



Balaji Medical Centre

An ISO 9001:2015 Accredited Organization
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CHENNAI : No.5 (3/2), Jagadeeswaran Street, T.Nagar, Chennai-600 017. INDIA ☎ : 044-24364651 / 52 / 53
No.38, Manikodi Srinivasan Nagar Main Road, Rajiv Gandhi Salai, Perungudi, Chennai-600 096. INDIA ☎ : 044-29865513 / 14
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KAKINADA : 70-17-15/1, RR Nagar, Road No.2, Kakinada, Andhra Pradesh -533003.INDIA ☎ : 0884-2345555, 0884-3500132.

PHYSICAL EXAMINATION

Date Of Exam : 24/06/2023 REG. NO: KO23060000750
Name : Mr. JOBIN GEORGE (38/ Male)
Type Of Exam : UNION BANK OF INDIA
Reference : DR.A.H.BALAJI

The doctor has examined this client at Balaji Medical Centre for updated Physical examination and found the following.

Blood Pressure : 110/70mmHg
Pulse : 68/mt
Respiration Rate : 18/mt
Height : 179 Cms
Weight : 84.3 Kgs
BMI : 26.6 kg/m²

REMARK : UNFIT DUE TO DYSLIPIDEMIA

Dr. RAJENDRAN VELLACHALIL KUNJAN

Reg. No. : 15123

Approval No: KRL / KCH / 23 / 2022

“HEALTHIER MARINERS TOWARDS A WEALTHIER NATION”



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LABORATORY REPORT

Reg.No: KO23060000750

Date : 24/06/2023

Name : Mr. JOBIN GEORGE
 Age : 38 Yrs
 Ref By : DR.A.H.BALAJI

Sex : Male

COMPLETE BLOOD COUNT (CBC)

INVESTIGATION	OBSERVED VALUE	UNIT	BIOLOGICAL REFERENCE INTERVAL
ERYTHROCYTE (RBC) COUNT	5.5	mill/cu.mm	4.7-6.0
HAEMOGLOBIN (Hb)	18.0	gm/dl	13.5-18
PCV (PACKED CELL VOLUME)	50.0	%	42-52
MCV (MEAN CORPUSCULAR VOLUME)	89.9	fl	78-100
MCH (MEAN CORPUSCULAR HAEMOGLOBIN)	30.3	pg	27-31
MCHC (MEAN CORPUSCULAR Hb CONC.N.)	35.0	g/dl	32-36
RDW (RED CELL DISTRIBUTION WIDTH)	13.0	%	11.5-14.0
TOTAL LEUCOCYTES (WBC) COUNT	7000	Cells /cu.mm	4000-10500
ABSOLUTE NEUTROPHILS COUNT	3850	/c.mm	2000-7000
ABSOLUTE LYMPHOCYTE COUNT	2310	/c.mm	1000-3000
ABSOLUTE MONOCYTE COUNT	560	/c.mm	200-1000
ABSOLUTE EOSINOPHIL COUNT	210	/c.mm	20-500
ABSOLUTE BASOPHIL COUNT	70	/c.mm	20-100
NEUTROPHILS	55.0	%	40-80
LYMPHOCYTES	33.0	%	20-40
MONOCYTES	8.0	%	2.0-10
EOSINOPHILS	3.0	%	1-6
BASOPHILS	1.0	%	0-2
PLATELET COUNT	1.9	$10^3/\mu\text{l}$	1.50-4.50
MPV (MEAN PLATELET VOLUME)	7.0	fL	6-9.5
PCT (PLATELET HAEMATOCRIT)	0.2	%	0.2-0.5
PDW (PLATELET DISTRIBUTION WIDTH)	16	%	9-17

Dr. K. VEDRAN VELLACHARI
 Reg. No. : 15128
 Approval No: KRL / KCH / 29-17-2022

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LABORATORY REPORT

Reg. No. KO2506000750

Date : 24/06/2023

Name : Mr. JOBIN GEORGE
 Age : 38 Yrs
 Sex Ref By : DR.A.H.BALAJI

ROUTINE EXAMINATION URINE			
INVESTIGATION	OBSERVED VALUE	UNIT	BIOLOGICAL REFERENCE INTERVAL
GENERAL EXAMINATION:			
COLOUR	PALE YELLOW		PALE YELLOW
APPEARANCE	CLEAR		CLEAR
REACTION (pH)	6.0		4.5 - 8
SPECIFIC GRAVITY	1.020		1.010 - 1.030
CHEMICAL EXAMINATION (AUTOMATED DIPSTICK METHOD):			
URINE PROTEIN(ALBUMIN)	ABSENT		ABSENT
URINE GLUCOSE(SUGAR)	ABSENT		ABSENT
URINE KETONES(ACETONE)	ABSENT		ABSENT
BILE SALTS	ABSENT		ABSENT
BILE PIGMENTS	ABSENT		ABSENT
UROBILINOGEN	NORMAL		NORMAL
NITRITE	NEGATIVE		NEGATIVE
MICROSCOPIC EXAMINATION			
RED BLOOD CELLS	NIL	/hpf	0 - 2
PUS CELLS (WBCs)	1-2	/hpf	0 - 5
EPITHELIAL CELLS	1-2	/hpf	0 - 5
CRYSTALS	ABSENT	/hpf	ABSENT
CAST	ABSENT	/hpf	ABSENT
AMORPHOUS DEPOSITS	ABSENT	/hpf	ABSENT
BACTERIA	ABSENT	/hpf	ABSENT

Dr. RAJENDRAN VELLACHALIL KUNJIAN
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 Approval No: KRL / KCH / 23 / 2022



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Reg.No: KO23060000750

LABORATORY REPORT

Date : 24/06/2023

Name : Mr. JOBIN GEORGE

Age : 38 YRS

Sex : Male

Ref By : DR. A.H.BALAJI

INVESTIGATION	OBSERVED VALUE	UNIT	BIOLOGICAL REFERENCE INTERVAL
ESR – Erythrocyte Sedimentation Rate (EDTA Whole Blood, Automated-Capillary photometry aggregation/ Manual – Westergrens method)	09	mm/hr	0-15

Method: Automated Westergren

Interpretation;

1. It indicates presence and intensity of an inflammatory process, never diagnosis of a specific disease, Chance are more significant than a single abnormal test.
2. It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis, polymyalgia rheumatica.
3. It is also increased in pregnancy, multiple myeloma, menstruation and hypothyroidism.

Dr. RAJENDRAN VELLACHALIL KUNNAN
Approval No: KRL / KCH / 23 / 2022

Remark: ESR Performed using capillary photometric aggregation (for automated analysis) & westergrens (for manual testing).

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LABORATORY REPORT

Date : 24/06/2023

Sex : Male

Name : Mr. JOBIN GEORGE
Age : 38 Yrs
Reference : UNION BANK OF INDIA
Ref By : DR.A.H.BALAJI,

<u>BIO-CHEMISTRY</u>	<u>Value/Result</u>	<u>Units</u>	<u>Reference Interval</u>
BUN	: 10	mg/dL	6-21
Creatinine	: 1.0	mg/dL	0.2-1.0
Uric Acid	: 4.9	mg/dL	3.0-7.0
Urea	: 20	mg/dL	15-40
Glucose (F)	: 107	mg/dL	70-110

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LABORATORY REPORT

DATE: 24/06/2023

Sex: Male

Name : Mr.JOBIN GEORGE
Age : 38 Yrs
Reference : UNION BANK OF INDIA
Ref By : DR. A.H. BALAJI

HAEMOTOLOGY

Blood Group & Rh Type : "B" POSITIVE


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LABORATORY REPORT

REG.NO:KO23060000750

Name : Mr. JOBIN GEORGE
 Age : 38 Yrs
 Ref By : DR.A.H.BALAJI,

Date : 24/06/2023
 Sex : MALE


BIOCHEMISTRY

Investigation	Observed Value	Unit	Biological Reference Interval
HbA1C-Glycated Haemoglobin (HPLC)	5.3	%	non-diabetic: <= 5.6 pre-diabetic: 5.7-6.4 Diabetic : > = 6.5
Estimated Average glucose (e AG)	105.41	mg/dl	

INTERPRETATION &REMARK:

- HbA1c is used for monitoring diabetic control.it reflects the estimated average glucose.(eAG)
 - HbA1c has been endorsed by clinical group & ADA(American Diabetes Association)guidelines 2017,for diagnosis of diabetes using a cut-off point of 6.5%.
 - Trends in HbA1Care a better indicator of diabetic control than a solitary test .
 - Low glycated haemoglobin(below4%) in a non-diabetic individual are often associated with systemic inflammatory diseases,chronicanaemia (especially severe iron deficiency &haemolytic),chronic renal failure and liver diseases.clinical correlation suggested.
 - To estimate the eAG from the HbA1C value, the following equation is used: $eAG(mg/dl) = 28.7 * A1c - 46.7$
 - Interference of heamoglobinopathies in HbA1c estimation.
 - forHbF>25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c
 - Homozygous hemoglobinopathy is detected,fructosamine is recommended for monitoring diabetic status.
 - Herterozygous state detected (D10/turbo is corrected for HbS&HbC trait)
 - In known diabetic patients,following values can be considered as a tool for monitoring the glycemic control.Excellent control-6 to 7%,fair to good control -7 to 8%,unsatisfactory control -8 to 10 % and poor control - More than 10%
- NOTE :Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

---End of report ---


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Name : Mr. JOBIN GEORGE

Date : 24/06/2023

Age : 38 yrs

Sex : Male

Reference : UNION BANK OF INDIA

Ref By : DR. A.H.BALAJI

LIVER FUNCTION TEST

<u>TEST</u>	<u>PATIENT'S</u>	<u>UNITS</u>	<u>NORMAL INTERVAL</u>	
			<u>FROM</u>	<u>TO</u>
	<u>VALUES</u>			
Serum Bilirubin (Total)	0.6	mg/dl	0.2	1.2
Serum Bilirubin (Direct)	0.1	mg/dl	-	<0.3
Serum Bilirubin (Indirect)	0.5	mg/dl	0.1	1
Serum G. P. T.	40	U/L	10	40
Serum G. O. T.	35	U/L	10	42
Serum Gamma G.T.	40	U/L	4	40
Serum Total Proteins	6.9	gm/dl	6.0	7.8
Albumin	4.5	gm/dl	3.5	5.0
Globulin	2.4	gm/dl	2.6	3.5
ALP	95	U/L	-	<150
Albumin: Globulin Ratio	1.5	-	-	-


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Age : 38yrs

Sex : Male

Reference : UNION BANK OF INDIA

Ref By : DR.A.H. BALAJI

Test Name	Result	Units	Ref.Range
LIPID SCREEN, SERUM (Spectrophotometry)			
Cholesterol	255.00	mg/dL	(<200.00)
Triglycerides	205.00	mg/dL	(<150.00)
HDL Cholesterol	40.00	mg/dL	(40.00-60.00)
LDL Cholesterol, Calculated	174.0	mg/dL	(<100.00)
VLDL Cholesterol, Calculated	41.0	mg/dL	(<30.00)

Note:

- Measurements in the same patient can show physiological & analytical variations. Three serial samples 1 week apart are recommended for Total cholesterol, Triglycerides, HDL & LDL Cholesterol.
- ATP III recommends a complete lipoprotein profile as the initial test for evaluating cholesterol.
- Friedewald equation to calculate LDL cholesterol is most accurate when Triglyceride level is <400 mg/dL. Measurement of Direct LDL cholesterol is recommended when Triglyceride level is >400 mg/dL.

INTERPRETATION	TOTAL CHOLESTEROL in mg/dL	Triglyceride in mg/dL	LDL CHOLESTEROL in mg/dL
Optimal	< 200	<150	<100
Above Optimal	-	-	100-129
Boderline High	200-239	150-199	130-159
High	>=240	200-499	160-189
Very High	-	>=500	>=190

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VIZAG : Door No.39-11- 63/4-1, Murali Nagar, Visakhapatnam, Andhra Pradesh-530 007. INDIA ☎ : 0891-2710299 / 399
MANGALORE : Shop No.5, Door No.1-65/31, Kulur-Kavoor Airport Road, Vivek Nagar, Panjimogaru, Mangalore-575 013.INDIA ☎ : 0824-2972719 / 20.
KAKINADA : 70-17-15/1, RR Nagar, Road No.2, Kakinada, Andhra Pradesh -533003.INDIA ☎ : 0884-2345555, 0884-3500132.

LABORATORY REPORT

Name : Mr. JOBIN GEORGE Reg No: KO23060000750
Age : 38 yrs Date : 24/06/2023
Sex : Male
Reference : UNION BANK OF INDIA
Ref By : DR.A.H. BALAJI

Test Name	Result	Units	Ref.Range
THYROID PROFILE, TOTAL, SERUM (CLIA)			
T3, Total	88.38	ng/dl	(80-200)
T4, Total	6.70	ug/dL	(3.2-12.6)
TSH	1.38	uIU/ml	(0.35-5.50)

Note: 1 TSH levels are subject to circadian variation, reaching peak levels between 2-4 a.m. and at a minimum between 6-10 p.m. The variation is of the order of 50%, hence time of the day has influence on the measured serum TSH concentrations.

2 Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

3 Physiological rise in Total T3 / T4 levels is seen in pregnancy and in patients on steroid therapy.

Clinical Use

- Primary Hypothyroidism
- Hyperthyroidism
- Hypothalamic-Pituitary hypothyroidism
- Inappropriate TSH secretion
- Non thyroidal illness
- Autoimmune thyroid disease
- Pregnancy associated thyroid disorders
- Thyroid dysfunction in infancy and early childhood


Dr. RAJENDRAN VELLACHALIL KUNJAN
Reg. No. : 15123
Approval No: KRL / KCH / 23 / 2022

“HEALTHIER MARINERS TOWARDS A WEALTHIER NATION”



Balaji Medical Centre

An ISO 9001:2015 Accredited Organization
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CHENNAI : No.5 (3/2), Jagadeeswaran Street, T.Nagar, Chennai-600 017. INDIA ☎ : 044-24364651 / 52 / 53
No.38, Manikodi Srinivasan Nagar Main Road, Rajiv Gandhi Salai, Perungudi, Chennai-600 096. INDIA ☎ : 044-29865513 / 14
TUTICORIN : Plot No.51, Door No.20/10, Roche Colony, South Beach Road, Tuticorin - 628 001.INDIA ☎ : 0461-2332719 / 20
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REG NO: **K02306000750**

LABORATORY REPORT

Date : 24/06/2023

Name : Mr. JOBIN GEORGE
Age : 38 YRS Sex : male
Ref By : DR.A.H. BALAJI

<u>Tests</u>	<u>Value/Results</u>	<u>Units</u>	<u>Reference Interval</u>
PERIPHERAL SMEAR EXAMINATION			
RED BLOOD CELL MORPHOLOGY	: NORMAL		
W B C MORPHOLOGY	: NORMAL		
PLATELET MORPHOLOGY	: NORMAL		


Dr. RAJENDRAN VELLACHALIL KUNJAN
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DIGITAL RADIOGRAPH - CHEST PA VIEW

Reg. No: KO23060000750

Date : 24/06/2023

Name : Mr. JOBIN GEORGE

Age : 38yrs

Sex : Male

Ref By : DR.A.H.BALAJI

The cardiomediastinal silhouette is normal.

The lungs are well inflated. No focal mass lesion, lobar collapse or consolidation is seen.
No pleural effusion is detected.

The soft tissues and bones appear unremarkable.

Conclusion:

- Normal chest radiograph.

Dr. RAJENDRAN VELLACHALIL KUNJAN

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Reg.No: KO2306000750

ECG REPORT

Date: 24/06/2023

Name : Mr. JOBIN GEORGE

Age : 38 yrs

Sex : Male

Ref By : DR. A.H.BALAJI

Impression : Normal Study.

Dr. RAJENDRAN VELLACHALIL KUNJAN

Reg. No. : 15123

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