

MEDICAL EXAMINATION REPORT

Name Mr./Mrs./Miss	Sushil Zare.	
Sex	Male/Female	
Age (yrs.) 31 yrs.	UHID :	
Date	28 / 9 / 2024.	Bill No. :
Marital Status	Married/ No. of Children / Unmarried/ Widow :	
Present Complaints	NO present complaints.	
Past Medical : History Surgical :	H/O Hemangioma (lower lip & nose cheeks) NO. since childhood.	
Personal History	Diet : Veg <input checked="" type="checkbox"/> / Mixed <input type="checkbox"/> Addiction : Smoking <input type="checkbox"/> / Tobacco Chewing <input type="checkbox"/> / Alcohol <input type="checkbox"/> Any Other NO.	
Family History Father = Mother = Siblings =	HT / <input checked="" type="checkbox"/> DM / IHD / Stroke / Any Other Mother = HT / DM / IHD / Stroke / Any Other Siblings = HT / DM / IHD / Stroke / Any Other	
History of Allergies	Drug Allergy Any Other NO.	
History of Medication	For HT / DM / IHD / Hypothyroidism Any Other NO.	
On Examination (O/E)	G.E.: NAD R.S.: AEBE clear. C.V.S.: S ₁ , S ₂ ⊕ C.N.S.: NAD P/A: soft Any Other Positive Findings : NO.	



Height	171	cms	Weight	70.05	Kgs
BMI	23.9				
Pulse (per min.)	64/min		Blood Pressure (mm of Hg)	100/70	mm of Hg
Gynaecology					
Examined by	Dr. Santosh Wakchaure				
Complaint & Duration	-				
Other symptoms (Mict, bowels etc)	-				
Menstrual History	Menarche	-	Cycle	-	Loss
	Pain	-	I.M.B.	-	P.C.B.
	L.M.P.	-	Vaginal Discharge	-	
	Ck. Smear	-	Contraception	-	
Obstetric History					
Examination :					
Breast	-				
Abdomen	-				
P.S.	-				
P.V.	-				
Gynaecology Impression & Recommendation	-				
Recommendation	-				
Physician Impression					
Examined by :	- Overweight = To Reduce Weight - Underweight = To Increase Weight				



ID
CENTER

Ref. Doctor : Self

Center Name : SIMIRA
DIAGNOSTICS

Name - *Sushil Zare*
Age / Sex - Year / M

Center Address - New Panvel

Vision Test- Appendix V

Visual Acuity- Form B

Distant Vision

	Left Eye	Right Eye	Both eye
Without Glasses	6/6	6/6	6/6
With glasses	No glasses	No glasses	No glasses

Near Vision

	Left Eye	Right Eye	Both eye
Without Glasses	N/A	N/A	N/A
With Glasses	No glasses	No glasses	No glasses

Color Blindness

Right Eye	Left Eye	Both eye
No color blindness	No color blindness	No color blindness

Infirmary and Latham card were used

Field of Vision

	Right eye	Left eye	Both eye
Horizontal Plane	Normal	Normal	Normal
Vertical Plane	Normal	Normal	Normal

Remarks

I, Dr. Santosh Wakchare, MBBS, MD certify that above mentioned candidate have met the eye sight standards for higher designated rank position as set out in Annexure (B) for marketing occupation.

Sushil
Signature of Candidate

Santosh Wakchare
Signature of Medical Officer
DR. SANTOSH WAKCHARE
MBBS, MD (General Medicine)
Reg. No. 28794/202



28/09/2024
Date & Time

Processed By : Dr. Santosh WAKCHARE

Dr. Prashant Chaudhari
MBBS, MD (General Medicine)
Reg. No. 28793/202

Santosh Wakchare
Dr. Santosh Wakchare
MBBS, MD (General Medicine), AFSC, LLB
Consultant Pathologist





भारत-सरकार
GOVERNMENT OF INDIA



सुशील रमेश झरे
Sushil Ramesh Zare
जन्म तारीख / DOB : 26/10/1992
पुल्लिंगी / MALE

2355 5586 6375



अधार - सामान्य माणसाचा अधिकार

Sushil

1947 1947 1800 200 1947
 help@uidai.gov.in www.uidai.gov.in P.O. Box No. 1947, Bangalore-560 001

पता
 S/O रमेश झरे, कावळी म्हाला
 शाळा, २ नंवी एत-२/१/६, १२ वी
 स्त्रीम, शिवाजी मार, अहमदाबाद
 अहमदाबाद, गजराज, 431005

Address
 S O Ramesh Zare KALAWATI
 CHAVHAN SCHOOL
 H NO CL-2/9/6 12TH
 SCHEME SHIVAJI NAGAR
 AURANGABAD Aurangabad
 Maharashtra 431005

भारतीय पहिनेत २६वा अधिकार
 UNIQUE IDENTIFICATION AUTHORITY OF INDIA

1947

PATIENT'S NAME: MR. ZARE SUSHIL RAMESH	AGE: 31 YRS/M
REFERRED BY: MEDIWHEEL	DATE: 28-09-2024

ULTRASOUND ABDOMEN AND PELVIS

LIVER:

The liver is normal in size (14.6cm), shape and smooth margins. It shows bright parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal to the extent visualized.

GALL BLADDER:

The gall bladder is physiologically distended and appears normal. No evidence of gall stones or mass lesions seen.

PANCREAS:

The pancreas head and partial body is visualized and appears normal. No evidence of solid or cystic mass lesion. Rest of the pancreas is obscured due to bowel gas shadows.

KIDNEYS:

Both the kidneys are normal in size, shape and echotexture.
No evidence of any calculus, hydronephrosis or mass lesion seen.
Right Kidney: 9.8 x 3.2cm.
Left Kidney: 11.1 x 4.1cm.

SPLEEN:

The spleen is normal in size (9.4cm) and echotexture. No evidence of focal lesion is noted.

There is no evidence of any lymphadenopathy or ascites.

URINARY BLADDER:

The urinary bladder is well distended and reveals no intraluminal abnormality.



PATIENT'S NAME: MR. ZARE SUSHIL RAMESH	AGE: 31 YRS/M
REFERRED BY: MEDIWHEEL	DATE: 28-09-2024

PROSTATE:

The prostate is normal in size and volume is 17cc.

IMPRESSION:

- Grade-I fatty liver.

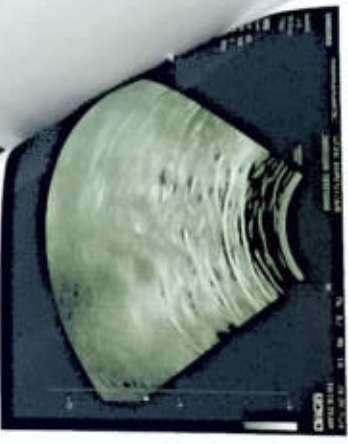
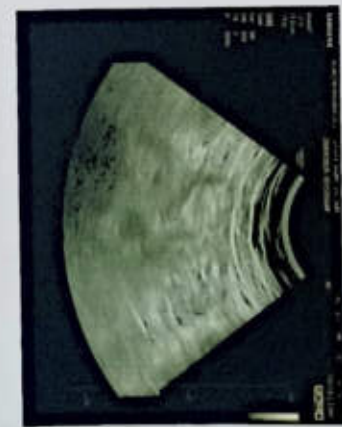
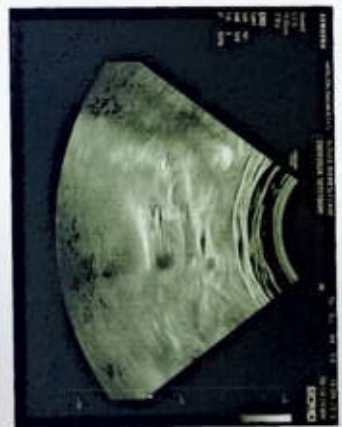
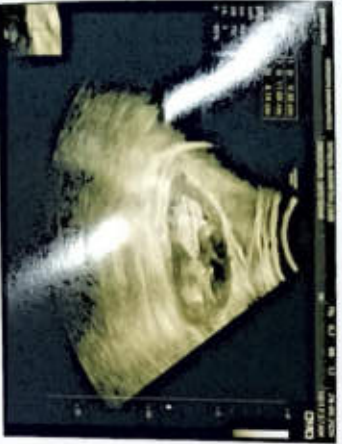
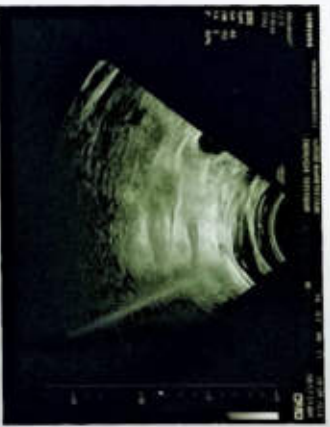
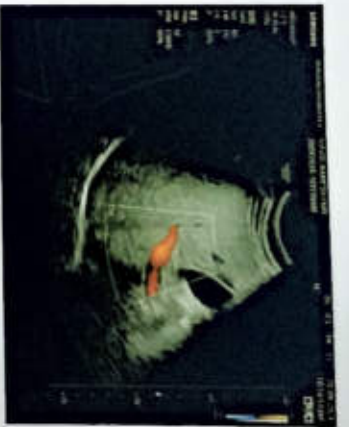
Suggestion: Clinicopathological correlation.

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have inter-observer variations. Further / Follow-up imaging may be needed in some case for confirmation of findings. Patient has been explained in detail about the USG findings including its limitations and need for further imaging if clinically indicated. Please interpret accordingly. In case of typing mistake done on the report, patient is advised to get back with report for correction within 7 days.



DR. VIVEK SINGH (M.D)
CONSULTANT RADIOLOGIST





Name : - MR.ZARE SUSHIL RAMESH

Age: 31YEARS/MALE

Ref by : - MEDIWHEEL

Date: 28/09/2024

X-RAY CHEST- PA VIEW

Both lung fields are clear.

Both costophrenic angles appear clear.

Cardiothoracic ratio is within normal limits.

Both domes of diaphragm appear normal.

Bony thoracic cage & soft tissues appear normal.

Impression: No significant abnormality.

Please correlate the findings with clinical examination, history & blood investigations.



Dr. VIVEK SINGH (M.D)
CONSULTANT RADIOLOGIST



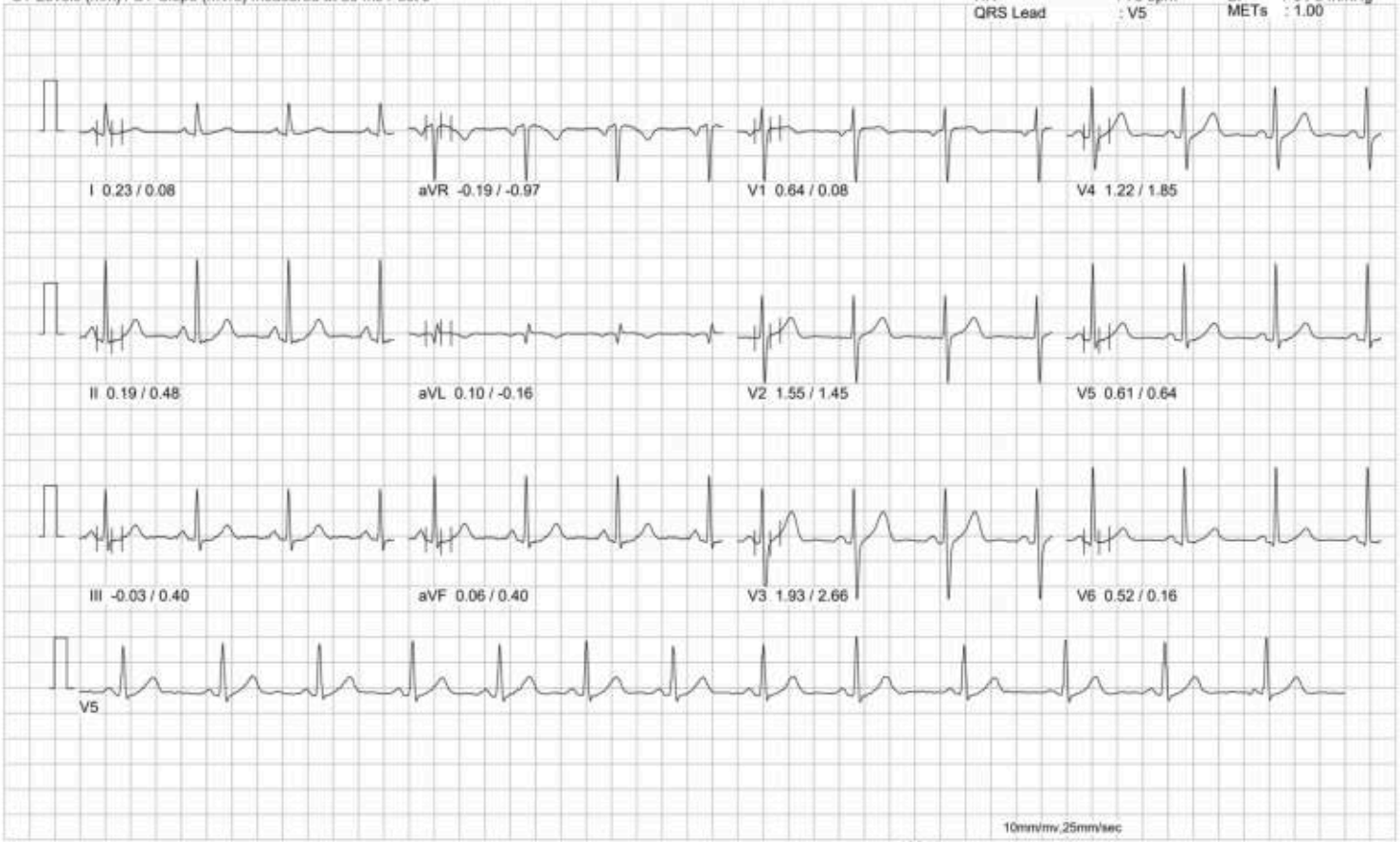
SIMIRA DIAGNOSTICS

PATIENT ID : 31 HEIGHT : 171 Cm WEIGHT : 70.00 Kg
PATIENT NAME : SUSHIL ZARE 31/M
PROTOCOL : BRUCE
STAGE : Pre-Test
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 28, 2024 01:14 pm
Report time : 01:14 pm

PHASE TIME : 00:08 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 79 bpm BP : 0 / 0 mmHg
QRS Lead : V5 METs : 1.00



100 Hz

10mm/mv, 25mm/sec

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

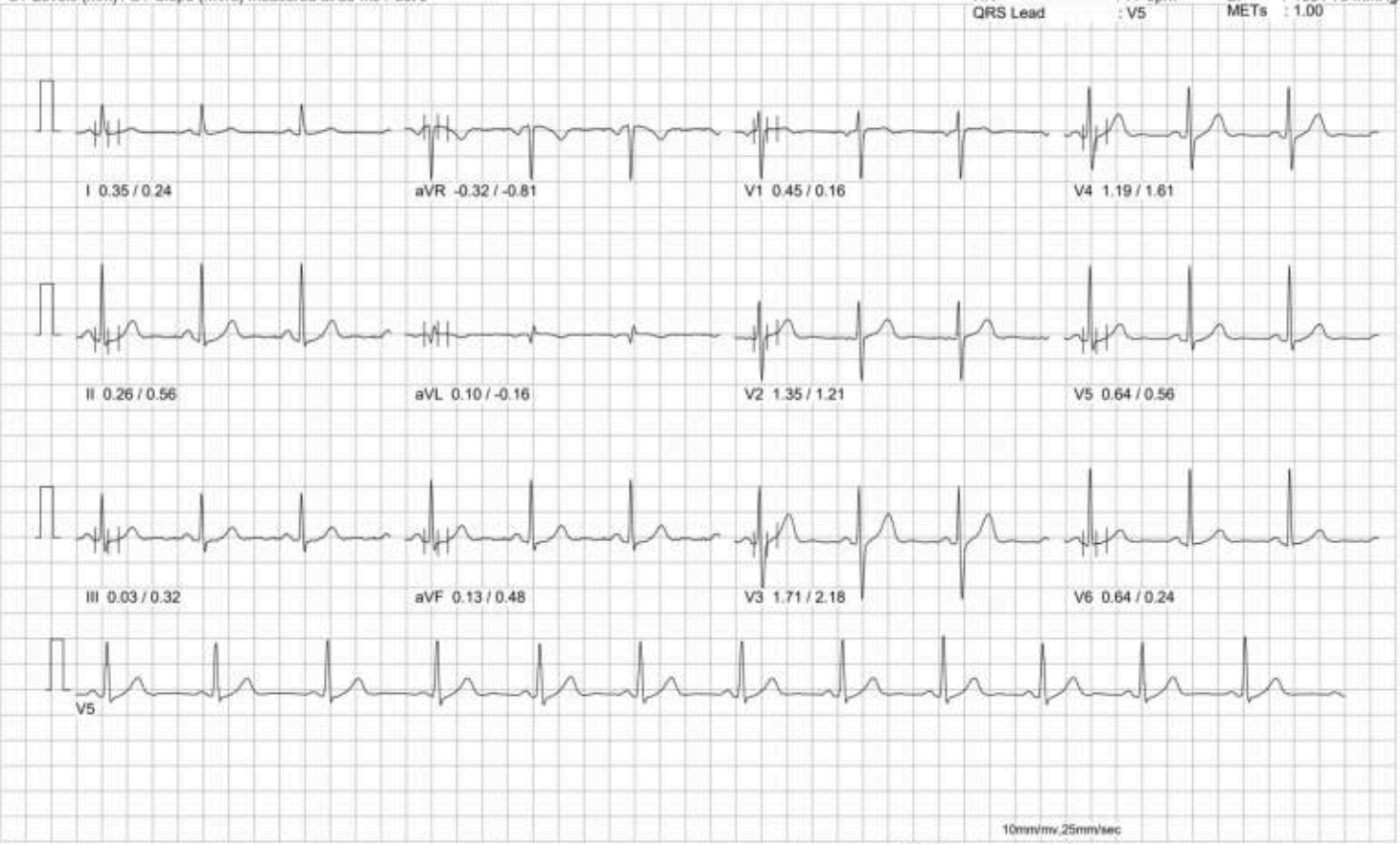
SIMIRA DIAGNOSTICS

PATIENT ID : 31 HEIGHT : 171 Cm WEIGHT : 70.00 Kg
PATIENT NAME : SUSHIL ZARE 31/M
PROTOCOL : BRUCE
STAGE : Pre-Test
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 28, 2024 01:14 pm
Report time : 01:15 pm

PHASE TIME : 00:56 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 77 bpm BP : 100 / 70 mmHg
QRS Lead : V5 METs : 1.00



100 Hz

10mm/mv, 25mm/sec

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

SIMIRA DIAGNOSTICS

PATIENT ID : 31 HEIGHT : 171 Cm WEIGHT : 70.00 Kg

PATIENT NAME : SUSHIL ZARE 31/M

PROTOCOL : BRUCE

STAGE : Supine

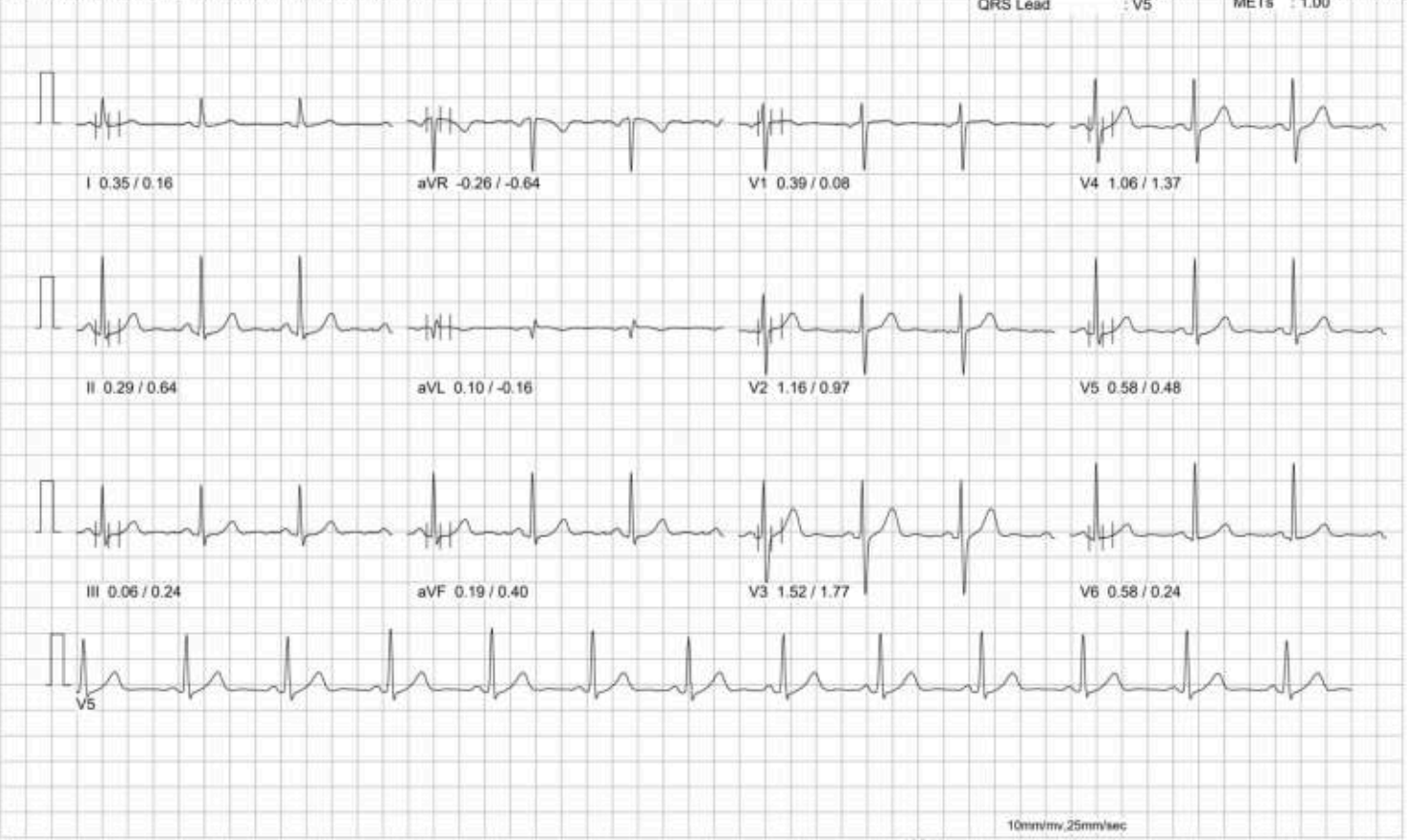
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 28, 2024 01:14 pm

Report time : 01:16 pm

PHASE TIME : 02:00 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 77 bpm BP : 100 / 70 mmHg
QRS Lead : V5 METs : 1.00



100 Hz

10mm/mv, 25mm/sec

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

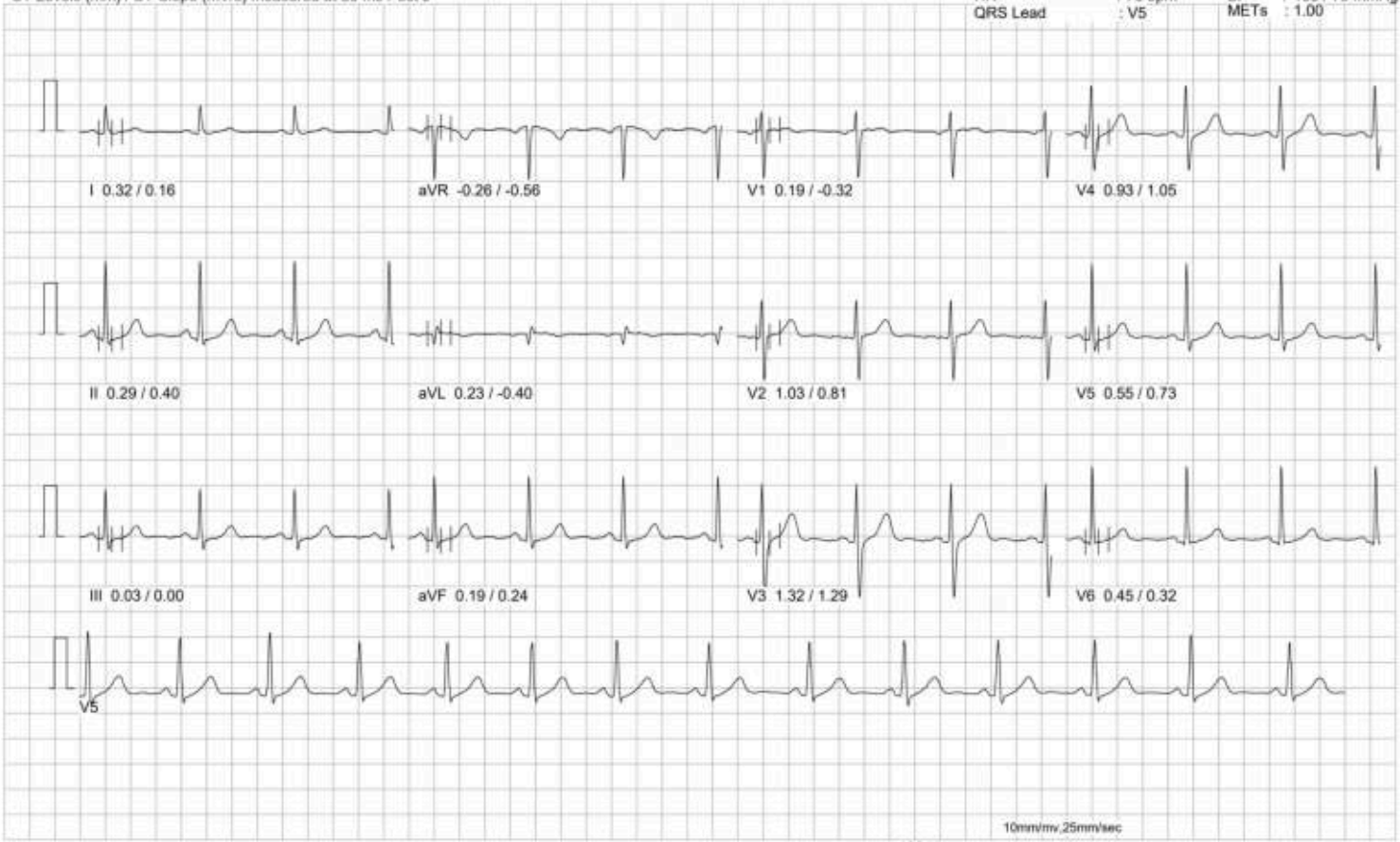
SIMIRA DIAGNOSTICS

PATIENT ID : 31 HEIGHT : 171 Cm WEIGHT : 70.00 Kg
PATIENT NAME : SUSHIL ZARE 31/M
PROTOCOL : BRUCE
STAGE : Standing
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 28, 2024 01:14 pm
Report time : 01:17 pm

PHASE TIME : 02:56 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 76 bpm BP : 100 / 70 mmHg
QRS Lead : V5 METs : 1.00



100 Hz

10mm/mv, 25mm/sec

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

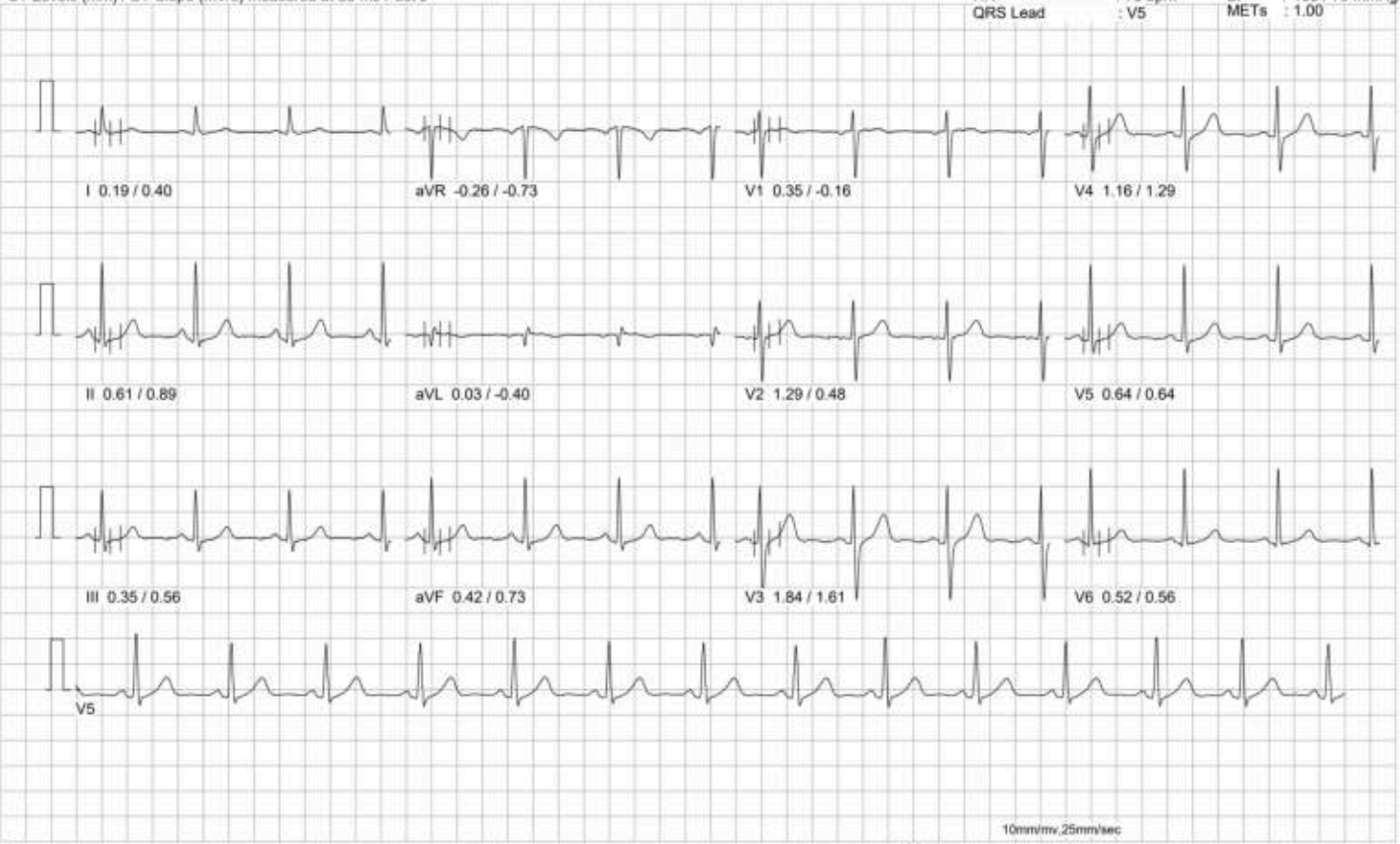
SIMIRA DIAGNOSTICS

PATIENT ID : 31 HEIGHT : 171 Cm WEIGHT : 70.00 Kg
PATIENT NAME : SUSHIL ZARE 31/M
PROTOCOL : BRUCE
STAGE : HyperVentilation
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 28, 2024 01:14 pm
Report time : 01:18 pm

PHASE TIME : 04:00 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 78 bpm BP : 100 / 70 mmHg
QRS Lead : V5 METs : 1.00



100 Hz

10mm/mv, 25mm/sec

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

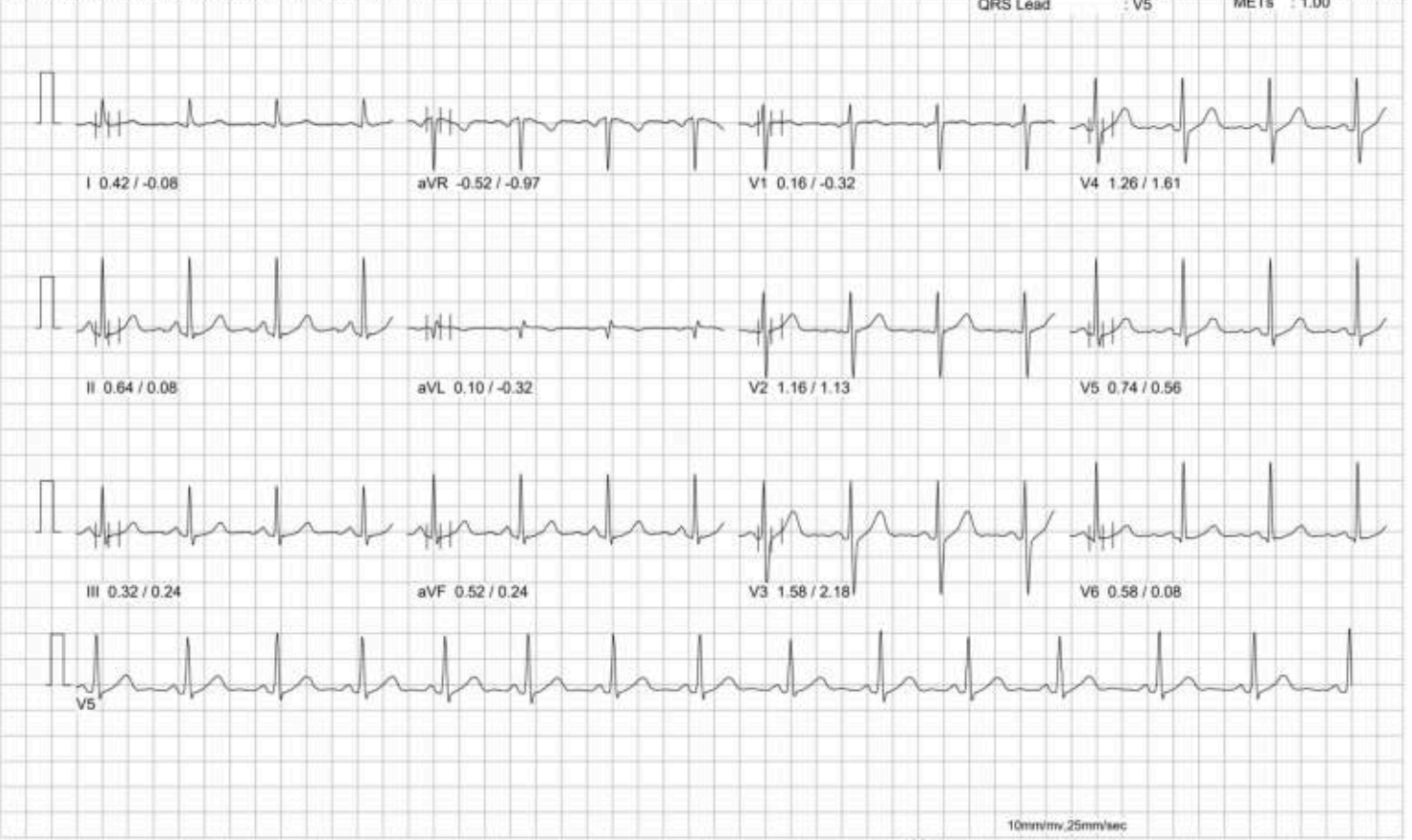
SIMIRA DIAGNOSTICS

PATIENT ID : 31 HEIGHT : 171 Cm WEIGHT : 70.00 Kg
PATIENT NAME : SUSHIL ZARE 31/M
PROTOCOL : BRUCE
STAGE : Wait For Exercise
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 28, 2024 01:14 pm
Report time : 01:19 pm

PHASE TIME : 05:00 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 87 bpm BP : 100 / 70 mmHg
QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

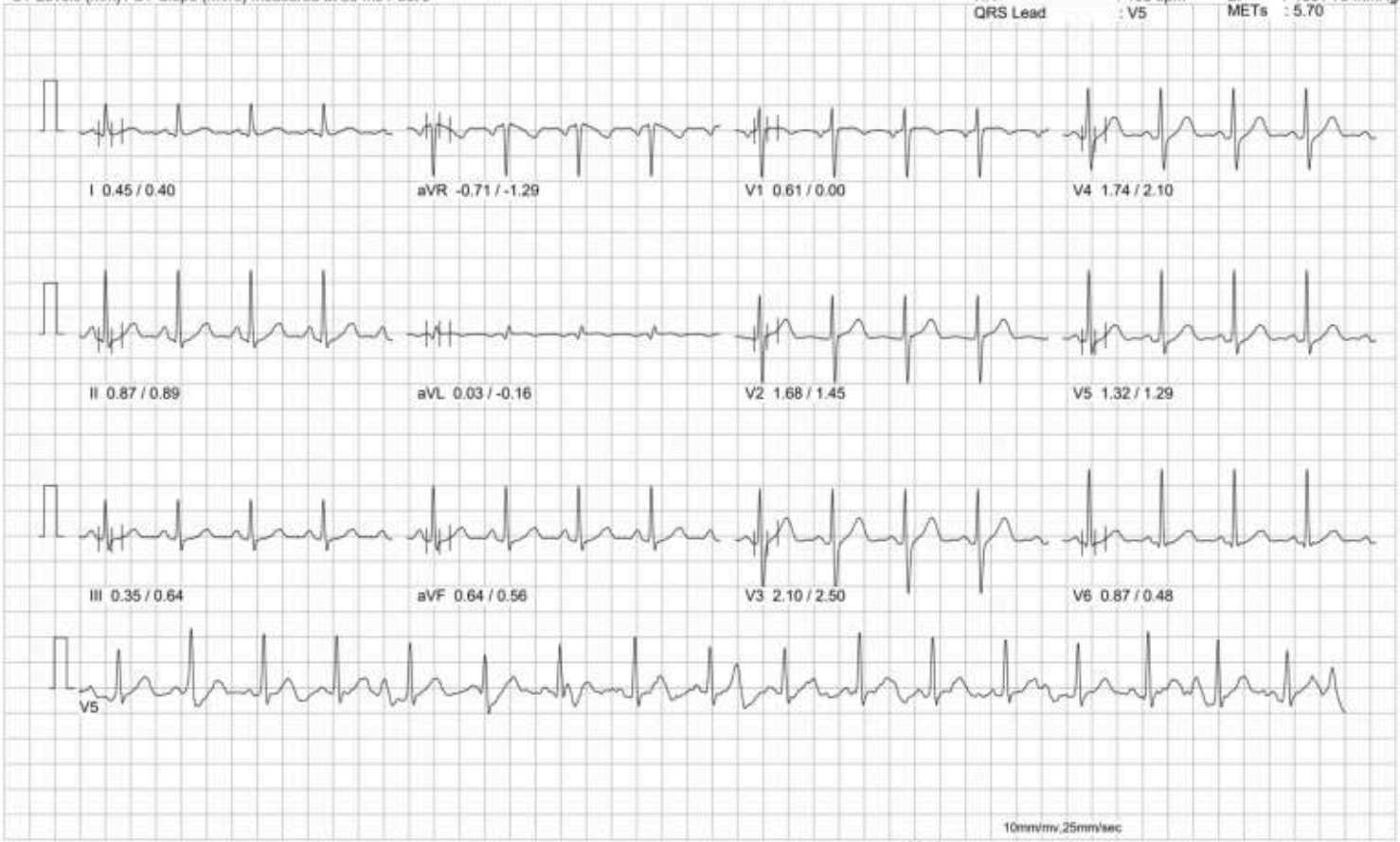
SIMIRA DIAGNOSTICS

PATIENT ID : 31 HEIGHT : 171 Cm WEIGHT : 70.00 Kg
PATIENT NAME : SUSHIL ZARE 31/M
PROTOCOL : BRUCE
STAGE : Exercise Stage 1
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 28, 2024 01:14 pm
Report time : 01:22 pm

PHASE TIME : 03:00 SPEED: 2.7 kmph
STAGE DURATION : 03:04 GRADE: 10.0
HR : 103 bpm BP : 100 / 70 mmHg
QRS Lead : V5 METs : 5.70



100 Hz

10mm/mv, 25mm/sec

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

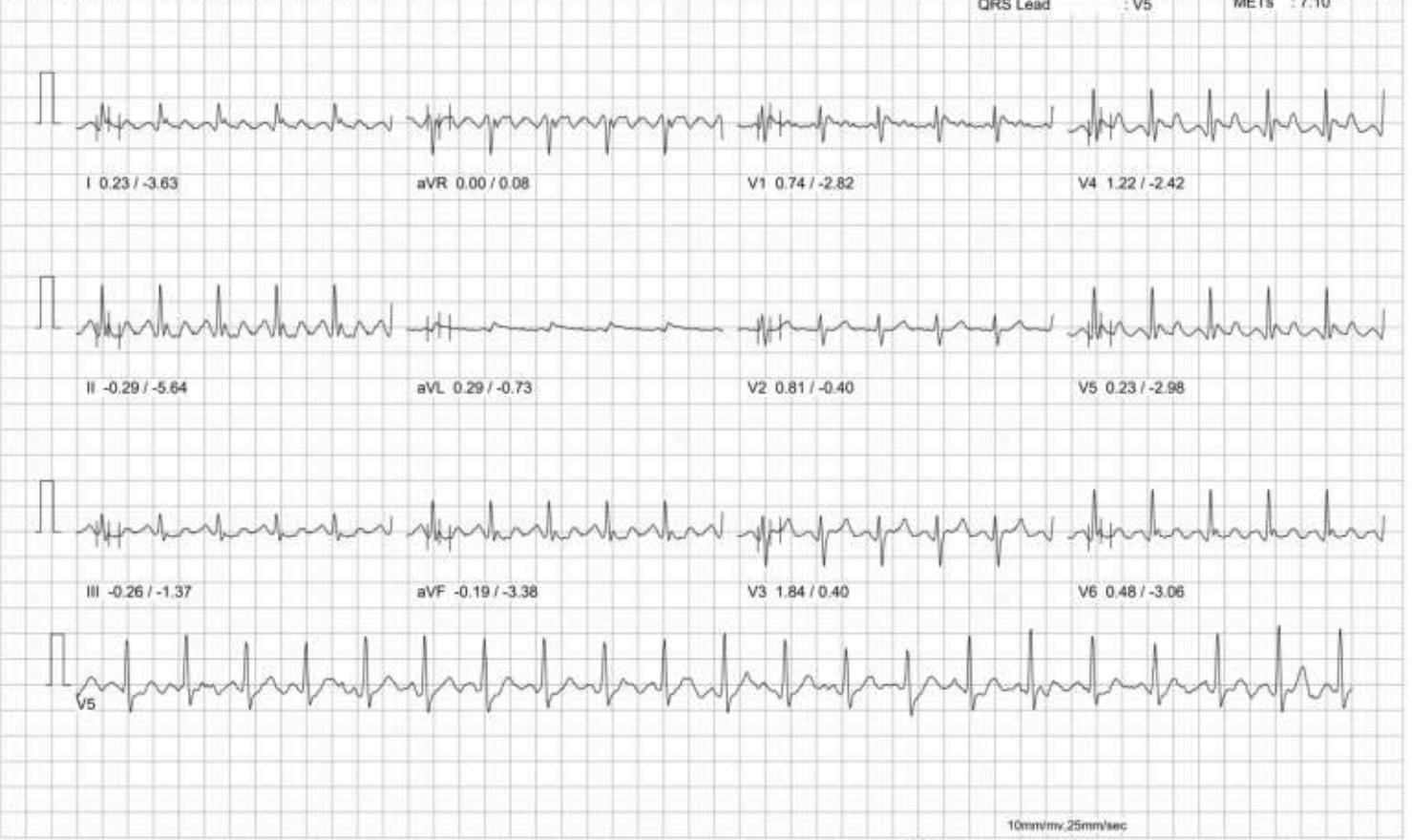
SIMIRA DIAGNOSTICS

PATIENT ID : 31 HEIGHT : 171 Cm WEIGHT : 70.00 Kg
PATIENT NAME : SUSHIL ZARE 31/M
PROTOCOL : BRUCE
STAGE : Exercise Stage 2
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 28, 2024 01:14 pm
Report time : 01:25 pm

PHASE TIME : 06:00 SPEED: 4.0 kmph
STAGE DURATION : 02:56 GRADE: 12.0
HR : 136 bpm BP : 120 / 75 mmHg
QRS Lead : V5 METs : 7.10



100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

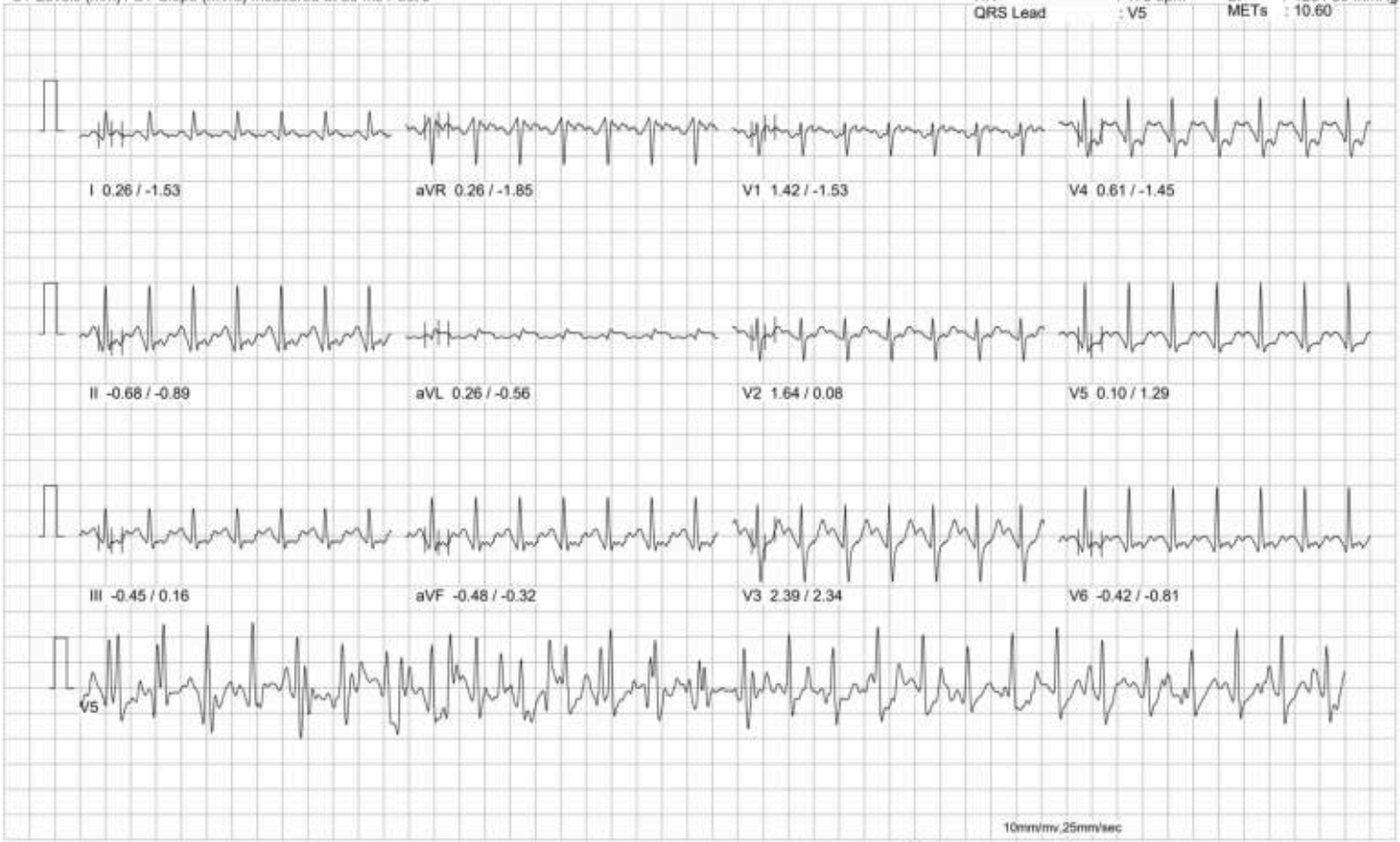
SIMIRA DIAGNOSTICS

PATIENT ID : 31 HEIGHT : 171 Cm WEIGHT : 70.00 Kg
PATIENT NAME : SUSHIL ZARE 31/M
PROTOCOL : BRUCE
STAGE : Exercise Stage 3
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 28, 2024 01:14 pm
Report time : 01:28 pm

PHASE TIME : 09:00 SPEED: 5.5 kmph
STAGE DURATION : 03:04 GRADE: 14.0
HR : 170 bpm BP : 125 / 80 mmHg
QRS Lead : V5 METs : 10.60



100 Hz

10mm/mv, 25mm/sec

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

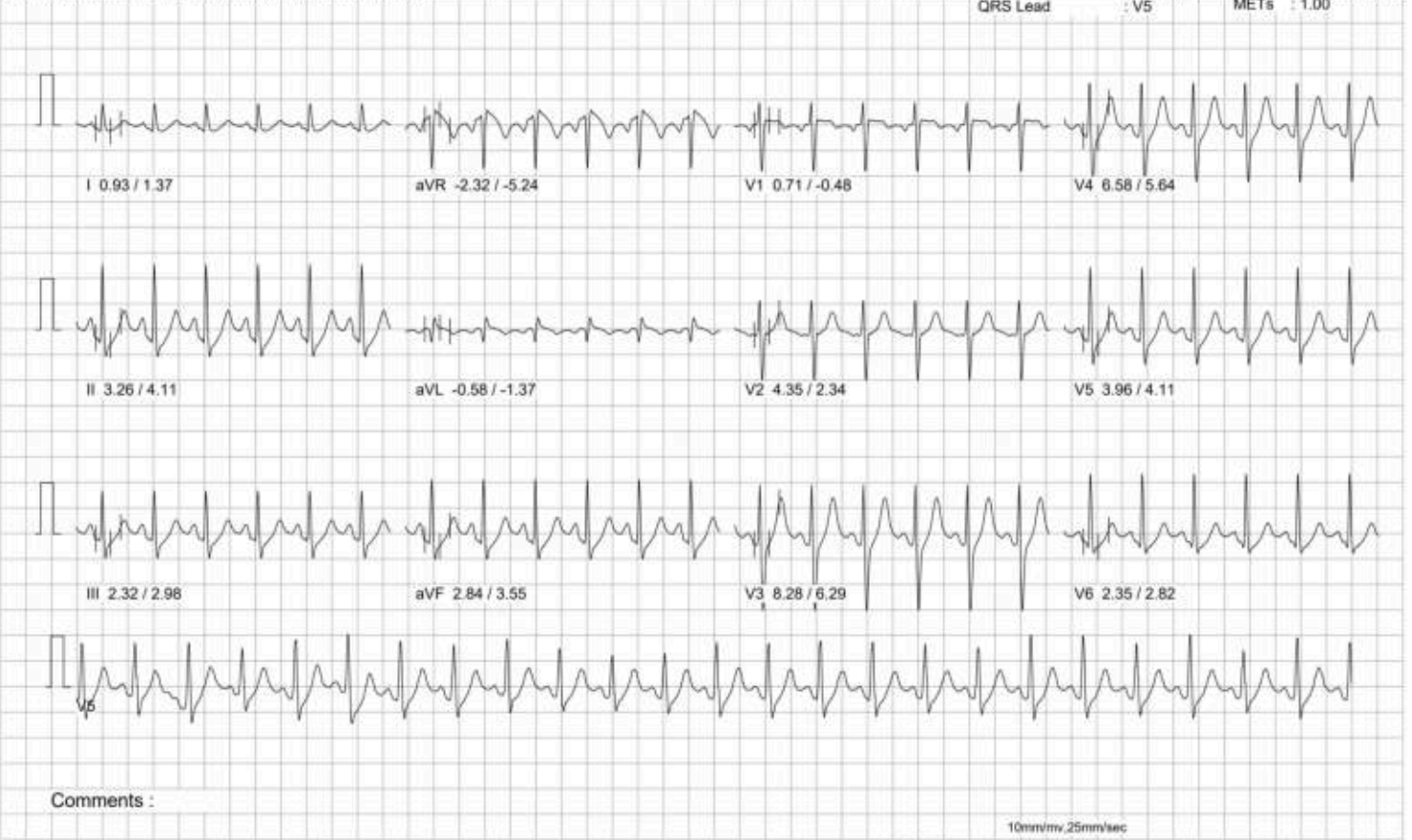
SIMIRA DIAGNOSTICS

PATIENT ID : 31 HEIGHT : 171 Cm WEIGHT : 70.00 Kg
PATIENT NAME : SUSHIL ZARE 31/M
PROTOCOL : BRUCE
STAGE : Recovery 1
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 28, 2024 01:14 pm
Report time : 01:29 pm

PHASE TIME : 09:01 SPEED: 0.0 kmph
STAGE DURATION : 00:56 GRADE: 0.0
HR : 143 bpm BP : 125 / 80 mmHg
QRS Lead : V5 METs : 1.00



Comments :

10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

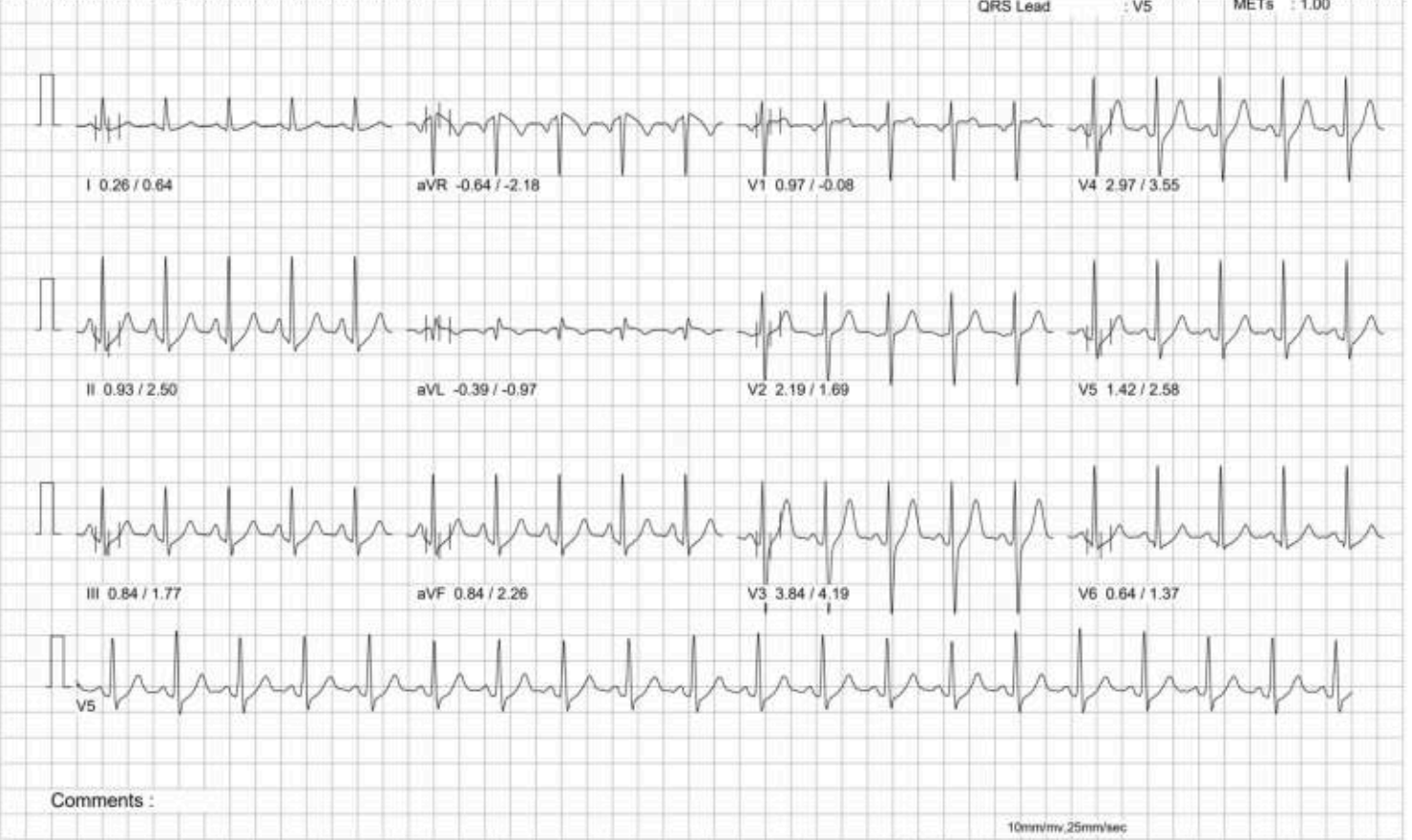
SIMIRA DIAGNOSTICS

PATIENT ID : 31 HEIGHT : 171 Cm WEIGHT : 70.00 Kg
PATIENT NAME : SUSHIL ZARE 31/M
PROTOCOL : BRUCE
STAGE : Recovery 3
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

September 28, 2024 01:14 pm
Report time : 01:31 pm

PHASE TIME : 09:01 SPEED: 0.0 kmph
STAGE DURATION : 02:56 GRADE: 0.0
HR : 119 bpm BP : 125 / 80 mmHg
QRS Lead : V5 METs : 1.00



100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

SIMIRA DIAGNOSTICS

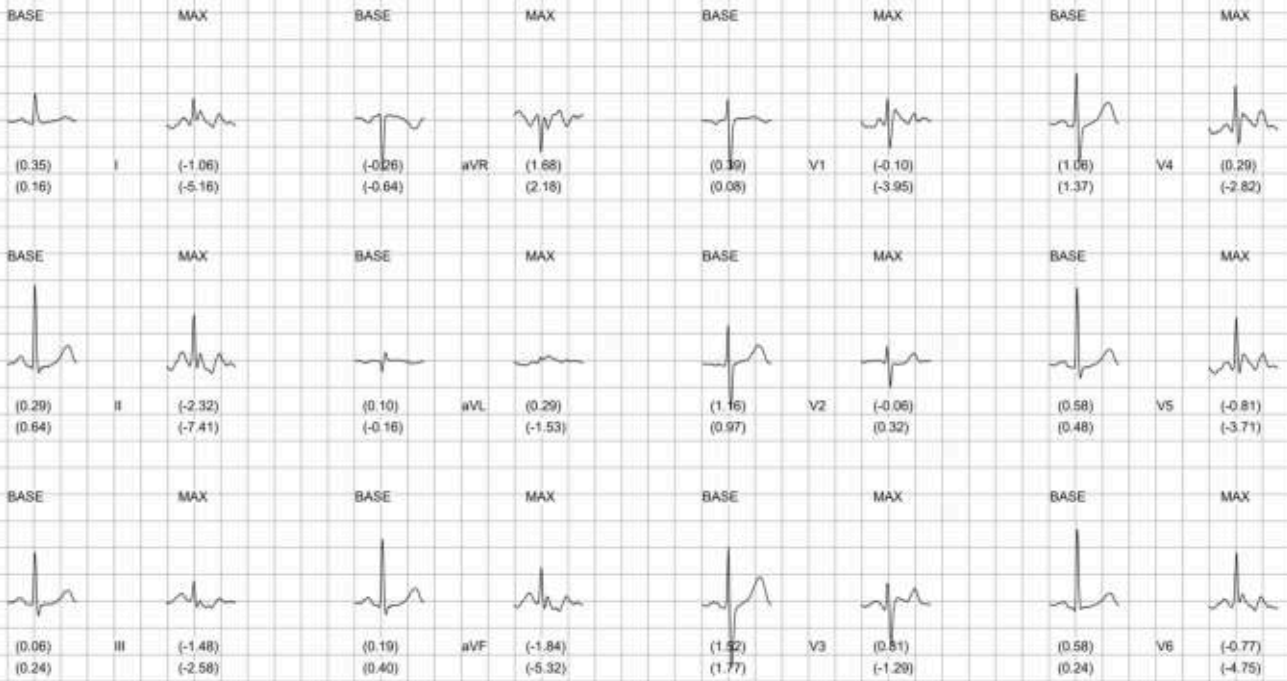
PATIENT ID : 31 HEIGHT : 171 Cm WEIGHT : 70.00 Kg
 PATIENT NAME : SUSHIL ZARE 31/M

Brief Summary Report

September 28, 2024 01:14 pm
 Report time : 01:31 pm

BASE STAGE : Supine 77 bpm 0.00 METS 80 ms Post J PROTOCOL
 01:00 100 / 70 BRUCE

MAX STAGE : Exercise Stage 2 146 bpm 1.00 METS 80 ms Post J
 03:00 100 / 70



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.20

Summary Report

PATIENT ID : 31
PATIENT NAME : SUSHIL ZARE 31/M

Report time : 01:31 pm
September 28, 2024 01:14 pm

PROTOCOL : BRUCE
PATIENT HEIGHT : 171 Cm
PATIENT WEIGHT : 70.00 Kg
PATIENT ADD.:

Ref. By : Not Applicable
(Not Applicable)

OBJECT OF TEST : Routine check up
RISK FACTOR : Male
ACTIVITY : Sedentary
MEDICATION :
BRIEF HISTORY :
OTHER INVESTIGATION : X-Ray
REASON FOR TERMINATION : Max HR
EXERCISE TOLERANCE : Good
EXERCISE INDUCED ARRHYTHMIA : No
HAEMO RESPONSE : Normal
CHRONO RESPONSE : Normal
FINAL IMPRESSION :

Dr. Siddharth Sonkambale
MBBS, DNB
Cardiologist
Reg. No. : 2001/08/2837
Dr. Siddharth Sonkamble
M.D Cardiologist

PATIENT ID : 31
PATIENT NAME : SUSHIL ZARE 31/M

001/1 Madhu Apartment plot no 1 sector 11 new parvel

Summary Report

Report time : 01:31 pm
September 28, 2024 01:14 pm

PROTOCOL : BRUCE
PATIENT HEIGHT : 171 Cm
PATIENT WEIGHT : 70.00 Kg
PATIENT ADD. :

Ref. By : Not Applicable
(Not Applicable)

Stage	Stage Time	Speed (Kmph) / Grade (%)	HR bpm	BP mmHg	R.P.P. X 1000	METS	ST Level I	Stage Comments
Pre-Test	01:00	0.00 / 0.00	77	100 / 70	7	1.00	0.35	
Supine	01:00	0.00 / 0.00	77	100 / 70	7	1.00	0.35	
Standing	00:58	0.00 / 0.00	76	100 / 70	7	1.00	0.32	
HyperVentilation	01:00	0.00 / 0.00	78	100 / 70	7	1.00	0.19	
Wait For Exercise	00:59	0.00 / 0.00	87	100 / 70	8	1.00	0.42	
Exercise Stage 1	03:00	2.70 / 10.00	103	100 / 70	10	5.70	0.45	
Exercise Stage 2	03:00	4.00 / 12.00	136	120 / 75	16	8.00	0.23	
Exercise Stage 3	03:00	5.50 / 14.00	170	125 / 80	21	10.60	0.26	
Peak Exercise	00:01	6.80 / 16.00	170	125 / 80	21	10.60	0.26	
Recovery 1	01:00	0.00 / 0.00	143	125 / 80	17	1.00	0.93	
Recovery 3	03:00	0.00 / 0.00	119	125 / 80	14	1.00	0.26	

TOTAL EXER TIME : 9 : 1 min
MAX HR : 171 bpm (90.48 % of 189 bpm)
MAX BP : 125 / 80 mmHg
MAX WORKLOAD : 10.60
DISTANCE COVERED : 0.61 Km
DOUBLE PRODUCT : 21375.00

- METS Workload Achieved.
- Adequate Ion tropic And Chronotropic Response.
- No Symptom's Noted.
- 90.48 % Target Heart Rate Achieved.
- No Arrhythmias Noted.

• Conclusion : TMT is Negative for Inducible Ischemia.

Dr. Siddharth Sonkambale
Cardiologist
MBBS, DNB
Reg No - 2001 / 08 / 2837
Dr. Siddharth Sonkambale
M.D Cardiologist

Simira Diagnostic - Panvel

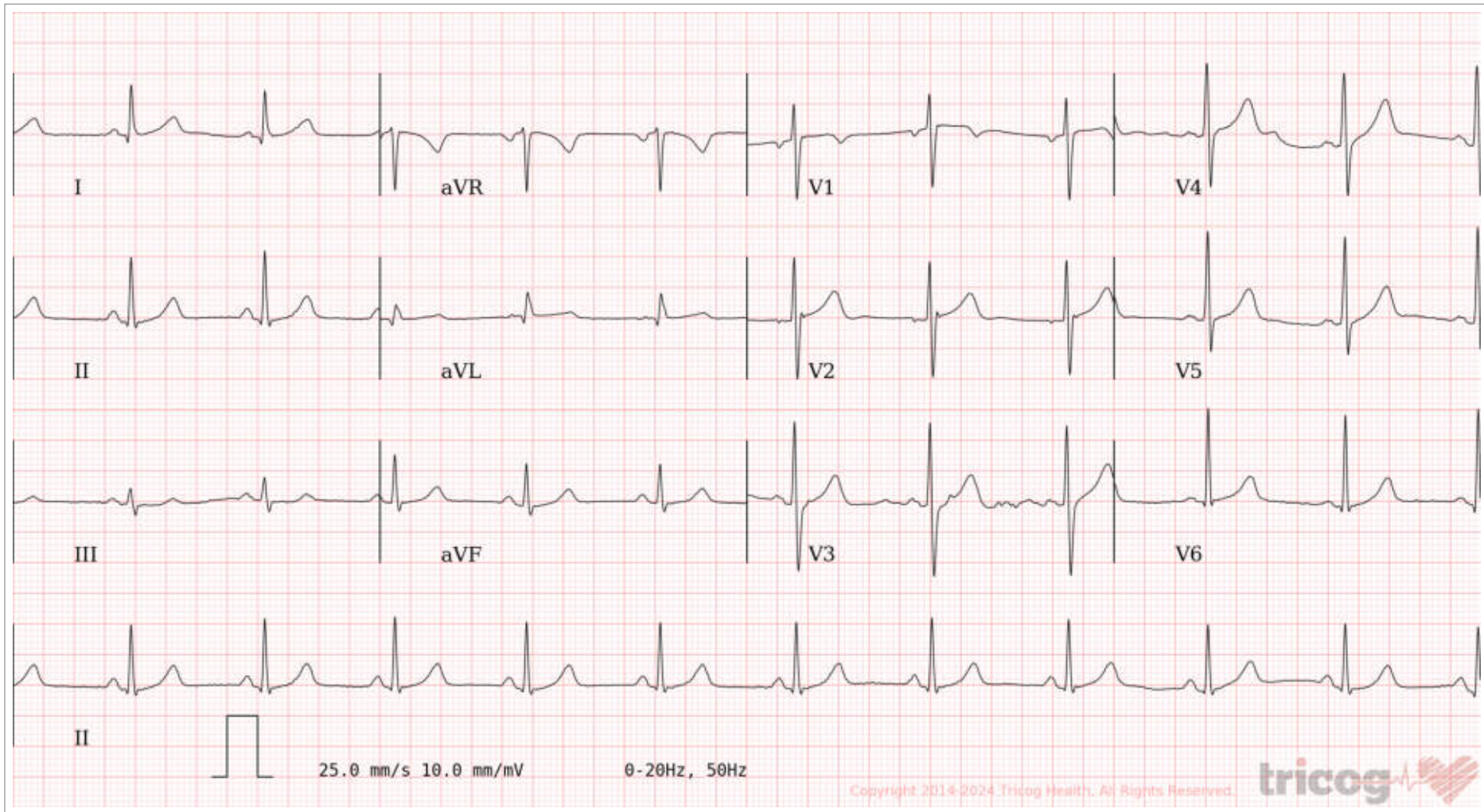
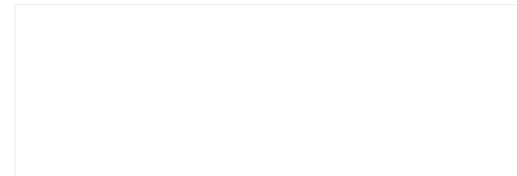


Age / Gender: 31/Male

Date and Time: 28th Sep 24 10:58 AM

Patient ID: zare

Patient Name: ZARE SUSHIL RAMESH



AR: 68bpm

VR: 68bpm

QRSD: 82ms

QT: 400ms

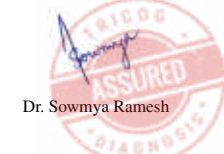
QTcB: 425.83ms

PRI: 132ms

P-R-T: 62° 44° 48°

ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

REPORTED BY



Dr. Sowmya Ramesh

TNMC 138499

Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other invasive and non-invasive tests and must be interpreted by a qualified physician.