASTS	ABSENT	
CRYSTALS	ABSENT	
BACTERIA	NIL	
YEAST CELLS	NIL	
TRICHOMONAS VAGINALIS	NIL	
SPERMATOZOA	NIL	
OTHERS	NIL	



DR. NARENDRA MOGRA
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गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Name Mr. YASH AUDICHIYA	Visit Date & Time 24/02/2024	PATIENT ID 112316214
Age 31 Yrs Sex Male	Test Authenticated at : 24/02/2024 17:38:18	Ref. By



CLINICAL PATHOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
URINE SUGAR FASTING SampleType URINE	NIL			

*** End of Report ***



DR. NARENDRA MOGRA
RMC NO5394
DR. HUSSAIN ALI RANGWALA